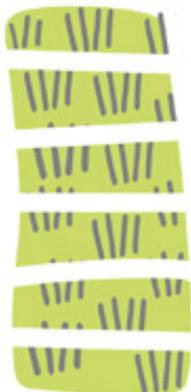


# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



Delivered free to every home in Boxford, Edwardstone, Groton, Little Waldingfield, Newton Green, Bower House Tye, Milden & White Street Green and available to residents in Acton, Assington, Brent Eleigh, Great Waldingfield, Hadleigh, Kersey, Lavenham, Leavenheath, Nayland, Polstead, Shelley, Semer, Stoke-by-Nayland, Sudbury and parents of children at Boxford School.

# JARVIS

BUILDING CONTRACTORS LTD

T: 01787 211839  
M: 07823 776005



E: [info@jarvisbuildingcontractorsltd.co.uk](mailto:info@jarvisbuildingcontractorsltd.co.uk)

FOR ALL TYPES OF BUILDING AND LANDSCAPING NEEDS

- ◆ NEW BUILDS
- ◆ EXTENSIONS
- ◆ RENOVATIONS
- ◆ FLINT & STONE WORK
- ◆ KITCHEN & BATHROOM INSTALLATION
- ◆ DESIGN & PLANNING
- ◆ ALL INSURANCE PROJECTS
- ◆ ELECTRICS & PLUMBING
- ◆ LANDSCAPING
- ◆ DECORATING SERVICE ECT...

[jarvisbuildingcontractorsltd.co.uk](http://jarvisbuildingcontractorsltd.co.uk)

# JARVIS

HUTMAKERS LTD

T: 01787 211839  
M: 07823 776005

BESPOKE SHEPHERD HUTS AVAILABLE



E: [info@jarvishutmakersltd.co.uk](mailto:info@jarvishutmakersltd.co.uk)

Contact us today to discuss your project and see how Jarvis Hutmakers can help you create the perfect outdoor space for your home in Suffolk or Essex. Let us turn your dreams into reality with our affordable, quick installation, and high-quality huts and shepherd huts garden rooms.

Book your appointment to visit our Show Hut  
Ramblers, Bulmer Lane, Groton  
Sudbury, Suffolk CO10 5EZ  
[jarvishutmakersltd.co.uk](http://jarvishutmakersltd.co.uk)

Proud Sponsors of



## TRAILER SALES & HIRE

ROB@1STOPTRAILERS.CO.UK | 07974 189 647 | 07850 554 776

TICKNER TRAILERS

BATESON TRAILERS

WOODFORD TRAILERS

MAYPOLE TRAILERS

TRAILER HIRE

We are a family run company that will go the extra mile for our customers. We open every day from 7am - 7pm, this includes weekends and Bank Holidays, for appointments and viewings.

1Stop Trailers Ltd are based in Suffolk. We cover all of East Anglia, Lincolnshire, Kent, Surrey, Sussex & into London.

All new trailers come with a 12-month manufacturer's warranty.

**For more information, please contact  
Rob 07850 554 776 or Jeanette 07974 189 647.**

MARY - ANNE MORRISON  
MILLINERY



T: 01206 262391 M: 07850 571879

[www.mamorrison.co.uk](http://www.mamorrison.co.uk) hats@mamorrison.co.uk



Visit us at the  
**SUFFOLK SHOW**  
STAND 514

## SUFFOLK GATES

GATES OF DISTINCTION

### TIMBER GATE MANUFACTURES

and installers also offering our own in-house gate automation service.



**CALL US ON 01284 388388**

[team@suffolkgates.co.uk](mailto:team@suffolkgates.co.uk)  
[www.suffolkgates.co.uk](http://www.suffolkgates.co.uk)



### SUFFOLK AUTOMATED GATES

AUTOMATING THE EVERYDAY

FAMILY RUN BUSINESS OF THREE GENERATIONS IN SUFFOLK

# NATURAL BOXFORD

## More easy wildlife friendly gardening tips

What a relief the sunshine and warmth is, plus sight of some rain! Continuing on with last month's theme, here are some more simple and key actions we can take to make our gardens and allotments more wildlife friendly.

### Variety of plants

Native species are most valuable for wildlife, and wildflowers in particular offer a host of benefits including food for butterflies, insects and birds. Plants such as Rose Bay Willow Herb (a good alternative to Himalayan Balsam if you are needing to clear a large area of that from your space!) and a carefully managed nettle patch are rich resources; nettles also provide nutrient rich plant food if allowed to decompose in a bucket with water, or simply cut and used as mulch. Allowing wildflowers to flourish can bring much beauty into the garden and overall, the greater variety of plants the more wildlife will be attracted and supported. Try to find plants which flower at different times to provide sustenance throughout the seasons.

### Water

Even a tiny pond will attract wildlife such as dragonflies, as well as being a life saver for birds and bees. There is a wealth of information available about building a pond and making sure it is suitable for wildlife. It is truly amazing just how quickly creatures find a newly-created pond – frogs and newts can arrive within a matter of days.



### Natural pest control

Don't use chemical pesticides, herbicides and fungicides: these, especially neonicotinoid and glyphosate-based products like Round-Up are a disaster for wildlife – killing insects, amphibians, invertebrates, fish and small mammals. Organic growers accept that some of a crop might be eaten but the more alive and in harmony with nature you encourage your garden and growing space to be, the more it will take care of itself with natural predators controlling insect populations. A compost heap provides habitat for some very useful friends such as hedgehogs, toads, slow worms, birds and even grass snakes who will address insect and slug problems: and of course you will benefit from having your own peat free compost to use.

For areas of fruit and veg we can use companion planting such as marigolds which attract predatory wasps and hoverflies which will eat caterpillars and aphids. Slugs can be deterred with sharp sand, or baked crushed egg shells or lured with beer traps. Aphids and greenfly can be sprayed with a diluted eco-detergent which won't harm other insects and butterflies.

### Don't use peat based compost

Peat bogs are highly valuable in terms of carbon sequestration, as well as providing increasingly rare wetland habitat. Making our own compost, and finding local animal husbanders who often have



muck they are very happy to get rid of are good alternatives and feeds like concentrated seaweed are very effective. Building up a healthy soil reduces the need for applying compost – the more we mulch and let cuttings etc return to the soil the more we build it up.

### Hedges, trees, climbing plants, Ivy

Hedgerows support birds, small mammals, insects and plants, providing habitat and corridors in-between: a variety of attractive native species can flourish such as hawthorn, wild plum and dog rose. Avoid cutting all at once, and not at all between March to July during nesting season – it is illegal to do so. Don't tidy trees and hedges unnecessarily, leaving dead material in-situ on the tree or where it has fallen. Old trees are wildlife havens and should be valued highly and left alone as long as they are safe. Climbing plants provide great opportunities for birds to roost and nest, and are havens for many insects: evergreens such as Holly and Ivy are incredibly valuable resources for many birds, butterflies and insects so avoid cutting them back in Autumn 'tidy-ups' – they provide early nectar, fruit through autumn and winter and year round shelter.

### Build wildlife homes

Incorporate bird, bee and bat boxes and hedgehog houses; a piece of old carpet or corrugated iron in a sunny corner will be attractive to reptiles and log piles and heaps of cuttings provide valuable spaces for insects.

### Whole garden approach – don't isolate wildlife

Rather than having a 'wildlife patch' try a whole garden approach and see the abundance of life proliferate.

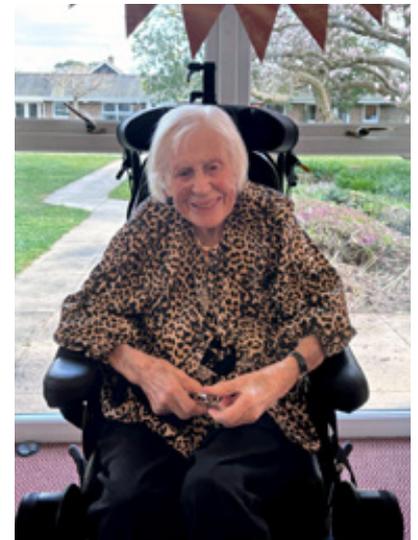
Here's to an insect and bird rich future!

*Much love, Louise and the Natural Boxford crew.*

## HAPPY 100<sup>TH</sup> BIRTHDAY MAVIS

Mavis Mares, ex-resident of Groton Place, celebrated her 100<sup>th</sup> birthday on March 28<sup>th</sup> in style. She had a lovely day and was thrilled with her card from the King and Queen, but also with her card and flowers from her friends in Groton, Boxford and Edwardstone! She particularly appreciated all the news people included. Many thanks to everyone who helped make her day even more special.

*Sarah Duverne*



## Box River News

Trudi Wild, Twin View, 18 Stone Street, Boxford CO10 5NR

Telephone: 01787 210946

email: [editor@boxrivernews.com](mailto:editor@boxrivernews.com)

[www.facebook.com/BoxRiverNews](https://www.facebook.com/BoxRiverNews)

[www.instagram.com/boxrivernews](https://www.instagram.com/boxrivernews)

Deadline date for the June 2025 Issue is:

**May 15<sup>th</sup> at midday**

## NEWTON FIRESIDE CLUB

We were thrilled to be joined by Emma Quinn from Pretty Faces. We drew lots to see who would be made up and we were pleased that Shirley was the lucky member. Whilst she was receiving her makeover, the rest of us asked lots of questions and received some very useful tips about products and how to apply them. Shirley looked absolutely beautiful – natural but glowing.



April 1<sup>st</sup> was celebrated by showing some classic comedy clips. There was also a joke competition, won jointly by Sue and Teresa. Next term's programme is listed below.

Some advance notice, on the afternoon of **Sunday 29<sup>th</sup> June**, we will be holding a **PICNIC IN THE PARK**. If the weather is good, this should be a lovely, relaxed afternoon. All welcome, so please put the date in your diary.

### SUMMER 2025 PROGRAMME

Tues 6 <sup>th</sup> May	Film
Tues 20 <sup>th</sup> May	Bring & Share Lunch with Plant Swap
Sat 31 <sup>st</sup> May	Fireside Coffee Morning
Tues 3 <sup>rd</sup> June	Cream Tea
Tues 17 <sup>th</sup> June	BINGO!
Sat 22 <sup>nd</sup> June	Open Gardens
Sat 29 <sup>th</sup> June	Picnic in the Park
Tues 1 <sup>st</sup> July	Talk from GCB Cocoa Ltd. Glemsford
Tues 15 <sup>th</sup> July	Boat Trip & Henny Swan

All meetings are held in the village hall and start at 2pm unless otherwise stated and anyone is welcome. Subs for members are £25 this term and must be paid in advance. This includes refreshments, activities and subsidised events. Non-members are welcome to come along to any session. The fee will be between £5 and £10 depending on the activity. New members are always welcome. Usually the first session is free.

Please contact Moira on **01787 374652** or Sue on **07881 383 998** if you would like more details.

*Sue Presland*

## NEWTON OPEN GARDENS

**SUNDAY 22<sup>nd</sup> JUNE 11am - 5pm.**

Although we now have enough gardens, there is still room for one or two more. Remember, we are not looking for perfection, rustic and quirky is fine!

We are now recruiting volunteers to help out at the village hall on the day. This will include refreshments, ticket sales and manning the plant stall.

We also need some garden sitters so the owners of our open gardens can have a chance to go and look at the other gardens. If you feel able to support, what we hope will be a fantastic community event, please contact Sue & Paul Presland on [sue\\_presland@hotmail.com](mailto:sue_presland@hotmail.com).

THANK YOU



## NEWTON VILLAGE HALL MATTERS

**QUIZ:** On Saturday 12<sup>th</sup> April, we held a quiz to raise funds for the village hall and All Saints Church. As usual, this was a very popular event and the 9 teams engaged in some friendly and boisterous competition. A ploughman's supper was provided and there was of course a raffle. The winning team was Vince's Vipers. Well done to them. Over £700 was raised, so a huge thank you to all who attended.

**AFTERNOON TEA:** To celebrate summer we will be hosting another afternoon tea at 3pm on Sunday 27<sup>th</sup> July.

Weather allowing, this will take place in the Jubilee Garden. Tickets will be £10. More details next month, but do put the date in your diaries.

**BOOKINGS:** The only number for bookings is now **07955 199 000**. To help with the booking process, please visit [www.yourhall.co.uk/hall/newton-green](http://www.yourhall.co.uk/hall/newton-green) where you will find a detailed description of the hall, along with photos and a diary of bookings. Although you cannot book on this site, you will be able to find out if the hall is available for your function. For public events and clubs there is also a description and contact details. We are sure that this will be a very useful website.

### COFFEE MORNINGS:

Sat 31 <sup>st</sup> May	Fireside Club
Sat 21 <sup>st</sup> June	Newton Charities
Sat 27 <sup>th</sup> September	Macmillan
Sat 22 <sup>nd</sup> November	Village Hall

All coffee morning are from 10 - 11:30am with the raffle usually being called at about 11:15.

## GOVERNOR WANTED

**Have you considered how you could give something back to the young people in your area?**

Our Board of Governors at Boxford CEVC Primary School would like to invite members of the surrounding communities to apply to join our school's board.

We are a church school with high standards of education and believe that a young person's journey through our school should be rich and diverse. We are a well-established, friendly board, keeping the young people of our school at the heart of all our decisions.

Governors make up one of the largest volunteer forces across the country and play an extremely important role in the success of our schools. Effective governance is crucial in maintaining the quality of leadership and management, and student attainment. Governance is both challenging and rewarding.

We are looking to recruit a co-opted governor who needs to be passionate about the education of young people or perhaps is looking for a way to give back to the community. We are hoping for candidates that currently have little or no connection with the school, supporting us in broadening our vision. You do not need to be, or have had, experience in education. In fact we value hugely our members without an educational background.

We would love to hear from anyone who may be interested in hearing more about this opportunity. Please contact Emma Hollock, chair of governors or Emma Lea, our head teacher at Boxford CEVC Primary School through the school office on [office@boxford.suffolk.sch.uk](mailto:office@boxford.suffolk.sch.uk) or 01787 210 332, leaving your name and contact details.

For more information on the role that governors play in schools please refer to this link from Suffolk County Council: <https://bit.ly/governor-role>

# RECLAIM THE RAIN

Over the last few months we've shared updates about our ongoing work at Boxford CEVCP School, having secured additional funding from the Department for Education as part of their *SuDS in Schools* programme. This month we're pleased to share with you some more details about this work.

At Boxford CEVCP School we've delivered the following:

- Rain and sensory gardens
- SuDS Pods
- Native hedging and trees
- Raised curbs and channel drains
- Vegetable planters
- Dead hedges and meadow areas
- Enhancements to the existing bog garden.



Above: the rain garden will take water from the roof via downpipes for the plants to reuse.

Right: each SuDS Pod can attenuate 275 litres of rainwater during a storm, taking pressure off the existing drainage network. We hope the SuDS Pods, coupled with the sensory and rain gardens will reduce pooling on the school's playground when it's raining, while also offering education opportunities and biodiversity enhancement on site.



Above: four raised vegetable planters with gate access to Forest School. The children shared with us that they would love to grow their own produce and do more gardening. Another water butt has been supplied to the school to encourage water reuse for these planters.

... THE ...  
**WHITE HORSE INN**  
... EDWARDSTONE ...

**Opening Hours**  
**Wednesday - Sunday from 12pm**

*Wide selection of drinks from independent UK producers*  
Craft beers, real ales, ciders, wines & spirits.  
On-site microbrewery - Little Earth Project  
Takeaway draught & bottle list

**Acoustic Night - Every 2nd Wednesday of the month**  
Wednesday, May 14, 2025

**Open Mic Night - Every 4th Wednesday of the month**  
Wednesday, April 23, 2025  
Wednesday, May 28, 2025

**Sourdough Pizzas & Boards & Bites Menu**  
Boards: Wed-Sat 12-8, Sun 12-4  
Pizzas: Sit in/Takeaway - Thurs 5-8pm, Fri & Sat 12-8, Sun 12-4

**Dark Ale Days**  
Our annual dark beer festival! Everything from dark lagers to black IPAs to stouts and porters!

**May Bank Holidays**  
Over both May bank holidays, we'll be open Friday & Saturday 12-11pm, Sunday 12-10pm & BH Monday 12-6!  
See socials/website for food service hours

**Street Food**  
Follow us on Facebook/Instagram for weekly updates!

**Wagyu Burgers - Every Friday except May 23**  
**My Thai Chef - Saturday May 3 & 31**  
**Tasty Turk - Saturday, May 10**  
**Taqueria La Gringa - Saturday, May 17**  
**Suffolk Spice Fusion - Saturday, May 24**  
**Moules Frites - Sunday May 25, 12-5pm**

@edwardstonewh    www.edwardstonewhitehorse.co.uk



Above: Hedging, raised curbs, and a new channel drain at the front of the school we hope will better protect the classrooms from surface water flooding in the future.

A big thanks to the staff for accommodating and supporting us and to the children for their engagement and help with planting!

Best Wishes,  
Ruby and Sian  
[www.reclaimtherain.org](http://www.reclaimtherain.org)

## READERS' LETTERS

Dear Editor,

I would like to thank my family, friends and neighbours for cards and presents on my **100<sup>th</sup> Birthday**. Especially my family who did so much as I was in hospital and still had a good time and it made my day so special.

Ethel Carter, Boxford.

# GROTON HISTORY SOCIETY

## Upcoming Events:

Good news! More events are planned.

**Friday 16<sup>th</sup> May:** We have booked Anya Page to come and do a talk on the all-black US engineer regiment stationed in Suffolk during WWII. This is a fascinating story of the Jim Crow 'Racial Segregation' laws coming to Suffolk at the time. This is a neat segue from the America talk I did in March. Evidently the US Military was not equal. Anya is a writer and independent researcher for the Suffolk Archives. She is the author of *'We Prepare the Way'* (Suffolk Archives 2023), which draws this story together, and being the focal source of her talk. Should be extremely interesting.



**Friday 20<sup>th</sup> June:** *'The Cambridge Five'* by our very own Trevor Barnes. Again, another fascinating story of espionage, elite betrayal and the hunt for the traitors. The biggest spy scandal, but not the last. I am sure we will extrapolate into current spy ring threats.

**Friday 26<sup>th</sup> September:** *'Towns and Trade in Medieval Suffolk'* by Professor Mark Bailey, University of East Anglia. Mark is always very popular!

October / November... potential talks being discussed... History of Harwich by The Harwich Society / WWI Memorabilia exhibition. Both very exciting prospects that we hope to confirm as soon as possible.

## 80 Years ago with the 1<sup>st</sup> Suffolks:

It's all about 'what next?'. Weapons down, hostilities over on VE Day 8<sup>th</sup> May, the 1<sup>st</sup> Battalion took up the new responsibility of

'occupation'. Chaos, lawless local governance, revenge and looting, needed the occupation forces to prevent anarchy. At the same time, those who wanted to vote in the upcoming British general election needed a process to do so. Early war-surviving members of the battalion were due 'release'. Later-joining members were given 'leave' as they would be retained for another couple of years. Potential redeployment to the invasion of Japan was in plan, with re-equipment of American weapons and uniforms. Hiroshima and Nagasaki resulted in VJ Day and abandonment of the invasion plan. Within weeks the battalion, prepared for its next posting... the Middle East and its challenges.

This ends the story of the 1<sup>st</sup> Suffolks 80 Years Ago.

## Other key May Events in History:

- 1<sup>st</sup> May 1707: Great Britain was formed from a union of England and Wales with Scotland.
- 7<sup>th</sup> May 1917: The Lusitania was torpedoed off the coast of Ireland, killing 1198 passengers, including 114 Americans. US enters WWI.
- 8<sup>th</sup> May 1945: Victory in Europe!
- 10<sup>th</sup> May 1994: Nelson Mandela is inaugurated as president of South Africa in the first free election.
- 14<sup>th</sup> May 1607: The first permanent English settlement in North America was established at Jamestown, Virginia. Where it all started.
- 18<sup>th</sup> May 1804: Napoleon Bonaparte becomes emperor of France, impatiently crowning himself as Pope Pius VII was too slow!
- 19<sup>th</sup> May 1943: The Dambuster Raid hits the Ruhr.
- 20<sup>th</sup> May 1932: Amelia Earhart became the first woman to fly solo across the Atlantic, 2026 miles in about 13 hours.
- 26<sup>th</sup> May 1940: The Dunkirk evacuation began, saving 200,000 British and 140,000 French troops by 2<sup>nd</sup> June.
- 29<sup>th</sup> May 1660: The end of the British republic experiment. King Charles II is restored to the throne ending a decade of puritan chaos.

## Recommended Reading, Listening and Viewing:

- *'Freedom's Forge'* by Arthur Herman. Staggering story of how American business dramatically ramped up from 'isolation' to 'all-in' and supplied victory in WW2.
- *'The Eagle and the Hart'* by Helen Castor. The rivalry between the ill-fated Richard II and Henry Bollingbroke (Henry IV).
- *'Keeping their Marbles'* by Tiffany Jenkins. The 'how ancient treasures get to museums and why they should stay here' story. Balanced, cogent and clear.
- *'The French Revolution part II'* from The Rest is History podcast team. Follows on from the Tuilleries massacre and the imprisonment of Louis.
- *'The Troubles'* from the Empire podcast team. A series looking at 30 years of violence and division, ending in the Good Friday Agreement.
- *'Resistance'* by Steve McQueen at the Turner Contemporary exhibition in Margate. Then lunch on the pier at Sargasso!
- *'Suffolk Regiment Museum'* at Bury St Edmunds. Learn more about its esteemed history.

I would like to thank all those who came along to my *'What does History teach us about America today?'* talk in March. We had lots of great discussion! We will look historically back on these days and ponder "What if...?" I am sure!

As always please keep emailing me your suggestions, observations and recommendations.

Nigel Chapman  
[nigeljchap@gmail.com](mailto:nigeljchap@gmail.com)

# MATTOCK MOTORS LTD

CALAIS STREET FARM, CALAIS STREET, BOXFORD



- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP CAR REPAIRS

**Has your Car lost its Spark of Life?**

Full Diagnostic Equipment, Laser Liner, Fault Code Reading Equipment.  
(A.B.S., Airbag, Engine Management Lights etc)

- AIR CONDITIONING • REGASSING
- REPAIRS • ULTRA VIOLET LEAK DETECTION

OPENING TIMES MON-FRI 8:00am - 5:00pm

**ONE CALL AWAY TELEPHONE**

# 01787 211394

## CITIZENS ADVICE

*I'm worried about my debt and rising bills, and I want to know what support is available. Do you have any advice on managing rising costs and what to do if you fall into debt?*

**citizens  
advice**

With energy, water and broadband bills on the rise, it's getting increasingly difficult for many people to cover their expenses. It's important to know you're not alone in finding things difficult and that financial support might be available to help ease the burden.

### Checking benefits eligibility

A significant number of eligible people don't claim the benefits that are available to them, so it's important to understand what you're entitled to.

You may be able to claim benefits if, for example, you're at working age and on a low income, you're sick or disabled, are of State Pension age with a low income or no income, or if you're a carer.

You can check the Citizens Advice website for information on what benefits you might be eligible for.

### Reducing outgoings

If you claim benefits or are on a low income, you may be eligible for a reduction in Council Tax. Discounts can also be given to students, those living with a carer, or people who live alone, to name some examples.

If you have children and claim certain benefits, or are on a low income, you may qualify for free school meals, transport to school, or support with the cost of uniform. Your local council may be able to help you pay for things like energy and water bills, food or other essential costs. This is called 'welfare assistance' or the 'Household Support Fund'. Each council runs its own scheme, so you'll need to contact your local authority to see what type of support you can get.

To reduce other expenses, you may be able to switch to a cheaper broadband deal, get a water meter fitted, or access discounted travel options. Find out more about ways to get help, including advice on saving money heating your home, on the Citizens Advice website.

### Creating a budget and prioritising bills

If you're finding it difficult to stay on top of bills, budgeting tools like the one on the MoneyHelper website can be very useful in helping you understand what money you have coming in and going out each month. [www.moneyhelper.org.uk](http://www.moneyhelper.org.uk)

If you're behind on bills, you should prioritise paying rent, mortgage payments, Council Tax and energy bills, as these are known as 'priority' debts which have the most serious consequences if missed. Once you've got priority debts under control, you should look at credit card or store card debts, missed Buy Now Pay Later payments or payday loans.

Whatever debt you're dealing with, it's important to speak to the person or company you owe money to as early as you can. You could show them a copy of your budget to let them know what your financial situation is and then see if there are any steps you can take to start dealing with your debt.

Just remember, there's lots of help out there and you're not alone.

If you feel you need support with this, get in touch with your local Citizens Advice or another organisation like StepChange. [www.stepchange.org](http://www.stepchange.org)

*Sudbury and South Suffolk Citizens Advice*  
0787 321400 / [www.sudburycab.org.uk](http://www.sudburycab.org.uk)

## WELL HIDDEN, WORTH FINDING

**DOVE BARN** is a beautifully restored, timber framed barn.

The ideal venue for smaller weddings, parties or wakes.

Two inter-connecting barns & a sunny terrace.

For more information:

[www.dovebarn.com](http://www.dovebarn.com)

T: 01376-561448

or

E: [adam@dovebarn.com](mailto:adam@dovebarn.com)



D O V E B A R N

DOVE BARN - CASTLINGS HALL, GROTON, SUDBURY, SUFFOLK. CO10 5ET.

## Chris Wright CHIMNEY SWEEP



☎ 07500 046 899

✉ [Enquiries@SFSsuffolk.co.uk](mailto:Enquiries@SFSsuffolk.co.uk)



**WOOD BURNERS  
OPEN FIRES**

**STOVE PARTS &  
MAINTENANCE**

**BIRD GUARDS &  
NEST REMOVAL**



**FULLY  
TRAINED  
& INSURED**



# EBONY'S DIARY

The Easter term finished with lovely weather, allowing lots of our riders to have a hack out in the countryside – always popular with riders, helpers and the ponies. As well as the added stimulation for the riders from listening to the bird song and looking at emerging spring flowers and butterflies, the ponies tend to move more freely. The term ended with many Easter-themed games such as looking for



chocolate eggs, egg and spoon 'races', etc which is a fun way for riders to engage in a range of activities whilst on horseback, helping balance, movement and decision making – all important part of therapy. The photo shows Emelia enjoying her ride on Cookie and collect-

ing Easter eggs in the arena behind the stable yard. She started riding with us when she was five years old and is now at senior school, a testament to the benefits from her sessions at Shelley.

It is also a busy time of year for maintenance jobs around the paddocks and stables, keeping the volunteer team busy and well exercised. One Saturday a team of eight volunteers cut back the boundary hedge and raked up all the cuttings ahead of a fencing contractor coming in to put up a new fence (see photo). The work done by the volunteers help to keep our running costs down, but we still need to raise over £80,000 every year to keep the ponies fed and healthy and the buildings and paddocks in good order.



Fortunately we have a fabulous fundraising team (who could always do with more help!) and in recent weeks we have held a Race Night which was great fun and raised around £1,400 and our first, and very successful, Equestrian Carboot Sale.

Our next major fundraiser is the Hadleigh Show on 17<sup>th</sup> May. We run a cake and plant stall at the show, selling a delicious selection of homemade cakes and other produce plus a wide range of vegetable and flowering plants for the garden and new for this year we have a soft-toy tombola. We would welcome any donations to the stall as well as lots of buyers on the day! Ring the centre on 01473 824172 or email [fundraisingshelleyrda@gmail.com](mailto:fundraisingshelleyrda@gmail.com) if you have any donations and we will arrange to collect. If you do come to the show, please come and say hello and we can tell you more about the Shelley RDA Centre.

[www.shelleyrda.com](http://www.shelleyrda.com)  
01473 824172

# THE BUTCHER'S WIFE

We recently got a new washing machine (it was an exciting day) but I've learnt that it's a liar. It says 1 minute remaining and then spends the next 7 minutes spinning. I'm not sure if it's broken or just testing my sanity. There have been a few things similar to the lies of the washing machine that have wound me up this month, here's a few examples:



There is no known scientific explanation for where Tupperware lids go. I'm convinced they get recruited by IKEA for new sets. Either that or they've run away with all my teaspoons to start a new life together.

A large mixing bowl is the ideal container for a teenage boy's morning cereal, along with a whole pint of milk. No wonder a box of cereal only lasts 2 seconds in my house.

On the subject of teenage boys and food (where do they put it all?!), they can ignore a fridge full of food and say "there's nothing to eat". Unless it's individually wrapped and preferably beige, they're not interested.

Every single time The Butcher and I do a full food shop and we are at the checkout with a ton of food, he will always say to the cashier "I only came in for something for tea". Every. Single. Time. At least he makes himself laugh.

The feeling of euphoria when the laundry basket is empty is so very short lived, especially when a teenager 'cleans' their bedroom (although it does mean you get all the cups and cutlery returned to the kitchen. Every cloud...).

The price of olive oil. It's like liquid gold at this rate.

Lastly, can someone please explain to my dog, in a way he will understand, that the clocks have changed and so I'm NOT feeding him his dinner in the middle of the afternoon and no amount of whining will change my mind. And while you're at it, tell him he's a good boy.

Hopefully next month I'll be in a better mood and less things will infuriate me but I can't make any promises!

---

## Sticky Pork Steaks

### Ingredients

- 6 thin cut pork loin steaks
- 150g hoisin sauce
- 360g rice
- 1 tbsp olive oil (go steady!)
- 1 tbsp soy sauce
- 3 spring onions thinly sliced

### For the Slaw

- 2 tbsp white wine vinegar
- ½ red cabbage, finely shredded
- 300g carrots, grated
- ½ cucumber, deseeded and thinly sliced

### Method

1. Pour 75g of the hoisin sauce into a dish and coat the pork. Cover and leave to sit at room temperature. Meanwhile, mix the slaw ingredients in a large bowl and toss together.
2. Cook the rice and while that's cooking, heat the oil in a non-stick frying pan. Cook the steaks over a medium-high heat for 2-3 minutes on each side until cooked through and slightly charred. Remove from the pan.
3. Add the remaining hoisin to the frying pan with the soy sauce and 100ml of water and bubble gently.
4. Serve the rice with the pork steak on top and spoon the extra sauce over the steak and rice. Scatter over the spring onions. Serve with the slaw.



Beautiful jewellery made from silver, gold and platinum.  
Bespoke service.

01787 210251  
info@willbishop.co.uk | www.willbishop.co.uk



Alexander Smith Chiropractor  
www.alexandersmithchiropractor.co.uk 01787 207107

## Lower back pain? Sciatica or neck pain?

Chiropractic care based in Sudbury  
can help you get back to normal.



**Providing effective relief for:**

- Low back pain
- Mid and upper back pain
- Neck pain and headaches
- Shoulder and knee pain
- Muscle spasm

A range of techniques tailored to your needs are used to help you get back to your best.  
**FREE PARKING • EVENING AND SATURDAY APPOINTMENTS.**

To book an appointment call  
**01787 207107**

**GARDEN DESIGN**  
**BORDER DESIGN**  
**PLANT SOURCING**  
**GARDEN OVERHAUL**  
**GARDEN GIFT VOUCHERS**

**Give your garden the makeover it deserves!**

We are a local garden design company and can offer a complete design, construction and maintenance package or just a planting plan for a single border.

[WWW.ZINNIADDESIGN.CO.UK](http://www.zinnia-design.co.uk)



Call Angela for a consultation:  
**01787 212264**  
**07974 375254**

## SUFFOLK TREE SERVICES LTD

**For All Aspects of Tree Works Including:**

- Planting • Reducing • Pollarding • Felling •
- Stump Grinding • Hedging Works •

**We offer a complete and professional service**  
Established over 30 years

We are a local, friendly and experienced company

- Free Estimates • 24 Hour Storm Damage Cover •
- Fully Insured • Tree Reports and Consultancy



Woodchip and Firewood for Sale  
**Tel: 01787 319200**

[info@suffolktreeservices.co.uk](mailto:info@suffolktreeservices.co.uk)  
[www.suffolktreeservices.co.uk](http://www.suffolktreeservices.co.uk)



# A. LEEDER

## Family Butcher

**Free local delivery\***

- Local British Beef, Pork, Lamb & Chicken
- Fresh bread (from Sparling Faiers, Lavenham)
- Local free range eggs
- Fresh vegetables
- Variety of cheeses
- Homemade sausage rolls, pasties & scotch eggs
- Locally sourced honey
- Condiments, flour, oils and much more!

\*within 7 mile radius of Boxford on orders over £25  
£3 delivery charge for orders under £25 or over 7 miles




**Open Tues-Fri: 7am - 5pm, Sat: 7am-1pm**  
**33 Swan Street, Boxford**  
**Tel: 01787 210267**  
[www.aleederbutchers.co.uk](http://www.aleederbutchers.co.uk)




# RAMBLINGS FROM THE RECTORY

Dear Friends

As I write, I am becoming increasingly aware that my time with you is drawing to a close. It has been an immense privilege to be called to walk alongside you all for these past six years. I am reminded of the saying that ‘God knows the journey you need to take before you do’.

In our time together, we have often courageously met our challenges head on, moved forward together in faith and helped our churches become places of vibrancy and welcome. There have been some challenges along the way. When I arrived in this benefice, senior staff in the diocese were keen to impress the need to address a number of long-standing issues around our churches that were getting in the way of their internal wellbeing and outward mission. It has not always been plain sailing, but we have pulled together and stayed faithful to God throughout. There is little doubt that our churches and our benefice is in a far healthier place now than it was then. Our relationships with local partners, such as our Church School, have moved on leaps and bounds, the culture in our churches has become more accepting and welcoming of families and children, as well as to newcomers – and we have seen many new people join our number over these six years. Despite major national challenges like COVID and ageing congregations, each of our churches have managed to maintain a healthy number of regular churchgoers, often outperforming the national average for churches and villages our size.

Nonetheless, we have also sadly had to say goodbye to several longstanding friends because of illness or death. It has been an immense privilege to walk with so many people in their everyday joys and struggles. Often, in those moments, you strike up the most profound relationships with people. That my calling to serve in parish ministry presents me with such encounters continually draws me back into humility and is one of the things I never stop giving God thanks for.

One of the greatest successes of these past six years has been the way in which the whole benefice has pulled together to ensure that it operates as a more coherent whole, and in turn is also able to support each church – building collegiality and relationships across parish boundaries. One of those challenges that the bishops highlighted in my early days, was a history of tensions in relationships between individual places. Steadily and strategically, we have worked together to make this a thing of the past, and today the benefice operates as a much healthier whole. One temptation each church will need to guard against during this next stage in its life, will be reverting to a kind of silo mentality with each village church doing its own thing, but we have worked hard on putting in place the structures and resources necessary to aid against this. Our administrator, Liz, is one who deserves to be named in helping this all work smoothly. It will be important that the benefice continues to resource this role if my successor is to be able to serve you all as a Vicar, Rector, Parish Priest, and not be dragged into ever-consuming administration and bureaucracy.

One of the other successes of the past six years has been the building up of the ministry team. We now have three priests, two readers and a children’s and families minister on the team. This puts the benefice in a very healthy position to manage the next phase after my departure. Indeed, the strength of the team we have built made it easier for me to consider a move when it was placed before me.

Despite all this positive stuff, I guess it is inevitable that there will also be regrets as I look to move on. I lament not having the time or the energy to do more, to love more, to care more. I have done my best, but I still count the numerous missed opportunities that have



come as a result of the diary being overloaded or me lacking the imagination to see them. I trust that some of these will be able to be taken up by whoever comes next. Do support them in their endeavours. You don’t always have to agree with them, but your vicar needs your support and your care if they are to thrive. Above all, turn up for stuff. God’s work in the community is only possible if God’s church is well supported. If you are not present, then it is missing a vital cog in the engine room.

As Watchman Nee is quoted as saying, ‘The Christian experience, from start to finish, is a journey of faith.’ We still have a couple of months’ together, but I would like to thank you all for walking this stage of the journey with me and making this vicar feel so well loved and cared for. Your support these past six years has enabled God’s work to be done in all kinds of places we would not have expected.

*With much love and every blessing,*

*Fr Rob*



**BOXRIVER BENEFICE  
COFFEE MORNINGS**

DROP IN FOR COFFEE EVERY TUESDAY BETWEEN 10AM TO 12PM AT  
MARY’S HOUSE, SWAN STREET, BOXFORD

FRIDAY, 2ND MAY  
10.30 AM - COFFEE MORNING AT ST LAWRENCE’S, LT WALDINGFIELD

SATURDAY, 17<sup>TH</sup> MAY  
10.00 AM - COFFEE MORNING AT ST MARY’S, BOXFORD

WEDNESDAY, 21<sup>ST</sup> MAY  
10.00 AM - COFFEE MORNING AT ALL SAINTS’, NEWTON

EVERYONE WELCOME, COME ALONG FOR CUPPA AND A CHAT

## String Quartet Concert

Music by  
Mendelssohn & Reinecke

Saturday May 10th 2025 4.00 pm

Dom Seymour - violin  
Rhianwen Gold - violin  
Hilary Cheek - viola  
Ed Gold - cello



Adults £10 Under 18s FREE  
Boxford Post Office or on the door  
[www.ticketsource.co.uk/boxford-concerts](http://www.ticketsource.co.uk/boxford-concerts)



St Mary's Church, Boxford CO10 5DU

# SMC Introduces...

There's a new face here at Suffolk Medical Clinic!

This month, we want to introduce you to Jana, who will be covering Rosie whilst she is off on maternity leave.

Jana qualified in Beauty in 2010 and has since gained experience working in spas and salons. Her favourite treatments to give are facials and waxing but she loves the variety of her job – particularly helping clients relax and feel good about themselves.

In her spare time, Jana loves reading, photography, travelling and spending time with her friends. She's also a bit of a pro at DIY!



As last month's retail offer was so popular, we thought we'd extend it through May:

## Easter Special - extended

20% off our entire range of AllSkin Med growth factor skincare

**Available in clinic only – call 01787 211 000 for more info**

\* Offer valid once per person, until 31/05/2025.

Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 [www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)





# SERVICE SCHEDULE FOR MAY 2025



<b>Sunday 4<sup>th</sup> May</b> <i>Easter 3</i>	09:30	<i>Sunday Eucharist</i>	St Lawrence's, Lt Waldingfield
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
<b>Wednesday 7<sup>th</sup> May</b>	10:00	<i>Communion &amp; Coffee</i>	Mary's House, Boxford
<b>Sunday 11<sup>th</sup> May</b> <i>Easter 4</i>	09:30	<i>Sunday Eucharist</i>	St Bartholomew's, Groton
	11:00	<i>Sunday Eucharist with Choir</i>	St Mary's, Boxford
	17:00	<i>BCP Evensong</i>	St Mary's, Boxford
<b>Wednesday 14<sup>th</sup> May</b>	10:00	<i>Communion &amp; Coffee</i>	Mary's House, Boxford
<b>Sunday 18<sup>th</sup> May</b> <i>Easter 5</i>	09:30	<i>Sunday Eucharist</i>	St Mary the Virgin, Edwardstone
	11:00	<i>Sunday Eucharist with Choir</i>	St Mary's, Boxford
<b>Wednesday 21<sup>st</sup> May</b>	10:00	<i>Communion &amp; Coffee</i>	Mary's House, Boxford
<b>Sunday 25<sup>th</sup> May</b> <i>Easter 6</i>	11:00	<i>Family Eucharist with Baptism</i>	St Mary's, Boxford
	11:00	<i>Sunday Eucharist</i>	All Saints', Newton Green
<b>Wednesday 28<sup>th</sup> May</b>	10:00	<i>Communion &amp; Coffee</i>	Mary's House, Boxford

All our churches across the Benefice are OPEN EVERY DAY for Private Prayer.

If you need support, please contact the Father Rob or the Benefice Office.

## THE HISTORY OF SURNAMES BY CHARLIE HAYLOCK



**SATURDAY, 12TH JULY 2025**  
**DOORS OPEN AT 7.00 PM FOR 7.30 PM**  
**EDWARDSTONE VILLAGE HALL**  
**ADMISSION - £10.00    BAR & RAFFLE**

To purchase your tickets please contact:

**Ineke Morris: 07765 098864**

**Marlene Clarke 07884 312953**

PROCEEDS TO GO TO OUR CHURCH, ST MARY THE VIRGIN, EDWARDSTONE

## ST MARY'S CHURCH BOXFORD

**"MUSIC FOR A SUMMER EVENING"**

**SATURDAY, 3RD MAY**

**6.00 PM - 7.00 PM**

**FREE ADMISSION**



**TOM COGAN**

**ORGAN**

RETIRING COLLECTION IN AID OF  
ST MARY'S CHURCH ORGAN FUND

ENJOY A GLASS OF WINE AFTER THE CONCERT



# The Box River Benefice

Boxford, Edwardstone, Groton,  
Little Waldingfield and Newton

## DATES FOR YOUR DIARY - MAY

- Fri 2<sup>nd</sup> 10:30am** *Coffee Morning*, St Lawrence's, Lt Waldingfield
- Sat 3<sup>rd</sup> 6pm** *Music for a Summer's Evening*, Tom Cogan  
*Organ Recital*, St Mary's, Boxford
- Tues 6<sup>th</sup> 10am** *Drop in for Coffee*, Mary's House, Boxford
- Thur 8<sup>th</sup> 7pm** *Lt Waldingfield & Newton APCM*,  
St Lawrence's, Lt Waldingfield
- Sat 10<sup>th</sup> 4pm** *String Quartet Concert*, St Mary's, Boxford
- Sun 11<sup>th</sup> 11am** *Edwardstone & Groton APCM*,  
St Bartholomew's, Groton
- Tue 13<sup>th</sup> 10am** *Drop in for Coffee*, Mary's House, Boxford
- Sat 17<sup>th</sup> 10am** *Coffee Morning*, St Mary's, Boxford
- Sun 18<sup>th</sup> 12:30pm** *Boxford APCM*, St Mary's, Boxford
- Tue 20<sup>th</sup> 10am** *Drop in for Coffee*, Mary's House, Boxford
- Wed 21<sup>st</sup> 10am** *Coffee Morning*, All Saints', Newton
- Thu 22<sup>nd</sup> 7:30pm** *Benefice Joint Council APCM*.
- Tue 27<sup>th</sup> 10am** *Drop in for Coffee*, Mary's House, Boxford

## LENT & EASTER THANKS

We extend our deepest thanks to everyone who participated in our Easter services around the benefice. Your presence truly enriched our celebrations, reflecting the joy and unity of this Holy Season. To those who joined our Lent conversations, we appreciate the thoughtfulness and openness you brought to our discussions. You made this period of reflection especially meaningful.

A special thank you goes out to the children who attended the workshop; your creativity and enthusiasm were a highlight for us all. As always, we are also immensely grateful for the dedication of our volunteers and clergy team, your tireless efforts and unwavering support have made every event and service possible.

May the love and hope of Easter continue to inspire us all in the days ahead. Thank you for being part of this journey and for the many ways you contribute to our community.

## LITTLE WALDINGFIELD LENT LUNCH

£395 was raised for St. Lawrence Church at our well attended Lent Lunch on 12<sup>th</sup> March. Many, many thanks to all those who came to support and especially to all our wonderful helpers who provided the soup and acted as waiters and waitresses. It was a thoroughly enjoyable occasion.

## ANNUAL MEETINGS

We will soon be holding our Annual Meetings for each of our churches, each church is always on the lookout for new faces to join their communities, to provide support to our existing members and to inject a bit of fresh energy and insight. Please contact the Benefice Office if you would like to get involved or if you would like more information.

## SPIRITUAL GUIDANCE, CONFESSION AND PASTORAL VISITING

The benefice offers a rich ministry of Spiritual Guidance, Confession and Pastoral Visiting. Our Priests and Ministers accompany people from all walks of life. If you would like Spiritual Guidance, Confession, House Blessing, Pastoral Visiting, Home

Communion, Hospital or Prison Visiting for yourself or someone you know, please do get in touch with Fr Rob or the Benefice Office.

## OPEN GARDENS

We are very much looking forward to the annual opening of Boxford Gardens with Edwardstone on **Sunday 1<sup>st</sup> June** between 11am and 4pm. Tickets are £6, under 16s are free, available at the main ticket stall at the St Mary's Church. For more information or to open your garden please contact Audrey Zuck, [audrey@a2zriskservices.com](mailto:audrey@a2zriskservices.com)

Discover the beauty of Newton Green's gardens at our Open Gardens event on **Sunday 22<sup>nd</sup> June** between 11am and 5pm. Tickets are £6 and will be available on the day at the village hall, where you can also enjoy refreshments and convenient parking.

## MUSIC IN MAY

St Mary's Church, Boxford will be hosting two concerts in May.

**Saturday 3<sup>rd</sup> May at 6pm – 7pm**, 'Music for a Summer's Evening', Tom Cogan, organ recital. Admission is free, so just come along. There will be a retiring collection in aid of St Mary's Church Organ Fund, enjoy a glass of wine after the concert.

**Saturday 10<sup>th</sup> May at 4pm**, string quartet concert, music by Mendelssohn and Reineke. Adults £10, under 18s free. Tickets available Boxford Post Office, on the door or online [www.ticketsource.co.uk/boxford-concerts](http://www.ticketsource.co.uk/boxford-concerts)

## DISCOVER THE FASCINATING HISTORY OF SURNAMEN WITH CHARLIE HAYLOCK

Edwardstone PCC are delighted that Charlie Haylock will be returning to Edwardstone on **Saturday 12<sup>th</sup> July 7pm for 7:30pm**. Join the renowned historian and author for an engaging talk on the origins, meanings, and evolution of surnames. Uncover the stories behind names and their historical significance in this highly entertaining and informative session.

Tickets are £10, to purchase please contact Ineke Morris – 07765 098864 or Marlene Clarke – 07884 312953

## COFFEE MORNING, ALL SAINTS', NEWTON

Join us for a morning of coffee, treats and community spirit on **Saturday 5<sup>th</sup> July, between 10 and 11:30am**. There will be a Pie and Pasty Stall, Bric-a-Brac, Tombola, Raffle and refreshments. A perfect way to spend a summer morning, everyone is welcome.

## SAVE THE DATES

- 1<sup>st</sup> June** - *Boxford Open Gardens inc. Edwardstone*, 11am – 4pm
- 7<sup>th</sup> June** - *Music for a Summer Evening, Suffolk Clarinet Quartet* St Mary's, Boxford, 6pm
- 22<sup>nd</sup> June** - *Newton Green Open Gardens*, 11am – 5pm
- 28<sup>th</sup> June** - *Military Wives Concert*, St Mary's, Boxford, 5pm
- 5<sup>th</sup> July** - *Summer Coffee Morning, with stalls, inc Pie & Pasty Stall, Bric-a-Brac, Tombola and Raffle*, Newton, 10 – 11:30am
- 5<sup>th</sup> July** - *Music for a Summer Evening, Patricia Eddington & Tom Cogan, Voice & Piano*, St Mary's, Boxford, 6pm
- 30<sup>th</sup> & 31<sup>st</sup> August** – *Lt Waldingfield Flower Festival*

## CONTACT INFORMATION

### Benefice Office

Mary's House, 5 Swan Street, Boxford CO10 5NZ  
**01787 828046** email: [boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com)

Fr Rob Parker-McGee SR

**01787 210434** email: [boxriverrector@gmail.com](mailto:boxriverrector@gmail.com)

# NEWTON FIRESIDE CLUB COFFEE MORNING

SATURDAY 31st MAY  
10.00 - 11.30am  
NEWTON VILLAGE HALL

\* REFRESHMENTS \* BRIC-A-BRAC \*  
\* PLANTS \* CAKES \* RAFFLE \*

Donations of raffle prizes, cakes and savouries  
and plants would be most welcome

For further details  
please contact Sue on  
**01787 379204**  
or  
**07881 383998**



## GROTON HISTORY SOCIETY

MAY  
**16**

### WE PREPARE THE WAY



From Eglin Field to Eschborn: The story of the  
92nd Engineer Aviation Regiment during the Second World War

## 'We Prepare the Way' A Black US Regiment in Suffolk

**Anya Page**

Writer and independent researcher for  
Suffolk Archives.

@ Groton Village Hall: 19:30 - 21:30

£5 entry, includes Glass of Wine  
( Students free )

## THE FLEECE HOTEL

### Charity

# QUIZ NIGHT

Wednesday 14th May 8pm  
Wednesday 11th June 8pm  
Wednesday 16th July 8pm  
Wednesday 13th August 8pm  
Wednesday 10th September 8pm

Free to enter, please donate on the night to the  
charity of the month!

Up to 6 people per team, call 01787 211 818 to  
reserve a table!

## Milden Singers

### VE80 Afternoon Tea at Milden Pavilion

Sunday 11th May 2025  
3-5pm

As part of the national VE80 Celebrations  
The Milden Singers will take you back to  
the 1940's with their nostalgic concert  
and sing-along.

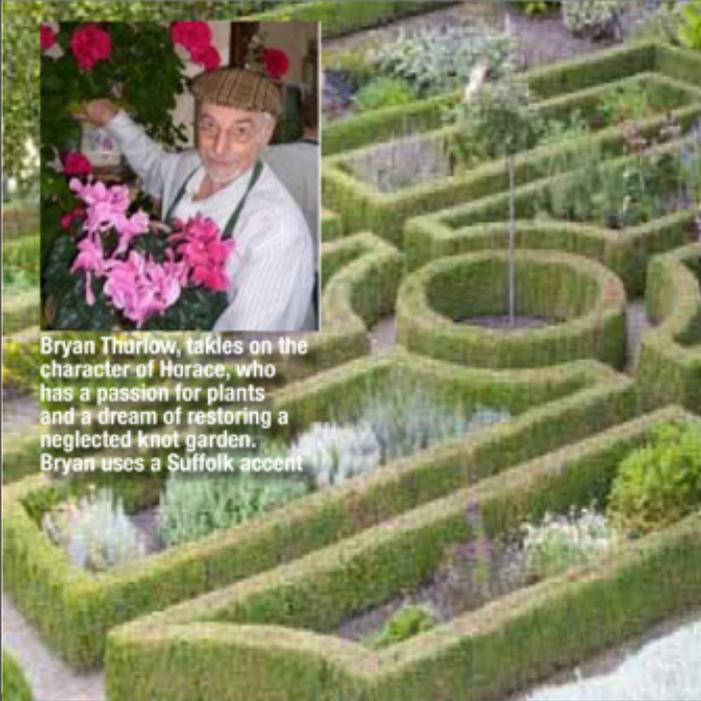
Tickets are £10 available from Pearl  
Phone 07884167906 or email  
[info@mildenspavilion.co.uk](mailto:info@mildenspavilion.co.uk)

Join the singers in 1940's dress.  
Following the concert enjoy an Afternoon Tea  
with 'Fizz' available to purchase.  
Raffle to support the Armed Forces Charity

**SSAFA**  
Church Road, Milden, IP7 7AL  
[www.mildenspavilion.co.uk](http://www.mildenspavilion.co.uk)  
Registered Charity No 304919

**BOXFORD  
GARDENING SOCIETY**

**Horace Potter  
FULL TIME GARDENER AT GLEBE  
HOUSE, SUFFOLK 1913-1963**



Bryan Thurlow, takes on the character of Horace, who has a passion for plants and a dream of restoring a neglected knot garden. Bryan uses a Suffolk accent

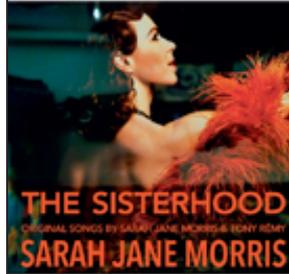
**Tuesday 6th May 7.30pm  
at Boxford Village Hall**



**Fleece Jazz** at  
Stoke-by-Nayland Hotel presents

**Sarah-Jane Morris and Friends: The Sisterhood**

Wednesday 14<sup>th</sup> May 2025 8pm - Tickets: £23



"An album full of hope and nourishment in the face of hard times."  
☆☆☆☆ RECORD COLLECTOR

"...her ability as a songwriter really shines on this album. Highly recommended."  
JAZZ JOURNAL

Sarah-Jane Morris – Vocals  
Tony Rémy – Guitar  
Marcus Bonfanti – Guitar  
Henry Thomas – Bass

**Barnes Newton Duo**

Wednesday 28<sup>th</sup> May 2025 8pm - Tickets: £20



These multi award-winners cover a vast repertoire and play with an empathy that can only come with long experience.

Alan Barnes – Saxophones & Clarinet  
David Newton – Piano

**Stoke by Nayland Hotel, Keepers Lane, Leavenheath CO6 4PZ**

Ample parking; fully accessible. Directions: [www.fleecejazz.org.uk](http://www.fleecejazz.org.uk)

Tickets: 01787 210796 or via **WeGotTickets** (booking fee applies); or on the door (cash or cheque only; sorry no debit/credit cards)

\*Friends of Fleece Jazz discount

**SPECIAL OFFER:** A double room with breakfast and two tickets from £119 (subject to availability) Phone: 01206 262836



**THE ARTS  
SOCIETY  
STOUR VALLEY**

**COMBINE CULTURE &  
COFFEE WITH FRIENDS**

on the 3<sup>rd</sup> Wednesday of each month at 11am  
at Long Melford Village Hall CO10 9QJ  
(opposite The Bull Hotel)

**WEDNESDAY 21<sup>ST</sup> MAY**

**DRESS CODE - TEN ICONIC DRESSES IN ART**

Ten dresses within ten famous portraits from 19<sup>th</sup> / 20<sup>th</sup> century artists such as Whistler and Sargent to Leighton and Klimt. These portraits have shocked and delighted in equal measure. Every picture tells a story, as does every dress.

Contact: [info@TASstourvalley.org.uk](mailto:info@TASstourvalley.org.uk)  
quoting BRN or simply click the QR code  
which will take you direct to our website  
[www.TASstourvalley.org.uk](http://www.TASstourvalley.org.uk)



**FOOTBALL  
FUN DAY**



**14TH JUNE 2025  
11AM UNTIL 3PM**

**HOMEFIELD PLAYING FIELD, BOXFORD, CO10 5AE**

- INFLATABLES
- BEAT THE KEEPER
- RAFFLE
- CAKE STALL
- BBQ
- BAR
- PLAYER AWARDS
- FUN GAMES

**FREE MINI'S COACHING SESSION**

INTERESTED IN JOINING ONE OF OUR TEAMS? - MEET THE COACHES  
INTERESTED IN BECOMING A COACH? - TALK TO US ON THE DAY

**EVERYONE WELCOME - BRING THE WHOLE FAMILY**

[WWW.BOXFORD-ROVERS-YOUTH.COM](http://WWW.BOXFORD-ROVERS-YOUTH.COM)

# THE GIRL IN THE MOON

An Exhibition by Chris Bennett R.O.I.

We are thrilled to announce an exhibition of new work by internationally acclaimed artist Chris Bennett R.O.I., whose critically acclaimed work has captivated audiences around the globe for decades. *'The Girl in the Moon'* is an intimate and evocative collection that reflects the artist's unique ability to merge technical brilliance with profound emotional depth. This is a rare opportunity to witness the works of an artist celebrated for his achievements in portraiture, still life, and landscape, with pieces exhibited at the Royal Academy, the Royal Institute of Oil Painters, and prestigious galleries worldwide. Chris's mastery of light, form, and narrative invites viewers into a world where art becomes a "vessel for the soul" and his meticulous craftsmanship evokes the sublime in the everyday.



## Exhibition Launch Event

Join us for the unveiling of *'The Girl in the Moon'* on **Saturday 3<sup>rd</sup> May 2025, from 10:30am to 6pm**. Meet the artist, Chris Bennett R.O.I., and gain insight into the inspiration and stories behind his latest works. Enjoy complimentary drinks as you explore the gallery's stunning exhibition space. The artist will be available to discuss his work throughout the preview event from 12 noon to 6pm. RSVP recommended - please register without site below. The exhibition continues until Bank Holiday Monday 26<sup>th</sup> May 2025. We look forward to welcoming you to this unique artistic experience!

The art gallery and gift shop is open from Thursday to Sunday 10:30am to 4pm and will be open daily over the May bank holiday weekends. Free admission and free parking (in the car park before the level crossing). For info on exhibitions, art classes, workshops and more, visit [www.milltyegallery.co.uk](http://www.milltyegallery.co.uk)

# PUB OF THE SEASON

CAMRA is the Campaign for Real Ale. Their aim is quite simple - to promote, preserve and, most importantly, drink real ales. Mauldons Brewery and the home of Mauldons, The Brewery Tap in Sudbury, feel just as strongly about real ale. The pub has walked away with CAMRA's *Pub of the Season* title - something that is close to their heart and they will be incredibly proud of. Ali Macmillan, General Manager commented: *"We're incredibly humbled that The Brewery Tap has been awarded Pub of the Season for Spring 2025! This award isn't just for us, it's a celebration of our wonderful community and the shared love for great real ale. We believe a pub is more than just a place to grab a drink; it's a hub for connection, conversation, and community spirit."*

Thank you to everyone who has supported us on this journey, and to CAMRA for this incredible recognition. We invite you to pop in and see just why we've been chosen.

[www.thebrewerytapsudbury.co.uk](http://www.thebrewerytapsudbury.co.uk)



# EAT GAME PUB OF THE YEAR WINNERS

Nedging Hall Estate is incredibly proud of their *Estate to Plate* philosophy. This focus and effort towards locally and sustainably sourced produce has been rewarded by The Crown, Bildeston winning the Best Pub at the national Eat Game Awards. The award judged by both seasonality and locality but also the promotion of the produce completely aligns with our Estate to Plate ethos.



## Estate to Plate

The team are going to great lengths to ensure that much of the ingredients that make up the dishes served in The Bildeston Crown are sourced on the estate. Not only does that include the venison and game, it also includes a variety of fruit, vegetables and herbs grown in the kitchen-gardens at Nedging Hall by a dedicated in-house gardening team on the estate.

## Sustainable Thinking

There is a common misconception that wild game is rich and expensive. Nedging Hall Estate are working to change this thinking. They believe that locally-sourced game accompanied by vegetables grown on the estate can be delicious, affordable and truly sustainable. There are wide national concerns of ever growing deer numbers and a shift away from large-volume farmed meat - now is the time to be eating venison.

## Chefs that Believe in Game

Greig Young is the Executive Chef at The Crown. He was born and raised on the west coast of Scotland where game was often on the menu. Greig was excited to take the role at The Crown where there is a real focus on ethical dining. You can find a Muntjac Scotch Egg or a Fallow steak and chips amongst the menu of classic seasonal dishes. Greig and the team love to spend time at the gardens and allow the produce to write the menus.

Well done to the whole team!

The 600 year-old Crown sits proudly on Bildeston high street. Sustainability is more poignant than ever and The Crown's victory in these awards is just the tip of the iceberg. They also won the EADT Environmental & Sustainable business of the year award in 2024. George Bonwick, General Manager, and the team have something to be very proud of and look set to do great things this year.

Charles Buckle, Managing Director, commented: *"I am proud of the whole team. We are incredibly genuine about our estate to plate efforts, and I feel passionate about game being enjoyed. This award means a lot to us at The Crown; it comes at a time when The Crown is getting busier, and has a real buzz."*

[www.bildestoncrown.com](http://www.bildestoncrown.com)



*An intriguing Suffolk pub and restaurant  
with rooms, it has oodles of charm*

### MID-WEEK LUNCH

Monday - Friday, 12pm - 2pm

*Two course £25 | Three courses £30*

### EASTER SUNDAY DINING

*Brunch from 8 to 11am*

*Lunch served 12.30 to 2.45pm*

*Dinner from 6pm to 7.30pm*

### BEER FESTIVAL

*May 24th ~ Real ales, Music, BBQ*

[www.thebildestoncrown.com/](http://www.thebildestoncrown.com/)



THE LINDSEY ROSE

*Our charming dog & family friendly  
Suffolk pub is over 500 years old*

### WEDNESDAYS

Any Burger and a selected drink, £18

### TRACTOR RUN

Sunday 29th June

### BEER FESTIVAL

23rd - 25th August, Bank Holiday

*Real ales, craft ciders, live music & BBQ*

### FIREWORKS

Saturday 1st November

[www.thelindseyrose.co.uk](http://www.thelindseyrose.co.uk) | 01449 741424

## PICNIC IN THE PARK!



## JUBILEE GARDENS NEWTON GREEN

SUNDAY 29<sup>th</sup> JUNE 2025 FROM 12 NOON

Please do join us for a village picnic.

Bring your own food and drink, picnic blanket and gazebo.

This is a free event, but there will be a raffle

Further information from Sue on 07881 383 998

## VE DAY 80<sup>TH</sup> ANNIVERSARY COMMEMORATION & BEACON LIGHTING

Thursday 8<sup>th</sup> May 9:30pm

Outside The White Hart, Boxford



HOME-START IN SUFFOLK PRESENTS

# HOME START HIKE

KINGFISHER LEISURE CENTRE, SUDBURY - SUNDAY 28TH SEPTEMBER

**OPEN TO FAMILIES, INDIVIDUALS & CORPORATE TEAMS**

**FOUR ROUTES TO CHOOSE FROM**

3 MILES	6 MILES	13 MILES*	26 MILES*
Child Ticket from £10			
Adult Ticket from £15			
Family Ticket from £45			
Corporate Ticket from £100			

\*Age restrictions apply  
Family ticket includes 2 adults and up to 3 children

In partnership with:




**MINIMUM FUNDRAISING TARGET £50**

REGISTER TODAY TO TAKE PART

For more information please visit: [homestartinsuffolk.org](http://homestartinsuffolk.org)

Registered Charity No. 1105001

Nayland with Wissington Conservation Society  
*Registered Charity No. 268104*

# NAYLAND OPEN GARDENS

**SUNDAY 8th JUNE**  
1pm-5pm

**TEAS** in the Village Hall

Tickets £5 (children free) in advance from:  
[www.naylandevents.org](http://www.naylandevents.org)  
or on the day at the Village Hall  
or cash only at selected Gardens

[www.naylandconservation.org.uk](http://www.naylandconservation.org.uk)



# Talk by Nick Hamilton

Owner of Barnsdale Gardens      Topic - Barnsdale after Geoff

## Lavenham Gardening Club

**Wednesday 28<sup>th</sup> May 2025 at 7pm**  
**OPEN TO NON-MEMBERS**

Lavenham Village Hall, Church Street  
Lavenham CO10 9QT

**Tickets £15 in advance**  
to include glass of wine or soft drink  
(please note no ticket refunds unless event cancelled)

**TICKETS AVAILABLE FROM**  
Carolyn - 01787 247489  
or Sandra - 01787 311707





**MONKS ELEIGH**  
**FETE & DOG SHOW**

**Saturday 7th June 2025**  
**1pm to 5pm**

Recreation Ground, Church Hill, Monks Eleigh IP7 7JL

**Traditional family fun and games**  
**Free entry & parking**

**MORRIS DANCERS**

<ul style="list-style-type: none"> <li>• Donkey Rides</li> <li>• Children's Tent</li> <li>• Bar and BBQ</li> <li>• Afternoon Teas</li> <li>• Traditional fete games</li> <li>• Vintage cars</li> <li>• Face Painting</li> </ul>	<ul style="list-style-type: none"> <li>• Dog Show classes:</li> <li>• Handsomest dog</li> <li>• Prettiest bitch</li> <li>• Wagglest tail</li> <li>• Best rescue dog</li> <li>• Golden Oldie (8yr+)</li> <li>• Doggy Derby</li> </ul>
---	--

Lots of other stalls including Eric a Brac, Plants and the famous Preloved Clothes Greyhound Trust, French's Care Haven, Cinnamon Trust, SeeDee Pets, & many more.

Proceeds of the Fete will be used to maintain St. Peter's Church, a 15<sup>th</sup> century place of worship in the heart of the village

**A.W. Richford**  
Monks-Eligh 01449 741902

• New Builds • Barn Conversions  
• Renovations • Extensions • Alterations



BRIDGE FARM BARNES



STRUTT AND PARKER FARMS





# Ladies

## GET INTO GOLF

### FREE TASTER LESSON



WEDNESDAY 25TH JUNE 2 P.M. TO 3 P.M.

SATURDAY 28TH JUNE 10 A.M. TO 11 A.M.

**ALL EQUIPMENT PROVIDED, NO DRESS CODE, JUST TRAINERS REQUIRED.**

TO BOOK YOUR PLACE OR FOR INFORMATION PLEASE CONTACT  
NEWTON GREEN GOLF CLUB

☎ 01787 377217  
✉ timcoopergolf@aol.com

## HAVE FUN!




# Boxford Open Gardens

## 2025

**Opening Times**

Sunday 1st June  
11am - 4pm

**More Information**

Audrey Zack  
audrey@a2zriskservices.com

**Tickets**

£6 / free for under 16s

Purchase at the main ticket stall at the Church, or at the first garden you visit.

**Things to Do**

- Open gardens in Boxford and Edwardstone
- New gardens to see
- Children's Trail
- Choir performances by "Madrigalia"
- Teas, coffees, cakes



## Newton Open Gardens

### Sunday 22<sup>nd</sup> June 2025

Tickets £6  
Children under 12 FREE

Available from the Village Hall on the day

Refreshments  
Plant Stall  
Free Parking at the Village Hall

**Do join us for our first open gardens**

Many of the gardens involve a stroll along beautiful country lanes, but there is additional parking for the gardens in Rectory Road

## POLSTEAD FILMS

A COMPLETE UNKNOWN (15)

Friday 16<sup>th</sup> May, Doors open 7pm

POLSTEAD VILLAGE HALL

The story of Bob Dylan's musical and personal adventures set in the New York music scene of the early 60s.

*"Timothée Chalamet's Bob Dylan is an electric revelation."  
"brilliant and believable."*

Tickets £5. Email: [polsteadfilms@gmail.com](mailto:polsteadfilms@gmail.com) to reserve or buy in Polstead Community Shop.

The film starts at 7.30pm and will finish around 9.45pm.

All proceeds in aid of Polstead Village Hall Charity No. 304933



## HOME-START HIKE 2025

Sign up to take part in the new Home-Start Hike this September and help raise vital funds for Suffolk families.

At Home-Start in Suffolk we believe that every parent should have the support they need to give their child the best possible start in life. By taking part in this new fundraising event, you'll be making a real difference to families in your community.

The Home-Start Hike is taking place on **Sunday 28<sup>th</sup> September 2025** and is open to families, individuals and corporate teams.

There are 4 routes available for people to choose from that will let you enjoy the incredible Suffolk countryside, take in the stunning landscapes that inspired Thomas Gainsborough, enjoy the towns and villages steeped in history and the unspoiled nature surrounding the valley trails.

The 3, 6 and 13 mile hikes will start and finish at the Kingfisher Leisure Centre in Sudbury and the 26 mile hike will finish at Bury St Edmunds Cathedral.

Registration to take part in this event starts at just £10. When you register to take part in the Home-Start Hike you will also be agreeing to raise the minimum sponsorship required (starting at £50).

For more information and to register please go to: <https://www.homestartinsuffolk.org/fundraising-and-events/>

## A MAD HATTER'S TEA PARTY

Kersey, St Mary's celebrates the Centenary of the church clock – Saturday 31<sup>st</sup> May 12-5pm

On May 31<sup>st</sup> we are offering you the rare opportunity to climb the tower steps to view the church clock's 100-year-old mechanism and even to have the chance to help wind it.

The clock was installed by John Smith and Sons of Derby in 1925. The clock takes the form of a 'two train (strike and going) flatbed with a double three-legged gravity escapement'. It is currently wound by a team of Kersey residents on a weekly basis.

To reach the mechanism you must first climb the 42 narrow, dusty and uneven spiral stairs – so not for the faint-hearted. Once in the chamber you will be able to see the mechanism, the bells and peer through the leaded windows for a glimpse of Kersey from a birds-eye view.

To make it a real birthday party, we will be offering delicious home-baked cakes and refreshments for sale. There will be a marvellous Mad Hatter's table centre piece on display you will have the chance have a photo with the Mad Hatter and the Queen of Hearts and enter your silliest or most wonderful hat into our competition.

£5 for entry to the clock. Teas, cakes and refreshments on sale separately and entry into the hat competition £2 per entry.

Further information [lindanewbigging@btinternet.com](mailto:lindanewbigging@btinternet.com)

All proceeds to St Mary's Church, Kersey.

## KERSEY OPEN GARDENS

Saturday 7 June 2025 11am to 5pm. Adults: £5, Under 16s: Free

With over 20 gardens to explore and refreshments available in the village hall throughout the day.

Cash only please for entry, and food/drink purchases.

Proceeds will be shared between St Elizabeth Hospice in Ipswich and Kersey Projects for community events.

Contact us at: [kerseyprojects@gmail.com](mailto:kerseyprojects@gmail.com) for further details.

## Little Hall Artisan Market

Market Place, Lavenham CO10 9QZ



Friday 23<sup>rd</sup> May to Monday 26<sup>th</sup> May



Join us in the house and garden at Little Hall for a selling exhibition of a range of crafts including jewellery, metalwork, glass, woollen goods, eco-botanical printing, leather work, skincare, watercolour painting and more...

11.00 am to 4.30 pm **Free Entry**



On Saturday 24<sup>th</sup> May The Madrigalia Choir from Boxford will be performing in the garden  
Owned by Historic Suffolk Registered Charity number 265212

William Shakespeare's

THIS MY  
THEATRE



# The Tempest

## SUDBURY ARTS CENTRE

14th May, 7pm

Tickets: [thisismytheatre.com](http://thisismytheatre.com)

07732 253311 | £16 | Refreshments Available

In association with...





## LITTLE WALDINGFIELD

Saturday 28<sup>th</sup> June 10am - 1pm

**Sellers** - To participate as a seller, please contact Sue Bowen: 07962 210359 01787249473  
sd.bowen@btopenworld.com (by 24th June)

Fee £5

(for advertising, signs, maps and donation to Parish Room funds)

This is a great opportunity to recycle items you no longer need to raise money for yourselves and the Little Waldingfield Parish Room Trust.

You set up your stall at the front of your property or there are some pitches available (with tables) in the Parish Room and we provide a map to buyers showing where you are.

**Buyers** - A map showing participating properties will be available from the Parish Room, Church Road CO10 0SW on 28<sup>th</sup> June for 50p.

Light refreshments will also be available in the Parish Room during the Sale.

All funds raised go to the Little Waldingfield Parish Room for its upkeep.

# MILDEN MIDSUMMER BARN DANCE

WITH CEILIDH GROUP

## CAT'S WHISKERS

BBQ-HOG ROAST-BAR-MUSIC - 5PM  
DANCING - 7PM

**Entrance £15 per person**

Under 14's Free

Please purchase tickets in advance via:  
email: [info@mildenpavilion.co.uk](mailto:info@mildenpavilion.co.uk)

Phone: 01787 248145

Online: Eventbrite - Milden Midsummer

LOWER FARM  
BOXFORD ROAD  
MILDEN, IP7 7AN

BBQ & LICENSED BAR  
(CARD/CASH)  
FREE PARKING

SATURDAY

**21 JUNE**

5PM TO 11.30PM

In aid of Milden Pavilion

[WWW.MILDENPAVILION.CO.UK](http://WWW.MILDENPAVILION.CO.UK)

Registered Charity No 304919



ST MARY'S CHURCH,  
BOXFORD, SUFFOLK

and

**BOXFORD**  
FRIENDSHIP GROUP

present

# WATTISHAM MILITARY WIVES CHOIR

Saturday 28<sup>th</sup> June at 5pm

Held at St Mary's Church

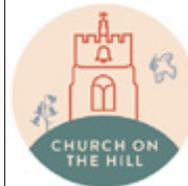
£10 tickets with refreshments

Raffle prizes



Ticket Information  
Contact Alison  
01787 211067

Buy tickets from  
Boxford Post Office  
1 Swan St, Boxford



## Little Cornard All Saints Church

# Flower Festival

10<sup>th</sup> & 11<sup>th</sup> May 2025

11am to 4pm

Evensong

Sunday 11<sup>th</sup> May at 4:30pm at All Saints Church

FLORAL DISPLAYS  
WELL STOCKED PLANT STALL  
REFRESHMENTS | BBQ  
CAKES & PRODUCE  
BOOKS & JIGSAW PUZZLES

WAR MEMORIAL EXHIBITION LAUNCH

Licensed Bar

All Saints Church, Kedington Hill, Little Cornard,  
CO10 0PE

[www.littlecornardchurch.org.uk](http://www.littlecornardchurch.org.uk)



**BOXFORD**  
**BABY & TODDLER**  
**GROUP**

LET'S HAVE FUN!

£3.50 PER FAMILY

1 2 3

Wednesdays 9-11am  
 (term time only)  
 @ Boxford Village Hall

www.facebook.com/Boxfordbabyandtoddlergroup

## FRENCH'S CARE HAVEN

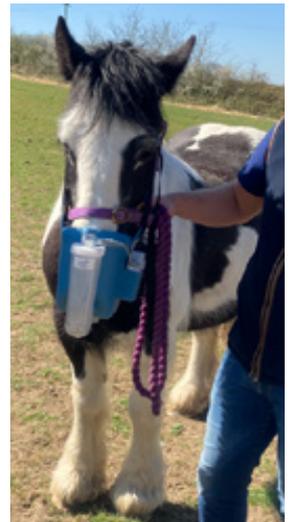
We have a few horsey birthdays in May: Bee on 9<sup>th</sup> May will be 18 years old. Coco on the 10<sup>th</sup> May will be 16 years old and Annie on 27<sup>th</sup> will be 23 years old. If you would like to come to the farm and wish them happy birthday with a bag of horse food, you are welcome, just get in touch and let us know.

Our dog walk went very well and everyone enjoyed the route we planned along with the drinks and cakes. It was nice to see people who do not own a dog come along just for the walk. I would also like to thank Tracey for bringing some of her members from the Colchester walking group.



The photo shows some of the walkers and dogs outside our summerhouse on the beautiful sunny day. In our other photo is Rose - one of our latest rescues. Rose we have found has asthma and the high levels of pollen at the moment is causing her to struggle breathing. Some of you who follow us may remember when Rose came to us last year, she was underweight for her breed and all her legs were full of open wounds from a mite infestation that had been eating away at her flesh, she was distressed and in pain.

Her weight has increased significantly with daily food and her legs, having months of daily care, have healed and are now under control. As you can see in the photo we have bought her an inhaler that we have to put on her every day for around 5 minutes with the necessary medication in it to help her breath. This muzzle inhaler cost us over £1,000. I know I always ask if you can please help our charity with a one-off donation or a regular monthly donation if you can, it is because our outgoings are more than our incomings with things like the inhaler for Rose, which is one thing on a long list that goes on and on each month. Giving our rescued animals the best of care and love is always my priority, but I need help from you nice readers.



We hope to have another dog walk and a meal night soon, so keep an eye out for those dates and we have a BBQ open day booked in for 27<sup>th</sup> July, more information on these will be coming.

For new readers we are a sanctuary for animals *and* people, nestled in the serene countryside of Groton. Beyond providing a safe haven for animals, the sanctuary offers Animal Assisted Therapy to support individuals facing mental health challenges, learning disabilities and confidence issues. We also work with elderly people who are either lonely, or are looking to spend some time with animals and nice people in a lovely environment. Visitors on the 25 acre farm can engage in various therapeutic activities, fostering personal growth and well-being. My contact details are below.

Call me for an appointment. Jann on: 07747 755 556 or email: [jann.turner@hotmail.co.uk](mailto:jann.turner@hotmail.co.uk)

Website: [www.frenchscarehaven.org.uk](http://www.frenchscarehaven.org.uk).

MEMORIALS

**LUXSTONE**

WE HAND CARVE  
 ANYTHING IN STONE

Memorials, standard and bespoke  
 Carving - Stone Signs - Nameplates  
 Letter Cutting and Carving Courses

Stour Valley Business Centre, Brundon Lane,  
 Sudbury, Suffolk CO10 7GB  
 Tel 01787 371570 E mail [info@neilluxton.co.uk](mailto:info@neilluxton.co.uk)  
[www.neilluxton.co.uk](http://www.neilluxton.co.uk)

**K WILLIS BUILDERS**

All types of building work undertaken

- extensions • alterations
- fencing • landscaping
- decoration • driveways
- roofing repair jobs

Telephone: 07771 638 398 / 01787 586 031  
[kwillisbuild@hotmail.com](mailto:kwillisbuild@hotmail.com)



**FULL  
TRAINING  
PROVIDED**

## Be the helping hand a Suffolk family needs

### Take the time to connect and change a life

At Home-Start in Suffolk, we believe every family should have the support they need to give children a better future. Could you make a difference to a local family?

Your support can help build a community where families and children are given the help they need to thrive. We want to make sure that no parent or family feels alone in the critical task of raising children.

Contact us today to find out more

[homestartinsuffolk.org](http://homestartinsuffolk.org)

01473 621104

[volunteer@homestartinsuffolk.org](mailto:volunteer@homestartinsuffolk.org)

**HOME  
START**  
In Suffolk

## QUOVE ACCOUNTING

Creative **Accounting.**  
Dynamic **Accounting.**  
Efficient **Accounting.**  
Innovative **Accounting.**  
Positive **Accounting.**

### Contact us

[hello@quove.co.uk](mailto:hello@quove.co.uk)

01284 845120

[quove.co.uk](http://quove.co.uk)

3 Brickfields  
Business Park,  
Woolpit

### Flexible Accounting.

For business  
and personal  
accounting  
solutions.



**Bell Tack Works, Middleton Road  
Sudbury CO10 7LJ**

**01787 375 194**

**07483 143 555**

**[info@rnrgardenmachinery.co.uk](mailto:info@rnrgardenmachinery.co.uk)**

- Sales, services and repairs for *all* garden machinery
- Sharpening service for: chainsaws, lawnmower blades, shears
- We stock coal, logs and kindling

### AUTHORISED DEALER FOR:



**COBRA**



**EXCLUSIVE  
BRN READERS'  
OFFER**

**5% OFF  
EVERYTHING\***

\*Offer applies to all purchases.  
Show this voucher to apply discount.  
One use per customer.

# BURY ST EDMUNDS THROUGH TIME REVISITED

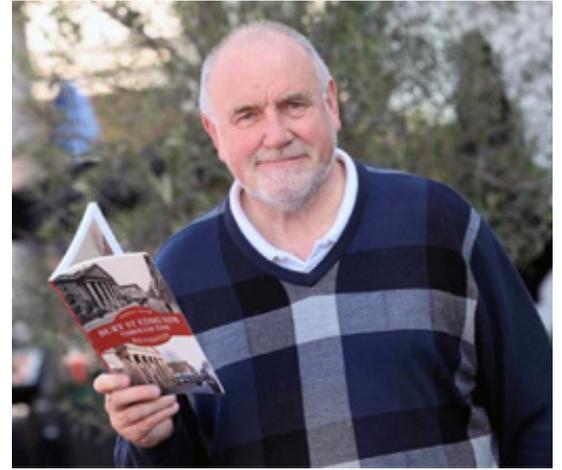
*A Talk to LWHS by Martyn Taylor*

Little Waldingfield History Society was delighted to welcome Martyn to the Parish Room, to show and tell us about Bury through photos of old postcards and equivalent new photos he has taken himself.

Being chair of The Bury Society, a news columnist with Bury Free Press and recipient of a Suffolk Preservation Society Heritage Champion award, Martyn was the perfect person to give the talk, which he superbly gave without any notes. He is also a popular tour guide for the town and abbey, the go-to person for all things relating to the history of Bury, and a published author of 11 books on the town.

It is simply impossible for me to adequately describe the old versus new images he showed us, as there were so many, but there were themes he often referred to: how ugly modern day wheelie bins are when stacked along pavements, and just how many cars there are parked virtually everywhere these days.

With his kind permission, I obtained four of his images to demonstrate just how much has changed, and simultaneously just how much has remained the same, due to conservation efforts by many people across the decades.



## Buttermarket Looking South



Buildings at the end of the street and on the right are recognisably the same; those on the left appear to have changed substantially, but close inspection shows that half are virtually unchanged. The biggest difference is due to infill to buildings destroyed / damaged by Zeppelin raids during the Great War, whilst the facade of the buildings in the left foreground dramatically alters their appearance.

## Red Cross Hospital North Street



If in your minds eye you remove the ivy from the old image and the traffic lights from the new, they are very obviously the same building with virtually no changes, though personally I prefer the old.

Our large audience was completely enthralled by Martyn's talk, and there was much one-to-one discussion with him after his talk ended - all in all it was a great evening.

Our next talk is on 14<sup>th</sup> May - probably the highlight of this year's programme, when Clare Mulley will tell us all about the SOE's Agent Zo. Clare is an award-winning public historian, author and TV broadcaster, primarily focused on female experience during the Second World War. The Untold Story of WW2 Resistance Fighter Elzbieta Zawacka, the only woman to reach

London from Warsaw as an emissary of the Polish Home Army, then in Britain the only woman to join their elite Special Forces. Trained here, she was also the only female member of SOE affiliated forces parachuted behind enemy lines into occupied Poland. This is one talk definitely not to be missed.

We very much look forward to welcoming guests both old and new to the Parish Room, Little Waldingfield on this date.

*Andy Sheppard*

## BOXFORD WI UPDATE

April's speaker was Matthew Hodges, who is the Manager of Benton End House & Gardens. He gave a fascinating insight into the history of the artists' school and colony that developed in this beautiful house under the guidance of Cedric Morris and his partner Arthur Lett-Haines. Matthew revealed how their lifestyle was regarded as very bohemian in its time, but they are both highly regarded now as founders and leaders of the East Anglian School of Art. Members were spellbound by his tales from their artistic world



and his photos of the work to conserve the house and transform the gardens to their original glory were inspiring. Cedric Morris is also well known as a plantsman and for developing various varieties of iris. The gardens have been open twice to participate in Hidden Gardens of Hadleigh and had 700 and 800 visitors respectively on those days, although they will not be participating this year. Matthew revealed the team is working hard to complete restoration work in the house and obtain funding for future plans. He acknowledged that their biggest restriction to future visitors attending workshops and tours is that there is no parking available currently. It certainly gave us all a yen for our own future visit to the house and gardens.

New members are always welcome, so if you are interested in finding out what the WI are up to, come along to the village hall on the first Wednesday of the month at 2pm where you will receive a warm welcome.

Once you are a member you will be able to enjoy the following interest groups which we hold on a regular basis:

- Dining Divas (lunch group)
- Chatterbox (afternoon with tea and cake)
- Knit and Natter
- Book club
- Women who wander (walking group June – September)

For more information please contact our Secretary, Lyn Beer on **07961 357 526** or email [lyn@the-brook.net](mailto:lyn@the-brook.net)

## BOXFORD GARDENING SOCIETY APRIL MEETING

Ian Anderson, author of *'The History and Natural History of Spices'*, gave a talk about the thousands of years for which people have been using spices, including dried fruit, flowers, and bark, and their many uses besides flavouring food. Key plant groups include the carrot family, from which come many differently flavoured seeds, the ginger family from Asia, and the American potato family giving chillies. Ian showed how early trade routes took spices around the world from Roman times onwards, altering the cuisines of whole countries. Curry would not be hot without South American spices!

To join us for our talks, we would welcome you as a guest or make enquiries by email:

[enquiry.boxfordgardeningociety@outlook.com](mailto:enquiry.boxfordgardeningociety@outlook.com)

**theWI**  
INSPIRING WOMEN

**Elaine Carpenter**  
N.R.H.P., C.H.P., Dip Psychology

## HYPNOTHERAPY

Negative emotions such as anxiety and depression can overwhelm us by rippling out and affecting our whole lives. Hypnotherapy can help you discover how to use the power of your mind to free yourself from fear and gain control back of your life.

I have over 30 years of experience as a hypnotherapist, helping people to overcome a wide range of emotional, mental & physical problems.

Call me for an informal chat to see how Hypnotherapy can help you.

Now available at KERSEY MILL & BOXFORD

**Phone: 01787 210 601**

**Mobile: 07929 744 072**

**Gary Jarvis**  
*Paper Hanger and Interior Decorator*  
01787 211471 or 07733 325669

**S B Electrical**  
For all your electrical work  
large or small

Free Estimates ✓ No Call Out Charge ✓  
A Member of the BSI ✓ Electrical Certificates Issued ✓  
Part 'P' Registered ✓ Insurance Backed Guarantee ✓

**Tel: 01787 247043**  
email: [info@sbelectrical.biz](mailto:info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)  
Church Road, Little Waldingfield, Sudbury, Suffolk



MILL TYE GALLERY  
ARTS CENTRE

# Chris Bennett, R.O.I 'The Girl In The Moon' May 2025

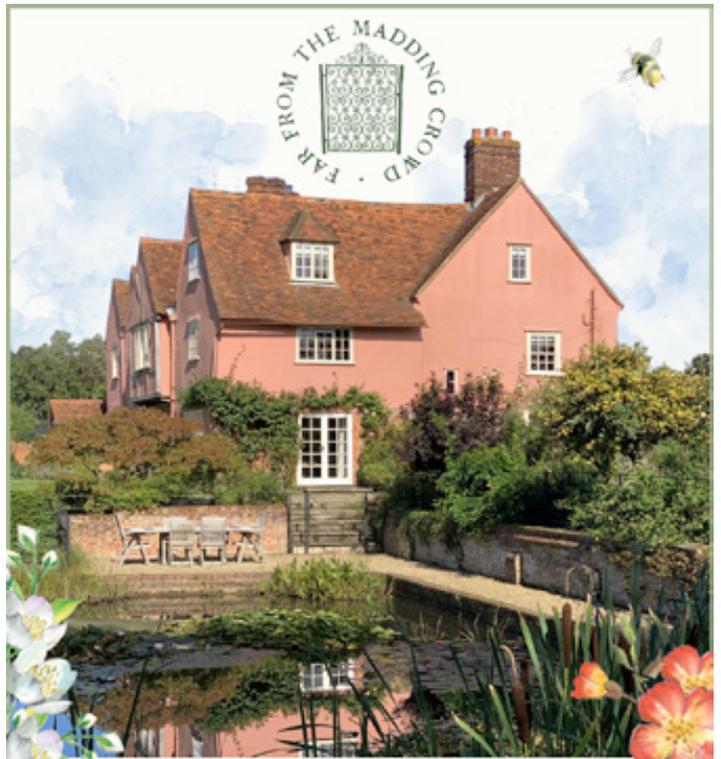
includes workshops and art classes.

The love of what we do is the giving of ourselves to the highest spirit. That's why the work must be as beautiful as we can make it, a precious object, a vessel for the soul food.



Mill Tye Gallery and Art Centre 3 Cornard Mills, Mill Tye, Great Cornard, Sudbury, Suffolk CO10 0GW Visit: [www.milltyegallery.co.uk](http://www.milltyegallery.co.uk)  
Open: Thursday to Sunday from 10:30am to 4pm. Free Admission.

Starts Saturday 3rd May — Ends Bank Holiday Monday 26th May [www.milltyegallery.co.uk](http://www.milltyegallery.co.uk)



## Creative workshops and courses set in a beautiful Suffolk surrounding

For more info on what's on and how to book go to  
[www.farfromthemaddingcrowd.co.uk](http://www.farfromthemaddingcrowd.co.uk)

Far From The Madding Crowd Events Ltd  
Leavenheath, CO6 4PU



An independent setting  
within Boxford Primary school

We offer term wrap-around care and  
Early Education for children aged  
**20 months - 12 years of age**

### Term time opening hours:

Monday - Thursday: 7.30am - 6.00pm  
Friday: 7.30am - 5.00pm

Set Pre-school sessions from 9.00am - 3.30pm

For school aged children, we deliver to Boxford school from  
Breakfast club and collect directly from the school.

### School Holiday clubs for children 20m - 12 years:

(pre-school children need to be in attendance at Sunflowers)  
Monday - Thursday: 8.30am - 3.30pm

**15 and 30 hours Early years  
government entitlement sessions available**

The Cabin, Stonestreet Road, Boxford, Suffolk. CO10 5NP

CALL US: **01787 211363**

Email: [info@sunflowers-childcare.co.uk](mailto:info@sunflowers-childcare.co.uk)

Web: [www.sunflowers-childcare.co.uk](http://www.sunflowers-childcare.co.uk)



## Ipswich Veterinary Centre

For a professional caring service

- 24-hour hospitalisation and emergency care provided on-site
- Advanced diagnostic imaging including CT scanning service
- Veterinary referral services
- Physiotherapy and hydrotherapy
- Pet behaviour counselling, dog agility and training classes
- Pet shop and grooming lounge.



An Independent Veterinary Practice  
with a personal approach

A member of **FIVP** Federation of Independent Veterinary Practices

Tel: **01473 555 000**

[enquiries@ipswichvetcentre.co.uk](mailto:enquiries@ipswichvetcentre.co.uk)  
[www.ipswichvetcentre.co.uk](http://www.ipswichvetcentre.co.uk)

1 Donald Mackintosh Way, Ipswich, Suffolk IP8 3SU

# THE SOFTBALL BOMBING RUN

Just outside the village of Lavenham stands an old WWII airfield that during that conflict was occupied by the heavy four engine bombers of the US 8<sup>th</sup> Air Force's 487<sup>th</sup> Bomb Group. The 3000 American servicemen stationed there knew it as Army Air Force Station 137 and along with the rest of the country welcomed the end of hostilities on May 8<sup>th</sup> 1945. The bomb group's official VE-Day celebrations were held over the long weekend of 25<sup>th</sup> - 27<sup>th</sup> of May. Amongst the dances, dinners, parties and shows, the most popular (and more unusual event) was an 'open to all' contest on the flying field to catch one of a dozen softballs dropped from a Piper Cub flying at 200 feet - the catchers being rewarded with a bottle of scotch!

Amongst the crowd present was 21 year old Gerald Obrecht the radio operator on B-17 'Bonnie Lassie' from the 839<sup>th</sup> Bomb Squadron. In 2000 he recalled...

*"...I was standing watching with Bill Cartmill, a waist gunner from our crew, refusing to get into the 'combat'. Each time the plane passed over they dropped one softball and I said to Bill I wouldn't be*



*The softball bombing run*

*by a bunch of thirsty GIs, Bill and I took off, got our prize and went back to our barracks. When all the guys arrived they of course wanted to sample it. I told them it was really going to cost them. They had to autograph the ball as the bottle was passed down the line, each one taking a drink out of it.*

*I still have the softball with those guys' signatures on it though some are a bit fuzzy now. Just one of those nice things you like to remember about the old gang."*

At the cessation of hostilities on May 8<sup>th</sup> 1945 the four squadrons of the Group had flown operations from Lavenham airfield for a little under twelve months, completed 185 missions (an average of one mission every two days) but lost 85 aircraft and 232 personnel. The group had also flown two different types of bomber having arrived with B-24 Liberators before making a swift and successful transition to the B-17 Flying Fortress in July 1944. They had also eventually achieved the best bombing accuracy in the USAAF's Third Air



*The author Gerald Obrecht (far right) with four of his fellow crew members outside their Nissen hut on Lavenham airfield.*

Division and led the 8<sup>th</sup> Air Force's largest mission of the war...and begun training for redeployment to the Pacific.

*Photos courtesy of the 487<sup>th</sup> Bomb Group Association.*

If you would like to learn more about Lavenham airfield and the 487<sup>th</sup> Bomb Group the 'Friends of Lavenham Airfield' (FOLA) offer a programme of guided walks over the summer season. For more information and how to book go to: [www.tickettailor.com/events/friendsoflavenhamairfield/1626111](http://www.tickettailor.com/events/friendsoflavenhamairfield/1626111)

*John Cashmore*

## CHOOSING OUR NEW BISHOP

Readers may recall that I wrote a column in December (page 32) commenting on the news of Justin Welby's resignation as Archbishop of Canterbury and on the process for choosing a new bishop to succeed Martin Seeley as our bishop here in Suffolk. The search for a new archbishop is under way and, inevitably, there has been much media speculation as to who it might be. Might it be a first female archbishop - or perhaps a bishop from overseas, given that the holder of the office is also head of the Anglican communion worldwide - a challenging role to hold in tension, as Justin Welby discovered.

Interest in who may succeed Archbishop Welby will be heightened following the death of the Pope on Easter Monday - just a day after he had blessed the crowds in St Peter's Square. In certain respects, the process for electing a new Pope is similar to that for choosing a new archbishop. In both cases, a two-thirds majority is required, but whereas 120 cardinals will be responsible for electing the new Pope, a much smaller group—the Crown Nominations Commission, or 'CNC'—is charged with the task of finding a new Church of England bishop or archbishop: 14 voting members for a bishop, and 17 to choose Welby's successor.

As I wrote in December, I have the privilege of being one of the six people elected to represent our diocese on the CNC. We meet at Lambeth Palace on 28 and 29 April to interview candidates and, if we can agree on a name to recommend to the prime minister for him to submit to the King for approval, we should learn some time in June who our new diocesan bishop is to be. As I also wrote, the process is, and must remain, confidential: indeed, we mutually promise not to disclose anything about our deliberations or any of the names we consider (we are not quite as restricted as the cardinals who will elect the Pope: as well as swearing an oath of absolute secrecy and, as the film *Conclave* showed, they are permitted no contact with the outside world for the duration of the election process. Their phones are removed, and no newspapers, television, letters or messages are allowed!). What I can say is that no one applies to be the next bishop of St Edmundsbury and Ipswich: rather, possible candidates are invited to take part in what is a mutual process of discernment (not all may accept the invitation), with interviews of short-listed candidates being one part of the selection process. A key document is the 'Statement of Needs' prepared by the diocesan Vacancy in See Committee (available to read on the diocesan website), which includes what amounts to a 'person specification' for the new bishop and sets out the opportunities and challenges that he or she will face.

Following Justin Welby's resignation, the CNC will be chaired by the Archbishop of York, Stephen Cottrell, with the Bishop of London, Sarah Mullally, replacing the Archbishop of Canterbury. There are six 'central' members, elected by General Synod, and the other five diocesan members are the Very Revd Joe Hawes (Dean of St Edmundsbury Cathedral), the Revd Tom Mumford (vicar of Ipswich Minster), the Revd Canon Sharon Potter (vicar of the Cockfield Benefice) Tony Allwood from Woodbridge (former lay chair of the diocesan synod) and Scarlett Blacker (an ordinand, studying at Westcott House). In addition, Sabrina Crooks, from Framlingham, has been co-opted as an additional non-voting member.

*David Lamming*

# PHOTOS AND STORIES FROM BOXFORD SOCIETY VILLAGE ARCHIVE

## Some more unusual features of Boxford Church.

In March 2025 we looked at some of the lesser known features of Boxford St Mary's Church. This month we look at some more.

The south porch takes pride of place as a new addition to our church in the 15<sup>th</sup> Century. The wealthy merchants of Boxford's flourishing cloth industry were leaving monies in their wills between 1438 and 1480 for a new stone porch, along with other sumptuous adornments for the church.



*A view of the south side of the church with its stone porch built in the last half of the 15<sup>th</sup> century. The much older tower from the 14<sup>th</sup> Century soars above.*

This generosity was partly the result of their Catholic belief that they would then spend less time in Purgatory.

The first record we have is of Roger Wygenhale who bequeathed 6s 8d for a new 'vestible', most probably the new south porch, in 1441. John Coe (Coo) leaves a gift of "a bed and tester of blue colour" to raise funds towards the new porch in 1452. A tester was a canopy, usually of carved and cloth-draped wood, over a bed. An early form of the four poster bed, it would have been extremely valuable. John Cowper dwelling at 'The Stone' (Stone Street or on Broad Street by the sarsen stone?) made a bequest "to new porch, in which I choose my place of burial £13 3s 4d" in 1465. In 1922 his Purbeck Stone memorial was still in the porch floor, but is now presumably covered over. It is thought a number of his family are beneath the present brick floor of the porch. Certainly an earlier John Cooper and Thomas Cooper, no doubt relatives, also left money in 1444 and 1451 for the porch. William Cowper (John of The Stone's son) of 'Caleys Street', now Calais Street, directed his body to be buried in the new porch too in 1473. Other gifts came from John Facon, Philip Pentecost, William Sampson snr, Thomas Bockyng, William Mawd, Robert Wascher and Margaret Reche. The last recorded gifts were in 1480 when Thomas Warr left 3s 4d "to the building of the new porch" and John Fen left 6s 8d "to the new porch". Perhaps by then the job was almost complete - an impressive financial feat for these wealthy and pious people.

The south porch was described by Pevsner (the important architectural historian) as "exceedingly swagger", and recently by a Suffolk historian as "swanky". It is built of an attractive limestone from Caen in Normandy. However the elements have heavily weathered it over 600 years. Religious image-defacing fanaticism has also reduced it to a more modest religious display. Two bays deep, it has four-light, unglazed windows on either side, with beautiful mullioned tracery. The windows are decorated within and outside, with two tiers of canopied niches which may have held saints' effigies. The outer walls display a variety of symbolic carvings including some that warn those outside the church of the doom awaiting anyone who challenged the beliefs of the period. The spouting heads are delightful and of varied design, suggesting different masons may have carved them. Inside the church one finds carvings of kinder faces.

Outside and on the east side of the porch by the north window are 'two faces under one hat' bearing some resemblance to the heads of Saints Peter and Paul, as are seen on ancient Roman Catholic Papal charters. This indicates the creative link the church artisans still had with their Roman Catholic faith. This was before Henry VIII came to the throne and declared himself the Supreme Head of the Church of England in 1534, thus severing ties with Rome to initiate the English Reformation.



*This carving on the porch's outer south wall seems weird being two heads in one hat, but will have been familiar to the villagers as St Peter and St Paul.*

*It has been heavily weathered by chemicals in the atmosphere and rain but this drawing shows what it would have looked like 30-40 years ago.*

On the west side there is a head and inscription 'Mari Sadoal' (Hail Mary) on a crown or hat. On this side there is also an eagle on a shield and the same bird is repeated just above. St. John is commonly symbolized by an eagle and here, along with Mary, represented the two chapels and two of the gilds within the church. Other carvings may be symbolism for the further three gilds of St Peter, St Christopher and Holy Trinity as it is likely all donors would have been members of one gild or another and expect to be represented.

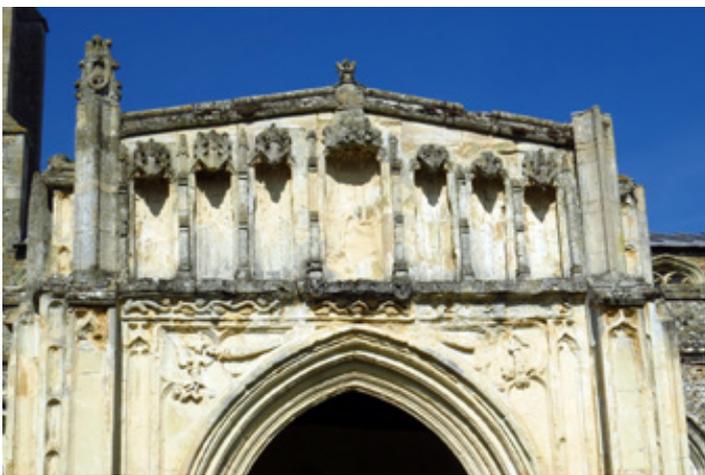
*Right: This head boss is on the west outer wall and has worn badly in the last 40 years. 'Mari Sadoal' (Hail Mary) is carved on a crown or hat.*



*Left: The west outer porch wall has two surviving eagles around a window - this is the upper one. There are traces of others and they represent St John.*

*The drawing shows the boss of the lower eagle on a shield which is matched with possibly a boss of St John's head opposite making a pair important to the 15<sup>th</sup> C villagers who had a gild and a chapel named for the Saint.*





The porch entrance shows the annunciation scene with Angel Gabriel walking on clouds. On the right is Mary, badly defaced around 1547 when Edward VI's (son of Henry VIII) reforms caused destruction of images, or alternatively the 1640's destruction due to Puritan ideals driven by rejection of Catholic superstition.

The niches in the upper part have very beautifully carved ceilings and are likely to have lost their saints at the same time, meaning the perfection of the carvings may have only survived about 70 years!

Externally the outer doorway of the porch features a row of seven canopied niches, with delicate little vaults. Did these house saints at some time? At the base of the centre niche are two minute shields, one on either side. On one, in recognition of the Crucifixion, is the reed with sponge and spear crossed. Below this is a grapevine with its branches depicting Christ and his followers and the Church. Below that is the Annunciation. In Christianity this is the announcement by the Angel Gabriel to the Virgin Mary that she would conceive a son, Jesus, by the power of the Holy Spirit. To the left of the arch is the Angel Gabriel with hair blowing in the wind and a scroll "Hail Mary, full of grace" and to the right a defaced Virgin Mary with her emblem of lilies by her side. At the time it was built 'churching' of women who had given birth took place in the porch, and marriages too will have been performed here followed by Mass inside. The door into the church from this porch is a fine example of perpendicular carving. It is unusual for a church to have three main doors of such age and quality.



The very quaint door with its ancient nails where clerics will have discretely entered.

The wooden north porch is historically important for this is late Decorated Gothic work, probably constructed during the second quarter of the 14<sup>th</sup> C and possibly also the oldest timber porch in Suffolk, or some say Britain. Presumably it was for this reason that Nikolaus Pevsner and James Bettley (revered church building experts) proclaimed it to be the most interesting feature of our

church. It was originally built and attached somewhere else but where is unclear. A range of former sites are possible. They include it being the remnant of an earlier wooden church on the site, or indeed from the Neling chapel which is thought to have existed between Hagmore Green and Peyton Hall when Boxford was still called Kodenham.



The North Porch today.

Other suggestions are that it was formerly over the south door of the church, as it fits so badly where it currently stands. If so, this could have been before the church was widened to include the south aisle and lady chapel (1468-1469). However, because of its age that means it must have been elsewhere prior to that too as the north porch is one of the oldest parts, if not the oldest part of the building. In 1828 it was referred to as the 'Death Porch' as coffins were brought in through the south porch and out through the north. It was fittingly described in the 1972 Fabric report as a 14<sup>th</sup> C carpenter's fantasy. He attempted to achieve in wood what stone masons were achieving in stone.



The north porch from a lithograph drawn in Victorian times. Was it really still so beautiful or is there artistic licence here?

There are references in the Church Warden's Accounts which indicate their concern for its maintenance. In 1700 they ordered two 7ft posts for refurbishment and in 1820 the wardens tried to get permission to pull it down along with the tower, (the oldest stonework in the church). Fortunately the bishop did not agree. However, it is true that the centuries have worn the north porch down to its present rustic appearance. Recently domesticated doves have chosen it as their dovecote and will not be shifted despite phenomenal efforts by the current church warden. Its deterioration is further hastened by the acidic nature of their droppings. In medieval times these domestic birds would have been housed in dovecotes around the village waiting to grace the richer peoples' dinner table. It is with great sorrow we see this remarkable piece of history fading away. Earlier drawings show it in its former glory and, even allowing for artistic embellishment, it is a thing of beauty.

Tina Loose



## NOW AND THEN

The spring Boxford Drama Group production this year was Elaine Horne’s play, ‘Now and Then’, a 2-act comedy spanning 100 years in the fictional Bailey’s Hotel in Bognor Regis. In the first act, set in 1910 - a period of British history which saw huge social and cultural upheaval, the management of the hotel wrestles with the profound changes to class and gender-based conventions. Running deep in the undercurrent of the very funny dialogue between the staff and guests, Elaine’s layered script deals with how female attitudes to patriarchal rule began to change with the Suffragette movement gaining momentum, as well as how a blurring of the borders between social strata during George V’s reign meant previously distinct corners of society started to chafe against one-another.

Mike Keith, as the hotel manager Mr. Swinton, did a great job in conveying the confusion of the establishment at this time in attempting to uphold traditional values and yet barely keeping the frayed edges together. Boxford Drama Group newcomers Jane Jeffries and Ellie Chamberlain, as dysfunctional mother and daughter Clarissa and Amelia Pinkerton-Smythe were the stars of the show with some fantastic characterisation and nuanced performances and long may they tread the BDG boards.

Act 2 saw us time-travel to 2010, where Bailey’s Hotel is now a boutique affair with high-tech retina scans and QR codes, special offers and staff flexi-time. However, where the play diverts from Act 1 with these up-to-date changes, strong parallels remain with the echoes of feminism, social mobility and the ruinous effects of war on families (as well as problems with hotel toilets!). Lenka Netopilikova put in a hilarious performance as the finance-savvy staff-member Katya and had the lion’s share of the night’s laughs whilst Hannah Carpenter’s Courtney showed how a liberated woman in modern times can be a source of real emotional strength.

Even with these layers of subtext and social commentary running throughout, Elaine Horne’s play was genuinely funny with both acts running a sub-plot of doomed-to-be-uncovered infidelities - Frances Korabik and James Tolputt in Act 1, and Alison ‘Wonder Woman’ Barlow and Peter ‘Batman’ Korabik in Act 2 as the hapless couples.

Well done to everyone involved, including the set design, lights, sound and all the catering and support team. A hugely entertaining run of 3 nights was enjoyed by sell-out audiences which is evidence of how much the drama group is celebrated! *Encore!*

*Thanks to Jeremy Morgan for the photos. More photos can be seen at <https://bit.ly/BDG-now-and-then>*



# GB Wall & Floor Tiling

Free Professional Quotation

Contact Gary Now: 07596 390 495

GARYBOOTHFLOORING1@OUTLOOK.COM

GB Wall & Floor Tiling is a high specification tiling company specialising in all aspects of ceramic, porcelain and natural stone tiling. Specialist designs, herringbone, victorian designs, mosaics. Full bathroom and ensuite refits available.

This is a family trade, spanning five generations of tilers and all works are carried out with personal and family pride.

I am also an ex-military veteran, with attention to detail and customer service being paramount.

Covering all of Essex and Suffolk

• OAP discounts • NHS discounts • Military discounts

Trade discount offered to purchase tiles.





**Set in the beautiful surroundings of Kersey Mill, Woodland's nursery offers childcare from 11 months to 4 years in four age-appropriate rooms.**

Within our enchanting garden, we help forge a love of the outdoors whilst educating children through play.

Children are taught by Qualified teachers who are also forest school trained. Most importantly our children make cherished memories with lasting respect for each other and their environment.



Dance, Yoga and 'All Sorts Tots' classes will help develop social and communication skills.



Email: [manager@woodlandsnurserykerseymill.co.uk](mailto:manager@woodlandsnurserykerseymill.co.uk)  
 WWW.WOODLANDSNURSERYKERSEYMILL.CO.UK

# MICROPLANT

08703 210256 / 07850 210256

E-mail: [charles@microplant.net](mailto:charles@microplant.net)  
 Website: [www.microplant.net](http://www.microplant.net)

- Mini Tractors
- Loaders
- Rough terrain forklift
- Skidsters
- Mini Diggers
- Post Hole Borers
- Hyd' Post Drivers
- Trenchers
- Rotavators
- Stoneburiers
- Power Rakes
- Harrows
- Mowers
- Associated equipment

Hire, Sales, Servicing & Repairs of Compact Tractors, Mini Loaders Fencing, Landscaping & Paddock Maintenance Machinery



Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader



## THE HADLEIGH VETS

EST. 2024



## Hadleigh's New Independent Veterinary Practice

As a new veterinary practice, we pride ourselves on building genuine relationships with our customers and their pets - because taking our time to get to know you is the key to delivering an excellent and personalised level of care.

We run a modern, purpose-built veterinary practice which is designed without compromise to provide an excellent standard of pet healthcare for Hadleigh and surrounding areas.



Crockatt Road, Hadleigh IP7 6RH  
 01473 598400

To find out more and register, visit [www.thehadleighvets.com](http://www.thehadleighvets.com)

## HADLEIGH & BOXFORD PPG

**Out of Hours Doctor:** Need a doctor when the health centre is closed, including weekends? Call 111 for advice and details of your nearest 'out of hours' duty doctor.

**Covid Vacs:** The practice gave a total of 1,300 Covid jabs; 1140 on 5<sup>th</sup> April and the rest in local care homes. 50% of patients booked direct via the Anima text link which helped reduce calls into the surgery by 600. Approximately 60 patients did not show up. Sincere thanks to all involved for giving up their Saturday to ensure that we all have further protection. If you missed the health centre's clinic see the following website for alternative venues: <https://bit.ly/book-covid>

**Other Covid Vac Venues:** Covid vacs are available at Mill Pharmacy but by appointment only. For further details either check at the pharmacy, call 119 which is free, or book online. See link below. Use the same website link to find your nearest walk-in centre where appointments are unnecessary.

**Anima:** The number of patients who have registered with the online triage system, Anima, is increasing. However, some patients have still not registered. Have you? If not, it would be wise to complete the registration process before you become unwell and need to use it. You can register via one of the website addresses below or by using your NHS app. You can create your own unique Anima username and password. If you are struggling with it you can telephone the surgery, a care navigator will help you. All requests for an urgent on the day appointment, a routine GP appointment, home visit or a medication review should be submitted via Anima. However, appointments for nurses and blood tests etc. can still be arranged over the telephone. If you do not have access to a computer or mobile phone there is no cause for concern. You will still be able to make appointments in the usual way.

**IT Help:** Once a month *Communities Together* offer helpful IT advice in the upstairs room of Hadleigh Library. The next session will take place on Tuesday 6<sup>th</sup> May from 10am to 12noon. Booking is essential as places are limited. Call Tracey 01449 707031 or email [info@communitiestogether-ea.org](mailto:info@communitiestogether-ea.org)

**Manic Mondays:** Patients making use of Anima have already had a positive impact on the overall number of telephone calls. However, there is still a mad rush on Monday mornings. If your call could wait then please choose another time to contact the practice or just use Anima. This will be less stressful for you and free up telephone slots for more pressing cases.

**Patient Car Park:** This area is strictly for patients visiting the practice. If you have to use the Babergh's Toppesfield car park when you have a health centre appointment you can register your car inside the practice and have 2 hours free parking. The relevant machine is sited inside the practice in the old pharmacy area. Please be aware that this concession only applies to patients visiting the practice for an appointment or medication. Blue badge holders do not have to pay but must clearly display their badge.

**Art Display:** Carla Wiggins' artwork is now on display in the waiting area. Her peaceful seascapes are for sale with some of the proceeds going to the practice's charitable trust.

**Used Blister Packs:** Did you know these can be recycled? Boots in Ipswich and Sudbury (but not Hadleigh) will accept the spent packaging from your tablets.

**Both practices:** 01473 822 961

**Anima link:** [www.hadleighhealth.co.uk/anima](http://www.hadleighhealth.co.uk/anima)

**NHS app:** [www.nhs.uk/nhs-app](http://www.nhs.uk/nhs-app)

**Website:** [www.hadleighhealth.co.uk](http://www.hadleighhealth.co.uk)

**Facebook:** <http://bit.ly/Hadleigh-Group-Facebook>

**PPG Chair/ Art Work:** Jan Devey [deveys@btinternet.com](mailto:deveys@btinternet.com)  
01473 827091 or 07881 798999

## BOXFORD & DISTRICT BOWLS CLUB

We are looking forward to the official opening of our bowls green for the beginning of the season on 27<sup>th</sup> April. Lots of our club members have been working during our shutdown in the winter to look after the green and make it match ready. So thank you to Malcolm Grimwood, Mike Billington and Jerry Zoers, who are regularly at the club mowing, feeding, sowing, watering etc. Jerry in particular should be mentioned as he has repaired and got some of the equipment used to maintain the green and the bowls club back into working order. I will be suggesting you join the team on BBC's The Repair Shop! Thanks Jerry.

We also thank our 'swishers' for swishing the worm casts off the green on a regular basis - great exercise but it must have been a bit chilly on the green early in the morning. Last but by no means least our 'gardeners' - Cynthia Hollingsworth and Pam Howard, have been tidying up the flower beds, pulling out weeds, planting some new plants and getting it all ready for the spring. You have transformed the garden, ladies.

We must also thank the captains of our teams, who over the winter have been busy scheduling in matches. This involves lots of co-ordinating diaries with many other clubs in the area - certainly not an easy job. Thanks everyone!

### FREE COACHING FOR NEW PLAYERS

Now that we are looking forward to our outdoor bowls season, we are keen to find some new players to join our club. It is a lovely



club just behind The Fleece - the setting for bowling is beautiful, the club members are all very friendly and you will be given fantastic coaching by two qualified and experienced coaches. If you think you would like to see what it's all about and have a go at bowling a few bowls up the rink, we are starting lessons on **Saturday 17<sup>th</sup> May at 10am**. Contact Barry (01787 370225) or Steve (01787 211153) for more information.

Just come along with flat-soled shoes or trainers and we supply the rest.

We would love to meet you and hope you may enjoy the sport as much as we do. What can be better than bowling on a summer's day and enjoying the company of our very friendly bowlers - oh, and a cup of tea or coffee and a biscuit at the end of the match!

Looking forward to seeing all our bowlers very soon.

*Roz Mortlock*

## MILDEN CRICKET CLUB

Three rounds of county championship cricket have already been completed and there are only a few days to go now till Milden's eagerly awaited first match of the 2025 season, away at Woolpit on Sunday 27 April, with a 1pm start. Another away game, at Woolpit's near neighbour, Elmswell, follows on 11 May, with the first home game, against Brockley, on 18 May. Reports, hopefully with some action shots, will be in the June BRN.

We are a friendly club and welcome spectators at all matches. We are also looking to recruit new players: see details on page 37 of the April BRN. At the present time, please contact club vice-chairman Richard Robinson, who is acting team manager, on 07807 229447 (e-mail [rwerobinson@aol.com](mailto:rwerobinson@aol.com)) or club captain Alex Cunningham (mobile 07919 174868; e-mail [alexcunningam1@live.com](mailto:alexcunningam1@live.com))

# FEEDBACK FROM JAMES FINCH

## County Councillor for the Stour Valley

### Council continues to oppose pylons in final round of consultations

Suffolk County Council maintains that more can, and should, be done to improve National Grid's plans for their Norwich to Tilbury pylon project.

A final round of consultation for the project in Suffolk was completed on 3 March 2025, ahead of an expected Development Consent Order (DCO) application later this year.

The county council has welcomed a series of changes to the latest set of plans, evidence that National Grid has listened to some of the council's concerns and those of local communities. However fundamental differences remain, with the council clear that offshore and undergrounding solutions should be priorities for the scheme.

One blow came at the beginning of this latest consultation, with National Grid writing to local leaders in Norfolk and Suffolk saying that there would be no undergrounding in the Waveney Valley.

At the next stage of the process, when the Planning Inspectorate is presented with the plans, the Suffolk County Council (SCC) will continue to pursue our preferences for no pylons at all, to make the scheme better and safer for our communities. But should pylons ultimately be given the go-ahead across Suffolk, Norfolk and Essex, despite our opposition, we will continue to work with National Grid to make sure communities are fairly treated and compensated – something which has not yet been evident.

One of the considerable changes that SCC believes is possible in the current set of plans, is the option to remove some existing powerlines between Bramford and Lawford. SCC believes that National Grid, UK Power Networks and the regulator, Ofgem, should work together to investigate removing this line, which goes through two National Landscapes and passes close by the iconic Willy Lott's cottage at Flatford.

SCC's response to the latest, and previous, consultations can be found at [suffolk.gov.uk](https://www.suffolk.gov.uk)

### 97.5% of pupils receive a place at one of their preferred Secondary Schools on National Offer Day

This year parents and carers of 97.5% of children were offered a place on National Offer Day at one of their three preferred schools and 91.9% were offered a place at their first preference school.

SCC received 7831 applications from parents and carers indicating which secondary school they would prefer their child to transfer to in September 2025.

Families who applied online can log in to the online service to see the school their child has been offered. They will also receive an email to confirm this offer unless they have indicated that they do not wish to. Letters will be sent to parents who made a paper application by second class post on the 3<sup>rd</sup> of March 2025.

Once school places have been confirmed, parents and carers need to consider how their child will get to and from school. If their child is eligible for Suffolk County Council funded school travel, they should have received an email by Thursday 3 April 2025 with details of how-to opt-in and when.

Further information on secondary school admissions can be found at [www.suffolk.gov.uk/admissions](https://www.suffolk.gov.uk/admissions).

### 200 new specialist SEND places for Suffolk costing £18.6 million

The creation of 200 new specialist places across the county for children and young people with special educational needs and disabilities (SEND) is set to be considered by Suffolk County Council's cabinet.

An extra 100 places could open this year for this year's autumn term, and another 100 new places by September 2026, with further plans being drawn up. These places will be spread across Suffolk and tailored to meet need and demand with the objective of keeping pupils within the county and closer to home. The plan presented to cabinet on 1<sup>st</sup> April outlines how £18.6million could best be spent to support the growing population of SEND children and young people

who need specialist education. Over the last five years, Suffolk pupils accessing special schools and units attached to mainstream schools has increased by over 40%.

The proposal includes

- £3million to be spent on small groups and units in mainstream schools from September 2025 and
- £12million to be spent on developing satellite units linked to existing special schools across Suffolk from September 2026.
- The remaining £3.6million is earmarked for further SEND provision.

In the past five years, 1,025 new specialist SEND places across Suffolk have been agreed

### One new council is voted the best option for Suffolk

SCC's cabinet has approved an interim plan for local government reorganisation in Suffolk which was submitted to ministers on 21<sup>st</sup> March 25. <https://bit.ly/scc-interim-plan>

A full business case will be submitted in September 2025, following extensive engagement with residents, town and parish councils, businesses and local organisations.

The key benefits of one council are:

- **Simpler for residents** – one council would make it easier to understand and contact local government
- **Clearer accountability** – there would be less confusion over who is responsible for what
- **Better use of funding** – a more coherent, strategic, financially sustainable, county-wide approach to budgeting
- **Safer services** - less risk of breaking up critical services like social care and better alignment with other agencies like health and the police
- **Better alignment of services** – since everything is under one roof, services can be more easily coordinated, creating opportunities to improve services for residents
- **More efficient decision-making** – with just one council, decisions can be made more quickly
- **Connected to and empowering residents** - providing both the most straightforward and accountable democratic leadership with enhanced neighbourhood and community engagement
- **Stronger leadership** – a single, visible and accountable body providing a clear strategic voice for Suffolk.

Early indications of analysis carried out nationally by the County Council Network has demonstrated that a single unitary council for Suffolk would have a recurring financial benefit of almost £26 million a year – with the net benefit after 5 years being over £103 million. Local analysis of data suggests that the national figures are reasonable. The government has launched their engagement on their proposal to create a Mayoral Combined County Authority across Norfolk and Suffolk. Web link: <https://bit.ly/norfolk-suffolk-devolution>

### New Travel Toolkit to give young people the confidence to travel independently

A new Travel Toolkit has been launched to help young people to feel confident to travel independently on public transport.

The Independent Travel Toolkit is a website designed to assist young people in learning the skills needed for independent travel, featuring guidance for parents, guardians, carers, schools, and the young travellers themselves. The website is now live: [www.independenttraveltoolkit.com](https://www.independenttraveltoolkit.com).

The Neurodiversity Awareness Week (17<sup>th</sup>-23<sup>rd</sup> March) highlighted the importance of being inclusive within our schools and communities to people who are neurodivergent - who think and learn a little differently than most people, such as young people with ADHD, Autism or Dyslexia. Using public transport can often be a challenge for neurodivergent young people.

### East of England local authorities collaborate to appeal for more Foster Families

Eleven local authorities across the East of England have joined

forces in a bid to collectively recruit more foster carers to look after some of the region's most vulnerable children.

Suffolk is taking part in a new initiative for fostering under the banner Foster East. There is an urgent need for foster carers in the East of England with more than 7,000 vulnerable children already in the care of their local authorities, and a further 150 children coming into care every month.

This has led to having access to powerful new films promoting the importance of local fostering. – on the Suffolk website. Visit [fosterandadopt.suffolk.gov.uk](http://fosterandadopt.suffolk.gov.uk)

James Finch

[james.finch@suffolk.gov.uk](mailto:james.finch@suffolk.gov.uk)

Tel: 01206 263649 / Mobile: 07545 423796

## FEEDBACK FROM BRYN HURREN Babergh District Councillor for Box Vale Ward

Firstly some good news from myself, my long awaited knee replacement surgery was carried out on the afternoon of 3<sup>rd</sup> April 2025 and I was home just after teatime the following day. Great job done and great speed as well, this operation was carried out at the new recently opened joint Ipswich and Colchester Hospital Orthopedic ward attached to Colchester Hospital. Superb facility run by our NHS for everyone and a brilliant facility we should all be proud of. I also am making a good recovery and despite missing one full council meeting along with a home Ipswich Town Premiership match, I will be back up and running (limping) very soon.

Back nearer to home, I am becoming more aware of the growing need for good mental health. While this has never been an issue for myself, due to my many outside interests including sport, politics, music, growing my own food to eat through horticultural and gardening activities and the arts, others are not so fortunate to have access or interest in these facilities. I feel quite clear that our young people are most, although not exclusively, affected by recent events in our history. The Brexit issue, which wasn't even properly debated became a them-and-us, black-and-white issue with the meaningful facts buried under lies and false statements which diverted any chance of any real debate and of course it is the younger generation who will have to bear the brunt of the fallout for many years ahead. Also the pandemic years which resulted in real fears for those who lost out on education, just normal growing up, playtime and respite from life's normal trials and tribulations. Include in this the valiant efforts of our health workers and public sector staff who after battling through a dreadful scenario to save and keep the country afloat, had then to plead for a living wage increase for themselves for all their efforts. Couple this with all the public monies that went missing on non-workable schemes through a fast lane of government incompetence to mainly offshore accounts. It becomes obvious why many people feel lost, disenfranchised and disheartened at where we are now and the futility of those lost years. Let's hope that the findings of the covid and other enquiries are acted upon.

The loss of many of the fringe services and charities that pick up and help the fallen and wounded in society, due to budget cuts, lack of finance and misappropriated monies is also truly shameful. Once lost it is so hard to replace them.

Time maybe now to look at the performance of the new government. After 10 months in power, have we seen a difference? Yes definitely, in both good and not so good ways.

Firstly it will be hard to judge any political party whose policies are anywhere to the left of Genghis Khan and Attila the Hun, because of the right wing sausage machine which regularly churns out from their inner depths a diet of misinformation, lies, exaggeration and pure crap. While all political parties spin the facts a little in their favour, including the LD's, what we have now is purely shameful. Like in advertising, firms are fined and heavily punished for making false claims and statements, why cannot it be the same for politicians and those that govern us at every level? While the Bojo, Truss

and Sunak years are now seen and recognized as a complete joke by most reasonable people across the land, it is three Prime Ministers too late. Just think of what the USA is becoming.

Secondly to be fair, the new government has shown a much higher level of competence than we have been used to and also have reacted and reached out to local government as well. The total amount of available monies for them to invest in services and investment for our beleaguered nation has been nil, due to previous governments' incompetence and fighting for themselves at the public money trough. This has not been helped by their botched attempts at screwing the last ha'penny out of employees and employers alike through N.I.C. contributions and a screwball inheritance tax for family farms which should always remain in the hands of the only people who know what they are doing: the farmers themselves.

The extra money going into defence is good, the money taken out of overseas aid is very bad and will make it difficult for worldwide and emergency agencies, such as Red Cross, Women's Aid and many others to work at all and punish the innocent and afflicted even more.

Above all, where are the taxes on aviation fuel? An extra £10 on a ticket will raise millions in tax, cut out some of the pollution by reducing needless flights and hopefully teach people that a clear sky is the air that people breathe, not a playground for needless jollies and travel.

Why are firms who trade within our shores but somehow claim to have an office overseas or in the clouds not taxed appropriately and it's not just the one whose name begins with 'A', which escapes me at this moment. Why not the fossil fuel giants who should have a wealth tax imposed on them for the eye-watering profits made during the covid and following years.

Billions going begging there. Then the utilities whose shareholders have ripped the heart out of the industries they hoovered up and the pants of us. Must be payback time soon.

It is just not true that all wealthy people hate paying tax, most of them wish to live in a fair country with good services and prospects for all. So Labour government, take off your blue make up and start building our society up again with fair taxes with a real purpose, to one that every level can be proud of.

Must do better, just 6 out of 10 so far, still so much to do to bring back hope to this nation and its young and older residents alike.

Within my ward I have had many challenges since the beginning of the year but most of them are being turned around now, to my and the constituents benefit as it should be. More about them in the June edition of the BRN. Done forget to read it, superb publication as was said by a national journalist who lives within my ward.

Not allowed to drive yet but by the time you read this. Yeeees.

*Much Love,*

Bryn

[bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk)

Tel: 01787 210854 / Mobile: 07771 508348

### Bates Wells & Braithwaite



#### Expert legal help for business and for individuals...

- Accident claims - Commercial and company law
- Commercial property - Commercial German legal services
- Employment - Environmental Law -
- Estates, trusts and wills - Family and children
- Farming and rural business affairs
- Health and safety - Licensing - Litigation/mediation
- Residential property - Rural business affairs

#### Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury CO10 2AD  
T: 01787 880440 E: [solicitors@bwblegal.com](mailto:solicitors@bwblegal.com)

# PARISH COUNCIL UPDATES

## GROTON

### Summary of Council Meeting 5<sup>th</sup> March 2025

**Present:** Piers Roberts, Sarah McGrath, Nigel Chapman, C Hearn, Richard Jones (Clerk). **Guests:** J Finch (Suffolk County Council) B Hurren (Babergh District Council)

**Apologies for absence:** A Dixon-Smith, M MacKay-Morris, R Cheeseman.

**Councillors' Declarations of Interest in any item on this Agenda:** P Roberts declared an interest in item 7.2 as a member of the PCC committee from whom a charitable donation application had been received.

**Groton Traffic Assessment Funding:** N Chapman and C Hearn had met with Imogen Tink from BMSDC regarding the possibility of securing grant funding for traffic calming measures. While there were grants available for many things, it appeared that the best option was to try for county and district regional CIL funding.

**Financial Matters:** The Statement of Finances and Orders for Payment were approved. Charitable Donations 2025/25 – Two applications had been received and it was agreed to grant the following: Groton PCC - £400 towards the upkeep of the churchyard. Boxford Primary School - £500 towards the replacement of a broken climbing frame with a wooden obstacle course. Review of Clerk's Home Working Allowance – in view of the increase in energy charges It was agreed to increase the clerk's monthly home working allowance from £5 to £7.

**Planning Matters:** Planning applications received - DC/24/05493 4 Castlings Heath. Householder application - erection of a two storey side extension, single storey rear extension and porch extension. An objection from neighbours had been made to BMSDC regarding the size of the gap between the proposed extension and the neighbouring property. In view of this, councillors agreed to support the application on the understanding that the objection from neighbours was resolved satisfactorily.

**Highway and Footpath Matters:** Potholes at the junction of Daisy Green, Park Corner and Church Street had been reported to SCC.

**Village Hall Matters:** C Hearn reported that the VH committee was applying for several grants to help fund essential work including security lighting, electrical testing and improvements to footpaths and access. The chairman reported that quoted legal fees for extending the PC's lease of the land was prohibitive and the PC would now pursue other more cost effective ways of ensuring the future of the hall as a community asset.

**Date of next meeting:** Wednesday 7<sup>th</sup> May 2025 Annual Parish Meeting and AGM.

Full minutes can be found at:

<http://groton.onesuffolk.net/parish-council/documents/>

**Richard Jones**

01473 828246 / [grotonclerk@yahoo.com](mailto:grotonclerk@yahoo.com)

## EDWARDSTONE

### Summary of Council Meeting 17<sup>th</sup> March 2025

**Present:** M Gibson, T Wood, R Norman, L Smyth, J Morgan, E Breeds, R Jones (Clerk) **Guests:** B Hurren (Babergh District Council)

**Questions and Reports from Members of the Public:** Two residents from the Priory Green area of the parish addressed the meeting to request a defibrillator be installed in that part of the village as currently the nearest one was in Little Waldingfield parish.

Councillors agreed to this in principle provided funding could be attained for the purchase and initial installation and set up costs as well as ongoing maintenance and parts replacement. The residents to look into costs. etc, and report back to the Council. J Morgan reported that the defibrillator at Mill Green had been used but he had not been informed and only found out upon doing his regular check. This could have proven disastrous if it had been needed again. He agreed to find out how he should be informed if the defibrillator is used, and who would provide this information.

**Financial Matters:** Statement of Finances & Orders for Payment and Q3 accounts were approved. Use of CIL funding – £1,000 had been paid to the Millennium Green Trust to help fund new swings for smaller children. R Norman was pleased to report that the project was now fully funded. Other financial matters - In view of the increase in energy charges It was agreed to increase the clerk's monthly home working allowance from £5 to £7.

**Planning Matters:** 5 Mill Green. As part of the original planning approval, the boundary hedge to the side of the property was to remain. However, the hedge had been removed and replaced with fencing, contrary to planning permission. BMSDC had been made aware of this and the parish council was awaiting feedback.

**Climate Change:** Electric Vehicle Charging Points – M Gibson reported that the lease between SCC, Connected Kerb and The White Horse had been agreed. An agreement between the PC and The White Horse was still to be finalised. E Breeds reported that a position for charging points had been agreed but due to limited parking, non-electric vehicles would still be able to use the spaces at busy times.

**Highway & Footpath Matters:** Footpath cutting – the clerk had agreed with the contractor that three cuts were to take place in early May, Mid-June and late July. R Norman, M Gibson and T Wood to liaise regarding the widening of the footpath bridge to enable access for the grass cutting equipment. Other highway and footpath matters – M Gibson had spoken with representatives from Waldingfield and Newton PCs regarding the opening up of historic footpaths which would extend the current footpath from Edwardstone Church to Waldingfield and beyond. A 'casual' focus group would be meeting on 29 April to discuss this further, L Smyth agreed to attend as a second EPC representative.

**Date of next meeting:** Annual Parish Meeting and AGM 19<sup>th</sup> May 2025

Full minutes can be found at:

<http://edwardstonepc.onesuffolk.net/parish-council/minutes>

**Richard Jones**

01473 828246 / [edwardstoneclerk@outlook.com](mailto:edwardstoneclerk@outlook.com)

## NEWTON GREEN

### Summary of Council Meeting 19<sup>th</sup> March 2025

**25/046 Councillor Vacancy:** The clerk reported that an application had been received from Russell Bower to fill one of the councillor vacancies. After reviewing the letter the councillors agreed that Mr Bower should be co-opted as a member of NPC.

**25/049 Clerks Report:** Following a review of the clerk's report, the clerk also updated councillors that he had approved the replacement of a shed and water tank on an allotment as they did not exceed the dimensions of the items being replaced. He also updated councillors of the maintenance of the play equipment on the 20<sup>th</sup> March 2025 and the Forever Fit Equipment on the 31<sup>st</sup> March 2025.

**25/052 Pedestrian Crossing:** The clerk updated councillors that the traffic survey is to be undertaken between the 20<sup>th</sup> and 27<sup>th</sup>

March 2025. SCC Highways will be analysing the data once complete and there should be an update before the April meeting.

**25/054 Parish Survey:** The councillors agreed that due to the ongoing pedestrian crossing project, that they will consider the timing of the parish survey at the May meeting.

**25/057 Village Hall & Trust Updates:** Cllr Taylor updated councillors that the Trust had received a £200,000 easement from the developer of the properties behind Juglans, installed additional signs on the green by Juglans and the water pipe installation to Saracens Cottage. Cllr Schwenk updated councillors that the windows installation at the village hall was now complete, the re-painting of the hall is now being planned, and the committee were looking at the resurfacing of the car park.

## Summary of Council Meeting 9<sup>th</sup> April 2025

**25/069 Pedestrian Crossing:** The clerk updated councillors that the traffic survey had been analysed and that the results have meant that both a zebra and pedestrian crossings would be considered by SCC Highways. However, the number of pedestrians crossing the road did not warrant a controlled crossing. This has meant that the suppressed demand for a controlled crossing would now be taken into consideration.

**25/070 Neighbourhood Plan:** The councillors reviewed the indicative numbers of dwellings that Babergh are proposing for Newton (86) over the next 20 years and agreed that Cllrs Presland and Evers would now plan for the review of the Newton Neighbourhood Plan.

**25/071 Consultations:** The councillors reviewed Babergh's consultation on their proposed changes to the Statement of Community Engagement. The major change being proposed is that neighbours will only be notified directly when planning applications of 10 or more homes are being proposed. They will continue to post site notices for all planning applications. The justification for the proposals is to save £63,042 based on the 2023 / 2024 costs.

The councillors were disappointed with this proposal, in particular the notification to neighbours for new homes as this would have meant that all the approved planning applications in Newton over recent years, that have increased the village by 37 dwellings, would not have been notified to neighbours. In a rural village setting an arbitrary number of 'more than 10 homes' is inappropriate. Newton Parish council would urge Babergh to continue with the notification of neighbours for all applications involving new dwellings as this is seen as a vital communication link with the community, that a site notice does not fulfil.

The councillors reviewed the government's consultation on Mayoral Combined County Authorities and found the consultation was too distant with meaningless questions and options.

**25/073 Walk of the Parish:** Councillors were extremely disappointed that the tennis net, purchased last August, has been damaged to such an extent that it is not fit for purpose. Reluctantly, the councillors confirmed their previous resolution and are no longer prepared to finance any further replacements. The existing net will be taken down by Cllr Presland. Cllr Presland raised the issue of dog litter in and around the allotments. He will discuss with allotment holders the issue of access to the allotments from the side nearest to the houses with the clerk writing formally to all households adjoining the allotment land and other allotment tenants, outlining the plans.

**NPC is looking for applicants to fill the councillor vacancy. If you would like more information on the role, please contact Dave Crimmin as below.**

Full minutes can be found at: [www.newton-pc.gov.uk](http://www.newton-pc.gov.uk)

**Dave Crimmin** CiLCA, PIALC, PSLCC  
01787 375085 / [clerk@newton-pc.gov.uk](mailto:clerk@newton-pc.gov.uk)

## BOXFORD

### Summary of Council Meeting 25<sup>th</sup> March 2025

**Public Forum:** A resident reported that the pothole on School Hill has become incredibly dangerous. This has been reported to SCC online. CCllr Finch will look into the report as a matter of urgency. Cllr Wortley advised that more people should report the matter online so it keeps flashing up the SCC to deal with.

A resident asked for an update on the Housing Needs Survey. The clerk advised that Hugh Phillips had agreed to continue with the matter and had arranged to meet with Community Action Suffolk to discuss. The PC will make contact with Hugh to ask for an update.

A representative for Natural Boxford asked the PC whether there are plans to replace the trees that have been removed from the village as per the Biodiversity Statement. Cllr Warren asked if Natural Boxford could make suggestions of where in the village more trees could be planted; the PC will then make arrangements.

The meeting was updated on the works being carried out at The Old Gaol. Materials have been decided for the historic information, it is hoped to be open by the end of May.

The PC were asked for an update on the village car park. Cllr Stafford advised that Heads of Terms have been agreed with the owning family. A valuation with outline planning permission is being sought for Bell House. The representative for Natural Boxford pressed the importance of geological surveys in line with the biodiversity statement.

The meeting was updated on the disappointing decision to continue with the closure of the surgery. The volunteer group received a letter from the ICB. The group will now reconvene to agree the next stages. It is felt the community response was not even read. The debate is still on going.

**District Council Report:** DCllr Hurren's full report can be found on the BPC website. DCllr Hurren commented on the devolution white papers and the Joint Local Plan.

**County Council Report:** CCllr Finch's full report can be found on the BPC website. CCllr Finch commented on the devolution white papers.

**Finance:** The finance report was accepted.

**Cemetery:** It was resolved to continue to accept grave reservation, the price will be increased to £99 for a Boxford Resident. It was resolved to accept the quote to have the cemetery surveyed, to create an accurate plan. Fees for the cemetery will be looked into further to decide if they need increasing.

**Permissive Path:** Cllr Stafford wished to advise that the resident has agreed to re-open the permissive path and has already cleared hedges and installed CCTV. The resident will keep the responsibility of maintaining the path.

**Date for Annual Parish Meeting:** Saturday 26<sup>th</sup> April 2025 at 10am, in the village hall.

**Planning:** The full planning details can be seen in the minutes on the BPC website (<http://boxford-pc.gov.uk>)

**Date of Next Meeting:** 22<sup>nd</sup> April 2025 at 7pm in the village hall. Parish Council (PC) Meetings are on the 4<sup>th</sup> Tuesday each month except in August and December. They are held in the village hall starting at 7pm. All are welcome to come along and observe and there is a regular item to allow residents a short time to comment and raise items.

Full minutes and other documents mentioned above can be found at: <http://boxford-pc.gov.uk>

**Zoe Rumsey**  
01787 739317 / [clerk@boxford-pc.gov.uk](mailto:clerk@boxford-pc.gov.uk)

# THE GLOW PRO



## Embrace Refreshed Skin This Spring

...The sweet smell of cherry blossom in bloom and golden daffodils swaying in the breeze are sure signs that spring has sprung!

And with the season in full swing, there's a sense of renewal in the air.

Whether you're prepping for a long-awaited holiday, gearing up for wedding bells, or simply looking to rejuvenate, this article is dedicated to treatments and tips to help you feel refreshed this season.

## Boost Your Radiance with Skin Boosters

If your skin feels crepey, dull, and unresponsive to even your richest moisturisers, don't lose hope! Prophilos is a powerful skin booster (think of it as an injectable moisturiser) that works from within, enhancing hydration whilst stimulating your natural collagen and elastin production.

Unlike dermal fillers, it won't add volume or reshape your features. What it will do is restore your skin's luminosity, giving it a new lease on life and a youthful 'bounce'.

The best part? Besides from looking effortlessly glowy, the results are undetectable!



## Scrub Away the Day



For skin that feels congested, clogged, or just a bit 'meh', it might be time to gently buff away those dead skin cells that can linger at the surface. As with anything, moderation is key, and just because it's called a facial scrub doesn't mean you need to scrub!

Aim to exfoliate 2 to 3 times per week (depending on your skin type), or even better, treat yourself to a professional

Microdermabrasion for sparkly skin that feels squeaky clean.

## Moisturise Without the Weight

After months of layering on thick moisturisers to nourish flaky winter skin, it's time to lighten things up. As the temperatures rise (hooray), our skin still craves hydration, but without the extra weight.

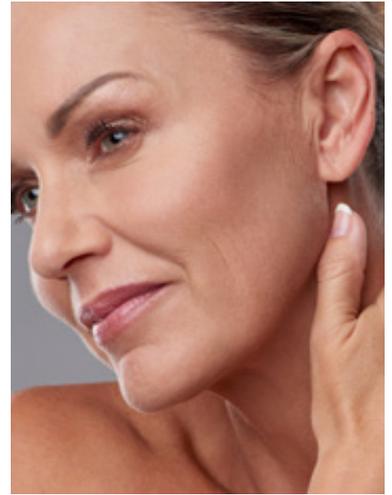
To keep your complexion dewy without the greasy residue, opt for a more breathable moisturiser, such as a gel-based product. This will quench your skin's thirst without clogging your pores.



## Radiofrequency Skin Tightening for a Natural Lift

If you think a firmer jawline always requires invasive treatments, think again! Celebs like Anna Kendrick, Kim Kardashian, and David Beckham praise Endymed for its natural skin-tightening results.

Imagine your collagen as a slinky - over time, it stretches and loses its elasticity. Endymed's heat energy helps to 'snap' it back into shape, giving you a more sculpted look. It's relaxing, quick, and has no downtime, making it the perfect pre-event glow-up treatment.



## Reset Your Skin with a Chemical Peel

Spring is the perfect time to hit the refresh button with a chemical peel. I know 'chemical peel' might sound a bit pokey (and okay, depending on the strength of the peel, it can tingle), but think of it as a deep seasonal cleanse for your face.

From sun damage and hyperpigmentation to uneven texture and acne scars, chemical peels help to sweep away the signs of weathered skin to restore a more even-toned complexion, just in time for summer!



Helena x

office@suffolkmedicalclinic.co.uk  
01787 211 000



# DIRECTORY OF CLUBS & ORGANISATIONS

## CLUBS & GROUPS

Boxford Bellringers	<i>Richard Gates</i>	<b>01787 210432</b>
Boxford Bible Study Group	<i>Peter &amp; Margaret</i>	<b>01787 211077</b>
Boxford Bike Club	<i>Kevin Bridge</i>	<b>07876 798617</b> <a href="http://www.boxfordbikeclub.co.uk">www.boxfordbikeclub.co.uk</a>
Boxford Bowls Club	<i>Lea Blackham</i>	<b>01787 210313</b>
Boxford Carpet Bowls	<i>David Warren</i>	<b>01787 211067</b>
Boxford Drama Group	<i>Janice Macmillan</i>	<b>07779 303690</b> <a href="mailto:janice.macmillan@yahoo.co.uk">janice.macmillan@yahoo.co.uk</a>
Boxford Friendship Group	<i>Alison Warren</i>	<b>01787 211067</b>
	<i>or Wendy Hills</i>	<b>01787 210342</b>
Boxford Gardens Open	<i>Audrey Zuck</i>	<b>07852 102 455</b> <a href="mailto:audrey@a2zriskservices.com">audrey@a2zriskservices.com</a>
Boxford Gardening Society	<i>Elizabeth Wagener</i>	<b>01787 210223</b> <a href="mailto:elizabeth.wagener@btinternet.com">elizabeth.wagener@btinternet.com</a>
Boxford Literary Group	<i>David Jones</i>	<b>01787 211104</b> <a href="mailto:audav@hotmail.co.uk">audav@hotmail.co.uk</a>
Boxford Rovers Youth FC	<i>Melvyn Eke</i>	<b>07873 971701</b> <a href="http://www.boxford-rovers-youth.com">www.boxford-rovers-youth.com</a> <a href="mailto:m.eke@btinternet.com">m.eke@btinternet.com</a>
Boxford Tennis Social	<i>Sue Moore</i>	<b>07808 481447</b>
Boxford WI	<i>Lyn Beer</i>	<b>07961 357526</b>
Fleece Jazz	<i>David Gasson</i>	<b>01787 210796</b>
Highway 12 Western Partner Dance	<i>Chris</i>	<b>01787 371006</b>
Little Waldingfield History Society	<i>Diana Langford</i>	<b>01787 248298</b> <a href="mailto:dianalangford765@gmail.com">dianalangford765@gmail.com</a>
Little Waldingfield Over 60s and Friendship Club	<i>Tricia Eddington</i>	<b>01787 247932</b>
Local History Recorder Edwardstone	<i>Daphne Clark</i>	<b>01787 210698</b> <a href="mailto:daphne.clark@btopenworld.com">daphne.clark@btopenworld.com</a>
Local History Recorder Groton	<i>Joanna Roberts</i>	<b>01787 210619</b> <a href="mailto:jgant87618@aol.com">jgant87618@aol.com</a>
Madrigalia Choir	<i>Sue Price</i>	<b>01787 210913</b>
Milden Cricket Club	<i>Andrew Simmons</i>	<b>07951 055643</b>
Milden Singers	<i>Pearl</i>	<b>01449 741876</b>
Natural Boxford	<i>Louise Carpenter</i>	<b>01787 211862</b> <a href="mailto:louisecarpenter@proton.me">louisecarpenter@proton.me</a>
Newton Arts & Crafts Club	<i>Carole Langley</i>	<b>01787 373548</b>
Newton War Games Club	<i>Brian Lawson</i>	<b>01787 312160</b>
Newton Fireside Club	<i>Moira Evans</i>	<b>01787 374652</b>
Pilates (Edwardstone)	<i>Claire</i>	<b>07772 074 750</b>
Primrose Wood Volunteers	<i>Evan Flockhart</i>	<b>07968 336883</b> <a href="mailto:obliquewoodland@protonmail.com">obliquewoodland@protonmail.com</a>
Swing jive & Lindy Hop Dance	<i>Sarah Boldock</i>	<b>07956 614824</b>
Yoga (Boxford)	<i>Marianne Marshall</i>	<b>01787 210323</b>
Yoga Paper Kite (Newton)	<i>Sophie</i>	<b>01787 313662</b>
Yoga With Lindsey (Newton)	<i>Lindsey</i>	<b>07971 800540</b>

## CHARITIES

Boxford & Groton United Charities	<i>Guy Godfrey</i>	<b>01787 211378</b>
Edwardstone Millennium Green Trust	<i>Marijke Morris</i>	<b>07914 767013</b> <a href="mailto:marijke_e@yahoo.co.uk">marijke_e@yahoo.co.uk</a>
Edwardstone United Charities	<i>Nick Raymond</i>	<b>01787 210461</b> <a href="mailto:ncraymond@hotmail.co.uk">ncraymond@hotmail.co.uk</a>
Groton Educational Foundation	<i>Stephen Watkins</i>	<b>01787 210977</b> <a href="mailto:stephen_watkins49@yahoo.co.uk">stephen_watkins49@yahoo.co.uk</a>
Groton Winthrop Mulberry Trust	<i>James Wills</i>	<b>01787 210484</b>
Little Waldingfield Charities	<i>Mary Thorogood</i>	<b>01787 247658</b> <a href="mailto:littlewaldingfieldcharities@gmail.com">littlewaldingfieldcharities@gmail.com</a>
Newton Green Trust	<i>Philip Taylor</i>	<b>01787 211265</b> <a href="mailto:philiptaylor433@gmail.com">philiptaylor433@gmail.com</a>

## COMMUNITY GROUPS

3PR Boxford 1st Responders	<i>Rich Wild</i>	<b>01787 210946</b> <a href="mailto:office@boxfordresponders.com">office@boxfordresponders.com</a>
Boxford Allotments	<i>David Burden</i>	<b>01787 211926</b> <a href="mailto:d.burden379@btinternet.com">d.burden379@btinternet.com</a>
Boxford Bounty	<i>Mark Miller</i>	<b>01787 211596</b>
Boxford Community Car Scheme	<i>Jen Eastwood</i>	<b>01787 211853</b> <a href="mailto:jen.eastwood8@gmail.com">jen.eastwood8@gmail.com</a>
Boxford Community Council	<i>Ward Baker</i>	<b>07850 941 831</b> <a href="mailto:boxfordcommunitycouncil@gmail.com">boxfordcommunitycouncil@gmail.com</a> <a href="http://www.boxford.me.uk">www.boxford.me.uk</a>
Boxford Playing Fields	<i>Craig Needham</i>	<b>07970 733934</b> <a href="mailto:craig.needham@me.com">craig.needham@me.com</a>
Boxford Society	<i>Jen Eastwood</i>	<b>01787 211853</b> <a href="mailto:jen.eastwood8@gmail.com">jen.eastwood8@gmail.com</a> <a href="http://boxfordsuffolk.com/boxfordSociety">boxfordsuffolk.com/boxfordSociety</a>
Boxford Tennis Courts	<i>Hugh Phillips</i>	<b>01787 211729</b>
Lt Waldingfield Playing field	<i>Jennie Jordan</i>	<b>07522 352558</b> <a href="mailto:52Jennie1@gmail.com">52Jennie1@gmail.com</a>

## SCOUTING

1st Boxford Beaver Scouts	<i>Not currently active</i>	
1st Boxford Cub Scouts	<i>Susie</i>	<b>07843 280396</b>
1st Boxford Scouts	<i>David Talbot-Clarke</i>	<b>07946 550519</b>
1st Boxford Explorer Scouts	<i>Neil Barkham</i>	<b>07734 108257</b>
1st Boxford Rainbows	<i>Janice Macmillan</i>	<b>07779 303690</b>
1st Boxford Brownies	<i>Janice Macmillan</i>	<b>07779 303690</b> <a href="mailto:janice.macmillan@yahoo.co.uk">janice.macmillan@yahoo.co.uk</a>
1st Boxford Guides	<i>Bethany Ireland</i>	<a href="mailto:bethanyireland11@gmail.com">bethanyireland11@gmail.com</a>

## CHILDREN FAMILIES & LEARNING

Boxford Primary School	<b>01787 210332</b> <a href="http://www.boxford-suffolk.secure-dbprimary.com">www.boxford-suffolk.secure-dbprimary.com</a> <a href="mailto:office@boxford.suffolk.sch.uk">office@boxford.suffolk.sch.uk</a>
Friends of Boxford School (FoBS)	<a href="mailto:talktofobs@gmail.com">talktofobs@gmail.com</a>
Sunflowers Childcare	<i>Moira Grant</i> <b>01787 211363</b> <a href="http://www.sunflowers-childcare.co.uk">www.sunflowers-childcare.co.uk</a> <a href="mailto:info@sunflowers-childcare.co.uk">info@sunflowers-childcare.co.uk</a>
Boxford Baby & Toddler Group	<a href="https://facebook.com/Boxfordbabyandtoddlergroup">facebook.com/Boxfordbabyandtoddlergroup</a>

## HALLS & FACILITIES TO HIRE

Boxford Pavilion	<i>Natalie Woods</i>	<b>07772 916135</b> <a href="mailto:nataliewoods25@gmail.com">nataliewoods25@gmail.com</a>
Boxford Spinney	<i>Mark Miller</i>	<b>01787 211596</b> <a href="mailto:mark.miller@talktalk.net">mark.miller@talktalk.net</a>
Boxford Village Hall	<a href="mailto:booking@boxfordvillagehall.co.uk">booking@boxfordvillagehall.co.uk</a>	
Edwardstone Parish Hall	<i>Daphne Clark</i>	<b>01787 210698</b> <a href="mailto:daphne.clark@btopenworld.com">daphne.clark@btopenworld.com</a>
Edwardstone Millennium Green	<i>Marijke Morris</i>	<b>07914 767013</b> <a href="mailto:marijke_e@yahoo.co.uk">marijke_e@yahoo.co.uk</a>
Groton Village Hall	<i>Joanna Roberts</i>	<b>07845 940008</b> <a href="mailto:jgant87618@aol.com">jgant87618@aol.com</a>
Little Waldingfield Parish Room	<i>Sue Bowen</i>	<b>01787 249473</b> <a href="mailto:sd.bowen@btopenworld.com">sd.bowen@btopenworld.com</a>
Little Waldingfield Pavilion	<i>Jennie Jordan</i>	<b>07522 352558</b> <a href="mailto:52Jennie1@gmail.com">52Jennie1@gmail.com</a>
Marquee Booking	<a href="mailto:BoxfordMarqueeBooking@gmail.com">BoxfordMarqueeBooking@gmail.com</a>	
Milden Pavilion	<i>Pearl</i>	<b>01449 741876</b> <a href="mailto:info@mildenpavilion.co.uk">info@mildenpavilion.co.uk</a>
Newton Village Hall	<i>Alan Vince</i>	<b>07955 199000</b>

# The Blooming Garden

## World Nude Gardening Day.

The first Saturday in May seems very early to indulge in nude gardening, especially in our part of the world. But World Nude Gardening Day is twenty years old on the 3<sup>rd</sup> May. I don't think it has ever really been embraced by gardeners with much enthusiasm. It was dreamed up by a naturist,



Mark Storey, who was the editor of *Nude and Natural Magazine*. It was launched as part of a project by BFC which stands for Body Freedom Collaborative. (Not to be confused with BFG which was the name of Roald Dahl's Big Friendly Giant.) I have always been baffled by these people who are so keen to take their clothes

off. I just don't see why they want to go about naked, especially here in the UK where we don't really have the climate for it. Hands up who takes off their clothes to garden? Nobody that I know. Real gardeners know about the dangers lurking out there.

If you want to escape from your 'polyester prison', as I think these people call clothes and celebrate this day by gardening in the buff then remember the sun cream and do be careful how you handle those power tools. Watch out for euphorbia sap, stinging things, scratchy things and vicious thorns. And watch out for revolting bugs and ticks in delicate places. Oh dear, the possibilities for accidents are endless.

I shudder to think what my grandmother would have made of this naked gardening malarkey. She used to garden in her second best corsets, skirt, blouse and pearls and her second best Sunday coat and hat. She looked as if she was expecting the queen to call in for tea. A tad formal perhaps, but at least she was well protected with her thick stockings and stout shoes. I wear dungarees with everything safely tucked in. My beloved says I look like a 1970s feminist but then he lived in Crouch End for years. I think I look more like an Appalachian hillbilly on the way to a hoedown. But I



Well-dressed scarecrow

don't care what I look like when I am gardening and I don't know any gardener who does. My gardening friends and I scrub up quite well when we go out but most of us look like scarecrows in the garden. In fact I used to have a scarecrow who eventually grew too disreputable to be seen and ended up on the bonfire but still she was better dressed than I was. And she had a better fitting bra. So we may look scruffy and even a trifle eccentric; but naked? Never.

Years ago, when I had a large garden of nearly eleven acres and a lake, I was approached by a naturist club and asked if they could come and have a rally in the garden to picnic and indulge in leisure activities. Quite what those activities were was never established, although I believe they were all very wholesome and natural. They claim to celebrate the beauty of the human body and they want to promote the freedom and health benefits of nudity. Personally, I think the health benefits are over-exaggerated, it all sounds very risky to me. Anyway, I had to turn them down because the day they chose happened to be a National Gardens Scheme open day. Can you imagine the scenario if I had allowed the two events to go ahead together? OK, I was tempted, just for the fun of it. Actually, on reflection, I wish I had, it would have relieved the tedium of the day, these open days can drag on a bit. I remember one year I found a party of revellers having a picnic washed down by copious amounts of wine two hours after the garden was closed. I know there were copious amounts of wine because I found the empties next day.



Above: *Rosa xanthina* 'Canary Bird'. Right: *Rosa* 'Helen Knight'



So although I shan't be celebrating World Nude Gardening Day, I have a passion for roses and in early May I celebrate the first of my roses to bloom.

The wonderful *Rosa xanthina* 'Canary Bird' has single flowers which are primrose-yellow. It is always the first to bloom in my garden, sometimes as early as the end of April. It makes a large shrub and lights up the whole garden.

More rarely seen, but just as pretty, is *Rosa* 'Helen Knight'. It has fine pinnate foliage and the buttercup-yellow flowers are darker than those of 'Canary Bird', but it is otherwise very similar. I don't know how easy it is to find because I see that David Austin no longer sells it.

So I won't be frightening my neighbours by frolicking naked in the garden on World Nude Gardening Day, but I will pick some of these gorgeous roses for my little Yolande jug so that I can enjoy the exuberance of these little figures celebrating May in their birthday suits. With or without your clothes I hope you will enjoy the first Saturday in May in your gardens.

*Chloris.*



Yolande vase with May roses

# EVENTS CALENDAR

## MAY 2025

<b>3</b> SAT	<b>Music For A Summer Evening - Tom Cogan</b> St Mary's, Boxford	6pm
<b>4</b> SUN	<b>Stride Out For Shelley</b> Shelley RDA	10am
<b>6</b> TUE	<b>Fireside Club - Film</b> Newton Village Hall	2pm
<b>7</b> WED	<b>Groton Parish Council APM</b> Groton Village Hall	7pm
<b>6</b> TUE	<b>Boxford Gardening Society - Talk</b> Boxford Village Hall	7:30pm
<b>8</b> THU	<b>VE80 COMMEMORATION</b> Outside the White Hart, Boxford	9:30pm
<b>9</b> FRI	<b>Relaxation &amp; Sound - all welcome</b> Boxford Village Hall	6-7:30pm
<b>10</b> SAT	<b>String Quartet Concert</b> St Mary's, Boxford	4pm
<b>10-11</b> SAT-SUN	<b>Little Cornard Flower Festival</b> All Saints', Church, Little Cornart	11-4pm
<b>11</b> SUN	<b>Boxford Tornado</b> Starting at Boxford Playing Fields	TBC
<b>11</b> SUN	<b>Milden Singers VE80 Afternoon Tea</b> Milden Pavilion	3-5pm
<b>14</b> WED	<b>LWHS - Agent Zo</b> Little Waldingfield Parish Room	7:30pm
<b>14</b> WED	<b>Charity Quiz Night</b> The Fleece, Boxford	8pm
<b>16</b> FRI	<b>Polstead Films 'A Complete Unknown'</b> Polstead Village Hall	7pm
<b>16</b> FRI	<b>Groton History Society 'We Prepare the Way'</b> Groton Village Hall	7:30pm
<b>17</b> SAT	<b>The 186<sup>th</sup> Hadleigh Show</b> Holbecks Park, Hadleigh IP7 5PE	8:30am
<b>19</b> MON	<b>Boxford Friendship Group</b> Boxford Village Hall	2-4pm
<b>19</b> MON	<b>Edwardstone Parish Council APM &amp; AGM</b> Edwardstone Parish Hall	7:30pm
<b>20</b> TUE	<b>Fireside Club - Lunch and Plant Swap</b> Newton Village Hall	2pm
<b>23-26</b> FRI-MON	<b>Little Hall Artisan Market</b> Market Place, Lavenham CO10 9QZ	11-4:30pm
<b>28</b> WED	<b>Lavenham Gardening Club Talk</b> Lavenham Village Hall CO10 9QT	7pm
<b>31</b> SAT	<b>Fireside Club - Coffee Morning</b> Newton Green Village Hall	10-11:30am
<b>31</b> SAT	<b>Mad Hatters Tea Party</b> St Mary's Church, Kersey	12-5pm

## JUNE 2025

<b>1</b> SUN	<b>Boxford Open Gardens</b> Boxford & Edwardstone	11-4pm
<b>1</b> SUN	<b>Brent Eleigh Open Gardens</b> Brent Eleigh	11-4pm
<b>3</b> TUE	<b>Fireside Club - Cream Tea</b> Newton Village Hall	2pm
<b>3</b> TUE	<b>Boxford Gardening Society - Talk</b> Boxford Village Hall	7:30pm

<b>4</b> WED	<b>Boxford WI - Games Afternoon</b> Boxford Village Hall	2pm
<b>7</b> SAT	<b>Kersey Open Gardens</b> Kersey	11-5pm
<b>7</b> SAT	<b>Fete &amp; Dog Show</b> Monks Eleigh IP7 7JL	1-5pm
<b>7</b> SAT	<b>Music for a Summer Evening</b> St Mary's, Boxford	6pm
<b>8</b> SUN	<b>Nayland Open Gardens</b> Nayland	11-5pm
<b>11</b> WED	<b>Charity Quiz Night</b> The Fleece, Boxford	8pm
<b>12</b> THU	<b>Boxford Society - 'Boxford Old Picture Show'</b> Boxford Village Hall	7:30pm
<b>14</b> SAT	<b>Boxford Rovers Football Fun Day</b> Boxford Playing Fields	11-3pm
<b>17</b> TUE	<b>Fireside Club - BINGO!</b> Newton Village Hall	2pm
<b>18</b> WED	<b>LWHS - Walpole Old Chapel</b> Little Waldingfield Parish Room	7:30pm
<b>20</b> FRI	<b>Groton History Society 'The Cambridge 5'</b> Groton Village Hall	7:30pm
<b>21</b> SAT	<b>Newton Charities Coffee Morning</b> Newton Village Hall	10-11:30am
<b>21</b> SAT	<b>Midsummer Barn Dance</b> Milden Pavilion	5-11:30pm
<b>22</b> SUN	<b>Newton Open Gardens</b> Newton Green	11-5pm
<b>23</b> MON	<b>Boxford Friendship Group</b> Boxford Village Hall	2-4pm
<b>25</b> WED	<b>Ladies Get Into Golf Free Taster Session</b> Newton Green Golf Club	2-3pm
<b>28</b> SAT	<b>Ladies Get Into Golf Free Taster Session</b> Newton Green Golf Club	10-11am
<b>28</b> SAT	<b>Boxford Market</b> Boxford Village Hall	10-1pm
<b>28</b> SAT	<b>Little Waldingfield Sale Trail</b> Little Waldingfield Parish Room CO10 0SW	10-1pm
<b>28</b> SAT	<b>BFG - Wattisham Military Wives Choir</b> St Mary's Church, Boxford	5pm
<b>29</b> SUN	<b>Picnic in the Park</b> Jubilee Gardens, Newton Green	Noon
<b>31</b> SAT	<b>Newton Fireside Club Coffee Morning</b> Newton Village Hall	10-11:30am



**Moving?**  
Call us on **01787 377489**

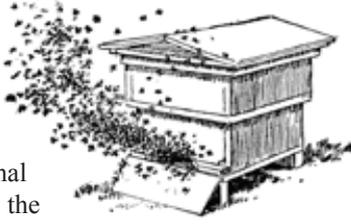
**Todds Removals**  
a Todd Storage  
a reliable local service you can trust

- Removals
- Storage
- Home or Business
- Packing materials
- Packing service
- UK, Europe and beyond

MEMBER SINCE 1927  
[www.todds-removals.co.uk](http://www.todds-removals.co.uk)

# NOTES FROM A BEEKEEPER'S DIARY

We've enjoyed unbroken sunshine for the past six weeks but Easterly winds have kept daytime temperatures down and occasional frosts at night. In sheltered areas the bees have been active since early March. Spring is a critical time for bees. Their food reserves are coming to an end and opportunities for natural replenishment unreliable. So beekeepers have to keep an eye on their hives and top up their stores with fondant if necessary.



Although I'm still keeping my fingers crossed it looks as though the bees have come through the winter in good shape. For the past four weeks or so they have been bringing nectar and pollen back into the hives. Nectar for food, pollen for the proteins and other nutrients required to feed the queen and for healthy brood. Nectar can be stored indefinitely as honey, but pollen has a short shelf life and is prone to mould.

The winter bees that emerged last Autumn now have to work hard to support the colony until their successors emerge to take over their duties.

The queen resumes laying eggs as soon as foraging bees start to bring pollen back to the hive. The eggs hatch after three days. The tiny white legless larvae are soon surrounded by white bee milk from the glands in the head of the nurse bees. During the first three days of development the proportion of sugar in the bee milk triggers hormonal differences in the larva which determine whether it will develop into a worker or a queen. Larvae destined to be queens are fed a richer and more copious diet.

The larval stage of development lasts between five and six days. During this time the weight of a worker larva increases by 1500 times thanks to the high nutritional value of the food with little need for digestion and minimal undigestible residue. To accommodate the increase in size the skin of the larva will moult five times.

Before the egg was laid the workers had cleaned and polished the interior surfaces of the cell. During the larval period the grub remains curled up at the bottom of the open cell. After 9 days the cell is sealed by the workers and the larva inside moves to lie down lengthwise in the cell. The underside of the capping is quite rough and the larva respond to this surface by lying in the cell with its head outwards against the rough surface. It then defecates, spins a cocoon and lies still before embarking on the long journey to adulthood.

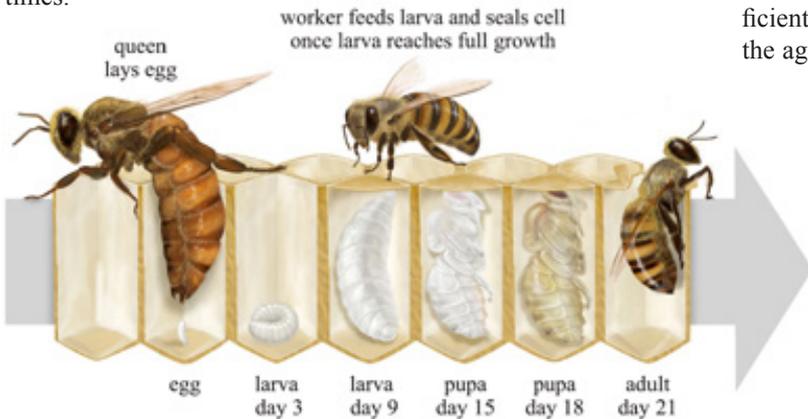
The process of pupation lasts ten days, over which time the larva will metamorphose from a passive bug to a mature adult worker bee. For the first few days the newly emerged workers remain within the brood nest where they set to work cleaning and polishing cells recently vacated by other pupated bees. Other duties include repairing or tearing down and rebuilding damaged comb, producing fresh wax from glands in their abdomen and feeding larvae with bee milk produced by other glands in their heads. As the numbers of newly emerged bees grow, they push older bees to the edge of the brood nest which encourages them to forage for food.

From about the fourth or fifth day after emerging from pupation the worker bees venture outside the hive for brief 'play flights'. The purpose is more serious than the term suggests. They start by flying close to the entrance but facing the hive, before moving farther away and taking more notice of surrounding features. Up to this time their behaviour has been governed by genetically inherited patterns. When bees start to fly they are imprinting on their memory the visual record of the hive and its surroundings so demonstrating a basic deductive ability.

After two to three weeks as a house bee, progressively undertaking more and more duties, the adult bee will embark on the final stage of its life as a forager. From now on their main task will be to fetch pollen, nectar, propolis and occasionally water to bring back to the hive. Finally, around thirty-two days after emerging from its cell, the adult bee will die, usually out in the field. It will simply fail to make it home.

After a hard winter and late spring the bees may not have sufficient time to rear the quantities of new bees needed to replace the aging winter bees. Beekeepers make up the numbers by splitting hives or by collecting swarms. Indeed swarms are the ideal way to maintain colony numbers. So if you do come across a swarm of bees or one comes to rest in your garden, please phone a local beekeeper to collect them (myself - Tony Rand on 07503 164823 or Rich & Trudi Wild on 01787 210 946). We will make sure they are safely collected and rehomed.

*Tony Rand*



## SERVICES DIRECTORY

**JB AUTOWERX**  
**AUTOMOTIVE SECURITY SOLUTIONS**

- TRACKERS & TELEMATICS
- IMMOBILISERS
- VAN ALARMS
- MOTORHOME & CARAVAN SECURITY
- DASHCAMS & FITTING
- REVERSE CAMERAS & SENSORS
- APPLE/ANDROID CARPLAY
- CAR STEREO UPGRADES

MOBILE FITTING IN SUFFOLK  
 CONTACT JAMES ON 01473 876148  
 INFO@JBAUTOWERX.COM  
 WWW.JBAUTOWERX.COM  
 WORKSHOP LOCATED IN ELMSETT IP7

**Taylor made baby gifts**  
 07940238692  
 taylormadebabygifts@gmail.com  
 Taylormadebabygifts  
 Little Walsingham, Suffolk

**Green Eye Gardens**  
 Garden design, creative planting & landscaping

**Francesca Green**  
 Tel: (01787) 210507  
 www.greeneygardendesign.co.uk  
 info@greeneygardendesign.co.uk

# SERVICES DIRECTORY

## A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties  
Small jobs to complete re-wires

For a free estimate call Adrian on:  
**01787 211576** Mobile: **07968 856 765**  
e.mail: [adrian.tennent@btinternet.com](mailto:adrian.tennent@btinternet.com)  
1 Church Street, Boxford, Sudbury

## Kirkham Sheidow Architects



Boxford 01787 211670  
[design@kirkhamsheidow.co.uk](mailto:design@kirkhamsheidow.co.uk)  
[www.kirkhamsheidow.co.uk](http://www.kirkhamsheidow.co.uk)



TRACEY PARR  
Independent Travel Agent

07747 608 509

[tracey@boxrivertravelboutique.co.uk](mailto:tracey@boxrivertravelboutique.co.uk)



## -PJH-

Property Maintenance

Quality Painting and Decorating  
Interior & Exterior,  
Tiling and General Maintenance,  
Carpentry

[www.pjhpropertymaintenance.co.uk](http://www.pjhpropertymaintenance.co.uk)  
[pjhpropertymaintenance337@gmail.com](mailto:pjhpropertymaintenance337@gmail.com)

6 Hadleigh Road, Boxford, Sudbury CO10 5JH  
TELEPHONE: 01787 212366

## Deeks Bespoke

Kitchens and Bedrooms

tel: 07969 524 124

email: [deeksbespoke@gmail.com](mailto:deeksbespoke@gmail.com)



## OPTIMUM

Architecture Ltd

Architectural Services

Including Listed and Low  
Energy Buildings

01206 262697



[www.optimum-architecture.co.uk](http://www.optimum-architecture.co.uk)

## D MAY

Plumbing & Heating

Offering a fully comprehensive range of domestic plumbing and heating services.  
Local tradesman 30 years experience  
Free estimates not VAT registered.  
New bathroom and ensuite installations including floor/wall tiling.  
Emergency service provided and no job to small.  
Tel: 01473 829064 or Mobile: 07886 389 995

## Qualified Foot Health Professional

Bridget Clifford MCFHP MAFHP  
Foot Care in the comfort of your own home.

Tel: 01787 211345

If unavailable leave a message and your call will be returned.

## ROBSON THATCHING

FREE ADVICE  
RE-THATCHES  
PATCHING  
REPAIRS

Over 25 years experience

56c High Street, Lavenham  
01787 247 964 or 07443 596 757  
[philiprobson2011@hotmail.co.uk](mailto:philiprobson2011@hotmail.co.uk)

## SAM'S K9 Services

Experienced dog walker and trainer, good rate, fully insured, qualified and have my first aid for dogs.

Not only am I a dog walker but I'm also a qualified dog trainer. I'm able to help with a wide range of behavioural and training issues. My methods of training are up to date and force free.

Whether you need help as a first time puppy owner, or your dog is showing signs of aggression or you need help with training problems such as lead pulling

please call me on 07939 563 282

## W.A. Deacon

FUNERAL SERVICES

24 HOUR  
TELEPHONE SERVICE

01787 248282 & 01787 248147

Norman Way, High Street, Lavenham,  
Sudbury, Suffolk CO10 9PY

INDEPENDENT FAMILY COMPANY



ESTABLISHED 1952

## SJ Hurrell

Plumbing & Heating

Over 30 years of experience specialising in custom solutions for all of your plumbing & heating requirements

- Gas & Oil Central Heating
- Annual Boiler Servicing
- Bathroom Design & Installation
- Underfloor Heating
- Energy Efficient Systems

07970 163084 • 01787249081  
[scott@sjhurrell.co.uk](mailto:scott@sjhurrell.co.uk) • [www.sjhurrell.co.uk](http://www.sjhurrell.co.uk)



## C D Lawson

Building & Hard Landscaping  
01787 211429 mobile: 077303885019

- All Building work •
- Maintenance •
- Alterations • Extensions •
- Driveways • Drainage •
- Patios • Fences etc. •

Professional and Reliable service at competitive rates

13 Boxford Lane, Boxford, CO10 5JU  
email: [lawsondian@btinternet.com](mailto:lawsondian@btinternet.com)

## Bed & Breakfast Newmans Hall Farm

[www.newmanshall.co.uk](http://www.newmanshall.co.uk)

- \* All rooms en-suite \* \* Heated indoor swimming pool \*
- \* Ample off-road parking \* \* Quiet rural setting \*
- \* No smoking policy \* \* Spacious grounds \*

Monks Eleigh Road  
Little Waldingfield  
Sudbury, Suffolk  
CO10 0SY

Telephone: 01787 249111  
Charles mobile: 07850 210256  
Louise mobile: 07887 540432

email: [louise@newmanshall.co.uk](mailto:louise@newmanshall.co.uk)

## Ken Grime & Son Ltd Electrical Contractors

Fully Qualified and part P Registered  
All types of electrical works undertaken  
No job too small • Very competitive prices

Office Tel: 01787 373 558  
Ken Mobile: 07702 358 802

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

# SERVICES DIRECTORY

## Darren Howe - Qualified Carpenter & Joiner

*All Aspects of Carpentry Undertaken*

- Handmade Kitchens & Fitted Wardrobes
- Fitted Kitchens
- Doors Made and Hung
- Floors & Laminates
- Balustrading, Decking and much more

Call me for a free No Obligation Quotation on 07795 345466 or email me at [howies@hotmail.co.uk](mailto:howies@hotmail.co.uk)



## N D Rose Int/Ext Decorating

- Gutters Cleaned/Repaired/Replaced
- Wall/Floor Tiling
- General Building Maintenance

Telephone 01787 211042  
Mobile 07518 040 465  
3 Fen Street, Boxford, CO10 5HL

## S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓  
Part 'P' Registered ✓ Electrical Certificates Issued ✓

01787 247043

email: [info@sbelectrical.biz](mailto:info@sbelectrical.biz)  
or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)



Your Local Insurance Broker Is Here For You

### Coversure Sudbury

CALL US: 01787 374 857

VISIT US: [coversure.co.uk/sudbury](http://coversure.co.uk/sudbury)

We can offer you insurance cover for Business, Property, Home & Motor

For business. For family. For you.

## AK SMITH PLASTERING

*Established 1986*

CEILINGS, WALLS, FLOORS  
LIME PLASTERING  
PLASTER BOARDING, COVING

**NO JOB TOO SMALL**

MOBILE: 07808 027 116

*Based in Assington*



Email: [aksmithplastering@hotmail.co.uk](mailto:aksmithplastering@hotmail.co.uk)  
Website: [www.aksmithplastering.com](http://www.aksmithplastering.com)

## Boxford Lane Joinery

With the benefit of over 40 Years experience

*Specialist Manufacturers and Installers of Bespoke:  
Kitchens*

*Wardrobes and Household Furniture  
Staircases • Architectural Joinery  
Windows, Doors and Conservatories.*

*All finished/Sprayed/Polished  
in House if required.*

*A full fitting and Carpentry service  
is also available.*

Contact: Greg Deeks: 01206 263525  
or mobile: 07977 738 649  
or Brett Deeks: 07969 524 124

email: [BoxfordLaneJoinery@gmail.com](mailto:BoxfordLaneJoinery@gmail.com)

## FIREWOOD

BARN STORED DRY LOGS  
VARIOUS LOAD SIZES AVAILABLE  
OR KILN DRIED LOG NETS  
AT £15 EACH

Delivery available on minimum of 6 nets

### KINDLING

Contact Carol Abbot  
01473 829 130 or  
mobile 07768 795 981

## BUSINESS OWNER?

WHY AREN'T YOU IN THE  
BOX RIVER NEWS DIRECTORY?

01787 210946

[editor@boxrivernews.com](mailto:editor@boxrivernews.com)



### PAUL MACHIN GARDEN SERVICES

All types of Grass cutting undertaken, including paddocks, wild flower meadows, orchards, field edges & brush/nettle clearance.

Grass scarification.

General garden maintenance, hedge cutting, tree pruning.

Garden rubbish clearance

Patio, path and driveway cleaning.

Garden plant watering service.

Environment agency waste carriers licence held and fully insured

07854 725777

[paulsgmh@gmail.com](mailto:paulsgmh@gmail.com)



@paulmachingardenservices

## PADDOCK AND MEADOW CUTTING & HARROWING SERVICE

Small Tractor 6' Topper  
12' Grass Harrow

01787 210842



COMMAND  
PEST  
CONTROL

Established 1986



Locally based, professional Pest Control company.  
Offering complete solutions for:

- Rats ➢ Mice ➢ Wasps ➢ Ants
- Moles ➢ Woodworm ➢ Fleas
- Rabbits ➢ Feral Pigeons ➢ Squirrels

All enquiries welcome from one off pest problems, to servicing contracts for year round protection.

Call (01787) 248049

[www.commandpestcontrol.co.uk](http://www.commandpestcontrol.co.uk)



WHITWELL  
SERVICES

For all your Home Heating & Plumbing Needs

Established in 1979

Oil Boiler Servicing, Repair & Installation,  
Oil Tank Fitting,  
Renewable Energy Installation  
Gas Safety Registered.

We offer a unique  
Design & Installation service for  
Bathrooms, Kitchens, Renovations and  
New Build Projects.

To Contact us:

Tel: 01787 210277

Email: [enquiries@whitwellservices.co.uk](mailto:enquiries@whitwellservices.co.uk)

Web: [www.whitwellservices.co.uk](http://www.whitwellservices.co.uk)

# SERVICES DIRECTORY



**Mobile canine and equine physiotherapy services**

• Massage • Stretching • Laser Therapy • PEMF Therapy • Remedial Exercises • Kinesio Taping •

• www.annamorleyvetphysio.co.uk  
• info@annamorleyvetphysio.co.uk  
• 07776 129 677




**Topcoat**  
Painting & decorating  
Interior & exterior

For free quote  
call David on  
07519 589256



**Beauty**  
BY GRACE

FORMERLY 'NAILS BY GRACE'

I'm Grace Crimmin, a fully qualified Beauty Therapist with over 10 years experience in salons and spas. I offer a wide variety of treatments from my treatment room in Newton, including Body Massages, Facials, Manicures, Pedicures, Waxing and more! I look forward to hearing from you.

[www.beauty-bygrace.co.uk](http://www.beauty-bygrace.co.uk)  
07484 648932

**LAWNS FIELDS AND GARDENS**  
Established 1991



All types of Grasscutting undertaken •  
• Commercial and Domestic •  
• Contract or otherwise •  
• Grounds Maintenance •  
• Hedges • Trees • Fencing • Patios •  
• Drives • Pergodas •

FOR A FREE QUOTE RING MARTIN ON  
07932 477152

**Scents Of Life**



Essential Oil support  
for all areas of health

Transformative Sound Immersions

Fully qualified healing practitioner

louisecarpenter@proton.mc  
01787 211862

*Louise Carpenter*  
whole being well-being

**CARPENTRY & JOINERY**

*Purpose made doors, windows, conservatories, fitted kitchens, bedroom furniture, etc.*

No job too small M Hearnden  
Tel: 01787 248 285 / 07850 196 891

**CARPETS - VINYLs - WOOD LIONEL HATCH FLOORS**

Your local professional, personal, competitively priced flooring service

Call Lionel Today

T: 01787 374163 M: 07766 026 875  
EMAIL: lionelhatchfloors@gmail.com

**HOWARD WATTS**  
Automotive



Sales, MOT and Service at  
Riddellsdell Bros Ltd (Est 1900)  
ELLIS STREET, BOXFORD, CO10 5HH

01787 210318  
07836 353537

[www.howardwatts.co.uk](http://www.howardwatts.co.uk) office@howardwatts.co.uk

*Andy Morgan*  
Painter & Decorator  
**S.E.P. Painters**

Tel: 01787 375824 • Mobile 07748 800701  
andy@seppainters.co.uk

For all your interior and exterior decorating ...  
...from New Build to Period Properties  
Your satisfaction is my speciality!  
Detailed information on my website:  
[www.seppainters.co.uk](http://www.seppainters.co.uk)

**Amanda Hollingworth**  
Counsellor

Helping people overcome their emotional, psychological and relationship problems for over 30 years

COSRT Accredited Psychosexual Therapist  
COSRT Accredited Clinical Supervisor  
UKCP & BUPA Registered Psychotherapist  
contact: 01473 824663 or  
ac.hollingworth@gmail.com

**Seasoned Firewood & Woodchip**  
For Sale By the load  
**01787 319200**



We carry out all aspects of tree works

**SUFFOLK TREE SERVICES**  
[www.suffolktreeservices.co.uk](http://www.suffolktreeservices.co.uk)



**Sudbury Physiotherapy Centre**  
& Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Sports Massage
- Chiropody
- Podiatry
- Pilates
- Shiatsu
- Clinical Hypnosis
- Nutritional Therapy

Appointments available Monday - Saturday  
Tel: 01787 378178  
Email: sudburyphysio@hotmail.co.uk  
[www.sudburyphysio.co.uk](http://www.sudburyphysio.co.uk)  
17 Gaol Lane, Sudbury, CO10 1JL

**Tree Surgeon**



**Blake Tree Care**

Providing excellence in:

- Tree Felling
- Canopy Reduction
- Hedge Cutting
- Garden Clearance
- Tree Shaping and Pruning
- Stump Grinding
- Pollarding
- Emergency Tree Work

Free Consultation for Small and Large Jobs

Public Liability Insurance

M: 07515 288736  
O: 01787 228341  
info@blaketreecare.co.uk  
www.blaketreecare.co.uk



"A very competitive price and a VERY tidy job" ★★★★★

**Antique Renovations**



Expert restorers of fine antiques & interior woodwork

UNIT 1, BRIDGE FARM  
LAVENHAM ROAD, BRENT ELEIGH, CO10 9PB  
Tel: 01787 248 511

**H Byham & Son Ltd**  
**Ballingdon Dairy, Sudbury**

Deliveries of Dairy Produce and Goods to Boxford and Surrounding Villages

Tel: 01787 372526

**Suffolk Medical & Beauty Clinic**

All Beauty Therapy Treatments  
Laser Permanent Hair Removal  
Anti - Wrinkle Injections  
Thread vein treatment  
Skin Rejuvenation  
Dermal Fillers  
Mole and Skin Checks  
Dermaroller/Pen  
Medical Microdermabrasion  
Semi permanent make-up



[www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)  
6 Broad Street. Boxford  
01787 211000

# SERVICES DIRECTORY



**Cass White Upholstery**  
Traditional & Modern

[www.casswhiteupholstery.com](http://www.casswhiteupholstery.com)

07759 924 209  
casswhite@live.com



**KJ Garden & Home Services**

Gardening, Landscaping and  
General Household & Garden Repairs

General Gardening & Mowing  
Landscaping & Carpentry  
Decking & Pergolas  
Garden & Household Repairs  
Painting & Decorating

Fully Insured No job to small

✉ [karlandjoshservices@gmail.com](mailto:karlandjoshservices@gmail.com)  
☎ 07787 241425 / 07599 484 655

**Hadleigh Hairloom**  
78 - 80 High Street, Hadleigh  
01473 822191

**Walk-in Family Salon**

Catering to the entire family's hairdressing needs  
\* Easy Access \* Family Friendly \* Free Wi-Fi \*  
Comfortable Waiting Area with Toys and TV.  
Monday Wednesday & Friday: 9 - 5.30  
Tuesday 9 - 7.00 \* Thursday 9 - 8.00 \*  
Saturday 8.30 - 4.00



**JPS Timber**

Suppliers of:

- New and Reclaimed Sleepers
- Reclaimed Scaffold Boards
- Carcassing Timber
- Decking
- Post and Rail Fencing
- Oak Barrels and Planters  
and more....

**07970 559 251**

[mail@jpstimber.co.uk](mailto:mail@jpstimber.co.uk)  
[www.jpstimber.co.uk](http://www.jpstimber.co.uk)



**STIRLING  
PAINTERS &  
DECORATORS**

THIS FATHER AND SON TEAM BETWEEN  
THEM HAVE 60 YEARS EXPERIENCE IN THE  
TRADE, WOULD LIKE TO GIVE YOU A FREE  
ESTIMATE FOR EXTERNAL AND INTERNAL  
REDECORATION OF YOUR PROPERTY  
WE DO NOT USE SUB-CONTRACT LABOUR  
WE ONLY USE THE BEST MATERIALS  
WE TREAT YOUR PROPERTY  
AS IF IT WAS OUR OWN  
WE ARE PROFESSIONALS

TEL: 01255 688104 MOBILE: 07866 734519



**Boxstore™**  
Archive and general storage

**The Local  
Self Storage  
Company**

For all domestic and  
business needs

See website for details  
**[www.boxstore.co.uk](http://www.boxstore.co.uk)**  
or phone 01787 210350



**LOUISE'S**  
*Mobile Hairdressing*

I am an experienced,  
professionally trained hairdresser  
& will visit you in the comfort  
of your own home.

Full colours, highlights, cut & blow-dry  
Prom & wedding packages available  
Ladies, gents & children

Please call Louise to book an appointment  
**07970 704 823**

**GARDEN WORK**  
TREES & HEDGES

Call for a quote  
G.J. & C.A. Abbott

**01473 829130 or  
mobile 07768 795981**

**NEWTONS FARM**  
**INDOOR TENNIS COURT**

NO MEMBERSHIP FEES  
PAY AND PLAY  
OPEN 7AM TO 10PM  
IN WISSINGTON, 1 MILE FROM NAYLAND  
BOOK ONLINE: [www.indoortenniscourt.co.uk](http://www.indoortenniscourt.co.uk)

**P.D. Garner**  
*Plastering Services*

Telephone: 01206 262207  
Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL

**Colne Valley Windows**  
Your local double glazing company

Windows • Doors • Conservatories  
Bi-Folding Doors • Soffits • Facias and  
Guttering • uPVC and Aluminium • Shop  
Fronts • Manual and Automatic Entrances  
and much more!!

Transferable 10 Year Insurance  
Backed Guarantee  
Over 30 Years Experience  
Free Quotation  
Local Family Run Business



To arrange a free quotation  
please call us on 01787 827382

Website: [www.colnevalleywindows.co.uk](http://www.colnevalleywindows.co.uk)  
Email: [info@colnevalleywindows.co.uk](mailto:info@colnevalleywindows.co.uk)  
Certified Company 36650

**Nº 18  
HONEY**

**LOCAL SUFFOLK HONEY**

100% pure honey, straight from the hive to the jar.  
Made by our happy bees from  
local wildflowers right here in Boxford.  
Available to buy online or direct from the  
driveway, cash and card payments accepted.

BBKA-registered swarm collectors

18 STONE ST. BOXFORD CO10 5NR  
01787 210 946 /dr07919 902 437  
[www.numbereighteensuffolk.com](http://www.numbereighteensuffolk.com)  
[buzz@numbereighteensuffolk.com](mailto:buzz@numbereighteensuffolk.com)



**MINI WASTE LIMITED**

2, 3, 4, 6, 8, 10 & 12 YARD SKIPS FOR HIRE  
16, 20 & 40 YARD RO/RO FOR HIRE

Tel: 01787 378811  
e mail: [info@miniwaste.co.uk](mailto:info@miniwaste.co.uk)  
Website: [www.miniwaste.co.uk](http://www.miniwaste.co.uk)

# The Red House

— RESIDENTIAL HOME —

A fine Georgian building set within a beautiful garden, offering a sanctuary of peace and security within the centre of Sudbury, offering all the necessary care and attention for those who wish to spend their retirement and later years in a warm and caring atmosphere.

## Contact Us

Meadow Lane, Sudbury, Suffolk, CO10 2TD

Telephone: 01787 372948

[www.redhousesudbury.co.uk](http://www.redhousesudbury.co.uk)



## ASIAN HORNET

This is an invasive species and a threat to our wildlife  
**REPORT ANY SUSPECTED SIGHTING**



For further information and to report sightings search your app store or use the QR code for [bit.ly/asianhornet.report](http://bit.ly/asianhornet.report)  
**ASIAN HORNET WATCH**



# HOLLOW TREES FARM

## PLANTS FOR COLOUR & LASTING BEAUTY

Head to Hollow Trees Farm this month where you will find a great selection of homegrown plants including patio and basket plants and summer bedding too.

This year we have expanded range our of Perennial Plants offering low maintenance and long-term beauty that returns year after year.

Great value at £4.50 each  
or 3 for £12

You will find us on the A1141 Hadleigh/Lavenham Road

☎ 01449 741 247 ✉ shop@hollowtrees.co.uk 🌐 www.hollowtrees.co.uk

📍 Hollow Trees Farm, Semer, Ipswich, Suffolk, IP7 6HX



@HollowTreesFarm  
#GreatDayOut



SN Stoke by Nayland  
RESORT

## JOIN US FOR LUNCH WITH A VIEW

*Weekday lunches and Sunday roasts, done right*

Dine in style with our new Lakes Restaurant lunch menu, served Monday to Saturday. Or make Sunday special with our traditional carvery, featuring three perfectly cooked meats.

*Don't forget to use your Community Discount Card for 10% off dining!*



Visit our website or scan the QR code to book your table