

March 2023

Box River News

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RECLAIM THE RAIN UPDATE

The Reclaim the Rain team have been busy in Boxford! We've hosted public drop-in events and attended January's Parish Council meeting, sharing updates and more information on the project. We've been gathering your bright ideas and plotting your local knowledge on Boxford's flood risk map.

We've keen to get younger generations involved in Reclaim the Rain and our Project Team were recently given an amazing opportunity to host an evening with the Scouts. In this session we introduced the project to the Scouts through interactive tasks and games. We also had the privilege of presenting at Boxford CEVC Primary School's Certificates Assembly, where we shared more about the water cycle, how flooding and drought could impact Boxford, and finished with a quiz for all year groups.

Our Community Working Group for Boxford, a small, dedicated group of local people, have been working hard to support and champion Reclaim the Rain both behind the scenes and publicly, attending events such as the Boxford Farmers Market to engage more of you and gather information on local flood risk. We're not going anywhere anytime soon and have funding for Boxford, so look forward to meeting more of your community over the next couple of months and working with you to help narrow down your preferred scheme options.



For scheme ideas, we want to hear about any ideas which work towards reducing flood risk to Boxford.

To do this we need to think big and work up catchment where the flow comes from, either physically intercepting (or slowing down) surface water to reduce flooding in the village.

The 'reclaim' part of this project, is all about putting this captured water to good use and looking after this precious resource.

Reclaiming the rain could mean storing water up-catchment in basins for reuse, with the potential to support agricultural practice, wildlife, or businesses.

On a smaller scale, we could deliver personal measures in your own back garden, such as water butts, rain gardens and much more for residents! With your help, we aim to help reduce flood risk in the village, while building more resilience in the summer months where water is scarce.

We value all ideas, big or small. Reclaim the Rain has a unique opportunity here in Boxford to work in partnership with the community to make positive change.

We've had lots of fun meeting so many people over the last few months and would love to hear from more of you still! Our inbox is always open (reclaimtherain@suffolk.gov.uk). If you'd like to send us ideas for the project, tell us how we can best interact with your community, or just learn more about what we're doing in Boxford, please get in touch!

Thanks, and best wishes,
the Reclaim the Rain team (Ruby and Sian)



A BARNSTORMER OF A NIGHT!

Thank you to all the members of Boxford Community Council for organising and running the Barn Dance in Boxford Village Hall on Sat 11th Feb. The first such Barn Dance in Boxford for some years, this was an extremely enjoyable and fun evening which we certainly intend to repeat at some time in the future.

There was joyful and lively dancing led by the Hamlet Ceilidh Band who played a mixture of traditional and popular foot tapping tunes. The excellent buffet was provided by The Box River Café and some quick movement with the furniture turned the dancing hall into a dining room and back again in record time.

The evening's Caller expressed his delight at the willingness for everyone to join in all the dances; he is certainly looking forward to returning to the next barn dance to be held in Boxford.



The Community Council is currently raising funds towards the cost of celebrating the King's Coronation with a street party on Sunday 7th May. Our next fundraiser is a Horse Race Night to be held in Boxford Village Hall on Saturday 4th March.

This fun evening will have all the thrills of going to a day at the races. There will be six pre-recorded horse races for which you will be able to place bets on the £1 Tote. Horse 'owners' will win bottles of Pomeroy Champagne during the event. A hog roast is being provided by A. Leeder's, Butcher and the final race of the evening is a big money auction with a big cash prize.

Tickets are £15, on sale at Boxford PO, A. Leeder's Butchers, The Fleece Hotel, Boxford and The Fox and Hounds, Groton or by phoning me on 01787 211596.

Mark Miller
Boxford Community Council

Box River News

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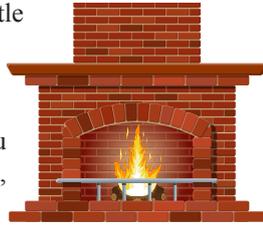
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Deadline date for the April 2023 Issue is:

March 15th at midday

NEWTON FIRESIDE CLUB

Our first session in February was a Beetle Drive. Well, who would have thought that seeing who could throw a dice most quickly could be so competitive! This wasn't the traditional game where you have to build a cardboard or plastic beetle, it was a team game that required throwing a dice and drawing a beetle when the correct number was thrown. I have to say, the 5 teams were fully involved, and it was one of our noisiest sessions yet. Dot kindly brought a couple of quizzes along so we worked on these whilst we were having our tea and cake.



On Tuesday 7th we were joined by Frances, Josh and John who entertained us brilliantly with their music. They all work or volunteer for Citizens Advice and between songs they told us about their roles. They provide such an excellent service and we were delighted to give a donation towards the work they do.

As I write this, we have not yet had our Shrove Tuesday session, but this is always well attended and copious amounts of pancakes are consumed with maybe a glass of prosecco to wash them down?

The organising team met recently to talk about our summer sessions. Even if I do say so myself, I think it is going to be really exciting. We're just waiting for some outside contributors to confirm dates and then we'll publish the programme.

The Midsummer Munch will take place on Sunday 11th June from midday. Tickets are £10. Please see the posters for further details.

Spring 2023 Programme of Events:

- | | |
|-----------------------------|---|
| Tues 7 th March | Cooking demonstration by Giampiero Romani from 'Cook Like the Italians' cooking school (non-members, please book in advance. Tickets are £8 and include refreshments) |
| Tues 21 st March | Easter crafts |
| Tues 4 th April | Trip to 'A Place For Plants' East Bergholt |

All meetings are held in Newton Village Hall and start at 2pm unless otherwise stated and anyone is welcome. Subs for this term are £3 a session or, if possible, £25 for the term. This includes refreshments and activities. Non-members are welcome to come along to any session. The fee will be between £5 and £10 depending on the activity. **If you would like to join us for the cookery demonstration you will need to book in advance.**

Please contact Moira on **01787 374652** or Sue on **07881 383998** if you would like more details.

Sue

NEWTON VILLAGE HALL COFFEE MORNINGS

We are now able to announce a full programme of coffee mornings for the rest of the year:

- | | |
|------------------------------|--------------------------|
| Sat 11 th March | Parish Council |
| Sat 1 st April | Newton Green Trust |
| Sat 22 nd April | St Nicholas Hospice |
| Sat 20 th May | Fireside Club |
| Sat 8 th July | Village Hall |
| Sat 23 rd Sept | Macmillan Cancer Support |
| Sat 28 th October | Newton Charities |



It is so lovely to see the return of the full coffee morning schedule after all of the Covid restrictions.

Donations of cakes or savouries, books, bric-a-brac and raffle prizes are always much appreciated. Please contact the relevant organisation or bring them along on the day.

New villagers are most welcome and you will find these mornings a great place to meet people and to learn more about the village.

GROTON NEIGHBOURHOOD PLAN

The Groton NP Steering Group would like to thank the Groton residents who attended the two Neighbourhood Plan sessions at the Village Hall on 19th and 21st January. Whilst it was disappointing that only 8 people attended, emphasizing the continual challenge of community engagement, the feedback was very constructive and the discussions invaluable.



On a brighter note, we have great pleasure in reporting that Groton will be one of two pilot projects working with Babergh and the Government to develop a 'lighter touch' Neighbourhood Plan. The Government has identified 6 District Councils to work with, including Babergh and Mid Suffolk. This is an exciting opportunity for Groton to help shape a new approach to community-led planning and engagement for communities like ours, where the one-size-fits-all current process is too onerous and inappropriate. The new People & Place Plan will act as an evidence-based neighbourhood priorities statement that communities can forge to fit their individual needs. It will be developed to be broader than just a planning statement, potentially incorporating wider community needs, well-being, local services, influencing infrastructure priorities, energy and climate change initiatives. This is very much early-doors in the development of this pilot and we in Groton have a fantastic opportunity to influence its direction and construction, working with Babergh and the Government.

Members of the Groton Steering Group will be walking the ground around the parish, with the Babergh team, on 1st March, to introduce the team to Groton's character, layout and focus areas, as expressed in the recent Needs Survey.

We hope to have more details on the People & Places Plan approach on our website soon www.grotonnp.onesuffolk.net.

THANK YOU, SUE!

A huge thank to Sue Mitchell, who after an amazing 20+ years delivering the BRN to Little Waldingfield's residents, has finally hung up her boots for a well-deserved rest. The BRN owes Sue a huge debt of gratitude for helping to keep parishioners informed of local news and events in all that time. Well done Sue, and we hope you get to enjoy the sound of the BRN falling through *your* letterbox each month for a change!

HADLEIGH & BOXFORD PPG

The statistics for pharmaceutical waste are shocking. In 2010 it was estimated £300 million of NHS-prescribed medicines are wasted each year. As prescriptions have only increased in the intervening years and there has been no significant national action to halt the trend, we can safely assume the current total exceeds £300 million.



This sum represents approximately £1 in every £25 spent on primary care and community pharmaceutical and allied products use, and 0.3 per cent of total NHS outlays. It includes an estimated £90 million worth of unused prescription medicines that are retained in individuals' homes at any one time, £110 million returned to community pharmacies over the course of a year, and £50 million worth of NHS-supplied medicines that are disposed of, unused, by care homes.

Although these are 'national' statistics, wastage at a local level feeds into those figures. What can we do to make a difference? There are several simple actions which could help reduce costs:-

- Always check your medicine allocation BEFORE you leave the pharmacy. Hand back any you do not need. Once you leave the premises the drugs become waste even though they have never been opened.
- Stop repeat prescriptions if you have sufficient at home. No need to stockpile 'just in case'.
- Stop repeat prescriptions if you have ceased to take that medication.

Patients are also encouraged to purchase some medicines e.g. paracetamol, over the counter. They are much cheaper than on prescription and save the NHS a considerable amount of money each year.

In conjunction with the PPG, The Hadleigh Boxford Medical Practice Charitable Trust is currently busy with the siting of a defibrillator in Hadleigh.

Free defib training sessions with Community First Responders are available to all at the Hadleigh Pool and Leisure Centre on Saturday 11th March from 10-11am. Book at the leisure centre or via Eventbrite: <https://bit.ly/hadleigh-defib-awareness>

NHS Ref: <https://bit.ly/nhs-waste-reduction>

Website: www.hadleighhealth.co.uk

Facebook: <http://bit.ly/Hadleigh-Group-Facebook>

Email: hadleighboxfordppg@gmail.com

PPG: Chair Jan Devey 01473 827091

FREE DEFIBRILLATOR TRAINING SESSION

How many times have you said "I keep meaning to go on one of those defibrillator courses?" Well now there is no excuse, even if you work all week. In conjunction with the PPG (Patient Participation Group), Hadleigh Pool & Leisure are offering a FREE training session on Saturday 11th March from 10-11am at the leisure centre.



Hadleigh's experienced First Responders will give you a step by step guide to CPR (cardiopulmonary resuscitation) and how to use a defibrillator. Both of these skills could save someone's life.

There are no exams at the end of the demonstrations and 'having a go' is optional. Why not take advantage of this opportunity and book a place online or in person at the leisure centre? It couldn't be easier and it's FREE.

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For further information contact Jan Devey 01473 827 091.

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NEWS FROM BOXFORD SCHOOL

Yet again we've had a really busy half-term. Year 1 have been preparing and cooking pizzas. The children agreed that the best part was in the tasting: a resounding 10/10 was given. YUM!

Some mathematical fun has been had in Year 4 by creating geometric shapes using compasses to make 'flower of life' patterns that people have used for thousands of years. They learnt that this special symbol represents the cycle of life. Rosa in Year 4 told us that she enjoyed doing them so much that she designed some more at home. Maddie also added that she loved making geodesic domes - firstly using cocktail sticks and gummy sweets then making a larger version using rolled-up newspaper and masking tape.

Another charitable event was held in school on Friday 27th January. All children attended wearing non-uniform to raise money for *Friends of Felines*. This was organised by Isla in Year 5 who told us that she chose to support this charity because cats are one of her favourite animals. This is a charity in which her and her family work very closely with, finding homes for abandoned kittens and cats.



More recently, we had lots of fun celebrating Number Day! Each class took part in a roleplay activity and became engineers, designers and much more! Years 5 and 6 became robot designers and had to create an advert, as well as creating technical drawings and measuring their designs to scale. Year 3 designed and measured the playground ready for its refurbishment. Denny, a pupil of Year 3, said Number Day was great fun and exciting. "I enjoyed measuring the playground before designing and colouring my own adventure playground."



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Reception looked at time and money and created a travel agency. Years 1 and 2 travelled back in time and went around the world using their math skills in a wide variety of activities. All classrooms were a hive of activity and the results were amazing – super work Year 3!

Year 6 Roving Reporters, Boxford Primary School

Reception Class September 2023: it's not too late to apply for a place at Boxford Primary School. If anyone is looking for a place in Reception starting in September 2023, please speak to our school office on **01787 210 332**. Mrs Lewis or Mrs Clarke would more than happy to tell you about applying and all of the exciting things we do at Boxford Primary.



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CITIZENS ADVICE

I've been offered and accepted a new job. The new company wants me to start as soon as possible but we're really short-staffed where I am now, and I don't know how soon I'll be allowed to leave. How should I bring all this up with my boss?

**citizens
advice**

Congratulations on your new role! It can feel awkward telling your employer you're moving on but there are set processes in place. The time between telling your employer you've found a new position and you actually leaving is known as your notice period.

If you've been in your current job for less than one month, you won't have to give any notice period (unless your contract says otherwise). If it's more than a month though, you have to give at least one week's notice. Check what your contract says to find out how much notice you'll be expected to give.

If you don't have a contract, and your employer has no written record of you agreeing to a notice period, but you have been employed for more than a month you have to give at least one week's notice.

Although it may be tempting to hand in your resignation as soon as possible, it's worth waiting until your new employer has confirmed your new employment, for example by signing your contract or by giving you a start date.

It's then best to give your resignation in writing (email is fine), so that you have a record of the date you told your employer. You can find guidance on how to do this on the Citizens Advice website, visit www.citizensadvice.org.uk where we have a page on handing in your notice.

Fixed-term contracts are a bit different, as you won't need to give notice if you intend to leave on the last day of your contract. Leaving before the end of a fixed-term contract usually means giving at least one week's notice, but again check your contract to see if this is different.

Don't forget about your holiday days during your notice period. If you have any unused annual leave, speak to your employer about either taking these during the notice period or being paid back for them in your final pay cheque.

Finally, sometimes people can change their mind about moving jobs or find their circumstances alter. If this happens to you, you should speak to your current employer to see what your options are and if you can stay in your current role.

Everyone's situation is different, but if you face any challenges with an existing or potential employer, contact Citizens Advice for advice: **0800 144 8848** or visit our website to find out about what to do when you're leaving a job.

For information and advice on this or anything else, visit www.citizensadvice.org.uk or call Sudbury and District Citizens Advice on **01787 321400** and leave a message and someone will call you back when available.

We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website, www.sudburycab.org.uk/contact

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.

Remember!

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READERS' LETTERS

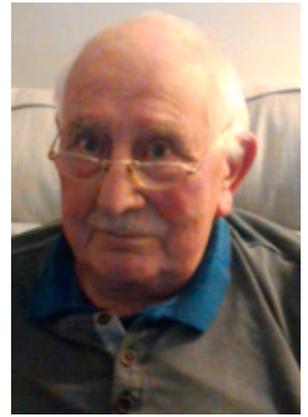
FREDERICK GEORGE ANSELL

Angela, Olga, Derek and family would like to thank everyone for their kind messages of condolence following the death of our father Fred. These were of great comfort at this sad time.

We would also like to thank the marvellous first responders Alistair Horne and Trudi Wild who worked so hard to save him, the ambulance service and West Suffolk Hospital.

Thanks also to Fr Rob for conducting the excellent graveside service, Deacons of Lavenham for arranging the funeral with such kindness and dignity, and Jayne Foster for providing the lovely flowers.

Reunited with his wife Shirley, our mother. May they both rest in peace together.



To everyone who lives in Groton,

Would you like to attend a village event to celebrate the Coronation of King Charles?

If so, please let me know, especially if you have ideas about how to mark the occasion.

Many thanks,

Jayne

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THE BUTCHER'S WIFE

This month marks the 10-year anniversary of our first trip abroad with the mini Leeders. I remember this for two reasons: firstly, we were flying to Australia to see my brother who I hadn't seen for 2 years and secondly because it was the *Flight From Hell*.

We decided beforehand that one of us would take the two older children and the other would have the youngest. I stupidly thought having the youngest would be easier: he was only 3 and I assumed he would sleep for most of the flight. Keeping one child entertained for 36 hours of travelling is easier than keeping two children entertained, right? *Wrong*.

The Butcher had the older two and as soon as we boarded he showed them how to use the little TVs and got them all set up with their headphones. Almost in perfect synchronisation, they watched films, took naps and ate. I on the other hand, had the one child with the attention span of a gnat who didn't want to sit and watch TV. Or sleep. Instead he just wanted to walk around the plane and go to the toilet because he liked how it flushed. For 16 hours he was wide awake and when I could get him to sit down, he didn't want to sit on his own seat. Oh no, he wanted to sit on my lap.

We landed in Kuala Lumpur for a 5-hour stopover and despite my best efforts, he fell asleep. For the full 5 hours. As soon as we boarded the second flight to Sydney, he woke up again and this time it was worse. He was recharged! I spent 10 hours trying to keep him entertained and quiet and this was made doubly hard because it was a night flight. I had the pleasure of watching everyone else sleeping peacefully while I was following a toddler up the aisle to watch a toilet flush for the 100th time.

It turned out to be an amazing holiday but that flight scarred me for life. The next time we took them on a long-haul flight I made it very clear that I didn't want to sit next to the youngest mini Leeder under any circumstances. I was even tempted to book a separate flight!

I've had lots of you tell me how much you like my articles and it's nice to hear I make you laugh as well as giving you some inspiration for dinners. Recently I had the loveliest lady tell me that she looks forward to my articles each month but doesn't cook the recipes because they are family recipes and she is only cooking for herself. So, for all of you cooking for one, here is an easy and delicious recipe just for you!

Roasted Chicken Breast

Serves 1

Ingredients

- 1 chicken breast
- Olive oil
- 1 leek, trimmed and sliced
- 100ml white wine
- 4 slices of pancetta
- A pinch of salt & pepper
- 2 sprigs of fresh thyme

Method

1. Preheat the oven to 200°C.
2. Add the chicken, leeks, half the thyme, a good glug of olive oil, salt & pepper and the wine to the bowl and toss together.
3. Remove the chicken and place the leeks and flavourings into a baking tray.
4. Wrap the chicken in the pancetta and place on top of the leeks in the tray. Sprinkle over the remaining thyme.
5. Drizzle with olive oil and cook for 30-35 minutes.



Elaine Carpenter

N.R.H.P., C.H.P., Dip Psychology

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RAMBLINGS FROM THE RECTORY

When I walk around our villages, I am always so humbled at just how many people offer generous words regarding the work we are doing in the community. We have done much in recent years to help these congregations grow healthier. We have worked hard to address historical issues so that a space may be created where everyone feels safe, included, valued and encouraged. We have tried to convey the message that the church is not the possession of a small few, but it is everyone's home where all are welcome. It is such an encouragement that so many people comment on how welcoming our churches have become and how grateful they are for the work they are doing.



Be this as it may, there are challenges ahead if these churches are not to decline and eventually cease. Our churches are clearly highly valued by a wide cohort of people. If you are one of those people, I would encourage you to think about taking the next step. It will have benefits for you personally and it will also prove significant in securing the future of your local church in the longer-term. As it stands none of our churches are financially or numerically solvent. You could help change that. And what better time to make such a commitment than Lent, which begins on 22nd February.

During Lent we are encouraged to consider four things to help us grow.

1. Prayer – Just like any friendship, a relationship cannot grow if we do not communicate. Prayer is the way we talk to God. We talk to him about our joys and our troubles and we listen in the silence to his response. If we never communicate with him, how can we get to know him? So, this Lent why not make a commitment to pray in private and come to church more frequently?
2. Donating time and money – Generosity breeds generosity. This was certainly evident over the Christmas period. As a result of our social enterprises over that period, it was noticeable just how generous people become in response. Lent is a time for us to consider our generosity in a wider sense. I would like to ask you to consider being generous towards your local church this year so that the community good, activities and social enterprises which resonate from it may have a secure future. Such generosity may come in two forms: volunteering and financial giving. Might you find time to volunteer? Please consider also contributing financially on a regular basis towards the upkeep and operations of your local church. A small amount of generosity each month, a one-off payment annually or a small amount left to the church in your will could make all the difference to their medium-term security.
3. Fasting – Fasting in a non-religious sense has become rather fashionable. You can now even download fasting apps on your smartphone! That's because fasting is extremely good for you. Fasting in a religious sense is not about self-flagellation. It rejuvenates us and helps our bodies and souls recalibrate to become healthier. Fasting will not make us starve, but it will help us to understand a little better what it is like for those who have less. Fasting can help us grow in empathy and compassion with them. If we dedicate our fast to God, it helps to move us closer to him too.
4. Study – broadening our minds is always a very important thing for us to do. During Lent it is especially encouraged as one of the disciplines that we should attend to. Study helps us to understand our world and our God that little bit better. It helps us to grow in wisdom and understanding. And of course, all of this helps us deepen our spiritual life. Why not join in one of our study groups this Lent?

Lent is an opportunity for us to reflect upon and recommit ourselves to sustaining patterns of healthy spiritual living. A healthy spirituality is never individualistic, it is always communal. The rhythms and constancy of church helps with that. Lent is an opportunity for us to prepare ourselves and deep clean our souls. It's an opportunity for us to battle the temptations that would subvert our attentions. Of course, there are other things we could be doing; other things that pacify our appetites. But that would only make us grow more rotund, not inwardly rich.

Lent offers us the chance to spend a little bit more time in prayer, in consuming less, in learning more and in generous giving. But let's be clear, we don't do these things to inflate our egos or congratulate ourselves for how much we are doing for God.

The blockages to love in our souls are melted by the warmth of God's grace. Fasting, prayer, study and almsgiving are all a time to be with our soul, allowing our body time to rest from the exhaustion of being the centre of our activity and passions, and for the soul to experience the peace of communion with self-giving divine love.

On our Lenten journeys we need to refresh ourselves with living water. This is the theme for the season. Come Easter, it is not only the newly baptised who should be converts. Conversion is not a once in a lifetime event. We don't wake up one morning and find we suddenly have enough faith to move mountains. Faith takes work, sometimes much hard work. It ebbs and flows and sometimes needs refreshing by putting in that little bit of extra effort. It means turning up, when we don't much feel like it. It takes us putting church, prayer, faith, compassion first. In other words, we get out what we put in.

May we enter Lent open hearted and depart it deeper as our true self in God.

With every Blessing,

Fr Rob - rparkermcgee@gmail.com, Tel: 01787 210434

You can find more details regarding the opportunities mentioned above in the following pages of the Box River News or by contacting the Benefice Office on boxriverbenefice@gmail.com

Easter Lily Donations

**EVERY EASTER, WE DECORATE
ST MARY'S CHURCH WITH LILIES.**

**IF YOU WOULD LIKE TO MAKE A DONATION FOR
AN EASTER LILY IN MEMORY OF A LOVED ONE,
PLEASE CONTACT THE BENEFICE OFFICE BY
THURSDAY, 23RD MARCH
(boxriverbenefice@gmail.com)**

**THE NAMES OF THE LOVED ONES ARE THEN
PLACED ON THE ALTAR ON EASTER SUNDAY**

Plump it Up

As most of you will know, hyaluronic acid is **AMAZING** for the skin. And Profhilo hyaluronic acid injections take these benefits to a whole new level.

Increasing firmness and elasticity, Profhilo has a wonderful plumping and anti-ageing effect; improving skin-tone, texture, hydration and overall radiance - you could think of it as an injectable moisturiser!

Profhilo is most commonly used for facial areas, but can also be used to rejuvenate the neck, décolleté, arms, knees and hands. The treatment is suitable for men and women of all ages. For best results, two treatments are needed, one month apart, then a maintenance boost at about 4 months.



March Skin Special

*This month, receive a free express facial (worth £40)
with your Profhilo treatment.*

Call: 01787 211 000 to book

** Offer valid until 31/03/2023 for both new and existing clients.*

Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 www.suffolkmedicalclinic.co.uk





SERVICE SCHEDULE FOR MARCH 2023



Wednesday 1st March	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	18:00	<i>Lenten Evening Meditation</i>	St Mary's, Boxford
Sunday 5th March	09:30	<i>Sunday Eucharist</i>	St Lawrence's, Lt Waldingfield
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
	17:00	<i>Compline</i>	All Saints', Newton
Wednesday 8th March	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	18:00	<i>Lenten Evening Meditation</i>	St Mary's, Boxford
Sunday 12th March	09:30	<i>Sunday Eucharist</i>	St Bartholomew's, Groton
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
	17:00	<i>BCP Evensong</i>	St Mary's, Boxford
Wednesday 15th March	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	18:00	<i>Lenten Evening Meditation</i>	St Mary's, Boxford
Sunday 19th March <i>Mothering Sunday</i>	09:30	<i>Mothering Sunday Family Service</i>	St Mary the Virgin, Edwardstone
	11:00	<i>Mothering Sunday Family Service</i>	St Mary's, Boxford
	17:00	<i>BCP Evensong</i>	St Bartholomew's, Groton
Wednesday 22nd March	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	18:00	<i>Lenten Evening Meditation</i>	St Mary's, Boxford
Sunday 26th March	09:30	<i>Pilgrimage Eucharist for all the Family</i>	St Mary's, Boxford
	11:00	<i>Sunday Eucharist</i>	All Saints', Newton
Wednesday 29th March	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
	18:00	<i>Lenten Evening Meditation</i>	St Mary's, Boxford

(Morning Prayer online every Tuesday, Thursday and Friday morning from 8.30am)

All our churches across the Benefice are OPEN EVERY DAY for Private Prayer.

If you need support, please contact Fr Rob or the Benefice Office



BOXRIVER BENEFICE

COFFEE MORNINGS

EVERY TUESDAY, 10AM - MARY'S HOUSE, BOXFORD

FRIDAY, 3RD MARCH, 10.30 AM - ST LAWRENCE'S CHURCH, LT WALDINGFIELD

WEDNESDAY, 15TH MARCH, 10.00 AM - ALL SAINTS' CHURCH, NEWTON

SATURDAY, 18TH MARCH, 10.30 AM - ST MARY'S CHURCH, BOXFORD

POP ALONG FOR A CUPPA AND CHAT



MOTHERING SUNDAY FAMILY SERVICES



JOIN US ON 19TH MARCH 2023
AT

**ST MARY THE VIRGIN, EDWARDSTONE
9:30AM**

**ST MARY'S, BOXFORD
11AM**
WITH CHILDRENS ACTIVITIES

MAY ALL MOTHERS BE BLESSED ON THIS SPECIAL DAY

**COLLECT A POSY OR LIGHT A CANDLE
IF YOUR MOTHER IS NO LONGER WITH US**



The Box River Benefice
Boxford, Edwardstone, Groton,
Little Waldingfield and Newton



The Box River Benefice

Boxford, Edwardstone, Groton,
Little Waldingfield and Newton

DATES FOR YOUR DIARY

Wed 1st March 7:30pm *Boxford PCC, The Rectory*
Thurs 2nd March 9am *Lenten Study Group, Mary's House*
Thurs 2nd March 5pm *Edwardstone PCC, The Rectory*
Fri 3rd March 10:30am *Coffee Morning, St Lawrence's, Little Waldingfield*
Sun 5th March 7pm *Lenten Study Group, Online*
Wed 8th March 3pm *Bible Study Group, 47 Swan St, Boxford*
Thurs 9th March 9am *Lenten Study Group, Mary's House*
Sun 12th March 7pm *Lenten Study Group, Online*
Wed 15th March 10am *Coffee Morning, All Saints', Newton*
Thurs 16th March 9am *Lenten Study Group, Mary's House*
Thurs 16th March 7:30pm *Lt Waldingfield PCC, Lt Waldingfield*
Sat 18th March 10am *Coffee Morning, St Mary's, Boxford*
Sun 19th March 7pm *Lenten Study Group, Online*
Thurs 23rd March 9am *Lenten Study Group, Mary's House*
Sun 26th March 7pm *Lenten Study Group, Online*
Thurs 30th March 9am *Lenten Study Group, Mary's House*

LIGHT UP ST MARY'S, BOXFORD

On the 26th January, St Mary's Church was lit up in memory of Percy Rose, on his birthday and on the 29th January, it was lit up in memory of Gerald King, on what would have been his 86th birthday. Our thoughts and prayers are with their families and friends.

If you would like further information about lighting up St Mary's Church in memory of a loved one or in celebration of an anniversary, birthday or special occasion, please contact the Benefice Office for further information.

LICENSING OF MAGGIE COGAN

We are delighted to welcome Maggie Cogan to our ministry team, Maggie will be a valuable addition to our active congregation. Maggie was licensed as a Reader at St Mary's, Boxford on Sunday 29th January by the Ven. Dr. David Jenkins. The service was well attended, and refreshments were served afterwards. Thank you to everyone who supported Maggie.



LENTEN STUDY GROUP

Join the ministry team as they follow the Lent Course designed to accompany the TV series "Broken" starring Sean Bean. It will help us to explore the themes of finding God and goodness in the most difficult of circumstances. Each session is standalone, so no need to worry if you cannot make every session.

This year there will be 2 sessions a week, every Thursday at 9am at Mary's House or online on a Sunday evening at 7pm. If you would like to participate in the online course, please contact the Benefice Office, in advance, to enable the relevant information to be sent to you.

Thursdays - 23rd February, 2nd, 9th, 16th, 23rd & 30th March.

Sundays - 26th February, 5th, 12th, 19th, 26th March & 2nd April.

LENTEN EVENING MEDITATION

We look forward to welcoming you every Wednesday throughout Lent at 6pm, St Mary's Boxford (1st, 8th, 15th, 22nd, 29th March)

SAVE THE DATES 2023

We are busy planning for the year ahead, here are some of the events we have planned so far. Please pop the dates in your diaries. More information will follow in future editions of the BRN.

Sun 23rd April *Suffolk Villages Festival, St Mary's, Boxford.* Husband and wife team of Julian and Emma will be playing for us music by Mozart, Samuel Wesley, John Field, Beethoven, Schubert, Weber, Brahms and Dvorak, a treat not to be missed.

Thurs 25th May *Community Lunch, St Mary's, Boxford*

Sun 18th June *Benefice Cathedral Tour & Evensong, Bury St Edmunds Cathedral*

Sun 3rd September *Benefice Pilgrimage Walk between our churches*

Sun 10th September *Patronal Service and Church Fete, St Mary's, Boxford*

Thurs 2nd & Fri 3rd November *Christmas Fayre, Edwardstone Church*

Sun 10th December *Christmas Tree Festival & Christmas Fayre, St Mary's, Boxford*

GIVING

Whether or not you attend church regularly, it is likely that you benefit in some way from a Church being in our villages. The church helps build community, provides a reassuring presence marking the seasons of the year and during challenging times in our lives. We live in a world where local community is threatened, public service undervalued and individuals all too often get lost in the system. It is no surprise that isolation, loneliness, depression and poor spiritual and mental health are at frightening levels in our society. The Church provides a counter to this at a local level. In many villages up and down the country, once the pub has closed, the church remains the only remnant of community spirit and focus. We need to secure such assets if we do not wish for them to disappear from our national life. But a church is more than just a building. Are you able to contribute the cost of a coffee or newspaper each week, to help our churches survive and thrive?

Please do get in contact the Benefice Office if you would like to talk to find out more about giving. Alternatively you can visit the giving page of our website to find out more: www.boxriverbenefice.com/support-us

Bring and Share

FOOD BANK

North Porch, St Mary's Boxford

If you or someone you know is in need,
please visit the Food Bank.
All donations of non perishable goods,
are gratefully received.

Thank You

TAKE WHAT YOU NEED, LEAVE WHAT YOU CAN

YOU'RE INVITED TO
ST MARY'S CHURCH
EASTER HOLIDAY CLUB
WEDNESDAY, 5TH APRIL 2023



JOIN US FOR FUN GAMES, CRAFTS & MORE. WE WILL ALSO HAVE AN EASTER EGG HUNT!
 SUITABLE FOR SCHOOL YEARS 2 - 6

3 SESSIONS AVAILABLE
 ALL DAY 8.30-4PM
 AM ONLY 8.30-12PM
 PM ONLY 12.30-4PM

to book a space please email: boxriveractivities@gmail.com

If you would like your child/children to attend but can't stretch to the cost, please email us in confidence.

£10 ALL DAY OR £5 PER SESSION PER CHILD
 PLEASE SUPPLY YOUR OWN SNACKS AND LUNCH

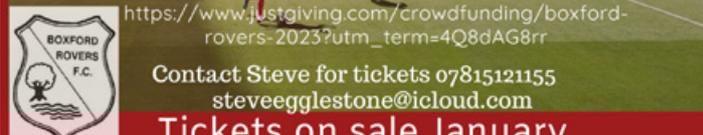
Boxford Rovers Quiz Night

March	11
Arrive for	7

Boxford Village Hall
 Max 8 per Team
 Raffle & Refreshments
 Support your local club in their fundraising efforts.

https://www.justgiving.com/crowdfunding/boxford-rovers-2023?utm_term=4Q8dAG8rr

Contact Steve for tickets 0781521155
steveegglesone@icloud.com
Tickets on sale January



LENT LUNCH
15TH MARCH 2023
12 - 2 PM
PARISH ROOM
LITTLE WALDINGFIELD



£5 DONATION WILL GO TO THE TURKISH & SYRIAN EARTHQUAKE FUND

TO RESERVE YOUR PLACE, PLEASE CONTACT NANCY ROSER ON 01787 882897

POLSTEAD GARDENING CLUB

Our spring season of meetings is now under way and coming up we have:

Tuesday 14 March at 7.30pm: *Old Fashioned Roses* with Matthew Tanton Brown

Tuesday 11 Apr at 7.30pm: *Container Planting For All Year Colour* with Gavin Edwards

All meetings will be at Polstead Village Hall on the green in Polstead (CO6 5AL). Free to members.

Non-members are welcome £5 (cash or cheque please). Includes a drink and nibbles.

Queries to gardeningclubpolstead@yahoo.com

WEDNESDAY LUNCH CLUB

Do you enjoy a lovely home-cooked lunch in a relaxed atmosphere with some company? If so you might like to join our friendly lunch club.

Once you have become a member (which is free), you can join us at the Ansell Centre in Hadleigh on the third Wednesday of each month. Members arrive from 12 noon and a delicious 2-course lunch is served at 12:15pm. The cost for lunch is £4.50. After lunch there is a raffle and tea and coffee are served.

We currently have some spaces for new members, so if you're interested, please contact either Frances Tebbutt 01473 823719 or Vic Ackerman 07719 496112.

EDWARDSTONE XMAS FAIR 2023

We're excited to announce the return - (by popular demand!) - of the Edwardstone Christmas Fair at Edwardstone Church.

It will be as festive as ever with some great stalls and local businesses and a lovely opportunity to get together too.

Proceeds will go to Edwardstone Church with a proportion, as always, going to a local charity - we welcome suggestions for this.

There will be a festive shopping evening on Thurs November 2nd followed by more of the same on Fri November 3rd.

Watch this space for more details but, for now, Save the Date!

If you have any queries, ideas or offers of help, please get in touch!

Diana & Sarah

Dianahawke@btinternet.com / Saraheels@btinternet.com

POLSTEAD FILMS PRESENTS

THE BANSHEES OF INSHERIN

Starring Colin Farrell and Brendan Gleeson

"A flawless tragicomedy"

Golden Globe Award for Best Motion Picture

Friday 17th March - St Patrick's Day

POLSTEAD VILLAGE HALL : Doors open 7pm

Tickets **£4.50** : Buy at Polstead Community Shop or Reserve by emailing polsteadfilms@gmail.com



Gladioli at Chelsea



Tuesday 7th March 7.30pm
at Boxford Village Hall

Simon Thorpe's Jivin' Miss Daisy

Wednesday 8th March 2023 8pm - Tickets: £25



An amazing band with lots of energy & the best songs from the wonderful age of swing, jazz and jive.

Simon Thorpe – Bass & bandleader
Liz Fletcher – Vocals
Enrico Tomasso – Trumpet
Malcolm Earl Smith – Trombone & vocals
Luke Annesley – Saxes & clarinets
Alex Garnett – Tenor sax
Colin Oxley – Guitar; **John Pearce** - Piano
Matt Skelton – Drums

The Oddgeir Berg Trio

Wednesday 22nd March 2023 8pm - Tickets: £18



Electro-acoustic jazz with one leg in melancholy and the other in ecstasy. Shares a clarity and intimacy with that other Scandinavian piano trio 'EST'

Oddgeir Berg – Piano
Audun Ramo – Bass
Lars Berntsen – Drums

"A piano trio to get truly excited about, a trio for the new millennium"

Stoke by Nayland Hotel, Keepers Lane, Leavenheath CO6 4PZ

Ample parking; fully accessible. Directions: www.fleecejazz.org.uk

Tickets: 01787 210796 or via **WeGotTickets** (booking fee applies); or on the door (cash or cheque only; sorry no debit/credit cards)

SPECIAL OFFER: A double room with breakfast and two tickets from £109 (subject to availability) Phone: 01206 262836

French's Care Haven



Dog Walk !

Come and join Lucy, our therapy dog for a walk to the farm

SATURDAY, 25th MARCH

Departure at 2pm

From the Fox and Hounds, Groton To French's Care Haven and back

Free refreshment at the Farm for walkers and doggy's

Free parking

2.7 miles



£5 per adults
£2 for 12 to 18 yrs
Free for under 12s

All profits will go to the care of our animals

Open to all

No need to have a dog to come along with us

Please contact us to register:

frenchs.100club@gmail.com or Emilie: 07538925678

French's Care Haven. Charity Number: 1156954

BOXFORD FRIENDSHIP GROUP



JOIN US

on Monday 27th March
for some fun
and companionship



2pm - 4pm
Boxford Village Hall

New members are always welcome!

£3 entry which includes refreshments



For more info call
Wendy Hills 210342 or
Alison Warren 211067



BOXFORD GARDENS OPEN

Including Edwardstone

SUNDAY 4TH JUNE

11AM – 4PM

Plant Stalls·Cake Sale
Cream Teas·Artists' Studios



All funds support St Mary's Church

NEW GARDENS & CHILDREN'S TRAIL

Contact audrey@a2zriskservices.com for details



MILDEN PAVILION QUIZ & GAMES NIGHT

Saturday 15th April 2023

Please join us for a fun evening
to include Fish and Chips*
cooked on site from 6.30pm

* Gluten Free and Vegetarian options available but must be ordered

Tickets £15 per person with
up to 8 per team or table.
Licensed Bar open from 6pm
Quiz from 7.30pm
Evening to include a Charity Raffle

Please email: info@mildenpavilion.co.uk
or phone 01787 248145 to book



Milden Pavilion
Church Road
Milden
IP7 7AF



www.mildenpavilion.co.uk
Registered Charity No 304919



WHILST SPRING HOVERS
IN THE WINGS
IT'S TIME TO TAKE STOCK
OF YOUR PLANS

THE ARTS SOCIETY
STOUR VALLEY BECKONS



On the 3rd Wednesday of each month at 11am
at Long Melford Village Hall, CO10 9QJ (opp The Bull)

We offer illustrated Monthly Talks, Visits, Special
Interest Days + a quarterly magazine & much more
– all at a very reasonable cost

For further details: [and](mailto:info@TASstourvalley.org.uk) to get your name onto the
temporary membership waiting list
Contact: info@TASstourvalley.org.uk quoting BRN22
or via our website www.TASstourvalley.org.uk

WEDNESDAY 15th MARCH

THE OVERSHADOWED

This fascinating talk will consider the reasons for a good
artist's obscurity – from a short life to the misfortune of
working in the shadow of a larger reputation such as
Leonardo or Rembrandt..

COFFEE MORNING

IN AID OF ST NICHOLAS HOSPICE

Saturday 22 April

Newton Green Village Hall

10am - 12noon



Raffle
Bric-a-Brac
Toys
Cakes
Water to Wine Stall
Teas & Coffees
Nearly New Stall

For more information
call Carole on
01787 373548





The Shelley Centre for Therapeutic Riding.
Shelley Road, Shelley, Suffolk IP7 5QY
Charity No. 1113636



QUIZ NIGHT



BASED ON
"WHO WANTS TO BE A MILLIONAIRE"
SATURDAY 18th MARCH

Teams of 4 7 for 7:30pm start

Polstead Village Hall, CO6 5AL

Tickets £15

includes 2 course ploughmans supper
Licensed Bar / Raffle

Tickets available at The Shelley Centre or send a SAE and cheque payable to "The Shelley Centre for Therapeutic Riding" to Chris Southgate, 58 Aldham Road, Hadleigh IP7 6BS or email: 58aldham@gmail.com to pay online

All proceeds go to The Shelley Centre for Therapeutic Riding

THURSFORD CHRISTMAS SPECTACULAR

Thursford Christmas Spectacular is an EXTRAVAGANZA of non-stop singing, dancing, music, humour and variety.

With a cast of 130 this is the BIGGEST Christmas show of its kind in Europe!

2022 was a SELL OUT so grab your tickets quick

Date: **Monday 18th December 2023**

Price: **£105** per person
(deposit to be paid in first instance £52.50pp)

Price Includes

Return coach travel from Boxford
2-Course Traditional Xmas Lunch at The Three Horseshoes (Briston)
Seats in the raised centre section

Pick Up: 9am outside White Hart Pub, Boxford.

Please email tracey@boxrivertravelboutique.co.uk
or call **07747 608509**

with your details and how many tickets you require.
Payment can be made via bank transfer, cheque or cash



GROTON VILLAGE HALL MANAGEMENT COMMITTEE
PRESENTS



QUIZ AND CURRY EVENING

At

Groton Village Hall

On Friday 21st April 2023 7:30 for 7:45 start

£12.50 per head (entry plus choice of curry & dessert)

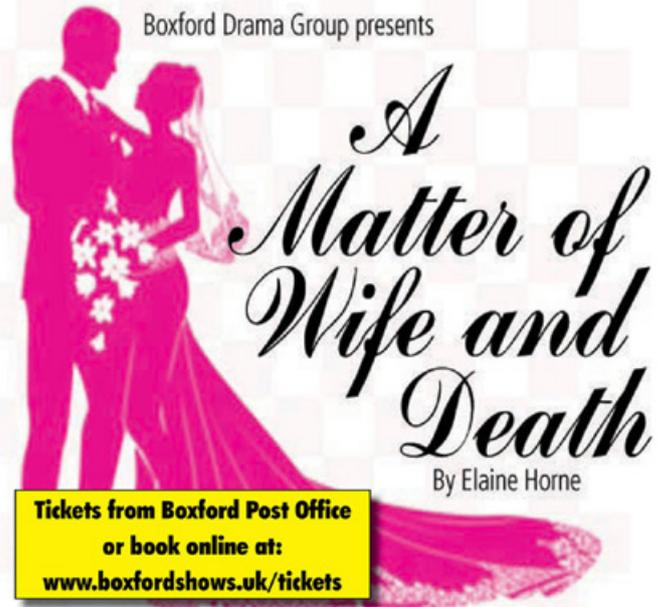
Teams of 4-6

B.Y.O. Bar

Raffle

Phone Joanna: 210619 or Jayne: 211360 to book your place

Boxford Drama Group presents



By Elaine Horne

Tickets from Boxford Post Office
or book online at:
www.boxfordshows.uk/tickets

16th March till 18th March
7.30pm at Boxford Village Hall

Thursday tickets £12.00
(with ploughmans served during the interval)
Friday and Saturday tickets £16.00
(with 2 course supper served during the interval)
Raffle and bar every night

ShantyFolk

Rousing Shanties & Songs of the Sea



Boxford Village Hall

Saturday April 15th, 2023 at 7:30 pm

Doors open 7 pm

£12 (£8 under 16's)

Audience Participation Encouraged
Fun Guaranteed

Sandwiches, Cake, Tea & Coffee will be served at intermission. Licensed Bar
Tickets available at the **Boxford Post Office**, or contact: shantyfolksuffolk@gmail.com

Organised by:



Proceeds to be shared with a charity

SN Stoke by Nayland
RESORT

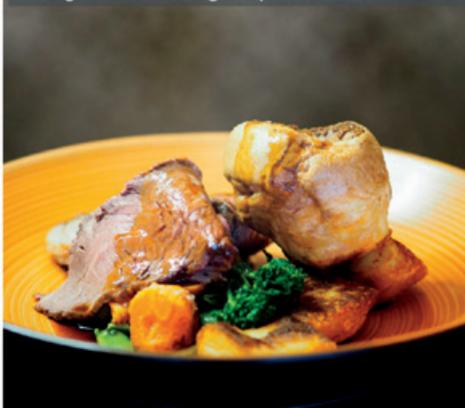
Mother's Day

Celebrate Mother's Day with a delicious afternoon tea or three-course carvery lunch for all to enjoy.

Our menus feature fresh locally-sourced produce, expertly prepared by our award-winning chefs.

Enjoy dining overlooking beautiful Constable Country – and we have a special treat for your mum!

Vegetarian and vegan options are available



3-course Mother's Day Carvery

£35 per adult / £20 for 7-12yrs / £15 for 2-6yrs



SUNDAY
19TH
MARCH

Mother's Day Afternoon Tea

£25 per adult / £12.50 per child aged 2-12yrs



Free gift for every mum!

GIFT VOUCHERS

Looking for present ideas for that special someone?
Purchase a gift voucher online, from £10, to use in our Resort.
Available at www.stokebynayland.com/gift-vouchers.



BOOK A TABLE BY CALLING 01206 262836

View our menus and book online at
www.stokebynayland.com/mothers-day
Stoke by Nayland Resort, Keepers Lane, Leavenheath, Colchester CO6 4PZ



Coffee Morning

WEDNESDAY MARCH 29th

at



Newton Green Golf Club

Doors open 10am



Everyone welcome to join us for coffee!

There will be various stalls so a chance to stock up on your spring and summer plants and buy a delicious cake for tea.

You can try your hand at various games, have a go at our Bottle stall and Raffle.

With Easter soon to follow stock up with Easter Eggs on our chocolate stall.



We look forward to seeing you there.



If you are interested in trying golf look out for our Taster Sessions.

Any queries please contact the golf club 01787 377217

GET INTO GOLF



SIGNATORY



Come and have fun

TRY A FREE TASTER SESSION

Run by our friendly Club Pro's Tim & James for women/girls

Wednesday 29th March 2-3pm

OR

Saturday 1st April 2-3pm

All equipment provided. No dress code except wear trainers and one rule: Enjoy yourself



To book your place or find out more

CONTACT: Tim - tcopergolf@aol.com

or Linda and Ben at the NG office:

01787 377217 EXT 4

DON'T DELAY BOOK TODAY

More information can be found on our website:

www.newtongreengolfclub.co.uk

Newton Green Fireside Club is pleased to announce the return of a much loved village event

THE MIDSUMMER MUNCH

SUNDAY 11 JUNE 2023 FROM NOON

TICKETS ON SALE SOON!

ADULTS £10, CHILDREN £5

FAMILY TICKET £25

THE JUBILEE GARDENS/VILLAGE HALL

MUSIC BY VINYL RICHIE

BBQ INCLUDED

BRING YOUR OWN DRINK



NEWTON GREEN GOLF CLUB EASTER EGG HUNT



FREE to attend, everyone welcome

Easter Sunday 9th April, 1pm at the Golf Club

Booking essential. Pre-register with Tim Cooper

Mob: 07495 766 151 Tel: 01787 377 217

Email: tcopergolf@aol.com

Fun Hunt & Games (bring a basket)



Easter Egg Hunt!



THE GLOW PRO



I'm always on the look-out for ways to save money, whilst still enjoying the little luxuries in life. There's no escaping the fact that we're in the middle of a cost-of-living crisis, however when it comes to self-care and beauty, there are ways to curb spending whilst still giving yourself a boost.

If you're trying to navigate the line between treating yourself and saving money, read on for my tips on how you can reduce costs on beauty without compromising quality...

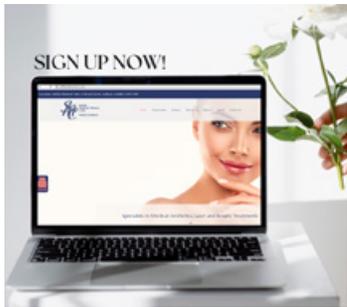
Make the most of your products

We're all guilty of applying more product than we need, and with skincare, too much of a good thing can become a bad thing. When applied too heavily, excess product can sit on the surface of your skin and block your pores, which can contribute to breakouts. Plus, good skincare doesn't come cheap!

Remember to use the recommended amount to maximise what you've got and ensure your products are completely empty before restocking – it's better for your pocket and the environment.



Take advantage of offers



Many businesses want to give back to their loyal customer-base, as well as welcome new customers on board. It's always worth subscribing to free email newsletters, as this is where you might find some incredible offers, particularly around special occasions.

At the clinic, we have treatments on offer every month, as well as discounts on our professional-grade skincare. If you don't want to miss out on a great deal (who would?) sign up to our newsletter and keep your eyes peeled → www.suffolkmedicalclinic.co.uk

Use multi-purpose products



All Heliocare in clinic £35

Switching to multi-use products that are formulated to treat different conditions is a simple way to save money on skincare, as they eliminate the need for additional products. You can also enjoy a more efficient routine, as less products = more free time!

Sunscreens that also function as a moisturiser (I recommend Heliocare 360 Fluid Cream) are a great example, as well as sheer, tinted moisturisers that can be used instead of a foundation for a natural, dewy finish. Once you know your skin type and the issues you want to combat, you can buy smart!

Look out for reward schemes

'Refer a friend' schemes are a great way to bag yourself a reward or save money on your next purchase. We often talk about services we love and use to friends and family, but there's even more reason to refer them if you're looking to save a bit of cash.



Here Suffolk Medical Clinic, we strive to provide a first-class customer experience and love meeting new clients. That's why, when you refer a friend for a medical aesthetic treatment, we'll thank you with £50 off your next medical aesthetic treatment. It's a win, win situation!

Think long-term

For many of us, looking good makes us feel good. With so many medical aesthetic treatments available, it can be tempting to go for the cheapest option, especially when times are tough. However, there are instances where you pay for quality, and dermal fillers are a perfect example.



The expense involved in using high-quality products, meeting the vital safety requirements and providing excellent service and aftercare is substantial. To meet these costs, medical practitioners have to set their prices accordingly. So, if you see a deal that seems "too good to be true", then it could well be.

Make use of coupons

It's always worth looking online, in-store and checking out magazines for coupons.

Below is a £5 voucher that you can put towards any treatment at the clinic. Self-care is especially important during stressful times and we understand that a little help can go a long way. All you have to do is bring the magazine or present a picture of the voucher when paying - enjoy!

Helena x



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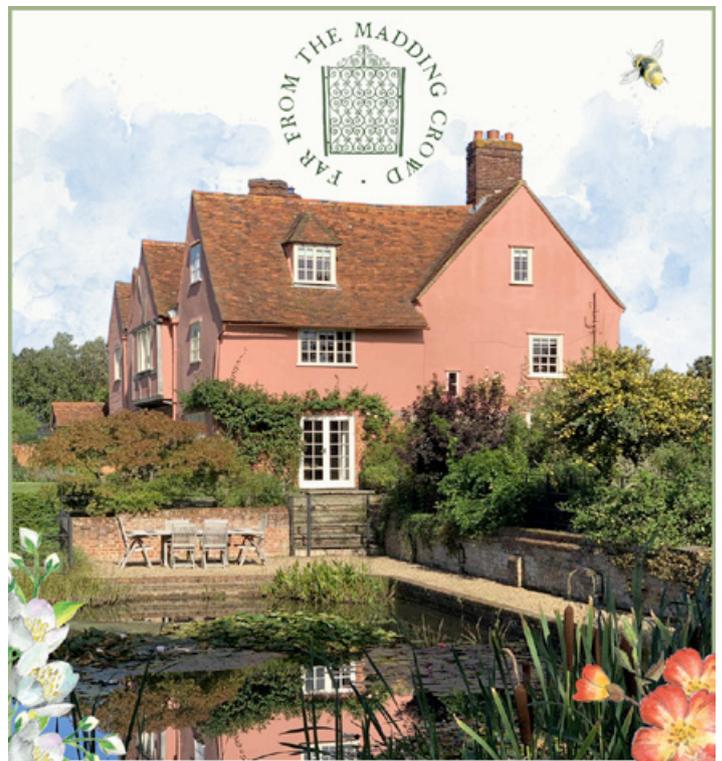
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PRIMROSE WOOD

The Village Woodland On Your Doorstep.

As a Primrose Wood volunteer for many years I am always surprised when someone says they have not heard of it. As we move into the 25th year since it was planted, many of us are having to hand over responsibility to a new generation of keen self-appointed 'wardens'.

In 1997 Jennie Lindsley discovered the Woodland Trust project to create 200 local woodlands to celebrate the coming millennium. She decided that Boxford should try to have one of these woods. Jennie and her husband Ian presented their idea to a receptive Parish Council. The Parish Council offered to contribute £9,000 to the project and to cover the local expenses of a working group.

The working party was formed consisting of Vic Rice and David Gasson (Parish Council), Sue Bevan (Community Council), Clive Ellis (Boxford Society), Fiona Bonny (Parish Tree Warden), Ian Whipps, and Jennie & Ian Lindsley.

They contacted the Woodland Trust who were impressed by the group's enthusiasm, but pointed out that most of the groups that contacted them already had a site in mind. After much research a riverside meadow site belonging to Fred Leeder was finally settled upon. The Environment Agency, the Suffolk Wild Life Trust and the Woodland Trust all visited, surveyed and gave their blessing. There was a problem over footpath access for visitors, but maintenance access was agreed with another farmer which saved tractors coming through the village.

A village meeting was held to sound out residents. Over 100 people attended which surprised the planning group. A series of walks to see it with the owner's permission was organised. Some 20 escorted walks took place and over 150 people went to look, including the elderly taken up in Land Rovers! Clearly the villagers were impressed, as many made pledges of cash to be collected if the site was bought. Only six weeks were left to call these pledges in and to raise at least £24,000. They raised £31,053.50! The individual donations ran from £1 to those in excess of £1,000. Apart from the Parish Council's original donation, other organisations raising significant donations were the Community Council, Drama Group, Boxford Society, Carpet Bowls Club, Jazz Club, Groton Educational Trust, The Middle School and the Brownies.

In November 1998 5,000 trees were planted. The village school children planted two circles of oak trees, with the Green Light Trust organising the planting. The children enriched the experience with poetry, singing and dancing.

The following day many villagers came up and planted trees. The trees (native woodland species) came from three main sources. Trees individuals had grown or donated, trees grown by Vic Rice in the group's own tree nursery and trees provided by the Woodland Trust. The saplings planted mostly grew much faster than expected and a wood was created in an exceedingly short space of time. A few of the trees along the top boundary were already there and are not native species.

Finally there was to be a Millennium Feature. A Black Poplar was decided upon and was grown from a cutting from the rare female Black Poplar in the Spinney. In 25 years the tree has become a magnificent specimen of this very rare tree. Clive Ellis made a circular seat for it which lasted for many years. It was recently replaced and the original rotting timbers used in an insect pile. The new seats make good points to watch for the range of birds that enjoy the wood and meadows.

For many years some of the original planning group and newcomers to the project kept the perimeter path to the wood clear of vegetation and accessible. Experts made lists of wildlife and Joan Cull and I set about discovering and recording as much as we could about the plants and creatures living there. Leaflets of walks for each season were created and our observations contributed to a few national research projects. Parts of the site are wide open areas of wetland creating an entirely different habitat to the woodland and are a recognised County Wildlife Site. The wet meadow supports thousands

of Southern Marsh Orchids which have gone from a few hundred in 2000 to a few thousand today.

Primrose Wood, sadly, had no native primroses. It was named after Fred Leeder's wife Primrose. Fred himself is buried at the south east corner of the original planting and his grave is marked with a piece of his agricultural machinery. In the past few years native wild primroses and cowslips have been emerging through the kind efforts of someone who believes a Primrose Wood must have wild primroses. Many villagers remember a time past when Fred encouraged village youngsters to use his premises and land for all kinds of youthful activities.

Recently people will have seen new tree saplings planted in the newly-acquired meadow extending the original wood. We asked the Woodland Trust to leave untouched the beautiful vista of the village church from the seat we had carefully placed on the top of the hill.

The time has come to hand over the village monitoring of the wood to younger people and we hope it brings to them as much joy as it continues to give us. Thank you to Evan and Jane Flockhart and to Theresa Munson who have agreed to pick up the baton. Our thanks also go to those who were inspired to acquire the wood in the first place and to all those who have done something to help in all kinds of ways over the years.

If you have not been lately, why not go now? Woodland is very good for one's well-being.

Tina Loose

Images opposite as numbered:

1. **Black Poplar Millennium tree.** Our Millennium tree is this imposing, elegant and rare Black Poplar. It was once a main feature of Britain's landscape but today these trees are few and far between. It will grow to 30m and can live for 200 years. The leaves have a faint scent of balsam. The female catkins develop into fluffy cotton-like seeds, which fall in late summer to give this winter-like carpet of "snow".
2. **Fixing new seating.** In 2016 it was clear that original wooden seating was rotting away. Significant sums were raised for sturdy benches made from recycled milk bottles at three sites. Over a few days in 2017 different groups dismantled seats, prepared sites, transported (with difficulty!) the benches, and fixed them firmly in place. Hard work but rewarding!
3. **Common Lizard.** The Common Lizard is the UK's most widespread reptile. It lives around the meadow boardwalk and can be seen basking on the gate. Unusually among reptiles, it incubates its eggs inside its body and 'gives birth' to 3 or more live young rather than eggs in July.
4. **Southern Marsh Orchid.** The Southern Marsh Orchid is the pride of the wet meadow. In early June a mass of pale pink through to deep purple spotted flowers can be seen. With careful management their numbers have risen dramatically over the years.
5. **Small Tortoiseshell on Autumn Fleabane.** The population of Small Tortoiseshell has collapsed by a concerning 75% since the 1970s. It breeds on nettles. Numerous insects feed on the yellow Fleabane which was traditionally used to keep fleas at bay.
6. **Peacock Butterfly in Summer.** The big, bold and beautiful Peacock Butterfly breeds on the Stinging Nettles in the wood. Spectacular "eyes" on its wings must appear very threatening to predators such as mice. They also make a defensive hissing sound audible to humans. Primrose Wood has at least 13 species of butterfly and as many day-flying moths.
7. **Fox and Cubs plant.** The beautiful Fox and Cubs is an alpine species introduced into British gardens in the early part of the 17th century. It now lives happily in the wild. It was present on the hillside before the wood was planted and seemed to have disappeared for about 10 years. It has now made a tentative come back.
8. **Male Roe Deer.** Ian Lindsley photographed this lovely male Roe Deer while walking in the wood. Muntjac Deer, an Asian species introduced in 20th century, is also found here. They can both do significant damage to plants and young saplings.
9. **Primrose Wood Box River.** The serene River Box wends its way down the side of the wood to Boxford. Many water species have been identified by local expert Adrian Chalkley. Dragonflies, damselflies and other creatures that use the river for breeding, flit about the woods in Summer.



FEEDBACK FROM JAMES FINCH

Your County Councillor for the Stour Valley

Suffolk Information Partnership Celebrates 100 Partners

More than 100 organisations have now signed up to the Suffolk Information Partnership (SIP). The Suffolk Information Partnership is a network of organisations offering information and advice and delivering services to support people's health and wellbeing in Suffolk.

The partnership was formed in 2010 with five key voluntary sector organisations in Suffolk - Age UK Suffolk, Optua (now Avenues East), Suffolk Family Carers, Suffolk Libraries and Suffolk Mind - alongside Suffolk County Council's Adult Social Care services. Now it has expanded to more than 100 statutory, voluntary and independent sector organisations delivering services to support young and older people, adults and families across Suffolk. The 100th partner to join the network was Our Special Friends, a Suffolk based charity that works to help people to benefit from animal companionship by providing physical and emotional support during illness, bereavement or other crises.

The partnership meets regularly to share updates on its services and discuss topics of interest as well as providing peer support and informal mentoring. Being in the partnership also gives organisations access to a toolkit of resources and the Warm Handover referral scheme.

The Warm Handover referral scheme allows organisations to refer clients directly to another organisation, where they identify that the client would benefit from other support that their organisation cannot provide.

The process supports vulnerable clients and those who may struggle to contact another organisation if they are signposted to that organisation.

The Suffolk Information Partnership is open to statutory, voluntary and independent sector organisations operating across or within local communities in Suffolk. If your organisation would like to join send a short paragraph about what your organisation does, your logo & contact details to suffolkinformationpartnership@suffolk.gov.uk

The Hold's spring exhibition, Suffolk's Green Story, to explore the county's environment past and present

The Hold's spring exhibition, **Suffolk's Green Story: Reflect ; Learn ; Act**, opened on Friday 3 February, and looks at Suffolk's environment past and present, the changes and challenges impacting the local area today and what we can do to make a difference.

This free Suffolk Archives exhibition on Ipswich Waterfront showcases Suffolk's rich environmental heritage including original archive materials dating from the 17th century to the present day.

The exhibition takes visitors on a journey that explores Suffolk's Green Story; through Suffolk's wonderfully diverse landscapes – the sandy Breckland of the northwest, the woodland of the central belt and the coastal sands and marshes of the eastern Sandlings.

It reflects on major events in Suffolk's weather and climate history, such as the 1953 floods, and tell the story of Suffolk's agricultural heritage, unique wildlife and flora.

The exhibition features some specially loaned items from the Met Office and Britten Pears Arts, including some original scores from Noye's Fludde, Benjamin Britten's one-act opera which took inspiration from the 1953 floods.

Suffolk's Royal Anglo-Saxon history on show in new exhibition

Rendlesham Revealed: The Heart of a Kingdom AD 400-800 is a new exhibition opening at the National Trust's Sutton Hoo in March, telling the story of an Anglo-Saxon royal settlement in Suffolk, the largest and wealthiest of its time known in England.

On display will be 1,400 year-old artefacts, many never before seen by the public, which help tell the story of Rendlesham's royal connections and its international importance.

Suffolk County Council's Archaeological Service is curating the exhibition, to celebrate "Rendlesham Revealed", a community

archaeology project funded by The National Lottery Heritage Fund. Two years of excavations at sites in the Deben valley have now been completed, with the final season running this autumn.

Extra funding for Citizens Advice to support people during Cost-of-Living challenges

Suffolk County Council now plans to increase its funding to Local Citizens Advice in Suffolk by £45,000, to support Suffolk Residents during the current Cost of Living challenges.

The Council has set out in its 2023/24 budget proposals, that it plans to increase the amount of funding it provides to the Citizens Advice Bureau from £120,000 in the 2022/23 financial year, to £165,000 for the 2023/24 financial year. Suffolk County Council's budget proposals will be voted on in February. The additional funding reflects the increased demand the service is seeing in light of the current cost of living pressures.

Virtual Fostering and Adoption Sessions for the Stour Valley

I attended the Corporate Parenting board, on 7th February and was astonished to receive the level of the number of youngsters Suffolk County Council have now in Care. The number has now reached a record number ever recorded within Suffolk at 972. There is therefore an even greater importance to secure more fosters carers and Adopters for these youngsters who are in need. Please spread the word.

A foster carer recruitment event is held the **first Wednesday of every month**, and an adoption event is on the **first Thursday - all 7pm** in your home.

To book a place please email Claire.Gwatkin@suffolk.gov.uk.

My Priorities

Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley - Building on Suffolk's Strength all underpinned by strong financial management and low council tax.

james.finch@suffolk.gov.uk

Tel: **01206 263649**

Mobile: **07545 423796**

FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

Firstly a reminder that there will be local elections across the whole region on May 4th. These will be the first such elections for two years and I hope that as many as are possibly able to will exercise their right to vote on this day.

Although these are local elections, many will use them to give their opinion on the national state of affairs, as they are quite entitled to do. For myself, I feel that the current regime is the worst in all my living memory. Never before have ordinary, decent working people been failed at every level and plunged into such debt and despair, nor ever before has our standing in the world order and national pride and integrity taken such a dive, while some have prospered out of all proportion to others. It is also a fact that shareholders of our once-national utilities have done so well, while the service that they once provided has sunk to an all-time low.

It seems that also some politicians have done well and certain off-shore accounts have bulged alarmingly with gains and bonuses. In short this current bunch in power make the revolutionary residents of George Orwell's *Animal Farm* look really good.

It is certainly time for a change of government and along with that, there has to be a change in our laws, to enable fairer elections to take place with fair coverage by a neutral press and severe fines and imprisonment for those who digress and steal from the public purse and take advantage of their elevated positions of power. We should expect and demand no less.

To vote this time around and possibly in the future, *everyone will need photo identity*, this can be in the form of a passport with a recent photograph, driving licence, blue badge, concessionary travel card

or a Voter Authority Certificate which can be obtained from BDC.

Alternatively, anyone can apply for a postal vote in the normal way.

These elections may well be the start of the long way back for all of us to a fairer society and some hope for a just and more secure future for ourselves and our families. Everyone should take this opportunity to speak to the candidates when they come around and read the literature carefully and then please all come out to vote for your preferred candidate.

Good representation and accountability start here.

As for *this* Councillor, my main concern at the moment is to set out a fair budget that keeps us providing as good a service as possible and which is also affordable to residents - an impossible task at the moment with no help or support from national government and the current cost of living crisis. While all normal middle and low-waged workers have been placed in the same boat, it is not easy to screw more tax out of hard-working taxpayers and struggling businesses in a Brexit-ravaged economy.

We look to be settling on a 2.9% rise across Babergh, which will be around £5 per annum. Bearing in mind that our share of the council tax is 8.5% it will, I am sure, be surpassed greatly by County Council and the Police and Crime commissioner, making up a near £80 rise for an average Band D property in total council tax bills for this coming year. A totally unsustainable burden on taxpayers.

We have this past winter worked hard at the council to develop a "Culture and Visitor Strategy" ready for the coming summer and holiday months, which is just a posh name for welcoming and looking after tourists and holidaymakers and highlighting what we have to offer to those who visit our lovely area and enjoy time off. As well as several visitor attractions, we also have lovely countryside with a wealth of eateries, public houses and restaurants that rely on this seasonal and, with more staycations, all-year-round trade.

Although farming and general agriculture still is a very main part of Suffolk's wealth and wellbeing, the tourist industry is becoming a big area of employment in the region and the two can and must work together for the prosperity of all.

We are also at the council trying to bring private empty homes back into circulation by endeavouring to find out where they are and offering help and support to get them back into circulation, sometimes it is just a case of offering grants to modernize an existing house or possibly just persuading a landlord that the letting process is not as onerous as is sometimes made out.

If anyone is thinking of renting out an existing house, or knows someone who is, please look at the scheme, *Houses 4 Homes* on the Babergh Website: www.babergh.gov.uk/housing/empty-homes

This is so important at the moment as we have a record number of applicants who are not able to get on what is rather glibly called 'the housing ladder'. This in reality means anyone - person, couple or family, who just cannot afford the inflated prices for rental and purchase that the government's Build, Build, Build strategy has encouraged. This has just made millions for landowners and developers, blighted our towns, villages and our countryside with swathes of overlarge and expensive dwellings and frozen out many who just needed a roof over their heads for the first time or for lower-waged workers who are just trying to get a decent start in the area they were born and stay near existing family, young and old.

I feel that everyone should be able to find housing they can afford and I will continue to strive for that. However with the high costs of heating and powering our homes as well as fuel and food, survival has become the order of the day for many.

Despite all of this, the generous donations to the stricken populations of Turkey and Syria do give hope that there is still much goodwill towards those much worse off than ourselves.

Please keep well and I hope to see many of you at the local annual Parish meetings.

Bryn xx

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Tel: 01787 210854 Mobile: 07771 508348

PARISH COUNCIL UPDATES GROTON

Summary of Council Meeting 11th January 2023

Present: P Roberts (Chair), R Cheeseman, N Chapman, S Price, R Jones (Clerk)

Financial Matters: The statement of finances and orders for payment were approved and cheques signed. The adequacy of the budget for 2022/23 was approved. The budget for 2023/24 was agreed with the precept set at £4,566 which was the same as the previous year and considered the 'responsible' thing to do.

Other Financial Matters: It was agreed to replace the existing village green bench with a new bench to commemorate the coronation of King Charles III. Cllr Hurren reported that some money would be available from his Locality Budget to help fund this. Cllr McGrath reported that Genesis Mencap in Ipswich had a workshop which made furniture and it would be nice to support a local project. It was agreed that she would request a quote from them.

Neighbourhood Plan Update: The steering group had agreed to apply for an initial grant but there were concerns as the current round of funding ended in March, with no confirmation from the government that funding would continue after that date. 43 completed surveys had been received and the steering group had met on 10 January and finalised a draft including a mission statement and key objectives. The next step was to appoint a consultant and carry out a housing needs survey. Public meetings to be held on 19 and 21 January.

Planning Matters: Planning decisions received and noted – Appeal Ref: APP/D3505/W/21/3288045 The Forge, Church Street, Groton CO10 5HD – appeal allowed.

Prior approval - Agricultural to Dwelling - DC/22/05279 Land and Agricultural Building, Parliament Heath – prior approval given. Concerns were expressed over this decision as the Council had objected to the application. It was agreed to include a section in the Neighbourhood Plan about conversions from agricultural to dwelling.

Re-siting of Noticeboard: It was agreed that the village green was still the best site for this. Although the clerk had not been able to establish ownership of the land, it did appear to be on the SCC grass cutting programme. Cllr Finch agreed to find out from SCC officers whether the land was owned by the County Council.

Coronation of King Charles III: Correspondence had been received from a parishioner asking if the council would be arranging a community event to mark the King's Coronation. The clerk had contacted SALC who had confirmed that the PC was under no obligation to do so and it was agreed that, although the council was not in a position to arrange an event itself, it would financially support, within reason, an event arranged by the community. The clerk to reply to the correspondent.

Highway & Footpath Matters: Footpath Cutting 2023 – It was agreed to continue with Andy Adams carrying out footpath cutting.

Renewal of Village Hall Lease: Still awaiting confirmation from the landowner that permission to renew the lease had been granted.

Date of next meeting: Monday 1 March 2023 at 7pm

Full minutes can be found at:

<http://groton.onesuffolk.net/parish-council/documents>

Richard Jones

01473 828246 / grotonclerk@yahoo.com

EDWARDSTONE

Summary of Council Meeting 16th January 2023

Present: P Baker (Chair), S Norman, P Clarke, M Gibson, T Wood, R Jones (Clerk) cont...

...continued

Financial Matters: Statement of finances and orders for payment and Q3 accounts were approved and cheques signed. *Use of CIL payment: repairs to bus shelter* - 2 quotes had been received. T Wood to chase up previous contact to try to secure third quote. *Replacement of Sherbourne Street noticeboard* - only 1 quote received so far. Clerk to look on local gov website to find possible interested tradesmen. *Adequacy of the budget for 2022/23:* The clerk presented the budget forecast - approved. It was noted that certain items would be paid for from the CIL payment. *Budget 2023/24:* The clerk presented budget proposals and precept options for 2023/24. Precept option C which would mean a small increase to residents was agreed in view of the anticipated costs to the council of the forthcoming election. The budget for 2023/24 was approved. *Bank account signatories* – M Gibson and T Wood agreed to become additional signatories. The clerk to liaise with them to expedite this.

Planning Matters: *Planning applications received* - DC/23/00059 5 Mill Green. The council considered this and raised no objections. *Other planning* - A possible application for the erection of a cart-lodge at a property in the parish was mentioned. The clerk confirmed that no consultation had been received.

Neighbourhood Plan Update: M Gibson reported the steering group had been refining 12 draft policies and met on 10 Jan to review these and had subsequently fed back comments to the consultant. The plan was to move this stage forward in the next month and hold further consultation in March before submission to BDC. There were slight concerns that Government had yet to confirm whether funding would continue in the next financial year.

Climate Change: *Wildfires & Community Emergency Plan* – P Baker presented this item looking at how the parish was prepared for emergencies following the wildfires in July 2022. He had spoken to BDC emergency officer and Suffolk Fire and Rescue who had both offered to attend a future EPC meeting. It was agreed that P Baker and T Wood would pursue this matter. *EV charging points* – P Baker presented the possibility of having an electric car charging point in the Parish. ‘Plug-in-Suffolk’ was offering the chance for parishes to apply and it was agreed that the car park at the White Horse may be a suitable place and could also provide extra income to the business. *Defibrillator update* – P Clark had been unable to contact Community Heartbeat Trust. It was suggested that he contact BT to arrange for the phonenumber to be reconnected on an ‘emergency calls only’ basis. It was also mentioned that prior to lockdown plans were being put in place for Boxford 3PR to provide defibrillator and basic life support training. The clerk to revisit this.

Highway & Footpath Matters: *Footpath Cutting* – It was agreed to continue with Garden Arbs for 2023. *Footpath Leaflet* – T Wood reported that the draft was still with the SCC representative.

Date of next meeting: Monday 20 March 2023 at 7.30pm

Full minutes can be found at:

<http://edwardstonepc.onesuffolk.net/parish-council/minutes>

Richard Jones

01473 828246 / edwardstoneclerk@outlook.com

BOXFORD

Summary of Council Meeting 24th January 2023

Vacancies - We have 3 councillor vacancies. Further applications are welcomed. The Parish Council is receiving some excellent community support currently and it would be great to get back to full strength to help make full use of this support for the benefit of the parish. The parish council elections are due in May 2023, so it would be an ideal time to step up and make a positive difference to the community. If you ever find yourself asking why doesn't the council do something about...? This is your opportunity.

Reclaim The Rain - Representatives from the Reclaim The Rain project attended. The project aims to both reduce the flood risk and

to make good use of the water held back or diverted. They are trying to raise awareness of the project at this stage and to gather ideas. A survey was conducted with over 100 responses. Drop-in sessions were being arranged for the community together with engagement with the school and scouts. The project team were waiting on some work identifying landowners on a map of the valley around Boxford. A resident confirmed that this work is well underway ahead of the next Reclaim The Rain steering group meeting. The project is engaging with all the relevant authorities. Proposals made will be assessed with flood risk modeling.

Public Forum - Representatives from Boxford Rovers gave the background to their request for funding towards necessary improvements to the shower facilities at the playing field. The whole project is close to £20k and the improvements need to be in place by August/September this year (see ‘Finance’ section). Colin Parr spoke on behalf of the Parish Council Support Group and updated the Parish Council on the arrangements the Community Council were making towards the coronation weekend. The Parish Council has reserved funds to support the event which will be managed by the Community Council. The question of insurance was raised and is being researched. The support group have identified maintenance issues in the village including that both Butchers Lane and Wash Lane need to be scraped and repaired by County Highways ahead of sweeping by the District Council. Concern was expressed that the County Council were not delivering the services residents are paying for and the situation would need to be escalated to secure better provision. Cllr Watts agreed to be the link between the support group and the Parish Council. C Parr spoke in support of financial assistance towards Box River News. This was already agreed as an agenda item for the February parish council meeting so that the editor can attend.

On-Going Matters - It was noted safety concerns had been expressed by the bus company as they now need to use larger buses. The pinch point opposite the Church wall is challenging for them due to cars parked opposite narrowing the gap to pass through safely. Cllr Moles explained his attempts to investigate the matter. Following discussion Cllr Watts agreed to speak to the headteacher regarding parking by parents of the school children. Following and subject to this discussion it was agreed Babergh Council could be asked for some enforcement in respect of cars inappropriately parked.

County Council Report - County Cllr J Finch attended and his report in advance confirmed the £500M devolution deal that was signed off on 8th Dec 2022 by Michael Gove. The deal would bring investment, affordable homes, devolved adult education budget, transport settlement and improved energy efficiency in homes. The deal is subject to local consultation and an elected council leader. The County Council 23/24 budget was contributed to by the online survey results and the aim is to protect frontline services and increase funding towards adult care and children's services, tree management and support for Citizens Advice. Cllr Finch had sent a proposal earlier in the day to the Parish Council in relation to the lines to stop parking in front of the bus shelter, the Parish Council agreed with the principle of retaining parking in front of one section of the bus shelter with the proviso that a walkway is protected across the front of both sides of the bus shelter. This would enable residents to view the proposed display/museum section of the bus shelter when it is completed. Cllr Finch confirmed all other highways items chased this evening are on the list including the mud scraping of Butchers Lane and Wash Lane and the white lining renewal at the Ellis Street/Sand Hill junction.

District Council Report - District Cllr B Hurren attended and confirmed that in relation to Butchers Lane and Wash Lane, the responsibility for road cleansing is between the county and district councils. Babergh can sweep after the mud is scraped off by County Highways. The District Council Parish Liaison meetings had resumed following the pandemic, however, are held during the day which isn't convenient for all councillors. Attention at the District

Council has been on budget and the forthcoming election arrangements. New refuse vehicles are in place and recycling is on-going with the majority of the recycling happening in the UK and with no recycling waste going to China. Photo ID will be required for voting this year. He is following up the situation at The Croft with Flagship Housing. He confirmed the notice board on The Fleece needs replacing and he suggested regular maintenance of all the wooden outdoor furniture for the future. He will research our share of the 106 recreation monies. In relation to the applicant's appeal at Sand Hill, he is hopeful Babergh District Council will successfully defend it and therefore maintain the refusal. Discussion continues about the recent Goodlands planning decision which has caused concerns. Cllr Moles asked about the clearance of rubbish at Homefield and Cllr Hurren confirmed that he keeps chasing its removal.

Finance - In addition to the usual business, the precept was set, increasing by 1.9% to residents giving a total precept of £41,600 for the Parish Council for the year starting 1st April 2023. All areas of the external audit were approved and the matters raised in the internal audit were being resolved. Members were supportive of helping meet the costs of the necessary improvements to the shower facilities at the playing field. This would not only help Boxford Rovers, but also support other users of the facility in the future. Being mindful of the contribution that could be made from the Babergh CIL funds for Boxford, members resolved to offer £5,000 which will be made up with CIL funds and Parish Council funds.

Cemetery - Cllr Warren met tree surgeons at the churchyard and cemetery to examine and assess trees. It was resolved to authorise the initial clearance and also proceed with the urgent tree work identified subject to permission from the planning authority and the Church where applicable. Monies will be diverted from longer term cemetery reserves. When the clearance and further investigation has been carried out, the council will consider next steps. A maintenance contract will be considered to help keep on top of future necessary tree work. Further discussions are being carried out with BDC regarding the churchyard boundary wall maintenance.

Planning - A number of planning applications were discussed, details on which can be found in the full minutes online.

Date of Next Meetings: Tuesday 28th February & Tuesday 28th March 2023

Full minutes can be found at:
<https://boxfordsuffolk.com/BoxfordParishCouncil/minutes>

Debbie Hattrell

01787 210943 / d.hattrellhattrell@btinternet.com

NEWTON GREEN

Summary of Council Meeting 8th February 2023

23/030 Allotments - There has been no further update on the progress of the transaction from the solicitors since the Dec meeting. It is hoped it will be concluded shortly so that the council can communicate with tenants ahead of the growing season.

23/033 Litter Pick - The councillors reviewed the risk assessment for the litter pick to be held on Saturday 11th March starting at 8.30am in the village hall and resolved its adoption. Bacon rolls will be provided to volunteers.

23/034 NPC Coffee Morning - There will be a coffee morning on Sat 11th March at 10am in the village hall where the council will hold an open surgery with residents on issues in the village as well as giving an update on the Newton Parish Council election being held over the coming months.

23/036 NPC Election - The clerk updated councillors on the key dates for this year's election:

- Nomination papers can be accepted by Babergh from 16th March to 4pm on the 4th April and must be delivered in person.

- If a person submits a nomination and then wishes to withdraw, the closing date for this is 4pm on the 4th April.
- If more than 7 nominations are submitted the poll will take place on the 4th May.
- Results of the poll should be known on the 5th May.
- The current councillors step down on the 9th May when the elected councillors take office for 4 years.

23/037 Community Group - Cllr Presland gave a brief outline to what a community group could undertake in the village. The councillors agreed that it was important that any villagers wishing to establish a group needed to have a clear vision of its aims, objectives and governance so that any interested parties could see how this fitted with other village organisations.

Full minutes can be found at: www.newton.onesuffolk.net

Dave Crimmin PSLCC

01787 375085 / clerk@newton-pc.gov.uk

ELECTIONS: 4TH MAY 2023

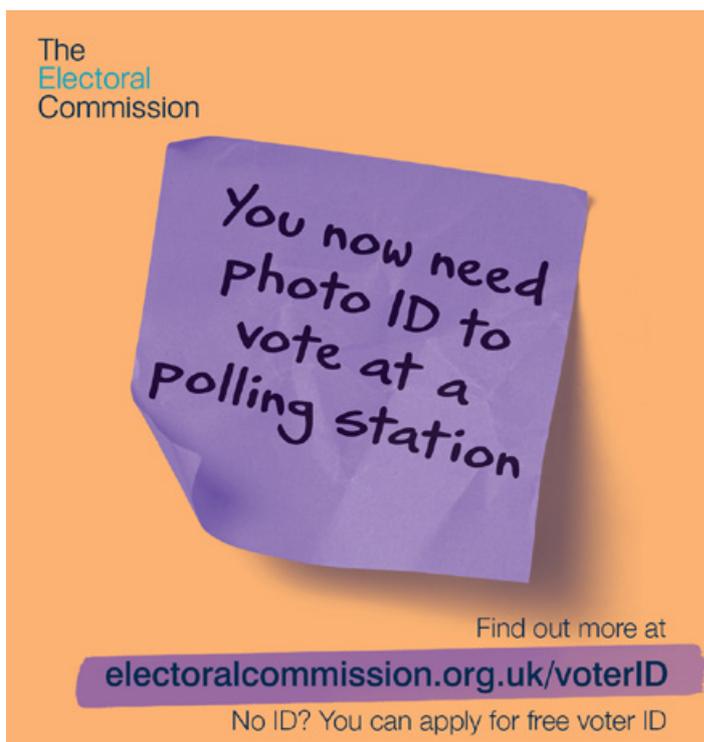
You may be aware that the district and parish council elections take place this May. Have you ever considered putting yourself forward to join your parish council? It is a great opportunity to make a difference where you live. Councillors will be elected or re-elected for a 4-year term. Candidates for parish council must be over 18 and live within 3 miles of the parish or work in the parish.

Nomination packs will be available in March which need to be handed in by the deadline of 4th April. Boxford Parish Council backs the 'Make a Change Campaign' by the National Association of Local Councils calling on people from all backgrounds and experience who are passionate about their local area to put themselves forward.

Part of a councillor's role is engaging with local people, groups and businesses and making decisions on services and projects for the council to take forward. This is your chance to influence local decisions affecting your community!

You can find out more by talking to existing parish councillors and observing parish council meetings. Also helpful websites are:
www.babergh.gov.uk/elections/current-elections
www.nalc.gov.uk/elections

Boxford Parish Council



The Electoral Commission

You now need photo ID to vote at a polling station

Find out more at
electoralcommission.org.uk/voterID

No ID? You can apply for free voter ID

BRIAN TORA'S SOAP BOX

It has been impossible to watch the television news or read the newspapers without being moved by the tragedy that is unfolding in Turkey and Syria. The scale of the devastation is beyond belief, with the plight of those caught by this massive earthquake in Syria compounded by the disruption caused by the civil war there. I heard that over 100,000 apartment blocks had collapsed as a consequence. Just imagine Grenfell Tower multiplied 100,000 times. It really makes you think.

It happened that a week after the earthquake struck I was on duty at our local Rotary Club, charged with delivering a "Thought for the Day". Clearly, the events in the Middle East occupied my mind, particularly as members of our club had been out on the streets of Sudbury collecting for the relief effort the previous Saturday.

Coincidentally, I discovered that an earthquake had been detected off the coast of Lowestoft the previous day, measuring 3.7 on the Richter scale. The residents of Lowestoft presumably thought it was just a few rowdies returning home after a night out.

My experience of earthquakes is more limited - thank heavens. Nearly 40 years ago, my wife and I were dining in a restaurant in San Diego, close to the Mexican border in southern California. The building began to shake and the other diners all rose and rushed for the door. Thinking it was just a number of large lorries passing, we stayed put, but as the tremors subsided and diners returned to their tables, one remarked to us that you could never be too sure what might happen.

We learned from the waiting staff in the restaurant that it had been an earthquake and that it was not uncommon in those parts. Sure enough, it was headline news on TV the following morning. The only problem so far as we were concerned was that when we returned to our hotel, we realised our room was on the twelfth floor and that the lifts were located on the outside of the building. Our trip back to our room on the so-called 'wall climber' was an uncomfortable experience for us.

This is, I accept, a somewhat light-hearted angle on what is most likely to be one of the greatest natural disasters to befall our civilisation in our lifetime. It did make me realise how fortunate we are to live in this beautiful - and relatively safe - part of the world. For us a natural disaster is likely to be limited to floods or storms, with the death toll in single figures, or in the tens if we are really unlucky.

In the Middle East, the number who will have lost their lives is likely to be in six figures, with many millions suffering severe hardship as a result of losing their homes. The least we can do is to give generously to those agencies dedicated to helping rebuild the lives of those so disadvantaged by these appalling events. But do be careful - scammers are already trying to prey on our sympathy by creating false sites for donations.

Rotary in Sudbury, as well as raising money from street collections and receiving donations from members anxious to do their bit, are also acting as a catalyst to collect from other groups, keen to help in financing the rescue effort. These include local churches and national organisations that are less able to distribute donations.

Amongst the charities likely to be supported by Rotary will be *Shelter Box*, which provides packs that will allow those who have been made homeless by this disaster temporary accommodation and equipment that will allow them to at least survive until more permanent arrangements have been put in place. Indeed, Sudbury Rotary had an example of a Shelter Box on display as they sought donations in the town centre.

It is a sorry state of affairs when criminals seek to profit from the kind heartedness of those anxious to contribute to the much needed rescue effort. At least with an internationally respected organisation like Rotary, those prepared to give can be reassured that their donations will reach the intended recipients. And dealing with the aftermath of this tragedy will take a long time and cost a great deal of money.

Brian Tora

BOXFORD WI UPDATE

Our guest speaker for February was Mandy Wild who trained as an image consultant where she quickly learned that the colours she loved to wear did nothing for her. She worked her 'magic' on a majority of the ladies in the group and here is a photo of some of the Committee members wearing scarves showing the colours which suit them best.

theWI
INSPIRING WOMEN



Other WI interest groups are:

Dining Divas (lunch group)

Chatterbox (afternoon with tea and cake)

Knit & Natter

New members are always welcome, so if you are interested please come along to the Village Hall on Wednesday 1st March at 2pm or contact our secretary, Annie Phillips on **01787 211729** or email annie-phillips@hotmail.co.uk.

OLLIE'S NEWS FROM SESAW

Here comes March, in like a lion, out like a lamb and it's greetings from Oliver (Ollie to my intimates), resident top cat at SESAW. I've beaten Kenny to the keyboard while he snoozes by the Rayburn and make no apology for starting on a sad note.

There are lots of happy moments in animal rescue when people leave with their new pets but some visitors bring tears to our eyes with donations of food no longer needed. This was the case when Jenna contacted us after losing her beloved cat.

Harry was a handsome Norwegian forest cat and extremely popular with residents in his village. He was always ready for a fuss and a 'selfie' with his adoring public and even passers-by of the non-feline persuasion would stop and pay homage to Harry. We send our heartfelt sympathy to Jenna and all Harry's admirers; he will be sadly missed.



Whilst I have the 'talking stick' let me tell you about Maxine, a five year old spayed female tabby in need of a new home. This delightful girl is friendly and loving, but occasionally it might be on her terms. She just needs to find that special (preferably adult) home, or with older children where she would become part of the family. Please leave a short message with your name and number to arrange an appointment to meet her.

Kenneth's fans will be please to know he can write next time, under the auspices of me, *Ollie (the Black) Cat*.

Suffolk & Essex Small Animal Welfare,

Stoke Road, Leavenheath, CO6 4PP.

Tel: **01787 210888**

www.sesaw.co.uk



EDWARDSTONE CRICKET CLUB

Indoor Nets

To help the players in their preparation for games in 2023 we have booked nets sessions on Wednesday evenings between 7-9pm at Sprotts Farm in Polstead.



The first session was on 4th January 2023 and will run every Wednesday through to April. The perfect way to get your skills back and ready for the new season

We are always looking for new players so if you would like to have a go in the nets first, please contact our Club Captain James Thorogood (james@thorogood.co.uk) and he would be happy to welcome you to the club.

Sponsorship

Funding a cricket club such as ours is an ongoing activity. As part of a thriving community, we endeavour to offer a way into playing cricket not just for newcomers to this great sport via our junior cricket coaching sessions but to those who might wish to join our open age teams.

If there is anyone who might wish to get involved in the club through sponsorship and help fund our activities, please contact: Tim Beven on timbeven@aol.com.

Edwardstone Juniors Coaching

During 2023 we will once again be running Edwardstone Juniors coaching sessions on Saturday mornings for boys and girls aged 7-13 for all experience levels. 2022 saw an increase in numbers following the pandemic.

We are also keen to increase the number of girls participating and would welcome interest from those who have not played the game before. The England Women's team is one of the best in the world at the moment and we would like to encourage more participation locally.

Please contact Tim Beven, (timbeven@aol.com) who will be glad to explain how the sessions work.

All we need now is good weather for pitch preparation and the start of games and coaching in April.

www.edwardstonecricketclub.com



Edwardstone CC players warming up for the new season at Sprotts Farm cricket net

MILDEN CRICKET CLUB

At the time of writing the sun is shining brightly and temperatures are back in double digits – this feels like cricket is fast approaching!



Indoor Nets

We have started preparation for the new season with sessions at Holmwood House near Colchester. These are taking place on most Sundays in February and March between 1-2pm, please check our website for full details: www.mildenc.com/fixtures

New Players Wanted!

Anybody is welcome to join Milden CC no matter your age or experience. Whether you are a current player, you're thinking about playing cricket for the first time or returning to the game after time away, then please do get in touch and at the very least you can come along to some net sessions (see above) and give it a try! We can provide all equipment.

We're a small club but have a proud history and a beautiful ground, and our fixture list offers plenty of opportunities to play in competitive league cricket through the summer, with a few friendlies too.

Whether you can play regularly or just occasionally when your time allows, we'd love to have you with us at Milden.

Please contact Club Secretary, Andrew Simmons on **07951 055643**/ apsimmons93@gmail.com or Club Captain Alex Cunningham on **07919 174868**/ alexcunningham1@live.com if you'd like to chat more or join Milden CC.

Sponsorship & Volunteering Opportunities

We are a prudently run club, but maintaining a community organisation such as Milden CC does require assistance through both funding, and the dedicated effort of volunteers giving their time.

If you are interested and able to become involved with sponsorship of the club, please do get in touch to discuss potential options available, and what the club can offer you in a partnership. Similarly, if you are interested in offering your time and volunteering with the club whether maintaining the ground and preparing pitches or in any other way, it would be great to hear from you. Contact Andrew **07951 055643**/ apsimmons93@gmail.com to get involved.

Our club AGM will be held on Wednesday 15th March – please contact Andrew Simmons for info via the above details if you wish to attend.

www.mildenc.com

Social: @MildenCC

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The Blooming Garden

The Lost Garden of Ellen Willmott

As gardeners, we often come across plants bearing the name of Ellen Willmott or her garden, Warley Place, near Brentwood. She was one of the leading gardeners of the Edwardian age. Her knowledge of plants was encyclopaedic, she supported plant-finding expeditions to

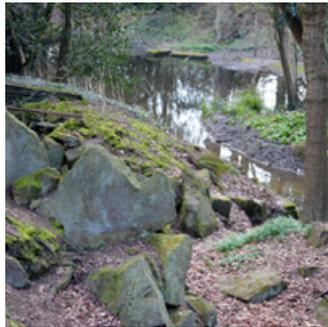


Ellen Ann Willmott

distant lands and her ability to make things grow was legendary. Along with Gertrude Jekyll, she was one of the first women to win the Royal Horticultural Society's coveted Victoria Medal. At one time there were plans to include her garden as part of Kew. In its heyday, she grew over 100,000 plant varieties, many very rare. Today, the house and garden are in ruins.

Ellen moved into Warley Place, a Queen Anne mansion, with her parents and sister in 1875 when she was 17. She had a wealthy godmother who gave her £1000 for

each birthday so she learnt extravagant habits when she was still quite young. When she was 24, with her father's permission, she had a very fashionable rock garden built. But this was no ordinary suburban rock garden; she employed a Yorkshire company; James Backhouse, the owner, was famous as an alpine specialist but he had never done anything on this scale before. He constructed a vast rockery covering over three acres and using massive boulders with a gorge and a stream running into a pond. There was a special grotto for ferns.



Ruined rockery, Warley Place



Ruined conservatory, Warley Place

and a beautiful conservatory. Everyone who visited was overwhelmed by the beauty of the place and the rare plants growing in abundance. She employed 104 gardeners at one time and the poor men were treated like slaves. They had to wear a uniform with green ties, navy aprons and boaters. They started work at 6 a.m. and had to go on until 6 p.m. She constantly checked up on them and was very harsh with any of them who did not meet her exacting requirements. They weren't even allowed an afternoon off to get married.

I wonder if she suffered from a kind of high-functioning autism or Asperger's because although she was highly intelligent, she was obsessive about her interests and a compulsive buyer and hoarder of anything that took her fancy. She was not good at knowing what was appropriate in relationships. Increasingly as she got older, she quarrelled with everyone and became more isolated and vulnerable.

She became eccentric and, alarmingly, she carried a gun and knuckle-dusters in her handbag. As she sank into poverty she would walk home late from Brentwood station dressed in strange clothes but still covered in diamonds. Once she thought she was being followed and thrust her diamond tiara into a hedge and sent her butler to retrieve it next day.

In her thirties, she and her sister bought a property in Aix-les-Bains and spent a fortune on the garden there too. When it later burnt down and was found not to be properly insured, she spent another fortune rebuilding it. Later she bought a property in Italy too, not far from the famous garden, LaMortola. Of course, she lavished vast sums of money on this too. Eventually, her out-of-control extravagance caught up with her and in 1934 she died in very straitened circumstances. Embarrassingly, she took to writing begging letters to people she knew, but she steadfastly refused to part with any of her treasures. After her death, the war came and people had no time to worry about beautiful gardens and in 1939 the house was demolished. If it had been 20 years later the National Trust could have stepped in to preserve one of the most important gardens of the age. A property developer bought it in 1938 for £14,000 but Brentwood District Council refused planning permission for the houses he wanted to build. Eventually, it was designated green belt so no one could build on it. Unfortunately, the garden had become a wilderness, but in 1978 it was leased to Essex Wildlife Trust. They have done an enormous amount of clearance and made paths throughout so that the public can enjoy its peace and wild beauty.



Warley Place daffodils



The time to go is March because even though the beautiful garden is lost there are acres of daffodils which were a great favourite of Ellen Willmott's. She protected her daffodils by creating booby traps which set off trip wires to fire air rifles if anyone should venture near them. She had a collection of 600 species and hybrids and introduced new varieties for which she won RHS awards. She kept her special daffodils in the walled garden, but the wild ones in the fields and garden are a wonderful sight.

There are many plants bearing her name, including the silvery-white, prickly *Eryngium giganteum* 'Miss Willmott's Ghost', which is supposed to have been secretly spread by Ellen in friends' gardens by scattering seeds. This makes a nice story, but it is most likely apocryphal. But the ruins of Warley Place are the sort of place where you could fancy Ellen's ghost sipping tea in the ruined conservatory which is all that is left of the house, or walking amongst the massive chestnut trees in the Cardinal's Walk.



Chestnut tree, Cardinal's Walk

Chloris.

DIRECTORY OF CLUBS & ORGANISATIONS

CLUBS & GROUPS

Boxford Bellringers	<i>Richard Gates</i>	01787 210432
Boxford Bible Study Group	<i>Peter & Margaret</i>	01787 211077
Boxford Bike Club	<i>Kevin Bridge</i>	07876 798617 www.boxfordbikeclub.co.uk
Boxford Bowls Club	<i>Lea Blackham</i>	01787 210313
Boxford Carpet Bowls	<i>Brian Porter</i>	01473 824283
Boxford Drama Group	<i>Janice Macmillan</i>	07779 303690 janice.macmillan@yahoo.co.uk
Boxford Friendship Group	<i>Alison Warren</i>	01787 211067
	<i>or Wendy Hills</i>	01787 210342
Boxford Gardens Open	<i>Audrey Zuck</i>	07852 102 455 audrey@a2zriskservices.com
Boxford Gardening Society	<i>Elizabeth Wagener</i>	01787 210223 elizabeth.wagener@btinternet.com
Boxford Literary Group	<i>David Jones</i>	01787 211104 audav@hotmail.co.uk
Boxford Rovers FC	<i>Melvyn Eke</i>	07873 971701 m.eke@btinternet.com
Boxford Tennis Social	<i>Sue Moore</i>	07808 481447
Boxford WI	<i>Annie Philips</i>	01787 211729
Edwardstone Cricket Club	<i>Tom Whymark</i>	01787 211375
Fleece Jazz	<i>David Gasson</i>	01787 210796
Little Waldingfield History Society	<i>Diana Langford</i>	01787 248298 dianalangford765@gmail.com
Little Waldingfield Over 60s and Friendship Club	<i>Tricia Eddington</i>	01787 247932
Local History Recorder Edwardstone	<i>Daphne Clark</i>	01787 210698 daphne.clark@btopenworld.com
Local History Recorder Groton	<i>Joanna Roberts</i>	01787 210619 jgant87618@aol.com
Madrigalia Choir	<i>Sue Price</i>	01787 210913
Miss Lesley School of Performing Arts (MLSPA)	<i>Miss Lesley</i>	07957 351941 lesley.mlspa@gmail.com
Milden Cricket Club	<i>Andrew Simmons</i>	07951 055643
Milden Singers	<i>Pearl</i>	01449 741876
Newton Art Club	<i>Carol Langley</i>	01787 373548
Newton Line Dancing	<i>Jean Tomkins</i>	01787 377343 JT.Steppers@talktalk.net
Newton War Games Club	<i>Brian Lawson</i>	01787 312160
Newton Fireside Club	<i>Moirá Evans</i>	01787 374652
Primrose Wood Volunteers	<i>Evan Flockhart</i>	07968 336883 obliquewoodland@protonmail.com
Swing jive & Lindy Hop Dance	<i>Sarah Boldock</i>	07956 614824
Yoga	<i>Marianne Marshall</i>	01787 210323

CHARITIES

Boxford & Groton United Charities	<i>Guy Godfrey</i>	01787 211378
Edwardstone Millennium Green Trust	<i>Claire Mortimer</i>	01787 210051
Edwardstone United Charities	<i>Nick Raymond</i>	01787 210461 ncraymond@hotmail.co.uk
Groton Educational Foundation	<i>Stephen Watkins</i>	01787 210977 stephen_watkins49@yahoo.co.uk
Groton Winthrop Mulberry Trust	<i>James Wills</i>	01787 210484
Little Waldingfield Charities	<i>Mary Thorogood</i>	01787 247658
Newton Green Trust	<i>Philip Taylor</i>	01787 211265 philiptaylor433@gmail.com

COMMUNITY GROUPS

3PR Boxford 1st Responders	<i>Rich Wild</i>	01787 210946 office@boxfordresponders.com
Boxford Allotments	<i>Karen Coleman</i>	07970 945646
Boxford Bounty	<i>Mark Miller</i>	01787 211596
Boxford Community Car Scheme	<i>Jen Eastwood</i>	01787 211853 jen.eastwood8@gmail.com
Boxford Community Council	<i>Ward Baker</i>	01787 210129 boxfordcommunitycouncil@gmail.com www.boxford.me.uk
Boxford Playing Fields	<i>David Burden</i>	01787 211926 d.burden379@btinternet.com
Boxford Society	<i>Jen Eastwood</i>	01787 211853 jen.eastwood8@gmail.com boxfordsuffolk.com/boxfordSociety
Boxford Tennis Courts	<i>Yvonne Woodfield</i>	01787 210151
Ltl Waldingfield Playingfield	<i>Jennie Jordan</i>	07522 352558 52Jennie1@gmail.com

SCOUTING

1st Boxford Beaver Scouts	<i>Greg Roberts</i>	07578 825971 beaversboxford@gmail.com
1st Boxford Cub Scouts	<i>Liv Hoy</i>	07801 548854 livkarine@hotmail.com
1st Boxford Scouts	<i>Neil Barkham</i>	01787 211916
1st Boxford Rainbows	<i>Janice Macmillan</i>	07779 303690
1st Boxford Brownies	<i>Janice Macmillan</i>	07779 303690 janice.macmillan@yahoo.co.uk
1st Boxford Guides	<i>Bethany Ireland</i>	bethanyireland11@gmail.com

CHILDREN FAMILIES & LEARNING

Boxford Primary School		01787 210332 office@boxford.suffolk.sch.uk www.boxford-suffolk.secure-dbprimary.com
Friends of Boxford School (FoBS)		talktofobs@gmail.com
Sunflowers Childcare	<i>Moirá Grant</i>	01787 211363 info@sunflowers-childcare.co.uk
Boxford Baby & Toddler Group		facebook.com/Boxfordbabyandtoddlergroup

HALLS & FACILITIES TO HIRE

Boxford Pavilion	<i>Hugh Philips</i>	01787 211729 hughvcphillips@hotmail.com
Boxford Spinney	<i>Mark Miller</i>	01787 211596 mark.miller@talktalk.net www.boxfordspinney.co.uk
Boxford Village Hall	<i>Jane Elliott</i>	07721 880521 BVHbookhall@gmail.com
Edwardstone Parish Hall	<i>Daphne Clark</i>	01787 210698 daphne.clark@btopenworld.com
Edwardstone Millennium Green	<i>Gordon</i>	01787 211605
Groton Village Hall	<i>Joanna Roberts</i>	01787 210619
Little Waldingfield Parish Room	<i>Sue Bowen</i>	01787 249473 sd.bowen@btopenworld.com
Little Waldingfield Pavilion	<i>Jennie Jordan</i>	07522 352558 52Jennie1@gmail.com BoxfordMarqueeBooking@gmail.com
Marquee Booking		
Milden Pavilion	<i>Pearl</i>	01449 741876 info@mildenpavilion.co.uk
Newton Village Hall	<i>Alan Vince</i>	01787 373963




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We offer term wrap-around care and Early Education for children aged **20 months - 12 years of age**

Term time opening hours:
 Monday - Thursday: 7.30am - 6.00pm
 Friday: 7.30am - 5.00pm

Set Pre-school sessions from 9.00am - 3.30pm

For school aged children, we deliver to Boxford school from Breakfast club and collect directly from the school.

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EVENTS CALENDAR

FEBRUARY 2023

24	Pop-Up Pub	2pm-
FRI	Little Waldingfield Pavilion	10:30
25	Film Matinee - The Railway Children Return	2pm
FRI	Polstead Village Hall	
27	Boxford Friendship Group	2-4pm
MON	Boxford Village Hall	

MARCH 2023

1	WI - Talk - Beatrix Potter's Code Breaker	2pm
WED	Boxford Village Hall	
4	Horse Race Night	6:30pm
SAT	Boxford Village Hall	
7	Fireside Club - Cooking Demo	2pm
TUE	Newton Village Hall	
7	BGS - Gladioli at Chelsea	7:30pm
TUE	Boxford Village Hall	
11	Boxford Rovers Quiz Night	7pm
SAT	Boxford Village Hall	
14	Polstead Gardening Club - Roses	7:30pm
TUE	Polstead Village Hall	
15	Lent Lunch	12-2pm
WED	Little Waldingfield Parish Room	
15	LWHS - Did The Sewers Save Lives	7:30pm
WED	Little Waldingfield Parish Room	
16-18	BDG - A Matter Of Wife & Death	7:30pm
THU-SAT	Boxford Village Hall	
17	Polstead Films - The Banshees of Insherin	7pm
FRI	Polstead Village Hall	
18	Shelley Quiz Night	7pm
SAT	Polstead Village Hall	
19	Relaxation & Sound - all welcome	5pm
SUN	Boxford Village Hall	
21	Fireside Club - Easter Crafts	2pm
TUE	Newton Village Hall	
25	French's Care Haven Dog Walk	2pm
SAT	From The Fox & Hounds, Groton	
27	Boxford Friendship Group	2-4pm
MON	Boxford Village Hall	
29	Coffee Morning	10am
WED	Newton Green Golf Club	
29	Ladies Free Golf Taster Session	2-3pm
WED	Newton Green Golf Club	
31	Pop-Up Pub	6:30-
FRI	Little Waldingfield Pavilion	10:30pm

APRIL 2023

1	Ladies Free Golf Taster Session	2-3pm
SAT	Newton Green Golf Club	
4	Fireside Club - Trip	2pm
TUE	'A Place For Plants' East Bergholt	
7	BGS - The History of Perrywood	7:30pm
TUE	Boxford Village Hall	
9	Easter Egg Hunt	1pm
SUN	Newton Green Golf Club	
11	Polstead Gardening Club - Containers	7:30pm
TUE	Polstead Village Hall	
14	Relaxation & Sound - all welcome	6pm
FRI	Boxford Village Hall	
15	Quiz & Games Night	6pm
SAT	Milden Pavilion	

15	ShantyFolk	7pm
SAT	Boxford Village Hall	
21	Quiz & Curry Evening	7:30pm
FRI	Groton Village Hall	
22	Coffee Morning	10-12noon
SAT	Newton Village Hall	
22	Boxford Society - 'Boom or Bust in Lavenham'	7:30pm
SAT	Boxford Village Hall	
24	Boxford Friendship Group	2-4pm
MON	Boxford Village Hall	

MAY 2023

2	BGS - From Sea To Soil	7:30pm
TUE	Boxford Village Hall	
4	District & Parish Elections	All Day
THU	Various	
7	King's Coronation Street Party	TBC
SUN	Broad Street, Boxford	
22	Boxford Friendship Group	2-4pm
MON	Boxford Village Hall	

JUNE 2023

4	Boxford Gardens Open	11-4pm
SUN	Boxford & Edwardstone	
6	BGS - Bees & Flowers	7:30pm
TUE	Boxford Village Hall	
11	Midsummer Munch	Noon
SUN	Newton Village Hall & Jubilee Gardens	
26	Boxford Friendship Group	2-4pm
MON	Boxford Village Hall	



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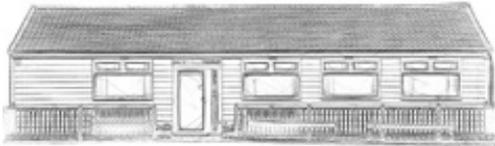
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Website: www.miniwaste.co.uk

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A fine Georgian building set within a beautiful garden, offering a sanctuary of peace and security within the centre of Sudbury, offering all the necessary care and attention for those who wish to spend their retirement and later years in a warm and caring atmosphere.

Contact Us

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Telephone: 01787 372948

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08703 210256 / 07850 210256

E-mail: charles@microplant.net

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Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader



Woodlands Nursery

Set in the beautiful surroundings of Kersey Mill. We offer outstanding care and education from 11 months to 4 years.

Forest School Sessions within our enchanting garden help forge a love of the outdoors while sing & sign classes further develop your child's communication and independence.

Children will make cherished memories with lasting respect for each other and the environment.

Toddler Group &
Weekly Baby Classes
also running term time



WWW.WOODLANDSNURSERYKERSEYMILL.CO.UK

Boxford
Community Council
charity number: 304862



RACE NIGHT

Boxford Village Hall

All proceeds will go towards the
King's Coronation Street Party event fund

- Licenced Bar
- Hog Roast
kindly provided by A. Leeder Butchers
- £1 Cash Only Tote
- Big Prize Auction
- Prizes for all Winning Owners



SATURDAY MARCH 4TH

Doors open 6:30PM

Race briefing 7:15PM

TICKETS £15

Individual tote bets £1 each. Horses can be owned & named for £10 each

BOOKING ESSENTIAL - phone Mark on 01787 211596
or email tickets@boxrivernews.com
tickets also available from Boxford Post Office
and A. Leeder Butchers