

Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



April 2020
Vol 20 No 4

CORONAVIRUS - SOME HELPFUL ADVICE

Coronaviruses are a family of viruses that cause illness ranging from the common cold through to more severe types.

The current pandemic is for Covid-19, a strain of Coronavirus that has been around a long time, but has only just made the jump from animals to humans. It particularly affects the respiratory system but specific symptoms can differ wildly from patient to patient.

How do I know if I have it?

There are a number of fake news articles spreading particularly through social media that attempt to give definitive signs or tricks to discover if you have been infected with Covid-19. All of these should be considered incorrect or misleading. Different patients will have different symptoms and some patients won't show any symptoms at all, but may still prove contagious. The only way to tell is to be tested, which won't be practical for the vast majority of people.

The latest official advice from the NHS and the UK Government is:

If you have a high temperature and/or a new, continuous cough then you should stay at home for 7 days to try and prevent spreading the disease onto others.

Do not go to a GP surgery, pharmacy or hospital.

You do not need to call 111 to inform them you are staying at home.

If you feel you are struggling to cope with the symptoms, such as difficulty breathing, then call 111 for further help.

Some myths debunked:

1. Drinking alcohol, drinking warm water or gargling with salt water will not give you resistance to the virus.
2. Antibiotics do not kill viruses and will not work against Covid-19
3. Holding your breath for 10 seconds without coughing is not a test of whether or not you are infected.

How to avoid catching Coronavirus:

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell

Community Hub

Boxford Community Council have created a community hub for the villages of Boxford, Groton and Edwardstone. We encourage everyone to check on their neighbours, friends and family. If you are worried about them, or if you are self-isolating at home and are struggling with obtaining supplies, medication or feeling down through loneliness then we're here to help. Call our dedicated line: 07395 914959

THE WHITE HART REOPENS



Aran Henderson has crossed the road in Boxford, from the Boxford Fleece to the White Hart

Aran has been landlord at the Fleece for a year before an opportunity came up to take over the tenancy of the refurbished White Hart together with his business partner Rebecca Brown

They intend to keep it as a traditional village pub opening 7 days a week and serving great home-cooked food using locally-sourced ingredients wherever possible. You only need to look at their extensive and exciting menus to see what they mean.

A year ago the village had been without a pub for some time but after spending the last year at the Fleece it was time for Aran to take on the new challenge at the Hart. The new decor and furnishings have made the Hart a welcoming pub again and already groups like the WI and the local cycle club have been holding meetings there.

We wish Aran and Rebecca all the best for a long time yet.



Box River News

Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR

Telephone: 01787 211507

e.mail: ed.kench@btinternet.com

Final date for reserved copy for the

May 2020 edition is

April 15th at noon



COMMUNITY HUB

BOXFORD EDWARDSTONE GROTON
07395 914959
BoxfordCommunityHub@gmail.com

If you are unwell or self-isolating and need help getting supplies or medication, please phone, text or email us
07395 914959
BoxfordCommunityHub@gmail.com

If you would be willing to help and become part of the network, please ring or text us with your name, contact number and, if possible, the road in which you live, so that we can best serve the community efficiently.

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p>Think of others, consider your actions & be kind</p>	 <p>Contact and reach out to your neighbours</p>	 <p>Have the most of local public groups</p>	 <p>Support vulnerable or isolated people</p>	 <p>Share accurate information and advice</p>
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COMMUNITIES | COMMUNITY | NEXTDOOR

Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Kersey, Assington, Leavenheath, Gt Waldingfield, Polstead, Shelley Stoke by Nayland, Nayland, Monks Eleigh and parents of children at Boxford School not within the Benefice

POLSTEAD ART GROUP

In 2021 the "Polstead Art Group" will be celebrating 20 years in existence. It was started by a group of likeminded friends who enjoyed painting and who wished to spend time together in a friendly atmosphere, trying to improve their artistic technique together. We are currently not a group who have any trained artists giving tuition; we learn from one another, so new members who wish to join us, do not need to feel intimidated. We are a group of mixed abilities some of whom have more experience than others, and are always willing to assist others in developing their own technique. More importantly, one of the main reasons the group still exists, is that it gives individuals the chance to meet with others, giving everyone the chance to make new friends.

The "Polstead Art Group" meets on a Tuesday afternoon from 2pm until 5pm at the Polstead Village Hall. Each week we ask for a payment of £1, which goes towards all expenses. The first week is free, so anyone can come and see if the group is something they would enjoy. Half way through the afternoon we have a break for refreshments.

We have recently had discussions over expanding our Art and Craft knowledge. We would now like to invite all likeminded people who enjoy doing any other crafts such as lace making, embroidery, felting, etc, basically any craft that can be transported to the village hall. It is hoped that this will give people the opportunity to learn another craft themselves, as well as having a chat.

So why not come along and give it a go. Get out of those four walls for the afternoon or for as long as you like, and try something new, and enjoy the company of others.

Please come and join us!

Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg ed.kench@btinternet.com

FleeceJazz

at Stoke by Nayland Hotel

3 April 8 £18:00.

The Jazz Scurriers

Head to head over the old Couriers classics, with driving virtuosic rhythmic support. Expect such favourites as the original arrangements of 'Cheek To Cheek', 'Love Walked In' and 'The Serpent', with stories and comments from the two front men. Groovy!

Simon Spillet Tenor Sax, Peter Long Tenor Sax, Chris Ingham Piano, Alec Dankworth Bass, George Double Drums Cheek', 'Love Walked In' and 'The Serpent', with stories and comments from the two front men. Groovy!

Who better to emulate the Jazz Couriers than Simon Spillet and Peter Long! The Couriers were fronted by Tubby Hayes and Ronnie Scott. Cheek', 'Love Walked In' and 'The Serpent', with stories and comments from the two front men. Groovy!

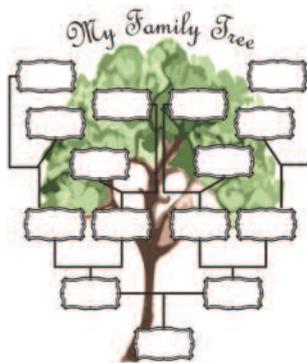
10 April 8 £20:00.

Derek Nash's PICANTE

A vibrant sextet led by DEREK NASH, the irrepressible star saxophonist of the Jools Holland Orchestra, the virtuoso musicians of Picante deliver effervescent entertainment full of the life-affirming rhythms and excitement of authentic Latin Jazz Derek Nash Saxes, Dominic Ashworth Guitars, Neil Angille Piano, Andy Staples Bass, Marc Cecil Drums, Satin Singh Percussion. Derek read electro-acoustics at Salford University, and became a sound engineer at the BBC. He left in 2002 to become a full-time musician and to set up a Recording Studio.

Dominic studied Guitar in Toronto and is now settled in Greenwich

REPORT FROM BOXFORD WI



At the February evening meeting Kelly Cornwell gave a most interesting talk about Genealogy and how we can find out about our ancestors by using a variety of methods, both on and offline. It was a fascinating insight into the information that is stored online, in church records, in military records and in record offices all over the world. We found out about one of her grandfather's using Ancestry.com and we were shown how to set up a family tree for ourselves. One WI

evidently transcribed the gravestones in their churchyard to help preserve the information for future generations, so even our organisation has played its part!

At the March afternoon meeting speaker Charles Garland gave an interesting talk about the Nation's Favourite Comedy, which included his work alongside David Croft producing Dad's Army and many other programmes for the BBC.



The next meetings are:

1st April at 2pm in the Village Hall: Fat Bird and a boat
16th April at 8pm in the Pavilion: Resolutions meeting
New members are always welcome so if you are interested please come along to one of our meetings or contact our secretary Annie Phillips Secretary, Boxford WI (01787 211729 | annie-phillips@hotmail.co.uk)

playing, writing music and teaching at Guildhall. He has been influenced by Bach, Ellington, Charlie Parker and Paco de Lucia. Neil, from Cornwall studied at the Royal College of Music. He works in both classical music and Jazz. He has his own Latin Trio and has worked with Gypsy Kings.

24 April 8 £22:00.

Antonio Forcione "SOLO"

"Thrilling voyage around the world ... passion, grace and fire" - The Times

Antonio Forcione Guitars Italian acoustic guitar virtuoso Antonio Forcione, described as "the Hendrix of the acoustic guitar", returns to Fleece Jazz for a solo performance. Antonio was born in Southern Italy where he started performing in a band with his brother at the age of 13, having taught himself, with the help of the local barber and plenty of practice, to play the guitar. He moved to London in 1983 where he initially busked on the streets of Covent Garden and within two months had won an award which led to a BBCTV appearance and a major European tour. Since then he has collaborated with many artists, touring the world and performing both solo and with other artists in duo, trio or quartet. He has performed and recorded with artists such as Andy Sheppard, Charlie Haden, John McLaughlin, Larry Coryell, Martin Taylor, John Etheridge, Eduardo Niebla and Sarah-Jane Morris amongst others. Antonio is

also a composer; most of the pieces that he performs are his own. His compositions draw on jazz, folk and popular music traditions from Europe, Africa and Latin America, interwoven with classical, flamenco and Indian rhythms.

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

01787 211865

All cheques (with S.A.E. please) to:

Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

Dear Friends,

At the time of writing there is widespread concern as the Corona Virus is spreading all over the world. As I speak, many nations are in lockdown, and our own country is increasing its measures to try and contain the virus. How we personally respond raises deep moral and ethical questions for us that we cannot avoid. Should we stockpile or should we just buy what we need so that there is enough for all those that need it? We are told that the virus has a seven-day incubation period before symptoms present themselves. So, if the worst happens and many people do become sick, as the scientists predict, should we avoid all contact with other people completely or should we continue life as normal as best we can? How do we seek to help those who are most vulnerable? Should we contract the disease, we are being told that we must stay at home for at least 7 days. That's very important, but is going to be mighty difficult for those living on the breadline. These are all difficult issues, and how we respond personally deeply affects our community. How our communities respond will significantly affect how we as a nation will come out the other side. The Church in Box River has put together a contingency plan to ensure that the pastoral care of our communities can continue and that our communities can continue to receive the spiritual sustenance they need, especially at such a challenging time.

Interestingly, as I write this we are also in the middle of Lent. A time of self-reflection and spiritual spring cleaning. At the beginning of April, we will enter the short season of Passiontide: that period of the year when we prepare to walk the path with Jesus towards his passion and death. This is what the first part of Holy Week focusses upon (up until and including Good Friday).

It begins with rejoicing as Jesus enters Jerusalem on Palm Sunday, but because Jesus has tough messages that people don't wish to hear, and which challenge their comfortable lives, they quickly turn on him.

On Maundy Thursday, there is the washing of feet, the Last Supper, the stripping of the Altars (to signify the desolation to come) and finishing with a Watch (where we are invited to come and go as we please, as we meditate and pray silently, just as Jesus asked the disciples to in the garden at Gethsemane).

On Good Friday as we have the Last Hour devotions, the Veneration of the Cross and Final Communion, we stand in the place of the Disciples, desolate at the foot of the Cross as Jesus' presence is removed from the world.

On Easter Day the mood changes significantly to one of surprised joy and wonder. As Jesus is raised, and so shows us that death is not the end, we rejoice that through our journey with Jesus we have begun to see a different reality, one filled with hope and joy. As we move more fully into April we will be in Easter season and rejoicing all the way.

Sometimes people ask why we spend so much time and energy on Holy Week? Why don't we just skip the uncomfortable bits and go straight to Easter Day? Well, Christianity doesn't give us a get out of jail free card. We can't avoid the difficult bits we'd rather not face. For the disciples, Jesus' resurrection would not have been so transformative if they had not first experienced the difficulty, fear, betrayal, pain and anguish of Maundy Thursday and Good Friday. None of this is any less true for us. Holy Week is an essential journey of faith. But it is also a process that is working repeatedly within us all the time. Always, it is making us live and face up to real life as it really is. So how can Holy Week influence the way we engage with crisis (such as that of the Corona Virus)?

Well, we must ensure we operate as safely as possible, following advice and guidelines. But as Christians we also sit in a place of paradox: the death and the resurrection of Christ both working simultaneously within us. We are constantly battling the difficult bits of the world, whilst basking in the joy of something eternally promised. And there are dangers if we get the balance wrong. If we only recognise the joy and ignore all the mess, then we live in a false reality. If you ever want to find Jesus, you'll find him not in comfortable places, but with the homeless, the poor, the persecuted, the most in need. If that is where he is, then that is where we should be also. Conversely, however, if we become so obsessed with the mess that we can't see beyond it, then by contrast we eventually lose the very tools we need to properly engage with it; we lose the joy.

As Christians, we can't ignore the mess (although some try to). We can't get to resurrection without first walking the way of the cross. That's what gives Christian faith 'teeth' and makes it real to our experience of real life. But neither must we forget the joy: the pain of the cross would have little meaning if it weren't for the promise of resurrection that comes through it. In other words; we battle darkness, whilst basking in joy.

I wish you endless Easter Joy this resurrection season,

Fr Rob

“Who Moved the Stone?”, by Frank Morison

The resurrection, that Christians celebrate each year at Easter (this year on 12 April), is central to their faith. Each Sunday, when reciting the Creed, we say: “For our sake [Jesus Christ] suffered death and was buried. On the third day he rose again in accordance with the Scriptures.” But did he? St Paul, writing to the Christians at Corinth in the first century AD, said: “If Christ has not been raised, our preaching is useless and so is your faith... If only for this life we have hope in Christ, we are of all people most to be pitied.” (1 Corinthians 15, verses 14 and 19.) Putting it bluntly, if Jesus Christ was not raised from the dead on that first Easter morning, our faith is useless (or, as the ‘Authorised’ King James Version puts it, ‘vain’.)

The account of the resurrection in John's gospel begins by telling us that “Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb [where Jesus's body had been laid] and saw that the stone had been removed from the entrance.” (John 20.10.) Hence the title of this classic book by Frank Morison, first published in 1930 and reprinted numerous times since.

Chapter 1 is headed, “The book that refused to be written. For some time Frank Morison had planned to write a book about the last seven days of Jesus's life. It would be a book starting from the premise that the story of the resurrection wasn't true and that the historical accounts rested on insecure foundations. But Morison (like your reviewer) was a lawyer, able to be persuaded by the evidence. And, as he studied the evidence, using many sources of information, he became convinced that the gospel accounts were true. Other chapter headings indicate the structure of the book: “The evidence of the principal fisherman”, “The evidence of the prisoner's brother”, “The evidence of the man from Tarsus” and (picking up the title of the book) “The witness of the great stone.”

As Morison writes in the Preface: “It is not that the facts themselves altered for they are recorded imperishably in the monuments and in the pages of human history. But the interpretation to be put on the fact underwent a change. Somehow the perspective shifted – not suddenly, as in a flash of insight or inspiration, but slowly, almost imperceptibly, by the stubbornness of the facts themselves. The book as it was originally planned was left high and dry... The writer discovered one day that not only could he no longer write the book as he had once conceived it, but that he would not if he could.”

Here, in Suffolk, our over 450 mediaeval churches are a witness to Christians who, centuries ago, were themselves convinced of the reality of the resurrection. But, this Easter, read Morison's book and judge for yourself.

Who Moved the Stone? first published in 1930 by Faber & Faber, was re-published in paperback by Authentic Media in 2006, price £7.99 (£7.35 from Amazon).

What is the difference between the words epidemic and pandemic? Steven Poole

An epidemic is a sickness such as influenza, or the plague, that spreads among a population ... so what is a pandemic?

‘Covid-19 is an epidemic in China, but no one knows yet whether it will become endemic.’

Is the coronavirus more scary if it's called a “pandemic” rather than an “epidemic”? And what exactly is the difference?

The “-demic” part comes from “demos”, the Greek for “people” (hence also democracy). An epidemic is something visited “on the people”: a sickness such as influenza, or the plague, that spreads among a population at a particular time. A pandemic, meanwhile, afflicts “all peoples”, and so is what epidemiologists define as “an epidemic occurring worldwide, or over a very wide area, crossing international boundaries and usually affecting a large number of people”. The World Health Organization adds that, in a pandemic proper, “almost simultaneous transmission takes place worldwide”.

Britain's health secretary, Matt Hancock, inspired his usual level of public confidence by saying that the virus would definitely become “endemic” in the UK: a gloomy prognosis, since an “endemic” disease (“within the people”) is one that has taken up permanent residence in a population, such as chickenpox. Or perhaps he was confusing his words, since he also said Covid-19 was already “endemic” in other countries: it's certainly epidemic in China, but no one knows yet whether Covid-19 will become endemic, having been discovered only last December. One hopes this degree of pessimism is not endemic to the government.

• Steven Poole's *A Word for Every Day of the Year* is published by Quercus.

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www.suffolkmedicalclinic.co.uk

THE TRINITY HOUSE STORY - A Talk by Captain Karl Lumbers



Above: Lighthouses and Light vessels around the UK

Little Waldingfield History Society was delighted to welcome Captain Karl Lumbers to the Parish Room, to share this history with our guests, and what a fascinating story it was, far exceeding all of our expectations.

Before beginning his talk, Karl explained that he was one of around 400 Younger Brethren, who comprise a fraternity drawn from various sectors of the maritime community. They contribute to the unique authority of Trinity House, and give assistance and advice on the Corporation's maritime and charitable activities, of which there are many.

Introduction to Trinity House

Karl now gave us some of the headline facts and figures for Trinity House, who maintain:

- Over 60 lighthouses around England, Wales, the Channel Islands and Gibraltar - highly visual aids to navigation which range from isolated offshore towers exposed to the open sea (e.g. Eddystone and Bishop Rock) to shore-based stations in some of the nation's most beautiful locations, such as Lizard, Bardsey, Nash Point and Peninnis - see map below.
- Around 450 buoys, and additionally inspect those maintained by port and harbour authorities, utility companies, and oil/gas rig and wind farm operators.
- Safety at sea via their Notices to Mariners, which provide essential, up to date information and advice to those navigating within their area of jurisdiction - Trinity House's primary function.

Trinity House also provide:

- Wreck marking - they have a statutory responsibility to mark and, if necessary, quickly remove wrecks which are a danger to navigation.
- A satellite-based navigation system in conjunction with the two General Lighthouse Authorities, one for Scotland and one for All Ireland, who together cover all of the seas around our islands.
- The PANAR (Providers Aids to Navigation Availability Reporting) database - an online database administered by Trinity House to assist Harbour and Other Local Lighthouse Authorities to fulfil their responsibility to maintain records of aids to navigation.
- Deep sea pilots for expert navigation for ships trading in northern European waters.



To enable Trinity House to fulfil their responsibilities, they have three purpose-built Trinity House Vessels (THVs) designed to carry out the important work of maintaining their range of aids to navigation, including lighthouses and buoys; the main operational base is at Harwich, where there is also a buoy yard, with also a smaller base in Swansea.

- THV Galatea A state of the art vessel with many additional features, including DPAA dynamic positioning, a range of high specification survey equipment, a 30 tonne lift crane, a 1.2m² moon pool, a large working deck with capability to lock containers on deck with plug in 230v or 400v power supply, a helicopter-landing pad and a high-speed workboat.
- THV Patricia A Multi-Functional Tender which operates around the coast of England, Wales and the Channel Islands, undertaking aid to navigation maintenance work, towing, wreck location and marking. With a 20 tonne main crane capacity, 28 tonne bollard pull and towing winch, she is also survey capable; she also has accommodation for an additional 20 people and benefits from a helicopter-landing pad.
- THV Alert A Rapid Intervention Vessel (RIV) designed with buoy handling, wreck marking, towing, multibeam and side scan hydrographic surveying capability. With DP1, high specification survey equipment and a maximum speed of 17 knots, Alert is deployed primarily to cover the South East Coast where she can respond rapidly to any maritime incident. We were told that Trinity House has four locations around the country, comprising:
 - A central London office and venue, for fund raising, overlooking the Tower of London;
 - Offices and Depot in Harwich, from which their commercial services are run and where TH maintains its buoy yard;
 - A west coast out-station in Swansea; and
 - A south coast out-station at St Just, Lands' End.

Much of the day to day work is the maintenance of their around 450 buoys and the ongoing inspection of those maintained by port and harbour authorities, as noted above; amazingly around 10,000 buoys are inspected each year.

Their own buoys are moored to the sea bed with a cast iron sinker, with weights varying between 1 and 8 tonnes. The weight of the sinker and length of chain used to moor the buoy depend on several factors, including the type of buoy, depth of water, strength of tide and the exposure of the buoy. Most TH buoys have two mooring eyes to which shackles are attached to two pieces of chain to form a bridle; this runs down to a swivel to allow the buoy to rotate, preventing the bridle from twisting and dragging the buoy under water.

Buoys are essential to providing mariners with visual orientation and spatial awareness, and also provide hazard, channel and waypoint marking. In addition, equipment can be added to buoys to provide additional services such as the transmission of AIS (Automatic Identification System), meteorological and hydrological data. Tall H buoys are overhauled on land every six years.

It seems there are quite a range of buoys for different purposes, including:

- Lateral Marks: used to mark the sides of well-defined navigable channels.
- Cardinal Marks: used in conjunction with a compass to indicate the direction in which the deepest navigable water lies, drawing attention to a bend, junction or fork in a channel.
- General Direction of Buoyage; important because other countries such as the US have a different general direction of buoyage.
- Isolated Danger Marks: used to mark small, isolated dangers with navigable water around the buoy, typically to mark hazards such as an underwater shoal or rock.
- Safe Water Marks: used to indicate the presence of safe, navigable water all around the buoy.
- Emergency Wreck Buoys: used to provide a clear and unambiguous means of marking new wrecks, as a temporary response typically for the first 24 - 72 hours after wreck identification.
- Special marks: used to indicate a special area or feature, the nature of which is determined by reference to a chart or Notice to Mariners. Special Marks are also used in the marking of cables and pipelines, including outfall pipes and recreation zones.

Karl then told us some of the history of marine pilotage in the UK, which seems to have begun around 1215, although this took quite a while to take off. In 1513 this group of mariners became concerned with pilotage on the Thames - there were no charts until 1584 and many pilots were not English, some being French, Dutch or Scottish (with whom the English were at war) so they petitioned the King. Henry VIII granted a charter on 20 May 1514 to the already existing Trinity House, "to ensure the safe regulation of shipping on the Thames and to provide for aged mariners".

Refer also to a more detailed later section concerning pilots and pilotage.

Today Trinity House is a charity dedicated to safeguarding shipping and seafarers, providing education, support and welfare to the seafaring community, with a statutory duty as a General Lighthouse Authority to deliver a reliable, efficient and cost-effective aids to navigation for the benefit and safety of all mariners.

Trinity House Duty of Care to Mariners

As part of the duty of care to aged mariners, TH now owns and manages 18 almshouses in Walmer, Kent, comprising 18 one and two bedroom bungalows for mariners of more than 15 year's service, or their widows /spinster daughters. Such charitable acts predate the formal incorporation of TH as they were a benevolent fraternity with a self-appointed duty to care for distressed mariners and their widows or dependants. That fraternity, which today would be call a charity, was based at Deptford, with a great hall and 21 almshouses to its name. Almshouses in time became a major part of their charitable works, although today the Trinity House Maritime Charity - see more details below -extends to many other diverse projects and causes.

For a long time, this provision of homes was a concentrated effort by the Master, Wardens and Assistants (commonly 'the Elder Brethren') of Trinity House, and since incorporation TH has bought, inherited, built and maintained many properties and lands for benevolent purposes, the more important of which were as follows:

- Deptford 'Lower Ground'

In possession of the Guild before incorporation, the hall and almshouses were built in the C15th for "decayed Masters of Ships and their Widows", on a triangular plot of land in the Stowage at Deptford, not far from the river. The original almshouses and great hall were demolished and rebuilt in 1660, though by 1788 had become ruinous and were taken down and again rebuilt on the same site. Residents were removed from these houses around 1863 and the premises were let. Many coloured glass panes from the hall with merchants' marks today survive as the only record of the early Masters and Wardens of the Corporation, and now adorn the windows in the library at Trinity House - see picture further below.

- Deptford 'Upper Ground'

The ground on which 38 almshouses were erected circa 1671, on three sides of a one acre quadrangle. Captain Richard Maples left the Corporation £1,300 (around £150,000 today) with which a hall and 18 additional almshouses were built, completing the quadrangle. The almshouses stood until 1866 when they slowly fell into disrepair, so residents were gradually vacated and the site let out in 1875.

- Mile End

In 1695 28 almshouses and a chapel were built to accommodate the growing 'brotherhood' of mariners. The original 28 dwelling houses ran down each side of a quadrangle, with a chapel at one end. The interior of the chapel contained the painted glass panes which survive alongside the Deptford panes in the Trinity House library. Counting the almshouses at Deptford and those at Mile End together, the Corporation possessed 93 in the year 1730, 111 in 1770 and 144 in 1815. By 1893, however, the almshouses at Deptford had been pulled down and a system of pensions established in their place.

- Newington Estate (Now Trinity Village)

Christopher Merrick, a Merchant of London, conveyed this estate to the Corporation for £1,694 "to the intent... that the Rents and Profits should... for ever thereafter be laid out paid... bestowed and expended... for relieving comforting easing and maintaining of the poor aged sick maimed weak and decayed Seamen and Mariners of this Kingdom their wives children and widows where most need was or should be conceived in the judgment...of the... said Brotherhood." Located a short walk from London Bridge, the Newington Estate was renamed Trinity Village in 2008, and the income derived from its 400 households is a major contribution to the charity's fund.

- Lincolnshire Estate

This land came to the Corporation under the will of Captain Robert Sandes in 1720, with a trust for poor seamen, their widows and orphans. The estate now totals 565 acres of farms and outlying pastures.

- Changes to the Charity's Giving Powers

As the C19th saw the expanding merchant marine send greater numbers of men to sea, the need for welfare, almshouses and pensions for decayed seamen and their widows rose, and by 1845 there were 8,766 pensioners under the care of Trinity House. However, the 1853 legislation to regulate the Corporation's accounts had a significant impact on the charity's giving powers - in 1852 pension outgoings were £36,000 (today close to £3 million), but by 1855 this had reduced to £9,000.

- Walmer Homes

In 1958 the Corporation built the Walmer Homes almshouses in Kent, to replace the war-damaged homes at Mile End, which had become largely industrialised, so the Elder Brethren decided upon a site more suitable for elderly retired people than central London.

Trinity House Pilotage

For much of the C20th the authority, responsibilities and conduct of pilots and committees was governed by the 1913 Pilotage Act. The vital role played by pilots was most apparent during the First and Second World Wars. During the latter, as traffic in the port of London increased as Operation 'Overlord' approached, TH pilots were responsible for piloting all commercial vessels and many of the service vessels engaged in such operations - in the month following D-Day nearly 3,000 ships were handled by 88 river pilots and nearly 2,000 vessels by 115 sea pilots, working day and night without relief.



Above: The Current Eddystone lighthouse with the stump of Smeatons tower

Our next events will be at 7.30 in The Parish Room on:

15th April: Can anyone keep a secret? by Lynette Burgess

The history of Bawdsey Radar and its role in WWII. At the very heart of scientific breakthrough and innovation, an isolated and secretive Suffolk spot was and remains a unique place of world importance. Hear about the unequivocal home of radar.

This event will be great, and we very much look forward to welcoming guests both new and old to the Parish Room in Little Waldingfield.

Andy Sheppard

COURT KNOLL LODGE

Did you know Boxford has a lodge?

Court Knoll Lodge was founded in 1992 and meets seven times a year at Boxford Village Hall in Suffolk. These meetings take place on the third Tuesday in March, April, May and September, October and November. The December meeting is held on the second Tuesday in the month. There is a ceremonial part to our meetings, followed by a meal. Usually, the meetings start around 1800 hours and finish by 2200 hours.

The Lodge currently has 40 members of various ages, many of whom actively attend and a number from the village and surrounding areas. There is no common theme to their backgrounds, save for the fact that they joined as a result of a recommendation from an existing member(s).

Occasionally, the Lodge organises social events for members, partners and guests. Court Knoll Lodge is the appointed leader in Suffolk of the Fishing Association, which organises an introduction to fly & course fishing, particularly for youngsters with learning or physical restrictions. More details of this can be found at <https://mtsfc.org.uk/>. Each year we also collect and donate significant sums to local causes. Many causes in the village of Boxford and surrounding areas have been supported over the years including the School nursery, Village hall, woodland seating and local people that needed help and support. If you know of a group that needs help or support in this area please do let us know and we give every case equal consideration.

We welcome all, our ideal member should have a good sense of humour and enjoy life. No member is looked down on; all are encouraged to succeed.

We acknowledge that each member has different amounts of time that they can make available to Freemasonry and try our best to ensure that all members who show commitment are warmly welcomed at all times.

Our unofficial motto is 'Fun, Friendship & Fellowship'.

If you would like to know more about The Court Knoll Lodge in Boxford or would just like to know more about the work we do, please contact: Robert Clubb on 07818 445501

I'll tell yew sarfin' now, but ut man't goo na fudder

Growing up in Lindsey, Suffolk in the 1920s by Harry Buckledee Part 3

3. FOOD AND DRINK

The main reason no one went hungry despite the low wages was that all the men in Lindsey grew their own vegetables. Most cottages had a vegetable garden and farmers were good about making a bit of land available for allotments, so we were practically self-sufficient in vegetables.

Potatoes were the most important crop because you can grow enough to keep a family going for a whole year if you know how to store them. We used to make what we called a potato clamp. That was a big heap of potatoes on the ground, covered by an eight- or nine-inch layer of straw – in effect, a thatch – to protect against frost, then covered with earth. You might think the slugs would eat half of them but there didn't seem to be as many about in those days. Rats were a bit of a problem but we set traps for them. The technique worked. In fact farmers used exactly the same system to store the mangels they grew for their cattle. All populations need a reliable supply of cheap, filling food – whether it's pasta in Italy or rice in other societies – and thanks to our potato clamps we always had “taters” available.

Carrots could be stored in the same way as potatoes but onions needed to be hung up in bunches in a shed or somewhere dry. Frost doesn't do a lot of harm to parsnips, so they were left in the ground. Runner beans could be preserved in salt water, while beetroot and small onions were pickled in vinegar. Broad beans and peas could be dried, and when it was time to use them they had to be soaked overnight. They were lovely in a stew. We grew basic stuff, nothing fancy. Although I was keen on gardening from a very early age, I didn't know what asparagus was till after I'd left Lindsey. People tended not to grow lettuces, tomatoes or other salad stuff because they're not things you can preserve. As regards fruit, we had whatever was in season but it was rare to have imported fruit like bananas. We always had oranges as a treat at Christmas; I remember they were individually wrapped in tissue paper, which was later useful in the outside toilet. Tom Piper from Kersey used to buy stuff at Ipswich market, then go around the villages with a sack over his shoulder selling more exotic things that we couldn't grow ourselves. I distinctly remember buying a single orange from him for 1d.

Marrows were a very important crop. The farmers used to leave a muck heap in a field till it was time to spread the manure over the land, and the men knew that this was the the perfect place to grow marrows. The method was to make a hole in the manure, put soil in it and plant the seed. Manure generates heat, and

this warmth assisted germination and growth and also protected the young plant from late frosts. The farmers never minded people doing this, just as they didn't worry if their workers occasionally helped themselves to one of the turnips or swedes intended to feed the cattle. The marrows were picked when they were still green, then hung up in the dry to ripen. Marrow pies, often cooked with ginger, were delicious. The women also made marrow and ginger jam. In fact they were very clever at making pickles, chutneys and jams to keep us in food for months ahead. Brussels sprouts and some varieties of cabbage are harvested in winter, but in the cold months we mostly relied on vegetables that had been conserved in some way.

There was no crop spraying in those days, so people had no qualms about eating anything that grew wild, such as mushrooms, water cress or blackberries. I know that the French and the Italians eat snails to this today, but they were not part of our diet in Lindsey. A lot of families also kept a few hens, so they had eggs as well.

Like most children in Lindsey my breakfast was Quaker Oats (no one ever talked about porridge). I had this with milk and brown sugar. My grandparents kept a goat that supplied us with milk for several months of the year but it sometimes had to be supplemented with cows' milk from Lindsey Lodge Farm about a quarter of a mile from our house. It was usually my job to go and fetch the milk in the morning before I caught the bus to Kersey school.

For things like flour, sugar, margarine (butter was too expensive) and tinned food we had a Co-op van come round on Tuesdays and Fridays. The housewives liked to buy from the Co-op because of the “divi”, the accumulated dividend that you could save up for when you had to buy clothes or other expensive items. The Co-op didn't have a good reputation for bread, so some women baked their own and we also had two bakers come round with ponies and carts, Bill Richardson from Edwardstone and Harold Budd from Hadleigh.

The Co-op had a separate butcher's van that came round once a week but again we had alternative suppliers. Arnold Goymour from Kersey came once a week in his van. He only sold pork meat because he didn't have the facilities to slaughter bigger animals. He had a good reputation for cleanliness and the sausages he made were lovely. There was also George Drage who came from Monks Eleigh in his Jowett van, and he sold all kinds of meat. In those days women wanted meat that had plenty of fat on it because dripping was needed for cooking and was also spread on toast instead of margarine. No one thought that animal fat was unhealthy in those days, and I don't suppose it did us any harm because we all got so much exercise.

We could also get some meat that cost nothing at all. Myxomatosis didn't reach Britain till the 1950s, so when I was a child rabbit pie was something we ate quite frequently, and I loved it. The farm workers often carried a snare in their pocket and if they happened to be working in a field where there were rabbits they didn't miss the opportunity to get a tasty meal. Some men in the village owned a gun and they shot wood pigeons, which are a real pest because they can make a right mess of a crop of greens. Pigeon breast is very nice, though there's so little meat on the legs and wings that they're not worth bothering about. Skinning rabbits and plucking pigeons, then cleaning them out, was a job that some housewives did themselves but others delegated to their husbands.

We had two suppliers of fish. The first was Harold Goodchild from Monks Eleigh who sold both fresh and smoked fish. Sometimes he had cooked fish in batter that had been left unsold at the fish and chip shop in Hadleigh. The second, Boxford Joe (I never heard him called anything but that) was probably a Londoner, and he was quite a character. He used to go up the hills out of Boxford pushing a London barrow loaded up not just with fish but also fruit and vegetables and big jars of sweets. He worked all year round, with a hurricane lamp on dark winter evenings. He came to Lindsey on Saturday evenings and went as far as the White Rose and no further. If he wanted to go into the pub for a pint he didn't have to worry about leaving his barrow outside because he knew no one would touch anything. He was a funny old boy: I remember once my grandmother asked him for “three penn'orth of cherries”, and when Boxford Joe handed her the bag of fruit he said “That'll be fourpence.” There was no healthy-and-safety business in those days. I remember going to Joe with an old penny to buy pear drops or something similar, and after he'd been handling wet fish he just put his hand in the jar of sweets. But everyone selling food was like that. There was no plastic, so paper bags were used and most shopkeepers would open them fully by blowing into them before filling them with whatever you were buying. But I suppose the lack of hygiene helped us develop the antibodies to fight off infections and such like. There's an old Suffolk saying – “you've gotta eat a peck o' dut (i.e. dirt) afore you die” – and there might well be something in that. That said, I'm glad the staff in Waitrose today don't blow into our shopping bags.

With all these deliveries of food, women could go weeks without needing to go shopping in Hadleigh, the nearest town. In some villages, though not in Lindsey while I was there, some people also ran little shops from their homes. There were no regulations to stop them.

A lot of people had pet dogs and cats, partly for company but also to keep down vermin. Our animals had to hunt and be fairly self-sufficient because pet food didn't exist, so all they got from us

were the scraps from our own meals. Occasionally, they would have a real feast of offal if a man was gutting a rabbit, or maybe fish heads if a housewife had bought some sprats, but they had to find their own food as well. It was still the same in the 1950s. When I went to work as pigman on Tev Partridge's farm in Kersey, I used to take my little dog, Tippy, to the farm with me so she could hunt rats in the barn. One job I had to do from time to time was castrate piglets and I used to throw the testicles to Tippy, who gobbled them down in a second and immediately looked for more. When we all started to get our first black-and-white TV sets in the 1960s, we saw Clement Freud with his dog, Henry, advertising Chunky meat, so I suppose that was when pet food arrived and we all started spoiling our animals. In the days before catflaps we put our cats out at night. At Tev Partridge's farm I used to look after the house cow as well as the pigs, and I could have milk for my own family. In the evening I used to prepare a milk sop for our cats when it was time for them to go out. All went well till a hedgehog discovered what was going on and started arriving punctually at the cats' dinner time and helped itself to their food. There was nothing the poor cats could do but look on, but if looks could kill...

Meals and meal times were organised around the working day men had. Most of the men worked on nearby farms and started at seven in the morning. They would take breakfast for later on in the morning, inevitably a bottle of tea and perhaps bread and cold meat. At one o'clock they knocked off for what we call lunch today but to us was dinner, the main meal of the day and always something hot. After work we had tea, a lighter meal and usually not cooked, and if anyone wanted something later on they might have a bit of bread and cheese for supper, especially in summer when people didn't go to bed quite so early. The men only had an hour to go home for dinner, eat their meal and walk back to the farm, so their wives made sure their food was ready for them the moment they walked through the door. This was the typical routine but things were different if a man worked on a farm further away and didn't have time to go home for dinner even using the footpaths that provided useful shortcuts. Then he had his hot meal in the evening and took something cold to eat at dinner time. This might be a good chunk of bread with the centre hollowed out, then filled with marge, cheese and onion. To drink he would take either homebrewed beer or cold tea. My grandmother was a wonderful organiser: for her husband, her children and me the routine was as I've described above but her uncle Frank worked further away, so she had to have a hot meal ready for him in the evening.

In our house Sunday dinner was special. We would have a joint of beef, pork or lamb with Yorkshire pudding, boiled or roast potatoes, either cabbage or cauliflower, sometimes another vegetable of the season and lots of thick gravy. We then had gravy and dripping for the rest of the week. On the other days – and Saturday was a normal working day – dinner was often suet pudding with gravy, which was really filling, so men didn't want anything else even after a hard morning's work on the land. Instead of suet pudding my grandmother sometimes made onion pudding, which was prepared and cooked in the same way though sometimes with a piece of fat pork to add flavour. Another typical and very filling meal was soup and dumplings. Then tea was often bread and homemade jam. "Roobub" (rhubarb) jam was one of my favourites.

We drank a lot of tea but the only coffee we knew about was bottled Camp coffee, which isn't to everybody's taste. Our home brewed beer was important, especially in summer. As I mentioned earlier, it wasn't very strong, so no one was likely to get drunk on it. The brewing process was a way of making pond water safe to drink.

The wine that some of the women made was a different matter entirely because you wouldn't have needed much of it to start feeling a bit merry. It was generally something you liked to have in the house so you could offer people something to drink when they called round. Most gardens had an elder plant, so elderberry wine was very popular, but I remember people making wine from sloes, rhubarb and even wheat.

There were two pubs in the village – the Red Rose and the White Rose – but men with a family to support couldn't afford to drink in the pub too often. When they went to the pub they didn't buy one another drinks; instead they might pass their pint to someone who came in and say, "Hev a wet." If it was warm weather and a group of men were drinking outside the pub, I'd hang around and listen to them having a jaw, or a *jeow* as people said in those days. Sometimes someone would offer his glass to me and say, "Hev a wet, boy." And if I took too big a swig, it would be, "Gi'ss that back. You gotta watch that little bugger, he'll drink the bloomin' lot."

On Sunday mornings the men liked to meet in the pub soon after it opened at eleven o'clock but they knew they couldn't stay too long. Wives who had gone to a lot of trouble to cook a nice Sunday dinner expected their men to be home sharp on one o'clock.



Above: Harry's mother, Harriet Elizabeth (Liz) Buckledee, aged twelve.



Sing your winter blues away!

We sing anything from Madrigals and Folk Songs to Modern Songs.

From Thomas Morley to Caro Emerald and Bruno Mars.

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traditional country freehouse with 3 real ales
pool table - open fire - beer garden & patio - play area

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WE NOW SERVE HOMEMADE PIZZAS
EVERY SATURDAY EVENING 6 - 9PM
AVAILABLE TO EAT IN OR TAKEAWAY

BURGER WEDNESDAYS (6 - 9PM)

A pint of your choice plus a choice of homemade burger
with all the trimmings for just £9

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TUESDAY, WEDNESDAY, THURSDAY 12 - 3PM & 5 - 11PM

FRIDAY & SATURDAY 12 - 11PM

SUNDAY 12 - 10PM

CLOSED ALL DAY MONDAY

FOOD IS AVAILABLE

WEDNESDAY - SATURDAY 12 - 2PM & 6 - 9PM

SUNDAY 12 - 3PM



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11.00am to 16.00pm

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Start your day with a leisurely brunch in our fabulous gallery.



Enjoy a Bottomless
Brunch with our
Drinks Package*



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& every Saturday thereafter, £24 adults, £13.25 child

Indulge in an unlimited buffet brunch, serving a selection
of hot and cold dishes.

Watch Chef as he prepares your
Eggs Benedict, Eggs Royale, or Eggs Florentine.

Please see the website for our full brunch menu.

*£15 supplement per person for 90 minutes on selected lines.

To book a table, please call 01206 265835 or book online at www.stokebynayland.com/dining.

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NEWS FROM CLUBS AND ORGANISATIONS

3PR Stats for February 2020

In February 2019 Boxford First Responders covered 261 hours (38%) and attended 11 incidents.

Many thanks to our amazing volunteers who give up their precious time to help our community. We are in urgent need of more responders so that we can provide better coverage for the people of the local villages. If you are interested in joining, or have any questions about responding at all, please call the group's co-ordinator, Rich Wild, on 01787 210 946.

DAKING AVENUE RESURFACING

Dear all,

For your information, we are planning to carry out daytime road resurfacing works on Daking Avenue, Boxford in the period between the 1st and 6th April 2020 (no weekend working). The works are expected to take around 2 days to complete. This will require a temporary road closure so that we can carry out our works safely. Traffic cones may also be placed to prevent on-street parking so our work site is unobstructed.

As we plan roadworks in advance, we schedule extra days to allow for bad weather or other delays beyond our control. If we need to make major changes to our work dates, we will update the information signs on site.

A plan showing the diversion route for these works was sent to all households. When we close the road and put a diversion in place, the route needs to be accessible to vehicles of all shapes and sizes. We make our diversions as clear as possible by placing appropriate signing along the route. More information about diversion routes can be found on our "Temporary road closures for Suffolk Highways roadworks" webpage.

There may be times that essential emergency works are required to take place on the highway network without advanced notice – you can follow Suffolk Highways on Twitter for the latest emergency roadwork updates - Twitter.

Please could you use any contacts within your division or parish to circulate this notification. If you have access to a website, it would be appreciated if you could publish these details online, including the above link to our temporary road works page.

Please contact us on 0345 606 6171 if you have any questions.

Best Regards

Suffolk Highways www.suffolk.gov.uk/highways

Hadleigh & Boxford Patient Participation Group

Reaching out to the vulnerable people in the community who are self-isolating or cautious about going outside.

Good hand hygiene and good respiratory hygiene is the message of the day. But how do we respond, beyond the Government guidelines, within our communities?

Here are some suggestions:

- Look out for neighbours who might need to self-isolate. Could you offer help to ensure that they get the supplies that they need?
- Look out for elderly and vulnerable members of the community in particular. Do they know where to turn, in the event that they need support?
- Could you create a buddy system keeping in contact with each other by phone?
- Look out for those fearful of coming out of their homes. Could you offer to ring for a chat?
- Look out for those you know working in health and social care and who will come under increased pressure.
- Most importantly, look after yourself and follow the official advice given on www.gov.uk and www.nhs.uk

For information about the PPG, visit: <https://www.hadleighhealth.co.uk/patient-participation-group>

COMMUNITY HUB

BOXFORD EDWARDSTONE GROTON

We are encouraging everyone to check on neighbours, family and friends, that if they are self-isolating or worried about going out, they have enough supplies, medication etc. If you are unable to help them, please contact us and we will find someone to help.

If you are able to help and are willing to be put on our contact list, please text, phone or email with your name, contact number and, if possible, the road you live in.

If you know of anyone in need, please text or phone this number.

07395 914959

This is a dedicated phone line.

We are compiling a list of people willing to help and the area they are closest to. Please pass this on to whoever you can so we make sure no-one is forgotten about. I attach a poster.

We also have some funds available to help if people are unable to get cash for purchases.

Edwardstone Parish Council & Boxford 3pr
invite you to join us for
Defibrillator and CPR Training



Thursday 26th March 7.30pm – 9.00pm

Thursday 7th April 7.30pm – 9.00pm

The Worksop

POSTPONED

Come and learn
essential life skills

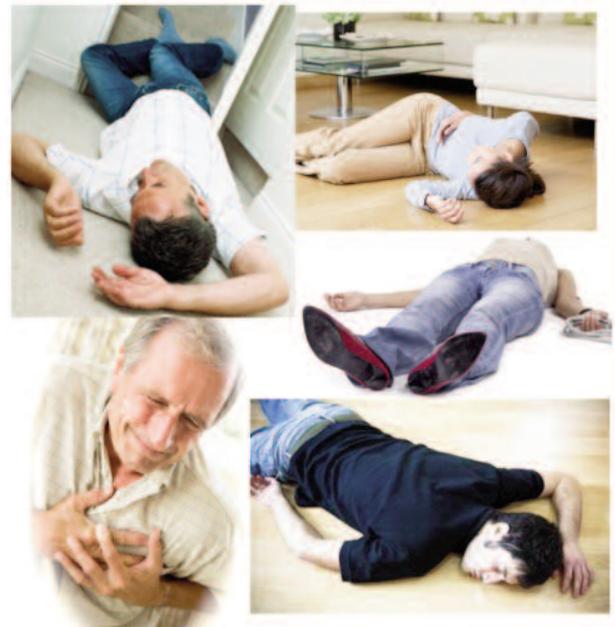
Admission Free

All Welcome

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**IF YOU CAME ACROSS ONE OF THESE
WOULD YOU KNOW WHAT TO DO?**



**CALL NOW AND ASK ABOUT
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YOU COULD BE THE DIFFERENCE**



01787 210946



Wot's On

Boxford Society Talk and AGM

'Wattle Be the Future for Daub' is the title of a talk by Sarah Partridge from Orchard Barn, an expert on the restoration of mediaeval buildings, to be held at the Village Hall on Friday 17th April at 7.30pm. Sarah led the restoration team on the house in Stone Street that was severely damaged by a delivery van last year and her new project is restoring a Suffolk Long House. It promises to be an interesting and enjoyable evening.

After the talk, there will be a short AGM for Society members. Everyone is welcome – we do ask Visitors to pay £2 entrance fee but are sure you will find this good value for money! Visitors do not need to stay for the AGM

Little Waldingfield Parish Room

Quiz Night

Saturday April 4th at 7.30 Prompt

£10 to include two course meal
& pre dinner nibbles

Raffle

Max 5 persons per team

Tickets : Sue Bowen (01787) 249473

sd.bowen@btopenworld.com

Please bring your own drinks



Arts and Crafts Exhibition
4th April 10.00am till 3.00PM

in

Newton Village Hall

Refreshments available

Some of the Arts and Crafts work
will be for sale



KNIT and KNATTER !

SEW AND CHATTER!

at Mary's House

MONDAY 6th APRIL

2.00pm

**COME WITH YOUR SEWING OR KNITTING
PROJECTS AND SHARE WITH FELLOW
ENTHUSIASTS!**

Pauline 210360 and Sue 211349



**A DATE TO REMEMBER
Sunday August 23rd 2020**

A vintage and classic car rally will be held at Groton Croft in conjunction with the Suffolk Vehicle Enthusiasts Club.

Anyone who has such a vehicle is welcome to display their pride and joy.

A celebration of 25 years of the ownership by the village of Groton Croft

Should you be interested please contact:

Gerald Becker 07718 911 482

Bob Bowdidge 01787 211330

Lisa Hockley Email:Grotoncroft.1@gmail.com

Wot's On

Stoke-by-Nayland WEA

Stoke-by-Nayland WEA is holding its AGM on Thursday 2nd April 2020 in Stoke-by-Nayland Village Hall at 7.30 pm. This will be followed by a presentation entitled

Undiplomatic Episodes by Martin Berthoud

As told in his book of the same title 'Undiplomatic Episodes' is the story of adventure that is unlike any existing stories of diplomats. Following excitements during his school, university and Army days, Martin Berthoud embarked on a life as a diplomat, travelling all over the world to exotic locations. such as Ulan Bator in Outer Mongolia, as well as the Philippines, Iran, South Africa, Finland, Australia and Trinidad and Tobago During this time Martin experienced moments of severe danger – he was working in former Yugoslavia when Serbian bombs were falling, he was charged by a rhino in Africa and fell down a mountain precipice in Venezuela, as well as escaping the snakes of Australia and the tarantulas of Tobago. But there was serious diplomatic work to be done too, which culminated in him being knighted by Her Majesty the Queen. Martin will be exploring the importance of his career and reflects on the rich variety of experiences that his role afforded him and the beautiful countries and cultures he immersed himself in as a result.

Following national service as an officer in the Bedford and Hertfordshire Regiment, Martin joined the Diplomatic Service, eventually becoming British High Commissioner in Trinidad and Tobago. Martin was knighted on the Royal Yacht in 1985 and was the director of the Wates Foundation until 2000 before retiring.

Bygones and Collectors Exhibition

Bulmer Village Hall, Church Road, Bulmer

Sunday 24th May. 10am - 4pm

Light refreshments available

For more information please contact Alan Dixey on 01787 312915

Coffee Morning

A Coffee morning in aid of St Nicholas Hospice is to be held on Saturday 28th March at Little Waldingfield Parish Rooms, 10am-12 noon.

MELFORD MUSIC
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JUNE to AUGUST 2020

1.10pm on Wednesdays

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in a
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LONG MELFORD

AGM AND TALK

Stoke-by-Nayland Village Hall
Thursday 2nd April 2020 7.30 pm



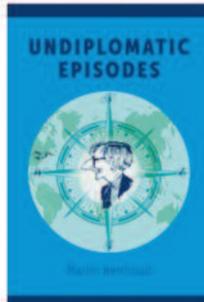
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All past, present and future members welcome to this
free lecture

Next event - Summer Day School
Saturday 11th July 2020

'Lackford Lakes and the Suffolk Wildlife Trust'

WEA is a company limited by guarantee registered in England number 2805910 and a registered charity number 1112775

GROTON VILLAGE HALL MANAGEMENT COMMITTEE
PRESENTS



QUIZ AND
CURRY
POSTPONED
SUNDAY

At
Groton Village Hall

On Friday 24th April 2020 7.00 for 7.45 Start

£12.00 per head (entry plus choice of curry & dessert)

Tennis of four

B.Y.O. Bar

Raffle

Please contact: 210619 or 211360 to book your place



UPCOMING

Events



@ THE EDWARDSTONE WHITE HORSE

REGULAR MONTHLY EVENTS

LIVE JAM SESSIONS

2ND WEDNESDAY = ACOUSTIC JAM
& 4TH WEDNESDAY = ELECTRIC JAM

"TAPPY MONDAYS"

MONDAYS FROM 4PM
10% OFF ALL DRAUGHT BEERS & CIDERS

"SHEAR & BEER"

EVERY 2ND WEDNESDAY OF THE MONTH 6-8PM
HAIRCUT & A PINT FOR £10 WITH ALFIE THE BARBER

****Spring menu now available****

ST. GEORGE'S QUIZ + 'TOAD-IN-THE-HOLE' SATURDAY 25TH APRIL 7:30PM

MAY

BANK HOLIDAY B-B-Q

FRIDAY 8TH 6-8PM &
MONDAY 25TH 12-4PM

QUIZ & CURRY SAT 30TH

7.30PM TABLE BOOKINGS

"STORY-TELLING AFTERNOON"

SUNDAY 31ST 4-6PM

JUNE



QUIZ & CURRY SAT 27TH

7.30PM TABLE BOOKINGS

HOURS OF OPERATION

DRINKS

MONDAY & TUESDAY: 4PM-10.30PM
WEDNESDAY & THURSDAY: 12PM-10.30PM
FRIDAY & SATURDAY: 12PM-11PM
SUNDAY: 12PM - 10PM

KITCHEN

MONDAY: CLOSED
TUESDAY: 6PM-9PM
WEDNESDAY-SATURDAY: 12-2.30PM & 6PM-9PM
SUNDAY: 12-4PM (ROASTS AVAILABLE)

CONTACT MIKE & JANE

01787 211 211

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A NIGHT AT THE RACES
WITH A DIFFERENCE!

BOXFORD VILLAGE HALL
SATURDAY 4TH APRIL
STARTS 7:30pm

TICKETS £7.50
includes prizes, light buffet & licensed bar

To book your tickets phone Mark on 01787 211596
or email mark.miller@talktalk.net

This event is being run to raise funds towards the
Boxford VE75 Street Party to be held in Broad Street on 8th May
www.boxford.me.uk registered charity number: 304862



*Good Friday
Workshop*

Friday 10th April

10.30 - 12pm

St Mary's Church Boxford

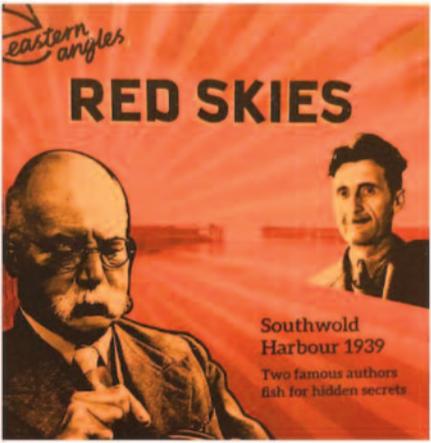
Join us for a morning of fun activities.

We will be decorating biscuits, making an edible Easter Garden and enjoying lots of other crafts.

Tea, coffee and Hot Cross buns available

Eastern Angles Theatre Company presents

'Red Skies' by Ivan Cutting



Monks Eleigh Village Hall
Tuesday May 26th 7.30pm

Tickets £13
Available from Patti Derry
07767763387 /patriaderry13@yahoo.com
Or on sale in Monks Eleigh Village Community Shop



MILDEN SINGERS
OLD TIME MUSIC HALL
CONCERTS

Friday 1st May from 7pm for 7.30pm
Sat 2nd May from 1.30pm for 2pm

The Milden Singers will be taking us back to the 1940's to commemorate VE DAY 75

Be prepared to sing along to Music Hall classics, enjoy War Time favourites and have your 'Union Jacks' ready for the rousing finale of Land of Hope and Glory

Both performances with licensed bar, buffet and charity raffle.

Tickets are £7 in aid of Milden Pavilion available from Pearl on 01449 741876

Wot's On

Little Waldingfield History Society

15th April Lynette Burgess Can anyone keep a secret? The history of Bawdsey Radar and its role in WWII. At the very heart of scientific breakthrough and innovation, an isolated and secretive Suffolk spot was and remains a unique place of world importance. Hear about the unequivocal home of radar.

20th May Dr Nick Amor The Suffolk Mediaeval Cloth Industry

From Wool to Cloth: The Triumph of the Suffolk Clothier

17th June Miriam Stead Tea for the British - With a Little Twist of Suffolk
Growing, exporting, handling and distributing tea was a large industry in the 18th and 19th centuries when it became our national drink. Before then prohibitive tax (120%) meant only the rich could enjoy it, hence the prevalence of locking tea caddies.

16th September Revd Charles Muggleston St Felix and the Universal Quest for Happiness

Jokes, quotes and stories to explore, experience and enjoy.

14th October JD Davies Britannia's Dragon: A Naval History of Wales

Did you know that proportionately more Welshmen fought at Trafalgar than Scots, Irishmen or even Englishmen? No, then come and hear about Welsh naval history.

The Mildens Singers -

Old Time Musical & VE Celebrations

Fri 1st May 7.30pm & Sat 2nd May 2pm

To coincide with National VE Celebrations The Mildens Singers will be going back to the 1940's with Music Hall Sing-a-longs for you to enjoy and join in with. Tickets are £7 available from Pearl 01449 741876 both performances to include buffet with licenced bar and charity raffle. At and in aid of Mildens Pavilion, Registered Charity No 304919



BOXFORD SOCIETY

'Wattle Be the Future for Daub'

Come and hear Sarah Partridge from Orchard Barn, an expert in mediaeval restoration, talk about her recent work on a house in Stone Street and her new project restoring a Suffolk Long House.

7.30pm on Friday 17thth April 2020 in the Village Hall

The talk will be followed by a short AGM



All welcome. Visitors are asked to pay £2.00.

BOXFORD
GARDENING SOCIETY

DAVID COOP

Bees & Flowers

...a perfect partnership



Tuesday 7th April 7.30pm
at Boxford Village Hall

Paint with Luana at "The Boxford Pavilion"

Wednesday 29th April - 7pm - 9pm

Join us for a fun evening event

Learn how to paint this lovely painting "Spring beauty"
and discover your inner artist



Pre booked price £15 per person

On the day price £25 per person

All materials and tea & Coffee included

Limited spaces available book now to avoid disappointment

"lady in purple"

May's painting event

Starts at 7pm and runs to 9pm

Beginners welcome and all painters leave with a finished painting.

For more detail just contact me or have a look on my website www.luanaevents.co.uk

To book your place contact: Stacey

on: luanaeventsuk@gmail.com

or text 07870806774





VE75



<https://www.boxfordsuffolk.com/events/ve75-street-party>

STREET PARTY

FRIDAY 8th MAY FROM 2pm

Childrens' Tea Party

The VE75 Street Party will be held in Broad Street, Boxford from 2pm on Friday 8th May 2020. Activities planned on the day include a traditional childrens' tea party, for children below the age of 12, starting at 3:00pm.

If you would like your child to be included in the tea party, we need to know. Please complete and return the proforma below to the

Street Party Returns Box in Boxford Post Office by 17th April.

I (Name) _____ would like the following children to be included in the Boxford VE75 Childrens' Tea Party on 8th May 2020.

Please list each child indicating Age and any special dietary needs:

Name	Age	Dietary needs
------	-----	---------------

_____	_____	_____
_____	_____	_____
_____	_____	_____

Additional copies of this form are available from Boxford Post Office

My Contact details are:

Phone (Home) _____ (Mobile) _____

email address _____

I understand that i will be required to attend with the young persons and will be responsible for their behaviour at all times.

Signature of Parent or Guardian _____ Date _____

ssafa | the
Armed Forces
charity

Proforma must be returned by

17th April 2020

Boxford Community Council Reg. Charity No. 304862

Forthcoming Events Diary

March			
27 Quiz Night	FOB'S	Boxford School	7.15 for 7.45pm
27 Lent Lunch	St Mary's Boxford		12 noon
28 Coffee Morning	in aid of St Nicholas Hospice	Little Waldingfield Parish Room	10am till noon
April			
4 Arts and Crafts Exhibition	Newton Village Hall		10.00am till 5pm
4 Horse Racing Night	Boxford Community Council	Boxford Village Hall	7.30pm
4 Quiz Night	Little Waldingfield Parish Room	Parish	t.30pm
7 Bees and Flowers	Boxford Gardening Society	Boxford Village Hall	7.30pm
6 Knit and Knatter		Mary's House	2.00pm
10 Good Friday Workshop	Boxford St Mary's		1030am till noon
15 Can anyone keep a secret?	Little Waldingfield History Society	Parish Room	7.30pm
Talk and AGM	Boxford Society	Boxford Village Hall	7.30pm
24 Quiz and Curry evening	Groton PCC	Groton Village Hall	7.30pm
29 Paint with Lauana		The Boxford Pavilion	7pm till 9pm
May			
1/2 Old time Music hall and VE Day Celebrations		Milden Pavilion	7.30pm and 2pm
8 VE75 Street Party	Boxford Community Council	Broad St, Boxford	From 2pm
20 Suffolk Mediaeval Cloth Industry	Little Waldingfield History Society	Parish Room	7.30pm
June			
14 Little Waldingfield Open Gardens	Little Waldingfield PCC		11am to 5pm
17 Tea for the British	Little Waldingfield History Society	Parish Room	7.30pm
August			
23 Vintage and Classic Car Rally	Groton Croft		TBA
First Monday each month	Boxford Parish Council Meetings in Bell House, Stone Street St, Boxford		7.30pm





HAPPY
Easter

Enjoy a special 3-course Carvery lunch whilst enjoying our tranquil setting and panoramic lake and golf course views.

12th April 2020
12.30pm to 2.30pm

*£13.25 for children under 12 years old



Easter Sunday Carvery From £26.50* per person

The perfect solution for those who savour a lie in at the weekends! Start your day with a leisurely brunch in our fabulous Gallery.

Served Saturdays from 18th April 2020
11.00am to 16.00pm.
*Supplement of £15.00 per person



Brunch in the Gallery From £24.00 per person

Bottomless Drinks Package Available*

To book a table, please call 01206 265835 or book online at www.stokebynayland.com/dining.

Please see details of all of our events and offers on our website www.stokebynayland.com
Stoke by Nayland Hotel, Golf & Spa, Keepers Lane, Leavenheath, Colchester, CO6 4PZ



The Box River Benefice
*Boxford, Edwardstone, Groton,
Little Waldingfield and Newton*

CHURCH NEWS

Rector: The Revd Fr Rob Parker-McGee SR
The Rectory, School Hill, Boxford, CO10 5JT
Tel: 01787 210434
Email: rparkermcgee@gmail.com

Reader: Chris Kingsbury

Lay Elder: David Lamming

Benefice Office: Mary's House, 5 Swan Street, Boxford CO10 5NZ

Please get in contact if you would like a wedding, baptism, home visit, home communion, a hospital visit, of any sickness where we might be of assistance, house blessings, spiritual counsel, confession, last rites, funerals.

A Statement on the Corona Virus

Following direction from the Archbishops of Canterbury and York and our Bishops in Suffolk, the following measures are being put in place throughout the Benefice to ensure that church functions can safely continue as best as possible.

Church is still a safe place to be. Indeed, Church may become all the more essential as we look for spiritual ways to help us deal with the psychological stresses caused by the inevitable fear and worry the virus creates. If the advice comes that we should cancel church gatherings, then we will do that immediately. Until then, we remain open as usual. In order to ensure Church is as safe as possible, we are following strict guidelines and putting in place a contingency plan. This includes:

Services

Putting in place safeguards during services to minimise the risk of infection. These will follow national guidelines. They will be available in church. Please do follow them fully.

We will live stream as many services as possible via Facebook at www.facebook.com/boxriverbenefice/ – a brilliant way to get your spiritual fix if you are stuck at home. You can also access regular services on BBC Radio 4 longwave at 9.45am each day. The Bishops are also steaming regular services here:

www.facebook.com/BishopsCofESuffolk/

We are looking to source booklets of daily readings and reflections to hand out at church. If you have self-isolated and feel you could benefit from one, please just let us know.

Wednesday Midweek Communion will now be in St Mary's Church in Boxford and NOT Mary's House, Swan Street!

Other events

There will be no coffee mornings or gatherings that serve food or drink until further notice. This means that all Lent Lunches and Fundraising Events involving food will have to be cancelled. This includes the regular gatherings at Mary's House and the drop-in café at St Lawrence's, Lt Waldingfield.

Pastoral Care

We are putting in place a phone tree in order to support those who are sick. We wish to do all we can to care for and aid those experiencing illness. The risk of infection complicates things, but we have in place a contingency plan to ensure that we can care, as best we can, for those in need when difficulties arise. Therefore, if you know of someone who is ill and could do with some support, do let us know on rparkermcgee@gmail.com or 01787 210434.

Simple Rules:

1. Wash your hands regularly – for as long as it takes to say the Lord's Prayer
2. Sanitise your hands when entering or leaving the building (when sanitisers are again available for less than £500 on eBay)
3. Minimise touching and bodily contact (no canoodling in the aisles)
4. Have a care and concern for the elderly and most vulnerable
5. Use a tissue to blow your nose, sneeze or cough into, bin it and wash your hands
6. If you have a fever or suddenly develop a cough, self-isolate for seven days
7. Call us if you or someone you know is isolated and needs support or a spiritual boost



THE PARISH OF ST MARY, BOXFORD

Churchwarden:

Peter Patrick

*Amberley, White Street Green, Boxford, CO10
5JN Tel: 01787 210346*

E-mail: ppat@btinternet.com

Deputy Churchwardens:

Michael Gray 07931043926

boxford.warden@btinternet.com

Lennie Southgate Tel: 01787 210942

Journey Deeper. There is meditation and contemplative prayer every **Wednesday at 5pm**. It gives us all a chance to spend just a little time in stillness and silence. The benefits of meditation and mindfulness are now well-known. The Christian tradition has held this at the centre of its life for over 2000 years. Come along and take the opportunity to still your mind, rest and reflect.

Sunday School: Come along to Sunday School twice a month on the **2nd and 3rd Sundays** in Mary's House, Swan Street starting at **10.45am**. All Primary aged children are welcome.



Holy Week and Easter - Follow the epic events of Holy Week and Easter as we are taken on a journey of symbolic truth beginning with the joy of Palm Sunday and the triumphal entry into Jerusalem, and ending with Christ's heart-wrenching and scandalous condemnation and death on the Cross... only to discover that this is not the end for Him or for us as we are taken through a journey from darkness to light, of joy and new-life on Easter Day.

This is Holy Week—This is a Journey of Faith—This is a Journey to Resurrection!

Growing Together (the new name for Café Church) will not meet in April due to Holy Week and Easter.

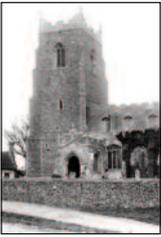
Director of Music. St Mary's currently finds itself without a Director of Music following the retirement of Patrick Friend. Full details of the role can be found here: <https://boxriverbenefice.com/home/vacancy-director-of-music/>

If you or someone you know is interested in applying, then please contact Fr Rob directly or email your CV and covering letter to rparkermcgee@gmail.com

**Copy Date for Church News in the
May 2020 edition of Box River News:**

**Please, NO LATER THAN 12th April
Failure to meet the date will mean your
copy may not be included**

**Thank you. Eddie Kench 01787 211507
email address: ed.kench@btinternet.com**



THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

Churchwardens
Vacant

Rotas

Sidesmen

6 April 9.45am Mrs. Gardiner and Mrs. Nicholls No flowers during Lent

10 April 10.00am Mrs. Eddington and Mrs. Harritt

12 April 9.30am Mrs. Gardiner and Mrs. Nicholls Flower Team

Please note changes of times of services.

Our Good Friday service will be followed as usual by tea, coffee and hot cross buns in the Parish Room.

'Drop in for Coffee' has unfortunately had to be cancelled this month.

We are sad to announce that Tim and Sandra Harbord have resigned from Little Waldingfield PCC. We thank them for all they did for us while they were churchwardens.



THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

Churchwarden:
Vacant

Rota for April

Sunday, 5 April, Palm Sunday, procession along the Chestnut drive to the church, led by Reverend Rob at 9.30am .

Sidesman, Jan Paul

Coffee duties Ineke Morris and Marlene Clarke.

Sunday, 12 April, Easter Sunday, Holy Communion with Reverend Rob at 9.30am.

Sidesman, Maureen Cooling

Coffee duties Ineke Morris and Marlene Clarke.

April flowers Everyone

Cleaning Frances East.



THE PARISH OF ALL SAINTS, NEWTON

Churchwarden:
Vacant

Rotas

Flowers: All helpers welcome

Cleaning: Carole Langley

NOTICES

Wednesday 8 APRIL at 19.00

Holy Eucharist & Compline

Sunday 12 APRIL at 11.00

Easter Sunday Service

Sunday 26 APRIL AT 11.00

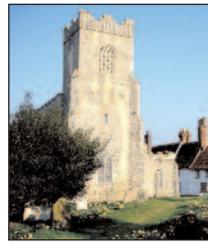
Communion

The church will be decorated for the Easter Service at 10.00 on Saturday 11th April. We would be delighted to see you if you are able to help and for donations of flowers, particularly daffodils and other Spring blooms.

Many thanks

ADVANCE NOTICE

This year's GIFT AID COFFEE MORNING will take place on SATURDAY 6th JUNE. More details next month.



THE PARISH OF ST BARTHOLOMEW, GROTON

Churchwarden:
Diana McCorkell

Primrose Cottage, Parliament Heath, Groton,
CO10 5ER Tel: 01787 210927

E-mail: dianah.mccorkell@btinternet.com

ROTAS FOR APRIL

Sidesman: Mrs Anthea Scriven

Flowers: Easter flowers (various flower arrangers)

Cleaning: Mrs Sheila Gooderham

EASTER DAY SERVICE: Christ is risen: Alleluia! Once again this year Groton will be hosting a sunrise service of Holy Communion. All are welcome to this evocative open-air service at the war memorial triangle on the most important day of the year in the Christian calendar. Hopefully, we shall see the sun rise (though it will rise whether we see it or not!) as we celebrate Christ's rising from the dead after the desolation of Good Friday. Do join us at **6.00 am on Sunday 12 April 2020**. (Sadly, as the result of precautions being taken in the light of the coronavirus pandemic, we will not now be serving a bacon butties breakfast in church after the service, but don't let that put you off coming to the Eucharist.) "On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them...the men said to them, "Why do you look for the living among the dead? He is not here; he has risen!"

ELECTION OF CHURCHWARDENS and ANNUAL PAROCHIAL

CHURCH MEETING 2020: At the annual meeting of parishioners held on 11 March 2020 Mrs Diana McCorkell was re-elected as churchwarden for the year 2020-2021. As churchwarden, Diana continues as an ex officio member of the parochial church council. At the APCM Sheila Gooderham and Pat Kennedy Scott were re-elected to the PCC. David Lamming continues as an ex-officio member of the PCC as a member of General and Diocesan Synods. Jayne Foster was re-elected to represent the parish as a member of Sudbury Deanery Synod for the three-year period 2020-2023 and is thus also a member of the PCC. There are 38 names on the church electoral roll (no change from last year), of whom nine are resident outside the parish.

GENERAL CHURCH NEWS:

MARY'S HOUSE: Please note that for the time being Mary's House will cease to be open for tea and coffee on Monday, Tuesday and Friday mornings. We regret this decision, but it has been taken in the light of central church advice relating to the coronavirus. As soon as we can resume this regular hospitality we will let you know. The Wednesday morning informal service of Holy Communion will continue, but will be held in St Mary's Church, Boxford.

DEANERY SYNOD: The synod met on Tuesday 10 March 2020 at All Saints' Church Hall, Sudbury. The main item on the agenda was a presentation on lay ministries by the Revd Tony Redman. Speak to David Lamming (deanery synod lay chairman) or the rector if you would like details.

DIOCESAN SYNOD: The meeting of the Synod due to be held in Ipswich on 14 March 2020 was cancelled in the light of the coronavirus pandemic. It remains to be seen whether the June meeting at the Cathedral will go ahead.

MARY'S HOUSE BOOKINGS

There is a 2020 diary in Mary's House for making bookings.

When making a booking, please ensure that a contact name and telephone number is entered clearly in the diary in respect of EVERY booking (including regular church and PCC bookings) as we need to know who to contact in the event of any query over, or the need to change, a booking. Not everyone is complying with this requirement.

Please note that the suggested donation (currently under review) is £1.00 per head for a two-hour booking for all meetings. For inquiries about new bookings, please contact Pauline or David Lamming: telephone 01787 210360. Please contact one of them before making any booking.

Soul of Christ sanctify me, Body of Christ, save me. Blood of Christ inebriate me.

HOLY WEEK & EASTER

A journey of faith

Sunday 5th April – Palm Sunday

9.50am Procession and Sung Eucharist - Edwardstone

6.30pm Evening Eucharist for Palm Sunday - Boxford

6th April – Monday of Holy Week

9am Morning Prayer – Lt Waldingfield

9.45am Simple Eucharist – Lt Waldingfield

7pm Holy Eucharist - Groton

7.45pm Compline - Groton

7th April – Tuesday of Holy Week

9am Morning Prayer – Edwardstone

9.45am Holy Eucharist – Edwardstone

7pm Holy Eucharist – Boxford

7.45pm Compline – Boxford

8th April – Wednesday of Holy Week

9am Morning Prayer – Groton

10.30am Holy Eucharist – Boxford St Mary's

7pm Holy Eucharist – Newton Green

7.45pm Compline - Newton Green

9th April – Maundy Thursday

11am Maundy Thursday Chrism Eucharist – Bury St Edmunds Cathedral

6.30pm Maundy Thursday Liturgy followed by Prayer Vigil until 9pm – Groton

8pm Maundy Thursday Liturgy followed by Prayer Vigil until 10pm - Boxford

10th April - Good Friday

10am Family Service of the Cross – Lt Waldingfield

10.30am Good Friday Family Workshop - Boxford

2pm The Last Hour, Veneration of the Cross & Final Communion - Boxford

12th April - Easter Sunday

6am Easter Day Dawn Vigil and Communion – Groton

9.30am Easter Day Holy Eucharist – Edwardstone

9.30am Easter Day Holy Eucharist – Lt Waldingfield

11am Easter Day Holy Eucharist – Newton Green

11am Easter Day Family Vigil – Boxford

Sunday 19th April

9.30am Morning Worship – Edwardstone

11am Sung Eucharist – Boxford

Sunday 26th April

9.30am Family Eucharist – Boxford

11am Holy Eucharist – Newton Green

At the hour of my death, call me and bid me to come to you. That with your saints I may praise you Forever and ever. Amen.

Water from the side of Christ, wash me. Passion of Christ, Strengthen me. O Good Jesus, hear me. Within your wounds hide me.



The Box River Benefice

*Boxford, Edwardstone, Groton,
Little Waldingfield and Newton*



Permit me not to be separated from you. From the wicked foe defend me.

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01787 211394



The Bell Inn

The Sreet, Kersey, Suffolk, IP7 6DY

Tel: 01473 823229

Kerseybell.com

Sunday 26th April will be a charity day for The National Autistic society and Addenbrookes hospital for children's leukaemia.

Live music, games, cake stall.

Curry night Tuesday

Pudding and pie day Wednesday

Our new fish board Thursday to Saturday with Fish and Fizz Friday Sunday lunch 12 till 7pm

SbN Stoke by Nayland
HOTEL GOLF SPA LODGES

EVENTS



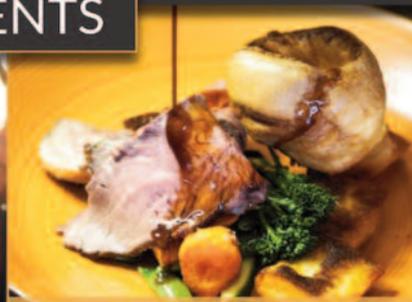
SbN Wine Pairing Evening

Friday 3rd April

7:30pm to 11:00pm

Enjoy a feast for the senses at our 4-course wine pairing evening of delicious food and wine.

£49.00 per person



Easter Carvery Lunch

Sunday 12th April

12:30pm to 3:30pm

Gather the family together and celebrate Easter with our 3-course carvery.

£26.50* per person



Fawlty Towers - Themed Comedy Dinner Show

Saturday 9th May

7:00pm to 11:00pm

Join us for an evening of comedy gold with our Fawlty Towers comedy dinner show.

£41.95 per person

*£13.25 for children under 12 years old

To enquire please call 01206 265837 or visit our website for details of all our available events www.stokebynayland.com

Stoke by Nayland Hotel, Golf & Spa, Keepers Lane, Leavenheath, Colchester, CO6 4PZ

Soap Box

A little over thirty-two years ago – in October 1987 to be precise – I was in my garden on a Monday morning clearing up the debris following the hurricane that had swept through south east England when my boss in London called me. “You’d better get down here quickly” he said – ordered, really. It turned out the stock market was in freefall, losing a quarter of its value in a single day’s trading. To say it was unsettling would be a clear understatement.

In early March this year shares all around the world collapsed as investors took flight, dumping risk assets as the extent of the economic problems likely to be generated by the coronavirus pandemic became clearer. The falls were not as great as back in 1987, but then circuit breakers had been introduced which limited the extent to which shares could fall before trading was suspended. But they were pretty similar to those experienced back in 2008 when the global banking system appeared on the brink of collapse.

In 1987 the circumstances were exceptional. The stock market had been closed on the Friday 16th October as insufficient people had been able to get to work thanks to the massive travel disruption wrought by the storm. On that Friday shares on Wall Street suffered a major setback which continued in Far East markets when dealings commenced on the Monday.

London woke up to the need to play catch up on Monday morning and found conditions made worse by a continuation of losses in America when trading started in the early afternoon, UK time. The losses incurred on what became known as Black Monday were, and still are, the greatest one day fall on the London Stock Exchange. As it happens, there were no real underlying economic reasons for the markets’ collapse, though consequences did ensue. Rather, it became clear that the rapidly expanding derivatives market (futures and options to the uninitiated) had disconnected from the cash market with dramatic effect.

This time – as in 2008 – there are clear reasons why investors are so panicked. A global recession now looks unavoidable. Some industries will be massively hurt by the measures taken to combat the pandemic. Airlines and tourism are obvious casualties. My wife and I were due to fly to Venice at the end of March – a first time trip for her and my third visit to this remarkable city. Sadly, we will have to wait for her to be introduced to the delights of Venetian life. Heaven knows how the

businesses there that depend on tourists will be coping.

It might appear a little unthinking to concentrate on the financial and economic consequences of the spread of Covid 19, as it is more properly known, when vulnerable people stand to lose their lives as a result of the virus becoming widespread, but make no mistake, it matters to us all. As I write this, the number of people known to have contracted the virus in the UK has just risen above 1000 and the deaths are standing at 21, so the expectation of a death rate of around 2% is looking plausible. If the virus really does take hold, the number of deaths will rise exponentially.

It is the way in which business and commerce will be hit that is more difficult to assess. The Chancellor of the Exchequer, in his Budget speech, announced a fulsome package of measures designed to prevent economic meltdown, while the Governor of the Bank of England lowered interest rates to historically low levels. So far so good, but the Bank’s efforts, the monetary approach, can only have a limited effect, while the Treasury’s contribution, the fiscal measures, will result in increased borrowing which will eventually have to be repaid.

Coronavirus will affect us all, whether or not we contract the disease. Businesses will suffer. Unemployment is likely to rise. The fall in share values will mean that pension pots will be less secure. Both the Chancellor and the Bank’s Governor have stated that this will all be temporary, but that does not mean it won’t be uncomfortable in the interim. The two golden rules must be not to panic – I haven’t sold shares or bought extra loo rolls – and to take sensible precautions to avoid contracting the virus. As a 74 year old asthmatic, I have every intention of following the latter.

Brian Tora

Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg ed.kench@btinternet.com

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RMI www.lseaves.co.uk



April Cottage Cattery

April Cottage, Powney Street, Milden, Ipswich. IP7 7AL

Purpose built Licenced boarding cattery for cats only, located in rural Milden, 3 miles from Lavenham. Set in a quiet secluded position behind our house and benefiting from 24 hour supervision.

- Fully insulated and heated chalets with large bright airy exercise areas.
- Facilities to cater for the elderly, very young or cats with special needs.
- Daily grooming and administering of medicines free of charge.
- Pick up and delivery service free up to 5 miles, (50p per mile thereafter capped at £10)
- Quiet areas for shy cats or busy window views for those needing entertainment.
- All diets catered for.
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Please come and see us for yourselves; just ring or email to make an appointment.

Call Anne or Kevin on 01787 247302 or 07985 404813

Email: info@april-cottage-cattery.co.uk
Website: www.april-cottage-cattery.co.uk

GARDENING IN APRIL INSPIRED BY THE LATE HARRY BUCKLEDEE

Apply a spring fertiliser to all established lawns if this has not been done already. Now that the weather is warming up, continue to mow little and often. A light mowing twice a week is better than a hard cut once a week. A light rolling of new lawns may be necessary to firm the surface of the turf but over use of the roller tends to compact the soil and keep out air and water. Although gardens are not short of moisture at the moment, care should be taken in April to ensure that newly planted trees, shrubs, heathers and herbaceous plants do not suffer from lack of moisture. Plants will be bursting into growth and moisture will be lost through transpiration. Newly planted subjects will not have made sufficient root system to cope with this moisture loss, so unless water is given many will die.

Don't get the idea that because we have had a high rainfall this year that the soil will always be moist, a couple of weeks of hot sun and drying wind and it is surprising how dry the soil can get. Now is a good time while the soil is still moist to apply a thick mulch to conserve moisture and keep down weeds. Old newspapers are useful for this. Give a dressing of good general fertiliser and then spread a thick layer of old newspaper and cover with bark or compost. Any spear grass that does find its way through the mulch can be carefully treated with round up. Bindweed, another troublesome weed can be effectively controlled by treating with a hormone weed killer.

Prepare the ground now for sowing of hardy annuals like Godetia, Clarkia, annual chrysanthemums. Agrostemma and cornflower. Rake the ground down to a fine tilth and sow the seed in shallow drills about six inches apart in regular shaped groups. Seed should be lightly covered with fine soil or sand.

In the herb garden sow small amounts of Fennel, Dill, Hyssop, Coriander, using the same method as for hardy annuals. Sow seed of Basil in pots. Overcrowded clumps of chives should be lifted and divided. Sow Runner Beans, French Beans, Marrows, Courgettes and Ridge Cucumber in pots in the greenhouse for planting out at the end of May when the danger of frost is past. Brussels Sprouts, Calabrese, Cauliflower and Leek plants started off under glass should be hardened off and planted out by the end of the month.

Feed spring flowering bulbs when the flowers have dried off to build up the bulbs for good flowering next year. Do not knot the leaves of daffodils, this practice checks the growth of the foliage and prevents it from continuing to put energy back into the bulbs for flowering next year. Daffodil leaves should be left to grow for at least six weeks after flowering before cutting down. Seeds of Broom and Genista can be sown in pots or in the ground where they are to flower as they do not transplant well bare rooted. Magnolia, Hydrangia grandiflora and Hydrangea petolaris can be propagated by layering shoots in peaty soil or in pots of peat compost.

Bonfires As spring and summer are just around the corner and hopefully, some pleasant weather is on the way, may we raise the issue of bonfires? To be thoughtful of others perhaps the following ideas could be considered:

- Bonfires not to be lit until late in the day - say no earlier than one hour before dusk.
- Do not choose a rare perfect day or evening when others may be enjoying being in their gardens.
- Please check the wind direction and never light a bonfire if your neighbours washing is on the line or their windows are open.

Spring is finally in evidence as daffodils and flowering trees start to bloom. Expect the inevitable April showers this month but with sunny days too, when you can turn your attention to the lawn. It's an exciting month, with indoor-sown seeds well into growth, and it's also time to start sowing outdoors. Just watch out for frosts...

Top 10 jobs this month

- 1 Keep weeds under control
- 2 Protect fruit blossom from late frosts
- 3 Tie in climbing and rambling roses
- 4 Sow hardy annuals, herbs and wild flower seed outdoors
- 5 Start to feed citrus plants
- 6 Increase the water given to houseplants
- 7 Feed hungry shrubs and roses
- 8 Sow new lawns or repair bare patches
- 9 Prune fig trees
- 10 Divide bamboos and waterlilies

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Parish Council Matters

MINUTES OF THE MEETING OF NEWTON PARISH COUNCIL

Held on Wednesday, 12th February 2020 at 7.30 pm in the Village Hall

Present Councillors: Paul Presland (Chairman), Russ Bower, Sue Crawte, Rita Schwenk and Laura Smith

In Attendance: Cllr James Finch (Suffolk County Council), Cllr Lee Parker (Babergh District Council), Teresa Devine (Locum Clerk) and 5 members of the public.

Apologies: An apology for absence was sent by Cllr Philip Taylor. (Holiday).

Declaration of Interests and Requests for Dispensation: None received.

Minutes of the Meeting held on Wednesday, 15th January 2020 and Minute of the Special Meeting held on Monday, 27th January 2020.

The Minutes of both meetings were agreed by the Council as a true and correct record and signed by the Chairman.

Public Participation and Reports from Borough and County Councillors

Two members of the public aired their concerns about Planning Application No: DC/20/00019 'Woodean'. Cllr L Parker (Babergh District Council) informed everyone that this application had been considered and was about to be withdrawn or refused. The Chairman explained that the Council's earlier decision to support the application had been made on the information available at that time.

It was noted that Cllr Finch would be arriving a little later and would present his report at that point).

Report from Cllr Lee Parker (Babergh District Council) Cllr Parker presented his report to the Council. The following points were noted:

- Babergh Council's budget for 2020/21 had been approved and would be presented to Full Council next week. Full details could be accessed on line.
- Sudbury Exhibition an exhibition was currently running in Sudbury which revealed the ambitions of the District and County Councils for the area, specifically funding for Gainsborough House and for Belle Vue. Cllr Parker encouraged everyone to go on line and comment on the proposals.
- A Housing Assistance Policy had been approved by Babergh with up to £7,500 available in grants for residents in need of assistance with ramps, heating etc.
- Sudbury Citizens' Advice Owing to the invaluable service provided by the Advice Centre, funding of £160,000 had been approved.
- The King Fisher Leisure Centre The first phase of work had been completed. The full cost of the extension is £2.4 million.
- Hadleigh Swimming Pool work has started.
- Local Neighbourhood Plans To date 5 Neighbourhood Plans have been approved and more are awaiting approval. At a Babergh Committee Meeting on 12th February two Planning Applications had been refused owing to the fact that they did not fit in with Neighbourhood Plans.
- Parking Enforcement Babergh Council has not yet received full details and therefore no agreement has yet been made for the Council to take over this function.

Action on Correspondence and Emails

- A new cooption notice had been prepared by the Locum Clerk to advertise for another Councillor. The Clerk to send a copy to Cllr Crawte for inclusion in the Newsletter.
- Suffolk Association of Local Councils will be holding the next Babergh Area Forum on Monday, 16th March 2020 at Hadleigh Leisure Centre at 7.00 pm. The main topic would be 'Homelessness'. Any Councillor interested in attending should contact the Clerk. These forum meetings are open to both Clerks and Councillors.

Locum Clerk's Report The Chairman read out the report received from the Locum Clerk. The following points were noted:

- Information about a replacement 14th Century Church sign was awaited. Cllr Finch (Suffolk County Council) had written to the Highways Department about the matter.
- The Bank Deposit book for the Council had not been found and a new copy would need to be requested from Barclays. This had to be done via the cheque signatories. (Clerk to draft a letter to the bank).
- The Financial Report previously circulated and to be discussed was based on the most recent statement from Barclays dated 31st December 2019 and the Financial Report submitted by the Clerk at the October Meeting.d)

Pay Scales the most recent pay scales published by NALC had been circulated to Council Members for the Part Two Agenda item.

Planning

- No: DC/20/00421 Application for Agricultural Determination (Land to the North East of Valley Farm, Valley Road, Newton, CO10 0QQ)
A detailed discussion took place concerning the application and it was RESOLVED THAT: The Council objects to this application.
- Appeal to Planning Application No: DC/19/05143 The Organic Box, Rectory Road, Newton, Sudbury. RESOLVED THAT: The Council objects to this Appeal.

Edwardstone Parish Council:

Minutes Of The Meeting held on 20 January 2020 at Edwardstone Village Hall

Present: P Baker (Chairman), D Williams, S Norman, P Clarke, T Woods, M Gibson, J Finch (SCC), B Hurren (BMSDC), R Jones (Clerk)

Report from Suffolk County Council: Deadline for Primary School applications for September 2020 passed on 15 January. Parents advised to make applications as soon as possible as places may still be available. Following Government inspection, Suffolk Fire and Rescue rated Good in three main categories;

effectiveness, efficiency and managing staff. One of only three services in the Country to receive this rating. SCC had invested a further £10,000,000 in the Suffolk Better Broadband programme. 68% of Suffolk properties now had superfast Broadband. Concerns were expressed that there were still properties in Edwardstone, around Mill Green, that were not directly connected and were receiving a slower level of connection. Councillor Finch to look into this. New Special Educational Needs and Disability (SEND) units being attached to 10 schools in the County which will provide an additional 168 spaces for children from September 2020. BMSDC taking over responsibility for parking management from 6 April 2020. Council employed staff will carry out street parking management duties which were previously a Police responsibility. Should Edwardstone experience any particular problems, enforcement action could be requested. Three further Fostering and Adoption sessions taking place in Bures (28/1), Nayland (10/2), Boxford (27/2). The Council had received information that SCC intended to reduce the footpath cutting in the Parish. Councillor Finch to investigate. Concerns were expressed about the proposed reduction in bus services. Councillor Finch to investigate. Large potholes in Mill Green scheduled to be repaired in 8 weeks but Councillors felt they were dangerous and deserved a higher priority. Councillor Finch to chase up and respond within one week.

Report from Babergh/Mid-Suffolk District Council: Council Tax increases inevitable following the approval of the District Council budget for 2020/21. Local Plan now moving forward. Due to go before the inspector in the Summer for adoption by the end of 2020. Parish Liaison Meeting taking place on 4 February in Capel Village Hall (10.00 – 12.00). All Parish Councils encouraged to send a representative. BMSDC taking over parking enforcement from 6 April 2020. Parking Wardens to be paid for from revenue collected from offenders. Letter from BMSDC regarding potential boundary changes. Report from BMSDC Chief Executive in April 2020 recommending full Community Governance Review to be conducted in 2020. Thanks expressed to BMSDC for prompt collection of 'dumped' tyres in the village.

Highway and Footpath Matters: Councillor Finch investigating SCC reduction in cutting. Councillor Baker to contact other local Parish Councils to find out if they have been similarly affected as this action did not appear to fit in with SCC Rights of Way Improvement Plan. Still looking for a local contractor to carry out cutting on behalf of EPC as Andy Adams was unable to do it. Some alternative operatives were suggested. Broken Waymark sign on Footpath junction near Borehouse Manor Farm. Chevrons indicating sharp bend on Sherbourne Street broken. Large pothole in Sherbourne Street. Clerk to report all of the above.

Planning Matters: DC/19/05710 - Land South of Sherbourne Street. - Erection of 1 No two storey dwelling, cart lodge, parking and vehicular access. Following discussion, the Council agreed to support this application.

Financial Matters: The Statement of Finances & Orders for Payments and the accounts to date were approved.

Business Savings Account as at 31 December 2019	£2,528.28
Business Current Account as at 31 December 2019	£5,413.78
Total	£7,942.06

The adequacy of the budget for 2019/20 was approved. The budget for 2020/21 was approved. It was agreed to increase the precept for 2020/21 by 1.99% to £5,938 to help cover increased footpath cutting costs. This would mean an increase on a Band D property of £0.70. The Financial Risk Assessment was agreed. It was agreed to appoint Richard Norman as Internal Auditor for 2019/20 and that the Council's thanks to Richard for providing this service be placed on record.

Defibrillator Training – Boxford 3PR had agreed to provide training and White Horse Pub had agreed to provide the venue. Councillor Hurren to arrange suitable date in March.

Street Party 2020 – Councillor Woods had tried to contact the organisers but had received no response. It was agreed to wait for further contact.

Date of Next Meeting – Monday 16th March 2020 at 7.30pm

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Parish Council Matters

MINUTES of the MEETING of BOXFORD PARISH COUNCIL

Held on Monday 3rd February 2020 at 7.30 p.m. in Bell House, Stone Street Road, Boxford.

PRESENT: J Fincham-Jacques (Chairman), A Sargeant (Vice Chairman), S Mattocks, M Wooderson, P Wallis, D Hattrell (Clerk), J Finch (County Cllr), B Hurren (District Cllr) and 2 members of the public.

APOLOGIES: None

DECLARATION OF INTEREST BY COUNCILLORS: NOTHING was declared.

MINUTES OF 6TH JANUARY 2020: Accepted as correct.

MATTERS ARISING FROM THE MINUTES: Nothing was raised.

PUBLIC FORUM: Delivery lorries to Boxwood Hall were reported as causing disruption. The Spinney sign at the bottom of The Causeway is missing. If the sign can be located, the Spinney Management are happy to repair. The poor condition of the Playing Field car park was reported. Concern was expressed regarding additional traffic generated if the plans at Weavers Green were approved. It was also noted that the developers literature refers to the failure of the drainage system at Station Field. A resident from Swan Street then expressed her horror at a solid board fence that has been erected at Cygnet Court preventing light and access. B Hurren has reported to Planning Enforcement to check what was passed under the plans. M Wooderson volunteered to meet the developer with the resident to see what can be done to improve the situation - Action M Wooderson.

REVIEW OF ITEMS RAISED BY THE PUBLIC: As above.

COUNTY COUNCIL REPORT: County Cllr J Finch attended and reported the high rating of Suffolk's Adult Social Care Locations at 89% rated Good or Outstanding by the Care Quality Commission. A New Roadwork permit scheme is being introduced giving Suffolk Highways more powers to place conditions on road closures. Parking patrols will be the responsibility of the District Council from 6th April. Most Active County initiatives are giving opportunities to individuals who are not currently physically active to take part in training and support with a goal of completing the Great East Swim or Great East Run. More Fostering and Adoption Sessions are scheduled. On a local matter, the "No HGV Signs" for the junction of Sand Hill to prevent access for large vehicles from the A1071 are planned this month. Work has been authorised for white lining both sides of the road by the Churchyard wall. Members agreed that they are happy with this approach. The resurfacing of Daking Avenue is scheduled for next Financial Year - 20/21. J Finch is still to investigate plans at Sunflowers for an outside play area. It was reminded that residents and members can report pot holes and other highways matters on-line from the link on the Parish Council website.

DISTRICT COUNCIL REPORT: District Cllr B Hurren attended and reported the increase for their part of the Council Tax is likely to be 3%. Car parking enforcement will pass from Police to them on 6th April. The Parish Liaison Meetings are going ahead. Disappointment was then expressed that evening meetings have been discontinued. The surface of Wash Lane has been cleared. B Hurren is actively investigating the new Weavers Green application. B Hurren was part of a working party clearing the path to Primrose Wood. There was a meeting with the owners of Goodlands regarding their plans and it is likely an application will follow. A litter pick is needed along the A1071. It was noted the plans to develop The Fleece had been withdrawn.

FINANCE: The Bank balances as at 3rd February were £39126.16 in the Community Account, £13390.71 in the Deposit Account and £52815.82 in the Reserve Account making a total of £105332.69.

The Service Level Agreement for next year's sweeping and monitoring contract was raised and approved by resolution - Action Clerk to confirm. The Asset Register has been re-designed in line with the recommendations by the Auditors. The Asset Register was circulated ahead of the meeting for the review during the meeting. Following discussion, P Wallis proposed approval without amendment. This was seconded by S Mattocks and unanimously carried.

A letter was then considered in relation to a request for financial support towards a Charity Summer Fete at the Playing Field for Cancer Research. In principle members wanted to support the event, however, required further details of the costs involved. It was agreed to write requesting more information and confirming the Chairman and A Sargeant would be happy to discuss if required - Action Clerk.

NEIGHBOURHOOD PLANNING: There was nothing to report at this stage, however, a meeting was scheduled for the following week.

CORRESPONDENCE: The correspondence report was discussed and no actions resulted.

CEMETERY: It was agreed to ask the Community Wardens if they can recommend someone to regularly treat the Cemetery path as it is slippery again - Action Clerk.

REPORTS AND QUESTIONS FROM CHAIRMAN AND MEMBERS: It was agreed for P Wallis to hire a van to put out the grit bins with assistance from A Sargeant. Upkeep of the communal areas at Goodlands is being pursued by residents currently.

The meeting closed at 9.43 p.m.

Planning Meeting Held by Boxford Parish Council at Bell House, Boxford on Monday 3rd February 2020

The following decisions were advised from the Planning Authority: -

a) Conditions 3 (Fenestration) and 4 (Agreement of Materials) had been approved at The Old Forge, Church Street - DC/19/05898.

b) Tree work can proceed to reduce poplar and alder at 2 The Causeway - DC/19/05748.

c) Planning Permission had been granted for single storey 2 bay cart lodge on Land Adjacent to The Pippins, Calais Street - DC/19/05528.

d) Consent had been granted for work to protected trees to the rear of 2-16 Ash Street - DC/19/05892.

e) Conditions 5 (Landscaping), Condition 9 (Land Contamination) and Condition 11 (Provision of Parking and Turning) had been approved at Cygnet Court, Swan Street - DC/19/05529.

f) The applications to part convert and part change of use of The Fleece Public House have been withdrawn - DC/19/0557/8.

The following were discussed: -

1) The Paddock, School Hill - Notification of works to trees in Conservation Area - Fell and pollard group of 25 sycamore and ash trees - DC/19/05813 - No Objections.

2) Land To The East Of, Sand Hill - Out-line Planning Application for erection of up to 64 dwellings and provision of a community building - DC/20/00330.

The initial reactions from members was that the same issues exist as the last application. It was agreed to set out the Highways issues to our County Councillor to ensure the specific concerns are considered by the Highways team in relation to this application. P Wallis will investigate and forward information to the Clerk for inclusion - Action P Wallis and Clerk. It was agreed to ask for an extension to enable us to consider this application at the March Meeting - Action B Hurren and Clerk.

3) The Fleece Community Asset application. An email requesting further details to support our application for the Fleece to become a Community Asset had been circulated. Members agreed to email the Clerk by Monday 10th February with items to answer the points raised - Action All.

4) Any other urgent Planning matters: Nothing was raised.

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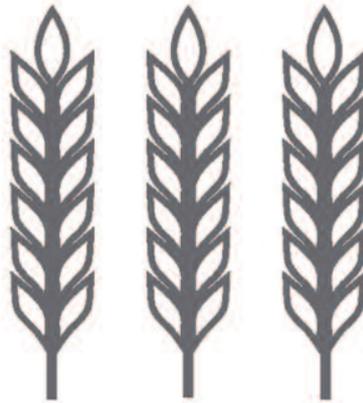
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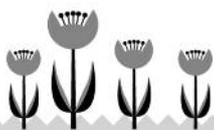
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FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

➤ **County Council approves budget to increase spending for vulnerable residents** On 13 February 2020, Suffolk County Council approved its annual budget. The Council will increase its spending power again this coming financial year, particularly in Children's and Adults services, where demand continues to rise year on year.

In 2020/2021, the Council's budget will rise to £556million which represents an increase of £37m (7.1%) from 2019/20. Children's and Adults Services represent around 70% of the Council's overall spend. But this year's budget is based only on a 12-month financial settlement from government, rather than the three or four-year agreement which is usually offered.

As well as addressing the need to maintain funding for key services, the Council will invest an additional £3.5m into two one-year programmes, the Suffolk 2020 fund (£3m) and a highways investment fund (£500k).

The Suffolk 2020 fund will be used for projects that can deliver a real difference for local communities. The intention is to adopt good ideas covering more than one area of Suffolk, rather than having a number of small-scale projects. To qualify for the fund, projects must link to one of the following themes: carbon reduction; carbon offset, road safety, natural environment; built environment; innovation; and use of technology. Each project must offer a clear return on investment through positive economic, social, or environmental impact. I can put ideas forward on behalf of their community and must seek the sponsorship of a Cabinet Member for consideration. Further details of the fund will be made available in due course.

➤ **New street lighting proposed to reduce cost and the county's carbon footprint** New street lighting proposed to reduce the county's cost of street lighting and its carbon footprint by investing £9.8m in street lighting, after Cabinet approved an LED street lighting replacement project.

Following a review of its street lighting policy in 2010, and with energy prices set to increase at between 8% and 12% a year, the Council has decided the high energy consumption of its existing lanterns could create further pressure on its resources in the near future. The Council owns and maintains over 60,000 street lights.

➤ **Suffolk Highways waives fees for VE and VJ Day Commemoration events.** In commemoration of the 75th anniversary of Victory in Europe and Victory over Japan Days, Suffolk Highways has confirmed it will waive road closure application fees and help support communities with event traffic management. Communities in Suffolk will be organising commemorative events, some of which may require an application to Suffolk Highways for a road closure.

The cost of road closures and subsequent works associated with event traffic management may be prohibitive for small communities, and so the this is a way of helping those communities.

➤ **New website to promote apprenticeships in Suffolk** Suffolk County Council celebrated Apprenticeship Week (3-9 February) with the launch of a new website to support apprenticeship growth in the county. <https://apprenticeshipssuffolk.org/>

This website now offers a one-stop shop of information and advice for employers, apprentices, parents/carers, schools and career advisors.

Apprenticeships Suffolk aims to promote the growth of apprenticeships by providing links to impartial advice, information and guidance. The website will also provide regular news updates and details of the latest apprenticeship opportunities.

The new online hub has been made possible thanks to a successful bid for £500,000 from the European Social Fund. Along with match funding from Suffolk County Council, it will also support building a new team to help small and medium-sized businesses to navigate how apprenticeships work.

➤ **Hope for better national coordination of offshore wind farm projects** Suffolk County Council and East Suffolk Council have been calling for improved national coordination of the offshore wind farm projects off the county's coast.

This approach has now been recognised in an Ofgem report. The Office of Gas and Electricity Markets (Ofgem) document, published on 3 February 2020, suggests that money could be saved, and the environment better protected, if there is more coordination around the infrastructure of these projects.

The councils continue to support the principle of offshore wind, as it will help reduce carbon emissions and provide significant economic benefits to the county and the UK. However, this should not be achieved at any cost to Suffolk, its residents and its natural environment.

Concerns about the apparent lack of coordination in the connection of energy projects have been repeatedly raised by the councils with

FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

We are aware at the Council that these are worrying times for all our constituents wherever they may live. Whether in Babergh or further afield we need to get through the next couple of months the best we can and look after each other with care and consideration.

It is fantastic to see across the villages groups and individuals offering help to those in need to get them out of trouble in their hours and days of need. We seem to have become a nation recently who want to shun others to look after self-interests and this will be a time when we will need to share with others to get through difficult times. I am referring of course to the Coronavirus that is now spreading amongst us and although the vast majority of us will pull through well, some of the vulnerable will indeed have a difficult time. It may be easy for most of us to self-isolate in our homes, but we now have many in our population who have no home to take refuge in or people to care for them and this should be of grave concern to us all.

At Babergh Council we are of course making contingency plans to keep services running with lots of home working for staff to keep them from travelling into Endeavour House which is a bit of a nightmare journey to a hell hole anyway. Oh for the convenience of the lovely local offices at our local market town of Hadleigh. Not only would we have been better working locally, we would have continued to support the sustainability of one of our market towns as well.

Something that is not so easy to predict is the smooth running of refuse collection services and if we have staff sicknesses while staff recover and get back to work we could see some delays in getting bins emptied, if that happens please be patient and given time we will get around to everybody but not necessarily on the allotted collection day, we have been experiencing some delays already due to the acute shortage of wagon drivers and refuse staff.

I have been contacted many times recently about the cutting of Doctors appointments at the Mill Surgery to just four mornings each week. This is rather outside of a District Councillor's scope but undaunted I have spoken to people connected to the surgery past and present and have been told the same story of difficulty in recruitment, in fact in the last attempt to replace a retiring doctor absolutely nobody replied at all despite adverts in a national medical journal.

So sad that professionals no longer want to work in our N.H.S. which used to be the envy of the world and attract staff from around the globe to train and also then contribute to our wellbeing and also to our wider economy. Whatever has gone wrong.

Lack of funding and the now meaningless austerity measures which seem to have been inflicted upon us almost as a punishment over the last ten years have not served us well, while at first it was necessary to climb out of the near bankruptcy left by the last Labour government and at that time the poor were protected by rises in the tax thresholds, it has then developed into a starvation of resources to Police, vital services and to local government who in the case of Babergh do a reasonable and important job. Did anyone really believe that 350 million would really go to the N.H.S. Politicians should be imprisoned for telling such lies and for producing manifestoes that are meaningless and do not add up to a credible outcome.

Nearer home it is very pleasing that the bus service that runs across the northern part of Box Vale, from Bildeston into Sudbury on Tuesdays and Thursdays has been saved and I am pleased that, along with Councillors Lindsey and Owen, I have had success in keeping this vital link for those who have no other transport or choose the green alternative to travel, able to access vital services and contact to the outside world from where they live, so vital in these times where some find themselves isolated and alone.

As a reminder I would like to advertise your annual Parish meetings which will take place in your villages during April and May. These meetings are so important as reports will be given from all the representatives and organizations within each village. It may sound boring but it really is not and anyone attending can ask questions or come up with an idea to benefit themselves and the village as a whole. I will be attending them all and would welcome contact, interest or any ideas.

Take care and stay safe and the near spring will bring some sunshine and lots of hope. Bryn. Bryn.hurren@babergh.gov.uk 210854

government ministers, National Grid and wind farm developers. The key issue for the Stour Valley is the possibility of an increase in the pylons across the Dedham Vale to transmit this additional power.

➤ **More Fostering and Adoption Sessions in Boxford and the Stour Valley**

I give elsewhere in this publication the next dates and times of sessions in the area which I will which will continue with throughout 2020.

Readers Letters

Sir

Flora Johnson

To everyone who sent messages of sympathy, cards and flowers on the death of my dear mother Flora in her 105th year. For those who attended her funeral and continue to offer their love and support to my family and me.

I thank you most sincerely.

Elaine, Darren, Alistair and family.

Sir

Listing The Fleece as a Community Asset.

Now I appreciate that some would consider me a 'furrener' having only lived in Boxford for thirty three years, but be that as it may I am concerned about the Parish Council's decision from their January meeting.

It may also be worth pointing out at this stage that if John Norton and I passed each other on Broad Street, we would not recognise each other. It is blindingly obvious there are two pubs in the centre of our village and three on the periphery. All of which are trying to attract a somewhat limited customer footfall. All of them have to pay rent, suppliers, staff, tax and a salary for the landlord/owner/tenant/manager.

For a considerable time at least one and for a period both pubs in the village were closed, which may provide a clue as to their viability. I wish to surmise that two pubs operating in the village makes them marginal businesses and that one is only just viable, even if operated extremely well.

How many residents of Boxford are 'regular' customers of the Fleece I would not know. By 'regular' I mean at least one visit a week. Because my habit is to visit three of our hostelrys in rotation it means that my visits to them are monthly. An educated guess at the number of 'regulars' would be not many more than two hundred (if that). Sure there are peaks in the summer and on special occasions but in general business is very tight.

John Nortons' decision to diversify his business at the Fleece may not be to everyones wishes but you cannot reject out of hand his desire to make best use of the property. It is not as if he is threatening to close the Fleece.

If the parish council is going to object to the redevelopment in its entirety, perhaps they should approach John to take on the Fleece as a 'Community Business' before making a firm decision.

Before anyone asks me what does I know about pubs. Over my varied career and before taking early retirement, I did enjoy (if I say so myself) a successful thirty years in the pub trade, with at one stage operational responsibility for one hundred and fifty of them in London and the South East.

An 'Asset' is a bit like a 'Sales Bargain' it's only a bargain if you use it! Just saying!

David Phillips

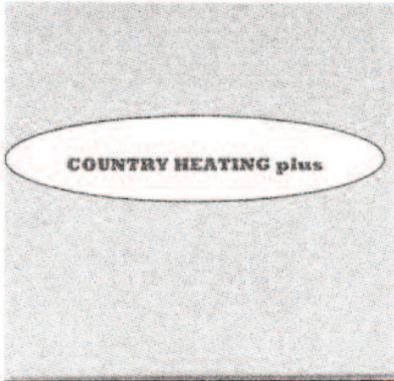
Sir

I attended yesterday's (2nd. March) monthly meeting of Boxford Parish Council and whilst there were members of the public at the meeting to raise their own matters, no one turned up for the review of the planning application by Catesby Homes for sixty four dwellings at Weavers green. Land off Sand Hill to you and me.

To me it shows that the Village in general has little thought for the life of the Village. Also there were only three Councillors in attendance, just enough for a quorum in order to carry out the business of the day. There are currently five out of a possible nine Councillors, surely there are sufficiently interested people in the Village to become involved and care about this community. Before any one says it why don't I step forward, I have served on the Council for thirteen years and eight of those as Chairman.

If you are someone who is looking to give back to the community then here is an opportunity, just contact the Clerk (details in BRN or on the Parish notice board).

Yours, *David House*



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Box River Benefice, Directory of Clubs & Organisations

Boxford Clubs & Organisations

1st Boxford Beaver Scouts	Diana Taylor 210239
1st Boxford Brownies	Moira Grant 211513
1st Boxford Cub Scouts	Neil Barkham 211916
1st Boxford Explorer Scouts	Adrian Gooderham 211805
1st Boxford Guides	Janice MacMillan 210565
1st Boxford Rainbows	Janice MacMillan 210565
1st Boxford Scout Group	Richard Gates 210432
1st Boxford Scouts	Mark Miller 211596
Vulpine Explorer Scout Unit	Denzil Smith 210020
3 Parishes Response	Richard Wild 210946
Bellringers	Richard Gates 210432
Boxford Bible Study Group	211077
Boxford Bike Club	Matthew Shinn 211296
Boxford Bowls Club	Lea Blackham 210313
Boxford Bounty	Mark Miller 211596
Boxford Car Community Scheme	Jen Eastwood 211853
Boxford Carpet Bowls	Brian Porter 01473 824283
Boxford Community Council	Ward Baker 210129
Boxford Conservative Assoc	Peter Patrick 210346
Boxford Drama Group	Janice Macmillan 210565
Boxford Gardens Open	Sara Mattocks 07484 759292
Boxford Gardening Society	Elizabeth Wagener 210223
Boxford Playing Fields	David Burden 211926
Boxford Rovers Football Club	Melvyn Eke 01473 602846
Boxford School	Justine Davies 210332
Boxford Society	Jen Eastwood 01787 211853.
Boxford Spinney	Gordon Edgar 378983
Sunflower Child Care	Moira Grant 211513
Box River Lectures	Simon & Jo Marchant 210149
Boxford Tennis Club	Yvonne Woodfield 210151
Boxford and Groton United Charities	Guy Godfray (Clerk) 211378
Boxford Village Hall Bookings	Veronica Hobbs 211529
Boxford WI	Annie Phillips 211729
Boxford Youth Club	Pauls Hoare 211033
Box River News	Eddie Kench 211507
Community Police Officer	Babergh West 01473 613500
County Councillor	James Finch 01206 263649
District Councillor	Bryn Hurren 01787 210854
Edwardstone and Boxford CC	Iain Young (01787 210048
Fleece Jazz Club	David Gasson 210796
Friends of Boxford School	<i>Talktojobs@gmail.com</i>
Local History Recorder	Trudy Wild 210946
Mill Surgery	210558
'Madrigalia' Chamber Choir	Sue Price 210913
Babies and Toddlers Group	'find us on Facebook
Parish Council	Debbie Hattrell 210943
Parochial Church Council (Secretary)	Shirley Bloomfield 211181
Poppy Appeal	Brian James 210814
Primrose Wood	Ian Lindsley 210520
SESAW	Maggie 210888
Sponsored cycle ride	Ruth Kingsbury 211236
Gareth Weiland Memorial Fund	Ben Woodfield 211922

Newton Clubs & Organisations

Art Club	Carol Langley 373548
Line Dancing	Jean Tomkins 377343
Local History Recorder	Alan Vince 373963
Newton Fireside Club	Wendy Turner 372677
Newton Golf Club	377217
Newton Green Trust	Lee Parker 376073
Newton Keep Fit Club	
Newton News Views & Coffee	Alan Vince 373963
Newton Village Hall	Alan Vince 373963
PCC	Christine Cornell 370331
Police Liason Officer	
Sponsored cycle ride	Chris Cornell 370331
Surgeries	Boxford Mill 210558
	Meadow Lane 310000
	Hardwicke House 370011
	Siam 370444
War Games Club	Brian Lawson 312160

Edwardstone Clubs & Organisations

Edwardstone Millennium Green Trust	Claire Mortime 210051
Edwardstone Parish Hall booking Secretary	Daphne Clark 210698
Edwardstone Parish Hall chairman	Daphne Clark 210698
Edwardstone United Charities	Les Clark (Clerk) 210698
Edwardstone and Boxford CC	Tom Whymark 211375
Local History Recorder	Daphne Clark 210698
Parochial Church Council (Secretary)	Ineke Morris 210761
Sponsored cycle ride	Mrs A Tribe 211526
Edwardstone Parish Council	Richard Jones 01473 828246

Groton Clubs & Organisations

Groton Educational Foundation	Anthea Scriven 01787 210263
Groton Parish Council	Richard Jones 01473 828246
Groton Village Hall Bookings	Joanna Roberts 210619
Local History Recorder	Jeremy Osborne 211960
Sponsored cycle ride	Colin Blackmore 211134
Groton Parochial Church Council (secretary)	David Lamming 210360
Groton Winthrop Mulberry trust	R Bowdidge 01787-211553

Ltl Waldingfield Clubs & Organisations

Gt Waldingfield WI	Linda Lutz 378888
Little Waldingfield History Society	Andy Sheppard 247980
Ltl Waldingfield Parish Council	Simon Ashton
Lt Waldingfield Parish Room	Sue Bowen 249473.
Little Waldingfield Playingfield Committee (Chair)	Charles Miller 249111
Little Waldingfield Charities	Sue Mitchell 247173
Local History Recorder	Sue Sheppard 247980

Milden Clubs & Organisations

Milden Cricket Club	Andrew Simmons 07951 055643
Milden Pavilion and Playingfield	Pearl 01449 741876

Directory of Benefice Web Sites

VILLAGE ORGANISATIONS

Box River Benefice	www.achurchnearyou.com
For churches other than Boxford, follow the links under "Our other churches"	
Boxford Web Site	boxfordsuffolk.com/
Boxford:	opsboxfordbures.com/
Boxford Bike Club:	boxfordbikeclub.co.uk
Boxford Community Council:	boxford.me.uk
Boxford Drama Group:	boxforddramagroup.com
Boxford Gardening Society:	boxfordgardeningsociety.one.suffolk.net
Boxford School:	boxford.suffolk.dbprimary.com/
Boxford Spinney(Scouts):	boxfordspinney.freeserve.co.uk/
Boxford Sunflower:	boxfordsunflower.co.uk
Boxford Rovers	www.boxfordrovers.co.uk
Boxford Village Hall:	boxfordvillagehall.co.uk
Fleece Jazz:	dovbear.co.uk/fleece/
Tornado Smith:	thewallofdeath.co.uk/Tornado.htm
Edwardstone Cricket Club	edwardstonecricketclub.com
Milden Cricket Club	www.mildence.com

DOCTORS

Boxford Mill:	hadleighhealth.co.uk/
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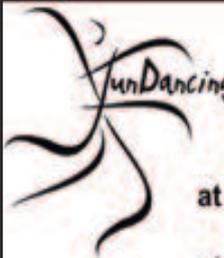
PARISH COUNCILS

Edwardstone Parish Council	edwardstonepc.onesuffolk.net/
Newton Parish Council:	newton.onesuffolk.net/parish-council/
Little Waldingfield Parish Council:	littlwaldingfield.onesuffolk.net/
Groton Parish Council	Groton.onesuffolk.net/

PUBS

The Boxford Fleece:	boxfordfleece.com/
The Boxford White Hart	whitehartboxford.com
The Groton Fox:	thefoxandhounds.webeden.co.uk/
The Edwardstone White Horse:	edwardstonewhitehorse.co.uk
Please send details of your organisations web site to	
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We are now planning further ones throughout the coming year 2020. The next group for April and May have now been booked for early evenings, but if you would like to attend at a different time, then please email matthew.boyle@suffolk.gov.uk

The Garrad Room, Bures Community Centre – Monday, 6th April, 19.00 – 21.00
The Church Hall, Bear Street, Nayland – Thursday, 7th May, 19.00 – 21.00
Mary's House, Swan Street, Boxford – Thursday, 26th May, 19.00 – 21.00

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BOXFORD BIKE CLUB



Formed in January 2012 the club is based in Boxford catering for cyclists from the village itself and the surrounding locality.

Our primary aim is to promote cycling in our area and to provide a platform for all abilities, genders, ages and interests in a relaxed fully inclusive environment. We are a friendly club and think that amateur riding should primarily be fun and as such we like to think we do not take ourselves too seriously.

Being a member of our club will enable you to enjoy the pleasures of cycling in the beautiful countryside that surrounds our village on the edge of Constable Country. People new to cycling will have an instant network of support and advice available to them and the opportunity to take part in organised rides on a regular basis.

The club reflects varied cycling disciplines, with members interested and participating in road cycling, mountain biking, triathlon and cyclocross.

Each week the club organises a variety of local rides including off road mountain biking, road riding at various speeds and social riding for those who are new to cycling and for experienced riders who prefer a more relaxed ride. A coffee stop at the end of most rides enables members to get to know each other and to enjoy the company of other riders.

Various members have taken part in a number of local and national cycling events including the overnight Dunwich Dynamo, the Suffolk Sunrise 100, the Hadleigh Gayford Flyer and the annual 100 mile Ride London event. Members also attend local reliability rides and mountain bike events including the Mud Sweat and Gears series, The Viking Challenge and The Tour of the Cornfields.

Every year the club organises its own sportive, The Boxford Tornado, which attracts riders from all over the country keen to enjoy the delights of the Suffolk countryside.

Please take the time to browse through our website which hopefully will give you a flavour of what we are about and the sort of activities we get involved in. We are always keen to welcome new members you can join us by simply clicking on the link on our membership page.

As a club, we don't take ourselves too seriously and we hopefully come across as a friendly and approachable bunch, at the same time endorsing the benefits and enjoyment of cycling in all its forms.

Membership of a group such as this encourages increased participation in the sport. People new to cycling have an instant network of support and advice available to them, but also having organised group rides encourages members to get out and ride on a more regular basis.

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