

Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



June 2020
Vol 20 No 6



75
VE DAY



Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Kersey, Assington, Leavenheath, Gt Waldingfield, Polstead, Shelley Stoke by Nayland, Nayland, Monks Eleigh and parents of children at Boxford School not within the Benefice

"THE HEAD'S IN THE SHED"



photo Jayne Foster

Groton Virtual Gardens

If 'Lockdown' is depressing you or you're just missing popping round to friends or sharing a barbecue, here's an idea. On 23rd of April, Jo Marchant, a resident of Groton, suggested getting together on the internet with a group of friends interested in gardening. For a period of three hours, each friend sent to the group a series of pictures of their particular garden or an aspect of it. The group consisted of ten people and each individual had to send 3 photographs i.e. a maximum of 30 pictures. This allowed each member time to absorb and appreciate each other's gardens. 'Virtual Gardening' is a very rewarding way to pass three hours of imposed isolation and the group is planning to repeat the activity one month from now. By then the roses will be out and the veggie patches will be preparing to deliver their bounty. Why not try it with your own friends? Just a thought!

THE CAUSEWAY VE75 STREET PARTY

A few days prior to VE75 day, we in The Causeway decided to hold our own street party, having been very disappointed that the official Boxford VE75 Street Party had to be cancelled. We designed our own invitations based on the original plans. Gardens were decorated with bunting and flags. Our neighbours hosted their own parties on their own front lawns. It was VE75 in The Causeway style and well organised. We didn't hold back and had a great time. The wonderful weather contributed to the party lasting over 6 hours. Social distancing was observed (yes we did). Some had even been around for the original VE celebrations.

Stephanie Atkins/John Weiland

Planning applications to look out for

The following planning applications previously rejected been reintroduced during a time of lockdown, no parish council meetings and no opportunity for parishioners to raise objections or otherwise. I know I will be advised that we can now attend e parish council meetings but just how many are capable of that

Planning Application. Conversion of outbuildings to form 3No dwelling houses

The Fleece 8 Broad Street Boxford Sudbury Suffolk CO10 5DX

Application. No: DC/20/01869 Validated: Wed 13 May 2020

Awaiting decision

Submission of details under Outline Planning Permission DC/19/02781 - Access,

Appearance, Landscaping, Layout and Scale for erection of 1no. dwelling **30**

Stone Street Boxford Sudbury Suffolk CO10 5NR

Application. No: DC/20/01732 Validated: Sat 02 May 2020

Awaiting decision

Planning Application. Erection of single storey dog kennels and reception

block Simbos Gun Dogs And Grooming Stone Street Boxford Sudbury Suffolk

CO10 5NR Application. No: DC/20/01737 Validated: Fri 01 May 2020

Awaiting decision

Planning Application- Erection of part two-storey, part single-storey garage and

workshops with associated storage/ancillary space.

Riddelsdell Bros Garage 4 Ellis Street Boxford Sudbury Suffolk CO10 5HH

Application. No: DC/20/01253 Validated: Sat 21 Mar 2020 Awaiting

decision

Outline Planning Application (all matters reserved)-Erection of 2No dwellings

Land To The South Of Daking Avenue Boxford Suffolk

Application. No: DC/20/01050 Validated: Sat 07 Mar 2020

Awaiting decision

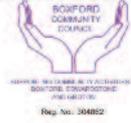
Outline Planning Application (Access to be considered all other matters reserved)

- Erection of up to 64no. dwellings and provision of land for a community

building (Use Class D1) Application. No: DC/20/00330

Validated: Wed 29 Jan 2020 Awaiting decision

The Community Hub Management Team



COMMUNITY HUB
BOXFORD EDWARDSTONE GROTON

07395 914959

BoxfordCommunityHub@gmail.com

Well, it's been several weeks since lockdown began and the people of Boxford, Edwardstone and Groton have really stepped up to the challenge of supporting each other, demonstrating the strength and commitment of our community. Led by a small team, the Community Hub has been active across our three villages and beyond, acting as a conduit for information and connecting people so the vulnerable in our community can receive the help they need, when they need it. The success of the Community Hub to date has been greatly assisted by the readily available local knowledge and experience of Boxford Community Council. This enabled the Hub to be operating long before other Council and National Initiatives.

So how have our volunteers (almost 100) been helping? Fulfilled requests for assistance have included prescription collection, shopping for supplies, dog walking, IT support, general advice or even just a sociable chat. This will have helped some of the most vulnerable in our community be protected though this challenging period, and now the services are complemented by a wide range of other National and Regional initiatives. Enhancing this support has also been the "Take what you need, Leave what you can" run by the Box River Benefice, providing a mini-food bank for those in need.

It's not just been about providing physical support. We know that people like to be kept informed about local news, where they can access support directly and also where they may be able to get involved. The Community Hub has provided this via the Hub Webpages and the weekly updates on Facebook, including promoting local businesses as alternatives to busy supermarkets. Hopefully word of mouth has helped spread the key information to those that need it.

You may be wondering how many requests for support have been received? Well, by 10 May there had been over 170 requests completed. That may not seem like a great number but it represents a considerable reduction in risk for quite a large number of people. We also believe that many volunteers have continued to provide support to people who they first helped, which is fantastic. This, combined with the assistance that shielding or self-isolating households are receiving from friends, family and neighbours, represents a tremendous web of support. Judging from the emails from the NHS Volunteer Responders service, regarding the lack of tasks, this is a National phenomenon. That is, the tasks are actually there but our communities have them in hand.

As we look ahead, whilst the restrictions are unlikely to be lifted quickly, there is light at the end of the tunnel. Some members of our community will need to be protected for longer than others, and it's heartening to see the level of support available within the community of Boxford, Edwardstone and Groton. Thanks to all those who are volunteering; you are showing the spirit that makes our area such a great place to live.

HADLEIGH FOODBANK

Hadleigh Foodbank has been especially busy over the last month helping those in need in Hadleigh and the surrounding villages. We are very aware that during the current crisis more and more people are finding themselves unable to afford or obtain the essentials in life. If you are reading this and you cannot afford food or essentials for whatever reason please contact us on 07985 460158 or hadleighfoodbank@gmail.com and one of our lovely team of volunteers will help you out.

Currently we have teamed up with 3 takeaways in Hadleigh (Dynasty Chinese, Jet Lounge & Tudor Fish and Chips) to offer a variety of delicious dishes that can be ordered & delivered to those in Hadleigh and the surrounding villages who are elderly, vulnerable or isolating to ensure they are getting a decent meal or if they cannot cook regularly. This offer is only available if ordered and paid for via Hadleigh Foodbank on the number above.

For details of Hadleigh Foodbank and the takeaway delivery service on offer take a look at our Facebook page

<https://www.facebook.com/groups/851348395264736/?ref=sharek>

Copy Date for the July Box River News is June 15th

email: ed.kench@btinternet.com

Kiln Cottage, Stone street, CO10 5NR

Phone: 01787 211507

THE JUNE LETTER BY FR ROB

Dear Friends,

How are you coping during lockdown? These continue to be the strangest of times for many of us. It is clearly a time that presents many challenges: challenges of loneliness, isolation and, in some cases, fear of the unknown. The current situation is causing many people stress, tempers can become frayed and emotions may sometimes run high within households. Lots of families are struggling financially because of the current economic situation and for those parents who are having to work from home and try and educate their children at the same time, things can be difficult to juggle. We know that the consequences of the current crisis are likely to be with us for an awfully long time to come. We also know that the poorest are going to be the worst affected as they are likely to bear the heaviest cost of any economic downturn.

We are lucky to have a very good Church School at Boxford and I know that the staff have been working flat-out to try and ensure that our primary aged children are well supported with educational material that can be used at home, as well as trying to still run a physical school for the children of key-workers who need to attend so that their parents can go out to work. The challenges for our teaching staff are increasing as they try and figure out how a re-introduction to school for some year groups can happen in coming weeks under current restrictions. We also have a particularly good doctor's surgery that I know has been invaluable to many recently and all of our shops have come up trumps in the way they have responded to the increased demand and changing circumstances this crisis has caused. It has been tremendously encouraging to see the way in which so many in our communities have come together to support those in the most need. Please do keep all these situations in your prayers.

But there are other positives to this time too. For some of us, we will be finding ourselves with space that we haven't been able to find previously. It is important that we make the most of this. This time can afford us more opportunity to observe the natural world, to contact loved ones, neighbours and distant friends, and to contemplate who we really are and what really matters in life.

For us as a Church, we have had to move virtually all our activity online. The priest is now allowed to go into church to pray (alone or with members of his or her household), but he or she should not travel between communities to do so or visit people in their homes through fear of transmitting the virus from one location to another. Neither, for the moment, are we allowed to hold 'open' services that other members of the community may attend. And this is likely to be the case until late July at the earliest. It has been difficult trying to make sure that I remain in contact with as many people as possible and provide them with proper spiritual care. As well as phone calls, I have taken to sending regular email updates with spiritual encouragement as well as streaming all our services and reflections online via the benefice's Facebook page.

And yet, despite all these difficulties, we have seen a heightened interest in what we are doing. Online numbers joining us and viewing our services are very high and we are reaching way beyond our walls to people from all kinds of situations and demographics. This period has clearly prompted a renewed curiosity in spiritual matters in many, and a heightened concern to begin taking care of their souls better. Over the coming weeks, we will be doing all that we can to ensure that more and more people are spiritually fed and that those who would like to explore their faith further have the means to do so.

I end by passing on a message to you all from our Bishop "We are approaching the great Feasts of the Ascension of our Lord and Pentecost, and I pray that the grace of our Ascended Lord and the gift of his Holy Spirit will renew, inspire and direct us through the days and weeks ahead. And for each of us, I pray that gift will be personal, for our renewal, inspiration and vocation."

If you would like to be included in the regular email updates, then please forward your details to rparkermcgee@gmail.com. You can view all of our services at www.facebook.com/boxriverbenefice/. Prayer, service resources and PDFs of sermons can be found at <https://boxriverbenefice.com/resources-to-use-at-home/>

Thank you for all you are doing during this difficult time. Stay safe and keep well.

With every blessing, Fr Rob

HADLEIGH & BOXFORD PATIENT PARTICIPATION GROUP

Life in GP surgeries after Covid-19

The global pandemic, COVID-19, is resulting in significant changes worldwide and will no doubt join the list of previous viruses which have shaken the nation and left devastation in their path. Many people have had to make adaptations to their routine, and ways of working, whether these relate to childcare or working from home, but for the NHS this has been a complete learning curve not just a few adaptations. For an organisation which is built on the human interactions of experts and their patients, restrictions on face to face contact mean significant change is required.

The problem faced

GP surgeries are the first point of call for our nation when it comes to medical care, and appointments have been, and largely remained until the current outbreak, traditional face to face sessions. In addition to in person contact with the healthcare professional this also means time spent in a waiting room with other patients prior to being seen.

In response, the NHS sought to come up with new ideas to try and help prevent physical contact when not strictly required. NHS 111 was introduced in England in 2013 and has been rolled out across the UK. This was followed by patients being able to access both their medical records and book appointments online. However, in spite of these developments the majority of interactions continued to follow the traditional format.

How has Covid-19 changed the status quo?

The highly contagious nature of Covid-19 and the speed at which this pandemic has developed has pushed surgeries to look at remote systems in a much bigger way, quickly. Surgeries have had to take drastic action and largely close their doors in order to help prevent the spread of infection. This change in working practices has taken many forms:

- delaying non-essential and non-urgent tasks to focus resources on the current crisis
- offering telephone triaging to patients wherever possible
- on-line consultations or video calling patients where necessary to avoid people having to leave the house.

Looking forward

The question is what does this mean for the future of GP surgeries?

- will people feel safe going back to traditional appointments or will Covid-19 leave behind a sense of vulnerability?
- will people grow to appreciate the benefits and possibilities of embracing technology, and therefore not want things to return to the 'old' status quo?

These past weeks we have seen the NHS take fast action in order to keep clinicians safe while still offering patients appointments. Technology offers surgeries the ability to hold a mixture of non-contact appointments and advice whether through telephone or video call.

The pace at which this has had to happen means that the focus has been on arranging virtual appointments but if this new norm continues post covid-19 then what does this mean for the patient?

Ultimately the stark memory of COVID -19 will fade, and many will return to the normal ways of life, but undoubtedly there will be things which change forever. We will become a nation who has witnessed how technology can be used to provide and enhance healthcare provision, and that may mean that GP surgeries will need to take a new approach to how they deliver their services.

Growing numbers of people are turning to online banking and shopping, as well as to medical apps. These serve a wide variety of needs, including booking NHS GP appointments, ordering repeat prescriptions and receiving healthcare advice on their mobile phones.

With the undoubted advantages of online access come some disadvantages: as far as banking and shopping are concerned, the drawbacks – such as widespread closure of our local branches and favourite department stores – are perhaps more irritating than crucial. However, the stakes are higher for health, and while on-line access can provide a useful service and help prevent patients seeking unnecessary GP appointments, they can sometimes mislead them into thinking they do not need to see a doctor. So should we welcome these changes?

Let us know what you think: hadleighboxfordppg@gmail.com

Sources:

Emily Nolan, TPP Healthcare, Joy Ogden, Prescriber Journal

FRONT COVER

The front and back cover pages of this edition represent photographs taken on VE75 day in every village of the Box River Benefice. Many more photos were supplied than could be fitted in the space available and the editor would like to thank everyone who contributed. A very special thanks also to the Boxford Community Council for sponsoring the printing of the cover in colour,

Remember

The Box River News can be seen in full colour by downloading from the internet. Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date.

NEWS FROM CLUBS AND ORGANISATIONS

Brown Bin Collections

As you'll know, we had to pause our garden waste collections in March, in order to protect and prioritise essential general rubbish, clinical waste and recycling collections, with all information readily available on our website.

Today, we announced we will re-start these collections following the normal schedule from Monday 11 May for those in 'area 2' and Monday 18 May for those in 'area 1'.

- Residents should double check their collection day and or area on our website first, and make sure their bin is out on the right day at 6:30am
- Only the bin(s) should be put out for collection - residents should not overfill them and must be able to close the lid.
- Any additional waste should be emptied into their bin(s) over several collections, or temporarily stored as we will only be collecting the bins.
- We continue to encourage residents to keep composting, as well as reduce their waste to ease pressure on services. Composting offers can be found on the Suffolk Recycling website.
- No residents will be out of pocket from the stoppage - no new invoices have been issued since the collections were forced to stop and subscriptions will be amended to reflect the missed collections with more details on our website.
- To prioritise collections of missed garden waste bins, we are currently not accepting new subscriptions until further notice.
- Residents should check for any unplanned delays on the councils website first, before reporting a missed bin or calling customer services, to help reduce pressure on services at this time.

Citizens Advice Bureau

May's Advice Column

My income has dropped due to coronavirus and I am struggling to keep up with all my bills. I rent my house from a private landlord and pay all the usual bills - electricity, water, and Council Tax. How best can I juggle them, and is there any help I can get from the government?

If your income is reduced because of coronavirus, you should check whether you're entitled to sick pay or to claim benefits. You can check your eligibility for both sick pay and benefits on the Citizens Advice website at www.citizensadvice.org.uk. If you're already on existing benefits, these might also increase.

If you're struggling to pay rent, talk to your landlord straight away. You should explain the situation and could ask for more time to pay, a temporary reduction in rent, or ask to catch up any missed payments by instalments. If you contact your nearest Citizens Advice an adviser can help you explain things to your landlord. If you can't come to an agreement with your landlord, it's a good idea to pay what you can afford and keep a record of what you offered.

The government passed an emergency law which means landlords must give you three months' notice to end certain tenancy types from 26 March. The court service has suspended all possession action for 90 days from 27 March. This means that even if you have been served a notice for eviction it is unlikely it can be enforced during this time. You can find out more about what to do if you're being evicted for rent arrears on the Citizens Advice website at www.citizensadvice.org.uk

If you already claim Housing Benefit, you should tell the council your income has reduced. If you don't claim it already, you might be entitled to help with housing costs from the government.

When it comes to your utilities, you should contact the provider as soon as possible. Depending on the type of bill, they may be able to arrange a payment plan, or have schemes in place for people in financial hardship. You should also talk to your local council, as your income has changed you might be entitled to a council tax reduction.

If you're struggling to pay multiple bills, it's important to sort out what's known as 'priority bills' like energy bills or council tax over credit card bills. This is because the immediate consequences of not paying these things are much more serious. The Citizens Advice website www.citizensadvice.org.uk can help you with this.

Please note we are no longer seeing clients face to face until further notice

If you need help or information about a problem, you can telephone Sudbury & District Citizens Advice on 01787 321400 (answerphone) leave a message and someone will call you back. Alternatively, telephone Suffolk Adviceline on 0300 330 1151 from Monday to Thursday between 10am and 3pm or the national Adviceline on 03444 111 444 from Monday to Friday between 9am and 5pm.

You can also contact us via email at advice@sudburycab.org.uk or have a look at our website www.sudburycab.org.uk for further information. Contact: Elaine Gorman Email: elaine.gorman@sudburycab.org.uk

Sudbury & District Citizens Advice

Keyse House, Acton Lane, Sudbury, Suffolk. CO10 1QN

VE 75 GRAND DRAW

Inevitably all the very many arrangements made by the Community Council for a day of thanksgiving, commemoration and fun filled celebration on the 8th May had to be cancelled or, in some cases postponed until happier times. A good number had already bought draw tickets for the Grand Draw, attracted by the prizes to be won and the opportunity to support what should have been a memorable local and national event.

The Community Council are planning to hold the draw on the next suitable occasion depending on the necessary future relaxation of social distancing measures and any national plan for commemorating the end of WW 2.

The money and the ticket stubs will be held for all those who are happy to wait until the next occasion. Any ticket holders who would like their money back are asked to contact

BoxfordCommunityCouncil@gmail.com or 07395 914959 and they will be refunded.

Let's hope the sun will soon shine on another Boxford village party.



Sing your winter blues away!

We sing anything from Madrigals and Folk Songs to Modern Songs.

From Thomas Morley to Caro Emerald and Bruno Mars.

We like a challenge so we sing accompanied and A Capella.

We are currently recruiting Altos, Tenors and Basses.

Call Sue on 01787 210913



HOUSE OF COMMONS

Dear Constituent,

I hope that you and your loved ones are safe and well, and that you continue to follow the advice on how to reduce the risk to yourselves and others from the Covid-19 coronavirus. In line with social distancing guidelines, I am not currently holding constituency surgeries and my team are working remotely. As such, I wanted to highlight the ways in which you can contact me if you require assistance:

Email: james.cartlidge.mp@parliament.uk

Telephone: 020 7219 4875

Website: www.jamescartlidge.com/covid-19

The most important point for me to underline as your MP is that it is vital that we all follow Government health advice, particularly on social distancing, all of which is designed to save lives.

Although I don't know how long this outbreak will last, or how long these restrictions will be in place for, I do know that our community is strong and that working together we will beat this coronavirus outbreak. In the meantime, I am here to help.

BOXFORD PARISH COUNCIL

Boxford Parish Council are very pleased to confirm that we have confirmation of a change in legislation regarding how we can conduct future meetings.

The new legislation allows for annual meetings to be postponed until next and allows us to conduct our normal meetings on-line using digital channels.

The council is looking to resume its regular monthly meeting from the 1st June 2020 via the online platform Zoom, until such time as we are able to safely resume holding meetings in person.

Zoom allows us to hold a meeting in a secure area and gives us the option to invite members of the public to join the meeting.

All meetings will be advertised via the Boxford Parish Council website. If members of the public wish to join the meeting, they are welcome to contact the clerk, Debbie Hattrell for instructions on how to join.

For members of the public who are unable to join these meetings, then please contact either Debbie or a member of the council, so that your views or concerns can be discussed during the meeting.

Please remember to keep safe, respect social distancing and keep safe.

Julian Fincham-Jacques

Chairman, Boxford Parish Council.

FLEECE JAZZ

I've been persuaded to take part in one of these live stream things from my home, now that we're in Lockdown and unable to play and go to live gigs. I'm going to be playing some solo piano pieces from 8pm till about 9pm on Friday May 22nd, as part of the Bristol Fringe Live Facebook stream. Come and join me! Here's the link: www.facebook.com/thebristolfringelive/

I'll be starting and finishing with solo versions of two of the quartet tracks from my recent album CONFIGURATION (just released on Ubuntu Music and selling really well...some fantastic reviews for it coming in which I'll share some time in the future). In-between I'll play some more original music of mine and some tunes by other people. The theme of the evening will be, I think, one of positivity and hope; I've chosen mainly some really uplifting tunes to play.

Please come and join me some time in that hour and see what my home studio piano sounds like (just getting it tuned tomorrow... and I need to, as I broke a string yesterday!). And, who knows, maybe, as my studio is in the countryside and in the evening the birds usually join in with my feeble attempts at music, maybe you'll hear some birdsong as well (plus maybe some sheep bleating from the field next to us!)". *John Law*

Keep your ears attuned to jazz by listening to our very own Gerry England's Jazz Grooves on Ipswich Community Radio, www.icrfm.com/show/jazz-grooves/, Thursday Nights from 8pm to 10pm. If you check in at other times, it might tell you that it is closed. Ignore it. The building is closed, people are working from home.

Do take good care of yourselves, *Dave Lyons*

The next time you are googling, why not google Fleece Jazz, and write a review for us? We are on Youtube at youtube.com/FleeceJazz1. www.fleecejazz.org.uk is always up to date, with galleries and clips from previous gigs, and tons of information

To unsubscribe, go to www.fleecejazz.org.uk/unsubscribe

Dave Lyons Fleece Jazz email: lyond@essex.ac.uk

www.fleecejazz.org.uk



The Box River Benefice

*Boxford, Edwardstone, Groton,
Little Waldingfield and Newton*

Rector:

The Revd Fr Rob Parker-McGee SR
The Rectory, School Hill, Boxford, CO10 5JT
Tel: 01787 210434
Email: rparkermcgee@gmail.com

Current Service Pattern – Join us online!

Most Mondays, Tuesdays and Thursdays

8.30am – Morning Prayers

12 noon – Midday Reflection

5pm – Evening Prayers

9pm – Compline (Night Prayer)

Wednesdays

8.30am – Morning Prayers

10.30am – Holy Eucharist

5pm – Evening Prayers

9pm – Compline (Night Prayer)

Fridays

8.30am – Morning Prayers

5pm – Evening Prayers

Saturdays

8.30am – Morning Prayers

9pm – Compline

Sundays

11am – The Sunday Eucharist

Start Course

We are looking to run an online study course over Zoom for those who are curious, exploring Christian spirituality or would like to develop their existing faith. Before we run this, it would be helpful to know who might be interested and what might be the best time to run it. If you are interested in joining in, could you please email rparkermcgee@gmail.com letting us know your name and contact details together with the most convenient times for you to be able to join in.

Bring and Share Food Bank

There is a 'Bring and Share Food Bank' in the North Porch of St Mary's Church Boxford. Please do take what you need and leave what you can.

General Church News

Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line. Just phone 0800 804 8044.

Diocesan Synod: The Synod meeting on Saturday 20th June at St Edmundsbury Cathedral has been cancelled. It is hoped that the next scheduled meeting on 3rd October will be able to go ahead.

Where are we going Pooh?

Home Piglet. We're going home, because that's the best thing to do right now.

S B Electrical  

**For all your electrical work
large or small**

Free Estimates ✓ No Call Out Charge ✓
A Member of the BSI® ✓ Electrical Certificates Issued ✓
Part "P" Registered ✓ Insurance Backed Guarantee ✓

Tel: 01787 247043

e-mail: Info@sbelectrical.biz or visit www.sbelectrical.biz

Church Road, Little Waldingfield, Sudbury, Suffolk

GARDENING IN JUNE INSPIRED BY THE LATE HARRY BUCKLEDEE

For good healthy roses with good clean attractive foliage and an abundance of blooms throughout the summer, it is necessary to keep up a programme of spraying against the three main diseases of roses - Rust, Black spot and Mildew. Rust and Black spot are the most serious - a severe attack can completely defoliate the bushes causing shoots to shrivel and after a few successive attacks may die. Fortunately spraying with Nimrod T or Murphy's Tumble blight will give your roses the protection needed. In addition to spraying, good cultivation is essential. A well-grown, well fed and well watered plant will withstand an attack better than one that is poorly grown. Feed with a good rose fertiliser containing all the nutrients and trace elements necessary for healthy growth.

June is the month when all plants need plenty of moisture to maintain good growth. Plants transpire at a greater rate and moisture is lost from the soil by evaporation as the sun's heat increases. Vegetables and fruit in particular need to be well watered if the weather is dry, otherwise they will not make sufficient growth to produce a worthwhile crop for harvesting in summer and autumn.

It is now safe to plant out all half-hardy plants. Tomatoes can be planted outside in a sheltered position, each plant will need a good strong stake to support it when laden with fruits. Plant tomatoes in a depression so that this can be gradually filled in with good compost. Roots will form from the stem of the plant making a stronger root system.

Ridge cucumbers should be planted on a mound to prevent water settling at the base causing stem rot. Roots often appear on the surface and should be covered with compost to prevent them being burnt up by the hot sun. Keep a four foot diameter circle free of grass around newly planted trees. Grass robs the tree of moisture and rain is unable to penetrate a thick mat of grass.

Cut back brooms after flowering to keep them in shape and to prevent seeding - but be careful not to cut back to the wood. Aubrietia should be cut down close to ground level as soon as flowering is over to encourage a compact mound of growth for next spring flowers.

Tall bearded irises are at their best this month. When flowering has finished, the stems should be cut down and a dressing of general fertiliser given to build up sturdy growth for the following year.

Cut back with shears the leaves of *Iris unguicularis* (often called *Iris Stylosa*) to nearly soil level. This is necessary to expose the rhizomes to the suns ripening process.

June 21 is the longest day of the year, and the extra light and warmth encourages the garden to put on an exuberant burst of growth. But this extra light and warmth also means weeds will sprout up from seemingly no where. Keep on top of them by hoeing regularly in dry conditions. Herbaceous borders are reaching their early summer peak and the kitchen garden is becoming productive.

Top 10 jobs this month:

1. Hoe borders regularly to keep down weeds
2. Be water-wise, especially in drought-affected areas
3. Pinch out sideshoots on tomatoes
4. Harvest lettuce, radish, other salads and early potatoes
5. Position summer hanging baskets and containers outside
6. Cut lawns at least once a week
7. Plant out summer bedding
8. Stake tall or floppy plants
9. Prune many spring-flowering shrubs
10. Shade greenhouses to keep them cool and prevent scorch.

Lawns

During periods of prolonged dry weather, you could help by keeping your lawn a little longer than usual, and even investing in a mulching mower. Mulching mowers shred the grass clippings very finely and then blow them into the lower layers of the turf, where they act like mulch to help the lawn retain moisture. Because the clippings are fine, the end result is not unsightly, especially later in the season when the lawn gets very dry, and the mulch helps to keep it green rather than brown. You can also add grass clippings to the compost heap in thin layers (too much grass all at once is likely to be very wet and poorly aerated, resulting in smelly slime rather than compost).

Apply a high nitrogen summer lawn fertiliser if not done last month to encourage a healthy-looking lawn - always follow the manufacturer's instructions carefully, as any over-use or runoff can cause water pollution.

Move garden furniture and other objects regularly to allow grass to recover and prevent yellow patches.

Soap Box

The strange world of lock down has certainly created a few changes in our daily lives. Social interaction has moved from personal contact to internet enabled activity in a huge measure. I'd never heard of Zoom, the video conferencing service that allows multiple participants to engage together, before this crisis erupted, but this week alone I am taking part in four events that Zoom has made possible and now have regular commitments using this medium for weeks ahead.

And it's not just Zoom that has entered my life as never before. I am now broadcasting regularly using Skype and am able to keep up with my younger son and wife through this facility. Then there is Facetime, which has been used for broadcasting as well as catching up with friends, and Webex, another Zoom-like conferencing resource which I have also used. If I manage to utilise Microsoft's Team facility, I think I will have a full house of video conferencing applications.

Then there are the social media options. I've never been a great Facebook user, but suddenly I am bombarded with notifications from my friends who clearly are using their spare lock down time to keep in touch with everyone and to hunt through interesting snippets of information to share. Some of these are quite amusing, others more worrying than funny. Twitter is awash with new commentary, too, though my contribution to this media remains minimal. And no doubt Instagram is busy as well, though I've never got around to using this particular opportunity to share information.

As if all this was not enough, I now find I'm on three WhatsApp groups - two family focussed and one that allows me to keep in touch with fellow contributors on an English language magazine produced and distributed in the Algarve. Indeed, I could probably fill my entire day with keeping abreast of what is going on through my laptop, tablet and smartphone. This would certainly lead to marital disharmony as my wife is far from sympathetic to anyone who spends their lives gazing at a screen of whatever size.

There are positives in this explosion of social media use and the widening of opportunities to link with others using video calls. People unable to meet with friends or to visit their families can now hold virtual meetings at which real interaction is possible. A good friend of mine, who will be 75 in a few days' time, had to cancel his planned party, but is now

holding a Zoom facilitated gathering at which drink will be taken. And shortly I'll be taking tea virtually with my brother and sister in law and their respective partners to compensate for the fact that we failed to meet up over Easter.

Services in this benefice are now being streamed over Facebook and I am able to join in with the Anglican church in the Algarve each Sunday morning using Zoom. We regularly have a congregation of 60 at these services, but one church in Ipswich has quintupled its attendance at the Sunday morning service conducted using Facebook to over 800. This church, like the one in Luz, finds members joining in from around the world. Certainly, for the Algarvean services, there seem to be as many based back in the UK as are present in Portugal.

But not everyone has access to these facilities or even feels comfortable with using them. While internet use has expanded dramatically amongst older generations, there are plenty who do not own a computer or have access to the World Wide Web. This is sad as it suggests we still have a two-speed technological community, with those less able to engage placed at a disadvantage. One effect of this lock down could be to broaden the appeal, availability and use of online services. Not all will welcome this, of course, but then there will doubtless be a myriad of changes wrought by this pandemic. The new normal, post coronavirus, could look very different.

Brian Tora



Why not hire GROTON VILLAGE HALL It's there to be used

- Fully equipped • Reasonable rates • Convenient
- Tables, chairs and crockery available 'for off-site' hire

The ideal local venue

For details please contact Joanna Roberts 01787 210619

Gary Jarvis

Paper Hanger and Interior Decorator

01787 211471 or 07733 325669

garydjarvis@gmail.com

SUFFOLK TREE SERVICES LTD

For All Aspects of Tree Works Including:

- Planting • Reducing • Pollarding • Felling •
- Stump Grinding •
- Hedging Works •

We offer a complete and professional service

Established over 25 years

We are a local, friendly and experienced company

- Free Estimates • 24 Hour Storm Damage Cover •
- Fully Insured • Tree Reports and Consultancy *

Woodchip and Firewood for Sale

Tel: 01787 319200

info@suffolktreeservices.co.uk www.suffolktreeservices.co.uk



MATTOCK MOTORS LTD

CALAIS STREET FARM, CALAIS STREET, BOXFORD



**Has your Car lost
it's Spark of Life?**

- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP
CAR REPAIRS

Full Diagnostic Equipment, Laser Liner,
Fault Code Reading Equipment.

(A.B.S., Airbag, Engine Management Lights etc)

- AIR CONDITIONING • REGASSING
- REPAIRS • ULTRA VIOLET LEAK DETECTION

OPENING TIMES MON-FRI 8.00am-6.00pm

SATURDAY BY APPOINTMENT ONLY

**ONE CALL AWAY
TELEPHONE**

01787 211394

The Red House

— RESIDENTIAL HOME —

A fine Georgian building set within a beautiful garden, offering a sanctuary of peace and security within the centre of Sudbury, offering all the necessary care and attention for those who wish to spend their retirement and later years in a warm and caring atmosphere.

Contact Us

Meadow Lane, Sudbury, Suffolk, CO10 2TD

Telephone: 01787 372948

www.redhousesudbury.co.uk



I'll tell yew sarfin' now, but ut man't goo na fudder

Growing up in Lindsey, Suffolk in the 1920s by Harry Buckledee Part 4

4. LINDSEY AND KERSEY SCHOOLS

Lindsey School was what is now the village hall, beside the church. I started school in 1923 when I was only four, which was not unusual in those days. A lot of mothers had big families to look after, and it was a real help to them if they could pack one off to school before the official starting age. The school day started at about 9.00, then we went home for dinner at 12.30, then had afternoon lessons from about 2.00 to 3.30.

The day started with an assembly for the whole school conducted by the headmistress, Miss Edwards. After the hymn and prayer, we were divided into infants, and on the other side of a sliding partition, the older children. Miss Edwards taught the older children and we infants had Miss Seymour from Monks Eleigh. I liked Miss Seymour and I learnt to read pretty quickly. We started with the phonics system for learning the alphabet – chanting “A says a, a for apple” etc. – then moved on systematically to complete words, then simple sentences.

Apart from reading and writing, we obviously did arithmetic – addition, subtraction, multiplication and division – and how to handle the old pre-decimal system of pounds, shillings and pence. Halfpennies and farthings were in circulation, so we did fractions as well. The other subjects I remember were history, geography and scripture.

We sat in rows two-to-a-desk. We did a lot of writing on slates, but pencil and paper was also used. The desks had inkwells into which we dipped the nibs of our pens as we learnt to write in pen without splashing ink all over the place.

I remember a funny incident when I had only been at school a few weeks. As I mentioned earlier, we had a goat at home, but a goat will only produce milk if it mates from time to time and has kids. The goat we had was officially mine, given to me by “Kittle” Hills (I don't know what his real name was) from Groton Heath. When it was time to take our goat to be mated with a billy at a house called The Spong at Groton, I was determined to go along, but that meant missing afternoon school. In assembly the next morning Miss Edwards asked why I had been absent, and in my innocence I answered with the precise words I'd heard grown-ups use: “Please, Miss, I had to take me goat to have the billy.” The older children roared with laughter and Miss Edwards hastily changed the subject.

In my short time at Lindsey School there was quite a turnover of teachers. It's possible that teachers in the county already knew that the school was going to be closed, but I'm really not sure about that. It think it closed in 1926 and round about the same time Groton and Edwardstone schools closed as well. There were just not so many children around, which may seem strange since there was no reliable birth control in those days, but you have to remember that a lot of men, married men included, didn't come back from the First World War. Some young women never found a husband, while a widow wasn't that likely to marry again if she already had a child.

So my education continued at Kersey. At first Lindsey children were taken to school on Arthur Emenev's Charabang bus, which had a canvas top that was left open in fine weather. Then after two terms Rules of Boxford took over and we had a vehicle that looked a bit more like the buses of today.

At Kersey there was the usual assembly for the whole school, then with sliding partitions we were divided into three groups according to age. I was in the middle group by then and my teacher was a very nice young lady called Miss Jury. She wasn't a local woman and she left at the end of the school year. Many years later, when she must have been closer to 100 than 90, she wrote to the vicar from her home in Plymouth enclosing a photograph of all the Kersey pupils during the school year 1926-27. The vicar passed it on to the school, who appealed to people who had attended the school at the time to try to put names to

faces. I could certainly help there, and I also noted that in her letter Miss Jury wondered if anyone remembered her. Since I remembered her very well, I wrote to her and sent her a copy of *For You The War Is Over*. We then continued to correspond for a couple of years. In her lovely neat handwriting she told me she had never married but had made lots of good friends. She asked about people she remembered from her Kersey days, such as Harry Gage and his wife.

My next teacher was Miss Fairchild. I remember she was rather dark skinned but I knew nothing about her origins and her neutral accent didn't provide any clues. She was a good teacher and I enjoyed the lessons. We did the same subjects as at Lindsey, but I remember that all pupils, boys as well as girls, were taught to knit and we all learnt the important skill of darning socks. For scripture the vicar of Kersey, the Reverend Daniel Kent Ambrose, came once a week.

The headmistress was Mrs Glennie, whom I believe was a widow, and she lived in the school house with her two children. She was Irish with a strong accent. I have no idea what she was doing in Suffolk but there had been a civil war in her country in the early 1920s so I suppose a lot of Irish people had their reasons for wanting to move away. She was rigid on matters of everyday morality and insisted on 100% honesty. I recall that one day a boy brought something to school that he had found and decided to keep (unfortunately I can't remember what it was). Mrs Glennie questioned him about how he had come by this thing, and when she learnt that he had made no attempt to trace the rightful owner she gave him a right dressing-down. She turned the incident into a lesson for everyone else and had the entire class recite “What you find you must not keep”.

When Mrs Glennie told you to do something you did it because she had a ferocious temper, and her outbursts did not stop at the verbal level. She was likely to hurl something at you and she had a pretty good aim. Today she would be sacked but in those days it was normal for teachers, and indeed all adults, to smack children or give them a clip round the ear. Kids never complained to their parents that the teacher had hit them because they would only get another clout from their father.

The pupils who lived in Kersey village went home for their dinner but those from Kersey Tye or the surrounding villages had to bring something from home. I have already mentioned Jim Baalham and his Camp coffee bottle of home-brewed beer, but we actually had a supply of fresh water. In the boys' cloakroom there was a tap and a tank of water pumped from the well that was big enough to keep us going for the whole week. There was a sink that was never cleaned and an enamel mug from which everyone drank. It was never washed up.

When I was ten I went to the “big room” for the rest of my education up to the school leaving age of 14. The rapid turnover of teachers continued. I had Mrs Glennie with her fiery temper and strict Christian morals for one year, then she moved on. Her replacement was Miss Vaughan, who lodged in Vale Lane, Kersey and had a strange accent. If she wanted to say “porch door” it came out as “poach dough”, and she once caused great merriment while calling the register when she pronounced Ben Pryke's name as Ben Prick.

Miss Vaughan's stay was short, and when she left her replacement was a young man whose name I cannot recall. It might well have been his first job because his inexperience was obvious from his total inability to maintain discipline. We really played him up, and it was no surprise when he left.

His replacement couldn't have been more different. Mr Nicholson was a World War One veteran, a big man with a strong northern accent, and he was a very tough disciplinarian. He had been teaching at Lavenham school but I imagine he was sent to Kersey to restore a bit of order. He did that all right; none of us dared misbehave when he was around. He was a good teacher though, and just the sort of man we needed. There was just one

occasion when some of the boys played a joke on him: he drove over from Lavenham in his Austin 7, and one winter's day they plastered his headlamps with mud, so he had to wash all that off before he could drive home. The next day he never said a word about it, which was probably the best policy because if he had made an issue of it the same boys might have been tempted to do it again. As it happened, they never played any more jokes on him. Once he'd got Kersey School sorted out Mr Nicholson went back to Lavenham. The next teacher – and the last one I had – was Miss Howard, and she was my favourite. She was a lovely lady and I got on really well with her. She seemed to like me too and on my last day at school when I was just 14 and two or three days old (I wanted to leave on my 14th birthday but they made me see the week out), she made a point of wishing me well for the future. I later found out that she also wrote a nice letter about me to Joe Fearnley, the farmer I was going to work for. So what sort of education did we get at Lindsey and Kersey schools? The simple answer is that our teachers gave us as good a preparation for the future as working class children got anywhere in the country. I found that out years later when I joined the army and was genuinely shocked at the poor reading ability and general ignorance of many of the young recruits I trained with. A lot of them came from big cities where I had supposed the schools were better than our little village schools, but when I got to know a lot of these young men I realized that we hadn't done so badly in rural Suffolk.

Our teachers did a good job when you consider that most of us children were not particularly motivated. The boys in particular wanted to get out on the farms and earn some money. My school days were long before R.A. Butler's Education Act of 1944, which introduced the eleven-plus exam and made it easier for youngsters from poor families to go to grammar school, but between the wars it was not impossible for a working class boy to get a superior education. In fact, when I was eleven Mrs Glennie strongly encouraged me to sit the test for a scholarship to go to the grammar school. The trouble was I just wasn't interested. My grandparents were old and all their lives they had had to get by with little money, I was grateful to them for the upbringing they had given me, and the last thing I wanted was to be a financial burden on them for longer than was strictly necessary. I was

already doing little jobs to earn a few coppers and my aim was to start making a proper contribution to the family budget. For me going to the grammar school would have meant cycling to Boxford each morning to catch the bus to Sudbury, then having homework that would have made it difficult for me to earn a penny or two after school. For my grandparents it would have meant somehow finding the money for a school uniform and other expenses, and having to wait longer before I started bringing money home. I didn't want to know about scholarships.

When Mrs Glennie saw my attitude she even came over to Lindsey to talk to my grandparents. Naturally, they said they would let me go to the grammar school if I could pass the exam, and Mrs Glennie tried to give me homework (which I didn't do) to help me get through the test. In the end I was more or less forced into taking the bus from Boxford one Saturday morning and sitting the exam at Sudbury Grammar School. But I was a stubborn little bugger and my attitude was that although they could force me to do the test, they couldn't force me to pass it. Perhaps I would have passed the exam if I had made a proper effort, perhaps not, but since I made no effort whatsoever the negative result was a foregone conclusion.

To this day I don't regret that decision. Given my family circumstances, it was the right thing to do. Much as I liked Miss Howard, in my last year at school my mind was somewhere else half the time, usually out in the fields where I wished I were working. In the 1950s and '60s there was full employment and wages were not bad, so a working class couple were delighted if their son or daughter passed the eleven-plus and went on to get a better education. Between the wars not many families could afford the luxury of having a strong lad of 14 or 15 not earning anything.

Below: Kersey School, 1926-27. Back row L-R: Sidney Pryke, Frank Jarvis, John Ranson, George Spraggon, Harry Buckledee, Stanley Ranson, Len Partridge, Miss Jury. Second row: Eileen Holden (??), Mary Seggar, Betty Hines, Olive Jarvis, Grace Nunn, Hazel Pryke, Joyce Glead, Eliza Glennie, May Long. Third row: Stanley Willis, Cyril Harker (??), Eddie Bull, Eddie Ranson, Fred Richardson, Dick Suttle, Harry Pryke, Frank Frost. Front row: Harry Harker, Stanley Mann, Cecil Fletcher, Charles Jarvis, Tommy Russell, Ray Goymour, Armitice Theobald.



'Stay alert' -

a personal reflection

Many years ago, as a young barrister, I represented a man at Ipswich Crown Court who pleaded guilty to fraud offences relating to his work as a bank clerk. He had confessed to his manager on a Monday morning after hearing a sermon from the minister of his church the previous day. The amount of money involved was not large, but the offences were serious involving, as they did, a breach of trust. My primary objective (which I achieved) was to avoid an immediate prison sentence. That the defendant had confessed to crimes of which the bank was previously unaware (they had not been detected by the auditors) was a powerful mitigating factor. In his sentencing remarks the judge, a noted high churchman, told the defendant: "The devil goes about like a roaring lion seeking whom he may devour, and he certainly made a meal of you."

I recalled this case when the Government introduced its new coronavirus slogan, "Stay alert." The judge was quoting from the first letter of Peter in the New Testament: "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him..." (1 Peter 5.8) Covid-19 may not be a roaring lion – indeed, it has been called the silent killer – but the call to stay alert, though widely criticised as too vague, has this valuable biblical precedent, and to prevent the spread of the virus as lockdown restrictions start to be relaxed, we do all need to stay alert.

Peter's letter continues: "Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings." Another contemporary link, as we remember that this is a pandemic, affecting the whole world. But having given his warning and his charge, Peter concludes with words of comfort and assurance: "And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen."

David Lamming

Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date.

ed.kench@btinternet.com

MICROPLANT

08703 210256 / 07850 210256

E-mail: charles@microplant.net

Website: www.microplant.net

Hire, Sales, Servicing & Repairs of
Compact Tractors, Mini Loaders
Fencing, Landscaping &
Paddock Maintenance Machinery

Mini Tractors
Loaders
Rough terrain forklift
Skidsters
Mini Diggers
Post Hole Borers
Hyd' Post Drivers
Trenchers
Rotavators
Stoneburiers
Power Rakes
Harrows
Mowers
Associated equipment



Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader



Miss Lesley's
**School of
Performing Arts**

Teaching core elements in
DANCE
DRAMA
SINGING
MUSICAL THEATRE

With a strong emphasis on
confidence building and fun!



For more information please contact us:

Call: 07957 351941

Email: lesley@misslesleysperformingarts.co.uk

Visit: www.misslesleyschoolofperformingarts.tel



COUNTRY HEATING plus

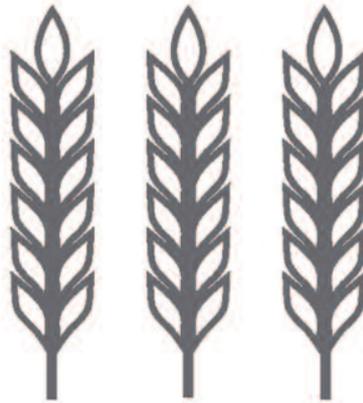
OFTEC
Registered
Business

COUNTRY HEATING plus
Oil-fired Boiler Servicing
Maintenance
Breakdowns & Installations

www.countryheatingplus.co.uk

Mick Dye Tel: 01787 211179
Mob: 07891 867672

- Estate Agents • Lettings • Valuations
- Land & Property Management



Chapman Stickels

Suffolk and North Essex

Providing unrivalled local knowledge, combining traditional service with a modern marketing approach.

Please visit us at
The Corn Exchange, Hadleigh.

Or call us
01473 372 372

Chapman Stickels

The Corn Exchange, Market Place, Hadleigh, Suffolk IP7 5DN
P | 01473 372 372 E | info@chapmanstickels.co.uk W | chapmanstickels.co.uk

Part of Investeq Holdings Limited

SUFFOLK MEDICAL AND BEAUTY CLINIC



Just (virtually) touching base...

We hope you are all staying safe and well in these bizarre times. Life is obviously very quiet here at the clinic. We have been keeping busy and have been deep-cleaning, painting, attacking our admin mountain and making some exciting plans for when we are up and running again.

We have also been looking at how we can make the clinic environment as safe as possible for you to attend and for us to work in, once we are able to open again.

We may look at staggering normal working hours and appointment times to reduce the number of people in the clinic at any one time and to respect social distancing rules. Please bear with us!

We know you will all be desperate for appointments and we will do our best to fit you in as soon as we are able.

Keep an eye out for newsletter updates and on our social media pages and web site. We will be in touch as soon as we can start making appointments again.

Clients who had appointments cancelled due to this closure will be given priority booking, whenever possible.

Please let us know if you would like to be on our waiting list for when things are back up and running...

You can message us on Facebook, Instagram or:

email us – info@suffolkmedicalclinic.co.uk

We can't wait to see you again and catch up on all your news. We are here, at the end of the phone 01787 211 000 if you have any concerns or even if you would just like a chat!

We wish you all the very best of health over the next few weeks. Stay safe, stay inside, and try to keep smiling!

Very best wishes to you all,
Anthony and Jenny and the team xxx



Suffolk
Medical
Clinic

COMPUTER CARE V-EXTERMINATOR LTD

CALL NOW: 01787 370397

- > Free Call Out Service
- > Virus Removal and Internet Security
- > Home and Home Office Support
- > Networks / Wireless / Printing
- > Microsoft Windows 7/8/10
- > Very Reasonable Rates

23 Brandeston Close - Great Waldingfield - Sudbury

www.v-exterminator.co.uk

**Microsoft
CERTIFIED**
IT Professional

Mill Kitchens Ltd.

*Kitchens, Bedrooms and Bathrooms
Tailor Made at Factory Prices since 1976*



We are a traditional family company, and we take pride in the quality of service and value for money we give to our customers.

Choose from our wide range of kitchens, bedrooms, bathrooms and study furniture, each individually designed to suit your requirements. We can make bespoke cabinets for you in our own workshop, or choose from one of the many, quality 'off the peg' ranges available. We also have an extensive selection of made to measure replacement doors, worktops in a variety of materials, along with quality brand sinks, taps and appliances.

We offer our customers a
Free Design and Estimate Service and our
'Lifetime Customer Care Promise'.

Our Workshop and Showroom are at:
Unit 14, Crestland Business Park,
Bull Lane Ind. Est., Acton, Sudbury CO10 0BD

☎ 01787 310533 email: millkitchens@btconnect.com
See our new website – www.mill-kitchens.com

Making Your Will

Common sense Wills and Lasting Powers of Attorney at sensible prices (and no VAT).

Skype us @Trevor Dodwell for details.

Please call 01206 263420
or email trevordodwell@aol.com

www.thewillbusiness.com



ITworx Technology Tamed

Based in Boxford, Suffolk, ITworx provide computer support, repair and tuition to domestic customers.

NEW SERVICE:
Iphone screen and battery replacement.
Same day service.
Call for best prices!!
Evening Service available

- Computer and Printer Setup
- Friendly and Helpful Advice
- Wireless Networks
- Iphone battery and screen replacement
- Virus Removal
- Upgrades and Repair
- TV's and Smartphones
- Support and Tuition

Email: ian@itworxnow.co.uk
Phone: 01787 210031
Mobile: 07866 015953

FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

➤ **COVID-19 related news.** At the time of writing we finish week eight of Lock Down. There has been much information circulated on the actions being taken place in Suffolk, and so I will not repeat these in this feedback. Suffice it to say please ensure in your parish and community that you all keep social distancing and there is no one who is vulnerable not being supported. So please continue to promote "Home but not alone"

➤ **Suffolk Household Waste and Recycling Centres now open (HWRC)** On Thursday the 14th May the HWRCs in Suffolk re-opened after a period of shutdown due to COVID 19. As a result, the way these are used by the operators and the visiting residents are different to enable all to remain safe while on site.

Key Messages:-

- Those at greatest risk from COVID-19 must stay away.
- New Rules at point of entry
- No access to site without pre-booking
- Cars and pedestrians only - no vans, trailers or commercial-type vehicles
- One adult to unload, unless 2 adults needed for heavy items
- No staff assistance to unload vehicles
- No chargeable waste accepted (soil, rubble, hardcore or plasterboard)
- No trade waste
- No textiles or re-use items accepted
- We are relying on the public to respect social distancing.
- Only for essential waste or recycling, i.e. cannot be stored safely at home or disposed of through other legitimate routes.
- Visitors are also advised to wash hands before and after visiting site and gloves should be worn during the visit.
- Pre-sort waste into material type before visiting the site will help to speed up your visit and reduce waiting times.
- Any waste you have which is suspected to have been contaminated with COVID 19 must be double-bagged and kept at home for 72 hours before it is brought to site.

The website to log onto for booking a slot is:-

<https://www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres>. If residents are not on the internet they can book a slot by telephoning the SCC Customer Contact Centre on 0345 606 6067

Please note - You will only be able to take waste to a Suffolk Recycling Centre at the moment if you have booked a designated time slot.

➤ **More than 98% of pupils receive a preferred primary school on National Offer Day.** On 16 April, it was reported that over 98.57% of Suffolk children were offered a place on National Offer Day at one of the schools preferred by their parents. Suffolk County Council received 7,602 applications from parents indicating which primary school they would prefer their child to join in September 2020.

Some 7,116 children received offers for their first preference school and 7,493 children received an offer for one of their three preferred schools. Any parents or carers with a child born between 1 September 2015 and 31 August 2016 who have not yet applied for a school place should make an application immediately by downloading the CAF1 application form from our website or contact Suffolk County Council on 0345 600 0981. Once school places have been confirmed, parents need to consider how their child will get to and from school. If their child is eligible for SCC funded school travel, they should have received an email by 15 May 2020 with details of how to opt-in.

➤ **Council Leaders call on EDF Energy to fully consult with local authorities before any public engagement commences.** On 9 April, Leaders of East Suffolk Council and Suffolk County Council wrote to EDF Energy urging them to fully consider how and when they will consult with local communities as part of the planning process for a new Sizewell C power station on the Suffolk coast.

EDF Energy plan to submit their Development Consent Order to the Government's Planning Inspectorate in the next few weeks which triggers a formal process and timescale which includes a period of formal public engagement.

Whilst the two councils remain supportive of EDF Energy making the DCO submission, both councils are calling on the energy provider to consult with the two local authorities regarding their plans for speaking to the public.

There is concern that any period of consultation that begins during the current COVID-19 pandemic will not give the community the fullest opportunity possible to engage.

➤ **Suffolk councils tackle dangerous parking to aid key services**

Parking management in Suffolk moved from the police to local councils from 6 April - it has been in operation in Ipswich since 2005 - with the aim of driving down unlawful parking. However, given the current COVID-19 situation, councils will be taking a common-sense view and focusing on tackling obstructive and dangerous parking to ensure emergency, care, delivery, refuse and highways services can get around safely at this challenging time.

As part of the national response to the pandemic, advice from the British Parking Association and the Local Government Association is that parking enforcement is an important public service that keeps roads safe

FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

Firstly, doing these anxious and very difficult times, it should be noted that we owe a huge debt of gratitude to those who are going those extra miles to see that those who are at risk are looked after and catered for. Despite recent divisions it is good that our local communities are pulling together so well to look after each other and provide vital provisions and contact to those who are unable or choosing not to go out into the wider community. While we still have a way to go on this horrible journey, we at least now know locally what needs to be done to keep ourselves safe during the immediate future. Having said this we are a long way off from being safe and getting back to anything like a normal way of life as we know it, this situation is not helped by the mixed, muddled and un-factual statements coming from the national government who seem unable to show any genuine leadership at all. While these are unprecedented times, protecting our key and frontline staff, testing and retesting the key workers and keeping our borders closed for outside travellers were immediate necessities to keep us all safe.

While being very critical of national politics, our local Parish and Babergh Councils have proved that they are most capable of delivering services at a local level and this should be remembered into the future, most people pay around £150.00 - £200.00. per year in council tax for Babergh services, and this is probably very good value for money for all that we do. When life and business settle down we will have big decisions to make about finance as we will be in a very different world with less income and still an obligation to provide services which will mean some very difficult decisions will have to be made.

Locally those small business's that are needed to run to supply us with food and services continue to work minor miracles and hopefully will continue to do so into our new future, it is important that they are supported with competitive and sensible low business rates to keep them viable and local jobs with short traveling distances to work are encouraged along with more home working and better broadband right across our district.

It is with relief that our refuse collection services have been maintained during the past two months and garden waste collection has been resumed and the bring sites and recycling centres have now been re-opened. While we are unable at the moment to have face to face meetings at the council, officers and councillors are having more dialogue than ever before to enable us to do everything that we can to get all services and functions back up and running at full speed.

A slightly different report this month but one full of hope for an end to what is happening to us all at this moment. All my Parish Councils are now meeting remotely and I will give a written report to all for comments. Should anyone have any questions or positive comments or offers of help, please get in touch in the normal way.

All very best wishes to you all. Bryn. Bryn.hurren@baergh.gov.uk
Tel 01787 210854 mob. 07771 508348.

Home, But Not Alone

Supporting vulnerable people in Suffolk

The Home, But Not Alone free phoneline is for people who need urgent help and support during the Coronavirus pandemic. It is only for people who do not have support available from friends, family or neighbours and are struggling for food, medicines or other essential supplies.

Coronavirus Emergency Phoneline

0800 876 6926

9am-5pm every day

For all other enquiries please visit: www.suffolk.gov.uk/homebutnotalone

and ensures access to goods and services.

This is vitally important, particularly for key workers, as Suffolk's councils strive to continue providing essential services to their residents.

➤ **Fostering and Adoption Sessions in the Stour Valley.** Regrettably all local recruitment events have been cancelled due to Covid-19. Once we have confirmed new some dates, I will publish them. If you know of anyone who would like to talk to someone about becoming a foster carer or adopter, please ask them to call the team us on 01473 264800 or refer them to the website <https://www.fosterandadopt.suffolk.gov.uk/>. Sadly the need is as vital as ever.

➤ **My Priorities** Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley - Building on Suffolk's Strength all underpinned by strong financial management and low council tax
Tel 01206 263649 Mobile 07545 423796
Email: james.finch@suffolk.gov.uk

Readers Letters

Sir

As well as the well deserved praise for Alan Leeder and his team, I would like to add my grateful thanks and those of many others to Neil who runs the shop which is alongside the Post Office. Neil is doing an amazing job of supplying fresh fruit and vegetables, as well as many other things including loo paper! He also tries to get items that are specially requested. He is there most days delivering new stock. I should also like to thank Sarah and Diane and also Richard who continues to run the Post Office.

Yours faithfully
Sue Burden

Sir,

I wish to take issue with an article published in the last edition of the Box River News under the heading Feedback from Bryn Hurren, Babergh District Councillor.

I was more than a little surprised by the rather extreme personal views of Mr Hurren being vented on ringfencing the NHS funding and the behaviour of our politicians and the right wing press.

Regarding the NHS since ringfencing of NHS funding has already been in place since 2015 and the fact last year we already spent over 20% of our total tax income on health and the pledges made by our Chancellor on unlimited availability of funds for the current crisis, I do not think that now is the time to start criticising. I also think that our leaders and politicians need our support in these difficult times.

I did however like the way he signed off his report Bryn XX!

Apart from this I would like to congratulate you on your splendid and informative publication, which I have enjoyed reading for many years. Long may it continue!

Fred Looman
Newton

"Dear all,

Following the recent passing of Mrs Christine Boon we would like to politely ask if you could carry on donating your used postage stamps at the post office. We would like to continue collecting them in her memory and donate to charity as she had done for many years of her life.

Many thanks,
Margaret Richardson & Family."

Sir

I would like to say a big thankyou to everyone who helped me to celebrate my 90th Birthday

Love to you all
Doreen Jarmin



Sir

I am writing to express my wife and I's gratitude, thank you and kindness that the village of Boxford showed, while our eldest son, Jamie and ourselves were in isolation for two weeks in April. Jamie came home from work feeling a little groggy on the Friday before Easter, and by Sunday was not at all well to the extent that we called the local doctors and an ambulance once, all of whom showed us what an exceptional job and service they do. He had the virus, which as all parents know makes you go into a total different way of life - from worry, panic to Jamie is now back at work!!

To mention a few people - our neighbours in Swan Street, Ward Baker (who through the Community Hub helped with fetching various medicines), Alan Leeder (a telephone & delivery - kept us going) along with Assington Farm Shop home deliveries. Littlegarth colleagues, friends in and around Boxford and the brilliant NHS - THANK YOU. We are so lucky to live in a great village - Boxford, thank you

Best wishes and stay SAFE
Peter & Jenny Watt (Boxford)

Sir,

I would like to take this opportunity to thank "The Boxford Cornet player" who on V.E Day, walked to Edwardstone Church, to play his cornet before coming to Groton War Memorial for the two minute silence.

I was lucky enough to have decided to go to the War Memorial to pay my respects at 11.00 am., thus I was able to listen to the Last Post, followed by the two minute silence and then the Reveille. It was a very poignant and unexpected moment.

Thank you
Susan Vipond (Groton)

Sir

"Standing in our garden near Groton Church we were amazed to suddenly hear 'Abide with Me' ringing out on a Cornet. Echoing off the Church, it made for a spine-tingling moment and we were then somewhat astonished to find no one in the Churchyard when we and a few other local residents made our way there! As it was almost 11 am we decided to walk (socially distanced of course) to the War Memorial for the two minutes silence ... where we found our Cornet player.

Boxford resident, Mark Miller had used his 'daily exercise allowance' to walk from Boxford War Memorial to Edwardstone Church and then the Edwardstone War Memorial and finally to Groton, playing in each village. Finishing at Groton War Memorial, he played 'The Last Post' to usher in the two minutes silence and 'Reveille' to mark the end. This impromptu gathering made the occasion even more poignant and certainly memorable. At 2.55 pm in Boxford, Mark played 'The Last Post' before the national toast to The Valiant Fallen.

Lots of people hung out bunting and flags making Groton look very pretty and after the Queen's Speech at 9 pm, one of our neighbours rigged up his speaker to blast out 'We'll Meet Again' for us to all join in, a fun end to the day."

Jan Williamson
Groton

Sir

Some good news - we're now (at the time of writing) allowed to meet a loved one (outside, in a public space, from a distance) and take unlimited exercise. Hopefully the sun will continue shining so we get our vitamin D fill too - essential for healthy bones. But as we begin to spend more time outside, make sure you don't forget to protect your skin. Your sunscreen should be SPF 30 or higher (to protect against UVB) and have at least 4-star UVA protection (sometimes shown with the letters UVA in a circle). Our favourite brand is Heliocare at Suffolk Medical and Beauty Clinic.

We're continuing to look at how we can make the clinic as safe as possible for when we're able to reopen. Watch this space. In the meantime, if you'd like to be added to our waiting list please email info@suffolkmedicalclinic.co.uk or call us on 01787 211 000.

Keep safe, protected and smiling.
Jenny, Anthony and the team xxx

COUNTRY HEATING plus



COUNTRY HEATING plus
 Oil-fired Boiler Servicing
 Maintenance
 Breakdowns & Installations

www.countryheatingplus.co.uk

Mick Dye Tel: 01787 211179
Mob: 07891 867672

Ipswich Veterinary Centre
 For a professional caring service



An Independent Veterinary Practice
 with a personal approach

Tel: 01473 555 000
www.ipswichvetcentre.co.uk
 1 Donald Mackintosh Way, Scrivener Drive, Ipswich, Suffolk IP8 3SU

Chimney Matters
 Town and Country




Professional Chimney Sweeping & Stove Installation

- Open fires, Wood burners swept and serviced for maximum efficiency.
- Wood and Multi-fuel Stoves installed.
- Sweeping and Installation Certificates issued.
- Cowls & Bird Guards fitted.
- Fully Insured.

Mobile : 07767 864127
Phone: 01284 789663
www.chimneymatters.co.uk

Eco SYSTEMS
 Tree and Grounds Care

**Tree Surgery, Felling, Dismantling,
 Hedge Maintenance, Stump Grinding,
 Woodland Creation,
 Commercial Grass Cutting**

Fully Insured
 NPTC qualified Council approved contractor
 FREE no obligation quotations and advice

DAN STANMORE
 Bildeston 01449 741255 • Mobile 07980 290781
 Woolcombers, Duke Street, Bildeston IP7 7EW

L.S.EAVES LIMITED
 STOKE BY NAYLAND, COLCHESTER

Car Sales Petrol & Diesel Fuel Sales

Diagnostics & Testing M.O.T. Testing

Air Con Service Service & Repairs

Free Local Collection or Courtesy Car



For full list of cars in stock please
 call or visit our website:
01206 262123
www.lseaves.co.uk




MEMORIALS
LUXSTONE

WE HAND CARVE
ANYTHING IN STONE

Memorials, standard and bespoke
Carving ≈ Stone Signs ≈ Nameplates
Letter Cutting and Carving Courses



Stour Valley Business Centre, Brundon Lane, Sudbury, Suffolk CO10 7GB
Telephone 01787 371570 / 07920 101 440 E mail info@neilluxton.co.uk

www.neilluxton.co.uk


**Nayland
Chiropractic**

Supporting Your Wellness

Inga Hurren Registered Chiropractor

4 Church Mews, High Street, Nayland CO6 4JF
t: 01206 264139
e: enquiries@naylandchiropractic.co.uk
w: www.naylandchiropractic.co.uk

GARDEN DESIGN
BORDER DESIGN
PLANT SOURCING
GARDEN
OVERHAUL
GARDEN
GIFT VOUCHERS



Call Angela for a consultation:

01787 212264
07974 375254

**Give your garden the
makeover it deserves!**

We are a local garden design
company and can offer a
complete design, construction
and maintenance package
or just a planting plan for a
single border.

WWW.ZINNIADDESIGN.CO.UK



**Bates Wells
& Braithwaite**

Expert legal help for business and for individuals...

Accident claims - Commercial and company law
Commercial property - Commercial German legal services
Employment - Environmental Law -
Estates, trusts and wills - Family and children
Farming and rural business affairs
Health and safety - Licensing - Litigation/mediation
Residential property - Rural business affairs

Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury C0102AD
T: 01787 880440 E: solicitors@bwblegal.com

**OSTEOPATHY • CRANIAL OSTEOPATHY
ACUPUNCTURE • HERBAL MEDICINE**

ELAINE EVERITT

BSc(Hons) DO LicAc MNZRA MBMAS
MGOsC MOCNZ MNIMH MCPP

- Back and neck pain
- Sciatica
- Headaches
- Sports injuries
- Arthritis
- Joint injuries
- Frozen shoulder
- Fertility
- Gynae disorders
- Gastro Intestinal disorders
- Dietary advice
- and more

Treating newborns to elderly • Over 30 years experience
Recognised by most private medical insurances

Clinic at:
Pippettes Farm (opposite Simbo's)
Stone Street
Boxford
CO10 5NR

For a conversation to find out more
or to book an appointment call:

07587 743850

Or you can visit my websites:
elaineeveritt.com
pippettes.co.uk



April Cottage Cattery

April Cottage, Powney Street, Milden, Ipswich. IP7 7AL

Purpose built Licenced boarding cattery for cats only, located
in rural Milden, 3 miles from Lavenham. Set in a quiet
secluded position behind our house and benefiting from 24
hour supervision.

- Fully insulated and heated chalets with large bright airy
exercise areas.
- Facilities to cater for the elderly, very young or cats
with special needs.
- Daily grooming and administering of medicines free of
charge.
- Pick up and delivery service free up to 5 miles, (50p per
mile thereafter capped at £10)
- Quiet areas for shy cats or busy window views for
those needing entertainment.
- All diets catered for.
- Prices start from £7.50 a day. Special rates for long
stays.

Please come and see us for yourselves; just ring or email to
make an appointment.

Call Anne or Kevin on 01787 247302 or 07985 404813

Email: info@april-cottage-cattery.co.uk
Website: www.april-cottage-cattery.co.uk

Services Directory

A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties
Small jobs to complete re-wires

For a free estimate call Adrian on
01787 211576 Mobile 07968 856765
e.mail adrian.tennent@btinternet.com
1 Church Street, Boxford, Sudbury

GARDEN WORK

SHRUBS TREES & HEDGES

Call for a quote
G J & C A Abbott
01473 829130 or mobile
07768 795981

P.D.Garner Plastering Services

Telephone: 01206 262207
Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL



S. J. HURRELL PLUMBING & HEATING

- Bathroom Design & Installation
- Gas & Oil Central Heating Systems
- Kitchen Supply & Installation

Telephone: 01787 249081 Mobile: 07970 163084

SJ Hurrell Plumbing & Heating

Over 30 years of experience specialising in
custom solutions for all of your plumbing
& heating requirements

- Gas & Oil Central Heating
- Annual Boiler Servicing
- Bathroom Design & Installation
- Underfloor Heating
- Energy Efficient Systems

07970 163084 • 01787249081
scott@sjhurrell.co.uk • www.sjhurrell.co.uk



R.B.Landscapes

Garden and Landscaping Services

All aspects of Landscaping Covered
Driveways - Patios - Brickwork - Fencing
Decking - Turfing - Tree Felling - Pruning - Etc.
POWERWASHING SERVICE AVAILABLE
Office: 01621 894940
Direct: 07936 473634

CARPET CLEANING

Super Clean Carpet Cleaners



Your local professional
carpet cleaning service

Call Mark Today
07376 800 111

www.supercleancarpetcleaners.co.uk



Cass White

Traditional & Modern Upholstery

07759924209

casswhite@live.com

The Dogroom at Boxford

Professional Dog Grooming Services

thedogroomatboxford.com

07712 687701
01787 211874



P.D.Garner Plastering Services

Telephone: 01206 262207
Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL

Seasoned Firewood & Woodchip

For Sale BY THE LOAD

01787 319200



We carry out all aspects
of tree works

SUFFOLK TREE SERVICES

www.suffolktreeservices.co.uk

PADDOCK AND MEADOW CUTTING & HARROWING SERVICE

Small Tractor 6' Topper
12' Grass Harrow
Competitive Rates
01787 210842

David Folkard BLOCKBUSTERS Drain Clearance

Sinks, Toilets, Drains
Sewers etc.

Hadleigh 01473 827426



BOXSTORE

The Local Self Storage Company

For all domestic and
business needs

See website for details
www.boxstore.co.uk
or phone 01787 210350

W.A. Deacon FUNERAL SERVICES

24 HOUR
TELEPHONE SERVICE
01787 248282 & 01787 248147

Norman Way, High Street, Lavenham,
Sudbury, Suffolk CO10 9PY

INDEPENDENT FAMILY COMPANY



ESTABLISHED 1952

MILDEN PAVILION AND PLAYINGFIELD AVAILABLE FOR HIRE

Easy access and parking.

Includes well equipped Kitchen and changing rooms
Great for family/children's parties, meetings, and fitness
Cricket Pitch & equipment for hire also
Outside Bars & equipment available for hire.
Find us on Facebook or via www.mildenc.com
Tel: Pearl 01449 741876 Justine589@btinternet.com

Bradshaw Trenching Ltd Trenching & Groundwork Contractors

Drainage	Fencing
Water mains	Manage construction
Irrigation systems	Foundations / concreting
Cable ducting	Site clearance

Tel: 01787 210 499 Mob: 07810 801 021
www.bradshawtrenching.co.uk

N D Rose

Int/Ext Decorating

- Gutters Cleaned/Repaired/Replaced
- Wall/Floor Tiling
- General Building Maintenance

Telephone 01787 211042
Mobile 07518 040465
3 Fen Street, Boxford, CO10 5HL

HOWARD WATTS Automotive



Sales and Service at
Riddelsdell Bros Ltd (Est 1900)
ELLIS SREET, BOXFORD, CO10 5HH

01787 210318
07836 353537

www.howardwatts.co.uk info @howardwatts.co.uk

Services Directory

Ken Grime & Son Ltd Electrical Contractors

Fully Qualified and part P Registered
All types of electrical works undertaken
Nojob too small • Very competitive prices

Office Tel: 01787 373558
Ken Mobile: 07702 358802

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

Darren Howe - Qualified Carpenter & Joiner

All Aspects of Carpentry Undertaken

- Handmade Kitchens & Fitted Wardrobes
- Fitted Kitchens
- Doors Made and Hung
- Floors & Laminates
- Balustrading, Decking and much more

Call me for a free No Obligation Quotation
on 07795 345466 or email me at
howies@hotmail.co.uk

Private Tutor

Experienced Key Stage 2 teacher,
based in Boxford, DBS checked.
Email: simplyteachssuffolk@gmail.com
Tel. 07718372470
All ages and subjects considered.

B P LAMBERT R.S.S.

Est 1977

BLACKSMITH

Makers of Boxford Beacon & Groton Sign
Telephone 01787 210634
Mobile: 07866 596121

HELPING HANDS

Weeding - Shrub Shaping
Borders - Hedges and Lawns
Re-Planting Pots Etc.

Contact Daniele,
Boxford 01787 210254
Pressure Washing
Paths - Patios - Drives



CARPENTRY & JOINERY

Purpose made doors, windows,
conservatories, fitted kitchens,
bedroom furniture, etc.

No job too small M Hearnden
Tel: 01787 248285 / 07850 196891

original hand-made prints



artist : printmaker

Boxford : Suffolk

01787 211501

browse my website gallery — studio open by appointment
annetownshendart.weebly.com

A D Braithwaite Roofing

Anthony Braithwaite FlatRoof Specialist

Bolyen House, New Queens Road
Sudbury CO10 1PJ
07840408510

anthonybrai@hotmail.co.uk
www.adbraithwaite.co.uk

Robson Thatching

FREE ADVICE

RE-THATCHES

PATCHING

REPAIRS



56c HIGH STREET
LAVENHAM

01787 247964

07443 596757

25 YEARS

philiprobson2011@hotmail.co.uk

Polstead Based

Country Cars Private Hire



Local and Long Distance
Airports - theatres - Restaurants -
Weddings

Contact: Dave Howard
Mobile: 07767 076976



WOODERSON
FINANCIAL

Mortgage Adviser • Life Insurance
Private Medical Insurance

01787 379000

www.woodersonfinancial.co.uk



STIRLING PAINTERS & DECORATORS

THIS FATHER AND SON TEAM BETWEEN
THEM HAVE 60 YEARS EXPERIENCE IN THE
TRADE, WOULD LIKE TO GIVE YOU A FREE
ESTIMATE FOR EXTERNAL AND INTERNAL
REDECORATION OF YOUR PROPERTY
WE DO NOT USE SUB-CONTRACT LABOUR
WE ONLY USE THE BEST MATERIALS
WE TREAT YOUR PROPERTY
AS IF IT WAS OUR OWN
WE ARE PROFESSIONALS
TEL: 01255 688104 MOBILE: 07866 734519

Hadleigh Hairloom

78 - 80 High Street, Hadleigh
01473 822191

Walk-in Family Salon

Catering to the entire family's hairdressing needs
*Easy Access *Family Friendly * Free Wi-Fi *
Comfortable Waiting Area with Toys and TV.
Monday Wednesday & Friday: 9 - 5.30
Tuesday 9 - 7.00* Thursday 9 - 8.00*
Saturday 8.30 - 4.00

Lee Dunnnett Painter

Interior and exterior house painting
20 years experience. free estimate

Mobile: 07960 743 938

Tel: 01787 212 218

Email: leedunnnett@aol.com Website: leedunnnettpainter.co.uk

It costs only
£110 a year to advertise
in this space
01787 211507
ed.kench@btinternet.com

POLARIS POWER & DATA LTD

LOCALLY BASED ELECTRICAL CONTRACTORS

Tel: 01787 211914

- Domestic Residential
- Landlord Certifications
- Hobbies
- NICEIC Certifications
- Emergency Lighting
- PAT Testing
- Commercial
- Church Installations
- Listed Buildings Installations
- Data Network Installations
- Security/Door Access Systems
- Fire Alarms

Email: info@polarispwr.co.uk
www.polarispwr.co.uk

Antique Renovations



Expert restorers of fine antiques & interior woodwork

Lavenham Studios, Brent Eleigh Road, Lavenham

Tel: 01787 248511

Services Directory

S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓
Part "P" Registered ✓ Electrical Certificates Issued ✓

01787 247043

e-mail: Info@sbelectrical.biz or visit www.sbelectrical.biz

Boxford Lane Joinery

With the benefit of over 40 Years experience.

*Specialist Manufacturers and Installers of
Bespoke:*

Kitchens

Wardrobes and Household Furniture

Staircases • Architectural Joinery

Windows, Doors and Conservatories.

*All finished/Sprayed/Polished
in House if required.*

*A full fitting and Carpentry service
is also available.*

**Contact: Greg Deeks: 01206 263525
or mobile: 07977 738649
or Brett Deeks: 07969524125**

email: boxfordlanejoinery@hotmail.co.uk



COMMAND PEST CONTROL & HYGENE SERVICES

**Complete Pest Control service
including Premises Contracts.
12 month Protection from Infestation.**

All Pest control work undertaken

- Coverage of East Anglia •
- 24hr Emergency Service • Professional Back-up •
- Quality Control Manager and Field Biologist •



*We supply most Pest Control, Timber
Treatment, & Ind Cleaning
Chemicals, Shotgun Cartridges &
Pest Control Equipment*



COMMAND PEST CONTROL

Unit 4. College Farm, Church Lane,
Preston St. Mary, Sudbury, Suffolk CO10 9NG
Tel: (01787) 248049 Fax: (01787) 247113

C D Lawson

Building & Hard Landscaping

01787 211429 mobile: 07730885019

- All Building work •
- Maintenance •
- Alterations • Extensions •
- Driveways • Drainage •
- Patios • Fences etc. •

Professional and Reliable service at
competitive rates

13 Boxford Lane, Boxford, CO10 5JU
email: lawsondian@btinternet.com

AHS

Landscape Limited

Fencing
Landscaping
Garden creations/makeovers
Estate/Woodland management
Tree care
Garden maintenance

**For a free quote or advice
call Andrew Martin**

01787 211671 07786434315
www.ahstimgardens.co.uk

-PJH-

Property Maintenance

Quality Painting and Decorating

Interior & Exterior,

Tiling and General Maintenance

Carpentry, General Building work

Alterations and Renovations

www.pjhpropertymaintenance.co.uk

6 HADLEIGH ROAD, BOXFORD, SUDBURY CO10 5JH

TELEPHONE: 01787 212366

K.E.Jones & Son

BUILDING SERVICES Ltd. Est 1970

01787 312345 mobile: 07932 618459

- New Build
- Extensions
- Specialising in period properties
- Renovations
- General Building
- Refurbishments

**A family business looking after
all your property needs!**

Abbey House • Rectory Road • Newton Green
Sudbury • Suffolk • CO10 0QZ
www.jones-builders.co.uk

FLOWERS FOR EVERY OCCASION

Jayne Foster

Groton

Telephone: 01787 211360



- ♦ GRASS CUTTING
- ♦ HEDGE TRIMMING
- ♦ PRUNING
- ♦ WEEDING & PLANTING
- ♦ LAWN CARE

Please Call Simon

07733 463238

PAUL MACHIN GARDEN SERVICES

General maintenance, hedge cutting,
tree pruning, grass cutting
Wood chipper & operator hire
Paddock & field topping
& harrowing service
Patio, path and driveway cleaning
Garden, house & shed rubbish
clearance
Environment agency waste carriers
licence held and fully insured
Please call me on 01787 249725 or
07854 725777
and find my page on facebook

Leavenheath Village Hall

Available for Hire

Weddings • Receptions • Private Functions

Fitted Kitchen • China & Cutlery

Separate Committee Room up to 25 people

To book and for info

Contact: Malcolm Jones on 01206

263301

ELIZABETH MARTLAND
DE ALWIS ART

WEEKLY ART
CLUB

PRIVATE
TUITION

ART
WORKSHOPS . PAINTINGS . PRINTS
BOXFORD STUDIO . 07846849451

Services Directory

Tree Surgeon

Tel: 01787 228341
07515 288736



info@blaketreecare.co.uk
www.blaketreecare.co.uk

Blake Tree Care

Providing excellence in;
Tree Felling - Canopy Reduction - Hedge Cutting
Tree Shaping and pruning - Stump Grinding
Pollarding - Emergency Storm Damage
Free Consultation for Small and Large Jobs
Public Liability Insurance

D MAY

Plumbing & Heating

Offering a fully comprehensive range of domestic plumbing and heating services.
Local tradesman 30 years experience Free estimates with no call out fee and not VAT registered.
New bathroom and ensuite installations including floor/wall tiling.
Emergency service provided and no job to small.
Tel: 01473 827462 or Mobile: 07886389995

Kirkham Sheidow Architects



Boxford 01787 211670

design@kirkhamsheidow.co.uk

www.kirkhamsheidow.co.uk

M.K

Carpentry & Building Services

Extensions – Renovations –
Carpentry – Plumbing – Electrics –
Plastering – Tiling

All types of building works undertaken.



Please Contact Mike Kerr:

Tel: 01473 822501 Mob: 07525 160330

E-mail: mkblders@hotmail.co.uk

FIREWOOD

DRY SEASONED LOGS
VARIOUS LOAD SIZES AVAILABLE

KILN DRIED LOG NETS

Delivery available on minimum of 6 nets

Contact Carol Abbot
01473 829130 or mobile
07768 795981

It costs only
£55 a year to advertise
in this space
01787 211507
ed.kench@btinternet.com

When the job's paintin' get The Saint in



QUALITY PAINTER & DECORATOR

* Interior/Exterior * Property Maintenance

* Local, Trusted & Reliable * Free Quotations

find me on
* Highly Rated Yell.com

07917877694

JLMDecorating@live.co.uk

FOR ALL YOUR DECORATING NEEDS



WHITWELL SERVICES

Established 1979

Oil Fired Heating Engineer
Service • Maintenance
Installation • Oil Tank
Replacement Service

24Hour Breakdown Service



Call:

01787 210277

07956 652264

LOWER DAIRY FARM

28 day aged, grass fed beef
Direct from the farm

www.lowerdairyfarm.co.uk

Lower Dairy Farm Shop · Nayland
CO6 4JS · 01 206 262314

M.D.MILLS

(BUILDING CONTRACTORS) LTD

All types of building work undertaken including:

Extensions, Renovations
Insurance Repair Works,
Plumbing & Heating, Electrics,
Roofing, Tiling, Decoration, etc

For a free no obligation estimate
please call:

01787 373085

www.mdsmills.co.uk

COMPLETE PROPERTY SERVICES

Established since 1993

Plumbing & Heating
Electrical
Painting & Decorating
Kitchens & Bathrooms
Tiling & Flooring

Tel: 01787 210856

Mobile: 07538 067868

JP Services

Fencing - Horticultural Woodwork - Paving
Sleepers/Landscape timber
07970 559251
www.jpsservices.co

Services:

- Rustic Structures – Rose arches, Pergolas etc
- Fencing, Hedge laying
- Sheds & greenhouses erected and repaired – bases laid
- Raised Beds
- Traditional Window Boxes & Planters
- Patios and Paving
- Gardens cleared
- NPTC chainsaw certification held
- Waste removed - EA registered waste carrier
- And much more

Sales: visit us at www.jp-services.info

- Sleepers/Landscape timber
- Steel barrels, Ideal for Storage, Incinerators etc
- Oak tubs/barrels

Services Directory

SANDRA HANSCOMB

DipFH MCFP MAFHP

Qualified Foot Health Professional & Registered Nurse
FOOT CARE SERVICE IN YOUR OWN HOME

Corns, Callus, Fungal and Painful Nails, Nail Cutting & Filing and care of the diabetic foot.

Phone for details: Mobile: 07941 127501

Tel 01787310872

feetlegstoos@gmail.com
messages will be returned.

SHERBOURNE LODGE COTTAGES



Two self-catering cottages former stable blocks offer fully equipped and well furnished accommodation.

Each sleeps 2-4 people

(one can accommodate 6).

For further details please call:

01787 210885

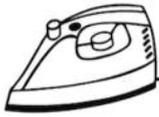


J. Harvey

Caravan & Motorhome Valeting

-Interior & Exterior-
-At your home- Storage facility Or Seasonal pitch-
Across Suffolk & Norfolk

-At competitive rates-
For any enquiries 07073705351



IRONING SERVICE

Collect and deliver
Competitive prices
References available

Clare: 07443422496

Amanda Hollingworth Counsellor

Helping people overcome their emotional, psychological and relationship problems for over 30 years

COSRT Accredited Psychosexual Therapist

COSRT Accredited Clinical Supervisor

UKCP & BUPA Registered Psychotherapist

contact: **01473 824663** or

ac.hollingworth@gmail.com

Sanders Sweeps & Installations

Mobile 07808 298866

Traditional Chimney Sweeping
Fireplace & Stove Installations

Email: info@sanderssweeps.co.uk

www.sanderssweeps.co.uk



**Sudbury
Physiotherapy Centre**
& Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Sports Massage
- Chiropody
- Podiatry
- Pilates
- Shiatsu
- Clinical Hypnosis
- Paediatric Physiotherapy

Appointments available Monday - Saturday

Tel: 01787 375175

Email: sudburypphysio@hotmail.co.uk

www.sudburypphysio.co.uk

8 Cornard Road - Sudbury - CO10 7XA

Qualified Foot Health Professional

Bridget Clifford MCFHP MAFHP

Foot Care in the comfort of your own home.

Tel: 01787 211345

If unavailable leave a message
and your call will be returned.

Andy Morgan Painter & Decorator S.E.P. painters

Tel.: 01787 375824 • Mobile 07748 800701

andy@seppainters.co.uk

For all your interior and exterior decorating ...

...from New Build to Period Properties

Your satisfaction is my speciality!

Detailed information on my website:
www.seppainters.co.uk

Colne Valley Windows

Your local double glazing company

Windows • Doors • Conservatories,
Bi-Folding Doors • Soffits • Facias and
Guttering • uPVC and Aluminium • Shop
Fronts • Manual and Automatic Entrances
and much more!!

Transferable 10 Year Insurance
Backed Guarantee
Over 30 Years Experience
Free Quotation
Local Family Run Business



To arrange a free quotation
please call us on **01787 827382**

Website: www.colnevalleywindows.co.uk

Email: info@colnevalleywindows.co.uk

Certified Company 36650

H Byham & Son Ltd Ballingdon Dairy, Sudbury

Deliveries of Dairy Produce and
Goods to Boxford and
Surrounding Villages

Tel: 01787 372526

Garden Help

Grass cutting, pressure washing,
trimming, clearing, fence work,
landscaping, odd jobs, based in Boxford.

Email: simplygrasscutting@gmail.com

Tel. 07718372470

AERIAL VIEW

- TV, FM & DAB aerials 'Freeview, Freesat & Sky
- Motorised satellite Satellite Broadband
- Repairs & upgrades Extra points and magic eyes
- TV wall mounting

Please call for other services

01787 311057

Make the switch to digital with confidence
Or visit www.aerial-installers.co.uk

FOUR CORNERS
The Picture Framers
Cobwebs
Bower House Tye
Polstead CO6 5de
01787 210710



Blake Tree Care

M; 07515 288736

O; 01787 228341

E; info@blaketreecare.com

Providing excellence in;
Tree Felling - Canopy Reduction
Hedge Cutting

Tree Shaping and pruning - Stump Grinding

Pollarding - Emergency Storm Damage

Free Consultation for Small and Large Jobs

Public Liability Insurance

Suffolk Medical & Beauty Clinic

All Beauty Therapy Treatments
Laser Permanent Hair Removal
Anti - Wrinkle Injections
Thread vein treatment
Skin Rejuvenation
Dermal Fillers
Mole and Skin Checks
Dermaroller/Pen
Medical Microdermabrasion



www.suffolkmedicalclinic.co.uk

6 Broad Street, Boxford

01787 211000

Services Directory

ONLY OIL

OIL BOILER ENGINEERS

Why pay more for your servicing, breakdowns & commissioning?

Call us now for a very competitive quote!

NO V.A.T.

Tel: 01787 313250

Or 01473 827792

Paul Cooper CHIMNEY SWEEP

- Solid Fuel • Wood Burners
- Inglehooks • Oil - Gas

Bird Guards & Cowsls supplied and fitted
(Traditional Sweep for your wedding)

Tel: 01473 787374

Member of the National Association
of Chimney Sweeps & HETAS approved

It costs only
£110 a year to advertise
in this space
01787 211507
ed.kench@btinternet.com



Hairy to Handsome is a City & Guilds qualified mobile dog grooming service.

Fully insured covering Stoke-By-Nayland and the surrounding areas.

Custom built mobile dog grooming salon
We come to you and provide a 1-2-1 relaxing and calm environment for your dogs groom
We take great care in the handling of your pet whilst in our care

Hairy to Handsome will arrive at your home or business at your specified time

We cover all grooming requirements from bath and brushes, full grooms to hand stripping

A wide range of treatments available

Please call or text 07590847510 for bookings.

www.hairytohandsome.co.uk

CARPET CLEANING

Super Clean Carpet Cleaners

Your local professional carpet cleaning service

Call Mark Today

07376 800 111

www.supercleancarpetcleaners.co.uk



AK SMITH

**PLASTERING (EST 1986)
CEILING, WALLS, FLOORS,
PLASTERBOARDING.**

NO JOB TOO SMALL.

For references soo our website:

www.aksmithplastering.co.uk

ASSINGTON 01787 212352

Mobile: 07808027116



tel: 01787 210 251

e-mail: info@willbishop.co.uk

Visit our website for more beautiful designs

www.willbishop.co.uk

SAM'S K9 Services

Experienced dog walker and trainer, good rate, fully insured, qualified and have my first aid for dogs.

Not only am I a dog walker but I'm also a qualified dog trainer. I'm able to help with a wide range of behavioural and training issues. My methods of training are up to date and force free. whether you need help as a first time puppy owner, or your dog is showing signs of aggression or you need help with training problems such as lead pulling

please call me on 07939563282.



LAWNS FIELDS AND GARDENS

Established 1991



- All types of Grasscutting undertaken •
- Commercial and Domestic •
- Contract or otherwise •
- Grounds Maintenance •
- Hedges • Trees • Fencing • Patios •
- Drives • Pergodas •

FOR A FREE QUOTE RING MARTIN ON

Tel: 01787 210675 Mobile" 07932 477152

Leavenheath Village Hall

Available for Hire

Weddings • Receptions • Private Functions

Fitted Kitchen • China & Cutlery

Separate Committee Room up to 25 people

To book and for info

Contact: Malcolm Jones on 01206

263301

T.O.P.L.I.N.E Pest Control Services



ANDY TUFFS

Tel: 01787 211563

Mob: 07944 115193

B.P.C.A. QUALIFIED & ADVANCED CERTS

Boxford Baby and Toddler Group

Every Wednesday morning (term time only)
in Boxford Village Hall

9-11.00am £2.50 per family

lots of toys for all ages
biscuit and juice for the children

Tea/Coffee and Cakes for the grown ups

come and make new friends and play



.....contact Laura 210990 for more info
or find us on Facebook

CARPETS-VINYLS-WOOD

LIONEL HATCH FLOORS

Your local professional, personal,
competitively priced flooring
service

Call Lionel Today

TEL: 01787 374163 MOBILE: 07766 026875

EMAIL: lionelhatchfloors@gmail.com



MINI WASTE LIMITED

2, 3, 4, 6, 8, 10 & 12 YARD SKIPS FOR HIRE

16, 20 & 40 YARD RO/RO FOR HIRE

Tel: 01787 378811

e mail: info@miniwaste.co.uk

Website: www.miniwaste.co.uk



Little Waldingfield



Edwardstone



Swan Street, Boxford



Groton



Newton Green



Little Waldingfield