

June 2023

Box River News

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BOXFORD BOWLS CLUB VS THE CHELSEA PENSIONERS!

Hot on the heels of Boxford's wonderful coronation festivities came another cause for celebration. Boxford & District Bowls Club is 100 years old this year, and to mark this great achievement, on Wednesday 10th May we invited the bowls team from the Royal Hospital Chelsea to play a match.



After months of planning and hundreds of hours work by club members to make sure the clubhouse, gardens and green looked their absolute best, the big day arrived. And what a day! With glorious sunshine and the club buzzing with excitement, our prestigious guests arrived and marched to the clubhouse with their bagpiper leading the way. They really made a wonderful spectacle in their distinctive scarlet uniforms and we were lucky to have ITV News present to capture this. Some of you may also have heard an article earlier on BBC Radio Suffolk.



After a 'meet and greet', George Bullett, the Club President, presented the Chelsea Pensioners with a donation which was very gratefully received. After further formalities, including the giving of gifts by the Bowls England County President, the Chelsea Pensioners were able to shed their scarlet uniforms and get down to the serious business of the match. So many Boxford club members wanted to play, that they had to play in relays. After a hotly contested match, with mixed fortunes on some rinks, an honourable draw was declared, and lunch was served.



The Chelsea Pensioners were very interested in the history and achievements of the club, and many stories were shared. They were particularly charmed by the idyllic setting of the Boxford club, with the church clock striking in the distance.

Finally, before they left, they made the amazing offer of a return match at the Royal Hospital Chelsea next year. Then they donned their scarlets, and with military precision timing, marched off to their waiting coach, and the sound of bagpipes faded away.

A day to remember, and a fantastic start to Boxford & District Bowls Club centenary year.

Our thanks to The White Hart and The Fleece pubs for their help with parking and access.

Photos by Cristina Grañena (www.weddingphotographercg.com)

NEWS FROM BOXFORD SCHOOL

Where does the time go? It's been another busy month in Boxford Primary. We must say a huge well done to Year 6 for showing great determination and effort in completing their SATs! Pupils should be very proud of how hard they have worked regardless of what the end result: everyone has tried their very best. It's now time for Year 6 to gear up for their trip to Thorpe Woodlands – this annual residential is always lots of fun. Fingers crossed for good weather!

At Boxford Primary, it's important that we are at the heart of the community. It was a pleasure for some of our pupils to take part in the King's coronation celebrations. You may have seen many children from our school at the street party, some of whom sang the national anthem. We look forward to future community events which we can contribute to.



In Reception, children have been continuing to work hard with their phonics in class. However, they have thoroughly enjoyed a recent art lesson. Mrs Hammersly had asked children to create a self portrait – this was a great opportunity for children to look at their different characteristics and get them down on paper.

Now, you may be mistaken thinking that a school is solely made up of staff and pupils. However, at Boxford Primary we very much appreciated the contributions made by our parents. FOBS (Friends of Boxford School) continue to work hard thinking of events and generating much-needed funds for our school. Interesting in being part of FOBS? Then pop into the school office and speak to Mrs Lewis.

Box River News

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email: editor@boxrivernews.com

www.facebook.com/BoxRiverNews

www.instagram.com/boxrivernews

Deadline date for the July 2023 Issue is:

June 15th at midday

NEWTON FIRESIDE CLUB

We have only had one meeting, on May 2nd as I write this report. Members were plied with prosecco whilst we collected subs and signed up for future events.

We then had a quick game of bingo (thanks Alan) with cash prizes of up to £1!! We also had a raffle that raised £55 towards transport for our trip to Hyde Hall.

On Tuesday 16th we plan to show a film. This is a first for us and would not have been possible without the technical support of Dave Crimmin – so a big thanks to him. There will, of course, be popcorn as well as the usual tea and cakes.

We are also really looking forward to the floristry demonstration by Jules Floristry, Assington. More about that next time.

We are holding a coffee morning on Saturday 20th May. Please do come along and, if you are not already a member of the club, we will happily tell you all about it.

Donations for the raffle and cake/savoury stall, bric-a-brac and plants would be most welcome.

Also, I am pleased to announce that tickets for THE MIDSUMMER MUNCH are now on sale. They are available from Marilyn on 07748 175 389.

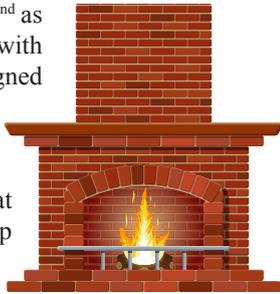
Summer 2023 Programme of Events:

Tue 30 th May	Floristry Demonstration
Sun 11 th June	Midsummer Munch (from Noon)
Thur 15 th June	Outing to Hyde Hall (meet at Village Hall at 10am)
Wed 21 st June	Suffolk Day Cream Tea
Tue 27 th June	Talk by Sudbury Citizens Advice
Tue 11 th July	Outing to Felixstowe (meet at Village Hall at 10am)
Tue 25 th July	'Bring & Share' Lunch (time TBC)

All meetings are held in the Village Hall and start at 2pm unless otherwise stated and anyone is welcome. Subs for the term are £3 a session paid termly if possible. This includes refreshments and activities. Non-members are welcome to come along to any session. The fee will be between £5 and £10 depending on the activity. New members are always welcome, the first session is free.

Please contact Moira on 01787 374652 or Sue on 07881 383 998 if you would like more details.

Sue Presland



COFFEE MORNING RAISES HUGE SUM

A huge congratulations and well done to all involved with the Newton Green Coffee Morning held on the 22nd April in aid of St Nicholas Hospice Care. Event organiser Carole Langley received a warm letter of thanks from the hospice revealing that the sum of £1,050 had been raised on the day which is a brilliant result.

Well done to all who helped at the event as well as those that attended and donated. It is wonderful to see such strong community support!

HADLEIGH & BOXFORD PPG

Over 1300, 75+ and clinically vulnerable patients received their Covid booster jabs at two morning clinics in April and May. As ever, volunteers did sterling work in the car parks to prevent any mishaps and offer assistance to anyone who needed it. Sincere thanks to them for their time and patience on both occasions.



Unfortunately, the builders' equipment is still causing unavoidable disruption in the Practice car park. Please bear this in mind when coming for an appointment and, if possible, park elsewhere. If you do park in the Toppesfield Hall public car park for a Doctor's appointment or speedy visit to the Pharmacy remember you still need to display a parking ticket.

Plans are progressing for the installation of a mini art exhibition in the main waiting area. Work of senior High School students will be on display for all to see.

If you enjoy the great outdoors why not join a very special walking group at 10am on Sunday 16th July? This leisurely ramble is in memory of the late Gareth Meredith who loved walking. It will start at the Boxford Practice and, clear signage, will take walkers cross country for 5½ miles to their final destination: the Hadleigh Practice. Families and pets are most welcome but you do walk at your own risk. You will also be responsible for your own transport arrangements. Parking at the start is very limited. No fee to join the walk but a voluntary donation will be possible. All money collected will be used to buy an infrared vein finder for use in the newly created Phlebotomy Room within the Practice.

Finally, a big thank you to the dedicated team at the Practice who gave up their Saturdays to man the vac clinics so that those eligible could receive their booster locally and not have to travel miles to an unknown, unfamiliar centre.

PPG Chair: Jan Devey 01473 827091

Email: deveys@btinternet.com

Website: www.hadleighhealth.co.uk

Facebook: <http://bit.ly/Hadleigh-Group-Facebook>

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JACK'S HOME TRUTHS

Director at David Burr Estate Agents, Jack Thornley, assesses the property market as we continue through spring:

Recent weeks have seen a burst of colour across the region as an almost continuous cycle of the elements have led to a background whirring of lawnmowers and the onset of what has historically been one of the busiest periods of the year for the housing market. Whilst market trends are variable across the nation, the homeowners of East Anglia have a longstanding preference for marketing their properties at a time of year which displays their gardens to their best advantage. With spring/summer trends in years gone by characterised by extended periods of drought, 2023 seems likely to bring a more varied spring that always brings a boost for both viewers and estate agents alike.



Following last month's market comment regarding an increased level of supply to the regional marketplace, we have seen success amongst those sellers that are heeding advice with Rightmove's house index reporting *"Agents are reporting that many sellers have transitioned out of the frenzied multi-bid market mindset of recent years and understand the new need to tempt Spring buyers with a competitive price. The current unexpectedly stable conditions may tempt more sellers to enter the market who had been considering a move in the last few years but had been put off by its frenetic pace. Buyers may have struggled to find a home that suited their needs in the stock-constrained market of recent years and will now find more choice available. However, those who have now decided to make a move should not wait around too long to make an enquiry if they see the right home for sale, as not only is the number of sales agreed now back to pre-pandemic levels, but homes are also on average selling twelve days more quickly than at this time in 2019."*

The lettings market remains extraordinarily busy with not enough supply available to cater for the level of applicants that we presently have. An increasing proportion of our let-only clients are taking the decision to invest in our fully managed service which removes a lot of the onus from what is an increasingly regulated sector. With more and more residential mortgage rates back over 5% for both two and five-year fixed products, buy-to-let investors are keeping a keen eye out for bargains within the property types typically best suited as buy-to-let investments. Should this be an area you are considering investing in and would like an initial discussion as to how best to get started then please do not hesitate to contact your local office who would be pleased to provide no-obligation advice tailored to your specific circumstances. Equally, if you are a tenant looking for a property to let in the area, please do get in touch with us as the best properties are securing tenants in a matter of days from that time at which they are initially offered to the marketplace.

Our exhibition at the London & Country Property Show is due to take place on Tuesday 16th May which is aimed at those who are exploring the possibility of moving away from London, investing in property in and outside the capital or those looking for a more varied lifestyle the like of which East Anglia provides in spades. This event has attracted a lot of interest from both existing clients and those looking to relocate to the region and we look forward to reporting back after the event.

Held in the Main Hall of the Chelsea Old Town Hall, the show will take place on Tuesday 16th May 2023 between 1.30pm – 6.30pm and is free to enter.

Jack Thornley

Director, David Burr Estate Agents <https://davidburr.co.uk>

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KENNY'S NEWS FROM SESAW



My mission this month is to find a home for two retired racing greyhounds that tower over me and have languished at SESAW for over a year.

Bodie and Mikey, aged five and four respectively, could be separated but that would be a shame as they have always been together. They need an experienced home with no cats, two on-lead walks a day and a comfy sofa. If

you have room in your heart and home for these beautiful creatures, please leave a phone message or email with your contact details.

If you, like me, are not an early riser, here are two events for you! We will be selling various items at a Boot Sale on the Football Ground in Long Melford, CO10 9JY, 2.30pm on 9th June. We will also have a stall and a Pets Corner at the Summer Fete on Leavenheath Village Green, CO6 4PY, 1pm on 17th June. Do pop in to say hello if you fancy a trip out.

More volunteers are still needed to look after the dogs, cats, rabbits and other small animals until the right person comes along. If you would like to help or are looking for a new pet to complete your family, please visit our website or call in to see our many rescued animals. We are open 10am to 1pm, Thursday to Sunday and look forward to seeing you. If you wait until lunchtime, you may even catch a glimpse of me, *Kenny (the Boss) Chihuahua!*

Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Tel: **01787 210888** / Web: www.sesaw.co.uk



Bodie and Mikey



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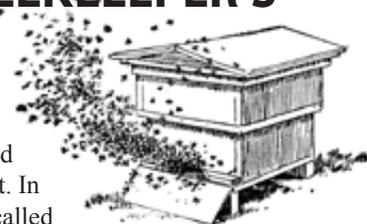
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NOTES FROM A BEEKEEPER'S DIARY

No creature has been studied over the years more than the honeybee, and much received wisdom is passed down from one generation to the next. In the fullness of time a lot of this so-called knowledge has turned out to be absolute twaddle, a prime example being the ancient belief in *Bugonia*.



Bugonia was respected as absolute truth before being rubbished centuries later. Before rejecting what follows as some form of delayed April Fool's joke, have a look at a tin of Tate and Lyle's Golden Syrup. On the side of the tin is a drawing of a dead lion surrounded by a cloud of insects, and the inscription "Out of the strong came forth sweetness". For well over 60 years I scratched my head wondering what on earth that could possibly mean. Not any more since I took up beekeeping.



The words come from the Old Testament, Judges 14:14, dating from around 500 BC, and refer to the long-held belief that bees were created from rotting animal flesh. Over the centuries this story evolved into scientific fact. The recommended method of *bugonia* was "to slaughter a good young bullock of two or three years [...] then wait 6 weeks after which time a miraculous cloud of bees will pour forth, like a shower from summer clouds".

It was not until well into the 17th century that William Harvey (who discovered the circulation of the blood) cast doubt on the whole principle. So how could such a wild belief remained unchallenged for so many years? One possible explanation is that an altogether different insect, the drone-fly, does indeed lay its eggs on rotting carrion and closely resembles the colour and shape of the honeybee. Another lies in the attraction of a belief in resurrection and the eternal soul. We believe what we want to believe. Be that as it may by the end of the 17th century *bugonia* was well and truly consigned to the dustbin of science.

Sadly, one area where there is very little need for further scientific proof is the effect of human activity on *all* insects. Not so long ago if you were driving home on a summer's evening you would end up with a liberal splattering of dead insects across the windscreen and front of your car. It was so commonplace that you could buy cleaning sprays specially designed to remove their remains. It's easier to keep your car clean now, but at the cost of a massive decline in insect populations.

You could argue that many insects are more of a pest than benefit and perhaps we could be better off without them. However, insects are the staple food of birds, and their numbers are declining everywhere. If there are no insects, migrating birds will go elsewhere and those that winter here will struggle to survive. Silent Spring indeed.

A two-part programme last month presented by the comedian Paul Whitehouse highlighted the disgusting state of our rivers and beaches. Discharge of raw sewage into rivers seems to be normal practice by many water companies, not to mention the government. Pollution strangles even fast flowing streams by clogging the riverbed and depleting oxygen. Honeybees, just like many other creatures, depend on a source of clean water. Environmental pollution is a threat to all.

Climate change has a lot to do with it as well. All insects have had a tough time this winter, and none more so than the honeybee. Not because there was a long freeze, but ironically because it was quite mild, so the bees clustered late. It was the sudden sharp drop in temperature before Christmas and in January that caught them unawares and did the damage. And have you noticed how few bumble bees are around this year?



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Honeybee colony losses have been unusually severe, with over 50% failing to make it through the winter. Spring was unusually wet and windy, and swarms reported a full four weeks later than in previous years, and smaller and fewer in number.

So every swarm is important to help build up the numbers before winter sets in again. If you do come across a swarm of bees or one comes to rest in your garden, please phone a local beekeeper to collect them (myself - Tony Rand on 07503 164823 or Rich & Trudi Wild on 01787 210 946). We will make sure they are safely collected and rehomed.

Tony Rand

CITIZENS ADVICE



I've just had my bathroom retiled, but I'm not happy with the work. At first, things seemed to be going well, but then the tradesperson left to do another job and I had to chase them for updates. They did eventually come back and finish the job, but the work was pretty rough around the edges. They also left all the old tiles and plaster for me to dispose of, which I wasn't expecting. I've now got the invoice, but I don't think the price reflects the work done or the service I got. Can I challenge this?

It's always frustrating when you run into problems with home improvements.

You mention that the job looked "rough round the edges", if this is to a degree you could consider the job unfinished or unsafe, you should be able to get the tiler to come back to fix it. You could also suggest removing the old tiles might be considered as part of finishing the job.

If the tiler considers the work complete, it's worth knowing you're protected by the Consumer Rights Act 2015, which says the tiler should have completed the work with 'reasonable care and skill'. If they haven't done this, they've broken the law. The Act means you're legally entitled to ask the tiler to fix the problem (if they provided the tiles as well as the service) or get money refunded (if they just provided the service and you bought the tiles). They should fix the problem or refund you in a reasonable amount of time, without causing too much inconvenience. As you've received the invoice for the work but not paid yet, now would be a good time to ask them to fix the issue or you can negotiate a lower price for the work.

Let the tiler know you understand what you're entitled to. Speak to them in person, or contact them in writing/over email, there are template letters on the Citizens Advice website, www.citizensadvice.org.uk, either way make sure you have a written copy of anything agreed. Before you contact them, it's a good idea to take photographs to use as evidence of the problem. Make notes about what happened, including dates and times. You should also gather any paperwork and receipts - was there any prior written agreement about who would dispose of the old tiles? Was the final cost in line with estimates or quotes given to you at the outset of the work. If not, there is advice on the Citizens Advice website about steps you can take.

If you're struggling to come to an agreement with the tiler, there are other steps you can take to solve your problem these include using 'alternative dispute resolution', which is a way of solving disagreements without going to court. There are full details about how to do this on the Citizens Advice website.

For information and advice on this or anything else, visit www.citizensadvice.org.uk or call Sudbury and District Citizens Advice on **01787 321400** and leave a message and someone will call you back when available.

We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website, www.sudburycab.org.uk/contact

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.

READERS' LETTERS

Dear Editor,

We wish to express our thanks to the residents of the Lavenham Ward for their overwhelming support for us both at the Babergh District Council elections.

We believe the position of District Councillor is vocational and one of service to others. We look forward to fulfilling our position of service to the parishes of Chilton, Cockfield, Great Waldingfield, Lavenham, and Little Waldingfield for the next four years.

Thank you for your support, it is a privilege to serve you.

With our best wishes to all residents,
Margaret Maybury and Paul Clover

Dear Editor,

One of the pleasures whilst waiting for the next edition of our Box River News is trying to guess what the next lovely, colourful front cover will be.

It is always a delight, never disappoints.

Thank you,
V. S. James
Boxford

[Ed: Thank you so much for your kind words and I hope you continue to enjoy them in future issues. No pressure!]

Dear Editor,

We would like to extend our congratulations to the residents of Milden who organised the village's afternoon Coronation Day celebrations.

Like the weather on the day of the late Queen's Coronation in 1953, it was cool, grey, and wet. However, this year's weather didn't dampen the spirits of the large number of villagers in attendance, along with guests such as ourselves.

As a result of the inclement weather, outdoor games on the playing field were made difficult, but that encouraged partygoers to make full use of the marquee bar facilities and to dance enthusiastically to the Stumpy Oak Ceilidh band.

Additionally, the BBQ enjoyed a brisk trade, as did the refreshments in the pavilion tearoom. The fun continued well into the evening which was a tribute to the village's irrepressible community spirit.

Well done and thank you, Milden.
Robert & Kathleen Carr

Dear Editor,

Thanks to all who attended 'An Evening With ShantyFolk' at Boxford Village Hall on Saturday 15th April. The event was organised by Boxford & District Bowls Club. The club kindly donated a share of the proceeds, amounting to £380, to the RNLI. A bucket collection on the night raised a further £150 so a total of £530 was donated to the charity. We had a great time. Thanks again for supporting us.

ShantyFolk – Suffolk
shantyfolksuffolk@gmail.com

THE BUTCHER'S WIFE

One thing I've never coped well with is the sight of blood but as I've got older, it's become more of a problem. Even if people talk about blood I start to feel queasy and light-headed. Luckily, I've passed out enough times so I have a bit of warning and can lay on the ground before I faint but that wasn't always the case.

One such event was a few years ago when I was cooking dinner and sliced the tip of my thumb off while chopping swede. I immediately went to the sink to run it under the cold tap and shouted to the mini Leeders to call dad before I hit the deck. When the Butcher got to the house all three mini Leeders were watching TV in the living room, completely unfazed, while I was fighting for my life in the kitchen. There was blood all over the kitchen and I was passed out on the floor. I came round and the Butcher tried to sit me up to assess the damage. As soon as he moved me, I passed out again. Eventually he was able to get me in the car to the doctor to get it stitched up but apparently I made a right drama of it!

In my infinite wisdom, I decided to donate blood a few years ago. I honestly thought I would be okay and it would be a case of mind over matter. Not long after I arrived they did a finger prick test and I should have gone home then because even that made me feel a bit dizzy. I made a point of not looking at my arm and tried to distract myself by looking at my phone. There was no way I was going to embarrass myself and ask for help. A nurse walked past me and I obviously wasn't looking great because she said she was just going to tip my chair up. I ended up with the chair reclined as much as it would go with my feet up in the air. Everyone else was sitting like a normal person. I was made to sit like that in the chair for 10 minutes after my donation to make sure I didn't faint. Afterwards the nurse went to send me to a table across the room to get a biscuit and a drink and as I was getting out of my chair, I fainted. I then had to carry an A4 red card so everyone in the room knew I was a wuss. The lady at the refreshments staff tried to make me eat a chocolate biscuit. My mouth was as dry as the desert and I just couldn't chew it. She was trying to make conversation with me and I was focussing so much on not fainting and swallowing that biscuit. Another lady came to sit at the table and told us she had donated every year for the last 10 years. The next thing I remember is opening my eyes on the floor looking at the ceiling. I had fainted and fell off my chair. When I came to, I was moved to a mat behind a screen, obviously for privacy but at this point I'd already fainted in front of everyone 3 times. What should have taken me about 30 minutes took over an hour. It's safe to say I'll never try to conquer my fears again!



Chicken Basque

This delicious recipe is from one of our customers! If you have any recipes you'd like me to try out and share, please send them in!

Ingredients

- 1 chicken, jointed into 8 pieces
- 225ml of basmati rice
- 275ml chicken stock
- 170ml dry white wine
- 1 orange, cut into wedges
- 150g chorizo, cut into 1cm slices
- 2 cloves garlic, chopped
- Salt & pepper to taste
- 50g black pitted olives
- 2 red peppers, sliced
- 1 medium onion, sliced
- 2tbsp extra virgin olive oil
- 1tsp fresh thyme
- 50g sun-dried tomatoes in oil, cut into 1cm pieces
- 1tbsp sun-dried tomato paste

Method

1. Heat 2 tablespoons olive oil in a large casserole dish, add the chicken pieces, brown on both sides and remove from the dish.
2. Add a bit more oil to the dish on medium/high heat, add the onion and peppers cook for about 5 minutes until browned.
3. Add the chorizo, sun-dried tomatoes and garlic and cook, stirring, until the garlic is pale golden and the chorizo has started to colour.
4. Next, stir in the rice ensuring the grains are coated in the oil. Add the sun-dried tomato paste, paprika and chopped thyme. Pour in the stock and wine, and add some seasoning.
5. Once it comes to a simmering point, turn the heat down and gently simmer. Add a bit more seasoning and then place the chicken on top of the other ingredients (make sure the rice is down in the liquid) and add the oranges and scatter the olives.
6. Cover and cook in a pre-heated oven at gas mark 4, 180°C (350°F), for 1 hour.

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Free local delivery*

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*within 7 mile radius of Boxford on orders over £25
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RAMBLINGS FROM THE RECTORY

One of the things I love best about the Bible are those vivid pictures of important characters engaging in the tensions and struggles of real life, and through them, those little moments of clarity we see breaking into our philosophical understanding. One such image can be found in Acts 17, when St Paul stands before the Greek people of Athens and addresses them. He has noticed that they have a practice of worshipping what they call an 'unknown God'.



In his address to them, he outlines that the very God they worship as unknown is the same God that Christians worship as known. This narrative, like most of those stories we read in the Acts of the Apostles, is captivating.

In our modern age, we worship many things: money, possessions, entertainment, celebrities, work, romantic relations... The list goes on. None of these things are problematic in and of themselves. The enjoyment they bring can be good for us. It is, however, very easy to develop the wrong kind of relationship with them. When that enjoyment turns to obsession, we are in trouble for they will inevitably lead us into dark places.

Scripture tells us that we are designed to worship God. And the evidence that over 90% of the world's population is religious would seem to back this up. Indeed, there is even evidence from neuroscience that worship stimulates parts of the brain more effectively than other things we sometimes turn to instead. But I think there is evidence in our everyday life too.

Whenever we fall into the trap of worshipping other things instead of God, we inevitably exhibit traits that diminish us. Things like possessiveness, greed, obsessiveness, irrational fear of loss and failure, negative self-criticism, criticising others... But when we properly focus upon God, something else happens. We become more loving, accepting, compassionate. The fear begins to leave us because we are less worried about losing the things we possess.

If 'God is love', as St John claims, and to 'live in love is to live in God', then we find him by loving and serving others. When we worship him, that focus upon the all-loving God that we know, will lead us into more loving and self-giving as we begin to delight in the wellbeing of others.

With every blessing,

Fr Rob - rparkermcgee@gmail.com, Tel: 01787 210434



BOXRIVER BENEFICE

COFFEE MORNINGS

EVERY TUESDAY, 10.00 AM - MARY'S HOUSE, BOXFORD

FRIDAY, 2ND JUNE, 10.30 AM - ST LAWRENCE'S CHURCH, LT WALDINGFIELD

SATURDAY, 17TH JUNE, 10.00 AM - ST MARY'S CHURCH, BOXFORD

WEDNESDAY, 21ST JUNE, 10.00 AM - ALL SAINTS' CHURCH, NEWTON

** EXTRA DATE ADDED FOR JULY**

SATURDAY, 1ST JULY, 10.00 AM - ALL SAINTS' CHURCH, NEWTON

CATCH UP WITH OLD FRIENDS, MAKE NEW FRIENDS

OUR BEAUTIFUL PARISH CHURCH STANDS AS A TESTAMENT TO THE PEOPLE WHO HAVE LIVED, LOVED AND MADE BOXFORD THEIR HOME THROUGHOUT THE AGES AND AT NIGHT THE TOWER SHEDS LIGHT INTO THE DARKNESS

"LIGHT UP" St Mary's Church Boxford In Memory of a Loved One or In Celebration of an Anniversary, Birthday, or Special Occasion

For a suggested donation of £15.00, the church will be lit up in remembrance or celebration and a commemorative poster will be put up in the church to mark the occasion.

Contact boxriverbenefice@gmail.com or 01787 828046 for more information

FATHER ROB AND SARAH INVITE YOU TO

Tea at the Rectory, for Bereaved Spouses & Families

24th June 2022 | 12:00 - 2.00 PM
The Rectory
School Hill
Boxford

RSVP: BENEFICE ADMINISTRATOR BY 15TH JUNE
TELEPHONE -01787 828046
EMAIL - boxriverbenefice@gmail.com



CONTACT INFORMATION

Benefice Office
Mary's House, 5 Swan Street, Boxford CO10 5NZ
01787 828046 email: boxriverbenefice@gmail.com

Fr Rob Parker-McGee SR
01787 210434 email: rparkermcgee@gmail.com

De-stress that Skin!

We've told you all about Dermalux, right? You know, the anti-ageing miracle treatment that feels like you're lying on a beach with the warm sun on your face? Well, did you know Dermalux is also amazing for treating skin issues like **acne**?

Dermalux LED Phototherapy is a non-invasive treatment that harnesses the power of pure light to accelerate the skin's natural rejuvenation and repair processes, without pain or downtime. It boosts collagen production, increases hydration, calms redness and irritation and blitzes blemish-causing bacteria, which means it works a treat on irritated, red and spotty skin. As an added bonus, Dermalux also helps combat SAD (Seasonal Affective Disorder), increasing feelings of contentment and wellbeing.

A course of weekly or fortnightly Dermalux sessions always works best so this month, we are offering 25% off: Buy 8 sessions for £240 (usually £320) - just £30 per treatment.



Summer Skin Special

Save 25% on a course of Dermalux LED Phototherapy:
8 treatments for £240 (usually £320) *

Call: 01787 211 000 to book

* Offer valid once per person until 30/06/2023.

Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 ★ www.suffolkmedicalclinic.co.uk





SERVICE SCHEDULE FOR JUNE 2023



Sunday 4th June <i>Trinity Sunday & Boxford Open Gardens</i>	09:30	<i>Sunday Eucharist</i>	St Lawrence's, Lt Waldingfield
	11:00	<i>Forest Church</i>	The Rectory Woodland, Boxford
	17:00	<i>BCP Communion</i>	St Mary's, Boxford
Wednesday 7th June	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
Sunday 11th June <i>Trinity 1</i>	09:30	<i>Sunday Eucharist</i>	St Bartholomew's, Groton
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
	17:00	<i>BCP Evensong</i>	St Mary's, Boxford
Wednesday 14th June	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
Sunday 18th June <i>Trinity 2</i>	09:30	<i>Sunday Eucharist</i>	St Mary the Virgin, Edwardstone
	11:00	<i>Father's Day Family Pilgrim Service</i>	St Mary's, Boxford
	13:45	<i>Historical Tour of St Edmundsbury Cathedral followed by Afternoon Tea</i>	St Edmundsbury Cathedral, Bury St Edmunds
Wednesday 21st June	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	19:00	<i>Archdeacon's Visitation Service for all Churchwardens</i>	Holy Trinity, Long Melford
Sunday 25th June <i>Trinity 3</i>	8:00	<i>BCP Holy Communion</i>	St Mary's, Boxford
	8:45	<i>Benefice Breakfast</i>	St Mary's, Boxford
	9:30	<i>Pilgrim Service for all the Family</i>	St Mary's, Boxford
	11:00	<i>Sunday Eucharist</i>	All Saints', Newton
Wednesday 28th June	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford

(Morning Prayer online every Tuesday, Thursday and Friday morning from 8.30am)

All our churches across the Benefice are OPEN EVERY DAY for Private Prayer.

If you need support, please contact Fr Rob or the Benefice Office



FOREST CHURCH

RECTORY WOODLAND

SUNDAY, 4TH JUNE AT 11.00 AM
AND THE FIRST SUNDAY OF EACH
MONTH DURING THE SUMMER

Encounter divine things in the great
outdoors, in the sky, the earth, the trees
and the wildlife.

This service is for everyone, old and young
who wants to connect with God in this
beautiful environment.

It will be alternative, fun and quirky.

Little Waldingfield FLOWER FESTIVAL

ST. LAWRENCE CHURCH

A GARLAND OF VERSE

Saturday 2 September, 10 am - 5 pm

Sunday 3 September, 10.30am - 5 pm

FREE ADMISSION - Donations Welcome

Refreshments in Church

Stalls Raffle





The Box River Benefice

Boxford, Edwardstone, Groton,
Little Waldingfield and Newton

DATES FOR YOUR DIARY

Fri 2nd June 10:30am *Coffee Morning*, St Lawrence's, Lt Waldingfield

Sat 3rd June, 12 noon *Wedding*, St Mary's, Boxford

Sun 4th June 10am-4pm *Boxford Open Gardens (inc. Edwardstone)*

Tues 6th June 10am *Drop in for Coffee*, Mary's House

Sat 10th June 6pm *Happy Hour Concert*, St Mary's, Boxford

Tues 13th June 10am *Drop in for Coffee*, Mary's House

Wed 14th June 3pm *Bible Study Group*, 47 Swan Street, Boxford

Sat 17th June 10am *Coffee Morning*, St Mary's, Boxford

Sun 18th June 1-5pm *Benefice Cathedral Tour including afternoon tea*, St Edmundsbury Cathedral (FREE event)

Tues 20th June 10am *Drop in for Coffee*, Mary's House

Wed 21st June 10am *Coffee Morning*, All Saints', Newton

Sat 24th June, 12-2pm *Afternoon Tea for the families of the Bereaved*, The Rectory, Boxford

Sun 25th June 8:45am *Benefice Breakfast*, St Mary's, Boxford

Tue 27th June 10am *Drop in for Coffee*, Mary's House

JUNE IN THE BENEFICE

We are very much looking forward to a busy and hopefully sunny June within the Benefice. Please take a few minutes to look at our adverts in the Box River News, detailing what is going on. There is something for everyone, Boxford (including Edwardstone) Open Gardens, Benefice Tour of St Edmundsbury Cathedral and our 2nd Happy Hour Concert. We very much hope that you will be able to join us at one or all of these events, everyone is welcome.

FOOD BANK, ST MARY'S BOXFORD

We are delighted that our food bank is now receiving additional support from Community Action Suffolk, this helps us to keep our shelves stocked up and to help more people from our villages. Thank you to everyone who continues to donate to this great cause, we are very grateful for all your donations. Non-food items including toilet roll, nappies and toiletries are also now available and we are waiting for a delivery of cat and dog food.

If you would like to arrange for a bag of food and non-food items, which can be collected from Mary's House or St Mary's Church, please contact the Benefice Office, we are here to help.

CHURCHWARDEN RETIRES

Diana, our Churchwarden at St Bartholomew's Church, Groton, stepped down on 30th April after many years in post. She has been such a remarkable support to the Parish, the Benefice and the Rector. We cannot thank her enough as she gracefully passes the role onto a new generation of Churchwardens, Piers, and Jayne. We wish them well in their new



roles, they will be great, even if they do have big shoes to fill. If you would like to become more involved in your local church, please contact the Benefice Office in the first instance.

STALL HOLDERS WANTED

We are looking for stall holders for St Mary's Church Fete, Sunday, 10th September. If you would like to book a pitch or would like to find out more information, please get in touch boxriveractivites@gmail.com



Box River Benefice Tour of St Edmundsbury Cathedral followed by Choral Evensong and Afternoon Tea

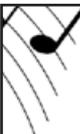
1.00 - 5.00 pm, Sunday, 18th June

RESERVE YOUR PLACE TODAY

☎ 01787 828046

✉ boxriverbenefice@gmail.com

There is no charge for this event but you will need to make your own travel arrangements
Please contact the Benefice Office to reserve your place



ST MARY'S CHURCH, BOXFORD



HAPPY HOUR CONCERTS BETWEEN 6PM AND 7 PM

**SATURDAY, 10TH JUNE - VOICES & PIANO
WITH STEPHEN MITCHELL & ELAINE HENSON**

**SATURDAY, 8TH JULY - THEATRICAL
REMINISCENCES WITH PATRICIA EDDINGTON
& TOM COGAN**

**FREE ADMISSION, NO NEED TO BOOK, JUST COME ALONG
RETIRING COLLECTION IN AID OF ST MARY'S CHURCH
ENJOY A CLASS OF WINE AFTER THE CONCERT**






The Box River Benefice
*Boxford, Edwardstone, Groton,
Little Waldingfield and Newton*

NEW FOR SUMMER 2023

ST MARY'S CHURCH, BOXFORD ON THE 4TH SUNDAY OF EACH MONTH

BCP HOLY COMMUNION AT 8.00 AM
FOLLOWED BY
BENEFICE BREAKFAST AT 8.45 AM
FOLLOWED BY
PILGRIM SERVICE FOR ALL THE FAMILY AT 9.30 AM



BOXFORD GARDENS OPEN

Including Edwardstone

SUNDAY 4TH JUNE

11AM – 4PM

Plant Stalls·Cake Sale
Cream Teas·Artists' Studios

All funds support St Mary's Church

NEW GARDENS & CHILDREN'S TRAIL

Contact audrey@a2zriskservices.com for details

Kersey Open Gardens

Saturday, 10 June 2023

11.00 am to 5.00 pm

Adults: £5 (cash only), Under 16s: Free

Back at last a chance to see Kersey's beautiful gardens.



Refreshments will be available in the Village Hall throughout the day.

Proceeds will be shared between St Elizabeth Hospice in Ipswich and Kersey Projects for community events.

Contact us at: kerseyprojects@gmail.com for further details.

Chelsworth Open Gardens
Sunday 25th June
11 am to 5 pm

More than 20 gardens open

Invitation to Explore - Photographed by Amanda Clowe in Pritchatts Garden



Admission by Programme Available from car parks on the day

Refreshments Plant Sales Specialist Stalls

Adults £7 Children and Parking Free Coaches

Chelsworth on the B1115 between Sudbury and Stowmarket - IP7 7HU

Proceeds to All Saints Church Chelsworth XR8792

www.chelsworth.org.uk

MADRIGALIA & A Melody of Harps

ALL SAINTS' CHURCH
LAWSHALL FUNDRAISING
CONCERT £8 INC. GLASS
OF PIMMS

Madrigalia (a small mixed voice chamber choir) & A Melody of Harps are looking forward to performing at Lawshall Church again. The choir will sing madrigals, folksongs & popular songs & the harp ensemble will perform traditional pieces.

FRIDAY 9TH JUNE
7.30 PM

TICKETS ON THE DOOR OR FROM
ELIZABETH CLARKE - 07813430985
ANNE CHORLEY - 07761934059



NAYLAND VILLAGE HALL FUNDRAISER

MIDSUMMER PROM IN THE PARK

Saturday 24th June 2023



Featuring the East Anglian Festival Orchestra
with Emma Bishton (*soprano*)
playing popular classics

Nayland Village Hall Field CO6 4JH
Doors Open 6.30pm - Music begins 7.15pm

Bring a picnic and something to sit on
Pimm's and Strawberries available
Soft Drinks
Various Alcoholic Drinks

Tickets: Adults over 21 £15, 5-21s £5, under 5s free

Available online via: naylandevents.org

or at Mill Street Store & Deli, Nayland Post Office and Forget Me Not





Its Time to Get... Wild in the Stour Valley

A fun hands-on family day out, provided by local outdoor education organisations



Mini-beast hunts



Damsels & Dragons



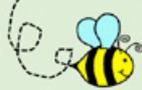
Help4Hogs



Camera Obscura



Boat trips



Quiz Trail



Archery



Art & crafts



Canoeing

Friday 2nd June 2023

11:00am - 4:00pm

Friars Meadow, The Valley Walk, Sudbury, CO10 2SS

FREE EVENT!

Find out more at dedhamvalestourvalley.org or email emma.black@suffolk.gov.uk

TRAVEL BACK IN TIME AGAIN

The Boxford Society exhibition and slideshow of historic photos of Boxford on Coronation Sunday was so popular and well-attended that we are repeating it by request on Open Gardens Sunday, June 4th at St Mary's Church, Boxford. Several people have said how sorry they were to have missed it and some have asked for this repeat. Again there will be the photos on display boards and a rolling slideshow on screen of over 200 photos of Boxford in the 20th century.

The exhibition will be open for viewing from 11am until 4pm when it will close, so don't leave it too late. Please come along and meet your friends and immerse yourself in old Boxford and its people. We hope to have the North Door in the wooden porch of the church open again for ease of access.

FUN QUIZ NIGHT

Polstead Village Hall, Saturday 24th June. 7pm for 7.30pm start.

Teams of six, £9 per person, refreshments included, bar available, raffle.

To book your table email: polsteadvillagehall@outlook.com or telephone Sue Townsend 01787 828 570 or tickets will be available from the beginning of May from Polstead Village Shop

Single tickets may also be purchased, tables can be made up on the night

POLSTEAD FILMS

THE FABELMANS

Stephen Spielberg's beguiling ode to cinema

Friday 16th June, Doors open 7pm

POLSTEAD VILLAGE HALL :

Tickets £4.50

Email: polsteadfilms@gmail.com to reserve or buy at Polstead Community Shop.



LEAVENHEATH CINEMA

SATURDAY 3rd JUNE

THE LOST KING

2022 (12) Historical

Starring Sally Hawkins & Steve Coogan

Running Time 1hr 48mins with 20min interval

Please book early to avoid being disappointed

7 For 7:30pm Start

Leavenheath Village Hall, CO6 4NS

Tickets: Adults £4, Under 12s £2.50



You can pay by cash or card on the door or reserve your seat online at www.leavenheath.org.uk

Telephone Marion on 01206 263301 to book your tickets

Refreshments, wine, beer, soft drinks, coffee, tea will be available before the film starts and also ice creams during the interval

Proceeds towards LVH Capital Project Fund (Charity no 262816)

WINSTON'S SUMMER FETE

Winston's Wheels disabled dog charity are holding a summer fete at Whatfield Village Hall on Saturday 1st July from 10am to 2pm.

Refreshments, Tombola and 15+ Stalls.

Free Entry

Reg Charity No: 1191322



**THE SUN HAS GOT IT'S HAT ON,
HIP HIP HIP HOORAY!
THE SUN HAS GOT ITS HAT ON &
IS COMING OUT TODAY !!**

So why not try us - the final lecture
before the summer break
THE ARTS SOCIETY STOUR VALLEY

On the 3rd Wednesday of *each month at 11am
at Long Melford Village Hall, CO10 9QJ (opp The Bull)

We offer diverse illustrated *Monthly Talks,
(excepting July/August), Visits, Special Interest Events
+ a quarterly magazine & much more
- all at a very reasonable cost

FOR FURTHER DETAILS and to get your name
onto the membership waiting list

Contact: info@TASstourvalley.org.uk quoting BRN24
or via our website www.TASstourvalley.org.uk



WEDNESDAY 21st JUNE

ENGLISH GARDEN FOLLIES

These delightful and intriguing buildings offer insights into tastes and interests of the day. The talk will look at follies in C18 and C19 landscape gardens with a variety of styles and building types. The follies often had hidden meanings and the gardens could be enjoyed visually whilst also appealing to the intellect.

HELIER BOWLING

Growing flowers from seed for cutting - Autumn sowing



Tuesday 6th June 7.30pm
at Boxford Village Hall

FLEECE JAZZ 2023
Stoke-by-Nayland Hotel presents

Etheridge/Travis Quartet
Wednesday 14th June 2023 8pm - Tickets: £23



A veritable jazz-prog supergroup of immensely talented musicians, formed from the frontline of the legendary band Soft Machine. Expect a pulsating night of musical fireworks and dreamy ambient soundscapes.

John Etheridge – Guitars
Theo Travis – Saxes
Pete Whittaker – Organ
Nic France – Drums

Bryan Corbett's Hi-Fly Quintet
Wednesday 28th June 2023 8pm - Tickets: £19



This outstanding quintet celebrate the year 1959 that saw the release of some of the most revered jazz albums: Miles Davis' *Kind of Blue*; Charles Mingus' *Ah Um*; Dave Brubeck's *Time Out*

Bryan Corbett – Trumpet/Flugelhorn
Chris Bowden – Alto sax
Matt Ratcliffe – Piano
Tom Hill – Bass
Carl Hemmingsley – Drums

Stoke by Nayland Hotel, Keepers Lane, Leavenheath CO6 4PZ
Ample parking; fully accessible. Directions: www.fleecejazz.org.uk
Tickets: 01787 210796 or via **WeGotTickets** (booking fee applies); or on the door (cash or cheque only; sorry no debit/credit cards)
***Friends of Fleece Jazz discount**

SPECIAL OFFER: A double room with breakfast and two tickets from £119 (subject to availability) Phone: 01206 262836

Boxford Drama Group present

The Good Old Days

*An evening of divertissement
awash with nostalgia
and bewitching captivation!*

**FRIDAY 16th &
SATURDAY 17th JUNE
at 7.30pm**

Boxford Village Hall
**Tickets £16.00 with supper
served in the interval**

**Songs old and new,
sketches, music, silly routines and fun!**

Tickets will be available mid May from Boxford Post Office
or online from: boxfordshows.uk/tickets
DIETARY REQUIREMENTS: Please Email catering@boxfordshows.uk

THE GOOD OLD DAYS!

Here is your chance to be taken back to the good old days of Music Hall! In a collaboration between Ward Baker and Boxford Drama Group, we invite you to come and join us for an evening of songs, new and old, melodrama, sketches, comedy and fun! All compered with flawless perfection by our experienced Master of Ceremonies, David Phillips!

You are welcome to enter into the spirit of the evening by dressing up in costume if you so desire, but this is purely optional - sometimes just a funny hat is all you need to put you in the mood for a sing-a-long!! There will be full audience participation with words printed in the programme to sing along to.

The show is on Friday 16th and Saturday 17th June at 7:30pm. Tickets are £16, including supper served in the interval by the excellent Dawn Mace and her team. And of course there will be a bar!

Tickets are now available from Boxford Post Office. Tickets also available online for those further afield from www.boxfordshows.uk/tickets If you have any dietary requirements, please contact us at catering@boxfordshows.uk and we will ensure your needs are met.

We look forward to seeing you there for a for a feelgood, fun evening, full of laughter!

Web: <http://www.boxforddramagroup.com>

Remember!

The Box River News can be seen in full colour each month by downloading from the website.
www.boxrivernews.com

JOIN US THIS JUNE FOR BREAKFAST, BRUNCH & BURGERS!



OUR FARM CAFÉ HAS A NEW MENU

We're going back to **our roots**, bringing you the best that Hollow Trees Farm has to offer. Using our very own **Homegrown Pork, Beef and Lamb** in our dishes, **Farm Made** cakes, bakes and meals and lots of **local produce**, we are reflecting what we're all about...bringing you a unique and special **farm experience** through **quality food!**



**BREAKFAST IS
SERVED DAILY
UNTIL 11.30AM
OUR MAIN MENU
IS AVAILABLE
FROM 11AM**



**CHECK OUT OUR MENUS
ON OUR WEBSITE,
INCLUDING OUR
CHILDREN'S MENU!**



You will find us on the A1141 Hadleigh/Lavenham Road

☎ 01449 741 247 ✉ shop@hollowtrees.co.uk 🌐 www.hollowtrees.co.uk

📍 Hollow Trees Farm, Semer, Ipswich, Suffolk, IP7 6HX



We are looking for 3 more character cottages to add to our Agency.



We are a small local agency with 20 years of experience promoting cottages in this area.

We will work on a personal basis with you and your guests to ensure your cottage is a success.

We add you to multiple OTA's like Airbnb and Booking.com.

Have your cottage stand out from the crowd and be showcased amongst only other lovely character cottages.

Call Mark on 01787 211 115 for a chat or visit:
mark@grove-cottages.co.uk - www.grove-cottages.co.uk

**MILL
TYE**

**MILL TYE GALLERY
AND ARTS CENTRE**

Lee Thomas Boats.

Exhibition preview
on Saturday 3 June
at the Mill Tye Gallery.

Join us for a glass of fizz
and enjoy exclusive access
to the artist and his new work.

Mill Tye Gallery
3 Cornard Mills, Mill Tye, Great Cornard,
Sudbury Suffolk CO10 0GW

Opening Times
Thursday to Sunday
10:30am to 4pm.

03 June 02 July

starts: Saturday 3 June ends: Sunday 2 July



www.milltyegallery.co.uk/exhibitions

LEE THOMAS AT MILL TYE GALLERY

'Boats and Salty Sea Dogs' An exhibition of his latest work.

Lee Thomas is a local artist based in Colchester, Essex. He has established a reputation for creating emotive works of boats and seascapes and has shown his work at events across the UK and into the US. Much of the inspiration for his work is taken from the Eastern counties coastlines, from Aldeburgh to Mersea. The exhibition of Lee's work will be held from Saturday 3rd June until Sunday 2nd July, in the first floor Arts Centre at the Gallery. Lee will be 'live painting' at the gallery for the first weekend as part of Suffolk Open Studios art trail.



Lee: "I am looking forward to showing my work at Mill Tye Gallery – it's an amazing space and I'm delighted to be bringing something completely different to this fabulous gallery. I take a lot of inspiration for my work from what is happening in my life and channel what is around me into my art. I love the sea and waves; I find mark making truly captivating."

The exhibition previews on Saturday 3rd June from 10:30 to 6pm. Enjoy exclusive access to the artist and his new work.

RSVP @ www.milltyegallery.co.uk/exhibitions

Mill Tye Gallery and Arts Centre

3 Cornard Mills, Mill Tye, Great Cornard, Sudbury CO10 0GW (In the old 'Bakers Mill' building). Tel. 01787 376 796

Open: Friday, Saturday and Sunday: 11:00am to 4:00pm.

For Exhibitions, Art Classes, Workshops and more, visit www.milltyegallery.co.uk or follow Mill Tye Gallery on Facebook or Instagram.

Learn about life on a wartime American air base with a guided walk on ...

LAVENHAM AIRFIELD

Home to the USAAF's
487th Bomb Group during WWII



★ When? : Second Sunday of June, July, August & September

★ Time? : 10.00am - 1.30pm

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EBONY'S DIARY

Well so much is happening outside my door I hardly know where to begin! This is the month when our riders enter competitions and hope to walk off with silver cups and colourful rosettes. We have the outside expert Mary Thornley coming to watch entrants and judge their skills, for which we are extremely grateful. Good luck everyone!

Pictured are two hopefuls, from our Friday rides, practicing on Indy and Bryn.



The Coronation bunting has come down, the people who turned up to work here on the Coronation Monday have left the place looking immaculate, the cake bakers are exhausted after the Hadleigh Show and everyone is enjoying a little warmth at long last.

I wanted to show off my rider Leslie who is bravely and determinedly getting back into fitness after an horrendous accident. The physio I can give and the added work she does herself all helps to get her back into the sport she loves. Go girl!



We have said goodbye to two of the herd and are looking to fill their hooves. We need big animals like me so we can help more adults and our ever growing-taller-teenagers to get fit and happy riding with us. So please keep thinking of suitable candidates for us, they would truly enjoy the good life here!

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BOXFORD COMMUNITY COUNCIL AGM

Monday 5th June
7:30pm at The Pavilion

All individuals, clubs and organisations welcome
A normal meeting will convene after the AGM



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BOXFORD'S CORONATION PARTY

WHAT A SWELL PARTY THAT WAS! People came from far and wide in their droves to join with Boxford and neighbouring villages to enjoy a celebration of King Charles III's Coronation. There was something for everyone on the day - from exciting duck races in the River Box to live music performers, fantastic stalls from local makers and artists to free children's rides and balloon animals!

Boxford sure knows how to party, and this event will live long in the memory. The live entertainment with *Boxford Primary School Choir*, *Madrigalia*, *Boxford Drama Group*, *The Three Chordettes* and the 9-piece *It's Fete* band was all absolutely amazing and it was wonderful to see people aged 3 to 83 dancing in the street well into the night. The two pubs in the centre of the village, *The Fleece Hotel* and *The White Hart* looked amazing and poured pint after pint of much-needed drinks to thirsty revellers. No-one went hungry either with the wide range of food trucks catering for pretty much every cuisine you could possibly hope for!

Huge thanks must go to the veritable army of volunteers who created, set-up, ran and took down the street party and cleaned up afterwards. Everyone agreed it all went like clockwork which is testament to everyone's hard work for Boxford Community Council. Most of all, thanks must go to all of you who turned up in your hundreds to make it a wonderful and memorable day. Thank goodness the weather played nicely too with glorious sunshine!

Thanks to Cristina Grañena (<https://www.weddingphotographercg.com>), Peter Norris and Ryan Summers for sharing their fabulous photos.



SUFFOLK'S LOST HERITAGE

A Talk by Stephen Poulter

Little Waldingfield History Society was delighted to welcome Stephen Poulter to the Parish Room to share his detailed knowledge of some of the many buildings we have lost over time.

Boulge Hall

It is said that *hell hath no fury like a woman scorned*, but in Boulge, a small hamlet and civil parish 3 miles north of Woodbridge, the woman in question, a Mrs. Eleanor Short, now allegedly haunts the village in a coach pulled by headless horses. She is said to be so furious she is known locally as *'The Queen of Hell'*.

The future Mrs. Short inherited Boulge Hall from the man who built it, her first husband William Whitby. After his death in 1792, she met her second husband, Henry Short, a former lieutenant-colonel in the Royal Dragoons. It is said that the marriage was stormy and Thomas Wright, in *The Life of Edward Fitzgerald*, written in 1904, said that Eleanor Short was an imperious and bad-tempered old lady: *"She and her husband, Colonel Short, often fell out, and at such times the Colonel would speak only to his dog, she to her cat. After a particularly bitter quarrel, Mrs. Short declared she would live with her husband no longer. She therefore built herself, near the Hall gates, a two-roomed thatched cottage, with apartments in the rear for servants; and the rest of her life was spent there."*

On New Year's Day in 1800, Mrs. Short threatened to burn down the farm house and buildings, destroyed the windows in the dining room and then broke down a door 'to regain her liberty' after her husband had four men restrain her and remove a knife from her clutches. The Hall suffered a burnt floor and the Folklore Society's 1895 volume recorded that she murdered a gentleman, with the stain remaining indelibly on the floor. Mrs. Short continued to live there well into her eighties, but when she passed away, her mercurial spirit remained. The Folklore Society details the apparition: *'she comes out of the gate in a carriage with a pair of horses with no heads, wearing a silk dress with a light on in the carriage and a man driving the horses.'* Some 70 years later after her death, a servant girl lived there and said that Mrs. Short's ghost went into her room and pulled all her things off her, adding that she felt its breath like a wolf upon her.

The hall was later purchased by Sir Robert Eaton White, 1st Baronet and Chairman of Suffolk County Council, whose descendants held it until circa 1950. It was demolished in 1955 owing to its general dereliction, and there are no earthly remains of the Hall or the cottage today - which is a great shame as it looks lovely in its postcard image. Some say that an echo from the past still remains on moonless nights when the clock strikes midnight.



Brome Hall

Brome Hall was built around 1550 by Sir Thomas Cornwallis, Sheriff of Norfolk and Suffolk, who in 1554 was appointed treasurer of Calais. A staunch Papist and trusted servant of Mary Tudor, he later beseeched Elizabeth I to trust him, promising that

he followed her religion. Some 300 years later in 1823, the last Marquis Cornwallis died with much of Brome Hall in a state of disrepair. A great deal of the hall was pulled down before 1840. It was empty during WWII and not used by the military, as many other grand houses were, and it was finally demolished in 1959.



Brome Hall about 1840

Bungay Castle

A Norman castle originally built by Roger Bigod around 1100, whose son Hugh was prominent during the civil war period 1138-1154. Loyalties were called into question during the early years of Henry II's reign, so he confiscated Bungay castle, though in 1164 returned it to Bigod, who then built a large Norman keep in 1165. Bigod was again on the losing side in the revolt of 1173-1174, with Bungay castle besieged, mined and slighted by royal forces.

The site was again restored to the Bigod family and further developed in 1294 by Roger Bigod, the 5th Earl of Norfolk, who probably built the massive gate towers on the site. He fell out with Edward I, so after his death the castle reverted to the Crown, before falling into disrepair and ruin.

In 1766 the site was sold to Robert Mickleborough, who quarried the keep and curtain walls for road-building materials. In the early 1790s it was purchased by Daniel Bonhôte, a local solicitor, before being sold to the Dukes of Norfolk around 1800.

Other than the 1841 removal of dwellings on the site, little or no repairs were undertaken for several centuries; the castle's curtain walls and twin towers of the gatehouse remain today, along with a fragment of the keep.



Bures

The present Bures church is largely of 14th century origin, with 15th and 16th century additions. The greater part of the tower was built by Sir Richard Waldegrave before his death in 1410. There was a spire when the later part of the tower was built, but this was struck by lightning in 1733 and set on fire. It burned down to the tower with such intense heat that the bell chamber and bell frames were burned, and five of the six bells were melted. It was restored by 1863, some 130 years later.

About 1 mile north east is the Chapel of St. Stephen, dedicated

to St. Stephen in 1218. It is the oldest building in the parish. It contains effigies of the 5th, 8th, and 11th Earls of Oxford, the only survivors of the 21 tombs once in the old Earls Colne Priory of which no trace remains. The chapel had fallen into disuse after the Reformation and became, among other things, a barn, hence its local name of ‘Chapel Barn’. It was restored to its present condition in the 1930s by members of the Probert family, and re-consecrated. It has long been rumoured to stand on the traditional site of the coronation of King Edmund, Saint and Martyr, crowned King of the East Saxons on Christmas Day 855 or 856. Corroboration of this comes from chronicler Galfridus de Fontibus (Geoffrey of Wells) who described the coronation as having taken place at “Bures, which is an ancient royal hill”.

Clare Castle

A ruinous medieval castle in the parish and former manor of Clare, anciently the caput (capital) of a feudal baron; it was built shortly after the Norman Conquest in 1066 by Richard Fitz Gilbert, with a high motte and bailey, later improved in stone. In the C14th it was the seat of Elizabeth de Clare, one of the wealthiest women in England, who maintained a substantial household there.

The castle passed into the hands of the Crown, included within the Duchy of Lancaster, and at the start of the 17th century, castle and lands passed into private ownership. At this time, Suffolk traveller Robert Reyce noted that the castle was a ‘lamentable ruin upon a most beautiful situation’, and sadly by 1600 was disused. From then on, the castle became a romantic ruin in the garden of Clare Abbey, then a private house.

Most of the castle wall was removed, around 1720, for the dual purpose of employing the poor and to repair roads. In September 1848 a pathway was created to the top of the mound, as a promenade for the residents of Clare.

In 1865, the inner bailey was destroyed, to provide Clare with a Great Eastern railway station, a few relics were discovered, but sadly there was no attempt at any archaeology. The station road was driven through the outer bailey and through the bastions between inner & outer bailies, the occasion marked by a pageant where residents dressed up in medieval costumes and cheered. Clare railway station, closed in 1967, is believed to be the only station ever built within the bailey of a castle

The ruins are now an unusually tall earthen motte surmounted by tall remnants of a wall and a round tower, with large grassland or near-rubble gaps on several sides.



St Andrew’s Church, Covehithe

Once a glorious medieval church, St Andrew’s now lies in picturesque ruin by the sea, with only the lofty C14th tower (preserved as a sea mark) and part of the original wall surviving. A smaller thatched-roof church was built in 1672 when the inhabitants were given permission to dismantle the older church. It is still in use and nestles within the ruins of the larger church. It is recorded as a Grade I listed building. During the Civil War much of the stained glass was destroyed by local iconoclast William Dowsing, and by the latter part of the century the large church was too expensive for the parishioners to maintain. Hopefully the rapidly encroaching sea will spare this lovely place for a few more decades.



Covehithe ruins – Lemmo2009

Dunwich

Dunwich lies within the Suffolk Coast and Heaths AONB. It was the capital of the Kingdom of the East Angles during the Anglo-Saxon period. The Domesday Book of 1086 describes Dunwich as possessing 3 churches, with a population of 3,000 (cf London’s 18,000). In the Middle Ages the village was a thriving international port the size of the City of London’s square mile, built on fishing, trade and religious patronage, with 8 churches, 5 houses of religious orders, 3 chapels and 2 hospitals. The main exports were wool and grain, and the main imports were fish, furs and timber, from the Baltic and Iceland, cloth from the Netherlands, and wine from France.

On 1st January 1286 a storm surge destroyed many buildings on the eastern edge of the town. The storm was followed by two further surges the following year, the *South England Flood* of February 1287 and *St. Lucia’s Flood* in December. A fierce storm in 1328 swept away the entire village of Newton just a few miles up the coast, and another large storm in 1347 swept some 400 houses into the sea. On 16th January 1362 the *Grote Mandrenke*, (or *Saint Marcellus’s Flood*, which caused 25,000 deaths across Northern Europe and the British Isles) finally destroyed much of the remainder of the town.

The 1286 storm swept away the monastery, along with many homes and other buildings, and the crumbling stone walls today are the remains of the ‘new’ friary, rebuilt in the late C13th on land half a mile from the sea. These now stand perilously close to the edge of the cliffs, illustrating how storms, surges and coastal erosion turned on thriving Dunwich, some of which was later built on higher ground. Most of the buildings present then have now disappeared, including all the churches, and Dunwich is now just a small coastal village. A popular local legend says that at certain tides, church bells can still be heard coming from beneath the waves.

Flixton

The original Flixton Hall, built in 1615 by John Tasburgh, sadly burnt down in the 19th century. A great new building was erected to rival many of the grandest of estates, even considered as a possible royal residence in competition with Sandringham, which won due to better rail links with London.

In 1753, the Tasburgh lineage became extinct and the estate passed to the Wyborne family. Subsequently the estate was sold to the first of the Adairs, who then resided at the hall for nearly 200 years.

In 1948, the whole Flixton Estate of 2,970 acres, then under the management of Maj. Gen. Sir Allan Shafto Adair, was offered for sale. There were 21 farms, several small holdings, 2 licensed public houses, 2 schools, 3 village post offices, various houses and numerous cottages. Everything was purchased by Metropolitan Railway Country Estates Ltd, though the family did retain ownership of Flixton Hall, Flixton Park, Home Farm and Home Woods.

Due to subsequent heavy death duties, Flixton Hall, including its massive library, then had to be sold in 1950. Despite efforts by both the East and West Suffolk County Councils to buy it for use as a joint farm institute it was actually sold privately to a

speculator. Two years later the new owner had removed and sold all of the protective lead from the roof, and water was causing serious problems to the interior. The owner applied and (amazingly) gained permission to demolish the building in June 1952. As a result, one of the most magnificent buildings in East Anglia was allowed to disappear forever; only the shell of part of the ground floor survives today, and is used for farm storage.



Flixton Hall in a 1797 engraving

Stephen's superb talk was most comprehensive, incredibly interesting and hugely enjoyed by everyone present. He concluded by saying that this talk was just half of the research he has done on Suffolk's lost heritage, so at some point we will have part two to look forward to.

Our next event will be at on Wednesday 21st June at 7.30 where Pip Wright will tell us the true story of the poachers of Rickinghall. He will concentrate on Joe Whistlecraft, a man who regarded regular imprisonment as little more than an occupational hazard of his chosen way of life.

For reasons of space, this article has been heavily abridged from the original, which is available here: <https://bit.ly/lwhs-lost-heritage>

CORONATION CELEBRATIONS! NEWTON

On the Wednesday evening before the coronation, a team of intrepid volunteers braved the inclement weather to festoon Newton's 'tree' with red, white and blue bunting, a giant flag and a magnificent silver crown. There were lots of positive comments about this and it certainly made a statement as you passed through the village.

Along with thousands of other towns and villages, we held a picnic in the park on the recreation ground on the Sunday. More bunting adorned the play areas and *Vinyl Richie Events* provided entertainment. After several dismal days, the weather turned out to be dry and hot. About 100 villagers of all ages attended bringing sumptuous picnics and a drink or two to toast their majesties. It was a lovely afternoon with a great atmosphere. There was much sharing cakes, sausage rolls and other treats as the village came together to celebrate.

As with any village event, this would not have happened without the help of the organising team, so a big thank you to them and to all of those who stayed to help pack away at the end of the day.

LITTLE WALDINGFIELD

Saturday 6th May. Villagers were invited to a picnic and fun afternoon on the Playingfield. Despite very wet weather more than 60 people turned out and braved the conditions. Everyone said that they had enjoyed the welly wanging and penalty shoot-out although the game of rounders had to be cancelled as the field was so slippery. Children enjoyed the face painting and pottery decorating activities and seemed oblivious to the rain! There was a pop-up pub until late in the evening which also helped to keep spirits up!

The plaque commemorating the Jubilee tree planting was unveiled on the same day. Our thanks to Ivan Carter for making the support frame for the plaque.

On Sunday 7th May about 65 villagers met to enjoy a delicious afternoon tea courtesy of the Parish Rooms. As the weather was so much nicer people were able to sit outside in the sunshine too!

The newly renovated village sign was also put back up in time for the Coronation, the extensive restoration work was carried out by AS Blasting & Coatings, Acton – stripping and powder coating, Phillips Engineering Sudbury – scrollwork replacement, and Wayne Tanswell – signwriting and gilding. Our thanks to all for a striking result.

Future news

Spring Bank Holiday Weekend. The Playingfield Committee are holding a fun day with a pop-up pub on Saturday 27th from 3-10.30pm on the playingfield.

Saturday 8th July A music event at the Playingfield with The Disraeli Band and Nigel Ashcroft. 6-30pm – 11pm. Pop Up Pub, food van and Pimms. Tickets £15 from Jennie Jordan **07522352558**

MILDEN

Rain didn't dampen the Milden Coronation Day as we joined together to celebrate at Milden Pavilion. Ceilidh group *Stumpy Oak* got Milden up and dancing throughout the afternoon and into the evening. Despite the weather, with British spirit we also managed to enjoy Crazy Golf, BBQ, Cakes and other games. More photos of our royal 'knees up' are available at www.mildenpavilion.co.uk

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NEWTON



LITTLE WALDINGFIELD



MILDEN



Scott and Jacob Hurrell, winners of the Snr and Jnr Milden Crazy Golf Coronation Day Competition!

PHOTOS AND STORIES FROM BOXFORD SOCIETY VILLAGE ARCHIVE

More peeps into the past from The Boxford Society Archive.

Over the years many people have offered photographs and memories of their Boxford families. This month's photos are all supplied by families who have been here for many generations. We continue to record Boxford family archives for posterity and try our best to be as accurate as possible, whilst welcoming comments or corrections from our readers.

Tina Loose



Cecil Hughes's Dad, George Henry Hughes, was a labourer. He is seen here (5th from the right) with his work mates outside the Brewers Arms on the Hadleigh Road. It looks little more than a lane. It may be Hoggie Hughes 3rd from the right pouring the brew. The woman and man with a walking cane on the left look like visitors to the pub. She may be carrying beer home. One of the workers is carrying a 'chip' which was a special chipwood basket in which strawberries were sold. The Hughes family lived at 6 Stone Street Road beside Paddy Gunn, the grave digger and Cecil's little playmate, Joan Gant, who died as a young child from one of the many fatal diseases of the time



Cecil Hughes' maternal grandmother Mrs Clackson.

Cecil Hughes (CBE), born 1926, asked me to catalogue all his photographs a couple of years before he died in December 2018. Cecil and I spent many hours over tea and cake sorting out the stories behind each picture. Many villagers will remember him and the considerable contribution he made to the village over a lifetime. Cecil was fond of this picture of his maternal grandmother Mrs Clackson outside their home in Stone Street Road.



Elizabeth Joslin (nee Baker 1840-1904) of the Old Tudor House, School Hill (See article May 2021). She was only 64 when she died. She illustrates the toll of hardship for many women of the time. Elizabeth had 14 children and also helped raise her grandchild Violet Tebboth. Elizabeth was a small farmer's wife and knew the properties of wild plants from which she made her own medicines for ailments like chilblains. The family history, land ownership maps and photographs were given to the archive by a descendant.



WWII Home Guards Ben Jnr and Ben Rose Snr. Ben Jnr provided pictures and family history for the archive. Ben Snr was the motor bike despatch rider and part of the HQ Section. Ben Jnr learned how to send Morse Code and use radio sets at Sudbury Grammar School Cadet Corps so was made part of the HQ Section in Hendrick House, Swan Street while still at school. In the second Year of 6th form Ben Jnr and 2 others made use of their Cadet Corps membership and battledress to persuade the Americans at Waldingfield that they were British Servicemen and got training flights followed by a meal in their mess.



Dorothy King (left) Ida Skinner and Ida's mum Rettie Skinner. Dorothy married Vic Rice Snr. Their son also Vic Rice and wife Betty have provided pictures and information about Boxford over many years. The Skinners were one of the Boxford carriers and later a bus company. After the Second World War they ran a lorry business from Calais Street. Ashley House was their base at the time of this picture.



John and Arthur Sage of Tills Farm on the Hadleigh Road. Between the wars the young were attracted to motor cycles, and no doubt Tornado Smith (Article November 2021) gave a boost to that interest in Boxford. From the 1930s many people of Boxford enjoyed motor bikes and some were able to afford them instead of cycles to get to work.

Some Kingsbury workmen transferred from cycles to motor bikes for the longer journeys to places like Bury St Edmunds and Sudbury. Vic Rice provided this picture along with other local farm and family pictures.



Some pictures come to us in ones or twos but they are equally valuable as this one from Andrew Sargeant shows. A number of villagers will recognise themselves and their teenage friends from the Boxford Youth Club camping trip to Theford in 1969. L to R: Andrew Sargeant, Olga Ansell, Jerry Gilbert, Helen Patrick, Jeremy (Doedy) Munson, Benji Meekings, Nigel Patrick, Linda Rice, Elaine Rice, Heather Ayles, Lynn Sargeant.

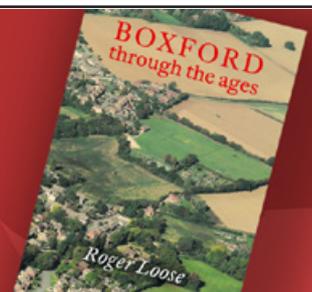


Pamela Peachey, Graham's wife, with bread rolls probably in the 1980's. Graham Peachey opened the bakery in Swan Street opposite Leeder's the butchers some time after Peachey's business at The Old Bakery opposite The White Hart closed. During his retirement Graham contributed to the Archive about the Second World War in Boxford.

BOXFORD through the ages.

By Roger Loose

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THE GLOW PRO



The medical aesthetics industry has boomed over the last few decades, especially with the rise of social media. Now more than ever, people are aware of the different treatments that can boost their confidence. From dermal fillers to anti-wrinkle injections, laser to Prohilo, the options for enhancing your appearance have become seemingly endless!

However, many myths have emerged with this increased popularity, revolving around what these treatments are, their quality, and their safety. That's why this month, I've decided to debunk some common misconceptions:

Myth #1: Medical aesthetic treatments are only for women

Whilst women may take up the vast majority of medical aesthetic patients, the number of men seeking these treatments is rising every year. More and more people, including men, are thinking about the benefits of looking and feeling their best.

There are a range of treatments that can help men to achieve their desired appearance. A few of our most popular treatments include anti-wrinkle injections, Prohilo skin boosters, Aqualyx fat-dissolving injections and laser. Above you can see one of our male patient's incredible results from Aqualyx fat-dissolving injections!



Myth #2: Medical aesthetic treatments are dangerous

Like any medical procedure, medical aesthetic treatments carry some level of risk, yet this is drastically reduced when performed by an experienced professional. The most common side effects of injectable treatments are mild and temporary, such as redness, swelling and bruising. However, some procedures can have more serious complications if they are not administered correctly. At the clinic, our medical aesthetic treatments are performed by Dr Anthony and Nurse Jenny who have a wealth of expertise, so you can be confident you're in safe hands! Remember to prioritise a practitioner who is qualified and insured, can demonstrate their work, and can answer all of your questions.



Myth 3#: Medical aesthetic treatments are a quick fix

Whilst some treatments can create instant results, others may require multiple sessions or ongoing maintenance treatments. For example, dermal fillers can last over 1 year depending on the type of product used and the area that has been treated. By comparison, anti-wrinkle injections last between 3 - 4 months and laser may require several treatments to see significant results.

Before having a treatment, it's important to set yourself realistic expectations, be patient and understand what is achievable for you and your circumstances!



Myth 4#: Medical aesthetic treatments are painful

Although some treatments can be uncomfortable, such as laser hair removal, most are minimally invasive and involve little to no pain. At the clinic, Dr Anthony and Nurse Jenny use a topical anaesthetic to numb the area before performing an injectable treatment, such as anti-wrinkle injections or dermal fillers. In addition to this, some of our products contain the local anaesthetic lidocaine, which numbs the area once injected. This minimises any discomfort and allows patients to return to their normal routine following treatment.

Myth 5#: Dermal fillers are only for older people

Dermal fillers are often associated with ageing skin due to their rejuvenating capabilities. From replacing lost volume in the face to smoothing deep, static lines, the results can be transformative!

However, many younger people seek dermal fillers to enhance their appearance too. Whether the aim is to plump and reshape the lips, define the jawline, or contour the chin, dermal fillers can be a great option for anyone (must be 18 years old +), who would like to improve their features.

Still, it's important to note that not everyone is suitable for dermal fillers, and this will be assessed during an in-person consultation.



Myth 6#: Dermal fillers are permanent

Whilst some clinics opt for permanent dermal fillers, this choice can increase the likelihood of permanent problems! That's why at our clinic, we only use reversible dermal fillers, which are very effective and a safer option. As with anything, it's essential to do your research and choose a medical practitioner who can achieve excellent results and mitigate the risk of any complications.

Would you like to find out more about our medical aesthetic treatments? If so, don't hesitate to get in touch with one of our friendly team!

office@suffolkmedicalclinic.co.uk / 01787 211 000

Helena x



LONGEST DAY GOLF CHALLENGE

Local golfers Matt Bray, Jim Lambert & Andy Lambert are raising money for Macmillan Cancer Support in Stoke by Nayland on Wednesday 21st June. T2GRN are assembling to take on the Longest Day Golf Challenge at Stoke by Nayland golf club & resort to raise vital money for people with cancer.

**MACMILLAN
CANCER SUPPORT**



Macmillan Cancer Support provides physical, financial and emotional support for people living with cancer. By playing 72 holes and walking between 15 & 20 miles in one day, this band of golfing legends will help Macmillan continue to be right there when they're needed most.

Speaking before the event, the team said: *'We're really excited about taking on this year's Longest Day Golf Challenge. It's great to get a group of pals together, play some golf and raise money for Macmillan to help people living with cancer at the same time. We would like to thank everyone who has supported us so far and is helping to make it a success.'*

We will be teeing off at 4.30am, playing 36 holes followed by a quick 1 hour break to resume the next 36 holes. If all goes well, we're hoping to be finished up by 8pm!'

To support T2GRN please visit:

<https://longestdaygolf.macmillan.org.uk/Team/t2grn>

or scan the QR code and search for T2GRN to donate.

To find out more about the Longest Day Golf Challenge, please visit longestdaygolf.macmillan.org.uk

For more info please contact: Matt Bray
mattbray18@aol.com 07776 115 779



MILDEN CRICKET CLUB

Milden's friendly on 23 April was rained off and the first league match of 2023 on 7 May was cancelled due to the outfield being rain-soaked - frustrating as the Sunday was fine and sunny. Happily, the following Sunday was warm with the ground looking a picture under a cloudless blue sky. Play started with visitors Haverhill winning the toss and electing to bat. Despite several dropped catches and near misses, they were struggling at 55 for 6 after 20 overs, but a partnership between Dovaston (49) and Williams (31) gave them a defendable total of 157. All 7 Milden bowlers took a wicket, with Joe Smith most successful, finishing with 3 for 16 from his 9 overs, while captain Alex Cunningham ended the innings with a spectacular one-handed caught and bowled. Sadly the least said the better about Milden's reply: bowled out for just 65 to lose by 92 runs, with Cunningham (19) and Smith (24) the only two to reach double figures. Still, there's plenty of cricket left for Milden to improve! Do come and support us!

Fixtures for late May and June:

- 21 May Mildenhall (away)
- 28 May Edwardstone (away – John Bailey Trophy match)
- 4 June Elveden (home)
- 11 June Nowton (away)
- 18 June Stowmarket (home)
- 25 June Elmswell (away)

SbN GOLF CLUB RESULTS ROUND-UP

Stoke by Nayland Ladies this year entered the Harris Bowl County competition for the first time in several years, and started with a fine win.

This match play competition, with the first set of matches played in a mini league, saw Stoke play Canonsbrook at home in cold and wet conditions. However the team of Katie Clark, Sue Gregory, Liz Kiddy, Liz Spencer and Barby Jones put in a very strong performance and won 4.5 to a half.



Stoke Ladies Harris Bowl team, L to R: Bev Ellender, Liz Kiddy, Liz Spencer, Team Captain Sue Gregory, Bev Thompson, Katie Clark, Anne Hemmings, Barby Jones, Lesley Hitchcock.

Success continued for the ladies with their second round match in the Silver Trophy (out of 5 matches in their league), again at home, against Benton Hall.

The team of Katie Clark, Bev Thompson, Johanna Stonehewer-Smith, Ladies Captain Corinne Jackson and Bev Ellender were all in great form and also won 4.5 to a half.



Stoke Ladies Silver Trophy Team. L to R: Bev Ellender, Johanna Stonehewer-Smith, Bev Thompson, Katie Clark, Ladies Captain Corinne Jackson, Roz Clements, Liz Kiddy.

Meanwhile, the Stoke Seniors team also had success in the John Day Trophy.

Stoke received a bye in the first round, but a very tough draw away at Wanstead in the second round. In what turned out to be a very close encounter, with four of the nine singles matches halved.

All of the Stoke players, despite being the away team, were giving shots to their opponents, making the match even more difficult.

Eventually though, Stoke ran out 5-4 winners and now await the draw for the third round.

Back at Stoke, the annual mixed Jubilee Salvors Foursomes Competition was also held this week, with Clare Nixon and Harry Hibbert coming out on top with a total of 39 points.



Jubilee Salvors competition winners Harry Hibbert and Clare Dixon, flanked by Men's Captain Glen Jackson and Ladies Captain Corinne Jackson.

FEEDBACK FROM JAMES FINCH

Your County Councillor for the Stour Valley

99% of pupils receive a preferred primary school place on National Offer Day

99% of children were offered a place on National Offer Day at one of their three preferred primary schools and 96% were offered a place at their first preference school.

Suffolk County Council received 7,056 applications from parents and carers indicating which primary school they would prefer their child to join in September 2023.

Families who applied online can log on to the Admissions Portal to see the school their child has been offered. They received an email to confirm this offer. Letters will be sent to parents who made a paper application offer.

Suffolk County Council's innovative digital care service, Cassius, clocks £10m savings.

Cassius, Suffolk County Council's multi-award winning digital care programme, has released figures for its first 18 months in action. Since its launch in July '21 Cassius has:

- reached 3,000 people whose lives have been changed with the installation of over 4,000 devices;
- saved residents of Suffolk a collective 67,825 days in care homes;
- avoided 400 ambulance call outs during a time of relentless pressure on emergency response teams in the NHS;
- prevented hospital admissions and amounting to a saving of 500 hospital days, freeing up beds for those most in need;
- saved £8.8 million of social care funding and £480,000 for the local NHS;
- achieved a happiness rating of 98.45% among Cassius users.

Cassius has also been recognised with a hat-trick of awards from leading health technology publications. Last month, Cassius was awarded 'Best Innovation Project of the Year' in the Health Tech Digital Awards 2023 and 'Best New Assistive Technology Solution of the Year' at the Assistive Technology Awards 2023. Meanwhile, Cassius+, which is being trialled in West Suffolk and introduces additional health monitoring and assessment tools, such as blood pressure monitors, oximeters, scales, and thermometers alongside the established care technology offered by Cassius, has won 'Best Innovation Project of the Year'.

As the UK's leading digital care technology service, Cassius delivers more safety, independence and confidence to Suffolk people and their families. A range of care technologies – video care phones, smart watches, monitoring sensors and falls wearables – support users to live their normal lives around their home and makes it simpler for loved ones to check in with them. The devices also give care professionals valuable insights into people's habits and vulnerabilities, helping build more personalised, empowering and less intrusive care packages that also reduce costly interventions and deteriorations in wellbeing.

Crucially, Cassius relieves worry and increases wellbeing at a time that can be fraught with anxieties for more vulnerable people and their families. Increased face-to-face connectivity via the video smartphones, and peace-of-mind delivered by wearable devices and sensors that enable carers and families to check their loved one is up and about, bring huge benefits to people's lived experiences. The user happiness rating (98.45%) sits alongside endless user and family testimonies to show how Cassius really can be life enhancing.

Council has now installed 100 rural EV charging points, with more on the way

Suffolk County Council's Plug In Suffolk project has now installed 100 electric vehicle (EV) charging points across the county, with the latest fitted at Risby Village Hall, near Bury St Edmunds. The council launched Plug In Suffolk in 2018 and was the UK's first 'fully open' public EV fast charging network and has seen other local authorities around the country follow in its footsteps.

Risby Village Hall now has four EV charging points installed at its

site, three 7kW chargers and one 22kW charger. They do not require any registration, membership or apps - drivers simply park, plug in and charge using contactless payment.

With an increasing number of EV drivers across the county and the UK, the council's ambition is to make Suffolk a well-connected destination for visitors and residents. We're a rural county and the infrastructure of charging stations is still developing, so our aim is for Plug In Suffolk to plug the gaps. We are installing the chargers at rural destinations such as public car parks, sports clubs, libraries and community halls.

Although the initial phase of Plug In Suffolk is now complete, EV owners can look forward to even more charging point infrastructure across Suffolk, thanks to Suffolk County Council.

The council has received £1,362,000 of funding from the Department for Transport, as part of the Local EV Infrastructure (LEVI) pilot scheme. This will see a total investment of around £2.75m, thanks to additional contributions such as commercial funding. The scheme will see:

- PV solar power and battery storage upgrades to approximately 10 existing sites
- Installing community EV charging, PV solar power and battery storage at over 30 further sites in urban and rural areas
- Identifying key commercial sites for 7kW, rapid and ultra rapid chargers, which will benefit the local community

Virtual Fostering and Adoption Sessions for the Stour Valley

A Foster Carer Recruitment Event is held the 1st Wednesday of every month, and an Adoption Event is on the 1st Thursday all 7:00pm in your home.

To book a place please email Claire.Gwatkin@suffolk.gov.uk.

My Priorities

Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley - Building on Suffolk's Strength all underpinned by strong financial management and low council tax.

james.finch@suffolk.gov.uk

Tel: **01206 263649** Mobile: **07545 423796**

FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

Firstly thank you to all those who came out to vote in the recent May 4th elections, we achieved a 46.3% turnout in Box Vale which was the second highest in the whole of the Babergh District. (narrowly beaten by 46.6% in East Bergholt). I was returned once again as your councillor by quite a margin which is a very humbling and demanding experience, which comes with a will and expectation to represent and do the best for every constituent within the six villages throughout the Box Vale Ward. I will, as always, do my very best.

As well as the personal representation, there comes the responsibility to be part of the bigger picture and make decisions at the District Council level for policies and service strategies. I will be one of 32 councillors collectively doing this on behalf of their residents and wards across the whole Babergh district.

This was without doubt the most enjoyable election of what is now a long career in local politics and governance. I couldn't get around all the ward on my own but had good helpers as well as my partner Lisa who hand-delivered to four times as many houses as myself, due to me having to do all the talking. I found many new friends and supporters and one of the reasons for that was the readership of this column and sporadic Facebook posts which seem to reach a much wider and different audience. Long live the BRN.

I was able to listen to many hundreds of different views across the ward and was able to put my points across as well. Real democracy taking place in a good democratic process. Fantastic.

Some of the councillors and political parties represented on the newly formed council will agree to form an administration and a

cabinet to make the decisions in the new council and by the time this article reaches you I hope this will have happened and we will have clarity.

There has been a large shift towards green issues and we now have almost a third of the council made up of green councillors which is quite thrilling and as a green Lib Dem councillor I am very comfortable and welcome that. There has been also a large shift away from Conservative representation and I so welcome that as well. I hope that the country as a whole is now moving back to more central politics that tend to concentrate on things that matter and are important to the working population and good public services for all, not just wealth for those that engineer it and profit at the expense of others.

Our neighbouring and joint partnership council Mid Suffolk has had an even bigger shift with a major wipe out of Conservative councillors in favour of green representation which is quite groundbreaking and will have a bearing on policies in Babergh as well. They have enough councillors to form an administration and are the first in the country to do so.

While all this is a fantastic achievement, we will have to remember that both councils have to keep everything balanced and affordable for our ratepayers and fulfil all our statutory requirements as required by our remit and government legislation.

Locally there will be much for this and all councillors to attend to. We have rising housing problems and homelessness which will have to be addressed quickly, the massive government programme to build swathes of mainly large unaffordable homes across our district have done us no favours at all. The decimation of public transport in rural as well as urban areas has left many so isolated across Babergh and will need to be addressed sooner rather than later. A regular 20 seater mini bus service at a time folks want to travel to enable access to shopping and public health and other services would seem to be the direction of travel needed here.

Education, Dental and Health services are not part of what the district council does but we do feed information and opinions into the wider decision making process and will continue to do so. Babergh and its team of officers and senior councillors have in recent years under the current CEO punched well above their weight and achieved a lot for our district.

I myself hope to be part of that and take a leading role in the new 4-year era. I will of course be at all of the Parish Council meetings that I can possibly get to, to give regular reports and ask for feedback from members of the attending public and welcome opinions and representations from all. If anyone is unhappy or in trouble I need to know about it to help.

Alternatively contact me direct on the numbers below.

Please all enjoy the summer when it comes and also hopefully a gradual improving era.

All Best Wishes and Love

Bryn xx

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Tel: 01787 210854

Mobile: 07771 508348

PARISH COUNCIL UPDATES

BOXFORD

Summary of Council Meeting 25th April 2023

Public Forum - An observation was made by a resident that the bench outside the burial ground is in need of refurbishment. He also chased about a potential 20mph speed limit for the village. It was agreed to check the process with County Highways. Another resident had heard about potential bus stop markings along from The Fleece outside number 6 Broad Street and she was concerned that this is not essential and may reduce parking spaces. The Parish Council had only just received details and agreed to include on the agenda for the May meeting.

On-going matters - Cllr Watts is still investigating the aggregate quarrying operation to the Newton side of Valley Road. Cllr Warren had been reporting grit bins in need of re-filling and this should be done in the autumn. In relation to the project to provide more parish trees, Cllr Munson has obtained a license to plant at the top of School Hill, however, has since discovered that the soil is not deep enough for tree roots. Alternative planting is being considered. The bed in front of the entrance to The Causeway is also being considered.

Finance - A new parish council website has been agreed with a link from our page of the community website when up and running. This is, among other things, to make the site more accessible for residents. The community website has been a very useful platform.

Cemetery - Cllr Warren confirmed the initial boundary clearance had been done by tree surgeons at the churchyard and cemetery to examine and assess the trees. It was resolved to continue to assess the potential problem trees between meetings. Cllr Warren is currently liaising with the church regarding permission for maintenance to the boundary wall. The form of on-going tree maintenance was resolved with the tree surgeons. Cllr Warren will continue to liaise.

District Council Report - District Cllr B Hurren was hoping for a good turnout at the elections (which have recently taken place) and he reminded of the need for voter ID. He has been supporting the Bowls Club to improve the surface of the path leading to the club and was awaiting permission from County Highways. He is also chasing for improvement to the croft path further along with Flagship. He is escalating consideration of the poor state of roads including Wash Lane, Butchers Lane and the Causeway with the leadership at the County Council.

County Council Report - County Cllr J Finch was unable to attend due to an on-going family matter.

Planning - The following decision was advised from the planning authority: - Planning permission was granted for a garden shed at 10 Ellis Street - DC/23/00832.

The following was discussed: - Cllr Wortley and H Phillips (co chair neighbourhood planning and soon to join the Parish Council) attended a briefing by the District Council on Part 1 of the Joint Local Plan Modifications. Cllr Wortley had provided full details to members between meetings and details of Part 2 Modifications will be available in due course.

Full minutes can be found at:

<https://boxfordsuffolk.com/BoxfordParishCouncil/minutes>

Debbie Hattrell

01787 210943 / d.hattrellhattrell@btinternet.com

OTHER PARISH COUNCILS

Edwardstone PC

Clerk: Richard Jones - 01473 828246

edwardstoneclerk@outlook.com

<http://edwardstonepc.onesuffolk.net/parish-council/minutes>

Groton PC

Clerk: Richard Jones - 01473 828246

grotonclerk@yahoo.com

<http://groton.onesuffolk.net/parish-council/documents/>

Little Waldingfield PC

Chris White Chair & Acting Clerk - 07541 133535

clerk.littlewalingfieldpc@hotmail.co.uk

<https://bit.ly/LW-parish-minutes>

Newton Green PC

Dave Crimmin PSLCC - 01787 375085

clerk@newton-pc.gov.uk

www.newton.onesuffolk.net

The Blooming Garden

Poppy Love.

I love poppies; they epitomise summer with their scrumptious colours and silky petals. Who could fail to be beguiled by a sea of blue poppies, a drift of red field poppies, the fabulous colours of Icelandic poppies or the huge, silky flower of oriental poppies?



The queen of all poppies, the most beautiful one of all in my eyes is the fabulous sky-blue Himalayan poppy, *Meconopsis betonicifolia* which we cannot really grow here because it likes damper climates. Of course, as gardeners we always yearn for plants we cannot grow. Some years I treat myself to two or three blue poppies and treat them as annuals. They look good for a season if they are pampered with constant watering and spraying. They look lovely with ferns and hostas.



Meconopsis betonicifolia



Papaver orientale 'Patty's Plum'

But there are many wonderful poppies we can grow here. Oriental poppies are very easy and can be propagated by root cuttings. In June the huge flowers laze around the garden languorously and you feel as if you should provide them with a chaise-longue. I compromise with some stout canes and string. One of my favourites is *Papaver orientale* 'Patty's Plum' which is gorgeous with ruffled petals and a faded plum colour. Cedric Morris used to say that his namesake *Papaver orientale* 'Cedric Morris' was a washed out colour and reminded him of dirty knickers which is rude of him and unjust, as it is a pretty shade of pale pink. White and black always look good together and I grow *Papaver orientale* 'Wedding Day' but there are several white poppies with black blotches.

Up until the early twentieth century there were only red oriental poppies. A nurseryman in Enfield, Amos Perry, discovered a pink one in his nursery beds and called it 'Mrs. Perry'. In 1906 he received an irate letter from one of his customers complaining that one of the poppies he had been sent was white. He swapped it for some montbretia corms and called it 'Perry's White' and began breeding new colours. Today, of course there is a whole range of pinks, reds, oranges and whites and we are spoiled for choice. Once oriental poppies have finished flowering the foliage looks a bit untidy, but you can cut them right back without harming the plant.



Papaver orientale 'Cedric Morris'

To many people, poppies should be red and it is sad that fields of red poppies are becoming a rare sight in the countryside. I always grow the annual red poppy with black blotches called *Papaver commutatum* 'Ladybird'. It comes from Turkey and I have seen it growing in Crete too. It is very eye-catching and gives the impression of a



Papaver commutatum 'Ladybird'



Papaver rhoeas 'Amazing Grey'

swarm of giant ladybirds swarming across your flower bed. Another annual poppy which is always much commented on in my garden is the gorgeous *Papaver rhoeas* 'Amazing Grey'. Each one is different ranging from silver to slate blue. Some are single and some are double, but they are all exquisite with a shimmering, pearly opalescence.

Opium poppies are easy annuals and they seed around from year to year. I love the velvety plum-coloured one named *Papaver somniferum* 'Lauren's Grape', but my favourite is 'Black Peony' which is actually a very dark grape colour, almost black, and absolutely sumptuous



Papaver somniferum 'Black Peony'

In my gravel garden I have a pure white prickly poppy called



Argemone platyceras

Argemone platyceras which has lovely foliage. It is a perennial and easy from seed. The plantsman, Graham Rice said that prickly poppies are the unsung heroes of the poppy family, and I agree, not many people grow them. They like a well drained, sunny position and do well in a gravel garden.

I used to have a gravel garden in front of my shed which I painted in stripes to look like a beach hut.

Here I grew the kind of plants you would find on a beach or in the dunes. I grew a fabulous orange, horned sea poppy, *Glaucium corniculatum* which has satiny petals and lovely silvery foliage. It is much showier than the native yellow one. It seeds around when it is happy.



Glaucium corniculatum

I could go on and on talking about poppies but there is not room here so I will finish with a lovely double orange poppy from Spain. It blooms for ages and produces more and more flowers all summer. Once you have it, you never have to plant it again because it seeds around happily. It is called *Papaver rupifragum* and it would probably be better appreciated if it was rare or difficult like some of the *Meconopsis* family which are considered connoisseurs' plants. The little Welsh poppy, *Meconopsis cambria* is easy but many *Meconopsis* are monocarpic and produce huge rosettes of leaves and then die after flowering. They are greedy feeders and seem to me to be very troublesome for a fleeting reward. It is easier to sow a packet of jolly Californian poppies, *Eschscholzia californica* straight from the packet. These lovelies have no faults apart from too many consonants in their name. They produce little pools of sunlight wherever you sow them.



Papaver rupifragum

Summer wouldn't be summer without poppies and with 23 genera and 250 species there is a poppy to suit every garden.

Chloris.

DIRECTORY OF CLUBS & ORGANISATIONS

CLUBS & GROUPS

Boxford Bellringers	<i>Richard Gates</i>	01787 210432
Boxford Bible Study Group	<i>Peter & Margaret</i>	01787 211077
Boxford Bike Club	<i>Kevin Bridge</i>	07876 798617 www.boxfordbikeclub.co.uk
Boxford Bowls Club	<i>Lea Blackham</i>	01787 210313
Boxford Carpet Bowls	<i>Brian Porter</i>	01473 824283
Boxford Drama Group	<i>Janice Macmillan</i>	07779 303690 janice.macmillan@yahoo.co.uk
Boxford Friendship Group	<i>Alison Warren</i>	01787 211067
	<i>or Wendy Hills</i>	01787 210342
Boxford Gardens Open	<i>Audrey Zuck</i>	07852 102 455 audrey@a2zriskservices.com
Boxford Gardening Society	<i>Elizabeth Wagener</i>	01787 210223 elizabeth.wagener@btinternet.com
Boxford Literary Group	<i>David Jones</i>	01787 211104 audav@hotmail.co.uk
Boxford Rovers FC	<i>Melvyn Eke</i>	07873 971701 m.eke@btinternet.com
www.boxfordrovers.co.uk		
Boxford Tennis Social	<i>Sue Moore</i>	07808 481447
Boxford WI	<i>Annie Philips</i>	01787 211729
Edwardstone Cricket Club	<i>Tom Whymark</i>	01787 211375
Fleece Jazz	<i>David Gasson</i>	01787 210796
Highway 12 Western Partner Dance	<i>Chris</i>	01787 371006
Little Waldingfield History Society	<i>Diana Langford</i>	01787 248298 dianalangford765@gmail.com
Little Waldingfield Over 60s and Friendship Club	<i>Tricia Eddington</i>	01787 247932
Local History Recorder Edwardstone	<i>Daphne Clark</i>	01787 210698 daphne.clark@btopenworld.com
Local History Recorder Groton	<i>Joanna Roberts</i>	01787 210619 jgant87618@aol.com
Madrigalia Choir	<i>Sue Price</i>	01787 210913
Miss Lesley School of Performing Arts (MLSPA)	<i>Miss Lesley</i>	07957 351941 lesley.mlspa@gmail.com
Milden Cricket Club	<i>Andrew Simmons</i>	07951 055643
Milden Singers	<i>Pearl</i>	01449 741876
Newton Arts & Crafts Club	<i>Carol Langley</i>	01787 373548
Newton War Games Club	<i>Brian Lawson</i>	01787 312160
Newton Fireside Club	<i>Moira Evans</i>	01787 374652
Primrose Wood Volunteers	<i>Evan Flockhart</i>	07968 336883 obliquewoodland@protonmail.com
Swing jive & Lindy Hop Dance	<i>Sarah Boldock</i>	07956 614824
Yoga (Boxford)	<i>Marianne Marshall</i>	01787 210323
Yoga Paper Kite (Newton)	<i>Sophie</i>	01787 313662
Yoga With Lindsey (Newton)	<i>Lindsey</i>	07971 800540

CHARITIES

Boxford & Groton United Charities	<i>Guy Godfrey</i>	01787 211378
Edwardstone Millennium Green Trust	<i>Claire Mortimer</i>	01787 210051
Edwardstone United Charities	<i>Nick Raymond</i>	01787 210461 ncraymond@hotmail.co.uk
Groton Educational Foundation	<i>Stephen Watkins</i>	01787 210977 stephen_watkins49@yahoo.co.uk
Groton Winthrop Mulberry Trust	<i>James Wills</i>	01787 210484
Little Waldingfield Charities	<i>Mary Thorogood</i>	01787 247658
Newton Green Trust	<i>Philip Taylor</i>	01787 211265 philiptaylor433@gmail.com

COMMUNITY GROUPS

3PR Boxford 1st Responders	<i>Rich Wild</i>	01787 210946 office@boxfordresponders.com
Boxford Allotments	<i>Karen Coleman</i>	07970 945646
Boxford Bounty	<i>Mark Miller</i>	01787 211596
Boxford Community Car Scheme	<i>Jan Eastwood</i>	01787 211853 jen.eastwood8@gmail.com
Boxford Community Council	<i>Ward Baker</i>	01787 210129 boxfordcommunitycouncil@gmail.com www.boxford.me.uk
Boxford Playing Fields	<i>Hugh Phillips</i>	01787 211729 hughvcphillips@hotmail.com
Boxford Society	<i>Jan Eastwood</i>	01787 211853 jen.eastwood8@gmail.com boxfordsuffolk.com/boxfordSociety
Boxford Tennis Courts	<i>Yvonne Woodfield</i>	01787 210151
Lt Waldingfield Playing field	<i>Jennie Jordan</i>	07522 352558 52Jennie1@gmail.com

SCOUTING

1st Boxford Beaver Scouts	<i>Greg Roberts</i>	07578 825971 beaversboxford@gmail.com
	<i>Liv Hov</i>	07801 548854
1st Boxford Cub Scouts	<i>Neil Barkham</i>	01787 211916
1st Boxford Scouts	<i>Janice Macmillan</i>	07779 303690
1st Boxford Rainbows	<i>Janice Macmillan</i>	07779 303690 janice.macmillan@yahoo.co.uk
1st Boxford Brownies		
1st Boxford Guides	<i>Bethany Ireland</i>	bethanyireland11@gmail.com

CHILDREN FAMILIES & LEARNING

Boxford Primary School		01787 210332 office@boxford.suffolk.sch.uk www.boxford-suffolk.secure-dbprimary.com
Friends of Boxford School (FoBS)		talktofobs@gmail.com
Sunflowers Childcare	<i>Moira Grant</i>	01787 211363 info@sunflowers-childcare.co.uk
www.sunflowers-childcare.co.uk		
Boxford Baby & Toddler Group		facebook.com/Boxfordbabyandtoddlergroup

HALLS & FACILITIES TO HIRE

Boxford Pavilion	<i>Hugh Phillips</i>	01787 211729 hughvcphillips@hotmail.com
Boxford Spinney	<i>Mark Miller</i>	01787 211596 mark.miller@talktalk.net www.boxfordspinney.co.uk
Boxford Village Hall	<i>Jane Elliott</i>	07721 880521 Bvhbookhall@gmail.com
Edwardstone Parish Hall	<i>Daphne Clark</i>	01787 210698 daphne.clark@btopenworld.com
Edwardstone Millennium Green	<i>Gordon</i>	01787 211605
Groton Village Hall	<i>Joanna Roberts</i>	01787 210619
Little Waldingfield Parish Room	<i>Sue Bowen</i>	01787 249473 sd.bowen@btopenworld.com
Little Waldingfield Pavilion	<i>Jennie Jordan</i>	07522 352558 52Jennie1@gmail.com BoxfordMarqueeBooking@gmail.com
Marquee Booking		
Milden Pavilion	<i>Pearl</i>	01449 741876 info@mildenvillage.co.uk
Newton Village Hall	<i>Alan Vince</i>	07955 199000




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EVENTS CALENDAR

MAY 2023

- 26 Pop-Up Pub**
FRI Little Waldingfield Pavilion 6:30-10:30pm
- 27 Boxford Farmers, Arts & Crafts Market**
SAT Boxford Village Hall 10-1pm
- 27 JAZZ - The Wendy Kirkland Trio**
SAT Monks Eleigh Village Hall 7pm
- 30 Fireside Club - Floristry Demonstration**
TUE Newton Village Hall 2pm

JUNE 2023

- 2 Wild In The Stour Valley**
FRI Friars Meadow, Sudbury CO10 2SS 11am
- 3 Cinema - The Lost King**
SAT Leavenheath Village Hall 7pm
- 4 Boxford Gardens Open**
SUN Boxford & Edwardstone 11-4pm
- 4 Boxford in Times Past Photo Exhibition**
SUN St Mary's, Boxford 11-4pm
- 5 Boxford Community Council AGM**
MON Boxford Pavilion 7:30pm
- 6 BGS - Growing Flowers From Seed**
TUE Boxford Village Hall 7:30pm
- 7 Boxford WI - Zumba**
WED Boxford Village Hall 2pm
- 9 Relaxation & Sound - all welcome**
FRI Boxford Village Hall 6-7:15pm
- 9 Madrigalia & A Melody of Harps**
FRI Lawshall Church 7:30pm
- 10 Kersey Open Gardens**
SAT Kersey 11-5pm
- 10 Happy Hour Concert - Voices & Piano**
SAT St Mary's, Boxford 6-7pm
- 11 Lavenham Airfield Guided Walk**
SUN Lavenham Airfield 10-1:30pm
- 11 Midsummer Munch**
SUN Newton Village Hall & Jubilee Gardens Noon
- 15 Fireside Club - Outing to Hyde Hall**
THU Newton Village Hall 10am
- 16 Polstead Films - The Fabelmans**
FRI Polstead Village Hall 7pm
- 16-17 BDG - The Good Old Days**
FRI-SAT Boxford Village Hall 7:30pm
- 17 French's Care Haven Open Day & BBQ**
SAT Mannings Farm Barn, Castlings Heath CO10 5EU 12-4pm
- 21 Fireside Club - Suffolk Day Cream Tea**
WED Newton Village Hall 2pm
- 21 LWHS - Whistlecraft-Poachers of Rickinghall**
WED Little Waldingfield Parish Room 7:30pm
- 24 Boxford Farmers, Arts & Crafts Market**
SAT Boxford Village Hall 10-1pm
- 24 Nayland Midsummer Prom in the Park**
SAT Nayland Village Hall Field 6:30pm
- 24 Fun Quiz Night**
SAT Polstead Village Hall 7pm
- 25 Chelsworth Open Gardens**
SUN Chelsworth 11-5pm
- 26 Boxford Friendship Group**
MON Boxford Village Hall 2-4pm
- 27 Fireside Club - Talk by Citizen Advice**
TUE Newton Village Hall 2pm

- 30 Pop-Up Pub**
FRI Little Waldingfield Pavilion 6:30-10:30pm
- 30 Shanty Folk & Mildens Singers Double Bill**
FRI Mildens Pavilion 7:30pm

JULY 2023

- 1 Winston's Summer Fete**
SAT Leavenheath Village Hall 10-2pm
- 4 BGS - From Sea to Soil**
TUE Boxford Village Hall 7:30pm
- 5 Boxford WI - The History of Perrywoods**
WED Boxford Village Hall 2pm
- 8 Summer Dance**
SAT Little Waldingfield Playing Field TBC
- 8 Happy Hour Concert - Thetrical Memories**
SAT St Mary's, Boxford 6-7pm
- 8 Disraeli Band Plus Nigel Ashcroft**
SAT The Playingfield, Little Waldingfield 7pm
- 9 Lavenham Airfield Guided Walk**
SUN Lavenham Airfield 10-1:30pm
- 9 Lego Building Competition**
SUN Groton Village Hall 12-3pm
- 11 Fireside Club - Outing to Felixstowe**
TUE Newton Village Hall 10am
- 16 Gareth Meredith Memorial Walk**
SUN Boxford Health Centre 10am
- 24 Boxford Friendship Group**
MON Boxford Village Hall 2-4pm
- 29 Boxford Farmers, Arts & Crafts Market**
SAT Boxford Village Hall 10-1pm

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