

September 2022

# Box River News

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# DANGEROUS PLANNING APPLICATION THWARTED BY BABERGH



The latest incarnation of the Catesby Estates Plc plans to develop prime agricultural land to the east of Boxford has been refused by Babergh Council after the planning committee voted overwhelmingly against the plans on 27<sup>th</sup> July.

The application, which would have a profound urbanising effect on Boxford and leave the community with a severe traffic headache, was rejected by councillors on the recommendation of Babergh planning officers. Babergh issued the following statement concerning the reasons for the refusal:

*“The scheme would result in an unacceptable and severe impact on the highway network and its users without an acceptable mitigating solution. There would be a severe and unacceptable impact on one of the main roads within Boxford (Swan Street).”*



Members of the Planning Committee met on 27<sup>th</sup> July to vote on the application.  
Photo: David Lamming

Prior to the decision, the committee heard that the council already had a near 7-year supply of housing land available, which rendered the need for the large estate irrelevant, and that the additional traffic caused by the development would have had ‘a severe and unacceptable’ impact on local traffic levels. Additionally, the Boxford Neighbourhood Plan now provided significant weight to the decision, identifying smaller, more sympathetic developments that can be built to satisfy local housing needs.

Mitigations that the applicant had put in as sweeteners worked against the application, such as the requirement to bus children to nearby schools, the hurtful impact the proposed ‘community building’ would have on the village hall and the playing fields pavilion, and the overwhelmingly disastrous plans for Ellis Street remodelling that would have caused much anguish to Ellis Street residents and motorists alike. The latter in particular would entail Ellis Street, one of the major routes into the village, becoming as difficult to drive through as Swan Street currently is at peak hours. The knock-on effects of additional traffic on Swan Street itself would be even worse.

As well as having rejection recommendations from Babergh planning officers, committee members also heard eloquent and knowledgeable accounts from Boxford Parish Councillor Lisa Wortley, Boxford resident Chris Philbedge and Box Vale Ward Councillor Bryn Hurren about the overwhelmingly negative

effects the development would have had whilst a positive and sustainable potential housing project is already identified in the Boxford Neighbourhood Plan.

The committee also heard from the applicant, David Morris, Planning and Operations Director at Catesby, who requested an additional deferment on a decision to organise yet another high-ways survey to complement the existing three (!) that had already been undertaken. Committee members declined to act on this request to draw out a decision even further, perhaps sensing that all pertinent traffic information had already been conveyed and instead progressed to the final vote, which resulted 10-1 in favour of refusing the application outright.



The Goodlands planning appeal inspector in Swan St. August 2018. The appeal brought the traffic problems in the village to light. Photo: David Lamming

It is a vindication of all the hard work put in by so many members of the village to protect the heritage and safety of the local area. The Neighbourhood Plan, which will be put to a village-wide vote for final ratification in the coming months, can now be used to identify more suitable and complementary developments to house Boxford’s residents, now and into the future.

Speaking after the decision, Bryn Hurren said: *“We’ve got plans of our own to try to accommodate low-cost housing, so a massive development just to satisfy the chance of making some money is not what Boxford needs. We need a well-thought-out development, with proper infrastructure and support for the local school. We do need new development, but we also need infrastructure, and 64 homes on a greenfield site is not what the village needs.”*

The saga of this Sand Hill application is some 3.5 long years in the making, during which time the 5.7 hectares of Grade 2 agricultural land has remained fallow and unproductive. It is hoped that it will be returned to agricultural use imminently to the benefit of all at a time when food production is headline news. However, it remains to be seen if Catesby will appeal the decision, or submit an alternative application that benefits the incessant profit-grabbing requirements of their shareholders to the detriment of Boxford residents. Given the obscene amount of public resources these applications have already wasted let us hope that neither of these unwanted scenarios occurs.

## Box River News

Trudi Wild, Twin View, 18 Stone Street, Boxford CO10 5NR

Telephone: 01787 210946

email: [editor@boxrivernews.com](mailto:editor@boxrivernews.com)

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Deadline date for the October 2022 Issue is:

**September 15<sup>th</sup> at midday**

# NEWTON FIRESIDE CLUB

## MIDSUMMER MUNCH & AFTERNOON TEA

We had a glorious day on Sunday 24<sup>th</sup> July for the Fireside Club's Midsummer Munch.

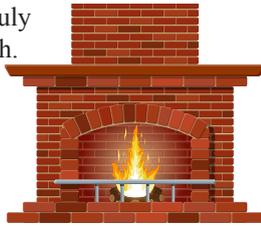
We had sold over 80 tickets so it was a very lively event with good food, music and a great atmosphere.

Ged and Graham did a fantastic job with the bbq and Fireside Club members had provided salads and desserts so there was plenty to eat.

We had organised a 'water or wine' game where, for £1 a go, you picked a bag - was it wine or water? This was well supported and raised over £70. It total the club made over £400.

Some of these proceeds went towards subsidising afternoon tea at Joe's Road Golf Club. This had to be postponed for 2 weeks as the original date saw temperatures of 40°C! The new date was Tuesday 2<sup>nd</sup> August, which turned out to be another warm day, but manageable.

The afternoon tea was certainly plentiful and most of us went home with goodie bags.



We are now on a short break. The next meeting is on Tuesday 6<sup>th</sup> September when we are visiting Place for Plants in East Bergholt. On Tuesday the 20<sup>th</sup> we are holding a cookery competition.

Future events will be posted in the October edition of the BRN.

Sue



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# FIELD FIRE AT GROTON



Photo: David Lamming

Suffolk's firefighters have had a testing month. Just over a week after declaring a Major Incident on July 19<sup>th</sup>, during which firefighters were called out to 63 separate fire incidents, Suffolk Fire Service were called out to extinguish a huge 140-acre field fire at Daisy Green, Groton on July 28<sup>th</sup>.

16 fire appliances were reported to have been in attendance to control and extinguish the fire from stations across Suffolk and North Essex. A wide variety of fire control techniques were employed, including involving local farmers digging fire breaks with tractors, and the use of aerial drones fitted with thermal cameras to spot areas of intense heat.

The fire was first reported at 1:40pm with crews starting to leave the scene at nearly 4pm. Luckily, no crops were lost in the fire as the field had already been harvested, but local residents were naturally concerned about the fire's proximity to properties nearby.

The BRN would like to extend its huge gratitude on behalf of all residents for the bravery, skill and sheer endurance that our fire crews draw on in order to keep us all safe.

Suffolk Fire & Rescue are always looking for On-Call Firefighters - emergency firefighters that can be called upon in busy situations to attend fires. Applicants receive full training, can continue normal employment and get paid according to the number of hours that they can make available and emergencies that they attend. For more information, please visit: <https://suffolk-firefighters.co.uk>



Photo: Bruce Clegg

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# LITTLE WALDINGFIELD GIVES A BIG WELCOME TO THE USA

On Tuesday 26<sup>th</sup> July 2022, three trustees of Little Waldingfield History Society had the pleasure of welcoming Scot and Alison Appleton to the village.

Scot is the ninth great grandson of Samuel Appleton, who once lived in Little Waldingfield and emigrated to the Massachusetts Bay Colony in 1635. Scot and Alison live in Nashville, Tennessee; he has been busy researching his family history, and was excited to have the opportunity to visit the village whilst in the UK for a family wedding in Buckinghamshire.



L-R: Gill Harritt, Alison & Scot Appleton, Rose MacNeill

They travelled by train to Sudbury where they were picked up and brought to Churchside in Church Road. Now one private dwelling, this historic building was once four individual almshouses, and was of great interest to our visitors. They enjoyed a conducted tour of the property followed by coffee in the garden.



Their next stop was the church of Saint Lawrence, where they spent time looking at and taking photos of various points of Appleton interest. On leaving, they signed the Visitors Book.

They were then given a tour of the village taking in its wealth of historic buildings followed by a drive to Lavenham - quite a contrast to the sites of Nashville. On return to Little Waldingfield, Scot and Alison enjoyed

lunch in the home of one of the trustees and were then presented with a couple of books to take away with them. They also bought a copy of *Little Waldingfield, Our Village History from 1840 - 2014*, which trustees signed to mark the occasion.

It was a lovely day and we hope the Appletons enjoyed it as much as we did.

## GROTON EDUCATIONAL FOUNDATION

Registered Charity No. 1118325

The Trustees will meet on 8<sup>th</sup> September at Mary's House, Swan Street, Boxford, to consider applications for grant aid for educational or training purposes from residents of Groton and those parts of Boxford included in the 'area of benefit', i.e. Homefield, the east side of Swan Street and pockets of land in Stone Street south of the church - those parts which were included in the Tithe Map of Groton 1881!

We hope that newcomers to the area will be made aware of this charity by those who have themselves benefited from grants. There is no means testing. Applications may also be made by organizations serving the area.

Recent grants have included help towards the costs of university education, travel fares to a sixth-form college, specialist sports coaching and library improvements at Boxford School.

Details and application forms are available from Stephen Watkins, Clerk to the Trustees, Whitewebbs, Daisy Green, Groton, CO10 5EN, tel 01787 210977, [stephen\\_watkins49@yahoo.co.uk](mailto:stephen_watkins49@yahoo.co.uk)

Completed forms should be returned by 1<sup>st</sup> September.

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## FIRST RESPONDERS ARE GO!



Newly qualified CFR, Rosy Long

Huge congratulations and welcome to our newest fully qualified First Responder, Rosy Long. Rosy completed her Eeast Ambulance Trust Induction training and is now co-responding with our existing Responders Trudi Wild and Alistair Horne for her first few call-outs to patients requiring emergency assistance. It's great to see another responder come through the training and she's slotted right into the team. Well done Rosy!

At the end of July we also received word that Trudi was to be presented with The Queen's Platinum Jubilee Medal for her work as a volunteer First Responder. The medal was awarded to all front-line emergency care workers that had completed 5 years of service. It was presented to her at a special ceremony in Norfolk by Eeast's Andrew Barlow. A huge well done to Trudi!



Andrew Barlow & Trudi Wild

Many readers in the Box River Benefice will remember Andrew as being instrumental in helping to set up 3PR with Vic Rice 20 years ago. He retires from the ambulance service in September and we wish him all the very best for the future. He will be very much missed for all his support, help, encouragement and overwhelmingly sunny disposition!

### Attending Emergencies

3PR received an enquiry recently asking about the process by which a Community First Responder (CFR) attends a medical emergency. With ambulance wait times at all-time crisis levels the role of the CFR has become all the more important in order to provide critical time-sensitive medical intervention to patients.

If you or someone you know requires *emergency* medical attention then you should call 999. Call handlers for the ambulance service will ascertain the nature of the emergency and will dispatch all available medical assistance whilst continuing to talk to you to monitor the situation. If a CFR is available and nearer than an ambulance then they will automatically be notified and sent to you. The process behind the scenes is incredibly swift and impressive but is invisible to the caller. If a CFR does not attend then this will either be because one was not available or the ambulance service deemed it not appropriate for the nature of the medical problem. You do not need to contact the First Responders separately - we are a tightly integrated part of the emergency response system.

As our CFRs are unpaid volunteers who also have full time jobs of their own and/or families to look after, it is not always possible to have a responder available on call 24/7. At the time of writing we only have 3 qualified CFRs in the area and desperately need more volunteers in order to provide round-the-clock cover.

If you are over 18, have a full driving licence and a few hours a week to spare, please consider becoming a CFR to help provide critical care to your friends and neighbours when they need it most. We'll provide full initial and ongoing training and equipment and are a close-knit team that welcome newcomers with open-arms. You'll learn hugely important life skills and find the donation of your time incredibly rewarding.

If you're interested in learning more about what being a First Responder entails, please contact Group Coordinator Rich Wild on **01787 210 946** or visit <https://bit.ly/eeast-first-responders>

## EDWARDSTONE NEIGHBOURHOOD PLAN

### Consultation & Exhibition

Thank you to all of you in Edwardstone who took the time to respond to our Questionnaire back in February.

The Neighbourhood Plan Steering Group has been able to draw from your responses those main issues and opportunities that are important to our Parish as a whole. From your responses we have been able to identify a Vision for the future of our Parish and to deliver this Vision we have been working to develop the principal themes and objectives that we think you would like to see covered by our Neighbourhood Plan.

We are at a point where we need your help again; to show you the direction our Vision and Objectives are taking us, to see whether you agree with the proposed approach and to consult with you to get your views on the several themes which need to be addressed in more detail before the Plan can be developed to the next stage.

We will therefore be holding a **Consultation Exhibition in Edwardstone Parish Hall on Thursday 22<sup>nd</sup> September from 4pm to 9pm and on Saturday 24<sup>th</sup> September between 9am and 1pm** which we hope you will be able to attend. Members of the Steering Group and our Planning Consultant will be in attendance to answer your questions and to hear your views.

Following this consultation event we will be looking to develop the more detailed policies for inclusion within the Plan which will help to guide future development in Edwardstone.

***To everyone living in Edwardstone, please join us on one of those dates as your views do matter.***



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## THE BUTCHER'S WIFE

One of my favourite things about my job is that I get summers off. When the mini Leaders were younger it was perfect. We had summers of beach days, parks, picnics, bike rides etc. Now they are older, they rarely want to hang out with their embarrassing mum (so rude, I'm actually pretty cool) so I end up having to entertain myself in between running a taxi service for them! The exception to this is a day at the beach with friends, all three of the mini Leaders love the beach as much as I do and we try to go a couple of times a week during the holidays. We have our beach days down to a fine art. We get there mid morning, set up our picnic blanket and towels and sunbathe for about an hour. Then we have a swim followed by a bit of lunch (sandwiches and crisps) and more sunbathing. After more swimming and playing in the sea, we send the kids off to buy ice creams and we eventually head home in time for tea. They are my favourite days. I spent the majority of my childhood in California at the beach and to me, there is nothing better. Even if the English sea isn't as crystal clear as the Pacific!



The Butcher, on the other hand, couldn't think of anything worse. I can count on one hand the number of times he has joined us for a day at the beach in this country. The last time was about 2 years ago, never again. Firstly, our homemade picnic was not good enough for him, he went to the supermarket beforehand and bought enough food to feed the whole of Boxford. Our picnic blanket wasn't up to his high standards either, he bought a deck chair with him. He then fuffed about putting a wind break up (it wasn't windy) and within the first half an hour of being there, after eating the majority of his food, he asked 'What do we do now?'. My response, 'now, we relax!'. Unfortunately, the Butcher doesn't do relaxing well, at least not on a beach. He refused to go in the sea (too cold) and got bored very quickly which was the opposite of relaxing for the rest of us. I've realised he's a bit like a puppy, he needs lots of food and to burn off energy so now when he has a day off, we plan active days out that involve food (and beer, obviously) and then he's happy!

These fajitas are perfect on a day when we've been to the beach. Unfortunately, the Butcher dislikes fajitas almost as much as a beach day so he has to fend for himself when I make these!

### Chicken Fajitas

Serves 6

#### Ingredients

- 4 chicken breasts
- 2 red onions
- 2 red peppers
- 2 red chillies (optional)

#### For the marinade:

- 2 tbsp smoked paprika
- 2 tbsp ground coriander
- ½ tsp ground cumin
- 2 garlic cloves, crushed
- 8 tbsp olive oil
- 2 limes, juiced
- Big pinch of salt & pepper

#### Method

1. Mix all of the marinade ingredients in a large bowl.
2. Finely slice the chicken, onion, red pepper and chillies and add into the marinade. Make sure all they are all coated well.
3. Heat a large griddle pan until hot and add the contents of the bowl into the pan. Cook on a high heat for 5 minutes, mixing with tongs.
4. Once the chicken is cooked through serve in tortilla wraps (I heat mine up in the oven, wrapped in foil, for a few minutes first) with salad, salsa, guacamole and sour cream. A bit of grated cheese goes nicely too!



## Elaine Carpenter

N.R.H.P., C.H.P., Dip Psychology

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# THE SEPTEMBER LETTER FROM FATHER ROB

*Dear Friends,*

As many of you know, a small group of us took the opportunity to nip to Walsingham for a day pilgrimage recently – possibly the first pilgrimage this benefice has ever ventured on.

Pilgrimage is an important part of the Christian tradition. It moves us out of our comfort zones. It forces us to encounter God in places where we are not in control. We encounter new people, build camaraderie and companionship and receive new experiences. It affords us opportunities of new encounter with God and others that we otherwise simply wouldn't have.

Walsingham is a place of pilgrimage and there is no doubt that it is also a place of holy encounter for thousands. It is also a place of ecumenical dialogue and practice possibly quite unseen anywhere else outside of the Holy Land. Aside from the very large Anglican Shrine where hundreds of thousands flock every year, Walsingham has a Roman Catholic Shrine no less popular that was recently upgraded by the Pope to a Basilica, and within the Anglican Shrine also sits the Eastern Orthodox Chapel. Walsingham hosts the oldest Methodist Chapel in East Anglia, an Eastern Orthodox Church in the village and has large Anglican and Roman Catholic Churches aside from those aforementioned. It seems rather fitting then, that when we were there our day ended with an Ecumenical Procession through the village stopping at significant places along the way.

Walsingham has been a place of pilgrimage from at least the 11<sup>th</sup> Century AD and remembers a united Church in England long before the destructive divisions brought about by the Reformation. Walsingham has a fascinating early history and I would encourage you to explore it. But post Reformation, it has also been the focus of great division. It is often said that Walsingham is a barometer for wider culture.

Down the ages some, both religious and secular, have chosen to focus their angst against traditions and practices they either naively do not understand or have chosen to take issue with. Often with the agenda of self-gain or profit. It is a sad testimony that the scepticism and distrust of those earlier times so often continues to disrupt our society's harmony today.

Jesus often speaks prophecies about bringing division: that the faith he looks to instil in us will pit us against others in our communities and our families. This isn't what he desires, but he recognises that the challenge he brings to comfortable lives in the cause of peace and unity will be too much for some to accept. And we seem to love focussing on division. We love to cast judgement on other people's lives, theological positions or practices, exaggerate them and use them as a justification for our vengeance. But so often our characterisations fall a long way off the mark.

Let's return to Walsingham and shift our focus to that very early Methodist Church for a moment. John Wesley, often attributed as a founding father of Methodism, preached at Walsingham's Abbey ruins in 1781, some 243 years after their destruction. He said: "Had there been a grain of decency in Henry the Eighth, these noble buildings should have remained standing." A year later the Walsingham Methodist Church was built.

And did you know that John Wesley also prayed the Rosary? Today praying the Rosary tends by some to be portrayed as a uniquely Roman Catholic practice, but that is not the case and never has been. Where's the proof? Well, a little like the way the Blessed



Sacrament can be found being reserved in Anglican churches of all descriptions so that the elements of Communion can be used as a focus for prayer and taken out to the sick and housebound, so too Anglicans of all traditions find praying the rosary helpful. Indeed, there is even a stream of Methodism that finds it valuable. The Rosary Beads purportedly owned by John Wesley and donated by one of his family members after his death currently sit encased in glass in the office of the Headmaster of the Leys Methodist School in Cambridge. A reminder to him (and us) that God is always bigger than our small mindedness.

You see, the divisions we sometimes like to project onto others are often exaggerated, unhelpful and at their worst can be dangerous and damaging. For our part, we need to focus less on projecting our own angst onto others and more on sorting them out within ourselves.

I am always pleased at the sense of unity that has developed in our churches and across our benefice during my time here. But we must not be complacent. Christ inaugurated the Church, called the Apostles to be her first Bishops and Priests and calls us to build that Church up in unity today, not look for causes of destructive division.

May Jesus, the child of Mary and Son of God, bless and keep you in peace and unity,

*Fr Rob*

[rparkermcgee@gmail.com](mailto:rparkermcgee@gmail.com)

Tel: 01787 210434



*John Wesley by Nathaniel Hone, 1766*

OUR BEAUTIFUL PARISH CHURCH STANDS AS A TESTAMENT TO THE PEOPLE WHO HAVE LIVED, LOVED AND MADE BOXFORD THEIR HOME THROUGHOUT THE AGES AND AT NIGHT THE TOWER SHEDS LIGHT INTO THE DARKNESS

**"LIGHT UP"**  
**St Mary's Church**  
**Boxford**  
In Memory of a Loved One  
or  
In Celebration of an  
Anniversary, Birthday, or  
Special Occasion

For a suggested donation of £15.00, the church will be lit up in remembrance or celebration and a commemorative poster will be put up in the church to mark the occasion.

Contact [boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com) or 01787 828046 for more information

# Tighten & Brighten!

Does crepey skin and drooping jowls make you feel and look older than you are? We might just have the answer...



Before Endymed

After Endymed

ENDYMED radiofrequency treatment, a favourite with A-listers Kim Kardashian, David Beckham and Anna Kendrick, uses radio-frequency energy to target every layer of the skin; stimulating collagen to tighten, firm and improve its structure.

From a saggy jawline to a crepey neck, radiofrequency therapy helps to remodel your collagen - sculpting, lifting and tightening.

Wrinkles are smoothed, skin tone is improved and radiance restored, both short term and over subsequent weeks.

For long-lasting results, a course of 6 treatments is required. No downtime, instant lift! What's not to love?

**£900 worth of treatments for £600!**

**Radiofrequency skin-tightening treatment**

**Buy 4 treatments, get 2 free\***

\* Offer terms: Subject to suitability. Pay for four treatments upfront, get 2 free. All treatments must be taken by end Dec 2022.

Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 [www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)





# SERVICE SCHEDULE FOR SEPTEMBER 2022



<b>Sunday 4<sup>th</sup> September</b>	09:30	<i>Sunday Eucharist</i>	St Lawrence's, Lt Waldingfield
	11:00 - 17:00	<i>Benefice Pilgrimage Walk between all 5 Churches, "beating the bounds"</i>	Starting at Little Waldingfield and ending at Boxford
	17:00	<i>BCP Evensong</i>	St Mary's, Boxford
<b>Wednesday 7<sup>th</sup> September</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 11<sup>th</sup> September</b>	11:00	<i>Patronal Service and Confirmations</i>	St Mary's, Boxford
	12:30 - 15:30	<i>Church Fete</i>	St Mary's, Boxford
<b>Wednesday 14<sup>th</sup> September</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 18<sup>th</sup> September</b>	09:30	<i>Sunday Eucharist</i>	St Mary the Virgin, Edwardstone
	11:00	<i>Sunday Eucharist</i>	St Mary's, Boxford
<b>Wednesday 21<sup>st</sup> September</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford
<b>Sunday 25<sup>th</sup> September</b>	09:30	<i>Pilgrimage Eucharist</i>	St Mary's, Boxford
	11:00	<i>Sunday Eucharist</i>	All Saints', Newton
<b>Wednesday 28<sup>th</sup> September</b>	10:00	<i>Midweek Eucharist</i>	Mary's House, Boxford

(Morning Prayer online, most weekdays from 8.30am)

All our churches across the Benefice are OPEN EVERY DAY  
for Private Prayer, if you need support, please contact Fr Rob or the Benefice Office

## COFFEE TIME

You are invited to  
"Drop in for Coffee" around the Benefice

Every Tuesday @ 10.00  
Mary's House, 5 Swan Street, Boxford

\*\*\*\*\*

Coffee Morning  
Friday 2nd September, 10.30 - 12.00  
St Lawrence's, Little Waldingfield

\*\*\*\*\*

Coffee Morning  
Saturday 17th September, 10.00 - 12.00  
St Mary's, Boxford

\*\*\*\*\*

**EVERYONE WELCOME**

Join us for coffee, cake and a catch up



## BRING AND SHARE



**North Porch, St Mary's Boxford**

If you or someone you know is in need,  
please visit the Food Bank.

All donations of non perishable goods,  
are gratefully received.

**Thank You**

**TAKE WHAT YOU NEED, LEAVE WHAT YOU CAN**



# The Box River Benefice

Boxford, Edwardstone, Groton,  
Little Waldingfield and Newton

## DATES FOR YOUR DIARY

**Thurs 1<sup>st</sup> Sept 7:30pm** Confirmation Class, St Mary's, Boxford

**Fri 2<sup>nd</sup> Sept 10:30am** Coffee Morning St Lawrence's, Little Waldingfield

**Sun 4<sup>th</sup> Sept 11:00am** Box River Pilgrimage Walk between all 5 churches

**Tues 6<sup>th</sup> Sept 10am** Open for Coffee, Mary's House, Boxford

**Thurs 8<sup>th</sup> Sept 7:30pm** Confirmation Class, St Mary's, Boxford

**Sun 11<sup>th</sup> Sept 11am** Patronal Service & Confirmations, St Mary's, Boxford

**Sun 11<sup>th</sup> Sept 12:30pm** Boxford Church Fete, St Mary's, Boxford

**Tues 13<sup>th</sup> Sept 10am** Open for Coffee, Mary's House, Boxford

**Thurs 15<sup>th</sup> Sept 7:30pm** Edwardstone PCC, St Mary the Virgin, Edwardstone

**Fri 16<sup>th</sup> Sept 7:30pm** Last Night of the Proms, St Mary's, Boxford

**Sat 17<sup>th</sup> Sept 10am** Coffee Morning, St Mary's, Boxford

**Tues 20<sup>th</sup> Sept 10am** Open for Coffee, Mary's House, Boxford

**Thurs 22<sup>nd</sup> Sept 7:30pm** Groton PCC, St Bartholomew's, Groton

**Sun 25<sup>th</sup> Sept 3pm** Harvest Cream Tea, Newton Village Hall

**Tues 27<sup>th</sup> Sept 10am** Open for Coffee, Mary's House, Boxford

**Thurs 29<sup>th</sup> Sept 7:30pm** Newton PCC, All Saints', Newton

**Fri 7<sup>th</sup> Oct 10:30am** Coffee Morning, St Lawrence's, Little Waldingfield

**Sat 8<sup>th</sup> Oct 12pm** Harvest Tea for PCCs, Ministry Team & Volunteers, The Rectory

**Sat 8<sup>th</sup> Oct 7:30pm** Barn Dance, Dove Barn, Groton

**Thur 13<sup>th</sup> Oct 7:30pm** Boxford PCC, St Mary's, Boxford

**Sat 15<sup>th</sup> Oct 10am** Coffee Morning, St Mary's, Boxford

## BOXFORD 2023 CALENDAR

Calling all photographers! We are starting to compile our 2023 Calendar; it is sold to raise funds for St Mary's Church and is full of photos of our wonderful village.

Have you taken any photos of Boxford that you would be willing to be included in the calendar? We would love to see them, please email them to Audrey Zuck [audrey@a2zriskservices.com](mailto:audrey@a2zriskservices.com) by 15<sup>th</sup> September 2022

## BENEFICE GROUP CONFIRMATION

We are holding a Benefice Group Confirmation on the 11<sup>th</sup> September 2022, when Bishop Martin will be presiding. Would you or your children like to be one of those to be confirmed? Confirmation is the sacrament, that marks the next step in the Christian journey, when a person begins to take responsibility for their own future. Father Rob would be very pleased if you or your child would like to make this next step on their journey and if we could be the ones to accompany them on it.

Our Confirmation classes have started but it is not too late to join them, we hope that these will help lay a few moral and spiritual foundations essential to your child as they grow up. By attending these classes, you or your child will be given the kind of information necessary for them to mature into fully rounded individuals as they develop into adolescence and adulthood.

For more information, please contact the Benefice Office



**HARVEST CREAM TEA**

3.00 PM, SUNDAY  
25TH SEPTEMBER 2022

NEWTON VILLAGE HALL

TICKETS £8.00  
AVAILABLE IN ADVANCE  
PLEASE CONTACT  
FIONA - 01787 377630

St Bartholomew's Church Groton  
Presents a Traditional

**"Harvest Horkey"**

**Barn Dance**  
with  
**Gareth's Band**

Saturday 8th October 2022 7:30pm – 11:30pm  
at  
**Dove Barn, Groton**  
(by kind permission of Mr & Mrs Dixon-Smith)  
**Supper – Bar – Raffle**  
Tickets £15 available from  
Jayne 01787 211360 [jaynefoster715@gmail.com](mailto:jaynefoster715@gmail.com)  
Or Val 01787 211978

**CONTACT INFORMATION**  
Benefice Office  
Mary's House, 5 Swan Street, Boxford CO10 5NZ  
01787 828046 email: [boxriverbenefice@gmail.com](mailto:boxriverbenefice@gmail.com)  
Fr Rob Parker-McGee SR  
01787 210434 email: [rparkermcgee@gmail.com](mailto:rparkermcgee@gmail.com)

# BOX RIVER BENEFICE, PILGRIMAGE TO THE SHRINE OF OUR LADY OF WALSINGHAM 2022

What did you see when you went to Walsingham? A slight paraphrase of the question asked of us by the Priest leading our service of sprinkling at the Holy Well, he himself quoting Bernard of Clairvaux.



So what did we see? An ornate and mysterious Shrine Church. A well with cool refreshing Holy Water. Some beautiful, peaceful grounds. Groups of faithful, prayerful pilgrims in 1's and 2's and 50's and 100's. Some good food and some enjoyable fellowship.

In 1061 Lady Richeldis de Faverches, the lady of the manor, saw a vision of the Blessed Virgin Mary holding a small house, the house where the Holy Family lived in Nazareth and where Our Lord Jesus Christ grew up. Lady Richeldis felt compelled to recreate the house and a spring of water bursting forth from the ground indicated the place where the house was to be built and it, and the Abbey built around it, soon became a place of pilgrimage. Many thousands of pilgrims soon flocked to Walsingham and there were numerous accounts of miraculous healings from those who had taken the water. Tragically, during the reign of Henry VIII and the violence of the Reformation, the Shrine was destroyed and the Abbey demolished. In 1921 Fr. Alfred Hope Patten was appointed Vicar of Walsingham and by the early 1930s he had built a new Shrine Church which included within it a replica Holy House and a well which accessed the original spring.



Our handful of faithful pilgrims from the Box River Benefice made our way to Walsingham and headed to the Anglican Shrine Church to make our first visit to the Holy House. From there we went for a cup of tea to refresh us after our journey and after lunch we spent a bit of time visiting the village. Refreshed by an ice cream we made our way back to the Shrine Church for the service of Sprinkling. Just like the medieval pilgrims

before them, modern day pilgrims also take the water and offer prayer for healing for themselves and others. After prayers in the Shrine Church we descended the steps to the well - hot hands and faces were cooled by God's gift of refreshing water and parched souls were restored by the promise of God's healing grace.

About a mile and a half away from the Anglican Shrine lies the Slipper Chapel where in medieval times pilgrims would leave their shoes and make the last bit of the journey on foot. Today the Chapel is at the heart of the Roman Catholic Shrine and we made

our way there to pay a visit to our brothers and sisters in Christ. (As ever, wheeled transport was available for those for whom the walk would be too much). Following prayers and a cup of tea at the RC shrine, also busy with groups of pilgrims, we made our way back to the Anglican Shrine Church for the Pilgrimage Eucharist. Our Communion made and a lovely dinner enjoyed, we headed to the Parish Church for the beginning of our evening devotions.



Normally these devotions take place in the Shrine Church and grounds, but because our visit coincided with the Feast of the Assumption, a torchlight ecumenical procession had been organised, starting at the Parish Church, visiting the Roman Catholic Church and then the outdoor altar in the Anglican Shrine grounds. At each place we prayed, listened to a reading from scripture and a short homily before going on our way joyfully singing hymns. Our pilgrimage complete we headed home, tired but full of joy and gratitude to God – for the special place we had been and for the company of one another we had enjoyed.



Walsingham is often described as “thin place” – a place where the veil between heaven and earth seems especially thin and where God's presence can be clearly felt. So what did we see when we went to Walsingham? We saw, in the company of fellow pilgrims, that we are part of something much larger than just ourselves and our own Church. That God calls countless others along with us to a shared inheritance of Faith. We saw in the beauty of the liturgy and the warmth of the hospitality at the Shrine that God gives us good things to enjoy and leads us to experience him in new ways. We saw in our sharing with those on our journey that we have much to learn from one another and a pilgrimage is the perfect place to do it.

Some pilgrims may find some of the traditions of Walsingham a little unfamiliar and indeed perhaps a little uncomfortable and may wonder if it is for them. But Walsingham is God's gift to the Church, which means it's a gift to you! These walls have been soaked in the prayers of generations who have found peace and healing and solace there. You are invited to enter into the experience, to take what is helpful and to leave what is not. And to enjoy it. We will be going again next year. Will you join us? I hope so!

*Fr James Ridge*

*(Associate Priest, Box River Benefice).*

**ST MARY'S BOXFORD  
PATRONAL & CHURCH FETE**

**SUNDAY 11th SEPTEMBER  
12.30-3.30pm**

BOUNCY CASTLE  
TEDDIES FROM THE TOWER  
HOOK A DUCK  
ARCHERY  
SOAK THE VICAR  
WELLY THROWING  
CRAFT STALLS  
REFRESHMENTS  
AND MORE



## BOX RIVER PILGRIMAGE WALK

Sunday, 4th September 2022

Starting from St Lawrence's, Little Waldingfield after Sunday Eucharist at 11am, moving onto Newton, then back to Edwardstone, where we will stop for lunch, before moving onto Groton and then heading to Boxford in time for BCP Evensong at 5pm.



Join us for the whole walk, part of the walk or join us at the services.

## SUFFOLK CHURCHES RIDE & STRIDE 2022

### All Saints' Church, Newton

On Saturday 10<sup>th</sup> September we plan to do the sponsored cycle ride for the 22<sup>nd</sup> time since we moved to Newton. The money we raise will be divided equally between All Saints' Church, Newton and the Suffolk Historic Churches Trust.

We would be very grateful for any offers of sponsorship.

*Thank you, Marianne and Richard Anthony*

8 Links View, Newton. [richard.anthony616@gmail.com](mailto:richard.anthony616@gmail.com)

### St Peter's Church, Milden

On Saturday 10<sup>th</sup> September Milden Cyclists are supporting our church of St Peter and Suffolk Historic Churches Trust, we will set off on this charity cycle ride on a route visiting up to 20 churches. For more information please see [www.shct.org.uk/ride-and-stride](http://www.shct.org.uk/ride-and-stride) and for the link to sponsor us please visit: [www.justgiving.com/Mildencyclists2022](http://www.justgiving.com/Mildencyclists2022). Donations can also be made to Sara Offord, Church Warden. With grateful thanks Jules, Sara, Joe, Debbie, Sarah, David, Sally, Justine and Julie

St Peter's Church, Milden will be open to welcome those taking part in the Ride and Stride and participants of the classic vehicle event, Pedal and Drive. The facilities at Milden Pavilion, Church Road, IP7 7AF will be open throughout the day with ample parking available.



Boxford Church Building Fundraiser

## Last Night of the Proms

Friday September 16th  
7.30 pm

*The Elite String Quartet play popular classics*

*An informal celebration of great music  
Come and wave a flag!*

Adults £10 Under 18s FREE  
[www.ticketsource.co.uk/boxford-concerts](http://www.ticketsource.co.uk/boxford-concerts)  
Tickets: Boxford Post Office or on the door  
St Mary's Church, Boxford. CO10 5DU



**COME FOR COFFEE**  
**IT'S FOR MACMILLAN**  
**SATURDAY 1st OCTOBER**  
**10am to 11:30am**  
 Newton Village Hall  
 coffee, cake stall - competitions  
 raffle, bric-a-brac & jewellery stall  
 contact: Carole Langley 01787 373 548  
 PLEASE SUPPORT THIS WORTHWHILE CAUSE  
**SEE YOU THERE!**  
 WE ARE MACMILLAN. CANCER SUPPORT  
 WORLD'S BIGGEST COFFEE MORNING

LITTLE WALDINGFIELD PARISH ROOM TRUSTEES  
 ARE HOSTING A  
**WINE TASTING EVENING**  
 WITH  
**GEORGE UNWIN**  
 OF  
**BAYTHORNE WINES**  
**SATURDAY 24<sup>TH</sup> SEPTEMBER 2022**  
**7.30 PM**  
**LITTLE WALDINGFIELD PARISH ROOM**  
 Tickets £16.50 per person  
 (includes all wine and nibbles)



George Unwin will provide expert advice to guide us through an evening tasting a range of interesting wines from around the world. George is an independent wine specialist with a wealth of knowledge and experience who is down to earth, friendly and helpful.

Tickets to be purchased in advance from Sue Bowen 01787 249473  
 Heathfield House, The Street, Lt Waldingfield  
[sd.bowen@btopenworld.com](mailto:sd.bowen@btopenworld.com)

**Boxford Study Centre Literature Group**  
 An 8 week course on Monday afternoons 2.30-4.30pm  
 Meeting in Groton Village Hall, CO10 5EL  
 Starting on Monday October 3<sup>rd</sup> 2022

**Marriages of Heaven and Hell**  
**Tutor: Hugh Black-Hawkins**

This autumn we shall be exploring the tensions and friction in seven literary marriages. This includes attitudes towards the holy state of matrimony of five writers drawn from the 17<sup>th</sup> to the 21<sup>st</sup> centuries.

Monday 3 <sup>rd</sup> Oct	<b>Macbeth</b>	<i>William Shakespeare</i>
Monday 10 <sup>th</sup> Oct	<b>Macbeth</b>	<i>William Shakespeare</i>
Monday 17 <sup>th</sup> Oct	Reading Week	
Monday 24 <sup>th</sup> Oct	Reading Week	
Monday 31 <sup>st</sup> Oct	<b>Middlemarch</b>	<i>George Eliot</i>
Monday 7 <sup>th</sup> Nov	<b>Middlemarch</b>	<i>George Eliot</i>
Monday 14 <sup>th</sup> Nov	<b>Middlemarch</b>	<i>George Eliot</i>
Monday 21 <sup>st</sup> Nov	Reading Week	
Monday 28 <sup>th</sup> Nov	<b>Selected Poems</b>	<i>Thomas Hardy (to be advised)</i>
Monday 5 <sup>th</sup> Dec	<b>Free Love</b>	<i>Tessa Hadley</i>
Monday 12 <sup>th</sup> Dec	<b>Private Lives</b>	<i>Noel Coward</i>

Course Fee: £75 for the complete course,  
 payable on the first or second meeting.  
 £10 for each single class.

**Newcomers very welcome.**

Please contact Mr David Jones for further information and if you are interested in attending. Telephone 01787 211104.

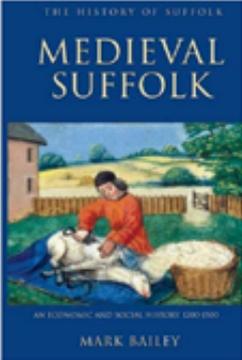


**BOXFORD SOCIETY**  
 'The Towns & Trade in Medieval Suffolk'

Our Autumn Meeting will be held on  
**Friday 7<sup>th</sup> October 2022 at 7:30pm**  
**in Boxford Village Hall**

The guest speaker will be **Professor Mark Bailey**,  
 Professor of Late Medieval History at the University of East Anglia.

He was a Fellow at Cambridge for many years, then became the Head of Leeds Grammar School before becoming the High Master of St Paul's School before returning to UEA, not to mention appearances in England's Rugby team and the Barbarians in earlier years.



He is an engaging speaker who will undoubtedly entertain and educate us about the Towns and Trade in Medieval Suffolk.

**All welcome.**  
**Free for Members. Small charge for visitors.**

BOXFORD  
GARDENING SOCIETY

JIM PAINE

# Climate change and gardens



Tuesday 6th September 7.30pm  
at Boxford Village Hall



Fleece Jazz at  
Stoke-by-Nayland Hotel presents

## Nigel Price's "Wes Revisited"

Wednesday 28<sup>th</sup> Sept 2022 8pm - Tickets: £18/£14\*



"Wes Montgomery fans need look no further" - John Fordham

Nigel Price – Guitar  
Vasilis Xenopoulos – Tenor sax  
Ross Stanley – Hammond Organ  
Emiliano Caroselli – Drums

Some 54 years since jazz guitarist Wes Montgomery passed, his music and playing still inspire musicians and listeners: at times simple, yet interesting and always accessible. Over a career spanning more than 25 years, Nigel Price is widely acknowledged as an award-winning guitarist: his blend of flowing bebop lines, deep blues sensibility and mastery of chording continue to delight audiences and fellow musicians alike.

"When the players are Vasilis Xenopoulos and Nigel Price . . . the outcome is downright irresistible." - The Guardian ★★★★★

Stoke by Nayland Hotel, Keepers Lane, Leavenheath CO6 4PZ

Ample parking; fully accessible. Directions: [www.fleecejazz.org.uk](http://www.fleecejazz.org.uk)

Tickets: 01787 211865 or via WeGotTickets (booking fee applies); or on the door (cash or cheque only; sorry no debit/credit cards)

\*Friends of Fleece Jazz discount

SPECIAL OFFER: Bed, breakfast and a gig for two  
from £109 (subject to availability) Phone: 01206 262836

## Newton Uillage Hall Committee

are pleased to invite you to a

# COFFEE MORNING

on

SATURDAY 17<sup>th</sup> September

10.00 to 11.30

Newton Uillage Hall

\*\*\*\*\*  
REFRESHMENTS  
CAKES  
PRIZES  
\*\*\*\*\*



\*\*\*\*\*  
BRIC -A- BRAC  
BOOKS  
RAFFLE  
\*\*\*\*\*

Donations of raffle prizes, cakes, books and bric-a-brac would be most welcome and can be brought on the day or delivered to a member of the village hall management committee beforehand.

### Committee members:

Fiona Garman, Joan Linney, Theresa Parry, Sue Presland, Rita Schwenk, Wendy Turner, Alan Vince, Janet Weavers.

## NEWTON GREEN GOLF CLUB CHARITY DAY

Friday 9<sup>th</sup> September 2022

Tee times available 8am - 4pm  
Individual Stableford Competition  
£10 members - £20 visitors  
In aid of Suffolk Mind



### Over 15 Prizes including:

1st: £300 Golf Breaks Voucher  
2nd: £150 Voucher: The Secret Garden Restaurant, Sudbury  
3rd: £100 John Lewis Voucher  
6 Nearest the Pins and prizes for handicap categories

Main Sponsor: **BLOOR HOMES**

Visitors please ring to book your tee-time and pay  
Tel: 01787 377217 [info@newtongreengolfclub.co.uk](mailto:info@newtongreengolfclub.co.uk)

The fun continues in the evening from 7-11pm with

## ROCKHOUSE

Rock 'n' Roll / Rockabilly band  
A night of the best Rock 'n' Roll  
Gourmet hotdogs included

TICKETS £10 or £5 for under 14s

All proceeds go to Suffolk Mind

Buy tickets from Newton Green Golf Club in advance

[info@newtongreengolfclub.co.uk](mailto:info@newtongreengolfclub.co.uk)

Tel: 01787 377217 or 07951 724 425



## LWHS - CHARLIE & THE DIG

LWHS is now once again open to both members and non-members alike!

We put on about ten local history talks or other events each year on a deliberately-wide

variety of subjects of interest to all. Talks are held in our lovely Edwardian reading room – The Parish Room – in Church Road, Little Waldingfield on Wednesday evenings, commencing 7:30pm.

Current prices for our regular talks are £2 for members and £4 for non-members, which gets you:

- Entry to a great talk, typically of an hour's duration
- Tea or coffee plus biscuits after
- Access to borrow historical publications
- Access to what has become a great social gathering bringing friends, neighbours and colleagues together.

You won't know what you've missed until you come along!

Our next event is: **14<sup>th</sup> September** with speaker Charlie Haylock Charlie and the (Sutton Hoo) dig - Stories from behind the scenes of the film.

Charlie Haylock is a leading Suffolk entertainer. His one-man shows are legendary in East Anglia and his books are bestsellers.

His talk on the making of the Netflix film, 'The Dig', which starred Ralph Fiennes, is a hilarious and intriguing behind-the-scenes look at the story of the Sutton Hoo burial ship and the characters involved.

For more information contact Diana Langford on **01787 248298** [dianalangford765@gmail.com](mailto:dianalangford765@gmail.com)

<https://littlewalingfieldhistorysociety.wordpress.com>



## LANTERN MAKING WORKSHOPS

Boxford Fireworks will be held on Saturday 29<sup>th</sup> October. The event starts with a parade of illuminated lanterns processing from The White Hart car park to the playing fields. The procession leaves the White Hart at 6:30pm.

The lanterns for the procession are made in craft workshop sessions at Boxford Spinney during the week leading up to the fireworks. This year's sessions are as follows:

### Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> October – Formal Workshop

This is a formal (over-14s only) 2 day workshop to make large parade lanterns that will impress spectators and be the envy of your friends. We recommend a team of at least two and no more than four (this is just a guide, you will need enough people to carry your lantern). If you wish to make a larger lantern, it is essential that you book into this workshop. Bookings are limited to 8 teams and the workshop runs over both days starting promptly at 10:00am and finishing at 4:00pm. You will need to bring a packed lunch, tea and coffee will be provided.

### Monday 24<sup>th</sup> to Thursday 27<sup>th</sup> October - Informal Workshop

This is an informal drop-in workshop aimed at both children and adults (children under 11 must be accompanied by an adult). In this workshop you will have time to make smaller lanterns that can be carried by one person (or 2 if it is slightly larger). You should allow 3 hours crafting time for the smallest lanterns, the larger the lantern the longer it takes. For smaller children, we have some pre-prepared lanterns that can be finished off. Some people like to come back the next day or later in the week to finish off. Workshops close at 4:00pm daily.

Instructional sessions start at 10am and 1pm daily. These sessions are on a drop in basis. Booking is not essential but is advised.

To book a workshop please ring **01787 211596** (answer phone) and leave your details or email [mark.miller@talktalk.net](mailto:mark.miller@talktalk.net)

Formal Workshops cost £10 per person and the Informal Workshops £5, payable on entry to the workshop (credit and debit card payments accepted).

## LEAVENHEATH CINEMA

Saturday 3<sup>rd</sup> September- Doors open 7pm  
**WEST SIDE STORY**

2021 (12A) Drama/Musical  
2hr 36 mins with 20 mins interval  
Tickets £4 per adult & £2.50 per child.

You can now book online:

[www.leavenheath.org.uk](http://www.leavenheath.org.uk)

Or telephone Marion **01206 263301** for tickets

Refreshments, wine, beer, soft drinks, coffee, tea will be available before the film starts and ice creams during the interval.

*Proceeds towards LVH Capital Project Fund (Charity No 262816)*



## WHATFIELD CRAFT FAIR

**Sunday 16<sup>th</sup> October 10-4pm**

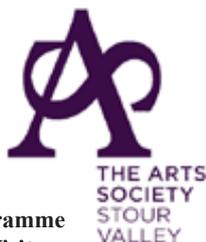
Whatfield Village Hall, IP7 6QU  
Wide variety of stalls. Bumper raffle with excellent prizes. Hot and cold refreshments served all day.

All proceeds to Success After Stroke and Whatfield Primary School.



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WITH GRIM NEWS BEHIND  
EVERY DOOR**

**THE ARTS SOCIETY  
STOUR VALLEY**



THE ARTS SOCIETY  
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has taken flight with an exciting Autumn Programme offering illustrated Monthly Talks (1 hour), Visits, Special Interest Days + a quarterly magazine and much more – all at a very reasonable cost.

**INAUGURAL TALK: 11am, Wednesday 21 September**  
with refreshments available beforehand

**VENUE: The Village Hall, Long Melford CO10 9QJ**

Stour Valley is formed from TAS South Suffolk & TAS Sudbury offering a full programme of monthly talks, visits & special interest days

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+ THE COFFEE!**

For further details: [info@TASstourvalley.org.uk](mailto:info@TASstourvalley.org.uk) quoting **BRN 16**  
or via our website [www.TASstourvalley.org.uk](http://www.TASstourvalley.org.uk)

\*(TAS Stour Valley was formed from TAS South Suffolk & TAS Sudbury)

**WEDNESDAY 21<sup>st</sup> SEPTEMBER at 11am  
REGENCY REVELATIONS –  
THE LOST DIARY OF A DANDY**

**Lecturer:** Mark Hill whom Antiques Roadshow fans will know better as the Miscellaneous Items' expert, The lost private journals of John Margesson Esq. 1794-1866, a true Regency dandy. **Not to be missed!**

# Fireworks Lantern Making

Saturday 22<sup>nd</sup> October  
To Thursday 27<sup>th</sup> October  
In The Spinney 10.00a.m. - 4.00p.m.



TO BOOK A SESSION  
Contact Mark Miller  
01787 211596  
[mark.miller@talktalk.net](mailto:mark.miller@talktalk.net)

## UPDATE FROM THE BOXFORD FRIENDSHIP GROUP

The BFG had an excellent start in April 2022 at the Boxford Pavilion, mainly due to the amazing support and response from the village, turning up on the dot to sign up as members and welcomed in by 'The Staff'.

The group has been meeting monthly since then, with a steady increase in membership.

We were very fortunate to have David Burden as one of our first speakers, followed the next month by Win Gage of Corncraft, Monks Eleigh. What delights they both were!

Buckets of tea have been consumed, along with lovely cakes cream teas, strawberries and Pimms and lemonade made by our cocktail girls. The excited noise rose to another level!

Keeping everyone's interest is challenging, with quizzes and games, but so worthwhile.

The positive feedback from the members comes in the form of laughter and very loud chatter! Noise indeed! So much so that we have to ring two bells to restore ORDER PLEASE! However the exuberant chatter and laughter is very joyful to hear and it is great for everyone to have a good old natter.

We were asked to provide tea and cake at the Jubilee party at the playing fields - another lovely village event we enjoyed so much.

The BFG has loved being at the Pavilion with its gorgeous vista over the fields, but sadly August is our last meeting there as we are moving to Boxford Village Hall in September, allowing more space as our membership has grown.

We would like to say many thanks to Hugh Philips and Boxford Parish Council for their support to us during our time there. AU REVOIR, Pavilion!

*Alison and Wendy.*

*Relaunch of the*  
**BOXFORD  
FRIENDSHIP GROUP**

**JOIN US  
on Monday 26th September  
for some fun  
and companionship**

**2pm - 4pm  
Boxford Village Hall**

**£3 entry  
Coffee/tea and  
Cake included**

For more info call  
Wendy Hills 210342 or  
Alison Warren 211067



Polstead Village Hall presents

# A night to Remember

Live music by Danny Paterson

Local fish and chip supper

Friday 7<sup>th</sup> October 2022, 7pm

Tickets £20 each see below

doors open at 6:30pm  
Drinks available to purchase

For ticket sales email [polsteadvillagehall@outlook.com](mailto:polsteadvillagehall@outlook.com) or purchase (cash only) at Polstead Community Shop or call 01787 828570  
Ticket sales close Friday 30<sup>th</sup> September.

## LIVE MUSIC IN POLSTEAD



Live music with Danny Paterson at Polstead Village Hall on Friday 7<sup>th</sup> October.

Danny is a professional singer and guitarist from Essex. He performs at many different types of events up and down the UK singing hits from the 1950s all the way up to the present day.

He is well known for his high energetic, professional, and charismatic performances. He has been performing for nearly two decades.

Tickets cost £20 each and includes Fish & Chips. Tickets available from Polstead Community Shop (cash only) or email [polsteadvillagehall@outlook.com](mailto:polsteadvillagehall@outlook.com) for further info and tickets.

## POLSTEAD FILM NIGHT

POLSTEAD VILLAGE HALL

Friday 16<sup>th</sup> September- Doors open 7pm

### WEST SIDE STORY

Steven Spielberg's triumphant remake of the classic Broadway musical

A tale of fierce rivalries and young love in 1957 New York City  
*"The acting, singing, and dancing are terrific."*

Wine, tea, coffee, ice creams.

Tickets £4.50 each

To reserve email: [polsteadfilms@gmail.com](mailto:polsteadfilms@gmail.com)

Or buy in advance at Polstead Community Shop

All proceeds in aid of Polstead Village Hall, Charity No. 304933



## Shopping Day

in aid of

# Cancer Research UK

Monday 3<sup>rd</sup> October 2022  
10.00 am - 3.00 pm

### The Village Hall, LAVENHAM

Church Street, Lavenham, Suffolk, CO10 9QT  
Behind The Cock Horse Inn off Church St., - Free parking

Lots of lovely things for ladies of all ages - Everyone welcome!  
Please join us in Lavenham to support Cancer Research UK

Hotfooted Ladies' Shoes & Boots (a whole hall full!), collections of ladies' clothes, jewellery, fashion accessories, gifts, plants & more...

£3 Entrance to Cancer Research UK (£2 after 1pm)  
Light refreshments available

Please Like and Share our Facebook page:  
[www.facebook.com/charityshoppingday](http://www.facebook.com/charityshoppingday)

Cancer Research UK is a registered charity in England & Wales (1009444), Scotland (50041646) & the Isle of Man (1101).

In aid of  
**CANCER RESEARCH UK**

Let's beat cancer sooner

## POLSTEAD ART GROUP

CELEBRATING THE GROUP'S 21<sup>st</sup> BIRTHDAY  
IN THE QUEEN'S JUBILEE YEAR  
WITH AN

### EXHIBITION & SALE OF MEMBERS' WORK

Saturday 22<sup>nd</sup> & Sunday 23<sup>rd</sup> OCTOBER

10am - 4pm

**POLSTEAD VILLAGE HALL**

REFRESHMENTS AVAILABLE

Why not come and join us?

New members welcome. Tuesdays 14.00 - 17.00 Polstead Village Hall.

## POLSTEAD GARDENING CLUB

After our summer break, we are starting our next season of meetings with the following:

**Tuesday 20 Sept at 7.30pm:** Fiona Bonny, whose re-wilding garden we visited last year, will talk about organic gardening and compost

**Tuesday 11 Oct at 7.30pm:** Mike Townrow, local tree and soft fruits farmer, will talk about soft fruits, fruit trees and pruning

All meetings will be at Polstead Village Hall on the green in Polstead (CO6 5AL). Free to members.

Non-members are welcome £5 (cash or cheque please). Includes a drink and nibbles.

Queries to [gardeningclubpolstead@yahoo.com](mailto:gardeningclubpolstead@yahoo.com)



## KERSEY TABLE TENNIS CLUB

We are a small and friendly club and welcome players of all abilities. The purpose of the club is social and recreational. We do not play competition.

We operate from Kersey village hall on Thursday evenings between 7:30pm and 9pm.

Our fees are: Adults £2.50 for one hour or £3.00 for the full session.

Juniors (under 18) £2.00 irrespective of duration.

Our next season commences on **8<sup>th</sup> September 2022** and ends **29<sup>th</sup> June 2023**

Contact Adrian Blyth **01473 827805** [amblyth1@gmail.com](mailto:amblyth1@gmail.com)

## MILDEN SINGERS

This fun and friendly singing group returns from our summer break on Monday 5<sup>th</sup> September. We meet weekly from 7-9pm at Milden Pavilion: the ability to read music is not essential and we sing everything from Mozart to Queen! We are looking for new members to join us and we are very much looking forward to performing again at our concerts.

For more information please contact Pearl on 01449 741876.

## BOXFORD WI UPDATE

The Boxford WI summer outing was a visit to Otley Hall Gardens. Some of the ladies enjoyed a walk round the gardens while others sat and enjoyed a coffee in the sunshine. This was followed by a lovely lunch.

The speaker for the September meeting is Margo with her dog Linus. She will give a talk on hearing dogs for the deaf.

Please come along to the Village Hall on Wednesday 7<sup>th</sup> September at 2pm if you are interested.

Other interest groups within the WI are:

*Dining Divas* (lunch group)

*Chatterbox* (afternoon with tea and cake)

New members are always welcome, so if you are interested in joining please contact our secretary.

Annie Phillips. Secretary, Boxford WI

**01787 211729** [annie-phillips@hotmail.co.uk](mailto:annie-phillips@hotmail.co.uk)



Fundraiser for the Groton Croft

# SAVE THE DATE

## Saturday 12th November

Hannah Louise

The well-known local vocalist returns to:

# Groton Village Hall

Tickets will include supper

More details to follow  
in next months' Box River News

Bates Wells  
& Braithwaite



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# REVIEW: MADRIGALIA AT BORLEY CHURCH

The nation had been sweltering for days in temperatures usually seen in the Caribbean and the Mediterranean, so the coolness of the interior at Borley Church on 24<sup>th</sup> July enticed an 80+ crowd for a choral concert by Madrigalia.

Madrigalia was formed by Sue Price (choir leader) and her husband Gareth around four years ago. Prior to retirement Sue was a peripatetic piano teacher with Essex Educational Music Services & also taught in a number of private schools. Husband Gareth was a Secondary Head of Music and between them they have established a powerful-sounding choir which will surely go on to achieve great success after this performance.

The programme for the concert consisted of four sections, Madrigals, Folk Songs, Sacred & Spiritual and popular songs. The opening *"Sing We and Chant It"* (Robert Pearsall) set the tone for the concert. Under Sue's purposeful direction the choir made most of the layers of voices and made us all sit up for what was undoubtedly going to be a magical performance.

In the Folk Song section I was particularly impressed by *"Suo Gan"*, a traditional Welsh lullaby. The title in English is *"Lullaby"*. This song had been arranged by Gareth to great effect. Those listening may have been taken back to the soundtrack to the film *"Empire of the Sun"* as this song was a recurring theme.

When the choir moved into the Sacred & Spiritual section, I was particularly impressed with *"Deep River"*, a traditional African-American song, evocative of the Deep South and maybe also the 1903 work, *'Appalachia'* by Frederick Delius. This arrangement achieved a lilting melody almost verging into Gospel.

But full marks must, in this section, go to the Karl Jenkins composition *"Adiemus"*. There is something about this piece of music which takes the listener off to tranquil plains! The lyrics of *Adiemus* have no meaning and the *'voice is simply used as another instrument to make music and to convey any message'*. The choir certainly gave a fine example of the brilliance of this masterpiece.

After a short break, the choir gave a rendition of popular songs, largely arranged by Sue and Gareth. *"Honey Pie"*, familiar to Beatles aficionados, was an unusual inclusion but was executed with whimsical style. This final section featured familiar songs from the last five decades with a selection of more recent songs - impressively by Dutch singer Caro Emerald - *"That Man"* and *"Liquid Lunch"*.

To close out the concert the choir sang *"Sing"*, made famous by The Carpenters. Sing, the choir certainly had but mention should be made of pianist Jill Garret who played a blinder! Jill is also an accomplished member of The Quay Play Readers, but on this occasion only had eyes for reading the musical score!

After the rapturous applause had died away and the encore *"Blue Moon"* had faded, the audience were entertained by a gastronomic dessert-fest. Delicious desserts consisted of 7 of the top-10 Borley villagers' favourite desserts. The pudding consumers were joined by the choir for a convivial evening of chat and chilling.

*Kelvin Hastings-Smith*



# A WHOLE DECADE OF HOLLOW TREES FARM BUTCHERY!

Can you believe we've had our fabulous on-site butchery open for 10 years? It's an integral part of our business; we couldn't imagine life without it. Our butchery is unique in its offerings. Rarely do you find a business where you can track the journey of its produce in so much detail, and one which has the ability to provide its customers with home-reared Beef, Lamb, Pork, Goat and Mutton straight from the farm!



Here at Hollow Trees Farm, we home-rear all of our animals. We are deeply involved in their care and welfare every step of the way on the journey they take from field to fork. Over the past decade we have learnt how to make this journey the best it can be. Thanks to all the hard work and knowledge we have attained, the quality of our meat is second to none. It's a result of the minimal food miles and the care taken at each stage.

We would love for you to join us this September in celebration of our 10-year anniversary of our Farm Butchery. For 10 days from the 10<sup>th</sup> September, we will have daily offers and promotions for you all to enjoy!

See you soon,  
*Team Hollow Trees Farm*

## FREE TRAINING SESSIONS

Last month the Hadleigh Pool and Leisure Centre hosted a second free defibrillator training session for anyone interested in learning how to use a machine. First Responder Trevor Sheldrick was ably assisted by two fellow responders, Yvonne Free and Sarah Eggleston.

Attendees were shown how to administer CPR (cardiopulmonary resuscitation), the first emergency lifesaving procedure when a patient has collapsed. This was followed by the application of an AED (automated external defibrillator) to try and regularise the patient's heartbeat. Participants had an opportunity to practice both skills if they wished.



The free sessions are in response to the acquisition of several new defibrillators in Hadleigh and the prospect of more to come. Whilst this is admirable, it is even more worthwhile if folks know how to use them. A further two sessions are planned including an evening session for those unable to attend daytime fixtures. Sessions are not limited to Hadleigh residents.

Please seriously consider attending one of the training sessions. It is something we all ought to know how to use. No exams, testing or crawling around the floor is required. Practicing the CPR and AED is optional. Places are limited so please book.

**Further free sessions have been arranged for:-**

Wed 7<sup>th</sup> September      7pm - 9pm  
Sat 19<sup>th</sup> November      10am - 12 noon

**Anyone can attend but places are limited so book early to be sure.**

Online: <https://bit.ly/defib-awareness>

Telephone: 01284 757473

Visit: Hadleigh Pool and Leisure Centre Reception

**THIS SEPTEMBER  
OUR FARM BUTCHERY  
TURNS 10!**



**JOIN US AS WE  
CELEBRATE  
OUR BUTCHERY  
ACHIEVEMENTS  
OVER THE DECADE  
LOOK OUT FOR  
SPECIAL BUTCHERY  
PROMOTIONS AND OFFERS**






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Voyages into  
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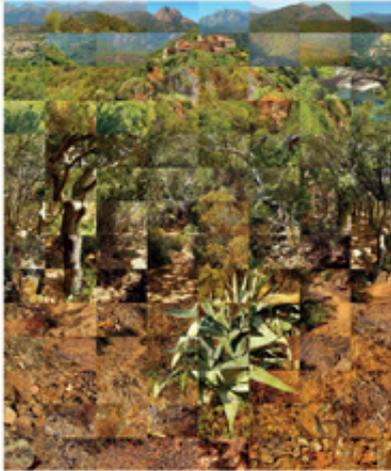
Exhibition Preview Day  
Saturday 3rd September  
from 11-6pm

**Mill Tye Gallery & Arts Centre**  
3 Cornard Mills, Mill Tye  
Great Cornard, Sudbury  
Suffolk CO10 0GW

**Opening Times:**  
Thursday to Sunday  
11am to 4pm Free entry.

Mill Tye is sign posted off the Bures Road in Great Cornard, approximately a mile out of Sudbury Town Centre. The turning is opposite the Kings Head Pub. Parking is in the car park before the level crossing. The gallery is a short walk opposite the Mill Pond, before the river, in the old Bakers Mill Building.

**RSVP**  
Voyages into Landscape  
Exhibition @  
[www.milltyegallery.co.uk](http://www.milltyegallery.co.uk)



Starts: Saturday 3 September — Ends: Sunday 30 October

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# PHOTOS FROM BOXFORD SOCIETY VILLAGE ARCHIVE

Thank you to everyone who contacted us. The extra information has been added to the archive and we are dealing with the requests. Contact us through [tina.loose@gmail.com](mailto:tina.loose@gmail.com) or 01787 210538 or 16 Clubs Lane, Boxford, CO10 5HN.



Last month we published a picture of Boxford people at the seaside before World War II. We would like to apologise to all the Skinner family for the error we made in the naming of Queenie Skinner's husband. She was married to Dennis, not his brother Tom. This month's picture shows Dennis and Queenie's wedding with family and friends outside Boxford Village Hall. Perhaps readers can help in naming everyone and give us the date of that wedding? Most of such information relies on people's memories of long ago, so please let us know if something is not right.



*Above:* Local farmworkers, probably during "Levensies" (mid-morning lunch) while working at Daking Farm. George Clackson (nickname Blinkey), Dennis Baker, Dot King. Dorothy (Dot) was Vic Rice's mother. Dot's Levensies bag is by her feet. Vic thinks they were sitting by a corn stack while resting from clamping potatoes.

*Right:* This was a lovely thatched Tudor house, before it burnt down. It was in Calais St and was the early home of Marshall Smith, the thatcher featured in last month's magazine. Peggy Patrick, his daughter, thought the family pictured here were her ancestral family.

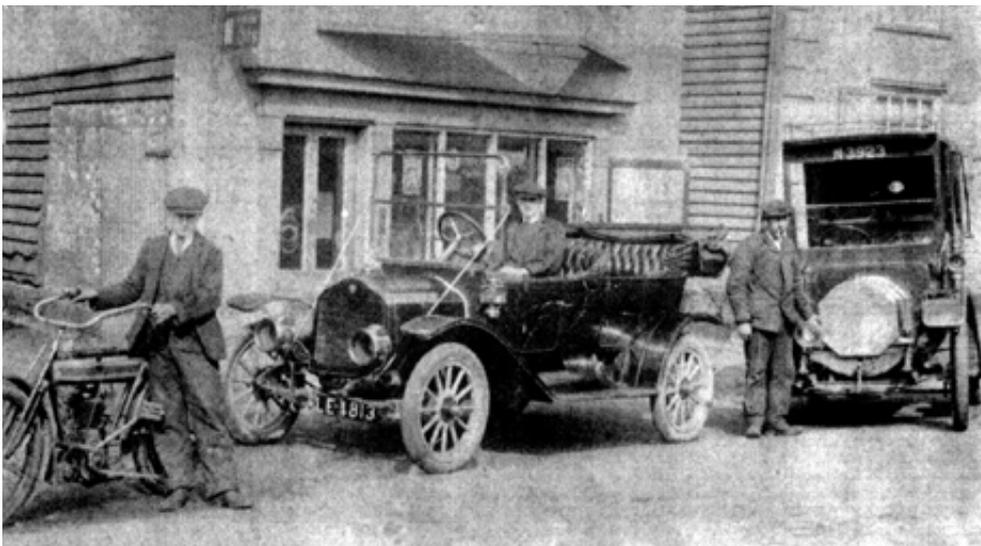


*Above:* Young men in their Sunday best c.1920. It is thought this was taken down by the then boating area on the millpond above the watermill. Left to right: Charles Gooden, ? Wright, Percy Wright, ? Good, Teddy Bowers, Watson Brett. Was this a special event?



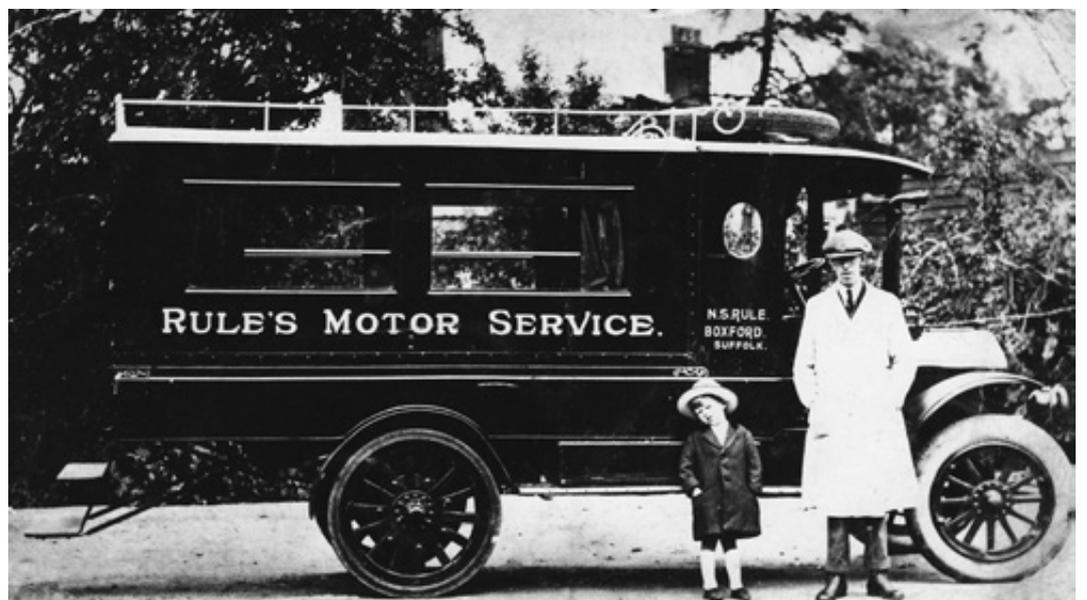


Boxford Special Constables at The Rectory (now Boxford House) 1944. Back row: Police Sgt. W. Conroy, C. Humphrey, F. Younger, ? Vernon, E. Younger, T. Partridge. Front row: Supt. Hurst, H. Grimwood, J. Whymark, F. Self, M. Whymark, S. Ribbans, R. Kemball. During World War II the Police Force was not a reserved occupation, so many policemen were called to war. Their places were filled by older men, many of whom had fought in World War I and younger, part-time constables, who were in reserved occupations.



Left: The wooden lock-up shop on Broad Street was used at various times to sell drapery and ladies' underwear and later second-hand furniture. The site of the building is next to the Croft entrance and is now a car parking space for the Old Bakery. It lay in front of the motor engineering garage just down the Croft, and some of Boxford's first cars can be seen c.1914. The garage was owned by the Riddlesdell brothers, sons of Arthur Riddlesdell of Boxford Stores (the current store and Post Office). They built motorbikes too. The garage had opened in 1900. Around 1920 it moved to Ellis Street and today belongs to Howard Watts.

Right: Newton Secker Rule set up his bus and lorry business soon after 1918 in that same long shed beside the Croft, once Riddlesdell's had moved to its present site. Newton is seen here with his son Archie in about 1922/3. Archie Rule later took over from his father and eventually Barrie Rule took over from his father. It is a very smart charabanc, but its hard tyres suggest that the ride could have been a bit rough, especially as the seats were wooden benches! Before the business closed in 2000 Rules ran European coach tours and holidays from their depot on Broad Street (now Rules Yard).



# THE GLOW PRO



Anyone who's had a long, busy week knows the look – dark circles, puffy eyes and were those fine lines always there?!

But, did you know that long-term stress can also trigger outbreaks of eczema, psoriasis and acne? Did you know it can slow down your digestion? Fortunately, much of this damage can be mitigated by moments of self-care, which is sometimes easier said than done! Take a read of some of my stress busting ideas which can help you relax.

## 5 WAYS TO DESTRESS:

### Massage

Massages are a great way to help your body and mind find balance. They relieve stress by lowering your heart rate and blood pressure, releasing feel-good hormones and relaxing your muscles. By improving circulation and pain relief, massages can in turn help stress-related conditions such as indigestion... plus they feel SO good.



### Less Screen-time



Technology overload is real and that's why I try to take regular phone-free walks during lunchtime. Even just 5 minutes in the fresh air can help clear the mind. It's also recommended to avoid any electronic device for at least 30 minutes before bed, to encourage your mind to disconnect and prepare for sleep. Try putting your phone on "do not disturb", so that the sound of notifications won't interrupt your deep sleep.



### Get Moving

Exercise is meditation in motion. Any form of exercise, whether it's yoga, aerobics or going for a walk can go a long way towards managing stress. Physical activity produces those feel-good hormones, which can improve your mood and the ability to sleep properly. You don't have to be an athlete to make a little exercise go a long way!

### A Soothing Facial Mask

Light a candle, pop a face mask on and if you have any spare cucumber, place a couple of slices over your eyes! Even if you're not feeling stressed, your skin may be from environmental factors such as pollution. Garnier Moisture Bomb Green Tea Hydrating Face Mask is my favourite, as it's easy to apply, leaves my skin feeling silky-smooth and is very reasonably priced. If you're able to, treat yourself to the real-deal occasionally and book in for a facial treatment. Keep your eyes peeled for our discounts and offers!



### LED Phototherapy

As we know, stress can cause inflammation throughout the body which can trigger skin issues and flare-ups. In the clinic, we offer Dermalux LED Phototherapy, which is pain-free and uses clinically proven, therapeutic light energy to stimulate the body's natural rejuvenation and repair process. It can treat a variety of skin problems that can be worsened by stress and it's a great mood-booster during winter. Whilst the LED light works its magic, you can relax peacefully in a calm and quiet setting with no disturbances.



How do you like to relax? Get in touch and let me know!

*Helena x*

[office@suffolkmedicalclinic.co.uk](mailto:office@suffolkmedicalclinic.co.uk)  
01787 211 000



Thank you for all of your questions and comments for this month's Q&A! Our chosen question comes from Jane, based in Hadleigh. She asks:

**Q: "I overplucked my eyebrows when I was younger. Would tinting or microblading be the best option to give me fuller-looking brows?"**

**A:** Brow tint can make an amazing difference to clients who have plenty of brow hair, plus it's low maintenance and affordable. The dye grabs onto the hair and stains it, so it'll add definition without the need for brow make-up. However, if you lack a lot of brow hair, you may not get the best results with tint. Microblading is a semi-permanent form of cosmetic tattooing and can transform the shape of sparse, thin or over-plucked brows. You can expect beautiful, long-lasting results if it's done by a fully qualified professional! It is a more costly treatment that requires maintenance, so please make sure you do your research to ensure you fully understand what's involved before scheduling an appointment. Please feel free to come in or send us a picture if you'd like us to advise you on what would be the best option for you!

Email your beauty questions to [theglowprosuffolk@gmail.com](mailto:theglowprosuffolk@gmail.com) for a chance to be featured next month!

## CITIZENS ADVICE

*The cost of energy and food is so high now. With the kids home from school for the summer, I'm having to pay more for lunches and snacks. I'm worried about how I'll put food on the table. I'm on a prepayment meter and I'm really scared we're going to be left without any gas or electric if I can't top up. What can I do?*

citizens  
advice

First of all, I'm really sorry to hear how tough things have been for you. You're doing the right thing in reaching out for support and there are things you can get help with.

As a prepayment meter customer, your energy supplier will be able to give you temporary credit if you can't afford to top up your meter. They might add this to your meter automatically, but if they don't, you can call them and ask them to do this.

If you run out of temporary credit, speak to your supplier to explain your situation. They may give you extra temporary credit if you're struggling with living costs. There are other reasons why they might give you extra credit too, including if you're disabled, have a long-term health condition, or you have children under the age of 5. You'll have to pay back anything extra you get, but you can agree how to do this in a way you can afford with your supplier.

As you say, the cost of living is really high but there is help available. If you pay council tax and you're in bands A-D, you should get a payment of £150 automatically. It could take until the end of September, but if you've not had it already you might need to make a claim. You can check how to do this on your council's website.

You might also be able to get a fuel voucher, which you can use to add credit to your meter. Contact your local council about this.

There's more government support coming from October, including a £400 payment to help you with your energy bills. If you have a prepayment meter, you'll be given vouchers in the first week of each month from October, via SMS text, email, or post. Make sure your energy company has your up-to-date details.

To help manage other costs, it's also worth checking you're getting all the benefits you're entitled to. There are benefits calculators you can use online. On the Citizens Advice website, [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) there's advice on how to reduce living costs and information on other ways to increase your income.

The school holidays can be a really tough time and we know the food shop isn't stretching as far. Contact your local council, to find out what extra support you can get over the holidays. If you can't afford to buy food, Sudbury and District Citizens Advice can help you get a referral for a food bank.

We know this is an extremely worrying time and everyone's situation is different. Don't struggle alone. If you need further support, contact Sudbury and District Citizens Advice on **01787 321400** and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, contact us via email at [advice@sudburycab.org.uk](mailto:advice@sudburycab.org.uk) or by using the contact facility on our website, [www.sudburycab.org.uk/contact](http://www.sudburycab.org.uk/contact)

We are providing advice by telephone and email Monday – Thursday, 10am – 1pm.

### *Remember!*

The Box River News can be seen in full colour each month by downloading from the website.  
[www.boxrivernews.com](http://www.boxrivernews.com)

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1 Donald Mackintosh Way, Scrivener Drive, Ipswich, Suffolk IP8 3SU

## HADLEIGH & BOXFORD PPG

The Practice continues to work on improving the booking arrangements for patients both online and telephone. In practice this will include; an increase in bookable online slots and more future appointments available to Receptionists. There is already a reduction in telephone waiting times.



Helpful guides are available at Reception encouraging patients to use the NHS app.

Royal College of General Practitioners has introduced an Active Practice Charter.

To acquire the Charter, Practices have to show that they have taken steps to increase physical activity in staff and patients and also linked up with local physical activity providers. As the Hadleigh Boxford Practice already fulfils much of the Charter's criteria, it shouldn't be too difficult to acquire the accolade.

The Health Centre would be an obvious choice for anyone looking for a defibrillator machine. There is a machine inside but this may not leave the premises. The PPG is working towards acquiring an external defibrillator for the Practice.

Subject to the availability of the appropriate vaccine, our Covid and Flu vaccinations will start on Saturday 1<sup>st</sup> October. Patients will be invited to attend so there is no need to call the surgery to make an appointment. PPG and other volunteers will monitor the car parks once again. If you are interested in volunteering please contact Jan Devey (details below).

**Website:** [www.hadleighhealth.co.uk](http://www.hadleighhealth.co.uk)

**Facebook:** <http://bit.ly/Hadleigh-Group-Facebook>

**Email:** [hadleighboxfordppg@gmail.com](mailto:hadleighboxfordppg@gmail.com)

**PPG Chair:** Jan Devey 01473 827091

## BRIAN TORA'S SOAP BOX

Are you enjoying the hot weather? As you might reasonably imagine, to me it reminds me of life in Portugal, which I much enjoy but where I have been unable to visit quite as much as I would have liked over recent years, Covid and health issues standing in the way. Coping with unusually hot weather does require a degree of discipline. Personally, I use sun tan lotion regularly and try to stay out of the sun as much as possible.

In Portugal we have awnings to protect us from the sun on our terrace, which we don't have here. (Well, it doesn't seem worth it, does it?) We tend to eat indoors as a result, though with the doors and windows open so at least we can pretend we are in the great outdoors. We can even barbecue in the shade, though the desire for an easier life and simpler cooking solutions demanded by advancing years tend to mean that barbecue food is actually cooked on the range indoors

I am, of course, old enough to remember the long hot summer of 1976. Some memories of that exceptional year remain embedded in my mind. At the time I was living on the banks of the river Avon, a few miles downstream from Stratford-upon-Avon where Shakespeare still rules today. Dividing my working life between Birmingham and London, a small flat near to Paddington station had been retained from my previous life to provide a pied-a-terre for when I couldn't escape the City.

But by 1976, economic necessity demanded that I quit the London bolt hole, so I spent an evening in July clearing my possessions out and handing over to the new occupiers. It happened that my replacements in the flat were good friends of mine, so naturally a few drinks accompanied the handover. Unsurprisingly, I commenced my return journey to Warwickshire with something of a nagging headache and a prodigious thirst.

The M40 had yet to be completed then, so my journey took me around Oxford and thence to Woodstock, where Blenheim Palace sits. Needing both a comfort break and some liquid sustenance, I stopped in this delightful stone-built village to partake of the local ale. It was hot – very hot – so I went to the bar of one of the several hostelries that then were strung along the main street.

I must have had tunnel vision, because I did not take in my surroundings as I approached the bar and only started to relax once the first draft of the local brew passed my lips. Glancing to my left, I was most surprised to find my nearest drinking companion was decked out in the full regalia of a Cavalier soldier as if he was about to engage with Roundheads in the conflict that raged in the middle of the seventeenth century.

It turned out that a re-enactment of a Civil War battle was taking place in the grounds of Blenheim Palace. As I took in the surroundings of the pub, I realised that a good proportion of the drinkers were dressed as either Roundheads or Cavaliers. There was no enmity present in that group of happy drinkers, all members of the Society of the Sealed Knot. I could only feel sorry for them as their outfits were hardly conducive to keeping cool in the exceptionally hot weather we were then experiencing.

This is not the only memory I retained of this exceptional long, dry, hot period that saw our green and pleasant land transformed into an arid desert. While walking across a west London square the evening before I set off to Woodstock, I came across a couple taking a stroll, wearing floppy hats, sandals and bedecked with beads – but nothing else. Their lack of clothing did not seem to draw much attention, but then this was the 1970s, with the summer of love still a relatively recent memory.

I don't recall as much media attention being given to the weather then. Nor were we showered with government warnings as to how the hot weather could be bad for our health. But that was then – this is now. A prolonged period of hot, dry weather will have consequences. Our bird feeders are being emptied very swiftly,

presumably because the ground is too hard for birds to dig down for worms and other tasty titbits. And the incidence of fires in the countryside is truly worrying.

So, much as I enjoy the hot weather, I fully accept that it does have its downside. In the Algarve where we have our house, fires are commonplace and can be very destructive. There the reservoirs are at dangerously low levels. Climate change has a lot of consequences aside from the concern over rising sea levels. I suspect that, in a relatively few generations time, how we view the weather and use water will feel very different from today.

*Brian Tora*

## EBONY'S DIARY

As we go to press in time for the September magazine, the great heat-wave is still upon us. The land looks like something from the Middle East, but, being clay, it's as hard as concrete and our farming friends are extremely worried. My live horse colleagues are hot and hungry. They are grateful to the horse care team for their attention over the holidays, and to the maintenance team for keeping the centre in good shape.

The triannual Shelley Ball was eventually held on July 15<sup>th</sup> at The Talbooth in Stratford St Mary. 144 tickets were sold and through their generosity the guests raised over £15,000 for the Centre. I'm told it was a wonderful evening; a singer on the lawn entertained the guests before dinner and a great band kept everyone dancing all night.



You would never know just how much hard graft went in to making the event so successful. The movers and shakers behind the enterprise are pictured here. From left to right: Lyn Bensusan, our stable manager; Chris Southgate our fund raising committee Treasurer; Jan McKillop, chairman of the fund raising committee, and Jan Derbyshire, our Chairman and ball organiser par excellence.

Naturally all four hold down other jobs to do with the running of the Centre, and we horses are so grateful to them.

Things are a bit quiet at the Centre in August, but we shall pick up speed after the school holidays finish. Our next fundraiser is our Christmas Bingo on November 26<sup>th</sup> at Hadleigh football club. Tickets are priced at £10. Details will be on the website as soon as they can be confirmed and I'll of course let you know in a future issue of the Box River News.

I'm hoping that when you read this, we shall all be very wet! Here's mud in your eye, dear friends.

The Shelley Centre for Therapeutic Riding, Shelley, IP7 5QY  
Reg. Charity No. 1113636  
Tel: **01473 824172**  
[www.shelleyrda.com](http://www.shelleyrda.com)



## FRENCH'S CARE HAVEN

Hello to our readers. The crazy weather is continuing as I write this. The flies have been horrendous for the horses and donkeys this summer, plus the wasps! I have to say I can't wait to see them all gone. My heart goes out to all the wildlife, please give them help with food and lots of water. You can imagine how it is going with the grass - there isn't any, so we are feeding hay and haylage as if we are in the middle of winter. Goodness knows how much that will go up in price later this year and what the shortages will be, seeing as there has not been a second cut. I am so relieved we have field shelters for the horses and donkeys to go into and get out of the weather and for some reason the flies tend not to go inside the shelters by their thousands like they do when the animal is out in the field. We put fly masks on those who do not mind them to keep the flies from going in their eyes and causing infections. With the dozens of flies they get around each eye, they can hardly see. Annie in the photo has her own built-in fly mask with her big thick fringe. We have platted her big thick mane so that it keeps her cooler. Annie loves her bright and well-kept open shelter. The helpers do a lovely job keeping the shelters super-clean and the animals spotlessly groomed. I have to admit I am a bit of a stickler that everything is done to high standards. There is a saying 'There's no point doing something if you are not going to do it properly'.



We are looking for someone who has a sink and some kitchen cupboards they no longer need. If you are having a refurbishment or a clear-out and your kitchen bits are not damaged, please give me a call. We need a part-kitchen area for our first-aid and meds area. Being short of volunteers is something we would love to not happen but unfortunately situations in other people's lives change. We can never have enough and could really do with some more help. Saying that, the few volunteers I do have are wonderful. If you would like to come along and become part of our small team and work with our beautiful animals, give me a call.



Remember our brilliant Quiz Night is on its way, 22<sup>nd</sup> October at the Ansell centre in Hadleigh: fish and chips with a great night of fun to be had.

If any groups out there would like me to give a talk I am happy to bring Lucy our therapy dog along as well as some visible information for you. I have given talks for many years to groups like Hadleigh's Wives Club and for students at college. I am happy to get out there and let people know about what it involves to run an animal rescue.

We are still looking for those who would like to join our yearly 100 Club, where you have a chance of winning money each month. For just £30 entry and the choice of a number, why not have a go? Details on our website: All monies that we raise after payouts go towards our animals' care and management.

**French's is a charity on your doorstep: can you help, either with time, donations, or sponsorship? You are welcome to come along and meet our animals - Call Jann for an appointment on: 07747 755556 or email: [jann.turner@hotmail.co.uk](mailto:jann.turner@hotmail.co.uk)**

**Website: [www.frenchscarehaven.org.uk](http://www.frenchscarehaven.org.uk)**

## FREE BAGS FOR YOUR WAGGY FRIENDS



Recently there has been a disturbing trend in the number of incidents of dog poo being left by dog owners on the Boxford Playing Field. This is not only unpleasant for anyone unlucky enough to come across it, but it is a serious health risk for the many users of the playing field both young and old.

Recognising that a potential reason might be because owners have turned up to exercise their dogs without bringing poo bags along, Boxford Parish Council have taken the pro-active step of purchasing and installing a bag dispenser near the dog poo bin at the pavilion. Poo bags are now available, entirely for free, for dog owners to take and use to pick up their dog's poo, which they can then dispose of in the dog poo bin provided.

Hugh Philips, on behalf of the Boxford Playing Fields Committee told the BRN: *"The Playing Fields Committee are grateful for the generosity of the Parish Council in providing and installing the dispenser. No excuses for dog walkers not picking up the poos in the future!"*

The dispenser will be continually stocked with bags, however please only take bags if you find yourself without one.

## KENNY'S NEWS FROM SESAW



The volunteers are wilting and the dogs have flopped down in the shade as I write this in the middle of another heatwave. Hopefully it will be cooler when we have a stall on the Green at the Cavendish Fete on 3<sup>rd</sup> September, open 1-5pm. The following week our £1 Sale will be held at the Stevenson Centre, Stevenson Approach, Gt. Cornard, CO10 0WD. Doors open at 11am on Saturday 10<sup>th</sup> September, these sales are always popular so don't miss it!

This month I am looking for a special person who could take on an old pal of mine. Paddy is a nine year old Yorkie dog suffering from heart failure. He needs someone who can give him the home he deserves on a one-to-one basis. They will have no other pets, an empty lap with lots of time and love for a delightful little dog. Paddy has a healthy appetite and still enjoys a game of ball, a walk, a good cuddle, and life in general. At the moment all he needs is one pill twice a day popped in his food.



If you think you can provide the foster home Paddy needs, please leave a clear message with your name and number on **01787 210888** or email [info@sesaw.co.uk](mailto:info@sesaw.co.uk). Please speak slowly so anyone can hear your contact details, even a little chap like me,

*Kenny (the Boss) Chihuahua.*

Suffolk & Essex Small Animal Welfare, Reg. Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP.

Tel: **01787 210888**

[www.sesaw.co.uk](http://www.sesaw.co.uk)

# WOMAN WHO WALKS

## Walk with a Dragon

Here is a long 12-mile walk from Boxford for a day when you feel like challenging yourself. Alternatively you can start from Assington for a shorter version (about 5.5 miles).



I started from Stone Street, taking the footpath up to the left of Pippettes Farm, then left towards Hagmore Green. I had set out early because the August weather was so hot: a fiery day for a walk to a fiery creature. At that time the light was almost autumnal, but I could already feel the heat as I trudged up the hill to the path across the fields towards the huge fir trees which march across the Hagmore Green skyline.

When I reached the cottages in front of the firs I turned right past Firs Farm and left into the farmyard.

An outlier from the grand fir trees guards the entrance and



I stopped to admire its enormous, deeply ridged red trunk stretching upwards, always trying, but never succeeding in catching up with the five giants further along the road. Perhaps it's because time has stopped in the farmyard. Deserted wooden trailers shelter under the lopsided cart lodges. Strange pieces of brick wall stand around serving no apparent purpose. It looks like

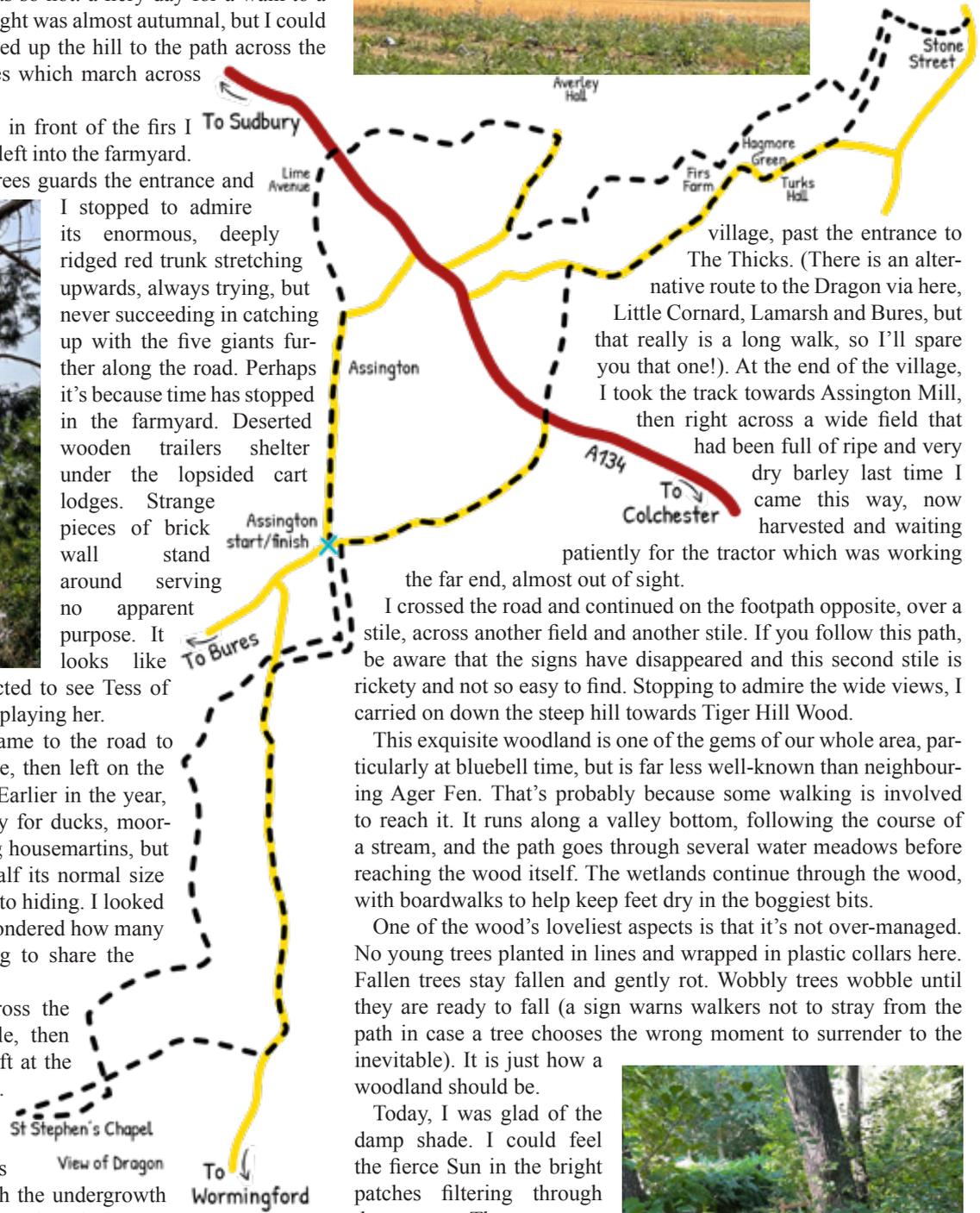
an abandoned film set. I expected to see Tess of the d'Urbervilles, or an actress playing her.

Across the fields I finally came to the road to Aveley Hall. I turned right here, then left on the footpath just before the pond. Earlier in the year, the pond was a hive of activity for ducks, moorhens, dragonflies and swooping housemartins, but the drought has shrunk it to half its normal size and its bustling life had gone into hiding. I looked towards the deepest part and wondered how many unlikely neighbours are having to share the smaller and smaller space.

I took the path straight across the next field, now golden stubble, then right past a small wood and left at the next wood towards the A134. A sudden, loud scuffle in the trees made me jump and I looked round to see a deer's white backside hurtling through the undergrowth at such a speed I couldn't even see how big it was, let alone the species. It was certainly local as it knew a way through the dense foliage which no pursuer could possibly find at that speed.

I crossed the road, which looked on the point of melting, and followed the remains of the lime avenue towards Assington. The landowners have recently built a new pond/reservoir, leaving the dug-out earth piled up around the edge. This mini mountain range has already been colonised, despite the drought, by swathes of thistles and docks, their purple and russet heads now about the only flowers in the whole landscape. Next year these new slopes will probably be a scarlet fiesta of poppies.

I walked through to the road and down the length of Assington



village, past the entrance to The Thicks. (There is an alternative route to the Dragon via here, Little Cornard, Lamarsh and Bures, but that really is a long walk, so I'll spare you that one!). At the end of the village, I took the track towards Assington Mill, then right across a wide field that had been full of ripe and very dry barley last time I came this way, now harvested and waiting patiently for the tractor which was working

the far end, almost out of sight.

I crossed the road and continued on the footpath opposite, over a stile, across another field and another stile. If you follow this path, be aware that the signs have disappeared and this second stile is rickety and not so easy to find. Stopping to admire the wide views, I carried on down the steep hill towards Tiger Hill Wood.

This exquisite woodland is one of the gems of our whole area, particularly at bluebell time, but is far less well-known than neighbouring Ager Fen. That's probably because some walking is involved to reach it. It runs along a valley bottom, following the course of a stream, and the path goes through several water meadows before reaching the wood itself. The wetlands continue through the wood, with boardwalks to help keep feet dry in the boggiest bits.

One of the wood's loveliest aspects is that it's not over-managed. No young trees planted in lines and wrapped in plastic collars here. Fallen trees stay fallen and gently rot. Wobbly trees wobble until they are ready to fall (a sign warns walkers not to stray from the path in case a tree chooses the wrong moment to surrender to the inevitable). It is just how a woodland should be.

Today, I was glad of the damp shade. I could feel the fierce Sun in the bright patches filtering through the canopy. The greenness of the water meadows and stream banks was a shock after the pale, parched fields I had walked through on the way.

Under the trees it seemed almost dark. I stopped to listen to the silence. Running water, like birdsong, always seems to intensify, rather than diminish the quiet of



deserted places. Just as I was in danger of waxing poetic, I found myself ducking and dodging a hail of hazelnuts coming from somewhere above me. They were large and hard and were coming down with some force. Perhaps it was the wind, but when a squirrel suddenly dashed down a tree trunk next to me, flew across my path and shot up into the canopy further away, I thought that maybe I had come under attack for being too close to someone's nest.

At the end of the path, I crossed a footbridge over the stream and continued to the right, along the bottom of a sloping field which appeared to be full of long, dry grasses and nothing else. A footpath sign led me through a hedge to the right and along the edge of another field, past a reservoir. The waysigns then ran out altogether and I had to consult the map to work out how to continue. The path went back to the other side of the hedge, then straight on to the right until it reached a track. Here, I went left, then immediately right. This path was shady and ragged robin was still managing to flower. A clump of thistles was shedding its down, making a fluffy white mound among the grasses to compete with the fluffy white clouds which had now begun to gather in the sky.

A little further on down the path I caught my first glimpse of the Old Bures Dragon. He is carved into the hillside on the opposite side of the valley. His head is held high to the right and his tail swirls round in a loop to the left. He first appeared in this form in 2012, courtesy of the local landowner. However, if the old story is right, he first appeared in the middle ages, as a terrifyingly real creature which had a habit of helping itself to the local sheep. Attempts to hunt the interloper were unsuccessful, as arrows were said to bounce off its scaly hide or lodge harmlessly among the spines along its back. Eventually, it hid in the marshes of the Stour Valley and disappeared. The account is known from the Chronicle of St Albans Abbey and dates from 1405. We will probably never know what the original Old Bures Dragon actually was, but its image on the hillside is more guardian spirit than sheep-slaying demon.

To reach the best view of the Dragon, I carried on to a stile on my right and followed the path past a distant lake off to the left, full of geese and other water birds, squabbling loudly in their diminishing space. The lake is out of bounds (apparently, it's a nature reserve) and the path continues to another stile, then up a steep, grassy hill to the ancient chapel of St Stephen.

This is a magical spot, said to be the place where King Edmund was crowned on Christmas Day 855. It feels like the kind of place to crown a king, looking out across a wide valley and the gently rolling hillsides. The Dragon is king here now, seen in his full glory from a bench next to the chapel.

I said goodbye to the Dragon and walked back down the path, over the stile, past the nature reserve and then straight on up a steep hill, through a fallow field. Looking back, there were distant views of Bures and its church in the valley. Perhaps one day, somewhere in the marshes down there, someone will find a strange, long-tailed, spiny backed skeleton.

At the top of the hill, I followed the path to the right, then left on a track through some trees to the Ager Fen road. At the road, I turned left and followed it past the car park for Ager Fen, over the footbridge at the ford in the valley, and up the hill to the track on the right towards Assington Mill. (An alternative route, cutting out some of the road, would be to take the path to the left at the stile before the big, fallow field, which I had come along earlier, then straight on past the end of the Tiger Hill Wood path and on to the Ager Fen road just after the ford.)

At the end of the Assington Mill track, I turned right on to the road through Marshalls Green and back to the A134. Almost opposite the end of the Marshalls Green road is another footpath leading through several fields and eventually on to the Hagmore Green road. At Hagmore Green, I took the road past Turk's Hall, then the footpath on the left, back down to Stone Street.

Lisa

[www.womanhowalks.com](http://www.womanhowalks.com)

Instagram: [@womanhowalks](https://www.instagram.com/womanhowalks)

## MY WISH CHARITY

Your time is precious but did you know that you could spare a couple of hours and support your local NHS charity? If you would like to then we would love to hear from you.

My WiSH Charity supports the West Suffolk NHS Foundation Trust.

As a charity we don't provide anything the NHS should provide, but the extras. All donations mean we can enhance care for you, and your family, for life. For the very young it could be using one of the special cots we've purchased for twin babies or a special video link service on neonatal unit so baby and mum can stay connected. It could be being treated by a play specialist in the emergency department or playing with a toy in the X-ray department. As we get older and need other hospital services we may benefit from the cardiac diagnostic unit, a project that saw us raise £500,000, or maybe you could need to borrow a DVD player to complete your cardiac rehab from the comfort of your home. Our projects come in all shapes and sizes and a £10 donation can make as much difference as a £1000.

As a charity we, like the Trust, support everyone. In fact, did you know the Trust and charity care for a population of 280,000 people across West Suffolk? As you can imagine, supporting all these people and telling them what we do can be tricky. As a small team we cannot reach all but, with your help, we could meet, talk and thank so many more and that's where you come in.

We don't ask for any set time, just whatever you would like to give. It could be you are happy to pop along to a club or group and accept a donation on our behalf. It could be you would love to pop into your local town on a weekend and 'shake' a bucket or maybe you would like to join us at one of our bigger events, there's a role for everyone.

Volunteering is such a rewarding thing to do. It costs no money, just your time and that is something we value greatly.

If you think you help us enhance care then please email: [fundraising@wsh.nhs.uk](mailto:fundraising@wsh.nhs.uk) or call Tanya on 01284 712952.



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# PARISH COUNCIL UPDATES

## BOXFORD

### Summary of Council Meeting 28<sup>th</sup> June 2022

**Vacancies** – Please note we now have 3 Councillor Vacancies on the Parish Council. The current Parish Council includes Julian Fincham-Jacques as Chairman, Lisa Wortley (Vice Chairman), David Warren, John Moles, Pamela Edwards and Theresa Munson. Further Applications would be welcomed. Debbie Hattrell continues as Clerk to Council.

**Reclaim the Rain Project** - County Cllr J Finch introduced the representatives for the Reclaim the Rain Project. The idea is to reduce flooding problems and to make good use of the water collected or diverted. The project would engage with the community and work in partnership. From over 37 expressions of interest, Boxford was chosen along with 2 other sites in Suffolk and 3 in Norfolk. The first phase will involve publicity and engagement with the wider community. The representatives explained about the expertise on their team, and where the project covered areas of the Environment Agencies responsibility, they will be fully involved. The Neighbourhood Planning Group referred to their investigation as part of the preparations for the Neighbourhood Plan and the project representatives were most interested to learn of this work. The scheme at Finchingfield was raised as Boxford Scouts had visited that scheme. There is also scope to include surrounding Villages such as Groton and Edwardstone. The Chairman took the opportunity to thank the representatives for attending and Cllr Munson for all her on-going hard work on behalf of the Parish Council with this project.

**Public Forum** – Neighbours had attended to share their concerns regarding the application to Listed Building for the re-positioning of the boundary wall and changing vehicular access at 30 Stone Street. The points raised related to highways safety and heritage issues. There were also concerns that the required notices were not provided. This application was to be discussed under the Planning Agenda item later in the meeting. Cllr Hurren was requesting the Planning Officer attends the site to fully appreciate the issues involved.

Another resident explained that as mentioned at a previous meeting himself and other residents have carried out a survey of the village identifying areas in need of attention. They had concerns regarding drainage and would like to see a schedule from County Highways in respect of clearance work. They also identified where the village would benefit from a clean-up. The residents carrying out the survey volunteered to help as a working group to address some of these concerns. Members took the opportunity to thank the resident in this respect.

**County Council Report** - County Cllr J Finch attended. The County were supporting walk to school week and the 14<sup>th</sup> annual walking festival kicked off at Clare Castle Country Park. Suffolk Archives are inviting people to donate Platinum Jubilee souvenirs for a memory box. In response to the Public Forum item, J Finch confirmed that all the drainage projects were on the list and he would check progress regarding the requested speed surveys. Cllr Munson suggested a walking bus could help ease School traffic congestion. The verge has been cut along the A1071. Cllr Wortley and Cllr Hurren had been lobbying for some improvement in this respect.

**District Council Report** - District Cllr B Hurren attended and reported on the management of the road sweeping which is now in house at the District Council. He has been investigating the housing issues in Boxford which he felt were gradually getting resolved. He confirmed, in the District, the threat of homelessness is at an all time high. He has asked for the grass bank on Swan Street near Homefield to be cut. The District Council now has a new Cabinet. He had completed the work on the Church gates and suggested some preservative in the Autumn. He will attend to the Gunary Close noticeboard. Cllr Moles questioned Cllr Hurren about the housing issues and a nuisance tree on Homefield.

**Bus Shelter** - Members were pleased with the decoration of the Bus Shelter and thankful to Barry Rule for his hard work yet again in this respect. The importance of keeping the shelter in good order was raised. It was agreed to take up the kind offer made by Colin Parr, resident, to organise working parties of volunteers. Members would like to see the full survey details the group had undertaken around the Village. In order to consider the proposals for the Bus Shelter, members asked for a detailed proposal which would need to involve investigation with the Babergh Heritage Team of what would be permitted.

**Dog Poo Bag Dispenser** - It was agreed for Cllr Munson to discuss the idea of installing a dog bag dispenser on the Playing Fields. The importance of also checking with the Community Wardens regarding the regular replenishment of the bags was noted. \*A bag dispenser has now been purchased to install at the Playing Fields.

**Correspondence** - The correspondence report had been circulated ahead of the Meeting. All matters were noted. A polite letter to Riddelsdell was agreed asking them not to park their tractor on the grass area opposite. Cllr Wortley was pleased to report the Footpath leaflet project was now proceeding at a pace. Fly tipping of trees had been reported.

**Finance** – In addition to the usual business, it was confirmed that our papers are currently with SALC for the Annual Internal Audit. Members noted that they were pleased with the quality and scope of audit provided by SALC and agreed to appoint them for a further year. In relation to the Internal Controls, the policy document had been circulated ahead of the Meeting and members resolved this still meets our needs.

**Planning** – A number of planning applications were discussed, details on which can be found in the full minutes found online.

Full minutes can be found at:

<https://boxfordsuffolk.com/BoxfordParishCouncil/minutes>

**Debbie Hattrell**

[d.hattrellhattrell@btinternet.com](mailto:d.hattrellhattrell@btinternet.com)

## GROTON

### Summary of Council Meeting 6<sup>th</sup> July 2022

**Neighbourhood Plan Update:** Following meeting held on 21<sup>st</sup> June which was attended by a Neighbourhood Plan representative from Edwardstone PC, a formal online application to be made by the Clerk. N Chapman leading and to form a sub-group and produce a supporting statement on behalf of the Council.

**Planning Matters:** Planning decisions received and noted - DC/22/02141 Land and Buildings at Daisy Green. Prior Approval - Agricultural to Dwelling – Refused

**Re-siting of Noticeboard:** The wall which was part of the old dog pound had been suggested as a good place to site the new Noticeboard although it wasn't clear who owned the wall. It was suggested that a land search should be made to establish ownership before moving forward.

**Reports and correspondence:** Tree felling in Groton Wood - The Council had received correspondence from a concerned member of the public about the felling of mature oak trees in Groton Wood. The person concerned had received a detailed explanation from Suffolk Wildlife Trust as to why the work had been necessary and in view of this, it was agreed that the Council note the concerns but not become further involved.

**Highway and Footpath matters:** Footpath Cutting - Two cuts had been carried out so far but due to the dry weather, growth was currently slow. Highways Investment Fund – Footpath & Vegetation Clearance. SCC was offering to carry out extra footway clearance and was asking for suggestions for areas to be cut back. A suggestion was put forward for an area in Butchers Lane.

**Financial Matters:** Statement of Finances and Orders for Payment

and Q1 accounts – Approved

Other financial matters - Due to a cheque for £500.00 donated to Boxford Primary School in November remaining uncashed due to being lost by the bank, it was agreed to issue a new cheque for the same sum.

**Next meeting:** Wednesday 7th September 2022 at 7.00pm

Full minutes can be found at:

<http://groton.onesuffolk.net/parish-council/documents/>

**Richard Jones**

[grotonclerk@yahoo.com](mailto:grotonclerk@yahoo.com)

## NEWTON GREEN

### Summary of Council Meeting 13<sup>th</sup> July 2022

#### 22/131 Proposed Development

Stuart Davis of Optimum Architecture Ltd presented the drawings in relation to his updated proposal for development of the land next to the playing field. He confirmed that plots 1 and 2 would be 3-bedroom social/affordable semi-detached houses and plots 6 and 7 would be 2-bedroom social/affordable bungalows. These would be managed by a housing association. The remaining 5 properties would be privately developed. He highlighted the pavement that would be developed along the A134 in front of the scheme and the footpath to the playing field. In answer to the Chairman's question on how this proposed development met the Newton Neighbourhood Plan policies, he answered that residents were benefiting from the 4 affordable dwellings, the pavement and the footpath.

Mr Davis answered a number of questions from residents including:

- The location of the site had to be in accordance to planning policies which required the proposed development to be alongside the BUAB
- The agricultural entrance to the landowner's remaining field kept the number of accesses onto the A134 to one
- The landowner owned 5.5 acres of the field, but the ownership did not extend to Rectory Road
- He was supportive of the suggestion to extend the pavement to the bus stop
- He was not able to give the agricultural land grading for the land of the proposed development.

The Chairman thanked Mr Davis for his time and asked him to keep in touch with NPC should they plan to progress the proposed development.

#### 22/137 Defibrillators

The three defibrillators are now installed and awaiting confirmation that they are now part of the ambulance service system. The training session for the cardiac arrest response seminar has been booked for Wednesday 28<sup>th</sup> September 2022 starting at 6pm in Newton Village Hall. The seminar will be publicised in the Box River News, on the notice boards and on the Newton website.

#### 22/139 Allotments

The councillors reviewed the correspondence from BWB following their engagement with the landowner's solicitor for the transfer of the allotments land to NPC. The councillors agreed on the following for NPC's response to BWB on the issues raised:

- The councillors accepted the costs that may be incurred if the transaction is aborted by either party.
- The map defining the allotment land was in keeping with the OS map that NPC has on file.
- NPC to request that the land transferred includes the access path from Church Road and along the boundary of the allotments. This access has been sufficient for the allotment tenants over the past years.
- There is currently no water provision at the allotments.

#### 22/141 Fireworks 2022

The councillors agreed to a budget of £750 + VAT for the fireworks

event and will now undertake to seek additional volunteers in order to organise the event.

Full minutes can be found at [www.newton.onesuffolk.net](http://www.newton.onesuffolk.net)

**Dave Crimmin PSLCC**

[newtonpc2@gmail.com](mailto:newtonpc2@gmail.com)

## EDWARDSTONE

### Summary of Council Meeting 18<sup>th</sup> July 2022

**Defibrillator:** P Clarke had been in contact with Community Heartbeat Trust who had advised him that the defibrillator was registered with the Ambulance Service. It was agreed that the defibrillator should be made more visible, with illuminated signage, and that the emergency phone should be restored to use. This had previously been taken out of service due to poor signal but it was agreed to purchase a signal booster on a 'sale or return' basis to try to improve this.

**Planning Matters:** A number of planning applications were discussed, details on which can be found in the full minutes found online

**Neighbourhood Plan Update:** Consultants had visited the village and were preparing a design draft. The Steering Group met with on 5<sup>th</sup> July and looked at the five areas previously identified as the basis for the plan. Policy ideas to be discussed at the next meeting on 27<sup>th</sup> July. Plan to hold an exhibition in late September for the public to view the ideas and comment. The question of the ownership of the Parish Hall had arisen and would be looked into.

**Highway & Footpath Matters:** Footpath Cutting – An issue with hedgerow overhanging a footpath near Mill Green was raised. M Gibson to speak to the landowner to resolve this. Footpath Leaflet – T Wood reported that good progress was being made and he had met with the new Footpath Group and had provided the group with his draft. This would be proofread and then sent to the relevant SCC officer along with photographs for the working leaflet to be created.

**Correspondence:** BDC offering free trees, hedgerows and wildflowers to local Parishes to help biodiversity. It was proposed that the Millennium Green and an area at the rear of Mill Green flats would make suitable sites. P Baker to meet with the Millennium Green working party on first Saturday in August to discuss this project. T Wood to speak to residents of Mill Green.

P Baker had joined an online discussion on climate change on 25<sup>th</sup> May and provided a report on this with some suggestions on how Edwardstone as a Parish could help combat climate change. These included: 20mph speed limits on certain local roads, provision of a safe cycle shelter at the Millennium Green to encourage people to cycle there, use of land for Allotments. He noted that grants had been available previously for such projects and had joined a specific WhatsApp group to keep abreast of latest developments. Climate Change to be a separate agenda item from now on.

The Statement of Financ

**Condition of Bus Shelter:** Meeting to be arranged between T Wood, P Baker and B Hurren to assess work needed and possible costs.

**Financial Matters:** Statement of Finances & Orders for Payment and Q1 accounts – Approved.

**Next meeting:** Monday 26<sup>th</sup> September 2022

Full minutes can be found at:

<http://edwardstonepc.onesuffolk.net/parish-council/minutes>

**Richard Jones**

[edwardstoneclerk@outlook.com](mailto:edwardstoneclerk@outlook.com)

## LITTLE WALDINGFIELD

Little Waldingfield parish council next meet on Tuesday 6<sup>th</sup> September 2022 at 7:30pm in the Parish Room.

Previous minutes can be found at <https://bit.ly/lw-parish-council>

## FEEDBACK FROM JAMES FINCH

### Your County Councillor for the Stour Valley

#### Suffolk County Council looks to protect Suffolk following Sizewell C decision

Suffolk County Council will now focus its attention on protecting Suffolk, ensuring that the county sees the maximum benefits from Sizewell C project.

On July 20<sup>th</sup>, the Secretary of State for Business, Energy and Industrial Strategy granted the Development Consent Order to build and operate a new nuclear power station, Sizewell C.

The council remains disappointed that a number of key issues have not been fully resolved but is now looking ahead to the boosts for the local economy and protecting the local environment.

Whilst the council has been successful in securing many improvements to the scheme, it had raised several concerns where the impact on the natural environment could have been improved:

- The blight of the additional pylons at the main site
- Unnecessary and damaging outage car park at Goose Hill
- Sizewell Link Road should be removed after construction to prevent lasting damage to the environment.

During the process, the council's voice has been strong, and our influence has resulted in a number of significant improvements to the proposals, to make them more acceptable for Suffolk.

We have taken the concerns of Suffolk residents to the highest levels, from the Planning Inspectorate to the Secretary of State. We are disappointed that, in our opinion, some of these have not been listened to. It is now our role to ensure that as Sizewell C proceeds, it does so with the least possible impact on Suffolk's residents and unique natural environment, whilst doing all we can to maximise the economic opportunities for our county.

The council has been instrumental in recent changes made to the proposals, which will see Suffolk benefit from nearly £200m of investment to mitigate the impact on communities, the environment and infrastructure. Assurances have also been secured to see a far greater quantity of construction materials will be delivered by rail and sea, reducing the number of lorries on the county's rural roads.

Following the decision to grant the Sizewell C Development Consent Order, there is now a six week period up to the end of August in which judicial review challenges may be made. Subject to any legal challenges, Suffolk County Council will work with EDF Energy, local communities and local authorities, to ensure that the scheme is constructed accordingly and that opportunities for Suffolk are maximised.

#### UK's leading digital care technology sees early huge results for social care.

The data, released on July 25<sup>th</sup> by the Cassius service, highlights the benefits of a digital care technology service, which is the most advanced in the country. Launched in July 2021, Suffolk County Council's Cassius service has:

- Changed the lives of 1,600 people with over 2,600 pieces of digital technology installed
- Avoided 118 ambulance call-outs at a time when pressure on the NHS is at an all-time high
- Prevented hospital admissions saving 170 hospital days, freeing up beds for those most in need
- Estimated saving to social care of £4.2 million and cashable savings of £430,000 and £160,000 to the local NHS

Cassius has exceeded all our expectations and our social work practitioners are quickly becoming the most digitally advanced in the country. We have developed this service from scratch and this data is a testament to how you can transform services and continue to provide positive experiences and benefits to all. We are very

pleased to see the added value to the wider health system too.

Most importantly, however, is the impact on people's lives which has been wonderful to see, and we are getting some excellent feedback from people using the technology. One resident said: "The technology literally saved my mother's life".

Cassius provides digital care technology to people in Suffolk to help them to remain independent for longer and to support them to live safe and well at home. The types of technology includes movement sensors, smart watches, wearables, falls prevention devices and technology to address specialised needs. More information can be found on: <https://bit.ly/scc-technology>

#### The first 'Reclaim the Rain' workshop has been held in Boxford.

I attended an introductory workshop in Boxford on 12<sup>th</sup> August guided by the Reclaim the Rain team. My clear impression gained from those present was that this is a very exciting project and potentially will provide huge benefits for the community overall. Our thanks must go to Theresa Munson et al for agreeing to embark on this project. There will be lots of opportunity very shortly for others to join this project team from the village. I will certainly do all I can to support the local team Watch this space!



#### Virtual Fostering and Adoption Sessions for the Stour Valley

A Foster Carer Recruitment Event is held the 1<sup>st</sup> Wednesday of every month, and an Adoption Event is on the 1<sup>st</sup> Thursday all 7:00pm in your home.

To book a place please email [Claire.Gwatkin@suffolk.gov.uk](mailto:Claire.Gwatkin@suffolk.gov.uk).

#### My Priorities

*Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley - Building on Suffolk's Strength all underpinned by strong financial management and low council tax.*

[james.finch@suffolk.gov.uk](mailto:james.finch@suffolk.gov.uk)

Tel: 01206 263649

Mobile: 07545 423796



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## FEEDBACK FROM BRYN HURREN

### Your Babergh District Councillor

Some general good news to report is that the Sand Hill planning application for 64 houses has resoundingly been refused at Babergh Planning committee by 10-1 votes.

This seems to be a very popular decision in Boxford and the surrounding villages, and I would extend all my thanks to those that stood up to help achieve this result.

Hopefully, along with the Parish Council, the village can now work to achieve some meaningful development along with infrastructure both for the village and the school to bring about some smaller scale homes for local people who cannot necessarily afford the expensive private homes that would have been forced upon us at the Sand Hill development.

I would hope that the 50 or so affordable homes that have already been provided in my time as your district councillor can be increased with another small development to serve local families into the future and to keep Boxford as a thriving village and not as a new town with a huge estate that clogs the village with vehicles and makes traveling through it and shopping within it a complete nightmare.

On the wider front your district council, having come through two years of the pandemic with much credit for the way we distributed and handled the support packages to keep everything running as best as we could, will now have to step in to support families and individuals suffering so badly in what is now being labelled as the cost of living crisis. We are currently putting together some packages to help those in most need and try to get everyone through what is going to be the worst financial winter in living memory for most of us.

It is not hard to see why we are in this situation, as a nation we are still suffering so badly from the Brexit catastrophe. While cutting ourselves off from the largest marketplace in the world is obviously a grave mistake, having no proper deal to enable us to continue to trade seamlessly in the free market is going to be an insurmountable obstacle into the immediate and also the long-term future. Far from getting Brexit done and taking back control, we have in fact just cut ourselves adrift as a small nation with no real idea of a plan on where we go from here and given control to some very right-wing politicians and their minders, whose aims seem to be making loads of money for themselves and not anything to do with helping us go forwards as a united nation or kingdom.

Talking of such people, a recent factual report into our water and sewage companies has revealed that the bosses, executives and shareholders in these now privatised conglomerates have awarded themselves £27 million in bonuses during the past two years. This is despite allowing 2.4 billion litres of water leakages every day, just within England and the pumping of raw sewage into our rivers and waterways on over 440,000 occasions during the last calendar year. Also, those of you that follow the news will have picked up that traces of the polio virus have been found in London's sewage and in some of its young population, not difficult to join the dots here is it? These facts are just staggeringly unbelievable and just highlight yet again the incompetence, corruption and greed that exists throughout our large, privatised companies and into certain parts and areas of our broken political system. To mend it we are going to need heavy fines and long jail terms towards those who disregard their duties towards us, the general population so flipantly.

We also need to recognize the failings of our worst politicians and de-select them at the earliest opportunity. We are coming into a realisation that honest hardworking people who just want to be elected to serve their wards and constituencies can be elected also and rise through the ranks to achieve good things for us, as has

happened recently, despite the horrible right-wing propaganda. It is just down to all of us to use our precious votes wisely and engage once more in the political system, we can all now look up our MPs voting record to see if they are speaking up for and protecting us, or just jumping high for their own political gain and favour from whoever the current Prime Minister is, or others that have been put in the top jobs.

I will refrain from commenting on the current sickening race to the bottom by the latest two wannabees who until recently were quite content to support our disgraced and dishonest PM. Until he became so toxic that they jumped on the bandwagon to try to replace him.

On a lighter note, I have been saving my annual day off for the past three years and took myself and the current Mrs. Bryn off to the Cropredy Folk Festival for three days and chilled out to an abundance of folk and rock music. I have always found that musicians reflect on the current political state of the times they are living in, and this event was no exception. The constant condemnation though song and words was universal and expressed in words of song really not printable in this magazine. I hope that, as the great Bob Dylan pronounced in the early sixties, that the times really are a'changing, as we really do need them to do now for the sake of the sick, low-waged, homeless and all those who help to look after and care for them. The so-called downtrodden and genuine workers of this nation including our brilliant nurses and doctors of our fabulous NHS are all at breaking point and need consideration. Not condemnation.

Although I still have loads of fight and vigour in me to keep fighting for my electorate and to do the very best I can for you all, I do sincerely hope that in the next few years that better and younger people will put themselves forward to keep the flags and cudgels flying and to keep my lovely villages free from extreme politics.

Please enjoy the rest of this hot summer and pray for rain to save the current and future autumn crops, we are certainly going to have to dig deep in the immediate future to keep ourselves afloat both financially and mentally throughout these self-inflicted injustices and crises. We are seeing some volunteer groups being set up to give help when we all need it.

May all our gods be with them during this coming winter.

If anyone wants to discuss, help, or chat, please make yourself known.

*All Best Wishes and Hopes.*

*Bryn xx*

[bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk)

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# HOW YOUR COUNCIL CAN HELP YOU WITH THE COST OF LIVING CRISIS



Support packages to combat the cost of living, energy bills and council tax are all available through Babergh District Council, with our staff here to direct residents to the help they are entitled to.

Many schemes and rebates have been announced in 2022 to ease the financial burden on people across the UK as well as in our districts. Babergh District Council is urging residents to check they are receiving the support they are entitled to on the website <https://bit.ly/babergh-living-support>, including the funds below.

To help with the rising cost of energy bills, the Council Tax Energy Rebate (<https://bit.ly/babergh-council-tax-rebate>) provides a £150 payment which is not repayable, to households in bands A-D. Payments have already been made to more than 66,000 households in these bands, with arrangements being made for the remaining recipients. The scheme has now been expanded and the discretionary scheme will offer up to £150 to those people not eligible for the main scheme but in need of financial help to cover the cost of energy bills.

The discretionary element of the Council Tax Energy Rebate is open to people in different council tax bands who may be paying rent and energy bills but are not liable for council tax such as those in a house of multiple occupation (HMO), those in receipt of Universal Credit or Housing Benefit, those in receipt of Council Tax Reduction, or other exceptions.

Applications for this funding close on 4 September 2022, so the council is encouraging anyone struggling to check if they are eligible and apply.

Residents can apply to pay less council tax through the Council Tax Reduction housing benefit. Using the council's online calculator at <https://bit.ly/babergh-council-tax-reduction>, they can find out whether they would be entitled to a 95% reduction in their council tax bill.

There is also the Household Support Fund (HSF) <https://bit.ly/babergh-household-support-fund>, a £170,000 pot split between both councils, which is available to help meet the cost of many household expenses. Those in financial hardship can get help paying for food and essential household goods, including school uniforms, equipment, and household energy bills.

Cllr John Ward, leader of Babergh District Council, said:

*"We know how tight things are for people right now – and household budgets are set to be squeezed further over coming months. We are here to help our residents and communities and want to ensure people understand the range of support available and how to access it. Combating the cost of living is one of our top priorities, so I urge anyone who thinks they may be entitled to this help to check our website for more information."*

Cllr Suzie Morley, leader of Mid Suffolk District Council, said: *"The wellbeing of our communities and residents is of the utmost importance, which is why we have these schemes in place, with many of them being paid directly to households. The HSF and Council Tax Reduction are fantastic resources which let us reach those in our districts with support where other nationwide funds might not. "Making sure everyone can afford to live and work in our districts is front of mind for the councils, and we are working to ensure we can tackle the cost of living both now and in the coming months and years."*

These steps are in addition to the national schemes already introduced and coming into effect this winter. The widest reaching of these is the £400 energy bills support payment; this replaced the previous £200 payment announced and will not have to be repaid. The payment will be split over six months and paid to all households with a domestic electricity meter, starting from October 2022. Those with pre-payment meters will have the money applied to their meter or paid via a voucher. Additionally, there is:

- A £650 cost of living payment. Paid directly into claimant bank accounts by DWP [www.gov.uk/guidance/cost-of-living-payment](http://www.gov.uk/guidance/cost-of-living-payment), it is split into two payments (paid in July and October) for households in receipt of universal credit, income-based job-seekers' allowance, income-related employment and support allowance, income support, working tax credits, child tax credit or pension credit
- A £300 pensioner cost of living payment. All pensioner households will receive this as a top-up to their annual winter fuel payment in November/December 2022
- A £150 disability cost of living payment. This is a direct payment in September for those receiving disability living allowance, person independence payment, constant attendance allowance or war pension mobility supplement.

For more information visit [www.babergh.gov.uk](http://www.babergh.gov.uk).

To apply for the HSF, or for further details, residents can email [householdsupportgrant@baberghmidsuffolk.gov.uk](mailto:householdsupportgrant@baberghmidsuffolk.gov.uk) or telephone **0300 123 400**.

Further details of Government payments and guides on what support residents may be entitled to are available on their website.

In addition to the support available from BMSDC and Government, Suffolk County Council also have a collection of support under the Local Welfare Assistance Scheme from trusted gateway partner organisations. These include services for health, education, domestic abuse and drug and alcohol abuse.

## Babergh councillor contacts:

Cllr John Ward (Ind Con), Leader & Cabinet Member for Economic Development, mob: **07802 414981**, [John.ward@babergh.gov.uk](mailto:John.ward@babergh.gov.uk)

Cllr Bryn Hurren (LD) Box Vale Ward Councillor [bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk)

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# VOLUNTEERING MATTERS GOLFING EVENT

Volunteering Matters celebrates a diamond milestone at Stoke by Nayland Resort this September, and you can get involved.

In its 60<sup>th</sup> year, the UK's leading volunteering charity, Volunteering Matters is celebrating with an invitational golf day at SbN Resort's championship golf courses on the 21<sup>st</sup> of September, sponsored by Source One Consulting.

Marking another milestone, SbN Resort is also celebrating a big occasion with the 50<sup>th</sup> anniversary of their championship golf courses. The team at the resort are delighted to be hosting this prestigious day as part of Volunteering Matters events.

Peter Osborne, Commercial Director at SbN Resort commented on the collaboration: *"It's a fantastic year of celebrations for all involved. We are proud to have been chosen as the host venue for the Volunteering Matters invitational golf day, a cause very close to our hearts, during a special anniversary year for our business."*

In the current economic climate, volunteer projects providing vital help to communities across the UK have never been so crucial. Stephen Skeet, Director of Business Development and Impact at Volunteering Matters, speaks about the importance of volunteer projects during this time: *"At Volunteering Matters we see every day the power of communities coming together through volunteering to support each other. Our volunteers supported the Covid response in schools and transport hubs, providing PPE to the homeless and supporting young people in care. We are delighted that SbN Golf Club, Source One and First Class Events are supporting us, and we look forward to welcoming our guests to celebrate our birthday with us."*

Event sponsor Source One Consulting, also celebrating a 20<sup>th</sup> anniversary, is one of East Anglia's leading office design and refurbishment businesses. Pat Lewis, Chairman of Source One Consulting, added: *"Being an Ambassador for Volunteering Matters, I've seen at close hand the impact and the importance of the projects being delivered. I'm really hoping that we can make this a yearly event at Stoke by Nayland Resort."*

The format of the golf event, supported and run by First Class Events, is an 18-hole, 4-ball, Stableford competition with golf handicaps on an established championship course, raising vital funds to continue the great work of Volunteering Matters.

The invitational golf day is open to all, with limited places available. Register and take part by contacting [stephen.skeet@volunteeringmatters.org.uk](mailto:stephen.skeet@volunteeringmatters.org.uk). We advise to book early to avoid disappointment.

Hole Sponsorship is available at the event for just £100, and combined with a charity raffle at the event, this will help to raise vital funds for future volunteering programmes.



L-R: Karl Hepple, Director of Golf, SbN Golf Club / Peter Osborne, Commercial Director, SbN Resort / Stephen Skeet, Director of Business Development and Impact, Volunteering Matters / Pat Lewis, Chairman, Source One Consulting

# BOXFORD BOWLS CLUB

Members of the Boxford Bowls Club enjoyed a social evening on 30<sup>th</sup> July. We played 12 ends of bowls, and just for a bit of fun, we had to bowl 6 ends using the hand we did not usually use to bowl with. We rounded off the evening with jacket potatoes with mixed fillings and salad, and some delicious home-made chocolate chip cookies. Thanks to the members of our social committee for organising this fun evening.



# MILDEN CRICKET CLUB



David Willis batting against BT Waldringfield

No freak weather, but also (sadly) no wins for Milden CC to report this month, with three low totals leading to big losses. On 31 July, Old Newton scored 188

for 8 – with the parched and fast outfield a total that might have been greater but for athletic fielding on the boundary by the Evans brothers, with Roger also returning the best figures of 3 for 32 in his 5 overs. Earlier, Joe Smith was typically mean, conceding only 21 runs in his 10 overs. Replying, Milden were dismissed for 86 in 24.1 overs to lose by 102 runs.

At home on 7 August Milden could only muster 125, a total reached thanks largely to 51 not out from Alex Lomax and the 38 extras that Long Melford conceded. Veteran John Stuck, who scored 48 on 22 May, was bowled for a duck in Bajaj's first over and Bigg was caught behind by Andrew Simmons for 11 to leave the visitors 24 for 2. Captain B Wright, 64 not out, then led a recovery, and although Mittal took two late wickets, Melford reached their small target comfortably to win by 6 wickets.

On 14 August on a hot afternoon at BT Waldringfield's sloping rural ground near the River Deben, Alex Cunningham had no hesitation in electing to bat on winning the toss, but he and Simmons were unable to repeat their opening partnership of 85 in the home fixture on 15 May. Fred Walton top scored with 26 in a disappointing 119 for 9 in 32 overs (unusually, Milden had only 10 men), and the Waldringfield batsmen knocked off the required runs for the loss of only one wicket in just 11 overs.

Two matches remain (at home to Brantham on 21 August and away at Melton St Audrys on 4 September), but with only two wins so far this season it looks as though Milden will be playing in Division 5 in 2023.

David Lamming



Studied defence by Alex Lomax

# The Blooming Garden

## The Exotic Garden.

If you have room in your garden for some dramatic foliage and brightly coloured flowers then a little bit of jungle will keep looking wonderful throughout September and until the first frosts. Some of the plants you can use aren't really exotic or unusual but I like to think they give a 'Henri Rousseau' effect. I was inspired by his imaginary landscape in the painting 'The Dream' when I created mine; but without the lions and naked ladies. Despite the drought I think I have created a lush, jungly feel. I use a combination of hardy plants, tender ones and annuals. The annuals add some pizzazz and they mean I can change the look each year.



The Exotic Garden

For foliage, I have the very tall variegated grass; *Arundo donax* 'Variegata' and I think it is the perfect foil for the gigantic leaves of *Tetrapanax papyrifer* 'Rex' which comes from Taiwan. This has made a little copse as it suckers with enthusiasm, but it is a showstopper.



*Musa basjoo* & *Tetrapanax papyrifer* 'Rex'

The extreme heat and drought this year forced it to shed some of its leaves but after a good soaking it looks none the worse. *Shefflera taiwaniana* is another dramatic foliage plant; it can't stand very cold winds but here it has the protection of other plants.

I have a hardy banana, *Musa basjoo* here which has matured into an impressive plant. I wrapped it up in fleece for its first few years but I don't bother now. The red-leaved Abyssinian banana, *Ensete ventricosum* 'Maurelii' is not hardy at all but it grows to a vast size in one year. I bring mine in for the winter and use it as a rather eccentric Christmas tree until it gets too big and then I have to start again.



*Catalpa bignonioides* 'Aurea'

each year, but instead of growing enormous leaves as a result, it produces small round, juvenile leaves. I don't want it to grow into

Two more plants with really big leaves are the Foxglove tree, *Paulownia tomentosa* and the Golden Bean tree, *Catalpa bignonioides* 'Aurea'. To make them grow huge leaves you have to sacrifice any flowers and cut them right down to a stump in March each year. I do the same trick with my *Eucalyptus gunnii*

a huge tree and the silvery leaves look lovely near the Golden Bean tree.

The unusual *Rubus lineatus* puzzles everybody, especially when I say that it is a member of the blackberry family. It suckers freely but it does look exotic. It has suffered badly from drought this year but I am sure that it will recover.

Cannas look exotic with their huge spade leaves and bright flowers and I have found that if I cover them with mulch they survive the winter. You can get them with red or green leaves and there is a lovely variegated one called 'Stuttgart'. You can grow cannas from seed but the seeds are like ball bearings and you are supposed to get some of the hard outer skin off with sandpaper in order for them to germinate. This is not as easy as it sounds as you end up doing more damage to your fingers than the seeds.



*Canna musifolia*

At ground level I like lots of big ferns and hostas with huge leaves. My current favourite hostas for impact are 'Praying Hands' 'Sum & Substance' and the huge 'Wide Brim'. My all time favourite fern is the elegant, evergreen *Polystichum setiferum* 'Pulcherrimum Bevis'.



Dahlia seedlings

The stars of the Henri Rousseau garden are the dahlias and you can have as many of these as you like as they are really easy from seed. I started off with some lovely named varieties and let the bees do the rest. You don't get cactus or pompom flowers as the seedlings, but they come in a wonderful range of colours. If you sow them in early spring and protect them from slugs you can plant them out after the risk of frost. You have to feed and water them and then stake them as they grow. They also need dead-heading to keep the flowers coming. But you will be rewarded with flowers from July until the frosts. I cut them down after the first frost and cover the tubers with newspaper and mulch. I never dig them up as I really can't be bothered; I just have too many. Anyway, I think that it is winter wet rather than frost that kills them.

I now leave my abutilons out too as although they get cut down by the frosts they usually seem to come back each year. They come in such lovely colours. The red one in the picture is one I am particularly fond of; it is called 'Nabob'.



*Abutilon* 'Nabob'

Creating your own 'Henri Rousseau' garden is enormous fun and you can give full rein to your imagination. For more ideas *The Exotic Garden* by Christopher Lloyd is a great read.

Chloris.

For more from Chloris follow:

[www.thebloominggarden.wordpress.com](http://www.thebloominggarden.wordpress.com)

# DIRECTORY OF CLUBS & ORGANISATIONS

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Newton Fireside Club	<i>Moira Evans</i>	<b>01787 374652</b>
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Boxford Bounty	<i>Mark Miller</i>	<b>01787 211596</b>
Boxford Community Car Scheme	<i>Jen Eastwood</i>	<b>01787 211853</b> <a href="mailto:jen.eastwood8@gmail.com">jen.eastwood8@gmail.com</a>
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Ltl Waldingfield Playingfield	<i>Charles Miller</i>	<b>01787 249111</b>

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Edwardstone United Charities	<i>Nick Raymond</i>	<b>01787 210461</b> <a href="mailto:ncraymond@hotmail.co.uk">ncraymond@hotmail.co.uk</a>
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Boxford Village Hall	<i>Jane Elliott</i>	<b>07721 880521</b> <a href="mailto:BVHbookhall@gmail.com">BVHbookhall@gmail.com</a>
Edwardstone Parish Hall	<i>Daphne Clark</i>	<b>01787 210698</b> <a href="mailto:daphne.clark@btopenworld.com">daphne.clark@btopenworld.com</a>
Edwardstone Millennium Green	<i>Gordon</i>	<b>01787 211605</b>
Groton Village Hall	<i>Joanna Roberts</i>	<b>01787 210619</b>
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# EVENTS CALENDAR

## AUGUST 2022

<b>27-29</b>	<b>Polstead Exhibition</b>	10am-5pm
SAT-MON	Maria Martins Cottage, CO6 5AG	
<b>28</b>	<b>Boxford Farmers, Art &amp; Craft Market</b>	10:00-1:00
SUN	Boxford Village Hall & St Mary's Church	

## SEPTEMBER 2022

<b>6</b>	<b>Fireside Club - Garden Visit</b>	2:00pm
TUE	Place For Plants East Bergholt	
<b>6</b>	<b>Climate Change &amp; Gardens</b>	7:30pm
TUE	Boxford Gardening Society - Village Hall	
<b>7</b>	<b>WI Talk: Hearing Dogs for the deaf</b>	2pm
WED	Boxford Village Hall	
<b>7</b>	<b>Defibrillator Awareness Session</b>	7-9pm
WED	Hadleigh Pool and Leisure	
<b>9</b>	<b>Charity Day Golf Competition</b>	8am-4pm
FRI	Newton Green Golf Club	
<b>9</b>	<b>Rock 'N' Roll Charity Night</b>	7-11pm
FRI	Newton Green Golf Club	
<b>10</b>	<b>Suffolk Churches Ride &amp; Stride</b>	All Day
SAT	Various Churches	
<b>11</b>	<b>Church Fete</b>	12:30-3:30
SUN	St Mary's Church, Boxford	
<b>14</b>	<b>LWHS Charlie Haylock and 'The Dig'</b>	7:30pm
WED	Little Waldingfield Parish Room	
<b>16</b>	<b>Film Night - West Side Story</b>	7pm
FRI	Polstead Village Hall	
<b>16</b>	<b>Last Night At The Proms String Quartet</b>	7:30pm
FRI	St Mary's Church, Boxford	
<b>17</b>	<b>Newton VH Committee Coffee Morning</b>	10-11:30am
SAT	Newton Green Village Hall	
<b>20</b>	<b>Fireside Club - Cookery Competition</b>	2:00pm
TUE	Newton Green Village Hall	
<b>22</b>	<b>Neighbourhood Plan Exhibition</b>	4-9pm
THU	Edwardstone Parish Hall	
<b>24</b>	<b>Neighbourhood Plan Exhibition</b>	9am-1pm
SAT	Edwardstone Parish Hall	
<b>24</b>	<b>Wine Tasting</b>	7:30pm
SAT	Little Waldingfield Parish Room	
<b>25</b>	<b>Boxford Farmers, Art &amp; Craft Market</b>	10:00-1:00
SUN	Boxford Village Hall & St Mary's Church	
<b>26</b>	<b>Boxford Friendship Group</b>	2-4pm
MON	Boxford Village Hall	

## OCTOBER 2022

<b>1</b>	<b>Macmillan Coffee Morning</b>	10-11:30am
SAT	Newton Village Hall	
<b>5</b>	<b>WI: Games &amp; Quiz</b>	2pm
WED	Boxford Village Hall	
<b>7</b>	<b>Danny Patterson Live Music</b>	7pm
FRI	Polstead Village Hall	
<b>7</b>	<b>The Towns &amp; Trade in Medieval Suffolk</b>	7:30pm
FRI	Boxford Village Hall (Boxford Society)	
<b>8</b>	<b>Harvest Horkey</b>	7:30pm
SAT	Dove Barn, Groton	
<b>22-23</b>	<b>Polstead Art Group Exhibition</b>	10-4pm
SAT-SUN	Polstead Village Hall	
<b>22-23</b>	<b>Lantern Making Formal Workshops</b>	10-4pm
SAT-SUN	Boxford Spinney	
<b>24-27</b>	<b>Lantern Making Drop-In Workshops</b>	10-4pm
MON-THU	Boxford Spinney	
<b>29</b>	<b>Fireworks Display &amp; Lantern Parade</b>	6:30pm
SAT	Boxford	
<b>30</b>	<b>Boxford Farmers, Art &amp; Craft Market</b>	10:00-1:00
SUN	Boxford Village Hall & St Mary's Church	



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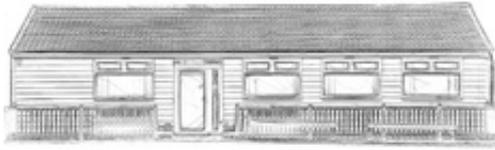
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