

Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



December 2020
Vol 20 No 12



Photo David Lamming

LEST WE FORGET

Above:

As has become the Groton tradition in recent years, the Remembrance Sunday service, attended by over 40 people (not all in the picture), took place around the war memorial triangle, near St Bartholomew's Church. The service, socially-distanced and held under a blue sky, was led this year by the Venerable James Ridge, Chaplain-General to HM Prison & Probation Service, who lives in Acton and is an assistant priest in the Box River Benefice. During the service Tresham Gregg CBE read part of the poem 'For the Fallen' by Laurence Binyon, and the chairman of the parish council, Piers Roberts, laid a poppy wreath on the memorial stone, which was guarded by a 'There But Not There' Tommy. The wording on the plaque in front of the stone is: "Dedicated to those of Groton who gave their lives in war".

Right:

Little Waldingfield's Remembrance Sunday

The Rev. Mary Cantacazene led the service at the war memorial in the churchyard of St. Lawrence.

A two-minute silence was observed and the names of the fallen in two world wars read out to a small gathering of fifteen villagers. Wreaths were laid by Captain Richard Pennell of the Royal Army Air Corps, Barbara Campbell for the Parish Council and Felicity Gardiner for the PCC.

The church doors and porch were decorated with laurel and poppies by Nancy Roser and Fran Gregor-Smith. Our thanks go to all those who helped and all those who came to this moving ceremony.



Box River News

Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR

Telephone: 01787 211507 e.mail:
ed.kench@btinternet.com

Final date for reserved copy for the January 2021 Issue is:
December 12th at noon

Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Kersey, Assington, Leavenheath, Gt Waldingfield, Polstead, Shelley Stoke by Nayland, Nayland, Monks Eleigh and parents of children at Boxford School not within the Benefice

THE DECEMBER LETTER BY FR ROB

Dear Friends,

It looks likely that we are going to be faced with a very different kind of Christmas this year. So many of our plans are currently on hold or have had to be cancelled entirely. What will this mean for what is normally the highlight of our year?

Just as we are having to think about changing our plans for our family gatherings and work outings, so too our local churches have been working tirelessly trying to plan alternative offerings to try and make Christmas special, albeit in a different way to what we have been used to. You will see from the church notice page later in the magazine that all of our carol services in our different churches cannot happen, as singing is currently banned (at least it is at the time of writing). And all our other usual Christmas Eve and Christmas Day services are going to have to follow a very different format too. This will not mean that they are any the less deep and meaningful, it just means that they will be different and maybe, just maybe, the meaning will hit us in a new and profound way. Maybe, we will be able to engage more fully with the true meaning of Christmas, void of all the commercialism and frenzy; a little more like those first Christians will have done two thousand years ago.

For instance, maybe some of our recent fears and struggles might find solace in a Jesus who was born into immense poverty, in a stable with the animals and facing immediate hardship and persecution.

Or that Mary and Joseph were forced to encounter unfathomable difficulty and danger, but nonetheless provided a loving home for their special child and moved closer to God in the process.

Or that our God in his merciful and compassionate goodness should even choose to engage in such poverty and hardship, instead of wealth and earthy power, as a means of revealing where true value is to be found and opening up to us our salvation and his eternal splendour.

Everything that we do this year for Christmas is likely to have to be scaled down, but the more I ponder this, the more I feel that it will be no bad thing. Maybe, with a little less pomp and circumstance to get in the way, we might be able to truly find the Jesus who nestles quietly in the places we wouldn't normally choose to look.

Do join us for one of our Christmas services if you can, and please don't forget to book so that we can manage numbers and keep everyone safe at this difficult time. We will also be streaming some of our services live over our Facebook page. And should anything need to change at the last minute or be cancelled, we hope that you will understand and that it won't spoil your Christmas. Do come to church if you can and I pray that you'll be able to re-engage with the true meaning of Christmas in a way that we may have forgotten in recent years.

May the eternal blessings of the Holy Family resonate on you from the stable this Christmas and as you gaze into the eyes of the baby Jesus, may you see an eternity in which you belong.

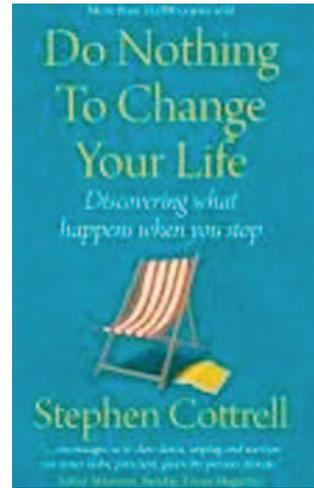
Fr Rob



Gary Jarvis
Paper Hanger and Interior Decorator
01787 211471 or 07733 325669
garydjarvis@gmail.com

THIS MONTH'S GOOD READ DAVID LAMMING

"Do Nothing to Change Your Life" by Stephen Cottrell



Do Nothing To Change Your Life has the subtitle 'Discovering what happens when you stop' and this accurately sums up the underlying theme of this slim volume (just 90 pages) by Stephen Cottrell—Archbishop of York since July, when he succeeded John Sentamu on his retirement. To quote the back cover: "When did you last allow yourself to waste time, to enjoy the pleasure of having a lie-in, to daydream, lose yourself in your favourite music, or simply be idle? Most of us live at break-neck speed, cramming work, family and friends and endless tasks into every relentless day. We barely give

ourselves enough time to sleep, let alone to stop and take stock."

Cottrell begins by musing on how difficult it is just to stop. As one of several illustrations (stories also for a sermon, perhaps) he recalls an occasion when he was returning from a conference in Dublin and arrived at the airport just after two to discover that his flight was not at 3.30 pm, as he had thought, but at 7.30. He relates how initially he was cross with himself for "not getting the time right: so much time being wasted" and how "the hours before me were an unwanted eternity." But then, imperceptibly, a calm came over him and he saw how the next four hours did not have to be a problem or a waste, "rather they could be a gift." He was then able to "just sit down and be still and find contentment without having to be busy." In subsequent chapters Cottrell sets out the need for what he terms an 'eccentric' approach to life, and for people to realise that they are "part of something of which they are intricately and preciously a part, but which does not have them at the centre." This leads to what he calls in chapter 4, "The scandalous hospitality of God" and how the Christian answer to the origin of the universe was "the simple consequence of creative loving." And, if God is love "then God delights in you just because you are", so that "you can be welcomed into God's community of love." After explaining how God communicated his love and purpose through Jesus of Nazareth, Cottrell concludes with practical advice on being still, to "cherishing the present, striving for simplicity," and "finding an inner peace that upholds and sustains us even when the pressures outside seem intolerable."

This is a life-affirming book by our new archbishop, and it is timely that it should be reissued in a new edition at this time. Do take out an hour to read it and reflect on the wisdom that it imparts.

Do Nothing to Change Your Life (2007, 2nd edition 2020) is published by Church House Publishing, price £7.99.

New Grooming Parlour Open in Boxford

- 🐾 Experienced City & Guilds qualified Dog Groomer
- 🐾 Happy, relaxed & un-rushed environment
- 🐾 Catering for all breeds on a one-to-one basis
- 🐾 Local to you
- 🐾 Fully insured
- 🐾 Professional, reliable, caring & considerate

Ellie's



Grooming Parlour

📍 Brook Hall Road, Boxford

☎ 07473638660

🌐 /elliesgroomingparlour

✉ hello@elliesgroomingparlour.co.uk

NEWS FROM CLUBS AND ORGANISATIONS



COMMUNITY HUB
BOXFORD EDWARDSTONE GROTON
07395 914959
BoxfordCommunityHub@gmail.com

COMMUNITY HUB

WE ARE STILL OPERATING FOR ALL THREE VILLAGES

We are aware of active cases of Covid-19 in our villages at the moment and infection rates in Babergh are high.

We are available to help with shopping, prescriptions, advice and companionship if you are having to isolate or are vulnerable. Please contact us.

Edwardstones Armistice Day service

The traditional Armistice Day service of commemoration around the Edwardstone war memorial was able to go ahead on 11 November thanks to a last minute amendment to the lockdown regulations. The amendment, to permit attendance at outdoor events commemorating Armistice Day, was only made by Matt Hancock at 2.00 pm on the Monday (9 November). Whether this was in response to a letter in the Daily Telegraph that day from David Lamming, saying that the omission to exempt such events from the general ban on gatherings was 'shameful' and calling on the Government to amend the regulations, must be a matter of speculation—or, perhaps, reasonable inference.

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

SUDBURY BRANCH

**Come along to our Monthly Meetings
we meet the last Wednesday of the month at
The Stephenson Centre Great Cornard**

New Members Welcome

Monthly Speaker

Refreshments

**Our aim is to help and support people with Parkinson's
and their carers from Sudbury and the surrounding
villages**

For more info call 01787 464817 - 01787 882008

SUFFOLK TREE SERVICES LTD

For All Aspects of Tree Works Including:

- Planting • Reducing • Pollarding • Felling •
- Stump Grinding •
- Hedging Works •

We offer a complete and professional service

Established over 25 years

We are a local, friendly and experienced company

- Free Estimates • 24 Hour Storm Damage Cover •
- Fully Insured • Tree Reports and Consultancy •

Woodchip and Firewood for Sale

Tel: 01787 319200

info@suffolktreeservices.co.uk www.suffolktreeservices.co.uk



CARDS FOR GOOD CAUSES
*** * CHARITY * ***
*** * CHRISTMAS * ***
*** * CARD SHOP * ***

**SUPPORTING OVER 25 LOCAL
& NATIONAL CHARITIES**

**SO, DON'T FORGET
ANYONE THIS YEAR!**

We have moved to
9 Friars Street
Sudbury CO10 2AA
23 October - 21 December
Monday - Saturday
10.00am - 4.00pm

CARDS
FOR GOOD CAUSES

WWW.CARDSFORCHARITY.ORG.UK

**Greetings
from
Santa^{.co.uk}**

Personalised letters from
the big man in the North Pole
delivered straight to your little ones!

**GET
25%
OFF**

Enter code:
BRNSNOW

for an exclusive 25% discount
on a letter and activity pack!

Order now:
www.GreetingsFromSanta.co.uk

HEAR THE ANGELS SING!

DISCOVER THE WONDERS OF CHRISTMAS



The Box River Benefice
Boxford, Edwardstone, Groton,
Little Waldingfield and Newton



CHRISTMAS DELIGHTS!

FOLLOW THE STAR

The **Follow the Star** Trail will once again be held around Boxford this year. If you would like more details, please email spm456@hotmail.co.uk or boxriverbenefice@gmail.com. Trail sheets will be available from St Mary's Church Boxford, the Post Office and the School.

CHRISTMAS SERVICES

Please note that due to the current situation, these services may be subject to change at short notice.

SUNDAY 20TH DECEMBER @ 5.30PM ST MARY'S BOXFORD

CHRISTINGLE

Christingle, The annual Christingle service. This is a brilliant service of symbolism and fun for all the family. Recorded Carols, only 35 minutes long and other seasonal delights. Come along and bring all your friend – a wonderful way to begin the build-up to Christmas.

MONDAY 21ST DECEMBER @ 6.30PM LT WALDINGFIELD PLAYING FIELDS

BENEFICE DRIVE-IN CAROLS

TUESDAY 22ND DECEMBER @ 6.30PM GROTON CROFT

BENEFICE DRIVE-IN CAROLS

Due to Covid-19 restrictions, we are not allowed to sing in church this year, which means we cannot hold our usual Carol services. Instead, we are planning to hold 2 Benefice-wide Drive-in Carol Services, where we can all sing from the safety of our cars. We plan to live-stream the service over our Facebook page: www.Facebook.com/boxriverbenefice, so that you can tune in from inside your car to get an all-round experience.

THURSDAY 24TH DECEMBER @ 3PM ALL SAINTS' NEWTON

CRIB SERVICE

A light and engaging Christmas service with elements to engage the whole family.

THURSDAY 24TH DECEMBER @ 5PM ST MARY THE VIRGIN EDWARDSTONE –

CHRISTINGLE

This is a brilliant service of symbolism and fun for all the family. Recorded Carols, only 35 minutes long and other seasonal delights. Come along and bring all your friend – a wonderful way to begin the build-up to Christmas.

THURSDAY 24TH DECEMBER @ 9PM ST LAWRENCE'S LT WALDINGFIELD

PRE-MIDNIGHT MASS

THURSDAY 24TH DECEMBER @ 11PM ST MARY'S BOXFORD

MIDNIGHT MASS

Our Midnight Masses are the most evocative services of the year, combining deep symbolism with ethereal mystery. As we come to celebrate the Lord's birth at midnight, we join together with billions of Christians from all around the world, as we gather around God's Holy Altar. Whatever you are doing, make sure you pop along. Bring the children in their pyjamas, it will add that extra layer of mystery and intrigue to their Christmas. This is an extra-special way to begin celebrating Christmas Day.

FRIDAY 25TH DECEMBER @ 9.30AM ST BARTHOLOMEW'S GROTON

CHRISTMAS DAY FAMILY EUCHARIST

FRIDAY 25TH DECEMBER @ 9.30AM ST MARY'S BOXFORD

CHRISTMAS DAY FAMILY EUCHARIST

Christmas Day Family Eucharist is a slightly shorter and all-age friendly service specifically designed to engage every generation of the family, whilst retaining the rich symbolic essence of what Church really is. Come and celebrate Christmas Day with us as we celebrate the real meaning of Christmas.

Due to Covid-19 restrictions, there is a limit on the numbers we can safely seat in each church. As such all our Christmas services will require you to pre-book your seats(s) if you would like to attend. Please contact boxriverbenefice@gmail.com or call 01787 828046 to reserve your place.

OPEN FOR PRIVATE PRAYER

St Mary's Boxford – Tuesday and Saturdays 10am – 3pm

All Saints' Newton Green – Sundays 10am – 1pm

St Bartholomew's Groton – Mondays 1 – 4pm and Fridays 10am – 1pm

St Mary the Virgin Edwardstone – Saturdays 10am – 3pm

St Lawrence's Lt Waldingfield – Fridays 10am – 3pm

DIVINE WORSHIP

Sunday 22nd November 2020

9.30am – live over the Benefice Facebook Page

www.facebook.com/boxriverbenefice

Sunday 29th November 2020

11am – live over the Benefice Facebook Page

www.facebook.com/boxriverbenefice

Wednesday 2nd December 2020

10.30am – live over the Benefice Facebook Page

www.facebook.com/boxriverbenefice

Sunday 6th December 2020

9.30am – St Lawrence's Lt Waldingfield – Sunday Eucharist

11am – St Mary's Boxford – Sunday Eucharist

Wednesday 9th December 2020

10.30am – St Mary's Boxford – Midweek Eucharist

Sunday 13th December 2020

9.30am – St Bartholomew's Groton – Sunday Eucharist

11am – St Mary's Boxford – Sunday Eucharist

Wednesday 16th December 2020

10.30am – St Mary's Boxford – Midweek Eucharist

Sunday 20th December 2020

9.30am – St Mary The Virgin Edwardstone – Sunday Eucharist

11am – St Mary's Boxford – Sunday Eucharist

Wednesday 23rd December 2020

10.30am – St Mary's Boxford – Midweek Eucharist

Sunday 27th December 2020

9.30am – St Mary's Boxford – Family & All-Age Eucharist

11am – All Saints' Newton – Sunday Eucharist

Daily prayer and the main Sunday Service from Boxford will continue to be live streamed on our Facebook page, www.facebook.com/boxriverbenefice. Please note that due to COVID-19 these services may be subject to change at short notice. Our prayer list is prayed at services across the benefice and at home which includes people who are sick, those who have recently died and prayers for other significant concerns. If you would like someone or something adding to the prayer list, then please call Colleen the Benefice Administrator on 01787 828046 or email boxriverbenefice@gmail.com. This is renewed each week.

Thank you to everyone who followed the government guidelines for our Remembrance Day services across the Benefice, whether attending in person, watching the services through our live-stream or simply paying their respects at home or in the garden. A BIG thank you also to all the people who made wonderful posters, which were placed in the windows of St Mary's Church Boxford and the Post Office. Thank you also to our wonderful Ministers who did a brilliant job at such short notice. Together, we marked Remembrance in a properly fitting way!

Volunteer Vacancies - St Mary's Boxford will be looking for a new Treasurer and Secretary in the New Year. If you feel that you might be able to help fill one of these Voluntary roles, please do get in touch with either Rob our Rector on rparkermcgee@gmail.com or Audrey our Churchwarden on audrey@a2zrisksservices.com.

Organist and Director of Music – St Mary's Boxford is looking for someone to help lead our music and, together with our Rector, help us to develop the role of music in our church-life. For more information see www.boxriverbenefice.com or email rparkermcgee@gmail.com

Festive Fingers And Toes

Who knows what Christmas is going to look like this year?

But whether we're allowed to party as usual or have to limit the celebrations to immediate family, festive nails are surely a must?!



Cheer yourself up this month with
our glorious **festive nails** offer:

Gel mani / pedi - just £23 (usually £28)*.

**Offer dependent on the Beauty clinic being allowed open again in Dec.
Valid once per person, until 31/12/20.*



Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford.

Tel: 01787 211 000 www.suffolkmedicalclinic.co.uk



WHAT DO YOU KNOW ABOUT FLOODING IN BOXFORD?



Flooding is an issue on which we want your views because it should be taken into account when future planning decisions are made.

The History of Flooding in Boxford

Damaging floods have occurred in the centre of the village since it was first settled. The site of the early village and bridge, where the valley narrows considerably and there is no floodplain, was chosen to limit flood damage. However, there are historical and recent records of the flooding affecting the Post Office, Broad Street and the White Hart when the River Box has overflowed its banks. Equally damaging have been the occasions when the brook descending from Horner's Green and Groton and its tributary descending from the Brook Hall Road area have overflowed. Although these streams have relatively small catchment areas, they can produce a very fast, high run-off during a short burst of intense rainfall. Climate change is already making such periods of intense rainfall heavier and more frequent.

In 1845 a "barrel" drain was placed under the length of Swan Street, mainly to take storm water down to the River Box and stop floods coming off the fields and down the hill from Groton. Despite this, the worst flood recorded was on 18th September 1888 when water rushed through the village causing considerable damage to houses and the White Hart. It is not clear whether this was the result of the River Box overflowing or all three possible sources. The river itself was by this time confined in normal flow to its present quite deep channel through the village, but it would seem that this has not always been sufficient to prevent bank overflow.

In May 1924, after a big storm, water rushed down Butcher's Lane one and a half feet deep. In 1935 a flood destroyed the millpond and retaining sluice gates and threatened the village. In 1939 the village centre was flooded again. After a very snowy winter, the big thaw in March 1947 flooded the White Hart and Post Office Stores when the River Box overflowed. In 1978 and again in 1988 a period of heavy rain led to flooding down Ash Street and Butchers Lane, threatening houses, but not entering them. More recently "flash floods" through the village seem to be the result of short but intense rainfall in a major thunderstorm bringing more water down from Groton than the brooks and drains and Swan Street can cope with. This happened in 1992 when water, soil and stones ended up in Broad Street and the Post Office Stores.

The major flash flood on the 13th May 2000, described locally as a "cloudburst", brought water lapping at the steps of houses in Ash Street beside the bridge and entered three of them. The water arrived in the village at 7.0 pm following an intense storm over Groton 90 minutes earlier. It was reported that the water in the brook rose five feet at one place in half an hour. In Ash Street the water was six inches deep and in Butcher's Lane it flowed like a river. It escaped into Broad Street and flooded a 200 yard length of the street, lapping at the steps of The Fleece and finally escaping into the River Box. The White Hart was flooded and needed new carpets throughout. The flow almost one foot deep down Ash Street escaped partly through Riddellsdell's garage, over Ellis Street, down The Causeway and through gardens into the river. Fire crews were called to help with pumping out from Sudbury, Nayland and Hadleigh. (Our thanks to Brian Fearis for new information received recently, some of which is included here.)

Since this flood Babergh District Council and the Environment Agency have taken steps to increase the watercourses' capacity. There have been improvements to the culverts, channels and bridges at Fen Street, Ash Street and Ellis Street and the Environment Agency has improved the River Box channel through to Stone Street hamlet. The building of the Station Field estate in 2016 required an underground attenuation system to slow drainage to the Holbrook Barn stream, since that has also threatened Fen Street in recent years. Since all these various works were

completed, there has been no bank overflow anywhere in the village, even after very intense rainfall. The Weaver's Green/Sand Hill outline application for another 64 houses plans to replace that attenuation scheme with a much larger one. It remains to be seen whether this will be adequate to maintain the recent good record as regards flooding in the village.

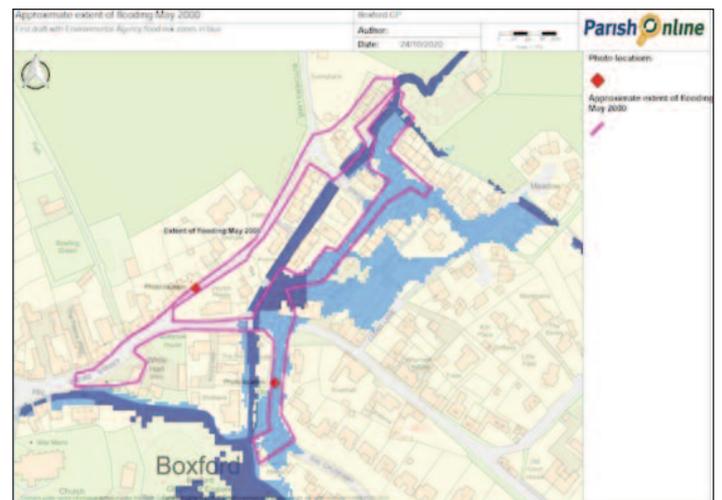
With climate change already bringing much more frequent, intense rainfall, this and the previous channel works may not be sufficient in the longer term to prevent a repeat of flooding in the village. The areas of past flooding should be taken into account when considering land suitable for further housing development in the Neighbourhood Plan. For this the Environment Agency surface water and river flood risk map is an invaluable source of data for the whole parish. (<https://flood-warning-information.service.gov.uk/long-term-flood-risk>)

Our map shows the latest Environment Agency flood risk in two shades of blue and the approximate area of the May 2000 flood ringed in red. We now need your help in sharing any information you may have so that the Neighbourhood Plan can provide evidence for its conclusions. We ask that you spend a few minutes reflecting on the three questions below:

1. Do you have any information you can give us about flooding around your home or elsewhere in the village?
2. Can you help us to be more exact with the extent of the flood in 2000? Which houses and gardens were flooded?
3. What else could be done to limit the risk of flooding in future?

Roger Loose

Please respond using this email address for the Steering Group. boxfordnp@gmail.com



GARDENING IN DECEMBER INSPIRED BY THE LATE HARRY BUCKLEDEE

Trees, although rather pricey, are a good investment for the future. With the right care and attention they will last a lifetime or longer. The planting of a tree requires careful planning in choosing a suitable site where it can grow undisturbed for many years. Before buying a tree, find out what size it is expected to grow to in about 20 or 30 years, then decide if your garden is big enough to accommodate such a specimen.

Many trees are planted too close to the house or to the boundary fence and are grubbed out because they have outgrown their allotted space. There is no need to remove such a tree, it can be made into a pollard or a cob as it was always known around here).

To pollard a tree means cutting the main branches back close to the crown so that a close thick head of growth shoots from the top of the trench. This process should be repeated every two years or so, or whenever it becomes necessary. By reducing the size of the top growth, root growth is also reduced and therefore less likely to invade foundations, etc.

There are many trees of a compact and slow growing nature, suitable for small gardens, Amelanchier Lamarchi is an ideal tree where space is limited; has white flowers in spring on coppery foliage which turns red in autumn. Robinia pseudoacacia frisia, has bright yellow foliage all summer. Any of the Birch family with their silver white bark and upright growth take up little space. Bare root trees can be planted from now until March. Never buy container grown trees that are pot bound. These are usually slow to get moving when planted out.

Dead and diseased branches on trees and shrubs should be cut away as soon as possible. Make the cut well below the affected area and treat the wound with a fungicide.

Mummified fruits, which are a source of brown rot disease, still remaining on the trees and any that have fallen, should be gathered up and burned. Brown rot is a disease which seriously affects the storage life of fruit.

Wisteria is now due for winter pruning to ensure a good crop of flowers next year. Left to its own devices it would become a tangled mess of branches with few flowers. Prune previous years growth back to two buds from the main branch. Once established wisterias require little feeding and flower better if a little on the hungry side.

Grape vines should also be pruned now in a similar way to wisterias by cutting this years lateral growths back to two buds from the main stem or

rod. Loose and peeling bark on the main stem should be removed to prevent pests over wintering there.

Remove all the lower yellow leaves from the stems of Brussels Sprouts. These can harbour fungal diseases which will spread to the sprouts causing them to rot.

New planted Rhododendrons and Camelias are easily killed by severe penetrating frost. Cover the roots with a thick layer of straw or leaves and a sheet of polythene draped round the plant will protect the foliage from drying winds.

Digging can continue, when weather allows. Particularly with clay soils, digging when the soil is wet and sticky can do more harm than good. It's also more hard work.

As with October & November, as ground becomes vacant, you can dig it over and spread manure over the surface. Leave the soil roughly dug in large clumps and the worms will break these up as they get the manure. The freezing and thawing of water in the soil will cause the soil to break up finely so becoming easier to handle in the spring.

Winter is a good time to undertake double digging, incorporating manure into the bottom of the trench and deepening your topsoil.

Ensure compost bins are covered to prevent excess rain leaching the nutrients and to keep some of the heat of decomposition in. Try and keep things tidy to avoid providing winter homes for pests waiting for the spring.

December is the traditional month to go through the seed catalogues, decide what you want to grow and make a list. Then realise you'll need JO times the room to plant everything you want to grow!

Houseplants

Schlumbergera truncata If your Christmas cactus (Schlumbergera truncata and S. x buckleyi) failed to set flower buds, it may be that the temperature is too high, more than 18°C (65°F), or that the plant is receiving light from an artificial light source after dark. Try moving the cactus into cooler conditions or away from night lighting.

Remember that cacti need very little water, and no feeding, over the winter. Keep them barely moist until the spring, when they will be coming up to flowering and will therefore appreciate extra water and feed.

Clivia benefit similarly from a dormant period over winter, with less watering, feeding, and lower light levels.

Soap Box

As you read this I expect to be back in Suffolk. Actually, "expect" is probably too definite a term to use in these Covid-ridden times. I could hardly say "hope" as, in all honesty, I can think of worse places to be stuck than the western Algarve if, as is possible, the ferry on which we plan to return is cancelled. The problem is the lockdown. Those planning to travel to Spain (which is where our ferry travels to and from) may well find their journey no longer possible as travelling abroad is banned at present. This in turn could lead to the ferry company reducing the number of crossings it is prepared to run.

We take the ferry because of taking our little Jack Russell – Boris. He has become very well known in these parts. Indeed, he now writes for an English language community magazine published in Lagos. I have been contributing to this monthly publication since the end of last year, mainly in connection with the Anglican church in the Algarve. Boris's involvement came when I decided to write a piece on Brexit and how it affected his ability to travel. It seemed natural to put the problems from a dog's point of view – and so a new approach to my column was born.

His second outing was on how the pandemic was affecting him and his owners as he settled down into his now familiar routine of beach walks and bar hopping. Perhaps the easiest thing to do is to share the column, called on this occasion "Covid Calling", with my readers back in Suffolk.

I'm back! It's Boris on the beach again! And I'm sooooo glad to be here. The feel of the sand under my paws; the anguished cry of a dog and its owner as I snatch a tennis ball tossed in my direction and bury it; the warm smell of all those other dogs on the beach as we....well, maybe we'd better not go there. This is a family magazine, after all.

The journey wasn't too bad. Some delays and rough weather didn't detract from finally getting to the western Algarve. The worst part from my perspective was the need to wear a muzzle on board the boat in which we travelled – which I hate. Mind you, my owners have been

wearing muzzles too – and much more often than I've had to. And they are still wearing them now even though we've arrived.

It's all to do with this wretched Covid-19. It was the same back in England, but somehow it feels safer here. Certainly, people are smiling more – and I recognise when a human smiles because it means they are happy. And if my owners are happy, then I'm happy too.

Of course, the weather helps. It was cold and damp when we left England and we arrived here to find clear blue skies, warm sunshine and a gentle breeze. My owners have exposed their legs again, which is always a good sign. But perhaps the best part of the change to life here – for them at any rate – is that they can spend more time outdoors where Covid is less of a threat.

I heard them say that the regulations to tackle the pandemic are getting tougher back in England. I'm not surprised. The nights are drawing in and people are having to spend more time indoors where a greater chance of transmitting the infection is present. I know there are regulations here too, but somehow it feels more normal in the Algarve. Mind you, I hear that things are toughening up here as well. It seems we are now in a "State of Calamity". My, the Portuguese have a way with words. Back in England gatherings of more than six people were banned. Here it's just five who can get together. Five? Six? What's the difference? And might all our owners need to wear muzzles whenever they're out of doors? It's on the cards. I'm glad I'm just a dog – a famous one, though, as I'm discovering on my morning walks.

Well, I'd better start sending some signals to my owners that I'm ready for another walk. If I sit by the front door and stare at my lead, they should get the message. Back in England they often take me for a walk when it's raining – which I hate almost as much as wearing a muzzle. Ah! Here they come – and they've got their muzzles with them. I bet that means we're visiting a bar. Good-oh!

Stay safe everyone.

Brian Tora

'BOY TEDDY'

Part 2 "1941"

My Home, The Herne Tavern, was on the corner of St Aiden's Rd in East Dulwich, close to a small green and a parade of shops but right opposite Peckham Rye Park. In their wisdom the civil defence authorities decided that this would be a proper place for a Barrage Balloon to be installed. Not only a barrage balloon but in the park itself in the centre of the biggest field an anti-aircraft battery had been installed. The war had come to my doorstep since not only had these exciting installations taken place but Dads Wardens Post had been established in an office at the Nelson's Bakery, in a lane just across St Aiden's Road close to one of our rear gates. If you top this with the Home Guard being close by, several other AA guns and rocket launcher's within a mile and of course, most exciting of all, RAF Biggin Hill not more than ten miles away enabling me to watch dog fights, life was beginning to get exciting.

Dad was out most nights at the Wardens Post and when not there he was working in the bar, Mum was always preparing food or working in the bar so I spent a lot of time on my own before going to bed. Some of my happiest moments were spent with Dad when he would come home or up from the bar for supper. He would sit with me in front of the fire in our lounge in the half light and I would cuddle up to him and we would listen to ITMA (It's That Man Again with Tommy Handley) and Monday Night at Eight, a topical programme featuring news about the West End of London. It was said that if Hitler were to invade England between 8.30pm and 9.00pm on a Thursday he would have an easy job of it since everyone would be indoors listening to ITMA, The programme was full of interesting characters such as Mrs Mopp "can I do yer now sir" Colonel Chinstrap who greeted every remark as an offer for a drink "I don't mind if I do" and Funf the bungling German spy "this is funf speaking". The show was full of wisecracks and dotty humour and it was said that Tommy was on Hitler's death list because he did so much for our moral. We also had Vera Lynn with 'Sincerely Yours' The Brains Trust, Children's Hour with Uncle Mac, Larry the Lamb and Dennis the Dachshund and much more besides.

Most nights I would spend in my own bed, normally with the curtains drawn back because I did not like the dark and I would listen to the night sounds of a capital city at war. I was quickly able to identify aircraft engine sounds and not only could tell one of ours from one of theirs but could tell you whether it was a Spitfire or Hurricane, ME109 or FW, Lancaster or Wellington or night flying Beaufighter. It was often the sound of the later that would send me off to sleep lulled in the confidence that 'it's one of ours'. There were also railway lines close by and all night long we could hear wagons being shunted as ordinance trains were assembled for their night time journeys, avoiding the enemies attention during the day time.

Most nights there would be an air raid warning and although the shelter was available and used for a time after we got home, after a while we tended to sit it out. Looking from my rear bedroom window I would listen to the sound of an approaching raid and watch the searchlights swinging across the night skies in the hope of picking up an enemy aircraft. Most times when bombers had got close enough for me to enjoy the chase I was whisked off to the shelter but there were many exciting occasions when I would see a bomber caught in a searchlight which then attracted beams from other areas and whilst the bomber would struggle to get away, anti-aircraft shells could be seen exploding close by. I never saw one shot down but would begin to think about the shrapnel I would be able to collect in the morning.

During the day Dad was working at the Peckham Health centre which had been taken over by the ministry of defence and used for the production of aircraft instruments and components for radar devices. He took me to see the place once and showed me around the workshops and his office. I found it rather boring having expected to see something more like an aeroplane but some of the

instruments were interesting and I was fascinated by being able to run around in an empty swimming pool being used for storage. Tuesday's was mum and dads day off, it was always the least busy day in the bar and even Wardens had to take time out sometimes. Most Tuesday's mum and I would catch the 63 bus to Rye Lane, meet up with dad and after a fish and chip supper, (fish and potatoes were not rationed) and a huge cup of tea, we would go to the cinema. There were three cinemas we could go to, The Tower in Rye Lane, The Odeon in Queens Road and the Gaumont on the road to Camberwell Green. It was in a cafe alongside the Gaumont that we would have our fish and chip suppers or sometimes if we were early it would be in Jones and Higgin's Restaurant. Films we saw included 'In Which we serve', 'Brief Encounter', 'The gentle Sex*', and 'Gone with the Wind'. It also gave us a chance to see what was happening in the war with Pathe News reels giving graphic accounts of the war in the air and in the desert where things were not going so bad. If there was an air-raid whilst we were in the cinema a warning would be flashed up on the screen so that anyone who wanted to could go to the nearest shelter. I do not remember us ever leaving the cinema during a raid and none of our local cinemas ever got hit. There were no ice creams or drinks served at the cinema but Mum would always take some of our sweet ration with us and with an 'A' picture a 'B' picture, newsreels and cartoons a good three hours entertainment was had in the 1/9's (about 8p).

The summer of 1941 was mainly spent at home. I was after all, only five, and Mum did not want me wandering around the local streets getting up to who knows what. Amongst the toys I had were a tricycle which was great in our garden because with the large dance square and the paths around the lawns I could cycle quite long distances and get quite good speeds up. With a piece of stiff cardboard jammed in the brake and flapping on the spokes I was an army motor cycle messenger getting messages to the front or a tank attacking the germans in the desert and with the help from a couple of my friends, Donald and Terry, some quite major battles were fought. I also had a Wig-Wam that was almost permanently on the big lawn. Our nearest neighbours were the first house on our side of St Aiden's Road, they were the Healy's. The Healy's had a daughter, I believe her name was Pat and she was my first giri friend. She would come into the garden to play with me and we spent quite a lot of time in the wig-wam! Sometimes she wore a nurses uniform and I wore a soldiers outfit but most of the time I think we talked about the latest things we had heard about, jokes we had heard on the wireless and one very rude rhyme I remember went 'Under the table, playing with Mable. Up went her petticoat, down came her draws, my little winkle just touch yours' Naughty but quite innocent because I thought a winkle came in a shell and you got it out with a pin, we never referred to 'down below' in our house. She was older than me so went to school during the day. Many years later she embarrassed me when we met by accident and she told the world what we got up to.

The summer hols were spent in Caister, that year, as in most years but being a little older I was beginning to enjoy the company of my cousins and their many friends. Scrumpling, catching frogs, chasing girls, eating fish and chips out of newspaper and hiding in the roof of the smoke house were the order of the day. The beach was out of bounds having been mined against a possible invasion. Even so we were able to get to the lifeboat station and see over the dunes throwing stones on to the beach to see if we could explode a mine or two. God knows what would have happened if we had been successful. Little did I realise that this was to be the end of my freedom virtually for ever and on my return home I was told that I would be going to school in September. My world collapsed.

Friern Road School was only a hundred yards away along Forest Hill Road in the direction of 'The Kings Arms' a pub on the far

corner of the park. The school is a large Victorian red brick building with a high brick boundary on its front and sides, the rear also had a brick wall but this was removed to make way for a British Restaurant where local's could get a meal as well as providing meals for the school. I was fortunate in that it was no more than five minutes walk from the school to home so I always managed to eat at home. One thing the school enjoyed in common with us was the fact that it faced Peckham Rye Park which was a very pleasant and open outlook. On that fateful day in September I was taken to school by mum and I remember going up some steps at the front and then down a flight to the basement or lower ground floor classrooms.

The class I was to attend was the very first on the right at the bottom of the stairs and I was introduced to the teacher and the class. I can remember very little about the teaching staff except for one male teacher who looked after us during air-raids. The class room had a large multi pained window on one side, small desks and a large blackboard. We were supplied with slates and chalk and occasionally paper and crayons. All I can remember about my first years education was reciting the times tables, spelling tests after a short period of public reading, painting and air-raids. The later were great fun. If the sirens sounded we were ushered, herded, call it what you will, into the cloakrooms where we kept our coats etc. There were no shelters in the school for the children, there were two shelters on Piermont Green nearby but getting a couple of hundred kids to them during an air raid would have been impossible, but it was thought that the cloakrooms would be safe. I never did discover what happened on the three floors above but fortunately we were never hit so the problem never arose. The noise we made in the cloakrooms drowned out all else and it only needed one of us to put on his gas mask for the rest to follow suit and start making rude noises or carrying on impossible conversations. The male teacher I mentioned earlier would join us and we would all quieten down. He would sit amongst us and once we were almost silent would begin to tell us a tale. It was always a ghost story or mystery story and he had us in the palm of his hand. He was so brilliant that we were far more scared of the story he was telling than of anything that might be happening outside. We could not wait for the next air-raid to find out what happened next and so the horrors of war passed us by. Infant school was relatively uneventful with a few exceptions.

During the war everyone was encouraged to save everything, tins, books, paper, aluminium pots and pans, bottle tops, glass, you name it and apart from the ashes from our fires nothing else ever saw a dustbin. We were encouraged to take books, newspapers and aluminium to school for collection and depending how much you took you could start as a private and be promoted to General with badges to wear to show how well you had done. I collected masses of stuff and put it into an old pram and wheeled this to school much to mums disgust. My promotion to Major followed instantly. Others did even better than me and I was out ranked by several others at the school but it was all good fun.

The school was gas lit as were most schools of the period and the heating was by solid fuel boilers, this all added to the Victorian atmosphere and at Christmas times we always had some form of entertainment. Almost every Christmas we had a slide show, sitting cross legged on the floor of the school hall we would be enthralled by Charles Dickens 'A Christmas Carol' normally preceded by a punch and Judy show and followed by Christmas Carols. I can remember it to this day as one of my highlights.

The floors above us held junior school children, mostly boys who only came into contact with us at lunch time since we had our own playground and attended at different times except for lunch. Between the school and home was a large triangular shaped green known as Piermont Green on which, at the widest part, had been built the two over ground shelters intended for use and local residents (as mentioned above the school never used them since it would have been too dangerous to make the trip to the shelter with hundreds of children during a raid). The Junior Boys formed two large gangs and everyone of them had a gun of some sort mostly

made out of wood and at lunch times they would line up each side of the green and do battle, I never knew which side was which but every so often a raiding party would set out from one side and grab a member of the other side and lock them in one of the shelters. This went on day after day week after week until boredom set in and they found other war games to play. Their gangs were too big to exist out of school hours but most streets had small gangs, sometimes at war with the next street and sometimes allies. Most had a leader who would normally be the eldest or the biggest but otherwise they tended to be quite democratic gangs with the majority decisions being accepted as the rule. When I look back I find it difficult to believe that Mum would let me go out to play in St Aiden's Road at such a young age. possibly she did not let me out but I simply went, there were plenty of ways out of the garden and I was a very good climber as the many pairs of torn trousers mum had to repair, could tell. St Aiden's Road was about a quarter of a mile long and consisted of rows of terraced Victorian artisan houses with the exception of the six blown up by the land mine and the entrance to Nelsons Bakery. There were about 20 boys of around my age and up to nine years old. Most had fathers in the forces and working mothers and many had their own front door keys. We would either meet up casually or at a pre arranged time to roam the park playing soldiers, kicking a football about, sneaking carrots off the allotments and generally getting up to fairly innocent mischief annoying park keepers and the occasional policeman. Knock down ginger was a favourite and raids on other streets territory outnumbering the other gangs was a more exciting pass time. St Dunstan's Road was our nearest and then there was Underbill Road and Uplands Road. Pitched mock battles would take place with wooden guns and tins filled with powdered dirt being thrown and making clouds of dust like a bomb going off. I can not remember much more than a few cuts bruises and torn shirts or trousers but we had to make our fun somehow.

One day when I was not quite well enough to go to school there was an air-raid and instead of going down stairs I went out on to the veranda outside the scullery where Mum used to hang the washing. I was only in my dressing gown but could see that quite an air battle was taking place. Gerry had used fighters to escort a few bombers on a nuisance raid and they had become involved in dog fights, suddenly across the roof tops, low enough it seemed I could have put my hand out to touch them, came an ME109 with a Spitfire in hot pursuit. The spitfire had opened fire and they passed over the house seeming to just miss it. I dashed through the house to the front screaming at everyone to come and see and when I got to the front window I saw all my school chums out on the road to school laying in the gutter. They had heard the machine gun fire and dived for safety. No one was hurt our side of the park but bombs had been dropped on the other side hitting a corset factory killing many of the staff and distributing corsets all over the place. On another occasion I was on my way to school and heard an aircraft overhead turned to look up and walked smack into a lamp post knocking myself out. I managed to get home again but had a massive bump on my head and a terrible headache and not a lot of sympathy.



SESAW

From Kenny the Boss Chihuahua

Hello, I guess this trail of biscuit crumbs, boiled sweets and tissues is from Mum's pocket, thanks to my housemate, Pushy Penny. True, I used to pinch Mum's glasses and pens but that naughty Yorkie puts my early misdemeanours in the shade. If Mum leaves her coat unattended, PP wastes no time in raiding the contents. Nothing is safe, sometimes she chews a hole right through, hence the scattered contents.

We hope the Lockdown has ended when you read this so that our plans are safe and not scattered. Our indefatigable fundraisers should be at the Festive Fair on Saturday 12th December at Bridge Farm Barn, Monks Eleigh, IP7 7AY. Jeanette will be running her Terrific Tombola, Sheila and Elaine have oodles of "classy stuff" plus Sharon's Christmas face masks which have become quite the must-have fashion accessory for humans! Sadly the annual Sudbury Christmas Tree Festival in St. Peter's Church has been cancelled. Joan will certainly be ready with her decorations for next year.

Finally, we politely ask that nothing is left at the Sanctuary without prior arrangement. We have to limit intake because everything must be quarantined to protect volunteers and bedding, food or sale goods left at random make this impossible.

Thank you for your unwavering support and best wishes for a safe and peaceful Christmas from all of us, including Ollie (the Black) Cat and me, (Kenny the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Reg. Charity No. 1124029. Stoke Road, Leavenheath, CO6 4PP. 01787 210888 www.sesaw.co.uk info@sesaw.co.uk



The Bell Inn

The Sreet, Kersey, Suffolk, IP7 6DY

Tel: 01473 823229

Kerseybell.com

**Great to be open and seeing old and new friends.
Come and see our new outside bar. Pizza oven and
Mr Whippy ice cream machine**

We have streamered our menu to classics
that you all love

Specials on Friday and Saturday nights

Pizzas on Monday nights

Booking recommended.

Look forward to seeing you all soon

Janet and Wendy

Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg ed.kench@btinternet.com

HARE & HOUNDS LEAVENHEATH

traditional country freehouse with 3 real ales
pool table - open fire - beer garden & patio - play area

**PLEASE CHECK OUR WEBSITE FOR OUR
CURRENT OPENING TIMES AND FOOD**

We now offer a "HEAT AT HOME" menu for takeaway
7 days a week including homemade pies, curries,
lasagne and more.

We also serve **HOMEMADE PIZZAS** for takeaway
every Saturday 5 - 8pm

www.hareandhoundsleavenheath.co.uk

**WE AREN'T SURE WHEN WE'LL BE
ALLOWED TO REOPEN SO PLEASE
CHECK WEBSITE FOR THE CURRENT
SITUATION**



www.hareandhoundsleavenheath.co.uk



01787 212396

MICROPLANT

08703 210256 / 07850 210256

E-mail: charles@microplant.net

Website: www.microplant.net

Hire, Sales, Servicing & Repairs of
Compact Tractors, Mini Loaders
Fencing, Landscaping &
Paddock Maintenance Machinery

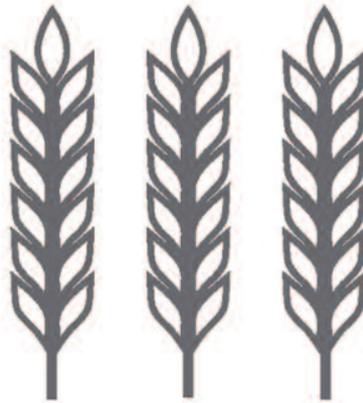
Mini Tractors
Loaders
Rough terrain forklift
Skidsters
Mini Diggers
Post Hole Borers
Hyd' Post Drivers
Trenchers
Rotavators
Stoneburiers
Power Rakes
Harrows
Mowers
Associated equipment



Hydraulic post driver—either centre
mounted or offset behind tractor. Also
available mounted on Weidemann loader



- Estate Agents • Lettings • Valuations
- Land & Property Management



Chapman Stickels

Suffolk and North Essex

Providing unrivalled local knowledge, combining traditional service with a modern marketing approach.

Please visit us at
The Corn Exchange, Hadleigh.

Or call us
01473 372 372

Chapman Stickels

The Corn Exchange, Market Place, Hadleigh, Suffolk IP7 5DN

P | 01473 372 372 E | info@chapmanstickels.co.uk W | chapmanstickels.co.uk

Part of Investeq Holdings Limited



suffolk
Resilience

MESSAGE
CASCADERS

KEEP SUFFOLK SAFE

Help stop the spread of COVID-19 



Keep your distance

Stay 2 metres apart. When you can't, make sure you wear a face covering.



Wear a face covering

Wear a face covering in any indoor public space. Children under 11, people who need to lip read, and people with other disabilities are exempt.



Wash your hands

Wash your hands regularly, with soap, for 20 seconds.



Get tested

Get tested if you have symptoms: a high temperature; a new, continuous cough; a loss of, or change to, your sense of smell or taste.



Isolate

If you or anyone in your bubble has symptoms, follow the guidance on self-isolation.



Social gatherings

You can meet up to 5 other people, maximum of 6 including yourself, as long as everyone stays 2 metres apart.

Become a Covid-19 message cascader
www.suffolk.gov.uk/coronavirus-covid-19



COUNTRY HEATING plus



COUNTRY HEATING plus

Oil-fired Boiler Servicing
Maintenance
Breakdowns & Installations

www.countryheatingplus.co.uk

Mick Dye Tel: 01787 211179
Mob: 07891 867672



ITworx Technology Tamed

Based in Boxford, Suffolk, ITworx provide computer support, repair and tuition to domestic customers.

NEW SERVICE:
Iphone screen and battery replacement.
Same day service.
Call for best prices!!
Evening Service available

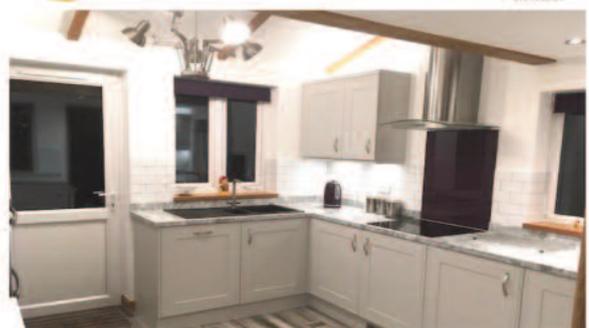
- Computer and Printer Setup
- Friendly and Helpful Advice
- Wireless Networks
- Iphone battery and screen replacement
- Virus Removal
- Upgrades and Repair
- TV's and Smartphones
- Support and Tuition

Email: ian@itworxnow.co.uk
Phone: 01787 210031
Mobile: 07866 015953

Mill Kitchens Ltd.



Kitchens, Bedrooms and Bathrooms
Tailor Made at Factory Prices since 1976



We offer a wide range of kitchens, bedrooms, bathrooms and study furniture, each individually designed to suit your requirements. Choose from bespoke cabinets made for you in our own workshop, or one of our quality 'off the peg' ranges. We also have an extensive selection of made to measure replacement doors, worktops in a variety of materials, along with quality brand sinks, taps and appliances.

We have put measures in place to keep you, our customers, safe whilst maintaining the quality of service you would expect from our family company.

Free Design and Estimate Service and our
'Lifetime Customer Care Promise'.

Our Workshop and Showroom are at:
Unit 14, Crestland Business Park, Acton, Sudbury, CO10 0BD

☎ 01787 310533 email: info@mill-kitchens.co.uk

Visit our website - www.mill-kitchens.co.uk

Making Your Will

Common sense Wills and Lasting Powers of Attorney at sensible prices (and no VAT).

Skype us @Trevor Dodwell for details.

Please call 01206 263420
or email trevordodwell@aol.com

www.thewillbusiness.com

FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

➤ **COVID 19 Message from Stuart Keeble, Suffolk's Director of Public Health:** More people are catching COVID-19 across Suffolk, but Ipswich and West Suffolk are seeing the steepest and quickest rises right now. There will be many reasons, but the data shows that by far the most common way that people spread COVID-19 is in their homes. That's between family members and when people visit and can be especially the case when you're not showing the symptoms.

There are steps we can all take, just like those that Suffolk people have been doing so well throughout the pandemic. Sticking to these rules :-

1. Keeping at least 2 metres apart,
2. Opening windows for ventilation,
3. Not sharing utensils
4. Washing hands properly
5. Washing hands frequently.
6. Wearing your masks in enclosed places.

These are small acts but they do have a big impact on reducing the spread of COVID-19.

This increase must be seen as a wakeup call to everyone. If we keep following the guidance as we have been, we will beat COVID-19. But we must all act now. Let's stick to this guidance rigidly NOT LEAST to protect our "Family Christmas in Suffolk" especially as we all are / have been in Lock Down.

➤ **Suffolk County Council helps those in financial need during COVID19 Pandemic** £600,000 have been given so far via some of the following schemes:

- The Local Welfare Assistance Scheme that funds supermarket, food and fuel vouchers; school uniforms; essential furniture items; white goods; and oil heating refills.
- A donation of £100,000 to the Suffolk Community Foundation to provide grants to organisations to help communities with immediate hardship. Some of the help provided to date by the hardship fund includes:
- Supporting families with food and fuel vouchers, paying utility bills, and buying school uniforms.
- Buying a bike for a man to get to his new job, after losing his old job due to Covid-19 and having to sell his car to cover expenses.
- Buying special boots for a child with disabilities, which the family could no longer afford.
- Covering rent arrears for people.

On top of this, Suffolk County Council has also committed £250,000 to Suffolk Foodbanks and awarded a further £60,000 to the Suffolk Community Foundation's emergency hardship fund. The Suffolk Support and Advice Line has been set up to help address these issues. This is being promoted through the media in Suffolk. It can help with debt advice, budgeting, mortgage, rent or credit card problems and employment queries.

The number is 0800 068 3131 and is manned Monday to Friday 9am to 5pm. People can also go to: <https://www.suffolk.gov.uk/coronavirus-covid-19/suffolk-advice-and-support-service/>

➤ **Changes submitted for Sizewell C project to cut HGV construction traffic**

Following feedback from Suffolk County Council and East Suffolk Council, as well as residents, MPs and other stakeholders last month significant changes have been put forward by EDF Energy to the plans for the Sizewell C nuclear power station, to cut the number of lorries on Suffolk's roads and curb its impact on the environment.

EDF Energy has submitted 14 changes to the twin reactor project, with the full details released on 16 October. A 30-day public consultation will take place next month. The main changes involve making more use of rail and sea to deliver construction materials for the massive project, with an increase in trains and alterations to the proposed beach landing facility.

EDF also plan to reduce the use of AONB land on the Sizewell estate by working closely with Sizewell A, which is being decommissioned, and by using existing land for critical buildings that need to be moved to allow construction to get under way.

In addition, EDF is proposing additional land for the creation of fen meadows to further increase the 'net gain' in biodiversity following completion of the project. The consultation on the changes will start on 16 November. The consultation will be operated in strict accordance with the pandemic guidelines. The next stage in the process is the public examination, which is unlikely to start until next year.

➤ **Suffolk County Council encourage residents to keep walking and cycling**

Suffolk County Council is urging residents to keep up the good work with their sustainable travel choices as the weather gets colder by launching its campaign - Let's make a change for the future! The aim of the campaign is to get more people choosing to walk and cycle for their shorter journeys and for longer journeys pair with public transport.

The campaign will include a radio advertisements on Heart FM, social media via - www.facebook.com/suffolkCountyCouncil and Twitter - @suffolkcc - and a dedicated presence on the county council website - www.suffolk.gov.uk/adviceontravel. This will be complemented with pop up outdoor signage in the county's towns and near primary schools in built up areas. Following research, one of the positives to come out of the coronavirus crisis is the noticeable increase in people walking and cycling whether that is for commuting to avoid overcrowding the transport network, for leisure or as part of daily exercise. As a result, many areas have seen a reduction in traffic congestion and improvements in air quality. Active travel has also been proven to support people's health and wellbeing.

FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

We are entering more worrying times at the moment with the autumn spike in the Coronavirus pandemic spreading across our region and reminding all of us to take extra care of ourselves and indeed each other. While 99.9% of our population across Babergh and Suffolk are well and remain unaffected, this can change for the worse very quickly. Please, everyone act responsibly.

At the council we have relaunched the Home but not Alone helpline tel 0800 876 6926 which is there for any help and advice needed, this helpline links into a wonderful army of local volunteers who will deliver goods and medication needed by residents who are isolating for any reason or just need help and advice or a friendly chat with someone they know.

At Babergh despite this month's lockdown, we have moved into a recovery phase to help businesses recover and move on back into production and profitability, very difficult given the current restrictions, but once again we do have some government money which can be applied for at Local Restrictions Support Grant on the Babergh website or through helpline above.

The normal business at Babergh has to go on despite what is happening in the outside world and councillors have voted on and backed the Joint Local Plan, the lack of which has had such a detrimental effect on our ability to pass judgement on planning applications as we would have liked. This plan is now in its final consultation until the end of the year before being lodged with the planning inspectorate for hopefully final approval and becoming a solid working document by the end of 2021, although that is a year away the plan will now gain weight in determining planning applications robustly.

We have also made progress on our environmental strategy and have a new biodiversity document, both of which will link in with the new local plan and effect planning applications for the better, this is so important to defend and enhance what we already have and wish to build upon to keep our natural world intact for all to enjoy. Along with growing and gardening, walking in parks and open spaces has been highlighted as a major benefit for wellbeing and mental health during these difficult times.

Our biggest challenge at this time is to set a balanced budget for the year 21-22, this will be very difficult as the drop in trade and income has impacted badly on our receipts and extra work and duties to combat the pandemic have meant resources and reserves are at an all time low. We have a gap of just over a million pounds to make up which will be difficult to balance without tax rises or service cuts or maybe a mixture of both. A very hard and uncomfortable place to be in these already stretched times for our residents, and councillors will take this into account when making very hard decisions in the coming months.

Locally planning matters have taken much of my working time and I am pleased that our own Boxford Neighbourhood plan is gaining momentum and looking like a good working document, please help in anyway that you can and support it in anyway that you are able. This plan is about developing Boxford as a working village with homes for all who need one, through sensible expansion in sensible locations, with well thought through infrastructure to benefit our business's and our lovely school.

Once again we should all stay, shop and work as locally as we can to cut the risk of infection and also to help our own local economy and our own local residents and infrastructure.

Please all keep well and safe and if you need help do not hesitate to reach out for it.

Together we are a great community.

Bryn.

Bryn.hurren@babergh.gov.uk Tel 01787 210854. Mob 07771 508348

➤ **Virtual Fostering and Adoption Sessions for the Stour Valley**

Since the incidence of COVID 19 sadly the demand for this service has increased significantly. Therefore, those who would like to find out more refer to the website - <https://www.fosterandadopt.suffolk.gov.uk/> or join one of the following events

For those wanting more information on Fostering only:-
Wednesdays - 2nd December 2020 - all 7:00pm in your home.

For those wanting more information on Adoption only:-
Thursdays - 3rd December - all at 7:00pm in your home.

To book a place please email Claire.Gwatkin@suffolk.gov.uk. She will then send instructions on how to join the virtual meeting. As always, our team will be happy to answer any questions you have about fostering or adoption! They normally will have a foster carer or adoptive parent available to help you too at these events. Please continue to spread the word.

James Finch - Your County Councillor Tel 01206 263649 Mobile 07545 423796 Email: james.finch@suffolk.gov.uk

S B Electrical



For all your electrical work
large or small

- Free Estimates ✓ No Call Out Charge ✓
- A Member of the BSI® ✓ Electrical Certificates Issued ✓
- Part "P" Registered ✓ Insurance Backed Guarantee ✓

Tel: 01787 247043

e-mail: Info@sbelectrical.biz or visit www.sbelectrical.biz
Church Road, Little Waldingfield, Sudbury, Suffolk

Chimney Matters

Town and Country



Professional Chimney Sweeping & Stove Installation

- Open fires, Wood burners swept and serviced for maximum efficiency.
- Wood and Multi-fuel Stoves installed.
- Sweeping and Installation Certificates issued.
- Cows & Bird Guards fitted.
- Fully Insured.

Mobile : 07767 864127

Phone: 01284 789663

www.chimneymatters.co.uk

Ipswich Veterinary Centre

For a professional caring service



Independent practice with a personal approach

Tel: 01473 555 000
www.ipswichvetcentre.co.uk

1 Donald Mackintosh Way, Scrivener Drive, Ipswich, Suffolk IP8 3SU

COMPUTER CARE V-EXTERMINATOR LTD

CALL NOW: 01787 370397

- Free Call Out Service
- Virus Removal and Internet Security
- Home and Home Office Support
- Networks / Wireless / Printing
- Microsoft Windows 7/8/10
- Very Reasonable Rates

23 Brandeston Close - Great Waldingfield - Sudbury

www.v-exterminator.co.uk

**Microsoft
CERTIFIED**
IT Professional

Eco SYSTEMS Tree and Grounds Care

**Tree Surgery, Felling, Dismantling,
Hedge Maintenance, Stump Grinding,
Woodland Creation,
Commercial Grass Cutting**

Fully Insured

NPTC qualified Council approved contractor
FREE no obligation quotations and advice

DAN STANMORE

Bildeston 01449 741255 • Mobile 07980 290781

Woolcombers, Duke Street, Bildeston IP7 7EW

L.S.EAVES LIMITED

STOKE BY NAYLAND, COLCHESTER

Car Sales

Petrol & Diesel Fuel Sales

Diagnostics & Testing

M.O.T. Testing

Air Con Service

Service & Repairs

Free Local Collection or Courtesy Car



For full list of cars in stock please
call or visit our website:

01206 262123

RMI www.lseaves.co.uk



FRENCH'S CARE HAVEN

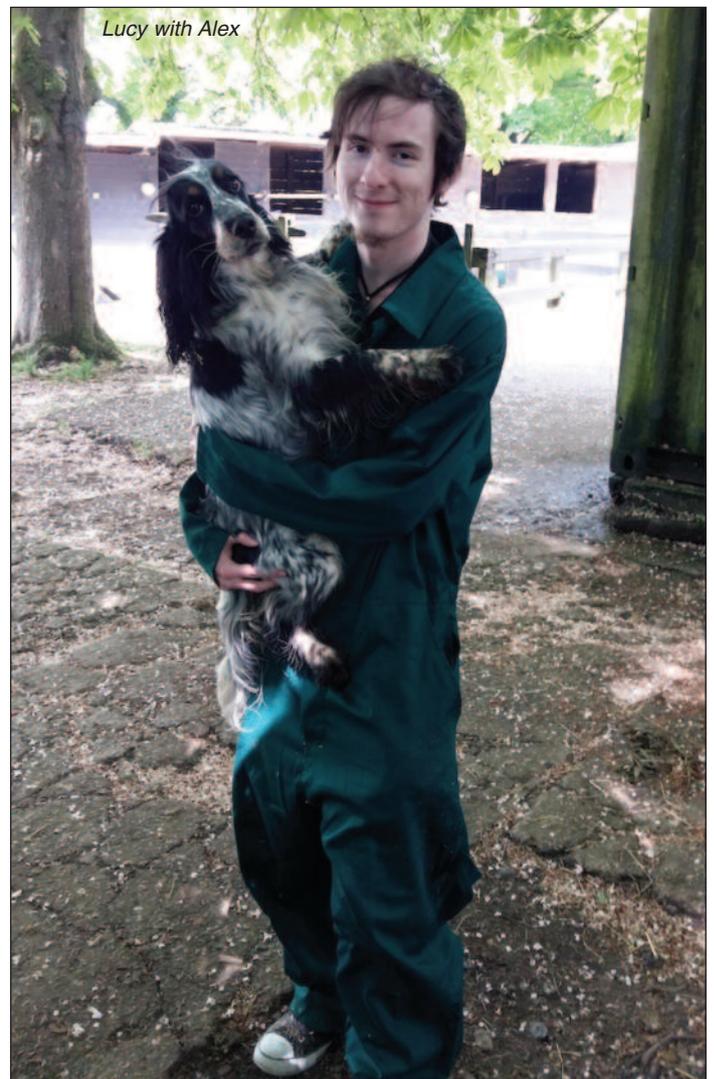
I would like to say hello to all of the locals and readers of Box River News. On 28th- 29th of December 2019 my registered animal rescue Charity moved to some land in Castlings Heath. We had previously called a farm in Hadleigh our home for 11 years, then sadly for us it was sold to a couple from London, who had their own plans, which meant there was no room for our charity. French's Care Haven was verging on being homeless and after months of advertising and help from Suffolk news papers and BBC Look East, to my relief I was contacted by the kind owners of the land we are now on in Castlings Heath, offering their support.

French's has become over the years a place that not only cares for large animals like Donkeys and Horses, we also help people and our ethos is, Helping Animals – Helping People. Local Suffolk folk young and old have arrived at our farm and found being part of our small team rewarding for many reasons. The tranquillity and beauty in the countryside is a definite help, but most of all the relaxed and content energy that comes from our animals, the therapeutic feeling it gives and how rewarding it feels to work amongst our animals. Most of our rescued animals are now elderly, as they have been with me for some time. Lucy our therapy dog who is with me 24-7 always comes to greet the day's helpers and she loves to play a part in the volunteer's day up the farm. The rescued animals that have been brought back to good health and are still young have been re-homed, but those we have left with us now, will stay and see their life out at French's. Each one has its own individual character and all are good to be around and like the attention of being given love and care. Some are on medication for a variety of things, but they are all happy and living a life now that they should have been given, with their previous owners.

We have all ages of people come to us as helpers, some are retired and want to stay physically active and do something worthwhile and some of the younger people have anxiety problems, or suffer from depression and there are some who have eating disorders. I try to make everyone feel welcome and if they want to talk about anything that is troubling them they can. For the last 47 years I have worked as a profession with horses and small animals and for many of those years as an Animal and Human Physiotherapist, I gave lecture demonstrations around the country and in colleges for students. I am a qualified Neuro-linguistic programming coach, helping people with psychotherapy, their communication and personal development. I have a lot of knowledge to teach and help people with. Anyone is welcome to come on board with us and help care for the animals any way they can. I encourage those who do come, to enjoy their visits and for each individual to feel welcome enough that they want to become a solid member of our team. It has been very hard for us financially this year, more so because we have not been able to hold any fund raising events. I have a lady on board who looks after our Face book page and another local gentleman has started re-building our new website. We have been crying out for a big sponsor (with a big heart) to come on board with us, so if you know of anyone who may be able to help, please ask them to get in touch with me, my details are below.

VOLUNTEERS AND SPONSORS NEEDED

Please contact Jann:07747 755556 - Email: jann.turner@hotmail.co.uk
Frenchs Care Haven.org.uk



MEMORIALS
LUXSTONE

WE HAND CARVE
ANYTHING IN STONE

Memorials, standard and bespoke
Carving ≈ Stone Signs ≈ Nameplates
Letter Cutting and Carving Courses



Stour Valley Business Centre, Brundon Lane, Sudbury, Suffolk CO10 7GB
Telephone 01787 371570 / 07920 101 440 E mail info@neilluxton.co.uk

www.neilluxton.co.uk


**Nayland
Chiropractic**

Supporting Your Wellness

Inga Hurren Registered Chiropractor

4 Church Mews, High Street, Nayland CO6 4JF
t: 01206 264139
e: enquiries@naylandchiropractic.co.uk
w: www.naylandchiropractic.co.uk

GARDEN DESIGN
BORDER DESIGN
PLANT SOURCING
GARDEN
OVERHAUL
GARDEN
GIFT VOUCHERS



Call Angela for a consultation:

01787 212264
07974 375254

**Give your garden the
makeover it deserves!**

We are a local garden design
company and can offer a
complete design, construction
and maintenance package
or just a planting plan for a
single border.

WWW.ZINNIADDESIGN.CO.UK



**Bates Wells
& Braithwaite**

Expert legal help for business and for individuals...

Accident claims - Commercial and company law
Commercial property - Commercial German legal services
Employment - Environmental Law -
Estates, trusts and wills - Family and children
Farming and rural business affairs
Health and safety - Licensing - Litigation/mediation
Residential property - Rural business affairs

Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury C0102AD
T: 01787 880440 E: solicitors@bwblegal.com

**OSTEOPATHY • CRANIAL OSTEOPATHY
ACUPUNCTURE • HERBAL MEDICINE**

ELAINE EVERITT

BSc(Hons) DO LicAc MNZRA MBMAS
MGOsC MOCNZ MNIMH MCPP

- Back and neck pain
- Sciatica
- Headaches
- Sports injuries
- Arthritis
- Joint injuries
- Frozen shoulder
- Fertility
- Gynae disorders
- Gastro Intestinal disorders
- Dietary advice
- and more

Treating newborns to elderly • Over 30 years experience
Recognised by most private medical insurances

Clinic at:
Pippettes Farm (opposite Simbo's)
Stone Street
Boxford
CO10 5NR

For a conversation to find out more
or to book an appointment call:

07587 743850

Or you can visit my websites:
elaineeveritt.com
pippettes.co.uk



April Cottage Cattery

April Cottage, Powney Street, Milden, Ipswich. IP7 7AL

Purpose built Licenced boarding cattery for cats only, located
in rural Milden, 3 miles from Lavenham. Set in a quiet
secluded position behind our house and benefiting from 24
hour supervision.

- Fully insulated and heated chalets with large bright airy
exercise areas.
- Facilities to cater for the elderly, very young or cats
with special needs.
- Daily grooming and administering of medicines free of
charge.
- Pick up and delivery service free up to 5 miles, (50p per
mile thereafter capped at £10)
- Quiet areas for shy cats or busy window views for
those needing entertainment.
- All diets catered for.
- Prices start from £7.50 a day. Special rates for long
stays.

Please come and see us for yourselves; just ring or email to
make an appointment.

Call Anne or Kevin on 01787 247302 or 07985 404813

Email: info@april-cottage-cattery.co.uk
Website: www.april-cottage-cattery.co.uk

Readers Letters

Sir

We would like to wish friends to whom we would usually send Christmas cards A Happy Christmas and Best Wishes for 2021. Hopefully it will be a better year than 2020 We will be sending a donation to charity

From
Malcolm and Shirley Grimwood, Boxford

Sir

I would like to say a big big Thank You to all the people who came to my rescue on my recent fall in the village.

The man from the wine shop who gave me a chair to sit on, to Liz the local gardener, Jen who took me to Hadleigh Health Centre, then on to A&E in Ipswich, to my friend, Jean, and old school friends Tessa and especially Goldy, we speak on the phone every morning and she has been doing all my shopping and more. Also my cousins Rhona and Carol

I am most grateful

Yours Sincerely

Doreen Hall, (Ince)

Sir

It has recently been brought to my attention that many of my neighbours have received a copy of a letter concerning the 'Next Door App; purporting to come from me which it didn't. I am concerned and irritated my name has been used in this way.

It may be a great app for some but I want to stress I personally do not endorse the "nextdoor" app in any way, shape or form.

From the brief research I have done it appears this platform emanated from the US and has spread across mainland Europe and the UK. It derives revenue through advertising from local businesses who can target specific postcodes best suited to their particular products and services. All fine but nothing to do with me so if anyone has any idea who controls the platform locally and decided to use my name I would like to speak with them.

Many thanks

Nick Tribe Sherbourne Street

MATTOCK MOTORS LTD

CALAIS STREET FARM, CALAIS STREET, BOXFORD



Has your Car lost
it's Spark of Life?

- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP CAR REPAIRS

Full Diagnostic Equipment, Laser Liner,
Fault Code Reading Equipment.

(A.B.S., Airbag, Engine Management Lights etc)

- AIR CONDITIONING • REGASSING
- REPAIRS • ULTRA VIOLET LEAK DETECTION

OPENING TIMES MON-FRI 8.00am-6.00pm
SATURDAY BY APPOINTMENT ONLY

ONE CALL AWAY
TELEPHONE

01787 211394

SbN Stoke by Nayland
HOTEL GOLF SPA LODGES

Double
Discounts in
January
2021*

Our Club is your Club!

SbN COMMUNITY DISCOUNT CARD

Saving you ££s when you spend locally at the Stoke by Nayland Resort.
Use your card when you pay to receive discounts at the Resort or online.

★ A percentage of income from the Community Card will be donated to local community projects through local Parish Councils. ★

Enjoy all of this on your doorstep and much more...

FREE
to join



Relax, revive and rejuvenate.
5% discount off treatments
and spa days in Peake Spa



10% off award-winning dining
and beverages across our
restaurants and bars



FREE lunch or dinner for your
birthday ** & 50% off room hire
for events **

*January double discounts
apply to spa, food & beverage
offers only.

Also discounts off hotel and luxury lodge stays!

** Terms and conditions apply.
Please see our website for details.

Start saving ££s now by signing up today at www.stokebynayland.com/community

Stoke by Nayland Hotel, Golf, Spa & Lodges, Keepers Lane, Leavenheath, Colchester, CO6 4PZ



The Red House

— RESIDENTIAL HOME —

A fine Georgian building set within a beautiful garden, offering a sanctuary of peace and security within the centre of Sudbury, offering all the necessary care and attention for those who wish to spend their retirement and later years in a warm and caring atmosphere.

Contact Us

Meadow Lane, Sudbury, Suffolk, CO10 2TD

Telephone: 01787 372948

www.redhousesudbury.co.uk

Services Directory

ADI Landscapes provides hard landscaping services throughout south Suffolk and north Essex. ADI Landscapes takes pride in offering a friendly and reliable service, and has a creative approach; allowing all your landscaping dreams to become a reality.

ADI
Landscapes

www.adilandscapes.com



hello@adilandscapes.co.uk



07814 404377



Cass White

Traditional & Modern Upholstery

07759924209

casswhite@live.com

Seasoned Firewood & Woodchip

For Sale BY THE LOAD

01787 319200



We carry out all aspects of tree works

SUFFOLK TREE SERVICES

www.suffolktreeservices.co.uk

Sleepers - Timber Scaffold Boards Oak Barrels supplied

07970 559251

www.jp-services.info

Electric Guitar Servicing

Need New: Pickups, Volume or Tone Pots, Bridge, Jack socket, Strings, etc

Complete Setup: Action, pickup height, Neck relief, and Intonation.

chas.parker@icloud.com Tel 07899081929

N D Rose

Int/Ext Decorating

- Gutters Cleaned/Repaired/Replaced
- Wall/Floor Tiling
- General Building Maintenance

Telephone 01787 211042

Mobile 07518 040465

3 Fen Street, Boxford, CO10 5HL

R.B.Landscapes

Garden and Landscaping Services

All aspects of Landscaping Covered
Driveways - Patios - Brickwork - Fencing
Decking - Turfing - Tree Felling - Pruning - Etc.
POWERWASHING SERVICE AVAILABLE

Office: 01621 894940

Direct: 07936 473634

Services Directory

Ken Grime & Son Ltd Electrical Contractors

Fully Qualified and part P Registered
All types of electrical works undertaken
Nojob too small • Very competitive prices

Office Tel: 01787 373558
Ken Mobile: 07702 358802

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

Darren Howe - Qualified Carpenter & Joiner

All Aspects of Carpentry Undertaken

- Handmade Kitchens & Fitted Wardrobes
- Fitted Kitchens
- Doors Made and Hung
- Floors & Laminates

• Balustrading, Decking and much more
Call me for a free No Obligation Quotation
on 07795 345466 or email me at
howies@hotmail.co.uk

Private Tutor

Experienced Key Stage 2 teacher,
based in Boxford, DBS checked.
Email: simplyteachsuffolk@gmail.com
Tel. 07718372470
All ages and subjects considered.

B P LAMBERT R.S.S.

Est 1977

BLACKSMITH

Makers of Boxford Beacon & Groton Sign
Telephone 01787 210634
Mobile: 07866 596121

HELPING HANDS

Weeding - Shrub Shaping
Borders - Hedges and Lawns
Re-Planting Pots Etc.

Contact Daniele,
Boxford 01787 210254
Pressure Washing
Paths - Patios - Drives



CARPENTRY & JOINERY

Purpose made doors, windows,
conservatories, fitted kitchens,
bedroom furniture, etc.

No job too small M Hearnden
Tel: 01787 248285 / 07850 196891

original hand-made prints



artist : printmaker

Boxford : Suffolk

01787 211501

browse my website gallery — studio open by appointment
annetownshendart.weebly.com

A D Braithwaite Roofing

Anthony Braithwaite FlatRoof Specialist

Bolyen House, New Queens Road
Sudbury CO10 1PJ
07840408510

anthonybrai@hotmail.co.uk
www.adbraithwaite.co.uk

Robson Thatching

FREE ADVICE

RE-THATCHES

PATCHING

REPAIRS



56c HIGH STREET
LAVENHAM

01787 247964

07443 596757

25 YEARS

philiprobson2011@hotmail.co.uk

Polstead Based

Country Cars Private Hire



Local and Long Distance
Airports - theatres - Restaurants -
Weddings

Contact: Dave Howard

Mobile: 07767 076976

W.A. Deacon FUNERAL SERVICES

24 HOUR
TELEPHONE SERVICE

01787 248282 & 01787 248147

Norman Way, High Street, Lavenham,
Sudbury, Suffolk CO10 9PY

INDEPENDENT FAMILY COMPANY



ESTABLISHED 1952



STIRLING PAINTERS & DECORATORS

THIS FATHER AND SON TEAM BETWEEN
THEM HAVE 60 YEARS EXPERIENCE IN THE
TRADE, WOULD LIKE TO GIVE YOU A FREE
ESTIMATE FOR EXTERNAL AND INTERNAL
REDECORATION OF YOUR PROPERTY
WE DO NOT USE SUB-CONTRACT LABOUR
WE ONLY USE THE BEST MATERIALS
WE TREAT YOUR PROPERTY
AS IF IT WAS OUR OWN
WE ARE PROFESSIONALS
TEL: 01255 688104 MOBILE: 07866 734519



BOXSTORE

The Local Self Storage Company

For all domestic and
business needs

See website for details
www.boxstore.co.uk
or phone 01787 210350

Hadleigh Hairloom

78 - 80 High Street, Hadleigh
01473 822191

Walk-in Family Salon

Catering to the entire family's hairdressing needs
*Easy Access *Family Friendly * Free Wi-Fi *
Comfortable Waiting Area with Toys and TV.
Monday Wednesday & Friday: 9 - 5.30
Tuesday 9 - 7.00* Thursday 9 - 8.00*
Saturday 8.30 - 4.00

POLARIS POWER & DATA LTD

LOCALLY BASED ELECTRICAL CONTRACTORS

Tel: 01787 211914

- Domestic Residential
- Commercial Buildings
- Hospitals
- NIPIC/Dwellings
- Emergency Lighting
- PAT Testing
- Commercial
- Church Installations
- Listed Buildings Installations
- Data Network Installations
- Security/Door Access Systems
- Fire Alarms

Email: info@polarispwr.co.uk
www.polarispwr.co.uk

Lee Dunnnett Painter

Interior and exterior house painting
20 years experience. free estimate

Mobile: 07960 743 938

Tel: 01787 212 218

Email: leedunnnett@aol.com Website: leedunnnettpainter.co.uk

Antique Renovations



Expert restorers of fine antiques & interior woodwork

Lavenham Studios, Brent Eleigh Road, Lavenham

Tel: 01787 248511

Services Directory

S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓
Part "P" Registered ✓ Electrical Certificates Issued ✓

01787 247043

e-mail: Info@sbelectrical.biz or visit www.sbelectrical.biz

Boxford Lane Joinery

With the benefit of over 40 Years experience.

*Specialist Manufacturers and Installers of
Bespoke:*

Kitchens

Wardrobes and Household Furniture

Staircases • Architectural Joinery

Windows, Doors and Conservatories.

*All finished/Sprayed/Polished
in House if required.*

*A full fitting and Carpentry service
is also available.*

**Contact: Greg Deeks: 01206 263525
or mobile: 07977 738649
or Brett Deeks: 07969524125**

email: boxfordlanejoinery@hotmail.co.uk



COMMAND PEST CONTROL & HYGENE SERVICES

**Complete Pest Control service
including Premises Contracts.
12 month Protection from Infestation.**

All Pest control work undertaken

- Coverage of East Anglia •
- 24hr Emergency Service • Professional Back-up •
- Quality Control Manager and Field Biologist •



We supply most Pest Control, Timber
Treatment, & Ind Cleaning
Chemicals, Shotgun Cartridges &
Pest Control Equipment



COMMAND PEST CONTROL

Unit 4. College Farm, Church Lane,
Preston St. Mary, Sudbury, Suffolk CO10 9NG
Tel: (01787) 248049 Fax: (01787) 247113

C D Lawson

Building & Hard Landscaping

01787 211429 mobile: 07730885019

- All Building work •
- Maintenance •
- Alterations • Extensions •
- Driveways • Drainage •
- Patios • Fences etc. •

Professional and Reliable service at
competitive rates

13 Boxford Lane, Boxford, CO10 5JU
email: lawsondian@btinternet.com

AHS Landscape Limited

Fencing
Landscaping
Garden creations/makeovers
Estate/Woodland management
Tree care
Garden maintenance

**For a free quote or advice
call Andrew Martin**

01787 211671 07786434315
www.ahstimgardens.co.uk

-PJH-

Property Maintenance

Quality Painting and Decorating

Interior & Exterior,

Tiling and General Maintenance

Carpentry, General Building work

Alterations and Renovations

www.pjhpropertymaintenance.co.uk

6 HADLEIGH ROAD, BOXFORD, SUDBURY CO10 5JH

TELEPHONE: 01787 212366

K.E.Jones & Son

BUILDING SERVICES Ltd. Est 1970

01787 312345 mobile: 07932 618459

- New Build
- Extensions
- Specialising in period properties
- Renovations
- General Building
- Refurbishments

**A family business looking after
all your property needs!**

Abbey House • Rectory Road • Newton Green
Sudbury • Suffolk • CO10 0QZ
www.jones-builders.co.uk

FLOWERS FOR EVERY OCCASION

Jayne Foster

Groton

Telephone: 01787 211360

SJ Hurrell Plumbing & Heating

**Over 30 years of experience specialising in
custom solutions for all of your plumbing
& heating requirements**

- Gas & Oil Central Heating
- Annual Boiler Servicing
- Bathroom Design & Installation
- Underfloor Heating
- Energy Efficient Systems

07970 163084 • 01787249081

scott@sjhurrell.co.uk • www.sjhurrell.co.uk



PAUL MACHIN GARDEN SERVICES

General maintenance, hedge cutting,
tree pruning, grass cutting
Wood chipper & operator hire
Paddock & field topping
& harrowing service
Patio, path and driveway cleaning
Garden, house & shed rubbish
clearance

Environment agency waste carriers
licence held and fully insured
Please call me on 01787 249725 or
07854 725777

and find my page on facebook

The Dogroom at Boxford

Professional Dog Grooming Services

thedogroomatboxford.com

07712 687701

01787 211874



Leavenheath Village Hall Available for Hire

Weddings • Receptions • Private Functions
Fitted Kitchen • China & Cutlery
Separate Committee Room up to 25 people
To book and for info

Contact:

Malcolm Jones on 01206 263301

ELIZABETH MARTLAND DE ALWIS ART

WEEKLY ART
CLUB

PRIVATE
TUITION

ART
WORKSHOPS

PAINTINGS . PRINTS

BOXFORD STUDIO . 07846849451

Services Directory

Tree Surgeon

Tel: 01787 228341
07515 288736



info@blaketreecare.co.uk
www.blaketreecare.co.uk

Blake Tree Care

Providing excellence in;
Tree Felling - Canopy Reduction - Hedge Cutting
Tree Shaping and pruning - Stump Grinding
Pollarding - Emergency Storm Damage
Free Consultation for Small and Large Jobs
Public Liability Insurance

D MAY

Plumbing & Heating

Offering a fully comprehensive range of domestic plumbing and heating services.
Local tradesman 30 years experience Free estimates with no call out fee and not VAT registered.
New bathroom and ensuite installations including floor/wall tiling.
Emergency service provided and no job to small.
Tel: 01473 827462 or Mobile: 07886389995

Kirkham Sheidow Architects



Boxford 01787 211670

design@kirkhamsheidow.co.uk

www.kirkhamsheidow.co.uk

M.K

Carpentry & Building Services

Extensions – Renovations –
Carpentry – Plumbing – Electrics –
Plastering – Tiling

All types of building works undertaken.



Please Contact Mike Kerr:

Tel: 01473 822501 Mob: 07525 160330

E-mail: mkblders@hotmail.co.uk

FIREWOOD

DRY SEASONED LOGS
VARIOUS LOAD SIZES AVAILABLE

KILN DRIED LOG NETS

Delivery available on minimum of 6 nets

Contact Carol Abbot
01473 829130 or mobile
07768 795981

HOWARD WATTS

Automotive



Sales and Service at
Riddelsdell Bros Ltd (Est 1900)
ELLIS SREET, BOXFORD, CO10 5HH

01787 210318
07836 353537

www.howardwatts.co.uk info@howardwatts.co.uk

When the job's paintin' get The Saint in



QUALITY PAINTER & DECORATOR

* Interior/Exterior * Property Maintenance

* Local, Trusted & Reliable * Free Quotations

find me on
* Highly Rated Yell.com

07917877694

JLMDecorating@live.co.uk

FOR ALL YOUR DECORATING NEEDS



WHITWELL SERVICES

Established 1979

Oil Fired Heating Engineer
Service • Maintenance
Installation • Oil Tank
Replacement Service

24Hour Breakdown Service



Registered
Technician

Call:

01787 210277
07956 652264

LOWER DAIRY FARM

28 day aged, grass fed beef
Direct from the farm

www.lowerdairyfarm.co.uk

Lower Dairy Farm Shop · Nayland
CO6 4JS · 01 206 262314

M.D.MILLS

(BUILDING CONTRACTORS) LTD

All types of building work undertaken including:

Extensions, Renovations
Insurance Repair Works,
Plumbing & Heating, Electrics,
Roofing, Tiling, Decoration, etc

For a free no obligation estimate
please call:

01787 373085
www.mdsmills.co.uk

COMPLETE PROPERTY SERVICES

Established since 1993

Plumbing & Heating
Electrical
Painting & Decorating
Kitchens & Bathrooms
Tiling & Flooring

Tel: 01787 210856
Mobile: 07538 067868

JP Services

Fencing - Horticultural Woodwork - Paving
Sleepers/Landscape timber
07970 559251
www.jpsservices.co

Services:

- Rustic Structures – Rose arches, Pergolas etc
- Fencing, Hedge laying
- Sheds & greenhouses erected and repaired – bases laid
- Raised Beds
- Traditional Window Boxes & Planters
- Patios and Paving
- Gardens cleared
- NPTC chainsaw certification held
- Waste removed - EA registered waste carrier
- And much more

Sales: visit us at www.jp-services.info

- Sleepers/Landscape timber
- Steel barrels, Ideal for Storage, Incinerators etc
- Oak tubs/barrels

Services Directory

SANDRA HANSCOMB

DipFH MCFP MAFHP

Qualified Foot Health Professional & Registered Nurse
FOOT CARE SERVICE IN YOUR OWN HOME
 Corns, Callus, Fungal and Painful Nails, Nail Cutting & Filing and care of the diabetic foot.
 Phone for details: Mobile: 07941 127501
 Tel 01787310872
 feetleg.stoes@gmail.com
 messages will be returned.

SHERBOURNE LODGE COTTAGES



Two self-catering cottages former stable blocks offer fully equipped and well furnished accommodation. Each sleeps 2-4 people (one can accommodate 6). For further details please call:
01787 210885

J. Harvey

Caravan & Motorhome Valeting
 -Interior & Exterior-
 -At your home- Storage facility Or Seasonal pitch-
 Across Suffolk & Norfolk
 -At competitive rates-
 For any enquiries 07973705351



IRONING SERVICE

Clare: 07443422496

Collect and deliver
 Competitive prices
 References available

Amanda Hollingworth Counsellor

Helping people overcome their emotional, psychological and relationship problems for over 30 years

COSRT Accredited Psychosexual Therapist
 COSRT Accredited Clinical Supervisor
 UKCP & BUPA Registered Psychotherapist
**contact: 01473 824663 or
 ac.hollingworth@gmail.com**

Sanders Sweeps & Installations

Mobile 07808 298866
 Traditional Chimney Sweeping
 Fireplace & Stove Installations
 Email: info@sanderssweeps.co.uk
 www.sanderssweeps.co.uk



**Sudbury
 Physiotherapy Centre**
 & Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Sports Massage
- Chiropody
- Podiatry
- Pilates
- Shiatsu
- Clinical Hypnosis
- Paediatric Physiotherapy

Appointments available Monday - Saturday

Tel: 01787 378178
 Email: s.hollingsworth@physiotherapycentre.co.uk
 www.sudburyphysio.co.uk
 18 Cornard Road - Sudbury - CO10 2XA

Qualified Foot Health Professional

Bridget Clifford MCFHP MAFHP
 Foot Care in the comfort of your own home.
Tel: 01787 211345
 If unavailable leave a message
 and your call will be returned.

Andy Morgan Painter & Decorator S.E.P. painters

Tel.: 01787 375824 • Mobile 07748 800701
andy@seppainters.co.uk
 For all your interior and exterior decorating ...
 ...from New Build to Period Properties
 Your satisfaction is my speciality!
 Detailed information on my website:
www.seppainters.co.uk

Colne Valley Windows

Your local double glazing company
 Windows • Doors • Conservatories,
 Bi-Folding Doors • Soffits • Facias and
 Guttering • uPVC and Aluminium • Shop
 Fronts • Manual and Automatic Entrances
 and much more!!

Transferable 10 Year Insurance
 Backed Guarantee
 Over 30 Years Experience
 Free Quotation
 Local Family Run Business



To arrange a free quotation
 please call us on **01787 827382**
 Website: www.colnevalleywindows.co.uk
 Email: info@colnevalleywindows.co.uk
 Certified Company 36650

H Byham & Son Ltd Ballingdon Dairy, Sudbury

Deliveries of Dairy Produce and
 Goods to Boxford and
 Surrounding Villages
Tel: 01787 372526

Bradshaw Trenching Ltd

Trenching & Groundwork Contractors
 Drainage Fencing
 Water mains Manage construction
 Irrigation systems Foundations / concreting
 Cable ducting Site clearance
Tel: 01787 210 499 Mob: 07810 801 021
www.bradshawtrenching.co.uk

AERIAL VIEW

- TV, FM & DAB aerials 'Freeview, Freesat & Sky
- Motorised satellite Satellite Broadband
- Repairs & upgrades Extra points and magic eyes
- TV wall mounting

Please call for other services
01787 311057
 Make the switch to digital with confidence
 Or visit www.aerial-installers.co.uk

FOUR CORNERS
 The Picture Framers
 Cobwebs
 Bower House Tye
 Polstead CO6 5de
01787 210710



M; 07515 288736
O; 01787 228341
E; info@blaketreecare.com

Providing excellence in;
 Tree Felling - Canopy Reduction
 Hedge Cutting
 Tree Shaping and pruning - Stump Grinding
 Pollarding - Emergency Storm Damage
 Free Consultation for Small and Large Jobs
 Public Liability Insurance

Suffolk Medical & Beauty Clinic

All Beauty Therapy Treatments
 Laser Permanent Hair Removal
 Anti - Wrinkle Injections
 Thread vein treatment
 Skin Rejuvenation
 Dermal Fillers
 Mole and Skin Checks
 Dermalroller/Pen
 Medical Microdermabrasion



www.suffolkmedicalclinic.co.uk
 6 Broad Street, Boxford
01787 211000

Services Directory

ONLY OIL

OIL BOILER ENGINEERS

Why pay more for your servicing, breakdowns & commissioning?

Call us now for a very competitive quote!

NO V.A.T.

Tel: 01787 313250

Or 01473 827792

Paul Cooper CHIMNEY SWEEP

- Solid Fuel • Wood Burners
- Inglenooks • Oil - Gas

Bird Guards & Cows supplied and fitted
(Traditional Sweep for your wedding)

Tel: 01473 787374

Member of the National Association
of Chimney Sweeps & HETAS approved

GARDEN WORK SHRUBS TREES & HEDGES

Call for a quote

G J & C A Abbott

01473 829130 or mobile

07768 795981



Hairy to Handsome is a City & Guilds qualified mobile dog grooming service.

Fully insured covering Stoke-By-Nayland and the surrounding areas.

Custom built mobile dog grooming salon
We come to you and provide a 1-2-1 relaxing and calm environment for your dogs groom
We take great care in the handling of your pet whilst in our care

Hairy to Handsome will arrive at your home or business at your specified time

We cover all grooming requirements from bath and brushes, full grooms to hand stripping

A wide range of treatments available

Please call or text 07590847510 for bookings.

www.hairytohandsome.co.uk



CARPET CLEANING

Super Clean Carpet Cleaners

Your local professional carpet cleaning service

Call Mark Today

07376 800 111

www.superclearcarpetcleaners.co.uk



AK SMITH

**PLASTERING (EST 1986)
CEILING, WALLS, FLOORS,
PLASTERBOARDING.**

NO JOB TOO SMALL.

For references see our website:

www.aksmithplastering.co.uk

ASSINGTON 01787 212352

Mobile: 07808027116

David Folkard

BLOCKBUSTERS Drain Clearance

Sinks, Toilets, Drains

Sewers etc.

Hadleigh 01473 827426



tel: 01787 210 251

e-mail: info@willbishop.co.uk

Visit our website for more beautiful designs

www.willbishop.co.uk

LAWNS FIELDS AND GARDENS

Established 1991



- All types of Grasscutting undertaken •
- Commercial and Domestic •
- Contract or otherwise •
- Grounds Maintenance •
- Hedges • Trees • Fencing • Patios •
- Drives • Pergodas •

FOR A FREE QUOTE RING MARTIN ON

Tel: 01787 210675 Mobile: 07932 477152

CARPET CLEANING

Super Clean Carpet Cleaners

Your local professional carpet cleaning service

Call Mark Today

07376 800 111

www.superclearcarpetcleaners.co.uk



SAM'S K9 Services

Experienced dog walker and trainer, good rate, fully insured, qualified and have my first aid for dogs.

Not only am I a dog walker but I'm also a qualified dog trainer. I'm able to help with a wide range of behavioural and training issues. My methods of training are up to date and force free. whether you need help as a first time puppy owner, or your dog is showing signs of aggression or you need help with training problems such as lead pulling

please call me on 07939563282.

CARPETS-VINYLS-WOOD

LIONEL HATCH FLOORS

Your local professional, personal, competitively priced flooring service

Call Lionel Today

TEL: 01787 374163 MOBILE: 07766 026875

EMAIL: lionelhatchfloors@gmail.com

A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties
Small jobs to complete re-wires

For a free estimate call Adrian on
01787 211576 Mobile 07968 856765
e.mail adrian.tennent@btinternet.com

1 Church Street, Boxford, Sudbury

T.O.P.L.I.N.E Pest Control Services



ANDY TUFFS
Tel: 01787 211563
Mob: 07944 115193

B.P.C.A. QUALIFIED & ADVANCED CERTS



MINI WASTE LIMITED

2, 3, 4, 6, 8, 10 & 12 YARD SKIPS FOR HIRE

16, 20 & 40 YARD RO/RO FOR HIRE

Tel: 01787 378811

e mail: info@miniwaste.co.uk

Website: www.miniwaste.co.uk



BOXFORD BIKE CLUB

Boxford Bike Club, probably one of the most successful organisations in Boxford. Just a reminder of the good old days before Covid 19.

*Above
Preparing for a club run at the
White Hart Boxford*

*Below
Club members Sally and Jane*

*Right
Ride London 2019. Dave Humby
with Mark Bramhall and Ian
Simpson at the Start of Ride London*

