

May 2023

# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



Delivered Free to every home in Boxford, Edwardstone, Groton, Little Waldingfield, Newton Green, Bower House Tye, Milden & White Street Green and is available to residents in Acton, Assington, Brent Eleigh, Great Waldingfield, Hadleigh, Kersey, Lavenham, Leavenheath, Nayland, Polstead, Shelley, Semer, Stoke-by-Nayland, Sudbury and parents of children at Boxford School.



# Boxford's Broad Street Party!

In Celebration of the Coronation of Charles III

**Sunday 7th May 12 noon till late**

**LIVE MUSIC, ENTERTAINMENT PLUS STALLS!**

**FOOD VENDORS • FREE CHILDREN'S RIDES**

**LOCAL ENTERTAINMENT • FREE BALLOON MODELLING**

**It's Fete Band all evening!!**

*It's fete*



BoxfordCommunityCouncil@gmail.com  
Boxford Parish Council

**CELEBRATE WITH BOXFORD!**

# JULIE BENTLEY 1973-2023



Many people in the area will have known Julie Bentley who, with her partner Bex, ran The Fleece in Boxford and previously The White Hart opposite.

Sadly, Julie was diagnosed with cancer a year ago and fought an incredibly long, hard battle to live, but died on 16<sup>th</sup> March this year from an aggressive brain tumour. Her funeral was held on Friday 14<sup>th</sup> April.

She was an amazing, hilarious, kind, warm and welcoming landlady that everyone who came into the pub fell in love with. She was known for giving a warm welcome and getting people as drunk as possible and singing songs.

Bex is carrying on running the The Fleece and the send-off for Julie's funeral was absolutely stunning. The cortège left the pub in Boxford and there were so many cars and motorbikes making her last trip and stopping traffic on the way. 250 people were at the crematorium and afterwards the celebration of her life went on until 3am.

She leaves a devastated family: twin sister Laura, brother Russell, our mum and myself, alongside her nieces, nephews and their children. She was more than an aunty could ever be, she loved them with a passion and treated them like her own and Lianne, Gary and Ashleigh will never get over the loss of her.

She was larger than life, full of fun and naughtiness and this world is a sadder place for her not being in it.

49 was far too young to lose my beautiful sister.

Lynne Kent



# A RIGHT ROYAL KNEES-UP!

*Sunday May 7<sup>th</sup> midday until late*

It is with much excitement that we would like to announce that ALL residents of Boxford, Edwardstone and Groton are invited to come and celebrate His Majesty King Charles III's Coronation with a street party in Broad Street, Boxford on Sunday May 7<sup>th</sup>.

Broad Street in the centre of the village will be closed to traffic for the whole day from 8:30am on Sunday morning for set-up and then everyone is invited to come from midday until 11:30pm to enjoy the celebrations.

There will be free live entertainment on the stage from mid-day, including contributions from Boxford CEVC Primary School, Boxford Drama Group and Madrigalia, with groups *The 3 Chordettes* and the *It's Fete* band late into the evening.

There will be thrilling Duck Races in the afternoon, food vendors, fabulous local produce and makers' stalls and *free* children's rides in The White Hart car park during the afternoon. Both of Boxford's pubs and Box River Café will be open all day. Hooray!

For souvenirs of the day, limited-edition Boxford Coronation mugs will be on sale.

The whole event is brought to you by Boxford Community Council who have been holding a number of events over the last few months in order to raise funds for this exciting celebration. It is sure to be a very memorable day for this historic occasion.

Look forward to seeing you all there!

# TRAVEL BACK IN TIME

As part of the Coronation celebrations on Sunday 7<sup>th</sup> May, the Boxford Society will be mounting a display of historical photos of Boxford in St Mary's Church. There will be photos on display boards and a continuous slideshow on screen of more than 200 old photographs of Boxford in the 20<sup>th</sup> century. The church will be open from 9am until 10:45am for viewing, and again from 12:30 when the morning service ends until 4:30pm in the afternoon.

Please come along and bring your friends to relax in the church and immerse yourself in old Boxford. We hope to have the North Door in the wooden porch of the church open to make for ease of entry.



Coronation of Elizabeth II June 1953. Boxford's Coronation Queen Madge King at the White Hart. On her left Rose Carter with Corinne Maydaugh on her right.

# Box River News

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email: editor@boxrivernews.com

[www.facebook.com/BoxRiverNews](https://www.facebook.com/BoxRiverNews)

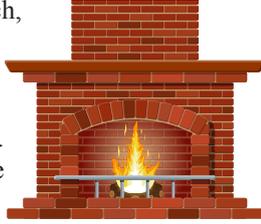
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Deadline date for the June 2023 Issue is:

**May 15<sup>th</sup> at midday**

# NEWTON FIRESIDE CLUB

For our pre-Easter meeting on 21<sup>st</sup> March, Teresa kindly organised a craft session. We made a garland of Easter Rabbits in lots of different papers. To finish them off we made pompoms using forks. Unfortunately, Teresa couldn't make the meeting and, as my craft skills are fairly limited, I asked Lynn to help out. I know that everybody really appreciated her assistance, particularly with the pompoms which could go spectacularly wrong!



Our trip to *A Place for Plants* on 4<sup>th</sup> April was cancelled so we decided to have a session in the village hall as usual. A game of charades was met with mixed enthusiasm, but everyone had a go and there was much laughter. Following tea and delicious cake, thank you Anita and Miranda, we had an Easter egg hunt and we were all given a small pot of snowdrops, which was a lovely surprise. Thank you, Teresa for sorting this.

As you can see below, we have a busy and varied programme for the summer. We have managed to book buses for the two outings but the minibus only holds 15, so we may need to look for volunteer drivers as well.

We are holding a coffee morning on Saturday 20<sup>th</sup> May. Please do come along and, if you are not already a member of the club, we will happily tell you all about it. Donations for the raffle and cake/savoury stall would be most welcome.

Also, I am pleased to announce that tickets for **The Midsummer Munch** are now on sale. They are available from Marilyn on 07748 175 389.

## Summer 2023 Programme of Events:

- |                           |   |
|---------------------------|---|
| Tues 2 <sup>nd</sup> May  | Bingo & Quiz  |
| Tue 16 <sup>th</sup> May  | Film Afternoon                                      |
| Sat 20 <sup>th</sup> May  | Fireside Coffee Morning (10am Village Hall)         |
| Tue 30 <sup>th</sup> May  | Floristry Demonstration                             |
| Sun 11 <sup>th</sup> June | Midsummer Munch (from Noon)                         |
| Tue 15 <sup>th</sup> June | Outing to Hyde Hall (meet at Village Hall at 10am)  |
| Tue 21 <sup>st</sup> June | Suffolk Day Cream Tea                               |
| Tue 27 <sup>th</sup> June | Talk & Treats by Weston's Bakery TBC                |
| Tue 11 <sup>th</sup> July | Outing to Felixstowe (meet at Village Hall at 10am) |
| Tue 25 <sup>th</sup> July | 'Bring & Share' Lunch (time TBC)                    |

All meetings are held in the Village Hall and start at 2pm unless otherwise stated and anyone is welcome. Subs for the term are £3 a session or, if possible, £25 for the term. This includes refreshments and activities. Non-members are welcome to come along to any session. The fee will be between £5 and £10 depending on the activity. New members are always welcome, the first session is free.

Please contact Moira on **01787 374652** or Sue on **07881 383998** if you would like more details.

*Sue Presland*

# RECLAIM THE RAIN

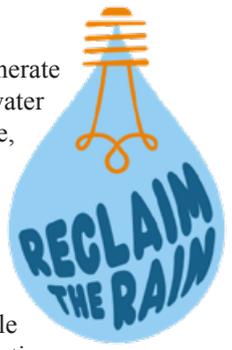
Hi Boxford Residents! Together, we can generate bright ideas to capture and reuse excess rainwater for agriculture, community facilities, and more, enabling us to prepare and adapt for the future.

Reclaim the Rain has the potential to achieve lots of other benefits which could include supporting local environments and creating a space for people to be proud of. Our goal is to work with you to create a meaningful and sustainable water management project that will leave a lasting positive impact beyond the project's conclusion in 2027.

We have some exciting news that Boxford School will be participating in an Environment agency pilot project called *Hello Lamppost*, an interactive scheme to engage parents, teachers and any other visitors at the school, whereby people scan a QR code or text to learn more about flooding and climate change. The school pilot aims to engage parents, teachers, and any other visitors at the school.

We still need your help to complete our Boxford Wish List! We have created a short survey for you to tell us what you think is most important for Boxford and what success might look like for the village. The Project Team visited the most recent Boxford Market to spread the word, meet with residents and discuss the Wish List tool in person. The Market is well attended by the community and a lovely place to buy homemade goodies. We are grateful for the opportunity to be able to speak to so many people about Reclaim the Rain and gain valuable responses to our Wish List tool.

If you haven't yet done so, please follow the link to our Wish List tool to have your say, by scanning the QR code with your mobile device or by following the web link provided.



<https://bit.ly/reclaim-the-rain-wishlist>

If you're interested in learning more about some of the options listed on our Wish List, please visit our website for more information: [www.reclaimtherain.org](http://www.reclaimtherain.org) or get in touch with us via email at [reclaimtherain@suffolk.gov.uk](mailto:reclaimtherain@suffolk.gov.uk) as we would be happy to provide more information.

Remember, this is your village and your future, and we believe that your valuable input, ideas, and feedback are vital in developing a meaningful project that benefits the community. Your choices could help narrow down the chosen Reclaim the Rain scheme options for your village. Let's join forces and create a brighter, more sustainable future for Boxford. We look forward to hearing from you all!

*Best wishes,  
The Reclaim the Rain Team*



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# PHOTO ID REQUIRED!

On Thursday 4<sup>th</sup> May 2023 voters in the Babergh district of Suffolk will take to the polls to decide who will represent them as district councillors. 32 councillor positions are up for election, with 4 available across the Box River Benefice villages within the Box Vale, Assington and Lavenham wards (see p22 for Box Vale candidate profiles).

The Elections Act 2022 has brought about major changes to the way in which elections are conducted compared to previous elections. Part of these changes mean that when voters go to vote on 4<sup>th</sup> May, they will be required to show photographic ID (or accepted equivalent) in order to be permitted to vote. Even voters who are legally registered but do not show ID will *not* be permitted to vote.

There are 22 forms of valid ID including:

- Passports
- Driving licences
- Older or Disabled Person's bus passes

The full list of acceptable ID documents is available here: <https://bit.ly/2023-elections-photo-id>. Only original documents will be accepted. Scanned images or copies will not be accepted - however, expired documents *are* accepted if the photo is still a current likeness.

If you are registered to vote but *do not* have an accepted form of photo ID there is a slim window of time before 5pm on 25<sup>th</sup> April 2023 in order to apply for a 'Voter Authority Certificate' that will allow you to still vote. You can find out more details about this certificate and begin the application process online at: <https://bit.ly/voter-authority-certificate>

You will need a recent digital photograph of yourself and have identity documentation such as National Insurance number, a birth certificate, bank statement and/or utility bill.

**Remember: If you don't take photo ID, you cannot vote!**

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or call 0800 328 0280



## LITTLE WALDINGFIELD NEWS

The annual village litter pick took place on Saturday 1<sup>st</sup> April with some 15 volunteers turning out to help scour all the roadsides and footpaths. Around 18 bags of rubbish were collected plus a few unusual items as seen below.



One find was particularly interesting, a pillow case containing several wallets and a jewellery box, all empty, that had been thrown over a roadside hedge; it was handed in to the police. Many thanks to all those who took part.

As part of the Platinum Jubilee celebrations last year it was agreed to plant a line of trees at the end of the Playing Field on behalf of the all the children living in the village at that time. It was decided to delay the planting until the start of the new growing season and so on Saturday 15<sup>th</sup> April some 30 saplings, a mixture of Rowan, Silver Birch, and Wild Cherry were planted with the help of some younger volunteers. A commemorative board with the names of all the children will be added during the Coronation Weekend celebrations.



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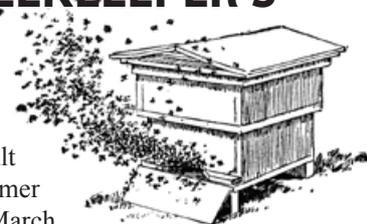
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## NOTES FROM A BEEKEEPER'S DIARY



The honey bees' year starts in spring, but with climate change it's becoming more and more difficult to tell when spring ends and summer begins. This year February and March were marked with heavy rain, low temperatures and high winds, all of which prevented the bees from getting out and about. So they missed much of the early season nectar and pollen from hazel, willow, crocus, aconites, mahonia and all the other late winter flowering plants and shrubs.

Only now in early April are daytime temperatures struggling into double figures, but the milky white blackthorn blossom now cloaking the hedgerows tells us that warmer days are just around the corner.



Honey bees do not hibernate. In the autumn the number of bees in the colony will reduce from the summer population of over 60,000 to around 10,000, one of which will be the queen. The workers carry on managing their food stores and when it gets really cold form a cluster to maintain the critical body heat (around 35°) needed to keep the colony alive.

Nature always makes up for a late spring with a dramatic burst of activity, and we can expect the queen bees to begin laying again as soon as the workers are able to forage for pollen. When the colony gets into full swing the queen will be laying up to 2,000 eggs each day, each of which will emerge as a young adult bee after three weeks; and she has to because it is a race against time before the over-wintered workers are worn out, otherwise the colony will die. Sadly it is now becoming apparent that this year an unusually high proportion of colonies have failed to survive the winter, likely due to the stop-start nature of the weather we've had.

When the bees have rebuilt the colony to sufficient size, from mid-April onward, they will prepare to swarm. Swarming is the only way that honey bees can create a new colony to replace losses. The queen leaves the nest with half the worker bees, leaving behind an embryo queen in the original hive to mate and raise her own brood.

The old queen and her retinue often form a large cluster on a tree or building while scouts are sent out in search of suitable nesting sites. Swarming bees can be a loud, frightening, dramatic sight, but in fact they are quite docile and reluctant to sting.

Unfortunately the success rate of colonies in feral nests such as hollow trees is very low but beekeepers can help the bees by collecting and re-hiving swarms. If you suddenly come across a swarm or one comes to rest in your garden, phone a local beekeeper to collect them (myself - Tony Rand on 07503 164823 or Rich & Trudi Wild on 01787 210 946) where they can be safely collected and rehomed. This service is generally free.

*Tony Rand*

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## CITIZENS ADVICE

*I recently started a new job where my boss has told me I'll have to work on bank holidays. This was never the case in my old job. Can my employer really make me work on a public holiday, and should I get paid extra if I do?*

**citizens  
advice**

Congratulations on the new job and wonderful to hear you're enjoying the work.

Unfortunately, when it comes to bank holidays, whether or not staff have to work is up to their employer, and you don't have to be paid more if you do. The situation will vary from job to job and may depend on a number of factors such as whether your place of work is open on bank holidays, your hours of work and crucially, what your contract says.

Take a look at your contract, if you have one, to find out what your personal situation is. Your contract might say you will always get bank holidays off but it might say you may sometimes be required to work them or will always be required to work. If your place of work is normally open on a bank holiday you'll probably be asked to work at least some. But if your contract says you get bank holidays off you shouldn't be asked to work.

Your contract might say something like: "In addition to bank and public holidays, your annual entitlement to holidays is X days". This means you get public holidays off in addition to your annual leave entitlement but it might not mean you're entitled to take the specific days off. You may be required to work a bank holiday, in which case you should get another day off instead.

Alternatively, it might say something like: "Your annual holiday entitlement (inclusive of bank and public holidays) is X days" - this means you have to take bank holidays off as part of your annual leave entitlement. Bank holidays will either be deducted from your annual leave allowance (so you'll have to book all bank holidays as paid time off) or counted as additional holiday days.

A common misunderstanding around bank holidays is that employers have to pay you extra for working them. This is not the case. Unless your contract says you'll be paid extra you will just be paid your normal amount. If your contract says you are entitled to bank holidays but you're asked to work, you should be able to take a different day off in lieu. Your employer has to follow what's set out in your contract, if they don't, you should raise this with them.

If you don't have a contract, the legal default position is that your employer can tell you when you can or can't take time off. If you'd like to request a bank holiday off, use the normal method for requesting time off.

If you find you need to resolve an issue with your employer, first ask for an informal chat, where you can raise your concerns. If this doesn't get you anywhere, you may need to raise a formal grievance. If you need advice on this, contact your local Citizens Advice.

For information and advice on this or anything else, visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) or call Sudbury and District Citizens Advice on **01787 321400** and leave a message and someone will call you back when available.

We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, contact us via email at [advice@sudburycab.org.uk](mailto:advice@sudburycab.org.uk) or by using the contact facility on our website, [www.sudburycab.org.uk/contact](http://www.sudburycab.org.uk/contact)

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.



## READERS' LETTERS

*Dear Editor,*

Would it be possible for the owner of the land (now sold) to the west of the new Goodlands estate in Boxford to publicly state their intentions of what is to be done with it? At the moment it is used by dog walkers as the proper pedestrian route around this land is a disaster with mud and soon will be overgrown with brambles/nettles etc and the Woodland Trust will not be able to get equipment over the bridge to do work on the other site of the river. There are all sorts of rumours going about the village about what is going to happen to this land so I believe it is best to ask outright.

Many thanks,  
*A Boxford Resident*  
(name and address not supplied)

*Dear Editor,*

I am in contact with a friend currently living in Turkey, near the recent earthquake area. He is an IT expert. I have been working with him regarding my own IT situation and during the course of our discussions the idea has arisen of sending my old laptop and mobile phone to him so he can reformat them and then donate to those who have lost everything. A great idea! Having looked into it, the postage is the main barrier. So, I am wondering if there are a few people locally who may also have usable but unwanted laptops and mobiles they would like to donate. If a few of us get together the postage becomes much more manageable - in the realm of £10 per person rather than £50 (for up to 10kg) as a rough guide.

If anybody is interested please contact me directly on 01787 211862.

Many thanks,  
*Louise Carpenter*

### **GORDON KENNETT 1943-2023**

It is with great sadness that we have learned of the passing of Gordon Kennett on the 3<sup>rd</sup> April 2023. Gordon was well-known for all his volunteering on behalf of the community in Boxford and all the villages around, over many years. He turned his hand to anything outdoors - woodworking, making noticeboards, repairing benches, gardening and so much more. He managed the Boxford Society Garden at the corner of Ash Street and made sure that the wildflower areas around our churches were maintained. He would read the lesson there at short notice right up to the end. He was Chairman of Edwardstone Millenium Field and supplied delicious strawberries from his gate nearby. He loved to chat to all and sundry on his frequent visits to Boxford and he would quickly volunteer if a job needed doing.

First and foremost Gordon was a countryman who loved our woodlands. He devoted many years as "Gordon the Warden" at Arger Fen for the Suffolk Wildlife Trust where he delighted in the heavy work. In recognition of his devoted service he was invited to receive an award at a reception at Buckingham Palace in 2018. He was a very modest man, but was quietly proud of this.

Gordon will be sorely missed by all who knew him and it will surprise many to learn that he was approaching his 80<sup>th</sup> birthday later this year. Gordon was carer for his devoted wife Susie since she broke her back, and he leaves a daughter Anna and her family, and a sister Julia. Memorial service at Edwardstone church on Friday 28<sup>th</sup> April at 2pm.

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## THE BUTCHER'S WIFE

Last month the oldest of the mini Leeders turned eighteen. We officially have an adult child and I'm not sure how I feel about it. Not only has it really made me feel my age, it's also made me reflect on the past eighteen years and how fast they have gone by. It honestly doesn't feel like that long ago we bought her home from hospital where she had tried to kill me coming into the world.



I had pre-eclampsia with my pregnancy and had to be in hospital for 4 weeks before my due date. They eventually decided to induce me and because of the circumstances, I was moved to a private room and a separate bed was wheeled in for the Butcher to stay too. For three days I was in labour, not allowed to eat anything (in case I needed emergency surgery) and on all the drugs they offered me. The Butcher on the other hand got takeaways delivered, watched TV, took naps. He was living his best life in that hospital room. Just before the arrival of mini Leeder number one, a consultant came into the room. I don't have the column space to describe to you just how beautiful he was. He had jet black hair, tanned skin, bright green eyes and the whitest teeth I'd ever seen. He stood next to my bed and introduced himself and asked how I was feeling. I just stared at him in awe before turning to the Butcher and saying 'he is the best looking person I've ever seen in my life'. Great for the Butcher's self-esteem!

They had told me all along that the baby was smaller than average but it wasn't until they handed her to me that I realised just how tiny she was. She weighed just over 4lb and had a head full of black hair. Luckily she was perfectly healthy and didn't need to go to the special care unit. I ended up having further complications so it was another week before we were allowed to go home. There is something hideously scary about driving your first baby home (the Butcher drove 10mph the whole way) and it's even more terrifying when you get them home and realise there isn't a team of midwives to tell you what to do!



### King's Coronation Chicken

This is great served with salad, rice or potatoes, as part of a buffet or even in a sandwich! I leave the almonds out because nuts are gross!

#### Ingredients

- 6 skinless chicken breasts
- 2tsp mild curry powder
- 150g mayonnaise
- 125g crème fraiche
- 3tbsp mango chutney
- 1tsp Worcestershire sauce
- 2 celery sticks, finely chopped
- 75g dried apricots, chopped
- 50g sultanas
- 50g flaked almonds
- handful of fresh coriander
- Salt & pepper

#### Method

1. Preheat the oven to 180C.
2. Season the chicken breast with salt and pepper and cook on a baking tray for 25-30 minutes. Check that they are cooked through and leave to completely cool.
3. Heat a small frying pan and toast the curry powder for about 30 seconds until it smells fragrant. Empty into a large bowl and stir in the mayonnaise, crème fraiche, mango chutney, Worcestershire sauce, celery, apricots and sultanas and season well with salt and pepper.
4. Once cooled, cut the chicken into bite sized pieces and add to the mixture along with the almonds and chopped coriander and stir well.



## Elaine Carpenter

N.R.H.P., C.H.P., Dip Psychology

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# ELAINE EVERITT

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# A. LEEDER

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- Locally sourced honey
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# RAMBLINGS FROM THE RECTORY

I write still elated by the fabulous celebrations of Easter. We saw a large number of people at all of our Easter services across the benefice, where the joys of the resurrection rang out and were reflected through word, sacrament and song. As if on cue, the sun is now shining with voluptuous vigour.

Why is Easter such a big event in the life of the Church and nation? Well, the resurrection brings a different outlook on life. The Christian faith hinges on the resurrection and it instills hope and optimism in a better future, even amidst the messiness of the world. It can build courage to leave behind the selfishness that so often dominates, address the things that are wrong and the wisdom to sit with the momentary challenges that are never eternal. Our churches scatter the English landscape because of the resurrection of Jesus. They bring hope to a nation in good times and bad. Our ancestors built them and nurtured them through the centuries only because of the resurrection of Jesus. In our modern era, the buildings can be turned into libraries or expensive houses easily enough, but they will cease being churches, if they no longer nurture a worshipping community committed to sharing Jesus' resurrection with the world and exhibit the life of joy that is possible when lived in the light and hope it brings.

There are so many people to thank for enabling our churches to thrive and grow in this moment: the wonderful members of our ministry team, our children and families team, our churchwardens, treasurers, administrator, PCC secretaries and PCC members, our organists and members of our choir, those who help with flowers, making coffee, providing lunches, hospitality and volunteering in various ways and, of course, the growing numbers of people who make up our congregations.

There are a whole host of activities taking place in our churches this May to serve our communities, so why not take a moment to pop along to feed your soul for a while whilst soaking up their nourishing ancient spiritual ambience?

Join us on any given Sunday, but the weekend of the Coronation is an especially exciting moment to watch out for. All five of our churches will be holding a Special Coronation Sunday Service and many of our villages will also be hosting special Coronation events for this special day in the life of our country. A day that will go down in history, so make sure you don't miss out on what promises to be a weekend of celebration and partying.

Or you could join us for our special Ascension Day Service on Thursday 18<sup>th</sup> May, when we will be celebrating Jesus ascending to heaven, an event that gives us confidence that we may follow (when the time is right).

You might also like to pop in for one of our monthly coffee mornings or our community lunch in May, which are all particularly good for meeting other people from the wider community and socialising with friends old and new. Then there are the musical events and trips in the schedule that are worth keeping an eye out for.

Finally, our churches can only thrive if they are well resourced with volunteers and finances. We will soon be holding the Annual Meetings for each of our churches, and each church is always on the lookout for new faces to join their committees to provide a bit of fresh energy and insight. If this tickles your fancy, drop me a line.

Wishing you every blessing this Easter-tide,

Fr Rob - [rparkermcgee@gmail.com](mailto:rparkermcgee@gmail.com), Tel: 01787 210434



  
THE  
CORONATION  
KING CHARLES  
III  
2023

**Celebrate with the Box River Benefice**  
**Sunday, 7th May 2023**

**9.30 am, Special Coronation Sunday Services: -**  
Lt Waldingfield  
Edwardstone  
Groton  
Newton

**11.00 am, Special Coronation Sunday Services: -**  
Boxford

**11.00 am - Forest Church - The Rectory**  
Woodland, Boxford



**FOREST CHURCH**

RECTORY WOODLAND  
SUNDAY, 7TH MAY AT 11.00 AM  
AND THE FIRST SUNDAY OF EACH  
MONTH DURING THE SUMMER

Encounter divine things in the great  
outdoors, in the sky, the earth, the trees  
and the wildlife.

**This service is for everyone, old and young  
who wants to connect with God in this  
beautiful environment.  
It will be alternative, fun and quirky.**

**CONTACT INFORMATION**

**Benefice Office**  
Mary's House, 5 Swan Street, Boxford CO10 5NZ  
**01787 828046** email: [boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com)

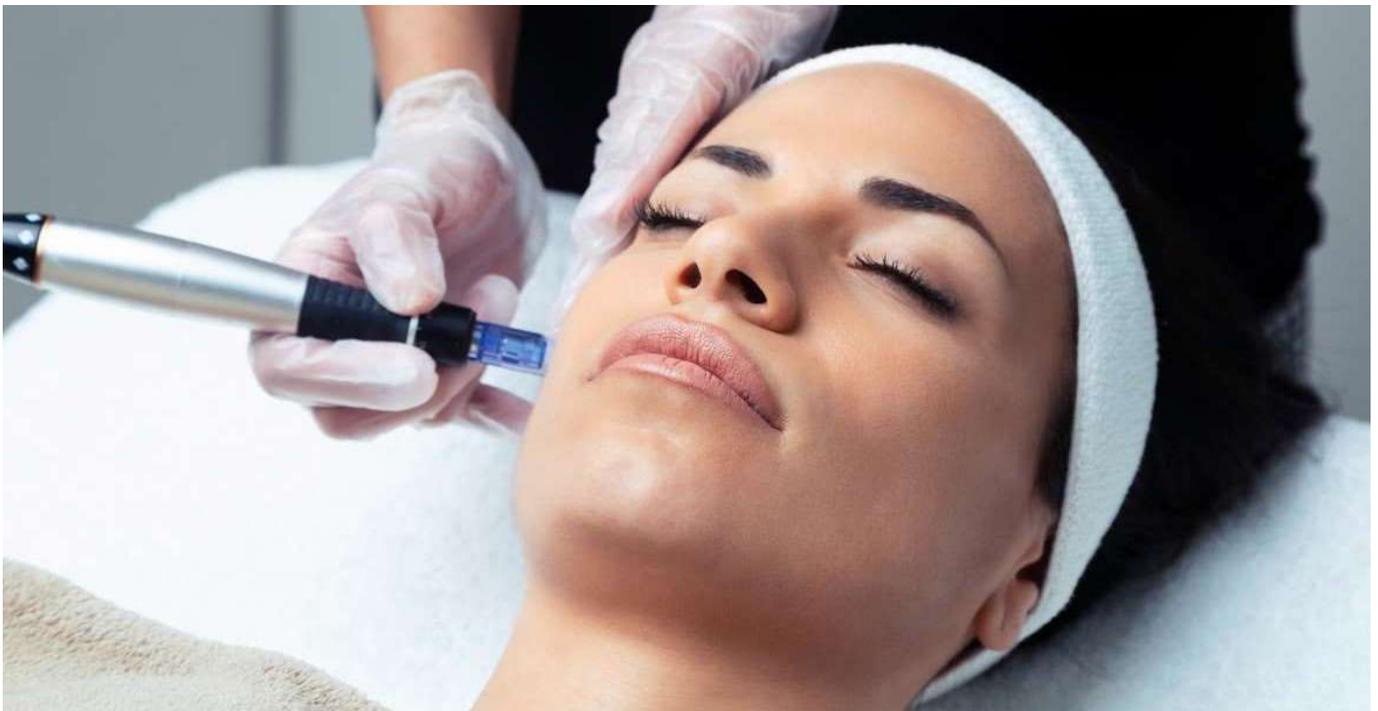
Fr Rob Parker-McGee SR  
**01787 210434** email: [rparkermcgee@gmail.com](mailto:rparkermcgee@gmail.com)

# Best-kept Secret

Psst... Have you heard about our advanced facial treatments?

- The 'Vitamin Energiser,' a super-charged Vitamin C facial treatment for the ultimate skin pick-me-up
- The 'Dermal Rejuvenation,' a replenishing facial treatment with powerful growth-factor ingredients.

Both **hour-long treatments** include everything you'd expect from a facial PLUS a detoxifying drainage massage, Dermalux LED light therapy and micro-needling, which reduces the appearance of fine lines, improves the appearance of scars and sun damage and gives skin a healthy-looking glow.



## Summer Special

ALLSKIN MED Vitamin Energiser or Dermal Rejuvenation  
Facial treatments **just £125** (usually £150)  
PLUS 25% off retail purchases made the same day \*

**Call: 01787 211 000 to book**

\* Offer valid once per person until 31/05/2023. 25% off retail on the SAME DAY as facial treatment

Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 ★ [www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)





# SERVICE SCHEDULE FOR MAY 2023



<b>Wednesday 3<sup>rd</sup> May</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 7<sup>th</sup> May</b>	09:30	<i>Special Coronation Sunday Service</i>	St Mary the Virgin, Edwardstone
	09:30	<i>Special Coronation Sunday Service</i>	St Lawrence's, Lt Waldingfield
	09:30	<i>Special Coronation Sunday Service</i>	St Bartholomew's, Groton
	09:30	<i>Special Coronation Sunday Service</i>	All Saints', Newton Green
	11:00	<i>Special Coronation Sunday Service</i>	St Mary's, Boxford
	11:00	<i>Forest Church</i>	The Rectory Woodland, Boxford
<b>Wednesday 10<sup>th</sup> May</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 14<sup>th</sup> May</b>	09:30	<i>Morning Praise</i>	St Bartholomew's, Groton
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
	17:00	<i>BCP Evensong</i>	St Lawrence's, Lt Waldingfield
<b>Wednesday 17<sup>th</sup> May</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Thursday 18<sup>th</sup> May</b>	19:00	<i>Ascension Day Service</i>	St Mary's, Boxford
<b>Sunday 21<sup>st</sup> May</b>	09:30	<i>Sunday Eucharist</i>	St Mary the Virgin, Edwardstone
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
	17:00	<i>Compline</i>	All Saints', Newton Green
<b>Wednesday 24<sup>th</sup> May</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 28<sup>th</sup> May</b> <i>Pentecost</i>	8:00	<i>BCP Holy Communion</i>	St Mary's, Boxford
	8:45	<i>Benefice Breakfast</i>	St Mary's, Boxford
	9:30	<i>Pilgrim Eucharist for all the Family</i>	St Mary's, Boxford
	11:00	<i>Sunday Eucharist</i>	All Saints', Newton
<b>Wednesday 31<sup>st</sup> May</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford

(Morning Prayer online every Tuesday, Thursday and Friday morning from 8.30am)

All our churches across the Benefice are OPEN EVERY DAY for Private Prayer.

If you need support, please contact Fr Rob or the Benefice Office



**BOXRIVER BENEFICE**  
**COFFEE MORNINGS**

EVERY TUESDAY, 10.00 AM - MARY'S HOUSE, BOXFORD

FRIDAY, 5TH MAY, 10.30 AM - ST LAWRENCE'S CHURCH, LT WALDINGFIELD

WEDNESDAY, 17TH MAY, 10.00 AM - ALL SAINTS' CHURCH, NEWTON

SATURDAY, 20TH MAY, 10.00 AM - ST MARY'S CHURCH, BOXFORD

**CATCH UP WITH OLD FRIENDS, MAKE NEW FRIENDS**

**Bring and Share**



**North Porch, St Mary's Boxford**

If you or someone you know is in need,  
please visit the Food Bank.

All donations of non perishable goods,  
are gratefully received.

**Thank You**

**TAKE WHAT YOU NEED. LEAVE WHAT YOU CAN**



# The Box River Benefice

Boxford, Edwardstone, Groton,  
Little Waldingfield and Newton

## DATES FOR YOUR DIARY

- Tues 2<sup>nd</sup> May 10am** Drop in for Coffee, Mary's House  
**Fri 5<sup>th</sup> May 10:30am** Coffee Morning, St Lawrence's, Lt Waldingfield  
**Sun 7<sup>th</sup> May 9-10:45am & 12:30-4:30pm** Boxford in Times Past, St Mary's, Boxford  
**Tues 9<sup>th</sup> May 10am** Drop in for Coffee, Mary's House  
**Wed 10<sup>th</sup> May 3pm** Bible Study Group, 47 Swan St, Boxford  
**Sat 13<sup>th</sup> May 6pm** Happy Hour Organ Recital, St Mary's, Boxford  
**Sun 14<sup>th</sup> May 12:30pm** APCM for Boxford, St Mary's, Boxford  
**Tues 16<sup>th</sup> May 10am** Drop in for Coffee, Mary's House  
**Wed 17<sup>th</sup> May 10am** Coffee Morning, All Saints', Newton  
**Sat 20<sup>th</sup> May 10am** Coffee Morning, St Mary's, Boxford  
**Tues 23<sup>rd</sup> May 10am** Drop in for Coffee, Mary's House  
**Wed 24<sup>th</sup> May 1pm** Benefice Community Lunch, St Mary's, Boxford  
**Sun 28<sup>th</sup> May 8:45am** Benefice Breakfast (in between services), St Mary's, Boxford  
**Tue 30<sup>th</sup> May 10am** Drop in for Coffee, Mary's House

## HOLY WEEK AND EASTER

We shared the joy and light as we came together over Easter. In our Easter Services, the Resurrection no longer remained just a theoretical possibility, it became an emotional reality as our hearts began to burn within us. We received the sacrament of Easter, the Eucharist and were strengthened as Christ's Body became one with him. As we shared the bread from heaven, the Risen Christ transformed our lives as we embraced in an empathetic way the reality of what the Easter story means for us in the here and now.

We were delighted so many people were able to join us over Holy Week and Easter, a special thank you to everyone involved in making our churches look so beautiful in preparation for Easter and to all our volunteers throughout the Benefice.

## EASTER HOLIDAY CLUB

We had a fantastic day at our Easter Holiday Club on Wednesday 5<sup>th</sup> April. We were joined by 22 children ranging from 5 to 10 years old for a fun-packed day of exploration, craft, singing and activities. It was a jam-packed day. Thank you to Stephen Walters & Sons in Sudbury who donated some beautiful silk fabric, which enabled us to make a 2m cross.



The children also made Easter cards, decorated crosses, decorated wooden sea life key rings, covered large card eggs with mosaic pieces of patterned paper, made biscuit Easter gardens, as well as singing songs around the piano, Fr Rob jumped around leading everyone in 'The Moose Song'. The children then went round the church visiting stations of the Easter



Experience and Rosie led KS1 in the Godly Play Good Friday story through wooden figures. It was a beautiful day, so we took them all on a trail of the Rectory woodland where we explored the richness and diversity of nature and even hugged the oldest Oak tree so that we could get a sense of its 'ancient wisdom through time' and found time to explore the churchyard. All the children were given a certificate and a bag to take all their things home in.

A huge thank you to everyone involved in planning and running the day, we're looking forward to next year already!

## STALL HOLDERS WANTED

We are looking for stall holders for St Mary's Church Fete, Sunday, 10<sup>th</sup> September. If you would like to book a pitch or would like to find out more information, please get in touch [boxriveractivites@gmail.com](mailto:boxriveractivites@gmail.com)



## BENEFICE COMMUNITY LUNCH

Do come along and enjoy a 2 course  
delicious home cooked lunch.  
(suggested donation is £5.00, payable on the day)

WEDNESDAY, 24TH MAY  
1.00 - 3.00 PM  
ST MARY'S CHURCH,  
BOXFORD

Please contact the Benefice Office  
to reserve your place,  
**01787 828046 or [boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com)**




The Box River Benefice  
Boxford, Edwardstone, Groton,  
Little Waldingfield and Newton



The Box River Benefice  
Boxford, Edwardstone, Groton,  
Little Waldingfield and Newton

## NEW FOR SUMMER 2023 ST MARY'S CHURCH, BOXFORD ON THE 4TH SUNDAY OF EACH MONTH

BCP HOLY COMMUNION AT 8.00 AM  
FOLLOWED BY  
BENEFICE BREAKFAST AT 8.45 AM  
FOLLOWED BY  
PILGRIM SERVICE FOR ALL THE FAMILY AT 9.30 AM



# POLSTEAD VILLAGE HALL

Polstead Village Hall is thriving with regular clubs and activities at specific times from Monday to Friday.

At all other times, the hall is available for private bookings. There is a small room for hire as well as the main hall with its curtained stage and an adjacent, well-equipped kitchen.

Please note that the hall now has wi-fi.

Anyone interested in hiring any of the hall's facilities should contact the Bookings Secretary, Mrs. Sue Townsend: **01787 828 570** or access the hall's website <http://polstead.onesuffolk.net/about-polstead/village-hall> If you think you might like to join in any of the regular weekday activities, please contact the relevant organisers below.

<b>Monday</b>	Table Tennis	6:30-8:30pm	07470 635 600
<b>Tuesday</b>	Art & Crafts Club	2-5pm	07570 791 716
<b>Wednesday</b>	Zumba	6-6:45pm	07791 496 767
	Carpet Bowls	7pm	07969 983 554
<b>2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesday</b>	Craft Workshop	2-4pm	07394 149 472
<b>Thursday</b>	Body Movement	10-11am	07969 983 554
<b>Friday</b>	Coffee Caravan	10-1pm	07969 983 554

New members are always welcome, the organisers will be pleased to hear from you.

## FUN QUIZ NIGHT

Polstead Village Hall, Saturday 24<sup>th</sup> June.

Teams of six, £9 per person, refreshments included, bar available, raffle.

To book your table email: [polsteadvillagehall@outlook.com](mailto:polsteadvillagehall@outlook.com) or telephone Sue Townsend **01787 828 570** or tickets will be available from the beginning of May from Polstead Village Shop

Single tickets may also be purchased, tables can be made up on the night

## POLSTEAD FILMS

### EMPIRE OF LIGHT

Olivia Colman, Colin Firth, Toby Jones, Micheal Ward

**Friday 12<sup>th</sup> May, Doors open 7pm**

**POLSTEAD VILLAGE HALL :**

Poignant drama about love, life, and films set in an English coastal town in the early 1980s written and directed by Sam Mendes.

Tickets £4.50. Reserve by emailing: [polsteadfilms@gmail.com](mailto:polsteadfilms@gmail.com) or buy at Polstead Community Shop.



## LEAVENHEATH CINEMA

**SATURDAY 13<sup>TH</sup> MAY**

### THE BANSHEES OF INISHERIN

7 For 7:30pm Start

Leavenheath Village Hall, CO6 4NS

Tickets: Adults £4, Under 16 £2.50

The bar is open before the film & during the interval serving beer, wine, soft drinks, tea & coffee. Ice creams will be available during the interval.

For tickets phone Marion (01206 263301) or book online at [www.leavenheath.org.uk](http://www.leavenheath.org.uk). You can pay on the door cash or card.





# ST MARY'S CHURCH, BOXFORD



## HAPPY HOUR CONCERTS BETWEEN 6PM AND 7 PM

**SATURDAY, 13TH MAY - ORGAN RECITAL  
WITH TOM COGAN**

**SATURDAY, 10TH JUNE - VOICES & PIANO  
WITH STEPHEN MITCHELL & ELAINE HENSON**

**SATURDAY, 8TH JULY - THEATRICAL  
REMINISCENCES WITH PATRICIA EDDINGTON  
& TOM COGAN**

**FREE ADMISSION, NO NEED TO BOOK, JUST COME ALONG**

**RETIRING COLLECTION IN AID OF ST MARY'S CHURCH**

**ENJOY A GLASS OF WINE AFTER THE CONCERT**



# Coronation Walk



Join us  
**Sunday May 7<sup>th</sup> 2023**



*Amble through our beautiful countryside*

**Start and Finish**  
at  
**The Shelley Centre for Therapeutic Riding**  
Shelley Road, Shelley, Ipswich IP7 5QY

*Ample Parking*

*Approximately 7 miles*

**Book in between 10-11am**

*Dogs welcome on leads*

**Adults £5 Children under 16 free**

**Complimentary Tea & Cake on return**

*To prebook contact Chris Southgate by email*  
[s8aldham@gmail.com](mailto:s8aldham@gmail.com)

*all proceeds to The Shelley Centre for Therapeutic Riding  
Charity No. 1113636*



**MILDEN  
CORONATION DAY  
CELEBRATIONS**  
**Saturday 6th May**  
**2pm at Milden Pavilion**

Join together for an afternoon  
and evening with  
**Crazy Golf/Croquet/Fete Games**  
**4pm Dancing to Ceilidh Band**  
**'Stumpy Oak'**  
**Evening Rounders Game**



Available to purchase  
**Hog Roast & BBQ**  
**Licensed Pay Bar**  
**Refreshments**

**Dress in Red/White/Blue**

 [www.mildenpavilion.co.uk](http://www.mildenpavilion.co.uk)  
[info@mildenpavilion.co.uk](mailto:info@mildenpavilion.co.uk)  
Registered Charity No 304919 



*Little Waldingfield  
Celebrates the Coronation*

**Saturday 6th May**  
from 3pm to 10pm  
on the Playing Field



An afternoon of fun and activities  
for the whole family.  
From tug-of-war, rounders and races,  
to face painting and lots more.

Bring your own picnic -  
Marquees, tables & chairs provided.

Licensed Bar.  
Beacon lighting at dusk.

*We hope you will be able to  
come and enjoy the celebrations!*



To all villagers and friends - an invitation to

**NEWTON'S  
CORONATION  
PICNIC**  
on  
**Sunday 7 May 2023**

on the recreation ground  
(or in the village hall if wet)

**12 noon - 4pm**

Please bring your own food, drink, chairs,  
umbrellas, blankets, games  
- and an item of food or drink to share

**Music by Vinyl Richie Events**



**Groton's  
Coronation Celebration**

**Sunday 7th May 2023**  
**12.30 until 2.30**  
at  
**Groton Village Hall**



**Buffet, Teas/Coffee, Toast our new King**

To help with catering numbers  
please ring Jayne 01787 211 360



## BOXFORD GARDENS OPEN

Including Edwardstone

SUNDAY 4<sup>TH</sup> JUNE

11AM – 4PM

Plant Stalls·Cake Sale  
Cream Teas·Artists' Studios

*All funds support St Mary's Church*

*NEW GARDENS & CHILDREN'S TRAIL*

*Contact [audrey@a2zriskservices.com](mailto:audrey@a2zriskservices.com) for details*

## BOXFORD GARDENS OPEN

Now celebrating its 25<sup>th</sup> year, the villagers of Boxford and Edwardstone are welcoming all garden enthusiasts on Sunday 4<sup>th</sup> June, from 11am-4pm (5pm for outlying gardens) to visit a range of gardens in the Suffolk sunshine, from cottage courtyards, to manor houses with their acres of manicured green. All in aid of St. Mary's Church, visitors can also enjoy artists' studios, cake stalls, cream teas, light lunches, and new this year, a children's trail to keep little ones entertained.

New gardens are also joining this summer, and previous ones are always changing, so there are now around 20 beautiful retreats to explore, all with a unique interpretation of that most English of pursuits. Japanese-inspired clipped lawns and bonsai, sit alongside modern barn conversions, and ancient Tudor cottages covered in roses and honeysuckle present an image of village life that the artist Constable would have recognized. You'll find it hard to come away at the end of the day uninspired!

Tickets are £6 and can be bought at St Mary's Church in the centre of the village, or from the first garden you visit. Boxford itself is a classic Suffolk wool village, and one of the prettiest in a county where there is stiff competition. It was rated by the Sunday Times as one of the best places to live in England, so this is a great opportunity to judge for yourself.

St Mary's Church is an important landmark at the centre of the local community that has served it for more than 800 years. However, looking after such an historic building is extremely expensive. The Open Gardens is the main annual fundraiser for the Church - so come along and enjoy a perfect day out, bunting and all!

For further information, please contact [tfoakes@hotmail.com](mailto:tfoakes@hotmail.com)

All funds raised go directly to support St Mary's Church, Boxford.

Nayland with Wissington Conservation Society

Registered Charity No. 268104

## NAYLAND OPEN GARDENS

SUNDAY  
4<sup>th</sup> JUNE  
2023  
2pm-6pm

TEAS in the Village Hall

Tickets £5 (children free)  
in advance from:  
[www.naylandevents.org](http://www.naylandevents.org)  
or cash only on the day  
at the Gardens or Hall

[www.naylandconservation.org.uk](http://www.naylandconservation.org.uk)

## Kersey Open Gardens

Saturday, 10 June 2023

11.00 am to 5.00 pm

Adults: £5 (cash only), Under 16s: Free

Back at last a chance to see Kersey's beautiful gardens.

Refreshments will be available in the Village Hall throughout the day.

Proceeds will be shared between St Elizabeth Hospice in Ipswich and Kersey Projects for community events.

Contact us at: [kerseyprojects@gmail.com](mailto:kerseyprojects@gmail.com) for further details.

TIMOTHY WALKER

Former director of Oxford Botanic Gardens & Harcourt Arboretum

# TENERIFE

A botanical honey pot & evolutionary laboratory



Tuesday 2nd May 7.30pm  
at Boxford Village Hall

## The Philip Clouts Quartet

Wednesday 10<sup>th</sup> May 2023 8pm - Tickets: £17



The exuberance of South African Township music, the groove of gospel-influenced soul jazz, the sway of Cuban rhythms, the bluesy melodies of middle eastern praise songs and so much more all come together in Philip Clouts' superbly accomplished quartet.

Philip Clouts – Piano  
Samuel Eagles – Sax  
Tim Fairhall – Double bass  
Ted Carrasco – Drums

## The Nick Tomalin "Shades of Shearing" Quintet

Wednesday 24<sup>th</sup> May 2023 8pm - Tickets: £19



Highlighting the work of the influential and important British pianist, George Shearing; celebrating his music and the distinctive sound of his classic quintet.

Nick Tomalin – Piano  
Nat Steele – Vibes  
Dave Warren – Guitar  
Dominic Howles – Double bass  
Matt Fishwick – Drums

Stoke by Nayland Hotel, Keepers Lane, Leavenheath CO6 4PZ

Ample parking; fully accessible. Directions: [www.fleecejazz.org.uk](http://www.fleecejazz.org.uk)

Tickets: 01787 210796 or via [WeGotTickets](https://www.wegotickets.com) (booking fee applies); or on the door (cash or cheque only; sorry no debit/credit cards)

\*Friends of Fleece Jazz discount

SPECIAL OFFER: A double room with breakfast and two tickets from £119 (subject to availability) Phone: 01206 262836

Boxford Drama Group present

# The Good Old Days

An evening of divertissement  
awash with nostalgia  
and bewitching captivation!

FRIDAY 16<sup>th</sup> &  
SATURDAY 17<sup>th</sup> JUNE  
at 7.30pm

Boxford Village Hall  
Tickets £16.00 with supper  
served in the interval

Songs old and new,  
sketches, music, silly routines and fun!

Tickets will be available mid May from Boxford Post Office  
or online from: [boxfordshows.uk/tickets](http://boxfordshows.uk/tickets)

DIETARY REQUIREMENTS: Please Email [catering@boxfordshows.uk](mailto:catering@boxfordshows.uk)

## THE GOOD OLD DAYS!

Here is your chance to be taken back to the good old days of Music Hall! In a collaboration between Ward Baker and Boxford Drama Group, we invite you to come and join us for an evening of songs, new and old, melodrama, sketches, comedy and fun! All compèred with flawless perfection by our experienced Master of Ceremonies, David Phillips!

You are welcome to enter into the spirit of the evening by dressing up in costume if you so desire, but this is purely optional - sometimes just a funny hat is all you need to put you in the mood for a sing-a-long!! There will be full audience participation with words printed in the programme to sing along to.

The show is on Friday 16<sup>th</sup> and Saturday 17<sup>th</sup> June at 7:30pm. Tickets are £16, including supper served in the interval by the excellent Dawn Mace and her team. And of course there will be a bar!

Tickets are available from Boxford Post Office from mid-May. Tickets also available online for those further afield from [www.boxfordshows.uk/tickets](http://www.boxfordshows.uk/tickets) If you have any dietary requirements, please contact us at [catering@boxfordshows.uk](mailto:catering@boxfordshows.uk) and we will ensure your needs are met.

We look forward to seeing you there for a for a feelgood, fun evening, full of laughter!

Web: <http://www.boxforddramagroup.com>

## Remember!

The Box River News can be seen in full colour  
each month by downloading from the website.

[www.boxrivernews.com](http://www.boxrivernews.com)

**SPRING HAS FINALLY SPRUNG  
WITH THE PROMISE OF  
SUNNY TIMES AHEAD**

**WHY NOT TRY A SESSION FROM  
THE PROGRAMME OFFERED BY  
THE ARTS SOCIETY STOUR VALLEY?**



**On the 3<sup>rd</sup> Wednesday of each month at 11am  
at Long Melford Village Hall, CO10 9QJ (opp The Bull)**

We offer diverse illustrated Monthly Talks, Visits, Special Interest Events + a quarterly magazine & much more – all at a very reasonable cost

FOR FURTHER DETAILS and to get your name onto the temporary membership waiting list

Contact: [info@TASstourvalley.org.uk](mailto:info@TASstourvalley.org.uk) quoting **BRN24** or via our website [www.TASstourvalley.org.uk](http://www.TASstourvalley.org.uk)

**WEDNESDAY 17<sup>th</sup> MAY**

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**DEPART BOXFORD: 9:00AM**

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\*\*\*\*\*  
*Donations; Cash on the day or cheque payable  
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## BOXFORD WI UPDATE

During the April meeting the WI members were able to take part and watch and laugh at others' efforts at indoor curling. Many members clearly didn't know their own strength! Great fun was had, and laughter could be heard rolling round the village hall. Everyone who took part was a winner.



If you are interested in Zumba, run by a local lady from the village, then why not come along as a visitor to our meeting on 7<sup>th</sup> June and give it a go.

Other interest groups within the WI are:  
*Dining Divas* (lunch group)  
*Chatterbox* (afternoon with tea and cake)  
*Knit & Natter*  
*Book club*  
*Women who wander* (walking group)

New members are always welcome, so if you are interested please come along to the Village Hall on the first Wednesday of the month at 2pm or contact Annie Phillips on 01787 211729 or email [annie-phillips@hotmail.co.uk](mailto:annie-phillips@hotmail.co.uk)



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# LOCAL ELECTIONS 2023

Voters will take to the polls on Thursday 4<sup>th</sup> May 2023 for the Babergh District Councillor elections. The following are statements from our Box Vale ward candidates to assist you in deciding which to vote for. Statements were received from the Liberal Democrat, Green Party and Labour party candidates. The Conservative party candidate was approached by the BRN but politely declined to provide a statement. Please note that **Photo ID** is now **required** to vote on May 4<sup>th</sup> (see page 5 for more information).

## Theresa Munson



I've lived in Babergh for 51 years, 21 of those (at different times) in Boxford. I currently work as a part-time admin assistant in Sudbury. I have been a Parish Councillor in Boxford since late 2020 and have enjoyed being involved in various projects, including helping to get Boxford selected to take part in the Reclaim the Rain project, with which I'm still involved.

If elected, I would be a local, independent voice on the council, working hard for residents all year round, helping to resolve issues that are important to them. With an increasingly uncertain future ahead, I would like to see our District Council helping residents and businesses to reduce waste and pollution to protect our environment from further damage and biodiversity loss. They also need to make sure that residents in Babergh, both tenants and home-owners, are benefitting from 'Suffolk's Exemplary Commitment to Retrofitting Homes' as one step towards helping communities in the district build resilience in the face of climate change and spiralling energy costs.

All the best

*Theresa Munson*

## Rupert Perry



I moved to Monks Eleigh 8 years ago from London, where I served as a Labour Councillor in Islington for 25 years. During that time I learnt how we can be effective in improving the lives of the people we represent.

The last thirteen years have been tough for many, and when I arrived here I soon realised that there was much in common between the inner city and beautiful area we live in. Housing, especially social housing, is key, but decent services are vital. Bringing some of these in-house should save the Council money and improve on what we have.

I have experience from my time as a councillor in Islington including conservation, planning, environment, and waste management, and have an understanding about how local government works and how to get things done.

The Tories have been coasting for too long and we need a shake up.

I would be honoured to represent Box Vale and together we would indicate to the Tories that enough is enough.

Vote for me to change things for the better

All the best

*Rupert Perry*

[ipperry70@gmail.com](mailto:ipperry70@gmail.com)

07484 713 354

## Bryn Hurren



It is my pleasure to announce that I have once again been selected by the Liberal Democrats to stand as their candidate in the Box Vale ward for the election of ward representative for Babergh District Council

As before, if I receive your vote and win this seat I will serve everyone in the area to the very best of my ability and bring good and fair representation to all without favour or prejudice. While honesty and integrity have been sadly largely missing from national politics, I will continue to see that they are at the forefront of everything that I do in this ward and within the structure of the District Council itself.

During the campaign I will endeavour to see as many of the people and friends that I have served for 24 years as possible, however I may struggle a bit this time around as I am nursing a very sore knee which should have been replaced in February but due to the decimation of our fantastic and publicly acclaimed NHS, I am having to wait a little longer for treatment. Despite this I am still strong and determined and will do my best to knock on your door and leave my election leaflet stating my views and aims for another 4-year term. Should I not reach you this time around then rest assured I tried my best to do so, or you live in a top flat or on top of a steep hill.

What is more important than ever is that everyone who is able, comes out and votes to effect change, restore democracy and a people's voice across our land. We need our public services to work for all and not be a vehicle to make money for a entitled few whilst others go without even the most basic services.

This is very important locally as well as nationally and I will see that all voices are represented and heard across the district and into the national forum as well.

We now have to take the environmental issues of our nation and world more seriously, we need big changes in planning law and building regulations to ensure that houses and industrial work places are fit for the new world that we have brought upon ourselves. The current shoddy regime in national power are never going to buy into any of this, so we have to bring change by using every vote in our shattered democracy to build up from the local level to enact a new way of living, working and travelling for the sake of our children and future generations.

These changes have to be properly funded and delivered from a position of financial stability which has to be rebuilt after the unrest of these past years and with a workforce that is kept healthy by a well resourced NHS and dental practitioners. Whilst protestors gluing themselves to roads and various structures have raised awareness of the issues, we now need properly thought out sensible action and funding with a different way of living for our only planet to survive and for us to live on it.

We also have to keep all our public monies in the public purse, for it to be used for public benefit and not allowed to be used for self gain and bonuses, we have quite enough millionaires and billionaires now and just need honest governance at every level.

I will of course continue to be a good rep at your local Parish Councils and work with them to achieve the very best I can for each of my villages and continue to see that good quality local housing is built for local people in allocated land and that our precious farmland and green belt is retained for agriculture and amenity.

Employment is also at the crux of every family and individual and businesses have to be supported in order to give employment to this and future generations.

A vote for Bryn will keep all this going and the work of all the agencies in the area co-ordinated to bring this about for all.

*Bryn Hurren*

## JACK'S HOME TRUTHS

As sure as day following night (and as anticipated in my previous column) the spring market has seen a flood of activity, although not quite in the same mould as we have become accustomed to in recent years. Having spent the majority of the last three years bemoaning the lack of new property on the market, as soon as a glimmer of sunshine emerged this year we have seen market appraisal levels jump by 34% and new properties to the market by 64%. Such a spike was beyond our projections although there is nothing like a smattering of dryer weather (after the wettest March in 40 years) to encourage the owners of fine gardens within the village and country homes of Suffolk and north Essex to consider whether now might be the best time to maximise their appeal.



Whilst this emergence of a greater level of choice of properties is welcome in terms of a fairer balance of supply and demand than has been the case in recent years, it does rely on the continued strength of numbers of new buyers in order to sustain both activity and prices. Whilst new applicant levels remain steady and have increased 15% since March, we are not seeing the same rate of increase as we are new properties to the market. This is expected to result in more competition to attract purchasers with some sections of the marketplace unquestionably impacted more than others - those with unique, individual properties arguably best placed to weather any headwinds.

Overall, the sales market remains largely stable with mortgage rates continuing to come down (albeit slowly) with our preferred financial services providers reporting fixed rate mortgage products available for less than 4%. A keen eye must be kept on the headline figure of inflation and whether last month's increase to 10.4% was a blip or part of a more sluggish trend that will potentially see interest rates remain higher than presently forecast. The average time taken to secure a buyer in the region has increased slightly to 56 days, very much in line with the majority of the country (incidentally London's average is the highest nationally at 70 days).

Our Lettings business still remains exceptionally active with a significant disparity between available property to let and tenant demand. Average rents within the David Burr group have now passed £1,100pcm with question marks still over Energy Performance Certificate requirements to be enforced from 2025 and restrictions on capital gains allowances causing a number of landlords to consider the sale of a portion of their portfolio. The better weather typically signifies the biggest change in our managed holiday lets department with spring typically the optimum time to see a huge increase in bookings. Almost 80% of our annual bookings come across an seven month period that starts in April and should you have friends or family requiring accommodation for spring/summer please do visit us at [www.davidburr.co.uk/holiday-lets](http://www.davidburr.co.uk/holiday-lets) to book a stay.

Our first charity walk of the year in memory of David Burr took place on Friday 7<sup>th</sup> April and both the weather and the company was much enjoyed by all. At the time of writing we have raised over £2,400 and will be announcing further events through the year in aid of St Nicholas Hospice. Please keep an eye on our social media channels for further announcements as the more attendees the merrier!

To support us visit [www.justgiving/fundraising/davidburr2023](http://www.justgiving/fundraising/davidburr2023) or follow us on Facebook [#davidburrestateagents](https://www.facebook.com/davidburrestateagents)

Jack Thornley

Director, David Burr Estate Agents

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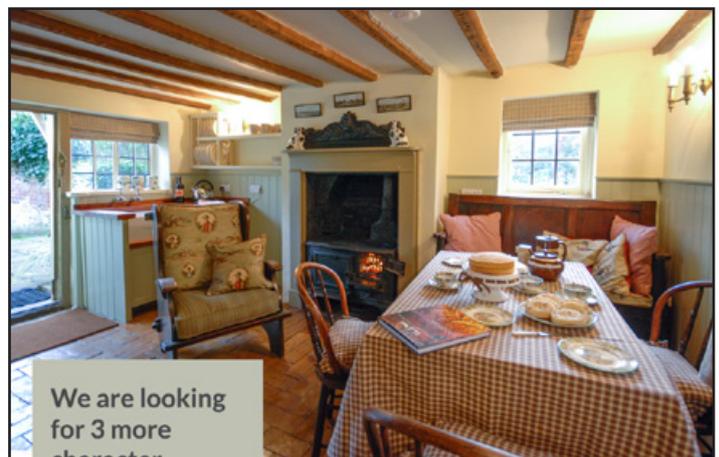
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## BRIAN TORA'S SOAP BOX

It is not that often I have cause to generate a serious rant. Last month's criticism of the insurance world was a comparatively rare attempt to vent my feelings against what I consider to be a change in standards that disadvantages the likes of you and I. This week I want to focus on recent developments that are, on the one hand, completely understandable, while on the other, far from acceptable. You need to make up your own minds as to the importance of them.

Both topics are close to my heart, for a variety of reasons. Let's call this seemingly intractable set of problems, tackling the two Ps – in this case Potholes and Pubs. Both the Ps affect us all in some measure. But the difficulties that surround these two very different areas of concern have their origins in influences that are not, on the face of it, in any way connected. However, you could argue that in some measure they are.

Potholes appear to be a funding issue. The era of austerity ushered in by the Cameron/Osborne administration saw local government budgets slashed dramatically. This not only meant that the resources needed to deal with issues, such as roads inadequately maintained, were simply not there, while the support from those charged with dealing with council tax payers was similarly reduced as services migrated to websites. This in turn has led to frustration as those seeking to report problems found little in the way of a positive response.

Our village hostelries, on the other hand, have seemed to be in decline for some time. The drift away from using public houses, which commenced with, amongst other factors, a tightening of the enforcement of drink driving laws, was accelerated by the banning of smoking in these establishments. Personally, as a non-smoker, I welcomed this development, but plenty of landlords viewed this change as a death knell for pub society. While outside smoking areas were soon in evidence at many establishments, not everyone wants to drink outside when the weather is inclement.

But the Covid pandemic added a further downward pressure on pub trade, and arguably did not help the provision of services from those local authorities responsible for the upkeep of our roads. During the period when lockdown kept us at home, we all got used to entertaining each other in our gardens, socially distanced, of course. Even when we returned to normal conditions, the habit of buying our drinks at the supermarket for consumption at home stuck to some extent.

The energy crisis and the sudden jump in the cost of living added further nails into the coffin of the hospitality industry. The costs associated with running these establishments rose sharply, while pressures on consumers' pockets led to a fall in discretionary spending, which pubs need to persuade people to part with cash across the bar. The Chancellor of the Exchequer did provide some modest assistance in his first budget, but it is unlikely to make much difference in the short term.

So, a further decline in the number of licensed premises looks increasingly likely. Our village pub in Little Waldingfield has been closed for five years now and the new owner has been finding it difficult to persuade a tenant to come in to take over the running of the business. Yet, in our village we seriously miss the focal point that a village pub provides. The number of villagers that turn up to the pop-up pub in the Playing Fields Pavilion bears witness to this. And the same will apply in other communities, I am sure.

What can we do about the two P problem? For pubs the answer is simple. Support your local hostelry, otherwise you might lose it. Potholes are a more difficult problem to solve. Apart from badgering our elected representatives and the highways department responsible for road maintenance, it is hard to know what to do. But the lack of financial resources remains a limiting factor. The pandemic may have disrupted the pub trade, but it also added to

the strain on the Government's cash. Potholes, pubs, pandemics and problems. Too many Ps for me.

As I was writing this piece, I took a phone call from my elder son who works as an independent information technology consultant. His speciality is visual special effects – the sort of thing that allows film makers to provide amazingly realistic scenes through what is known as CGI, or Computer-Generated imaging. His concern is the seemingly relentless advance of Artificial Intelligence, known as AI. This is looking increasingly like a subject for further investigation in depth.

Brian Tora

## OLLIE'S NEWS FROM SESAW

Kenneth is strutting, full of doggy indignation, having heard about the public holiday in honour of King Charles. He wants to know when Chihuahuas will be celebrated! He is already treated like royalty around here, Tanya had to feed him by hand when he went off his food the other day. He needs to get outside and say hello to the visitors because we are open again! Improvements-work is ongoing but the old place is certainly looking better and we had a good response to a recent appeal for new volunteers.

More helpers are needed to look after all the animals awaiting homes, including Pearl, a delightful little 15 month-old cat. She is loving and



affectionate but frightened of other cats after living on the streets so would make an ideal indoor cat. Pearl is now spayed, microchipped and ready to become a companion for someone who can give her the home she deserves.

We have many other cats, some rabbits and lots of dogs waiting for the right person to come along. If you are looking for a new pet to complete your family, please visit our website or call in to see our many



rescued animals. We are open 10am to 1pm, Thursday to Sunday and look forward to seeing you. You may even catch a glimpse of Kenny (the Boss) Chihuahua or me, *Ollie (the Black) Cat*.

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# PHOTOS AND STORIES FROM BOXFORD SOCIETY VILLAGE ARCHIVE

## Boxford "Town" 100 Years Ago - Part 2 Swan Street

Last month we looked at Boxford's Broad Street and Church Street to show how important it was as a town to the local area 100 years ago. This month we look at some of the extensive range of shops and services provided in Swan Street at that time, remembering that the east side of the street was then still technically within the parish of Groton.

During this period there were 24 shops and services in Swan Street alone, 18 of them retailers – too many to detail here. They are all mapped in my book "Boxford through the Ages" on pages

104-105, available at the Boxford Stores and Post Office. They included butchers, bakers, drapers, grocers, a chemist, hardware and household goods, sweets, toys, tobacco, watches, cycles, paraffin, boot repairs and two inns. Anyone from the surrounding area who could reach Boxford Town on foot could buy or order everything for their weekly needs, and there was little need to travel to towns beyond.

Roger Loose



Left: Swan Street from Broad Street in the early 1900s.

This is one of several photos taken by our chemist and photographer at that time – Walter Rugg. His shop (today's Village Stores) is seen on the right next to the milk cart. It was taken over by Daniel ("Mousey") Grimwood in the 1920s and then sold groceries and general household goods. His first shop was in Stone Street. Milk was delivered daily to each house by local farms using churns and people came out with their jugs to have them filled. To the left of the milk cart in the middle of the street is a strange device, possibly the local knife and tool grinder. People grew and prepared most of their own food and he provided a vital service.

On the left hand side of the street we can see the frontage of Annie Clarke's confectioners, tobacco and dressmakers, known as "Bottom Clarkes". Beyond that is the hanging sign for the Swan Public House and the front windows of several shops further up the street. Notice that the road is still pre-tarmac and made of rammed stones, and the pavements are curbed but unpaved.

Right: Swan Street looking north around 1925.

This view, a little further up the street from the previous one, shows Skinner's sign on the right over the archway entrance to his yard at Ashley House. It was built in the 1890s by Simpson and known at that time as Simpson's Folly because it bankrupted him. Skinner's lorry and horse and wagon would have been used to supply shops and serve farms. He ran a regular bus service to Colchester from 1919.

On the left hand side is the frontage of "Bottom Clarkes" again, with a Lipton's Tea sign protruding. Further up the street other shops are not obvious in the photo, but they line both sides of the road and two open-topped early cars are parked outside. Some of these shops are no more than the front room of a cottage, but others have a bay window added to better advertise their wares. The road surface is still pre-tarmac and would have been watered in summer to suppress dust, but some of the pavements are now flint cobbled, or even paved outside Ashley House.



Left: Central Swan Street looking south around 1908.

On the extreme left is a tumbledown cottage with two bay windows. This is one of two shops belonging to Alfred Gardner. He was listed as grocer and draper with hardware and household goods. On the pavement outside appear to be trunks, trays and furniture. Next door is the then Post Office and shop belonging to Charles Dawson, watchmaker, of which more below. Further down the street are more shop bay windows, one of which is Percy Mullock's confectioners and general store. By the 1920s this belonged to David Coe, shoe maker and boot repairer and his wife sold draperies. He was a WWI veteran who had lost a leg, but he still managed to ride a cycle with side car to make deliveries, with his wooden leg stuck out in front.

On the right hand side is a horse and cart, probably delivering to the Swan. Next door at No. 19 is Stanley's the butchers and on the extreme right Alfred Gardner's larger shop, advertising Pullars dye works in Perth. This supplied a range of dyed household textiles nationwide. He will also have sold Reckitt's "blue bags" for housewives to stir into the final rinse water of the dolly tub to improve whites. There is hardware hanging up around the door.

Right: Gardner's shop on the west side of Swan Street. This photograph was probably taken circa 1920.

This was Alfred Gardner's main shop and he is shown standing proudly outside with the shop staff also in attendance.

In the left window we can see stacked displays of cans and bottles and adverts for Cadbury's Cocoa, HP Sauce and Colman's Mustard, all already major brands in those days. In the right window are clothes, hats and draperies.

This shop will have been Riddlesdell's major competitor until Gardner's closed in the mid 1920s. It was then taken over by Walter Bloss Kingsbury, the builder, and was transformed into "Commerce House" - his main office and workshop.



Left: Gardner's shop on the east side of Swan Street, probably taken at the same time as the previous photo.

Alfred Gardner again stands outside his second shop with an assistant. His housewares are varied: mats, table, chair, baskets, shelving, and in the window a huge variety of pots, pans and kitchenware. The very poor state of the building with an uneven roof and missing plaster testifies to the general poverty of these times - when presumably even an owner of two shops cannot afford to fix it.

Right: Looking north. Frith Dawson, watchmaker and Post Office early 1900s.

Frith was born around 1870 and bought the shop from his father Charles in 1911 for £140. He learned watchmaking from him. He was also listed in 1912 as a bicycle dealer (Raleigh) and ran the Post Office. Cycle hire greatly extended the range over which men could travel to work. In the 1920s his brother Frank "Cuckoo" Dawson sold cycles, seeds, newspapers and paraffin from the left side of the shop. Frith was the watchmaker, jeweller and postmaster in the main part. The bay window was not technically part of the shop, but there are reports of watches being mended by the additional light it provided. When a telegram arrived, Frith would come outside and blow a whistle to summon the telegram boy, Vic Rice, from his work at Tom Skinner's yard lower down the street. He died in 1972 aged 63 and was father of Vic Rice Jr. of Homefield.

Much further up the street on the left side the White Horse pub protrudes onto the pavement, but it had probably closed by this time. This side of it was Eley's fish and chip shop.



Left: Looking south. "Top Clarkes" shop and dilapidation in 1922.

By 1922 Gardner's shop on the east side and the cottage next door had deteriorated so badly they had to be taken down. In 1924 a new house was built in the gap that was left and it still stands there today, well back from the other frontages.

On the immediate left of the photo, with a bike outside, is "Top Clarkes" sweets and tobacco shop, which today is now 34 Almond Cottage. It was owned by Tom Clarke and run by his "niece" Miss Clarke. She was a "lovely lady" and fondly remembered by the children of the village because she sold a wide range of traditional sweets in tall jars. It was still a sweetshop in 1957.

Just off the right of the picture was another butcher's shop. One we are very lucky to still have to this day, so ably run by Alan Leeder.

Much further down the street on the left hand side, Skinners bus can be glimpsed parked outside Ashley House.

# PARISH COUNCIL UPDATES

## BOXFORD

### Summary of Council Meeting 28<sup>th</sup> March 2023

A short parish council meeting was held after the Annual Parish Meeting. This gives a forum for village organisations to share their news and for residents to raise items important to them. The Annual Parish Meeting was held earlier than usual this year to publicise the Parish Council Elections, the results of which are outlined below.

**Vacancies** - The results of the nominations for the Parish Council Elections have recently been announced by Babergh District Council resulting in an uncontested Election at Boxford with 7 members of the new Parish Council starting in May 2023. This leaves 2 vacancies, so please get in touch if you are interested in joining, as it would be great to have a full Parish Council going forward. Members of the new Parish Council are Louise Carpenter, Theresa Munson, Colin Parr, Hugh Phillips, David Warren, Howard Watts and Lisa Wortley.

**Meetings** - Meetings are held on the 4<sup>th</sup> Tuesday each month except in August and December. We now hold meetings in the village hall with a video link when requested. The usual start time is 7:30pm. Our next scheduled meeting was Tuesday 25<sup>th</sup> April as the last meeting of the existing Council and the new Parish Council have their first Meeting on Tuesday 23<sup>rd</sup> May in the Village Hall. All are welcome to come along and observe and there is a regular public forum to allow a short time for residents to comment and raise items. If you are considering becoming a parish councillor why not come along and observe to see what is involved. All are welcome.

**Public Forum** - An observation was made by a resident when he visited the cemetery that some boundary cuttings were left on the cemetery side. Cllr Warren noted this. The representative from the Playing Fields Committee confirmed the availability of Section 106 monies which could potentially be split between the shower upgrades needed for Boxford Rovers and the flood lights subject to successful applications to Babergh District Council. The Parish Council had already pledged £5,000 to support Boxford Rovers upgrading the shower facilities. This will be made up from S106 monies and parish council reserves.

**On-going Matters** - Cllr Watts reported that there is an aggregate quarrying operation to the Newton side of Valley Road and that the intention is to construct a washing plant, which may drain towards the river box with potential for pollution from run-off. He will try to get more information on the plans for this business. Cllr Warren had been reporting grit bins in need of re-filling. Cllr Moles was pleased to report that after considerable chasing, the rubbish left at the back of Homefield, had been cleared. In relation to the project to provide more parish trees, Cllr Munson has obtained a licence to plant at the top of School Hill and was liaising with the WI in this regard. Similar arrangements are being made with the Scouts and also elsewhere in the parish.

**Finance** - District Grants of £2,000 each were agreed for both the village hall and towards the insurance costs of the church. After debate, a contribution of £500 was agreed for legal advice on the Box Valley fruit cages. This was to match the funding offered by Polstead Parish Council. The decision was finely balanced and the reason for contributing was to address a potential error with the Planning Authority. If a planning application is required, a full consultation would enable all interested parties to have their say ahead of the planning decision. A small contribution will be made towards screening at the bottom of the rectory garden at the boundary with the cemetery. Cllr Warren agreed to take this forward.

**Cemetery** - Cllr Warren confirmed the initial boundary clearance

had been done by tree surgeons at the churchyard and cemetery to examine and assess the trees. It was resolved to continue to assess the potential problem trees between meetings. Cllr Warren is currently liaising with the Church regarding permission for maintenance to the boundary wall.

**Planning** - The following application was discussed: Listed building application at The Old Bakery, Broad Street - DC/23/01222. There were no objections from the Parish Council.

Full minutes can be found at:

<https://boxfordsuffolk.com/BoxfordParishCouncil/minutes>

**Debbie Hattrell**

01787 210943 / [d.hattrellhattrell@btinternet.com](mailto:d.hattrellhattrell@btinternet.com)

## NEWTON GREEN

### Summary of Council Meeting 12<sup>th</sup> April 2023

**23/062 Public Participation** - The councillors reviewed James Finch's previously submitted report. Lee Parker updated councillors on the issues encountered by Babergh during the Elections' nominations and that the structure in the garden of a property on Church Road has been reviewed by Babergh and that no further action is required. He finished his report by thanking Cllrs Bower and Presland for all their support during their service with NPC.

**23/064 Clerk's Report (Appendix A)** - The councillors resolved to instruct the community wardens to cut back the hedge along the A134 if the householder does not respond to NPC's notice asking for its maintenance. The councillors resolved to accept the repair quotation for the SID from ElanCity of £440.53 +VAT regarding the broken bracket. Cllr Taylor confirmed that a replacement oak tree should be planted regarding 22/031.

#### **23/065 Finance**

- a. The councillors reviewed the Bank Reconciliation and the Receipts and Payments Account (Appendix B) for the year ending 31<sup>st</sup> March 2023 and resolved to accept them as an accurate record.
- h. The councillors resolved that three picnic tables (one with wheelchair access), three benches and one backless seat, all made from recyclable materials, will be purchased for the recreation ground. The budget for the project, including the concrete bases, will be £5,000 + VAT and will come from the CIL receipts.

#### **23/066 Planning**

- a. The councillors reviewed Planning Application DC/23/01081 Fairways, The Green - Erection of 1 No dwelling (following demolition of existing annexe) and they resolved to object to the planning application as it did not meet the policies in the Newton Neighbourhood Development Plan (NNDP)...
- b. The councillors reviewed Planning Application DC/23/01144 Land West Of Blacksmith Close, Sudbury Road - Erection of 9 No dwellings and they resolved to object to the planning application...

**23/070 Parish Infrastructure Investment Plan (PIIP)** - Following the recent Newton survey the councillors reviewed the revised draft of the PIIP. It will now be discussed at the Annual Parish Assembly on the 26<sup>th</sup> April 2023 and picked up by the new council in May.

**23/071 NPC Election 2023** - Babergh has informed NPC that there will be an uncontested election on the 4<sup>th</sup> May 2023. Six councillors have been elected; Ian Cole, David Everett, Louise Evers, Laura Smith, Rita Schwenk and Philip Taylor who will take office on the 9<sup>th</sup> May 2023. The Clerk will advertise the one remaining vacancy for co-option.

23/072 “No mow” areas - The councillors agreed to support Cllr Smith’s approach to the Trust to see if any “no mow” areas can be developed on trust land in the village.

Full minutes can be found at: [www.newton.onesuffolk.net](http://www.newton.onesuffolk.net)

**Dave Crimmin PSLCC**

01787 375085 / [clerk@newton-pc.gov.uk](mailto:clerk@newton-pc.gov.uk)

## LITTLE WALDINGFIELD

The Little Waldingfield Annual Parish Meeting due to have been held on 25<sup>th</sup> April had to be postponed due to administrative difficulties. It will now take place on Tuesday 23<sup>rd</sup> May at 7:30pm in the Parish Room.

Little Waldingfield Parish Council would like to apologise and are very sorry for any inconvenience caused.

**Chris White Chair & Acting Clerk**

07541 133535 / [clerk.littlewaldingfieldpc@hotmail.co.uk](mailto:clerk.littlewaldingfieldpc@hotmail.co.uk)

## OTHER PARISH COUNCILS

### Edwardstone PC

Clerk: Richard Jones - 01473 828246

[edwardstoneclerk@outlook.com](mailto:edwardstoneclerk@outlook.com)

<http://edwardstonepc.onesuffolk.net/parish-council/minutes>

### Groton PC

Clerk: Richard Jones - 01473 828246

[grotonclerk@yahoo.com](mailto:grotonclerk@yahoo.com)

<http://groton.onesuffolk.net/parish-council/documents/>

## HADLEIGH & BOXFORD PPG

With the first quarter of the year behind us and the lighter nights fast approaching we should, hopefully, feel more like getting involved in various activities. Whether it be sociable or physical, both will contribute to your general well-being and subsequently your overall good health. The “What’s About Hadleigh” event in the town will provide a perfect opportunity to find a group that suits your needs and interests. The PPG will be there on Saturday 27<sup>th</sup> May from 10am to 2pm in the Guildroom. We will be highlighting the many medical services which are available at the practices (Hadleigh and Boxford) and also an easy-peasy guide to booking appointments online.



The ongoing internal renovations continue to cause some disruption in the practice car park. As there is no gain without pain you can be sure it will be wonderful when it’s all over.

On Sunday 16<sup>th</sup> July, the group will be welcoming walkers at the end of their 5½ mile walk from the Boxford Practice to the Hadleigh Health Centre, in memory of the late Gareth Meredith. Further details on page 20 in this magazine.

Many patients collect repeat prescriptions from one of the town’s pharmacies - but how many check the contents of their package on receipt? As this medication cannot be re-issued once it has left the premises, your vigilance will greatly help reduce the currently, horrendously high level of medicine waste.

Have you got the NHS App yet? The app is a fabulous tool that allows you to access your health services from your smartphone or browser. Order repeat prescriptions, book GP appointments, view your health record, view your NHS number, register your organ donation decision, get online health advice and more! It offers a wealth of information and services at your fingertips, saving you time and travel. See link below for more information on how to get started with it.

This month, Gavin Young, one of our PPG members who is also gainfully employed by the Ambulance Service will be passing on his valuable first aid skills to local primary school pupils in Year 6.

Hopefully, weather permitting, you will be able to enjoy the Coronation celebrations and the additional public holiday, in the great outdoors.

We look forward to welcoming you to our stand on 27<sup>th</sup> May.

**PPG Chair:** Jan Devey 01473 827091

**Email:** [deveys@btinternet.com](mailto:deveys@btinternet.com)

**Website:** [www.hadleighhealth.co.uk](http://www.hadleighhealth.co.uk)

**Facebook:** <http://bit.ly/Hadleigh-Group-Facebook>

**NHS App:** [www.hadleighhealth.co.uk/the-nhs-app](http://www.hadleighhealth.co.uk/the-nhs-app)

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# THE GLOW PRO



If you've heard of retinoids, you'll likely know that it is recognised as a powerhouse ingredient by experts and well-seasoned skin enthusiasts. If there's one thing that most skin specialists can agree on, it's that this stuff works!

With that being said, you may be thinking... 'is this just another anti-ageing buzzword?' And the short answer is no, but read on to learn more about this magic in a bottle.

## Retinoid or retinol, what's the difference?

To put it simply, retinol is a type of retinoid that is available over the counter, while prescription-strength retinoids are more potent and are used to treat certain skin conditions, such as acne. Retinols and retinoids are both forms of Vitamin A, which convert into retinoic acid when applied to the skin.



## What are the main benefits?

Thanks to the genius rejuvenating skin molecules, it is one of the only proven ingredients that can help to slow down the signs of ageing... and the benefits don't stop there! It can also improve a number of other skin concerns, such as acne scarring, pigmentation, skin tone, brightness and clogged pores. It's no wonder it's labelled the 'gold standard' by experts!

## Can it help ageing skin?



While young skin effortlessly bounces back, it's fair to say that skin gets a little sluggish as we get older. To reduce the appearance of fine lines and wrinkles, retinol is a great place to start as it increases cell turnover and stimulates collagen and elastin production. As a result, skin can appear smoother and more plumped.

Although results aren't instant and you have to build your tolerance, don't let that put you off!

When used properly and consistently, your skin texture can be transformed.

## Less is more?

Retinols come in varying strengths, but they don't work as well for everyone. If you have delicate skin or suffer from rosacea, eczema or psoriasis, it may not be for you, since it can cause dryness and irritation. But as with most things, start with a small amount and assess how your skin reacts, and remember to be vigilant with your moisturiser and SPF, as it will make you more photosensitive.



Essential Renewal Serum £80

Advanced Renewal Serum £90

Ultra Renewal Serum £115

The above retinols are from our professional skincare range, ALLSKIN|MED. The price tag reflects the quality of the product, as they are medical-grade formulas with premium ingredients (but don't worry, they'll last you at least 6 months)! It's for that reason you won't be able to buy these products over the counter - you will need to come into the clinic to be assessed for your suitability.

**Essential Renewal Serum 0.2%:** For early prevention of photo-damage, uneven skin tone, blemishes, reactive and delicate skin.

**Advanced Renewal Serum 0.5%:** Mid-strength and a **step up** from Essential Renewal Serum. For early prevention of photo-damage, uneven skin tone, blemishes, reactive and delicate skin.

**Ultra Renewal Serum 1%:** High strength and a **step up** from the Advanced Renewal Serum. For established signs of ageing, lines and wrinkles, pigmentation, skin imperfections and scars.

## How do I pick a retinol that's right for me?

So now you're a retinol pro, you may be wondering how to choose a product to kickstart your radiant skin journey. Here are some tips to consider:

**1) Check the concentration %:** As a rule of thumb, start with the lowest strength and treat this as a medicine, not your usual face cream. As well, a 1% from ALLSKIN|MED is not the same as a 1% from Boots!

**2) Consider your skin type:** do you have dry or sensitive skin? If so, consider a product that contains hydrating ingredients, such as hyaluronic acid.

**3) Follow the instructions:** as tempting as it is to try and speed up the process by lathering retinol on, be patient. Putting too much on won't enhance the results, but it will cause you skin problems. It's a marathon, not a sprint!

**4) Have a chat with us:** pop in for a chat with one of our skin specialists who can answer your queries and advise you on products that will work for you.

Helena x



# EBONY'S DIARY

Hello dear supporters! I hear all our helpers are buzzing with Coronation news and ideas. What a weekend you will all have. The Shelley Centre is joining in with Volunteering Monday. The day marks the King's lifetime of public service and encourages others to try volunteering for themselves.

The aim of the day is 'to use volunteering to bring communities together and create a lasting legacy from the coronation week-end'. Hmph. You don't have to make it a lasting legacy to visit us here but do please come along in your scruffiest clothes and get stuck in! There will be many jobs to do to help us out and we shall be most grateful to have your company.



At least the horses at the centre won't be working. Spare a thought for the horses who pull the Coronation Coach for the newly crowned King - the Windsor Greys (so-called because they used to be kept at Windsor in Victorian times, where they drew the private carriages of the Royal Family). Windsor Greys are at least 16.1 hands (1.65m) high at the withers and are chosen for their steady temperament and stamina. We could do with a couple here, for some of our adult riders on our long waiting list.



The huge coach is seven metres long, 3.6 metres tall, weighs four tonnes, and needs eight horses to draw it. It is so heavy the horses can only walk, and apparently it is very uncomfortable to travel in. Leather straps support the coach instead of springs and it undulates like a ship in rough seas. Hope the King and Queen Consort don't get seasick on their big day.

Here at the centre we are saying a fond farewell to Alfie. Not a Windsor Grey but a lovely grey Connemara who has been here for the last nine years. He has medical issues that prevent him from working; a kind retirement home must be found. Alfie was able to carry the older children and some of our lighter adults. He will be missed. Guess I shall be taking on some of his riders until another live horse can be found to replace him.

Don't forget to visit our stall at the Hadleigh show on May 20<sup>th</sup> and have a great half term at the end of the month. What a lot of holidays we shall have before my next article. Hope you enjoy them all and behave yourselves too!

The Shelley Centre for Therapeutic Riding, Shelley, IP7 5QY  
Reg. Charity No. 1113636  
Tel: 01473 824172 [www.shelleyrda.com](http://www.shelleyrda.com)

# FRENCH'S CARE HAVEN

Hello to our readers, I hope you have all been keeping well. Our dog walk went well, we had nice people, some lovely dogs and no rain, what more can we ask? Dog walkers had soft drinks and cake at the farm and their dogs had some treats, so happy faces all around. I am looking forward to our team organising another dog walk in the year. Our charity will be attending and having a stall at *What's About Hadleigh* on Saturday 27<sup>th</sup> May in The Guildhall, which will be showcasing Hadleigh's clubs, groups and societies. We have some more dates for your diary: On the 3<sup>rd</sup> June we will have a stand at Monks Eleigh fete and Frenchs will have our wonderful Open Day and BBQ on 17<sup>th</sup> June, where you can come and meet our donkeys, horses and ponies and our therapy dog Lucy, plus have some food a drink and enjoy the lovely environment our rescue animals live in.

On the 23<sup>rd</sup> June at Boxford village hall we have a Psychic Medium Evening - there should be some laughter and tears with a medium from Essex Spiritual Centre. Doors open at 6pm, Tickets for the event are £10. There will be a bar and raffle plus the chance to purchase 5-min tarot reading and pendulum. All proceeds will be given to French's Care Haven, so we hope you can join us for a fun evening out.

Please call Sharon on: 07999 051 401 or email Sharon: [frenchs.100club@gmail.com](mailto:frenchs.100club@gmail.com)

Some of our volunteers take a lead role in thinking of, putting together and attending our fundraising events, which I thank them all for and of course so do the rescued animals in our care.

In June our 100 Club will restart with tickets, £30 a number, raffle ticket or tickets that you buy will last for a year, where there will be a raffle draw once a month with 3 prizes drawn each time, first prize is £50, so come on let's get you in our monthly draw. please contact Sharon for your raffle tickets.

In the photos we have university students at the farm with Annie and a photo of cheeky Lucy, who loves to sneak away with the volunteer's gloves. When the students



have any spare Saturday mornings free, they come to us and do some volunteer work, which is always a great help and a nice break away from the uni coursework for the students.

I am still drawing a blank when it comes to local volunteer help, this is for general help in the care and management of the animals and their surroundings and we also need a man who will help us with ground, fencing and shelter maintenance. I am saddened that no one has come forward, there are so many people out there who are semi-retired or retired, that surely have a couple of hours a week to spare to help such a worthy local charity? Please contact me if you can help.

**French's is a charity on your doorstep: can you help, either with time, donations, or sponsorship. You are welcome to come along and meet our animals - Call Jann for an appointment on: 07747 755556 or email: [jann.turner@hotmail.co.uk](mailto:jann.turner@hotmail.co.uk)**

**Website: [www.frenchscarehaven.org.uk](http://www.frenchscarehaven.org.uk)**

# FEEDBACK FROM JAMES FINCH

## Your County Councillor for the Stour Valley

### Most pupils receive a place at one of their preferred secondary schools

98% of children were offered a place on National Offer Day at one of their three preferred schools and 93% were offered a place at their first preference school.

Suffolk County Council (SCC) received 8,083 applications from parents and carers indicating which secondary school they would prefer their child to transfer to in September 2023. This is approximately 300 more applications than received last year.

Families who applied online can log on to the Admissions Portal to see the school their child has been offered. They will also receive an email to confirm their offer.

### Help design a new Virtual Reality app for people living with dementia

SCC is looking for people to help develop a new Virtual Reality (VR) app for people living with dementia in Suffolk.

We are inviting people living with dementia, their family carers, as well as health and social care professionals, who live or are based in Suffolk, to join a user group to help co-create the bespoke platform.

The group will be called 'Synergy' and members will have input into all aspects of the look, design, and structure of the new VR app.

Over the last 10 years clinical research has demonstrated that not only do people with dementia tolerate virtual reality, but they can actually derive a wide variety of benefits from it, including improvements in well-being, cognition and communication.

The app is being produced in partnership with Spark Emerging Technologies Ltd, who were awarded a contract by SCC in December last year.

To learn more about the user group and to apply visit <https://bit.ly/scc-vr-project>

### SCC secures £2.65m funding from the government for the county's children's homes.

The fund was set up by Department for Education (DFE) to enable local authorities to provide more placements within council run children's homes, as many councils have to commission residential provision which is costly.

£1.9m of funding will go towards repurposing two children's homes. One children's home will be reconfigured into two separate wings to accommodate complex young people, this will provide 2 additional placements. The other children's home is to be developed into a provision for young people preparing to exit the care system. A wholly separate independence/training flat with its own external entrance will be created. This will be additional capacity at the home.

The remaining £0.7m funding will be used, in addition to the £2m already approved by cabinet in November, towards the development of a new residential home for children and young people with disabilities at the Felixstowe Ferry Centre building in Felixstowe. The home will include three residential care places and two shared care beds. Shared care is when a young person spends a portion of time living with parents or carers and the rest at the home.

### Council has now installed 100 rural EV charging points, with more on the way

SCC's Plug In Suffolk project has now installed 100 electric vehicle (EV) charging points across the county, with the latest fitted at Risby Village Hall, near Bury St Edmunds. The council launched Plug In Suffolk in 2018 and was the UK's first 'fully open' public EV fast charging network and has seen other local authorities around the country follow in its footsteps.

Risby Village Hall now has four EV charging points installed at its site, three 7kW chargers and one 22kW charger. They do not require any registration, membership or apps - drivers simply park, plug in and charge using contactless payment.

With an increasing number of EV drivers across the county and

the UK, the council's ambition is to make Suffolk a well-connected destination for visitors and residents. We're a rural county and the infrastructure of charging stations is still developing, so our aim is for Plug In Suffolk to plug the gaps. We are installing the chargers at rural destinations such as public car parks, sports clubs, libraries and community halls.

Although the initial phase of Plug In Suffolk is now complete, EV owners can look forward to even more charging point infrastructure across Suffolk, thanks to SCC.

The council has received £1,362,000 of funding from the Department for Transport, as part of the Local EV Infrastructure (LEVI) pilot scheme. This will see a total investment of around £2.75m, thanks to additional contributions such as commercial funding.

The scheme will see:

- PV solar power and battery storage upgrades to approximately 10 existing sites
- Installing community EV charging, PV solar power and battery storage at over 30 further sites in urban and rural areas
- Identifying key commercial sites for 7kW, rapid and ultra rapid chargers, which will benefit the local community

### New exhibition opens at Sutton Hoo telling the story of royal Anglo-Saxon Rendlesham

*Rendlesham Revealed: The Heart of a Kingdom AD 400-800* is a new exhibition opened on Thursday 23 March 2023 at the National Trust's Sutton Hoo, in Suffolk. The exhibition takes visitors on a 400-year journey to reveal how the Anglo-Saxon royal settlement at Rendlesham grew and developed, and celebrates the many volunteers from the local community who uncovered the long-lost archaeological remains.

This story is brought to life with over 150 archaeological finds from the settlement, ranging from food remains to gold jewellery, many of which have never been on public display before. Suffolk County Council's Archaeological Service is curating the exhibition to celebrate "Rendlesham Revealed", a community archaeology project funded by The National Lottery Heritage Fund.

### Youngsters get the clean air message

Schoolchildren across Suffolk have been learning about the importance of clean air thanks to a special drama production.

Year 5 pupils at 30 schools enjoyed a performance of Abbie Ayre and the Shed of Science in which they learned about improving air quality safely and sustainably. It was based around the story of Abbie, whose grandmother is Dr Rosemary Ayre, an incredible scientist with a shed full of experiments and adventures. Together with her friend Charlie and Gran's supercomputer 'Derek 5000' they investigate the causes of air pollution and what they can do to make their world a safer, cleaner and more sustainable place.

The production by theatrical company Performances in Education taught pupils to identify the causes and health consequences of poor air quality and to address ways in which they can avoid contributing to it, such as using sustainable transport.

SCC teamed up with Babergh & Mid Suffolk District Council, East Suffolk Council and West Suffolk Council to fund the performances.

### Virtual Fostering and Adoption Sessions for the Stour Valley

A Foster Carer Recruitment Event is held the 1<sup>st</sup> Wednesday of every month, and an Adoption Event is on the 1<sup>st</sup> Thursday all 7:00pm in your home.

To book a place please email [Claire.Gwatkin@suffolk.gov.uk](mailto:Claire.Gwatkin@suffolk.gov.uk).

### My Priorities

*Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley - Building on Suffolk's Strength all underpinned by strong financial management and low council tax.*

[james.finch@suffolk.gov.uk](mailto:james.finch@suffolk.gov.uk)

Tel: 01206 263649

Mobile: 07545 423796

# FEEDBACK FROM BRYN HURREN

## Your Babergh District Councillor

As I come to the end of another term in office as ward representative for my six villages, I can reflect on what has been the most challenging term.

The pandemic has been the most challenging and I like most others have lost good friends and colleagues along with acquaintances who were much loved by family and friends of others.

I am, and, always have been, and still remain, a great advocator of our democracy which is the bedrock of our very core of society and has been in the past an example to many other nations.

This I feel has been under attack for the past ten years and what we once held dear has been eroded and become very frayed at the core. Despite this, England and its devolved nations can still come together and prosper as one United Kingdom and differences become our strength.

Nationally, we must come together. Them and us, in or out, lies and truth, greed and poverty, rules for one and not another, should have no place in a good modern society which has to be built on trust, good rules for all, backed up by a strong constitution to protect all citizens along with good health and dental care, good education to bring our children along and into the 21st century, along with clean safe drinking and bathing water would be a sound start.

While shocked and somewhat disillusioned by the downturn in our fortunes, I am not totally disheartened and still feel I have something to offer into local politics and maybe a voice for good on a wider front as well. With this in mind I have put myself through the selection process by the Lib Dem political party who do absolutely insist on honesty, integrity and ethical standards to be a candidate one more time to represent the six villages in the Box Vale Ward.

If I am selected in the ballot to be your councillor I will work hard for you all, one more time.

I am pleased that all the CIL monies which have been collected as a result of the massive housing developments forced upon us are at least making a difference to our infrastructure, whilst some has been used for much needed improvements to schools, colleges, environmental projects and leisure facilities. I have as well secured CIL grants along with my locality budget for the Edwardstone Millennium Gn, a rebuild to the play area at Monks Leigh, a projector for Brent Leigh, coronation seat for Groton and huge improvements to Boxford VH lighting and a range of extensions and improvements at the playing field.

Despite these benefits I do now feel that my villages cannot take any more development to satisfy the greed of landowners and opportunist developers and apart from some much needed affordable houses for local folks the joint local development plan along with the village Neighbourhood Plans should be respected and enforced.

A point in case is the much feared and unneeded proposed development to the East of Sand Hill which I will oppose and fight as long as I have breath in my body. Good quality farming land should remain as such to grow food, not to create yet more unaffordable houses, for whom?

This proposed development will come to appeal, sometime in mid summer and whether elected or not, I will do my very utmost to stop it in its final tracks and direct the village to build something that is of more use to our local population and residents.

Environmentally all the towns and villages throughout Babergh Mid Suffolk will have to strive to meet the targets and commitments we have set for ourselves, we have made a really good start with the solar panels on our Council houses and bio fuel for our fleet of refuse collection vehicles and staff vans and cars. We are also, with heat source pumps on houses and our leisure centres, cutting down on carbon emissions and meeting and exceeding our self set targets and those of our government and becoming a local authority leader in this field. Along with our selective mowing of our public realm and planting of trees and self sowing of spare land and creating of wild-flower areas, we are now setting a good example of bio-diversity.

This has to continue apace as some of us race to make our planet and world safe and habitable for the next generation. It will take some self sacrificing and hard work to achieve this better world but we now have no other choices.

I will be seeing many of my constituents and good friends in the coming weeks, I will be brief in my visits and interaction, in my sheer necessity to cover all the ground I have to but will enjoy the spring sunshine and good company.

May all your gods look after and bless you.

Bryn xx

[bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk)

Tel: 01787 210854 Mobile: 07771 508348

## ST PATRICK'S DAY FUN AT STOKES BY NAYLAND

Despite the less than pleasant weather, more than 150 members of Stoke by Nayland Golf Club took part in the annual St Patrick's Day team event.

The competition – a team Stableford with three scores from four to count – was won by Norman Davidson, Rob Swan, Peter Garnett and Barrie Hitchcock with a combined total of 127 points.

After the event, members stayed on to enjoy a St Patrick's Day Quiz with Irish stew and whiskey tasting. Quizmaster for the evening was Alan Lines and the event raised £315 for the Captain's charity The Essex and Herts Air Ambulance.



Winners L-R: Barry Hitchcock, Rob Swan, Norman Davidson & Peter Garnett.



**MILDEN CRICKET CLUB**

**PLAYERS NEEDED**

**for the 2023 season**

Milden are a friendly club that plays competitive cricket in Division 5 of the Hunts County Bats Suffolk League and some friendlies against other local sides.

We are looking to recruit new players for the 2023 season: all ages, experience and abilities welcome.

Subject to the weather, outdoor net practice at the Milden Playing Field ground (opposite the village church in Church Lane, Milden IP7 7AG) takes place on Thursday evenings from 6.00 pm.

For further information, do come along to nets, visit our website, or contact the club captain or secretary.

**Captain:**

Alex Cunningham. Tel 07919 174868; e-mail [alexcunninghamt@live.com](mailto:alexcunninghamt@live.com)

**Secretary:**

Andrew Simmons. Tel 07951 055643; e-mail [apsimmons93@gmail.com](mailto:apsimmons93@gmail.com)

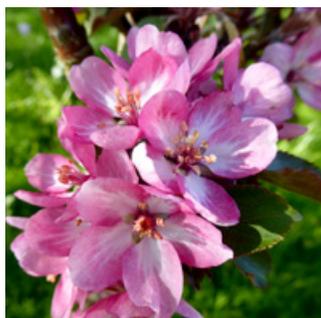
**Website:** [www.mildencricket.com](http://www.mildencricket.com)

# The Blooming Garden

## Crazy about Crab Apples.

I have moved house and no longer have the blooming garden with all its spring delights to enjoy. The garden I have moved to is much smaller and is not blooming at all, apart from a couple of huge magnolias. But this is fine, as having a chance to start all over again designing and planting a garden is fun, although expensive; trees and shrubs seem to have doubled or even trebled in price since I last bought any. In a relatively small space and with plants being so expensive, it is all the more important to choose carefully and only pick the choicest plants and the ones that will give you plenty of interest at different times of the year. Having said this, I would always have to have a magnolia even though it only makes one glorious show a year.

But the other essential tree in my book is the wonderful crab apple. I love crab apples because many of them make a reasonably small tree so you don't need a lot of room. They start giving pleasure early with beautiful blossom and then in autumn you get colourful fruit and in many cases fabulous foliage too. They are great for wildlife as the flowers are high in pollen; they produce ten times as much pollen as culinary apple trees and the fruit keeps birds going in the winter. Of course, the other advantage of growing crab apples is that the fruit are rich in antioxidants and vitamin c and because of the high levels of pectin they make wonderful jellies. If I had a huge garden I would have a grove of crab apples but now I have to confine myself to one or two small- growing ones. I am still trying to choose between *Malus* 'Coralburst' which is a naturally dwarf variety with rose pink flowers and small bronze fruit and *Malus toringo subs. sargentii* 'Tina' which is a delightful, almost dwarf variety with pure white flowers followed by small, cherry-like fruit. Maybe, I might have room for both. I have already bought lovely 'Laura' because she is a naturally dwarf tree with an upright habit and stunning pink and white flowers. Apparently the red fruit is perfect for crab apple jelly.



*Malus 'Laura'*

If you have more room than I have, you are spoilt for choice. In the blooming garden the flowers of the yellow-fruited 'Golden Hornet' always looked wonderful flowering at the same time as the shrimp-coloured early leaves of *Acer brilliantissimum*. But this tree was planted many years ago by a previous owner and if I was choosing a yellow-fruited crab apple I would go for the stunning *Malus* 'Butterball' which is good for crab apple jelly or 'Comtessa de Paris' because it hangs on to its yellow fruit well into winter.



*Malus brevipes 'Wedding Bouquet'*

Some crab apples have beautiful white blossom; one of my favourites for snow-white blooms is *Malus brevipes* 'Wedding Bouquet' which has masses of shell-like flowers followed by small red, translucent berries which persist into December. Two other good white

blossomed crabs are 'Donald Wyman' which is known for an abundance of bright red fruit and 'Golden Gem' which has clusters of fragrant white flowers and dainty yellow fruit. This last one is a good pollinator for apples.



*Malus transitoria*

My pride and joy in the blooming garden was *Malus transitoria* which has deeply-lobed leaves and a profusion of dainty white single flowers followed by small yellow fruits which look like beads hanging from the branches. I was particularly proud of this little tree because I grew it from seed. Like culinary apples, most crab apples don't come true from seed, but *Malus transitoria* which comes from China is an exception.

If you want to spread the blooming season a bit then choose *Malus hupehensis* which blooms a bit later and has white flowers opening from pink buds. The flowers are slightly fragrant. It comes from China where apparently the leaves are used for making tea. It has bright red fruit. Like *Malus transitoria* this one comes true from seed, although I haven't tried it myself.



*Malus hupehensis*

Crab apples come, not only in a range of sizes, but in different shapes too. Some are columnar, others are round-headed and others are weeping. *Malus* 'Sun Rival' makes a charming semi-weeping tree and the flowers are white opening from pink buds. But I think one of the best weeping crab apples is *Malus* 'Louisa' which is very graceful and has pink flowers followed by golden orange fruit.



*Malus 'Princeton Cardinal'*

I will finish with two more of my favourites which were both impulse buys when I saw them in bloom. They should be looking good in the blooming garden right now and I hope the new owners are enjoying them. The first is *Malus* 'Princeton Cardinal' which is sometimes known simply as 'Cardinal'. It is a variety of *Malus hupehensis* and has an abundance of sumptuous dark pink flowers and glossy red leaves.

The other is *Malus* 'Van Eseltine' which is an upright tree which becomes urn -shape in time. The flowers are double and a very pretty shade of pink. They look wonderful against a blue sky.

I think the best way to choose crab apples is to go to a nursery when they are in bloom and then go back in the autumn to see them in fruit. You will certainly be spoilt for choice and like me, yearn for a grove of them.



*Malus 'Van Eseltine'*

*Chloris.*

# DIRECTORY OF CLUBS & ORGANISATIONS

## CLUBS & GROUPS

Boxford Bellringers	<i>Richard Gates</i>	<b>01787 210432</b>
Boxford Bible Study Group	<i>Peter &amp; Margaret</i>	<b>01787 211077</b>
Boxford Bike Club	<i>Kevin Bridge</i>	<b>07876 798617</b> <a href="http://www.boxfordbikeclub.co.uk">www.boxfordbikeclub.co.uk</a>
Boxford Bowls Club	<i>Lea Blackham</i>	<b>01787 210313</b>
Boxford Carpet Bowls	<i>Brian Porter</i>	<b>01473 824283</b>
Boxford Drama Group	<i>Janice Macmillan</i>	<b>07779 303690</b> <a href="mailto:janice.macmillan@yahoo.co.uk">janice.macmillan@yahoo.co.uk</a>
Boxford Friendship Group	<i>Alison Warren</i>	<b>01787 211067</b>
	<i>or Wendy Hills</i>	<b>01787 210342</b>
Boxford Gardens Open	<i>Audrey Zuck</i>	<b>07852 102 455</b> <a href="mailto:audrey@a2zriskservices.com">audrey@a2zriskservices.com</a>
Boxford Gardening Society	<i>Elizabeth Wagener</i>	<b>01787 210223</b> <a href="mailto:elizabeth.wagener@btinternet.com">elizabeth.wagener@btinternet.com</a>
Boxford Literary Group	<i>David Jones</i>	<b>01787 211104</b> <a href="mailto:audav@hotmail.co.uk">audav@hotmail.co.uk</a>
Boxford Rovers FC	<i>Melvyn Eke</i>	<b>07873 971701</b> <a href="mailto:m.eke@btinternet.com">m.eke@btinternet.com</a>
Boxford Tennis Social	<i>Sue Moore</i>	<b>07808 481447</b>
Boxford WI	<i>Annie Philips</i>	<b>01787 211729</b>
Edwardstone Cricket Club	<i>Tom Whymark</i>	<b>01787 211375</b>
Fleece Jazz	<i>David Gasson</i>	<b>01787 210796</b>
Highway 12 Western Partner Dance	<i>Chris</i>	<b>01787 371006</b>
Little Waldingfield History Society	<i>Diana Langford</i>	<b>01787 248298</b> <a href="mailto:dianalangford765@gmail.com">dianalangford765@gmail.com</a>
Little Waldingfield Over 60s and Friendship Club	<i>Tricia Eddington</i>	<b>01787 247932</b>
Local History Recorder Edwardstone	<i>Daphne Clark</i>	<b>01787 210698</b> <a href="mailto:daphne.clark@btopenworld.com">daphne.clark@btopenworld.com</a>
Local History Recorder Groton	<i>Joanna Roberts</i>	<b>01787 210619</b> <a href="mailto:jgant87618@aol.com">jgant87618@aol.com</a>
Madrigalia Choir	<i>Sue Price</i>	<b>01787 210913</b>
Miss Lesley School of Performing Arts (MLSPA)	<i>Miss Lesley</i>	<b>07957 351941</b> <a href="mailto:lesley.mlspa@gmail.com">lesley.mlspa@gmail.com</a>
Milden Cricket Club	<i>Andrew Simmons</i>	<b>07951 055643</b>
Milden Singers	<i>Pearl</i>	<b>01449 741876</b>
Newton Arts & Crafts Club	<i>Carol Langley</i>	<b>01787 373548</b>
Newton War Games Club	<i>Brian Lawson</i>	<b>01787 312160</b>
Newton Fireside Club	<i>Moirá Evans</i>	<b>01787 374652</b>
Primrose Wood Volunteers	<i>Evan Flockhart</i>	<b>07968 336883</b> <a href="mailto:obliquewoodland@protonmail.com">obliquewoodland@protonmail.com</a>
Swing jive & Lindy Hop Dance	<i>Sarah Boldock</i>	<b>07956 614824</b>
Yoga (Boxford)	<i>Marianne Marshall</i>	<b>01787 210323</b>
Yoga Paper Kite (Newton)	<i>Sophie</i>	<b>01787 313662</b>
Yoga With Lindsey (Newton)	<i>Lindsey</i>	<b>07971 800540</b>

## CHARITIES

Boxford & Groton United Charities	<i>Guy Godfrey</i>	<b>01787 211378</b>
Edwardstone Millennium Green Trust	<i>Claire Mortimer</i>	<b>01787 210051</b>
Edwardstone United Charities	<i>Nick Raymond</i>	<b>01787 210461</b> <a href="mailto:ncraymond@hotmail.co.uk">ncraymond@hotmail.co.uk</a>
Groton Educational Foundation	<i>Stephen Watkins</i>	<b>01787 210977</b> <a href="mailto:stephen_watkins49@yahoo.co.uk">stephen_watkins49@yahoo.co.uk</a>
Groton Winthrop Mulberry Trust	<i>James Wills</i>	<b>01787 210484</b>
Little Waldingfield Charities	<i>Mary Thorogood</i>	<b>01787 247658</b>
Newton Green Trust	<i>Philip Taylor</i>	<b>01787 211265</b> <a href="mailto:philiptaylor433@gmail.com">philiptaylor433@gmail.com</a>

## COMMUNITY GROUPS

3PR Boxford 1st Responders	<i>Rich Wild</i>	<b>01787 210946</b> <a href="mailto:office@boxfordresponders.com">office@boxfordresponders.com</a>
Boxford Allotments	<i>Karen Coleman</i>	<b>07970 945646</b>
Boxford Bounty	<i>Mark Miller</i>	<b>01787 211596</b>
Boxford Community Car Scheme	<i>Jan Eastwood</i>	<b>01787 211853</b> <a href="mailto:jen.eastwood8@gmail.com">jen.eastwood8@gmail.com</a>
Boxford Community Council	<i>Ward Baker</i>	<b>01787 210129</b> <a href="mailto:boxfordcommunitycouncil@gmail.com">boxfordcommunitycouncil@gmail.com</a> <a href="http://www.boxford.me.uk">www.boxford.me.uk</a>
Boxford Playing Fields	<i>David Burden</i>	<b>01787 211926</b> <a href="mailto:d.burden379@btinternet.com">d.burden379@btinternet.com</a>
Boxford Society	<i>Jan Eastwood</i>	<b>01787 211853</b> <a href="mailto:jen.eastwood8@gmail.com">jen.eastwood8@gmail.com</a> <a href="http://boxfordsuffolk.com/boxfordSociety">boxfordsuffolk.com/boxfordSociety</a>
Boxford Tennis Courts	<i>Yvonne Woodfield</i>	<b>01787 210151</b>
Lt Waldingfield Playing field	<i>Jennie Jordan</i>	<b>07522 352558</b> <a href="mailto:52Jennie1@gmail.com">52Jennie1@gmail.com</a>

## SCOUTING

1st Boxford Beaver Scouts	<i>Greg Roberts</i>	<b>07578 825971</b> <a href="mailto:beaversboxford@gmail.com">beaversboxford@gmail.com</a>
1st Boxford Cub Scouts	<i>Liv Hov</i>	<b>07801 548854</b>
1st Boxford Scouts	<i>Neil Barkham</i>	<b>01787 211916</b>
1st Boxford Rainbows	<i>Janice Macmillan</i>	<b>07779 303690</b>
1st Boxford Brownies	<i>Janice Macmillan</i>	<b>07779 303690</b> <a href="mailto:janice.macmillan@yahoo.co.uk">janice.macmillan@yahoo.co.uk</a>
1st Boxford Guides	<i>Bethany Ireland</i>	<a href="mailto:bethanyireland11@gmail.com">bethanyireland11@gmail.com</a>

## CHILDREN FAMILIES & LEARNING

Boxford Primary School		<b>01787 210332</b> <a href="mailto:office@boxford.suffolk.sch.uk">office@boxford.suffolk.sch.uk</a> <a href="http://www.boxford-suffolk.secure-dbprimary.com">www.boxford-suffolk.secure-dbprimary.com</a>
Friends of Boxford School (FoBS)		<a href="mailto:talktofobs@gmail.com">talktofobs@gmail.com</a>
Sunflowers Childcare	<i>Moirá Grant</i>	<b>01787 211363</b> <a href="mailto:info@sunflowers-childcare.co.uk">info@sunflowers-childcare.co.uk</a>
Boxford Baby & Toddler Group		<a href="https://facebook.com/Boxfordbabyandtoddlergroup">facebook.com/Boxfordbabyandtoddlergroup</a>

## HALLS & FACILITIES TO HIRE

Boxford Pavilion	<i>Hugh Phillips</i>	<b>01787 211729</b> <a href="mailto:hughvcphillips@hotmail.com">hughvcphillips@hotmail.com</a>
Boxford Spinney	<i>Mark Miller</i>	<b>01787 211596</b> <a href="mailto:mark.miller@talktalk.net">mark.miller@talktalk.net</a> <a href="http://www.boxfordspinney.co.uk">www.boxfordspinney.co.uk</a>
Boxford Village Hall	<i>Jane Elliott</i>	<b>07721 880521</b> <a href="mailto:Bvhbookhall@gmail.com">Bvhbookhall@gmail.com</a>
Edwardstone Parish Hall	<i>Daphne Clark</i>	<b>01787 210698</b> <a href="mailto:daphne.clark@btopenworld.com">daphne.clark@btopenworld.com</a>
Edwardstone Millennium Green	<i>Gordon</i>	<b>01787 211605</b>
Groton Village Hall	<i>Joanna Roberts</i>	<b>01787 210619</b>
Little Waldingfield Parish Room	<i>Sue Bowen</i>	<b>01787 249473</b> <a href="mailto:sd.bowen@btopenworld.com">sd.bowen@btopenworld.com</a>
Little Waldingfield Pavilion	<i>Jennie Jordan</i>	<b>07522 352558</b> <a href="mailto:52Jennie1@gmail.com">52Jennie1@gmail.com</a> <a href="mailto:BoxfordMarqueeBooking@gmail.com">BoxfordMarqueeBooking@gmail.com</a>
Marquee Booking	<i>Pearl</i>	<b>01449 741876</b> <a href="mailto:info@mildenpavilion.co.uk">info@mildenpavilion.co.uk</a>
Milden Pavilion	<i>Alan Vince</i>	<b>07955 199000</b>
Newton Village Hall		




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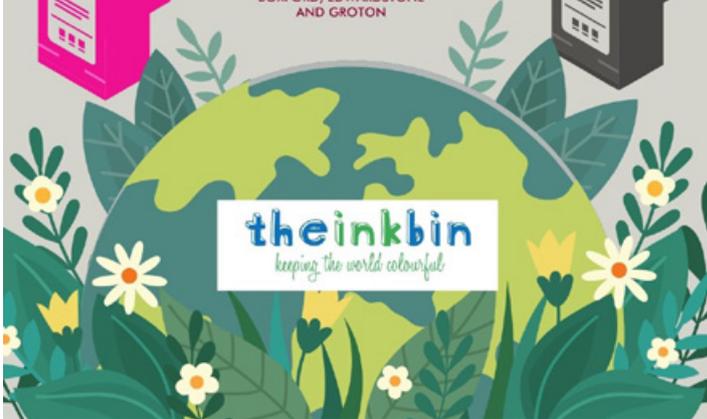


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# EVENTS CALENDAR

## APRIL 2023

<b>22</b>	<b>Coffee Morning</b>	
SAT	Newton Village Hall	10-12noon
<b>22</b>	<b>Boxford Society - 'Boom &amp; Bust in Lavenham'</b>	7:30pm
SAT	Boxford Village Hall	
<b>23</b>	<b>Boxford Tornado Cycle Sportive</b>	9:30am
SUN	Boxford Playing Fields	
<b>24</b>	<b>Boxford Friendship Group AGM</b>	2-4pm
MON	Boxford Village Hall	
<b>29</b>	<b>Boxford Farmers, Arts &amp; Crafts Market</b>	10-1pm
SAT	Boxford Village Hall	

## MAY 2023

<b>2</b>	<b>Fireside Club - Bingo &amp; Quiz</b>	2pm
TUE	Newton Village Hall	
<b>2</b>	<b>BGS - Tenerife</b>	7:30pm
TUE	Boxford Village Hall	
<b>4</b>	<b>District Council Elections</b>	All Day
THU	Various Polling Stations	
<b>6</b>	<b>Village Coronation Celebration</b>	3-10:30pm
SAT	Little Waldingfield - More Details To Follow	
<b>6</b>	<b>Milden Coronation Celebration</b>	2pm
SAT	Milden Pavilion	
<b>6</b>	<b>Little Waldingfield Coronation Celebration</b>	3-10pm
SAT	Little Waldingfield Playing Field	
<b>7</b>	<b>Newton Coronation Picnic</b>	Noon - 4pm
SUN	Newton Recreation Ground / Village Hall	
<b>7</b>	<b>King's Coronation Broad Street Party</b>	Noon - Late
SUN	Broad Street, Boxford	
<b>7</b>	<b>Boxford in Times Past Photo Exhibition</b>	12:30-4:30pm
SUN	St Mary's, Boxford	
<b>7</b>	<b>Groton' Coronation Celebration</b>	12:30-2:30pm
SUN	Groton Village Hall	
<b>12</b>	<b>Relaxation &amp; Sound - all welcome</b>	6-7:15pm
FRI	Boxford Village Hall	
<b>12</b>	<b>Film Night - Empire of Light</b>	7pm
FRI	Polstead Village Hall	
<b>13</b>	<b>Happy Hour Concert Organ Recital</b>	6-7pm
SAT	St Mary's, Boxford	
<b>13</b>	<b>Cinema - The Banshees of Inisherin</b>	7pm
SAT	Leavenheath Village Hall	
<b>16</b>	<b>Fireside Club - Film Afternoon</b>	2pm
TUE	Newton Village Hall	
<b>17</b>	<b>LWHS - Keeping The Peace in Medieval Suffolk</b>	7:30pm
WED	Little Waldingfield Parish Room	
<b>20</b>	<b>The Hadleigh Show</b>	From 8am
SAT	Holbecks Park, Hadleigh IP7 5PE	
<b>20</b>	<b>Fireside Coffee Morning</b>	10-11:30am
SAT	Newton Village Hall	
<b>20</b>	<b>Race Night</b>	7:15pm
SAT	Little Waldingfield Parish Room	
<b>22</b>	<b>Boxford Friendship Group</b>	2-4pm
MON	Boxford Village Hall	
<b>26</b>	<b>Pop-Up Pub</b>	6:30-10:30pm
FRI	Little Waldingfield Pavilion	
<b>27</b>	<b>Boxford Farmers, Arts &amp; Crafts Market</b>	10-1pm
SAT	Boxford Village Hall	
<b>27</b>	<b>JAZZ - The Wendy Kirkland Trio</b>	7pm
SAT	Monks Eleigh Village Hall	
<b>16</b>	<b>Fireside Club - Floristry Demonstration</b>	2pm
TUE	Newton Village Hall	

## JUNE 2023

<b>4</b>	<b>Boxford Gardens Open</b>	11-4pm
SUN	Boxford & Edwardstone	
<b>4</b>	<b>Nayland Open Gardens</b>	2-6pm
SUN	Nayland	
<b>6</b>	<b>BGS - Bees &amp; Flowers</b>	7:30pm
TUE	Boxford Village Hall	
<b>7</b>	<b>Boxford WI - Zumba</b>	2pm
WED	Boxford Village Hall	
<b>9</b>	<b>Relaxation &amp; Sound - all welcome</b>	6-7:15pm
FRI	Boxford Village Hall	
<b>9</b>	<b>Madrigalia &amp; A Melody of Harps</b>	7:30pm
FRI	Lawshall Church	
<b>10</b>	<b>Kersey Open Gardens</b>	11-5pm
SAT	Kersey	
<b>10</b>	<b>Happy Hour Concert Voices &amp; Piano</b>	6-7pm
SAT	St Mary's, Boxford	
<b>11</b>	<b>Midsummer Munch</b>	Noon
SUN	Newton Village Hall & Jubilee Gardens	
<b>15</b>	<b>Fireside Club - Outing to Hyde Hall</b>	10am
TUE	Newton Village Hall	
<b>16-17</b>	<b>BDG - The Good Old Days</b>	7:30pm
FRI-SAT	Boxford Village Hall	
<b>20</b>	<b>Fireside - Suffolk Day Cream Tea</b>	10-11:30am
TUE	Newton Village Hall	
<b>21</b>	<b>LWHS - Whistlecraft - Poachers of Rickingham</b>	7:30pm
WED	Little Waldingfield Parish Room	
<b>24</b>	<b>Boxford Farmers, Arts &amp; Crafts Market</b>	10-1pm
SAT	Boxford Village Hall	
<b>24</b>	<b>Fun Quiz Night</b>	TBC
SAT	Polstead Village Hall	
<b>25</b>	<b>Family Dog Show</b>	11-4pm
SUN	Kersey Playing Field	
<b>26</b>	<b>Boxford Friendship Group</b>	2-4pm
MON	Boxford Village Hall	
<b>27</b>	<b>Fireside Club - Talk by Weston's Bakery</b>	TBC
TUE	Newton Village Hall	
<b>30</b>	<b>Pop-Up Pub</b>	6:30-10:30pm
FRI	Little Waldingfield Pavilion	
<b>30</b>	<b>Shanty Folk &amp; Milden Singers Double Bill</b>	7:30pm
FRI	Milden Pavilion	



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