

# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



May 2019  
Vol 19 No 5

## DOUBLE U12 TEAMS LEAGUE CHAMPS.



**Boxford Rovers U12 Blues joined the U12 Reds as Suffolk Youth league 2018-19 champions .**

**Blues** team photo above with Manager Richard Anthony clinched the league with a 4-2 victory against Ipswich Exiles to finish the season as Division 4 champs played 16 , Won 12 , Drew 1 Lost 3 goals for 74 against 19 .

**Reds** secured U12 Division 3 champs with manager Matt Gardiner play 18 won 14 drew 2 lost 2

Well done to Richard and his team for an inspired 4-2 victory Saturday (coming back from 2-0 down) to win U12 Division 4 , a super season , with great thanks to Bee . Melvyn.



*Above: Under 12's Blues*

*Left: Under 12's Reds*

## Box River News

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Final date for reserved copy for the  
JUNE 2019 Issue is:

**May 15th at noon**

*Delivered Free* to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green Mildenand is available to residents in Kersey Assington, Leavenheath, Gt Waldingfield, Polstead, Shelley Stoke by Nayland, Nayland, and parents of children at Boxford School.

## FEEDBACK FROM JAMES CARTLIDGE MP MP for South Suffolk

One of the most important powers we enjoy as Members of Parliament is the ability to initiate our very own 'private' legislation. 'Private Members' Bills' (PMBs), as such proposals for new laws are called, abound in quantity – but with very few ever reaching the statute book, as most laws are Government Bills. My only ever PMB to date, on compensation for victims of terrorism, was objected to at the first hurdle and did not proceed (a common fate for such Bills, no matter how worthy the cause).

In this context, I was delighted to attend the Commons on Friday 8th February (PMBs are nearly always debated on a Friday) when we passed Finn's Law, a PMB providing greater legal protection for service animals, and inspired by an attack on a Police Dog called Finn. Under current legislation, if a police dog is injured by a criminal trying to evade capture, the criminal can only be charged with criminal damage.

During the debate I outlined the case of Police Dog (PD) Aman and his handler PC Steve Jay of Suffolk Constabulary. In 2011, the pair were called out to assist with an incident in Ipswich with an armed individual who had stabbed a member of the public. When the team arrived on site, the individual was attempting to break into a nearby house. PD Aman, under the control of this handler, attempted to restrain the individual, and both he and PC Jay were stabbed in the altercation. For his bravery PD Aman received the Police Dog Action and Humanitarian Action of the Year at Crufts in March 2012.

The Bill ensures that criminals who injure police dogs or police horses can be prosecuted under animal cruelty provisions offering the prospect of stiffer sentences. This PMB comes alongside other Government measures to boost animal welfare, such as banning the sale of ivory products in the UK and stamping out third party sales of puppies and kittens. The second of these bans will help to crack down on puppy farms and make it much harder for 'high volume low welfare' breeders to operate.

### Remember

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## EVER THOUGHT ABOUT PLAYING BOWLS?

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# FleeceJazz

at Stoke by Nayland Hotel

## Friday 3 May 8 The Blue Dahlia, free entry with Eyal Lovett tickets

Dahlia Dumont's rich and textured singing will start the gig, 7:30 to 8:10 Dahlia Dumont Vocals, Daniele Borgato Bass, Aurimas Goris Accordion

Dahlia Dumont is a vocalist, composer and a ukulele player. Areal Brooklyn-girl, but a nomad at heart, Dahlia traveled the world from an early age, always absorbing the cultural and musical influences in her path. Her Eastern European heritage and her years as an anthropology student and teacher in France and Senegal shaped her musical palette, and in 2012 she created her project \*The Blue Dahlia.\* Dahlia's debut album The Blue Dahlia was released in 2015; the second, LaTraditionAméricaine, releases in the August 2018, with her single En Dehors du Temps, released in June 2016

## Friday 3 May 8 £18.00 Eyal Lovett Quartet

The melody is Eyal Lovett's artform, the tune that makes you think. He produces them with impressive delicacy. 8:15

Eyal Lovett Piano, Eran Har Evan Guitar, Aiden Lowe Drums, Thomas Kolarczyk Bass

Eyal Lovett is an Israeli jazz pianist and composer, currently living in Berlin. Lovett was chosen to be the 2017 "Artist of the year" by Jazzy Berlin. In June 2018 Eyal Lovett Trio won 1st place at the international competition JazzWings in Warsaw.

## Sunday 12 May 8 £20.00 Liane Carroll

The stunning Liane is doing a benefit for us.

"Liane Carroll doesn't just sing jazz. She is jazz. This is jazz of the

highest quality. Believe." \*\*\*\* Mojo

Liane Carroll Piano/Vocals

Award winning Liane Carroll is unique. She is a larger than life character with a strong voice, in which one can find influences of the great soul singers and of her semi-pro country club singing parents. She performs her own compositions and a wide selection of other jazz standards to which brings her own sound. Liane adds in her classically founded mastery of the jazz piano and wittily delivered personal anecdotes, making her the complete one woman show. She is not to be missed. Liane has spent most of her life in Hastings, where she lives with her second husband, bassist Roger Carey. She was already a favourite at Fleece Jazz, when she rose to national fame as a jazz musician. She continues to perform for us once or twice a year, solo or in groups.

## Friday 24 May 8 £20.00.

### Tim Kliphuis

Dutch jazz violinist Tim Kliphuis is the foremost ambassador for the music of Stéphane Grappelli, as part of his range.

Tim Kliphuis Violin, Nigel Clark Guitar, Ray Percy Bass

Award-winning Dutch violinist Tim Kliphuis breathes new life into existing styles with a high-energy and improvised sound. He has been hailed as a contemporary improvising \*Paganini\* and has shared the stage with Richard Galliano, Frankie Gavin, Les Paul and many gypsy jazz groups including The Rosenberg Trio. Classically trained and widely regarded as Stéphane Grappelli's heir, Tim is a highly personal and inspiring performer, composer and educator. He has a busy international schedule including work with The Hague Philharmonic and is an in-demand educator at competitions, masterclasses and conservatoires.

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

**01787 211865**

All cheques (with S.A.E. please) to:

Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

## THE MAY LETTER BY DAVID LAMMING

### THE GREATEST COMEBACK IN HISTORY

Three months ago in this column I reflected on the vote in Parliament that saw Theresa May's Brexit 'deal' rejected by MPs by a record margin of 230 votes. Despite that humiliating defeat, the Prime Minister was still insisting that the UK would leave the European Union on 29th March 2019. With Parliament still divided, that date has now been put back to 31st October (though it could be earlier if MPs agree a deal before 22nd May) and the Government and Opposition are in discussions to see if a consensus can be reached.

Whatever one's views on Brexit, including whether there should be a further referendum, we should certainly pray that MPs across the political divide will have the wisdom to discern the right outcome, and that they will act together in the national interest. A prayer we can use, suggested by our archbishops, is:

"God of hope, in these times of change, unite our nation and guide our leaders with your wisdom. Give us courage to overcome our fears, and help us to build a future in which all may prosper and share; through Jesus Christ our Lord, Amen."

Parliament has now risen for the Easter recess and I'm writing this early on a frosty Monday morning in mid-April at the start of Holy Week – the week in which Christians recall the dramatic events nearly 2,000 years ago that started (on what we now call Palm Sunday) with the crowd of people welcoming Jesus's entry into Jerusalem, shouting 'Blessed is the king who comes in the name of the Lord', and ended on Good Friday with his betrayal, arrest, what passed for a trial, torture and execution after the crowd's cry had changed to 'crucify him!'

Except that it did not end with Jesus's death on the cross. Christians believe that three days later, as foretold by prophets in the Old Testament and as Jesus had told his disciples would happen (though they did not understand it) God raised him to life. It is this resurrection that Christians across the world celebrate on Easter Sunday – this year on 21st April.

There are those who doubt the resurrection and many more in our society who just ignore it. St Paul recognised the centrality of the resurrection to the Christian faith in his first letter to the church at Corinth. In a chapter setting out the evidence for this stupendous event he wrote, "If Christ has not been raised, your faith is futile." (1 Corinthians 15, verse 17.) For those interested in reading a critical examination of the evidence, may I recommend the book by Frank Morison, "Who Moved the Stone?" It is a convincing argument for the truth of the resurrection written by someone—a lawyer—who set out to write a book believing the opposite.\*

Brexit is not the main news this morning. Instead, it is Tiger Wood's remarkable victory in the Masters golf tournament at Augusta, Georgia. 'One of the greatest comebacks ever seen in sport' as I heard it described on the radio this morning. Or, as the Daily Telegraph headlined it above a photograph of the triumphant Woods having just holed the winning putt, 'The greatest comeback since Muhammad Ali.' Woods's golfing friend, Phil Mickelson, commented that 'The day will go down in history.'

Headline writers are entitled to use hyperbole, but Christ's resurrection can justifiably claim to be the greatest comeback in history. It is certainly an event that has gone down in history.

If politics have been messy and confused of late, Holy Week points us to one solution, to one hope, and that is the redeeming love of Christ, with the offer to all of new life and a new relationship with God. That offer is open to all who would accept it.

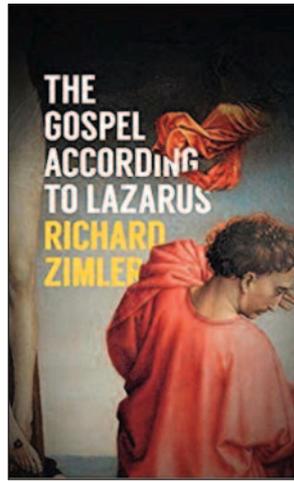
Whatever you are planning to do over the holiday weekend, may I wish a joyous and blessed Easter to you all.

David Lamming

\*Who Moved the Stone? was first published in 1930. It was re-issued in 2006 and the paperback is available on Amazon for £6.67. As the blurb on Amazon says: "Writing this book changed Morison's life. Will you let it change yours?"

## THIS MONTH'S GOOD READ

### The Gospel According to Lazarus BY RICHARD ZIMLER



One of a dwindling number of Christian stories with continuing and widespread resonance in our secular, sceptical times is that of Lazarus. This ordinary man cheats the inevitability of death because four days after he has passed away, his friend Jesus goes into his tomb in the town of Bethany and raises him back to life.

For generations of Christians, it is a tale that has been taken as a forerunner of Jesus's own resurrection and proof of his divine power. But more recent interpreters, including Nick Cave in his 2008 song *Dig, Lazarus, Dig!!!*, and David Bowie in his last-ever single, *Lazarus*, have adapted it to muse on a fluid boundary between mortality and immortality.

Grist to their mill is the failure of the New Testament to provide much supporting detail about Lazarus, thus inviting reworking and expansion. The Gospel of John, moreover, where it appears, gives no clue as to what happens next to Lazarus once he is back in the land of the living. Was he overjoyed and newly wise as he embraced his second chance?

That, at least, is what I always assumed listening to the passage read aloud from the pulpit in the churches of my youth, a clear case of lucky Lazarus.

Then Colm Tóibín's 2012 novella *The Testament of Mary*, a reworking of the story of Jesus's mother, came along and provided an altogether darker sequel. It has Lazarus reborn, yes, but for ever trapped in a limbo of living death, confined to a darkened room, unable to communicate and shunned by those around him as an omen of ill fortune. In other words, be careful what you wish for.

Somewhere in the middle comes Richard Zimler's new novel *The Gospel According to Lazarus*, fresh from being a number one bestseller in the American author's adopted homeland of Portugal. Zimler, five times nominated for the prestigious International Dublin literary award, has form in combining historical and theological speculation with high-end literary thrillers, as in his celebrated 1996 novel *The Last Kabbalist of Lisbon*.

It's a very human tale of rivalry, betrayal, power-grabbing, sacrifice and even of a (very lightly worn) homoerotic bond

This time round, he provides just enough structure from the familiar story to reassure readers – Lazarus's squabbling sisters Martha and Mary forever in dispute, while the family home is full of various apostles – but then he adds his own details. Most significant is the intimate relationship, dating all the way back to childhood, between Yeshua (the Hebrew for Jesus) and Lazarus. Aged eight, Lazarus had saved Yeshua from drowning. This prequel provides both a neat symmetry to Yeshua returning the favour and a point of departure – one rescue is earthbound, the second beyond the powers of humankind.

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Zimler then adds flesh to the bones of Lazarus's second incarnation by inserting him into every twist and turn of the story of the last week of Jesus's life in Jerusalem, up to and including his crucifixion. The implicit invitation throughout is to compare and contrast what Lazarus witnesses with how history – shaped by the churches – has remade events.

Yet this is no attack on institutional Christianity, but, rather, a reverent and subtle meditation on the ways in which the dead can interact with the living – by the power of their example, via voices heard only in the heads of those who remember them, as a counterpoint to the memories that others hold of them. It is also a very human tale of rivalry, betrayal, power-grabbing, sacrifice and even of a (very lightly worn) homoerotic bond between Yeshua and Lazarus. Can love transcend death?

Perhaps the most remarkable aspect of this brave and engaging novel, though, is that Zimler manages to make the best-known narrative in western culture a page-turner. I simply had to keep going to the very end in order to know on earth what would happen.

• *The Gospel According to Lazarus* by Richard Zimler is published by Peter Owen (£14.99).

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# TO RELIEVE NEED & DISTRESS - THE STORY OF EAST ANGLIAN ALMSHOUSES BY SARAH DOIG

Little Waldingfield History Society was delighted to welcome Sarah back to the Parish Room, to tell us the fascinating story of the history of Almshouses in East Anglia; the subject arose from her love of quirky history and early years historical research when she kept coming across the same type of building, namely the Almshouse.

## The History of Almshouses

Sarah began by giving us the Chambers Dictionary definitions of Alms and Almshouse:

Alms: Plural noun, historical charity donations of money, food, etc to the poor.

Alms House: Noun, Brit, historical a place where the aged, poor, etc were supported by charity.

The giving of alms started with the medieval monasteries, where Christianity demanded the poor should be cared for, beginning with provision of shelter and food for travelling pilgrims and then onto the most needy, and in particular to lepers.

During the medieval period, leprosy's disabling consequences became visible in all communities across England - rural and urban, rich and poor - and its impact changed both the landscape of the country and the mind-set of the people. Reaction to the disease was complicated; some believed it was a punishment for sin whilst others saw the suffering of lepers as similar to the suffering of Christ. Because lepers were enduring purgatory on earth, they would go directly to heaven when they died, so were therefore closer to God than other people. Those who cared for them or made charitable donations believed that such good works would reduce their own time in purgatory and accelerate their journey to heaven.

Leper houses and hospitals were built on the edge of towns and cities, or in rural areas near crossroads or major travel routes. Lepers needed to stay in contact with society to beg alms, trade items and offer services such as praying for the souls of benefactors. There was high demand for places in leper hospitals, and 'leprous brothers and sisters' were often accepted fully into the religious order of the house. Many of these buildings were subsequently destroyed during Henry VIII's dissolution of the monasteries in the 1530s, though some remain, including St Mary Magdalene in Stourbridge - the Cambridge Leper Chapel.

The derivation of the word Hospital is from Hospice, a place where care, health and wellbeing was provided for the spirit, soul and body of the inmates; they provided hospitality and a place to rest and recuperate. Care in religious leper houses and monastic hospitals centred as much on a person's spiritual needs as on their physical problems, and most hospitals consisted of a group of cottages built around a detached chapel, where praying and singing continued throughout the day.

Most hospitals were actually almshouses for the elderly and infirm, which provided basic nursing, but no medical treatment. An almshouse (also known as a bede-house or poorhouse) is charitable housing provided to people in a particular community. They were often targeted at the poor of a locality, at those from certain forms of previous employment (or their widows), and at elderly people who could no longer pay rent, and are generally maintained by a charity or the trustees of a bequest.

By the time of the Dissolution, religious orders had set up as many as 1,000 hospitals, almshouses, leper hospices and hostels for travellers across the country - vital to the social fabric of the period. These included the six hospitals of Bury St Edmunds, which were run independently of the abbey. Most were extensively endowed with lands and in the 1295 rental the Wardens of St Nicholas and St Saviour hospitals were second only to the church in their holdings of property. Along with St Peter's and St Petranilla's they were among the largest landholders in the suburbs as well, and were exempt from municipal tithes. Because of the presence of these hospitals, located on the major routes, Bury itself became an important centre of medicine. For more information please visit: <http://www.stedmundsburychronicle.co.uk/Rel-hospitals.htm>

Sarah told us that St Saviour's was the richest and best known, founded by Abbot Samson around 1184 according to Yates. In 1190 the Bishop of Norwich confirmed to it two thirds of the tithings from the same manor. Its endowments were enlarged throughout the 13th century and its complex became one of the most impressive collections of buildings in the Banleuca (\*), which area was used as the boundary of the Borough of Bury St Edmunds until 1934. At this time St Saviour's had a Warden, 12 chaplains and 6 clerks, with 12 poor men and 12 poor women in residence.

(\*) *In 945 the monastery was granted a large area of land from the crown, known as the Banleuca.*

The Great Hospital of St Giles in Norwich was founded in 1249 by Bishop Walter de Suffield, the original beneficiaries being aged priests, poor scholars and sick and hungry paupers. Clerics remained unmarried at this time, so had no family to support them in old age. Thirty beds were earmarked in the west end of the church for the sick poor, and thirteen paupers were to be fed at the hospital gates each day. Four chaplains, a deacon and sub-deacon, as well as a master of St. Giles were appointed. The hospital was modelled on the Augustinian rule, which discouraged excessive liturgical ritual and permitted more time for charitable works; despite this, the master and chaplains were bound to sing three masses a day, including one for Bishop Suffield's soul, as well as a weekly mass in honour of St Giles.

The hospital avoided the dissolution of the monasteries, but on the death of Henry VIII it was surrendered to his son, Edward VI, who subsequently passed its guardianship to the city corporation. From then on the religious functions of the hospital were suppressed, allowing it to return to its original *raison d'être* of caring for the elderly sick and poor, and for the first time it provided medical care to its residents. It is now a sheltered housing and care village.

## The Role of Private Individuals

We were told that private individuals also established Hospitals (or Almshouses), which in the Middle Ages were broadly of four types; for lepers, for poor (and sick)

pilgrims, for the poor and infirm, and almshouses or bedehouses. The last often included explicit instruction that the brothers and sisters resident there long-term should pray daily for the souls of the house's founders and benefactors - the term 'bede' meaning prayer. Poor pilgrims often just stayed overnight at a hospital, and while some medieval hospitals took in the sick, others seem to have cared only for the old and infirm.

Typically we know more about the founders of the 850-plus medieval hospitals and almshouses in England than about those who resided there long-term - the brothers and sisters - and we know almost nothing about the people who were cared for in hospitals. Some leper hospitals housing those believed to have leprosy also took in those suffering from general infirmity, and by the later Middle Ages many of these leper hospitals no longer housed any lepers at all, instead taking in the old and infirm. Additionally, most hospitals accommodated no more than 20 brothers and sisters, 12 being the most common, along with a priest.

In leper hospitals an emphasis was on cleanliness and wholesome food, with clothes washed twice a week and, if possible, a varied diet supplied, often from the house's own fields and livestock. The therapeutic effect of horticultural work and the beauty of nature were recognised; many houses had fragrant gardens of flowers and healing herbs residents took part in up-keeping. Many lepers also stayed in touch with family and friends, being allowed to make visits home and to receive visitors.

## Sarah then introduced us to some of the more notable private individuals and the institutions they created:

**Thomas Seckford:** In 1587, Queen Elizabeth I granted Seckford a royal licence to build and endow almshouses in Woodbridge. Those interested in becoming almshouses were selected by Seckford and the local vicar, just needing to show they had lived honestly in Woodbridge for at least three years. The original Almshouses consisted of seven, two storey flats, constructed of brick and stone and set within two acres, close to the land the almshouses cultivated. Within them lived twelve men and a principal almshouse. The Woodbridge almshouses received £112 13s 4d a year (more than £200,000 today) from Seckford's business interests in Clerkenwell.

The Woodbridge almshouses were mostly skilled or semi-skilled workers around the age of 60. There was no provision for poor women, although three widows were employed as nurses for the sick almshouses, for which they received accommodation and £2 13 4d a year. In return for their £5 annual pension, the Almshouses lived by strict rules, wearing uniforms and silver badges bearing Thomas Seckford's coat of arms, following regimes to keep them from 'idleness', abstaining from alcohol, attending church three days a week and unable to leave the Almshouses without permission. If they failed their responsibilities, they were made to pay fines or risked being expelled from the Almshouses altogether. In 1977 a day centre and residential home were added and in 2005 the old almshouse buildings were converted into 28 self-contained very sheltered flats.

The Seckford Foundation has, over the past 150 years, continuously developed the activities of the Foundation and its facilities. Since the turn of the century it has entirely remodelled the Almshouses, providing exceptional accommodation for its residents; constructed a 350 seat theatre for the benefit of the School and local community; substantially upgraded teaching facilities at Woodbridge School, to include a new classroom block, sixth form centre and technology centre; opened three new Free Schools, in Beccles, Ixworth and Saxmundham; launched Seckford Springboard to help young people under 25 to access education, employment and training; and led an initiative called 'Flourish', to help tackle rural poverty within Suffolk.

**Sir William Cordell:** The Hospital of the Holy Blessed Trinity was founded by Cordell, then lord of the manor of Melford and resident of Melford Hall, in 1573. He was a man of national prominence, holding such high office as Master of the Rolls, High Steward of Ipswich and, in 1558, Speaker of the House of Commons. Born and raised in Melford, it was to the poor residents of the town that he gave the almshouses, specifically for 12 aged men and a warden.

The Hospital housed twelve 'brethren', and was built in a quadrangle with an inner courtyard garden and an outer walled garden. When first constructed, the garden was enclosed by a wooden pale fence, but in 1632 the brethren requested the garden be enlarged slightly and enclosed in a high brick wall. This was prompted because fruit trees inside were planted so close to the boundary that much of the fruit was stolen before the brethren could pick it. Four or five feet was taken from the adjacent village green and the brick wall completed in 1633.

In 1731 the garden was used for supplementing the diet of residents by growing fruit and vegetables, as revealed by the Warden's accounts that year. The property was largely restored in 1847 and continues to be administered by the Trustees of the Hospital, providing Almshouse accommodation for poor aged persons of good character who were born or reside in the ancient parishes of Long Melford, Glemsford, Stanstead, Shimpling, Alpheton, Lavenham, Acton, Chilton or Sudbury. Free accommodation, heating and hot water are provided for the almspersons, with each flat connected to a community alarm system to ensure 24 hour assistance is available if required.

**Henry Tooley:** Founded Tooley's almshouses in 1550, with additional endowments in 1591 by William Smart. Rebuilt in 1846 with some C20 additions on the east side. The present buildings are on 3 sides of a garden court, with an entrance gatehouse on the west side. People still reside in the court, which is not open to unauthorised visitors. During Heritage Open Weekend, the main gate is opened so people can wander the grounds, privileged to be able to get a closer look at the iconic architecture of the place.

Sarah then told us that not all almshouses were as grand as the above, and that philanthropic groups and charities also founded almshouses, including the Corporation of Great Yarmouth, who founded the Fisherman's Hospital in 1702 for 20 old and "decayed" fishermen and their wives. The Charity now provides almshouses for retired fishermen and their wives or widows: not less than 60 years of age and who have served on vessels fishing out of Great Yarmouth.

**Arthur Winsley:** Winsley left much of his property (Brickhouse Farm in St. Botolph's Colchester) to the Charity in his will of 28th March 1726. The farm was converted into twelve almshouses and a Chapel for twelve ancient men 'that had lived well and fallen into decay'. Winsley's benefaction had included a weekly stipend of 2s 6d for each almsmen and 36 buckets of coal a year; on New Year's Day a sermon in the almshouse chapel was followed by a dinner.

Over the years, the Almshouses have been added to as a result of a number of bequests and endowments. Although there were once 88, there are now 80, as a result of improvements which merged some properties, to provide a better standard of accommodation. Wives were originally evicted on the death of their husband, but happily this is not the case today.

Sarah now told us of the Charity Commission, which was set up in 1853 to improve the oversight of charities, and which required the formalisation of all charities and charity trustees.

**Margaret Ogilvey:** Ogilvie Charities were founded in 1887 and now run four sheltered housing schemes, two in Suffolk and two in Essex, to create a caring and supportive atmosphere for residents living independently in self contained accommodation. The confusingly separate Ogilvie almshouses, comprising 12 self-contained cottages, were erected in 1926, originally for workmen, by Margaret's son Glencairn Stuart Ogilvie as part of his Thorpeness fantasy holiday village (which includes his famous 'House in the clouds' water tower).

**Sir Robert Gardener:** Gardener founded a set of almshouses at Elmswell in 1620, entrusting their government entirely to six villagers and increasing the endowment in his will to keep pace with inflation. Over the central doorway a square limestone panel is inscribed: "Sir Robert Gardener KT. Sometime Lord of these Manors of Elmswell and Woolpit founded this almshouse in ye time of his life AN 1614 and gave unto it sufficient maintenance for six poore women widows to continue forever".

#### **Life in an Almshouse**

Generally residents were treated well as they had a safe place to eat and sleep, but they often had to meet many rules and regulations regarding: their suitability for admission; continuing conduct; and ongoing obligations to attend religious services, including also sometimes restrictions on what they wore. For example:

**Robert Cocks:** A music publisher and local benefactor who erected ten almshouses in Old Buckenham in 1860, for the reception of aged and deserving persons born in the parish. Like many founders, he oversaw the creation of the rules and regulations governing behaviour and use of the almshouses; these could be quite arbitrary and very strict:

#### **Rules and Regulations**

for the government of the ten Alms Houses at Old Buckenham, Near Attleboro', Norfolk. Founded by Robert Cocks, AD 1860

**I.-** The intention of the-Founder is that these Alms Houses should be the home for those persons, of the age of Fifty-five years and upwards, who have seen better days, whose habits are known to be temperate and cleanly and who have kept themselves independent of parochial relief.

**II.-** The Pensioners, who shall from time to time partake of the benefits of this Institution, shall be ten poor persons or families, natives of the above-named parish of Old Buckenham; and be Unmarried Men, Widowers, Spinsters, or Widows; such Families to consist of Husband and Wife only (one of whom, at least, shall be a native of the said parish); or of a Widow born in the said parish and one infirm daughter; and if either be removed by the "will of God" then the Survivor shall enjoy every privilege as tenant during his or her life, in the same manner as if both were living, unless such Survivor shall marry again, in which case he or she shall thereupon immediately quit the Alms House, and shall lose all the privileges of a Pensioner. Each Pensioner, besides living Rent Free, shall receive, every Quarter, Two Pounds, and One Ton of Coals every Year.

**III.-** No Lodger to be admitted.

**IV.-** No Relatives or Survivors of a deceased Pensioner are to have any part of the current Quarters payment.

**V.-** The Pensioners to visit and assist each other in lameness or sickness.

**VI.-** The Men not to swear or quarrel, and the Women not to brawl or scold.

**VII.-** No nails to be driven in the walls without the consent of one of the Trustees.

**VIII.-** No Shrubs, Plants, Flowers, or Trees, to be nailed against any of the external or fence walls of the Alms Houses.

**IX.-** The Ground in front of the Alms Houses to be kept as a Flower Garden.

**X.-** No Pensioner to keep Pigs, Poultry, nor Animals of any kind, except Birds, or a Cat.

**XI.-** No Pensioner to build, or cause to be erected, any Shed or Building of any kind on the uncovered ground attached to the Alms Houses.

**XII.-** No Alms House to be used as a Shop, and no Sale of Furniture or other things to take place, either by Auction or otherwise, on the Premises.

**XIII.-** It is required that all Pensioners will have the Chimneys of their Rooms swept three times in each year, namely, on the first Friday in January; the first Friday in April; and the first Friday in October; and will keep their Rooms clean, and preserve the same from ill-usage.

**XIV.-** It is imperative that the Pensioners should be regular attendants at a place of worship on the Lord's Day, unless prevented by illness.

**XV.-** Any Pensioner who shall wilfully Damage the Property, papering of the walls, painted wood, or any part thereof, shall, at his or her own cost, make good such damage to the satisfaction of the Trustees.

**XVI.-** All broken Windows, caused by negligence of a Pensioner, to be repaired by, and at his or her expense.

**XVII.-** The Trustees shall have power to remove any Pensioner known to be in the habit of tipping or frequenting the public houses, or not strictly conforming to the above Rules.

By Order of ROBERT COCKS, the founder

And the Trustees, The Rev Thos Fulcher, Mr Richard Bird and Mr Stroud Lincoln Cocks 21 August 1876

**Henry Howard:** Founded the Hospital of the Holy and Undivided Trinity in Castle Rising, between 1609 and 1614. Howard's will established a charity to provide sheltered accommodation for 12 women from the Parish, with rooms for the Sisters arranged around a central courtyard.

Sisters had to attend chapel every day, attend St Lawrence Church every Sunday and Holy Day dressed in their distinctive black hats and blue (later red) livery gowns, and say prayers for the founder whose badge they wore. In the early seventeenth century each Sister was given eight shillings (40p) per month, eight pence (3p) on festival days, an annual 'chaldron (\*) of coal' and a gown 'of kersey' (brown woollen cloth) for everyday wear. There's no dress code now, yet the residents take great pride in dressing in the "uniform" provided by Henry Howard for special occasions such as Founder's Day.

(\*) *A chaldron (also chaldron or chalder) was an English measure of dry volume, mostly used for coal, the word being an obsolete spelling of cauldron. It was used from the 13th century until the end of 1835 when the Weights and Measures Act that year specified coal could then only be sold by weight. It was not standardized and there were many different regional chaldrons, the two most important being Newcastle and London.*

Many attempts have been made to calculate the weight of a Newcastle chaldron. Historian John Nef estimates it weighed 2,000 lb (907 kg) in 1421, and that its weight was gradually increased by coal traders due to taxes on coal which were charged per chaldron until 1678, when its weight was fixed by law at 52 1/2 long hundredweight (5,880 lb or 2,670 kg). It was later increased in 1694 to 53 long hundredweight (5,940 lb or 2,690 kg).

A London chaldron was defined as 36 bushels (8 dry gallons) heaped up, each bushel to contain a Winchester bushel and 1 imperial quart (1.14 L), and to be 19 1/2 inches (495 mm) in diameter, roughly a weight in coal of around 28 long hundredweight (3,140 lb or 1,420 kg).

#### **Almshouse Buildings**

From her researches, Sarah advised that almshouses came in all shapes and sizes. Originally they were a bit like modern day hospital ward where pensioners resided in cubicles down each long side. Many almshouses were arranged around a courtyard, and many comprised a terrace of varying length. There were also some of completely different shapes, presumably reflecting the benefactor's personal wishes.

**The Rest,** in Reydon, near Southwold, opened in 1908 and consists of a group of individual houses behind an unusual gatehouse. It was a charitable housing development for eight people established by Andrew Matthews, a successful art dealer. Residents had to be natives of Southwold, have lived there for more than twenty years, have limited income, be over 65 years of age and be of good physical and mental health. One unusual rule was that any resident displaying a certain photograph of Matthew's wife, Ellen, on her birthday, was given a 5 shilling reward (approx. £30 today).

**The Hospital of the Holy Blessed Trinity:** Founded in 1573 by Sir William Cordell, then lord of the manor of Melford living across the road in Melford Hall. Born and raised in Melford, he gave the almshouses to poor residents of the town, endowing them with land and property in the surrounding area to ensure a regular source of income. The Hospital housed twelve 'brethren' and was built in a quadrangle with an inner courtyard garden and an outer walled garden.

When first constructed the garden was enclosed by a wooden pale fence, but in 1632 the brethren requested the garden 'be enlarged slightly and enclosed within a high brick wall to prevent fruit from being stolen' - 4 or 5 feet was duly taken from the adjacent village green and the wall completed in 1633. The garden was used to supplement the diet of residents by growing fruit and vegetables, as revealed by Warden accounts for the year 1731. Major building renovations were undertaken in 1847, with further modernisation of the interior completed in 1964. In 1981 the south and east faces of the garden wall were rebuilt, and the property continues to be administered by the Trustees of the Hospital for the benefit of the poor of Long Melford.

#### **The Present Day**

Many almshouses continue today, looked after by trustees of charities overseen by the Charity Commission. The Almshouse Association, virtually unknown outside the sector, sets best practice guidelines and also has a small fund to allow almshouses to modernise.

Our next events will be at 7.30 in The Parish Room on:

22nd May: The History of Landguard Fort, Felixstowe by David Wood

First built nearly 400 years ago, the fort guards the Orwell navigable channel because Harwich Harbour was the best haven for large ships between the Thames & Humber. Both events are going to be great, and we very much look forward to welcoming guests both new and old to the Parish Room in Little Waldingfield.

## FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

### • Suffolk's recycling centres opening hours

The opening hours for recycling centres in Suffolk will change from the beginning of April. All 11 of Suffolk County Council's centres will be open from 9am to 5pm every day from Monday 1 April to September. The new times will give residents an extra hour to recycle their waste during the summer months. On Thursdays from May to August, all sites will be open until 7pm - a good opportunity for residents to recycle on their way home from work. All sites will be closed on Wednesdays. On Sundays and bank holidays, the recycling centres will also be open from 9am to 5pm from April to September.

### • Suffolk wins £1.725 million extra funding for business broadband roll out

Suffolk County Council, working in partnership with the district councils, has been successful in securing £1.725 million from the Department for Environment Food and Rural Affairs.

It will contribute to providing Superfast Broadband access to many businesses across Suffolk's most rural areas, who are not in plans to receive Superfast Broadband as part of the current fibre broadband rollout.

### • More than 96% of pupils receive a Preferred Secondary School on National Offer Day

On 1 March, Suffolk confirmed secondary school places for Year 7 and Year 9 pupils in 2019/2020.

This year, Suffolk County Council (SCC) received 7,921 applications from parents indicating which secondary school they would prefer their child to be educated at from September 2019.

Over 96.5% of parents were offered a place at one of their preferred schools. Some 7130 applicants received offers for their first preference school and 7651 applicants received an offer for one of their three preferred schools.

### • Care Quality Commission ratings for Adult Social Care Locations

The Care Quality Commission (CQC) inspect all registered Health and Social Care providers in England and Wales, rating them as Outstanding, Good, Requires Improvement or Inadequate.

Analysis of the CQC data for 1 March 2019 shows that Social Care Locations in Suffolk (including Domiciliary Care Agencies, Residential and Nursing Care), are more frequently rated Good or Outstanding than the national average.

When looking at similar Local authority areas (based on demographics and geography), Suffolk is ranked 3rd out of 16. Nationally, Suffolk is currently ranked 17th out of 156 Local Authority areas, for the percentage of Social Care Locations rated as Good or Outstanding.

The Council's Adult Care Service (ACS) works with the care market, through robust contract management and has worked hard over the last 20 months to develop productive working relationships with the care providers.

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### • More Fostering and Adoption "Drop In" Sessions in the Stour Valley

Further to the success of the three sessions in the first three months of this year we are now organising another 3 sessions in May and June. These drop in sessions have now been confirmed in our locality as per the graphic below:-

#### My Priorities

Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley -

Building on Suffolk's Strength all underpinned by strong financial management and low council tax

James Finch County, Councillor Stour Valley Division

## FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

Although the council is in purdah at the moment, the work of the councillors and the council goes on unabated, with planning, licencing and housing functions all being carried out as normal, at the last planning committee on which I had to serve, permission was given for 57 houses and apartments to be built on the former Babergh H.Q. site at Corks Ln Hadleigh, although many of us serving on the planning committee had heavy hearts on this one, the planning application was sound and duly was given approval almost unanimously, although the reasons given for closing the former H.Q were dubious, and the financial case given was not correct at all and this was a horrible political decision that did not stack up at all, we are where we are, and as it is costing the taxpayer (that's yourselves) £1,000.00 per week to look after the ever decaying asset it is best that we cut our losses and redevelop it quickly.

More locally the Boxford ward duties and work carry on unabated, the project to repair and refurbish the original council owned Homefield flats which had fallen into some disrepair is nearing completion with the final stage being to make the walkways rainproof, some repairs to the yard and a good clean up all around the car park and paths and walkways to make the whole area safe for residents and visitors alike, I hope all this work will be completed next month as this project has been long overdue and has resulted in some very forceful approaches by myself to get this necessary work completed.

It is with great relief that I can now report that the Groton local needs housing scheme has received planning permission after six years of hard work by Groton P.C. and other village residents. This scheme is for 4 one and two bed properties for rent solely for local people to enable them to stay local and to provide local homes for local people. This little scheme means that local residents can get a foot on the housing ladder or some can downsize which will free up a larger property for another family to have a home. It is hoped to make a start on this project later in the summer with a build out time of about eight months, maybe quicker as these properties are very small. It is hoped to have an opening ceremony upon completion for all concerned to attend along with any villagers to see the finished project. Although this project has taken a long time it does show that being a parish councillor in your village can make a difference and if everyone pulls together good things can be achieved.

With this in mind can I remind everyone that on 2nd May we have Parish and District elections and it is everyone's chance to get involved, it is not likely that there will be any parish elections as it is always a struggle to find enough people to serve, so if you would like to help please put your name forward as I believe that all parishes have at least one or more vacancies, details can be obtained from the village parish clerk, democracy starts locally to make a difference.

This is also the case with the Babergh District Council elections and I would ask everyone within the six villages to come out on the day to cast their vote for their preferred candidate, a great deal of money and effort goes in to these elections every four years and it is a good chance for every one to talk to the candidates to express their views and concerns about the way things are currently carried out and the way that you would like them to be.

Democracy can start on your doorstep and can influence events a long way up the chain towards the very top, and we all need to engage to influence.

Please everyone come out to vote on Local Matters on May 2nd in your local village hall.

Catch up soon Bryn. 01787 210854 or [bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk)



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## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

# LOCAL ELECTIONS MAY 2ND 2019



## Jacky Rawlinson – Conservative Candidate for Box Vale

I have lived in the area since 2002 and have raised my 3 daughters here, I have been happily married for almost 19 years, and live with my husband my youngest and middle daughter and 2 dogs Dizzy and Lau. Having lived in large Northern cities, I still feel incredibly lucky to live in the beautiful Suffolk Countryside

As part of the local election campaign you will have received a leaflet that gives you a summary of what the Conservative Administration in Babergh has achieved in the last 4 years and the challenges that we have set ourselves in 2019 and beyond, together with my own aspirations for improving your quality of life.

I am brand new to local politics and you may wonder what I have to offer. My answer to this is simple. When the South Suffolk Conservative Association asked for volunteers to stand, I stepped up to be counted to be your representative. Had I not have done this, there would be only one name on the ballot, giving you no choice. By stepping up, you now have a choice. Being new I bring new perspective and ideas. Working in a digital world which I do, I have an understanding of the challenges faced by younger generations and the immediacy of their digital lives. The digital age brings a plethora of issues, which I am fully equipped to understand. I do not have a political CV to tell you, I have done this, I have done that. However, I can tell you I had my eldest daughter at 19 as a young single mum. I didn't quit and take the easy road. She is now pursuing a Master's Degree as well as working full time and is a graduate in Public Health. My middle daughter is studying to be a specialist in SEN Education and learning Sign Language. As your representative I will apply the same approach as I do to everything else, work hard and not quit.

I am passionate about the beauty of the Suffolk Country side, and increasingly do not want to see it taken for granted. I have always had a keen interest in local issues, and now have the opportunity to actively, work with local residents, to deliver their needs.

As your Councillor, I would apply a rule my father taught me from a young age, "we have two ears and one mouth. Use them in that ratio". As local residents, you need to be heard or how can your representatives fully understand your needs to make sure you have the quality of life you need in your areas. As your Councillor, you talk, I will listen, and we will work together to find the solutions you need. Finally, as your councillor, with your support, I can bring a fresh voice to your ward to deliver the representation you deserve.

Jacky Rawlinson

Email: [jacqueline.rawlinson@icloud.com](mailto:jacqueline.rawlinson@icloud.com) Mob 07875 273206



## Councillor Bryn Hurren – Liberal Democrat candidate for Box Vale Ward

I have had the privilege of representing the Boxford Ward at Babergh District Council for the last 20 years and I am well known in the Boxford area. Following the recent boundary changes, I now stand for election to the new Box Vale Ward, which includes the villages of Brent Eleigh and Monks Eleigh as well as Boxford, Edwardstone, Groton and Milden.

I have lived in Suffolk all my life, currently in Assington with my lovely long term partner, Lisa. I am the proud father of two grown up daughters and have enjoyed a 44 year career as a bespoke furniture maker. I am passionate about the community in which I am lucky to live and I have always taken an active role in contributing to it. In addition to 20 years' service as a District Councillor I have volunteered in many public roles, serving as Chair of the Community Interest Company looking after the bay area at Pin Mill and 10 years as Chairman of the Quay Theatre in Sudbury.

As a District Councillor I work hard to be a strong voice for local people at Babergh and have achieved a great deal on your behalf over the years. One urgent priority is to see our joint Local Plan brought to completion. The current Conservative-led Council has failed to get a plan in place over recent years, and it has now become a matter of urgency. Why so important? Without a comprehensive Local Plan, our area is at much greater risk of damaging, inappropriate development. We need to set a framework which will balance the need for more affordable homes for local people with the protection of our beautiful surroundings. I encourage you all to get involved and make your thoughts and preferences known. If you wish to know more about the process please do get in touch.

Besides planning and housing matters, I would like to further build on the improvements I have helped to achieve in Babergh's waste management. I have played a big part in bringing us to a point where we no longer send any kerb-side or bring-site waste to landfill. It is either recycled (which I would like to see increase), or processed at the energy-from-waste plant at Great Blakenham. This plant burns our black bin waste to produce electricity that is then sold back to the grid, earning revenue to fund Council services.

I always say that I put "people before politics". The fact that I have a great deal of cross-party support amongst voters is testament to that. Many people, who may not choose to support my party at the national level, have voted for me at the local level as they know I work hard for them and their interests. I am enormously grateful for this trust. I seek election again now not as a stepping stone to something else, but because I genuinely want to do the job. Whilst we have achieved much over the years, I'm sure you will agree there is much more to be done. Please vote for me on May 2nd and let me keep on fighting for your interests.

I will be out campaigning over the coming weeks and, as usual, will try to visit every household. I look forward to seeing you soon!

# Big Garden Birdwatch 2019

# England results

Throughout the UK, 472,758 of you counted a staggering 7,669,138 birds. Once again, the noisy and gregarious house sparrow took the top spot, with the starling in second place. See below for the top 10 birds in England.

## This year, you saw:

- |  |  |  |
|--|--|--|
| <p><b>1</b></p>  <p>A non-mover<br/><b>House sparrow</b></p> | <p><b>2</b></p>  <p>A non-mover<br/><b>Starling</b></p>      | <p><b>3</b></p>  <p>A non-mover<br/><b>Blue tit</b></p>     |
| <p><b>4</b></p>  <p>Up one place<br/><b>Woodpigeon</b></p>  | <p><b>5</b></p>  <p>Down one place<br/><b>Blackbird</b></p> | <p><b>6</b></p>  <p>A non-mover<br/><b>Goldfinch</b></p>   |
| <p><b>7</b></p>  <p>A non-mover<br/><b>Great tit</b></p>   | <p><b>8</b></p>  <p>Up one place<br/><b>Robin</b></p>      | <p><b>9</b></p>  <p>Up three places<br/><b>Magpie</b></p> |
| <p><b>10</b></p>  <p>Up one place<br/><b>Chaffinch</b></p> |   |  |

House sparrow by Andrew Nicholson; starling by Andrew Nicholson; Blue tit by Steve Proctor; woodpigeon by David Gunn; blackbird by Emma Hill; goldfinch by Steve Gunn; robin by Hugo Barwood; Great tit by Chris O'Farrell; magpie by Chris O'Farrell; chaffinch by Neil Stock. The RSPB is a registered charity in England and Wales. 0207 755 4774. RSPB.org.uk



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# NEWS FROM CLUBS AND ORGANISATIONS

## 3PR Stats for March 2018

In March 2019 our responders covered 376 hours (51%) and attended 11 incidents.

Many thanks to our amazing volunteers who give up their precious time to help our community. We are in urgent need of more responders so that we can provide better coverage for the people of the local villages. If you are interested in joining, or have any questions about responding at all, please call the group's co-ordinator, Rich Wild, on 01787 210 946.

## Boxford WI Review

Our Speaker Geoff Evans works at Newmarket stud and introduced us to the Life of a Racehorse. Racehorses are athletes and they can only compete after specialist training. A lot of work is done to introduce them to cantering, galloping and sprinting. They learn to listen to their jockeys and to follow commands. The horses can race from one year old up to 16 years of age. They are well fed, kept warm and given plenty of attention. A racehorse weighs around 500kg (half a tonne) has a heart that weighs the same as four bags of sugar and drinks up to 10 gallons of water a day. Many of the horses are sold at auctions where they can reach amazing prices, last year one sold for 4.2 million pounds! Once they retire the horses can be retrained for shows and events.

### Future meetings

#### May

1st	AGM & resolution meeting	village hall 2pm
16th	Weave your own willow basket	pavilion 8pm

#### June

5th	What's that tune	village hall 2pm
20th	Hearing dogs for the Deaf	Pavilion 8pm

#### July

3rd	Suffolk cheese tasting	village hall 2pm
18th	All about Bees and honey	pavilion 2pm

## EDWARDSTONE PARISH HALL:

We are in need of extra Committee Members to help us manage Edwardstone Parish Hall. The Hall is a vital asset of the village but, to take it forward, we must have more help.

Do you have ideas for future village events? If you do, why not come along and join us and help make them happen?

Please contact me for more information.

Daphne (Clark)

Chairman/Trustee

☎01787 210698

Email: [daphne.clark@bopenworld.com](mailto:daphne.clark@bopenworld.com)

## BOXFORD BOUNTY

The Boxford Bounty is a local lottery for Boxford, Edwardstone and Groton. Through the Community Council, the Bounty provides financial support for many local groups and interests. The following groups have benefited from direct grants in the past few years:

1st Boxford Brownies	Boxford Guides	Boxford Fireworks
Carpet Bowls Club	Boxford Village Hall	Breast Cancer Care
Boxford Bowls Club	Over Sixties Club	Boxford Tennis Club
Boxford Spinney	Edwardstone Mill Green Trust	
Friends of Boxford School	Sunflower Playgroup	BoxRiver Club
Boxford Bridge Club	Boxford Playingfields	Boxford Rovers
Boxford United Charities	Boxford Scouts	Boxford Cycle Club

Tickets are available at a cost of £10.00 per year, which guarantees entry to six draws.

### The prizes for each draw are:

1st Prize	£ 160
2nd Prize	£ 75
3rd Prize	£ 30
4th Prize	£ 15

If you would like to buy a ticket for the Boxford Bounty and have not been visited by a collector please apply directly by sending a cheque made payable to BOXFORD COMMUNITY COUNCIL to the following address:

Boxford Bounty, 39, Daking Ave, Boxford, Suffolk CO10 5QA

Or ring Mark Miller on 01787 211596

e-mail [mark.miller@talktalk.net](mailto:mark.miller@talktalk.net) and we will arrange a call from your local collector. The Boxford Bounty is organised on behalf of Boxford Community Council *registered charity No 304862*

## Hadleigh & Boxford Patient Participation Group

### ARE YOU...LIVING LIFE TO THE FULL?

#### e-CBT - 6 WEEKS THAT CAN CHANGE YOUR LIFE

#### Background

Living Life to the Full (LLTTF) provides low intensity online Cognitive Behavioural Therapy (CBT). As a self-directed programme it is very useful for anyone experiencing stress, anxiety and/or low mood and gives instant access to practical help for managing mood. It is also useful for people waiting for further help for their emotional difficulties. The programme offers its users an option for 3 supportive telephone sessions over a 6 week period in addition to self-directed online therapy and is suitable for anyone aged 18 or over with common mental health and emotional issues.

#### Benefits

- Offers an effective evidence based alternative to medication
- Allows instant access to resources enabling you to start treatment immediately
- Convenience – you can access the materials in a place and at a time to suit you
- Courses are easy to follow, in an easy read format and not too lengthy
- Access to a support worker if needed
- Gives you the tools to help yourself

#### How does it work?

Living Life to the Full is a life skills course that aims to provide access to high quality, practical and user-friendly training in life skills. The course content teaches key knowledge in how to tackle and respond to issues/demands which we all meet in our everyday lives. Courses cover low mood, stress and resilience which enables people to work out why they feel as they do, how to tackle problems, build confidence, get going again, feel happier, stay calm, tackle upsetting thinking, and more. The courses offered are:

- Living Life to the Full
- Living Life to the Full for farmers
- Living Life to the Full for parents of children facing life threatening illness
- Reclaim your life – long term conditions
- LLTTF for chronic pain
- LLTTF diabetes
- Enjoy your bump, Enjoy your baby, Enjoy your infant
- LLTTF Without Walls, for those who have recently left prison or become homeless

#### How to get started

1. Visit [www.LLTTF4Suffolk.com](http://www.LLTTF4Suffolk.com)
2. Complete the mood quiz
3. Register and Change Your Life

On initial entrance to the site, you will be asked to complete a brief mood quiz. If you meet the threshold for Improving Access to Psychological Therapies (IAPT), and agree to support, a 'pop up' box will appear and you can fill in brief details which will enable an IAPT worker to contact you by phone to check appropriateness for this level of treatment. If you are deemed as needing a higher level of treatment, you will be stepped up within the Wellbeing Service. As you work through the course of treatment, there will be routine contact from the IAPT worker via phone/email to motivate you to use the online resources to improve your wellbeing and reach recovery. Patients wanting immediate help with panic need only select the big red 'Panic Button', to access an e-book on dealing with panic attacks.

You do not need to contact your GP to use this resource. For patients who prefer not to use an online resource, the LLTTF publications are available in all local libraries via Books on Prescription.

We are actively seeking new members.

For more information about the Patient Participation Group, or to join our on-line Virtual Group, please email:

[hadleighboxfordPPG@gmail.com](mailto:hadleighboxfordPPG@gmail.com)

## IMPORTANT NEWS

### Re; Community Car Scheme.

From 1st May 2019, please 'phone Jen Eastwood , 01787-211853 for all Medical Appointment requests.

With kindest regards to you all,  
Brian & Sue Green.

## Wot's On

### STOWMARKET CHORALE CONCERT

On Saturday evening 30th March the United Reformed Church in Stowmarket was filled with excitement as Stowmarket Choral and a buzzing audience found their places in readiness for an evening filled with glorious music.

The programme consisted of a familiar Benjamin Britten round, Old Abram Brown, Mendelssohn's Hear my Prayer, Purcell's Dido's Lament and Song of the Cold Genius, and the beautiful Brahms German Requiem. It was performed with energy and form, filling the church with joyous voices and rapturous applause. Everyone agreed it was a splendid performance. The Stowmarket Town Mayor attended and said "I felt as if I was in The Royal Albert Hall – it was incredible". Another member of the audience commented the choir looked as if they were really enjoying themselves.

The choir is kept under tight control by the talented new music director Tom Appleton, and he certainly provided a magnificent performance. As the baritone soloist was ill, Tom gallantly took on this role as well as conducting! No mean feat! His rendition of Song of the Cold Genius was truly inspirational. The choir is also privileged to be supported by the amazingly talented pianist William Baldry. His playing is always sublime.

A date for your diaries – Look out for our summer concert on June 15th - Shakespeare meets Jazz! This will also be held at the United Reformed Church at 7.30. Revisit your schooldays by coming along to hear some Shakespeare and wallow in medieval madrigals, songs and sonnets – a real treat to enhance a beautiful summer evening!

For further information, visit [www.stowmarketchorale.org.uk](http://www.stowmarketchorale.org.uk) or email: [secretary@stowmarketchorale.org.uk](mailto:secretary@stowmarketchorale.org.uk)

### Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date.  
[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## ST MARY'S CHURCH EDWARDSTONE

**SATURDAY 29 June 2019**  
**7.00 pm for 7.30 pm start**

**An evening of music with  
ZHL STRINGS**

**(Covent Garden Buskers)**

**Plus David Butcher on the Organ**

**Tickets £20**

*(To include glass of wine and canapes)*

**LICENCED BAR AVAILABLE**

**Please contact:**

**Jan Paul on 01787 210972**

**In aid of Edwardstone Church**



**NAYLAND PLAYING FIELD**

New opening times this year 1pm - 4pm

**MONDAY 27th MAY 2019**

**The Victory Jazz Band**

**New for 2019: White Dragons Have a Go Archery**

**Raffle £150 1st Prize**

**Classic Vehicle Display**

**Children's Sports • Adult Novelty Sports**

**Tug-of-War • Sideshows for all ages**

**Stalls include: Plants, Jewellery, China, Toys, Vintage, Glass, Garden Tools, Ladies Clothing**

**Hot Dogs, Homemade Teas, Pimms and Beer Tent,  
Ice Cream, Strawberries and Cream**

**Admission: Adults £3, Children Free, Concessions £2**

**FREE CAR PARKING**

Stowmarket  
**Chorale**

Music Director:  
Tom Appleton

## SHAKESPEARE MEETS JAZZ!

Birthday Madrigals by Rutter  
Songs and Sonnets by Shearing  
with readings from Shakespeare

**SATURDAY 15 JUNE 2019, 7.30PM**

**UNITED REFORMED CHURCH,  
STOWMARKET, IP14 1AD**

TICKETS £15, CHILDREN/STUDENTS FREE

[WWW.STOWMARKETCHORALE.ORG.UK](http://WWW.STOWMARKETCHORALE.ORG.UK)  
ON DOOR OR  
TEL: 07901 758009

Registered Charity: 280488

# Wot's On

## Boxford Gardens Open for the 22nd Year

Sunday 2nd June 2019

Calling all Gardeners, allotment owners, artists and craftspeople - please open your gardens and studios for one day to the public on the 2nd June.

Whatever the type of garden, wild or tamed, large or small, vegetable patch or kids garden

Whatever art you create in your studios, paintings, sculptures or crafts

We ask you to share it with your community and take part in an enjoyable and rewarding day.

All proceeds to St Marys Church, Boxford.

Please get in touch with me for further details or if you have any bright ideas for us to add to the day Sarah : 01787 210276 M: 07879 997640

Sarah.williams@rmcurtis.co.uk

## Boxford & District Bowls Club - Green Opening

The green will be opened for the 2019 season on Sunday 21st April at 2.30pm by the President, George Bullett. All members are invited to attend.

## MARY'S HOUSE – after school

While Mary's House (5 Swan Street) continues to open 3 mornings a week for coffee and chat, some of us still think on the possibility of it being open for young people, maybe as a quieter space for homework (we have WiFi) or for friends to meet after school.

To aid our thinking, would you contact me if either this is a facility you might use, or help with? We were thinking of exploring being open after the bus brings upper school children back to Boxford – maybe from 3.45 – 6.30 pm - to start from September. There would be a nominal small charge, but we could offer a drink and a round of toast!

These are all tentative thoughts, and will depend on demand and help – please get in touch with any thoughts or ideas.

Pauline Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU. Tel:210360

## Keep Fit For All Abilities in Little Waldingfield

At 18.30 every Tuesday in the Parish Room, Church Road; lasting one hour and costing just £5.00. Everyone is welcome, no one is too old or too young. Meet new friends and get fit in the process - brilliant.

For more information please contact Nic Carter: T: 07886 124698

E: nic@niccarterpt.co.uk

**SPECIAL - For one night only!**

## Who killed the farmer

Set in the kitchen of Crows Skull Farm in 1954 there are more suspects and more motives than you could shake a stick at - but who actually did it?

Outrageous over acting throughout, everyone seems to have been involved. Come along, for one night only and try your luck in this classic Murder Mystery!

Saturday 18th May at 7.30. There will be a short fun quiz, raffle and of course a licensed bar! Choose your murderer carefully there are many trips on the way...

Tickets from Boxford Post Office from Wednesday 3rd April £10.00 including a Ploughmans in the interval

## Stoke-by-Nayland WEA presents its

Annual Day School at Stoke-by-Nayland Village Hall

Saturday, 6th July 2019 at 10 am Christchurch Mansion, Ipswich

Talk and guided tour by Erica Burrows, Friends of the Ipswich Museums

The main body of the talk will be about Christchurch Mansion and of the three families who lived in it from 1549 until it became a museum in 1894. We shall be shown a number of portraits and hear some fascinating stories. There will be brief accounts of the Priory that preceded Christchurch Mansion on this site and of the early origins of the Ipswich Museum and Ipswich Art School. Erica will end by showing us important items in the collections, many of which have been funded by the Friends, and picking out her favourites.

Join us for what should be a fascinating day.

Total cost is £20 for coffee on arrival, morning lecture, buffet lunch and afternoon coach trip to Ipswich. The afternoon guided tour of Christchurch Mansion will cost £4 – please bring along your payment in cash.

There is also a cafe at the Mansion where people can buy their own tea and biscuits after the tour.

Places on the coach are limited so early booking is recommended.

For details of booking please contact Sue Whiteley on 01787 210945

or email whiteleysa@hotmail.co.uk.



**BOXFORD**  
Gardens Open  
Sunday 2nd June 2019 11.00am-4.00pm

- Gardens open in Boxford & Edwardstone
- Cream teas in Boxford Village Hall
- Church tower open (TBC) breathtaking views
- Free shuttle bus from village centre

**PLUS**

- \*2 Artists Studios open to the public\*

Tickets £6 (children under 16 FREE)  
Main ticket desk at the Church or look out for the 'Garden Open' signs and pay at the first garden you come to

*For more details contact:*  
Sarah Williams  
01787 210276  
Sarah.williams@rmcurtis.co.uk

*All funds raised benefit*  
St Mary's Church Boxford

## Little Waldingfield Parish Room

# Quiz Night

Saturday May 11th at 7.30 Prompt

**£10 to include two course meal & pre dinner nibbles**

**Raffle**

**Max 5 persons per team**

**Tickets : Sue Sheppard (01787) 247980**

**Sheppard.susanm@gmail.com**

**Please bring your own drinks**

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WOULD YOU KNOW WHAT TO DO?**



**CALL NOW AND ASK ABOUT  
COMMUNITY FIRST RESPONDING  
YOU COULD BE THE DIFFERENCE**



**01787 210946**



## **2019 KERSEY PLANT AND TABLE TOP TRAIL SALE**

**Saturday 11th May 2019  
12.00 – 4.00pm**

- Plant Sale at St Mary's Church Kersey.
- Tea, cake and light lunches available at the Village Hall.
- Table Tops throughout the village selling pre-loved possessions.

**FOLLOW THE TRAIL AND FIND SOMETHING TO TREASURE**  
Collect your map from a participating stallholder.

To Book a Table Space email: [kerseyprojects@gmail.com](mailto:kerseyprojects@gmail.com)



Pitch fees and profits from refreshments to St Mary's Church.

## *All Saints Church Little Cornard*

### **FLOWER FESTIVAL**

Exhibition/Sale of Artwork by Local Artists

Floral Displays, Cake Stall,  
Plant Stall, Tombola  
Refreshments

**Saturday, 11<sup>th</sup> &  
Sunday, 12<sup>th</sup> May 2019**

**11.00 a.m. to 4.00 p.m.**

**Evensong on 12<sup>th</sup> May at 4.00 p.m.**

**Proceeds to Bishops' Lent Appeal for  
Kagera and All Saints funds**

*All Saints Church  
Kedington Hill, Little Cornard, CO10 0PE*

## *Shelley Art Group*

*Present their second Exhibition*



*At Shelley House Studios  
On Saturday/Sunday 8/9 June 2019, 2pm-6pm*



*ALL SAINT'S CHURCH Shelley  
will be open with Floral Displays*

*PLANT STALL, at SHELLEY HOUSE  
proceeds to All Saints Church.*

*Look out for Hospice Posters, with*

*OPEN GARDENS  
in aid of ST ELIZABETH HOSPICE*

*Various stalls, all proceeds to Hospice.*



## Wot's On

### Wormingford Annual Flower Festival

At St Andrew's Church which takes place over the Spring Bank Holiday weekend, May 25th, 26th and 27th this year. Our subject this year is 'Once upon a time' (Fairytales and Pantomime) which gives our team of flower arrangers lots of scope!

Our lovely Church in Wormingford is always transformed for this occasion, which is our main fund raising event of the year. Just across the road from the Church in the Wormingford Community Centre which occupies the old school buildings, we have lovely teas and cakes and other refreshments and our usual Bric-a-Brac sale, so there is really something for the whole family to enjoy

### Boxford Community Council Senior Citizens Outing Wednesday 12th June 2019

Once again this year we will be holding our Senior Citizens Mystery Outing which is on Wednesday 12th June. We will be setting off from the village centre at 5.30 and having a leisurely drive to our destination.

We will be providing refreshments this year, so would ask you not to have your meal before you arrive in the village.

If you would like to join us please put your name and address down on the list which will be put up in the Post Office, or telephone Ward on 210129 or Stephanie on 210444 to reserve your place. If you need picking up please indicate or tell us that also.

For any of you who are willing to drive would you please let Ward or Stephanie know; if you have driven in previous years please still let us know if you are available this year.

We look forward to seeing everyone again this year plus any new faces. The Community Council Committee plus volunteer drivers are running this event, so please come along and meet them, plus some familiar faces from previous years.

Ward Baker  
Chairman Community Council

### New rural touring performance announced for Lavenham Village Hall March 25, 2019 by Suffolk Artlink

#### A Little Bit of Light performance

We're pleased to announce our next free performance from Make, Do & Friends, our creative programme for older people in rural areas.

On Friday 3rd May, we're looking forward to welcoming Glasshouse Dance Company to Lavenham Village Hall for a performance of 'A Little Bit of Light'.

Through music and dance, 'A Little Bit of Light' tells the story of two women entering an attic looking for a very special box. As they search among the lost props of family history, they discover a little bit of light and a touch of magic.

Dementia-inclusive, it is enchanting, uplifting and gentle voyage of understanding the importance of things lost and found.

As well as enjoying this beautiful work, you'll also get the chance to take part in some table-craft activities and once again, the Rural Coffee Caravan will be providing tea and cake!

Tickets are free but you will need to book a place, which you can do by calling DanceEast on 01284 295230 or visiting [www.danceeast.co.uk](http://www.danceeast.co.uk).

We're also hoping to be able to offer a special movement workshop from Glasshouse Dance during the week before the show.

For more information about the show, or the movement workshop, please email Lynn Whitehead [lynn@suffolkartlink.org.uk](mailto:lynn@suffolkartlink.org.uk) or visit [www.suffolkartlink.org.uk](http://www.suffolkartlink.org.uk). Rachael Murray, Communications and Development Manager (p/t Monday - Wednesday)

### Suffolk Villages Festival 2019 Spring series

We take great pleasure in presenting the next two concerts in the Suffolk Villages Festival 2019 Spring series.

**Venetian Lion Venetian Splendour** will be a rare chance to hear some of the grand ceremonial motets and instrumental pieces for divided choirs written by Giovanni Gabrieli, along with works by Schutz, Praetorius and Scheidt. Psalmody and The John Jenkins Consort will be performing the works, under the direction of Peter Holman.

The concert is on Monday, 27 May at 6pm, at St Peter's, Sudbury, CO10 2EH. Reserved tickets are £18.

**The Third SVF Musical Tea Party** will include a lavish tea accompanied by delicious seventeenth century music by Corelli, Purcell and their contemporaries. Crispian Steel-Perkins will be the trumpet soloist, with the John Jenkins Consort. Tea and music will be presented Sunday, 14 July at 3.15 for 3.30 in the Dedham Assembly Rooms, CO7 6HJ.

Tickets are £20 for this very popular event.

Tickets area available at [www.suffolkvillagesfestival.com](http://www.suffolkvillagesfestival.com), or by calling 01206 366603 Louise Jameson

# The Disraeli Band

Saturday 29<sup>th</sup> June 2019

The Playingfield Little Waldingfield

8 till late

Bar and Food

Tickets from: Trevor/Sarah Hurrell: 01787 247509

In aid of Little Waldingfield Playingfield Registered charity 304913

## BOXFORD GARDENING SOCIETY

MATT OLIVER OF HYDE HALL

# Unusual Vegetables in an Unusual Garden



Tuesday 7th May 7.30pm  
at Boxford Village Hall

# Wot's On

## MILDEN SINGERS SPRING CONCERTS

Friday 17th May 7pm for 7.30pm and

Saturday 18th May 1.30pm for 2pm in the Pavilion

Enjoy a selection of songs from the 1960's along with hits from the blockbuster films Bohemian Rhapsody, A Star is Born and The Greatest Showman!

Both performances with licenced bar, buffet and charity raffle.

Tickets are £6 and in aid of Mildren Pavilion and Playingfield.

If you wish to join Mildren Singers they meet on Monday Evenings at Mildren Pavilion please phone Pearl on 01449 741876 for more information and tickets.

## 'Lavenham Airfield Walks'

Interested in the US Army Air Force's presence in East Anglia in WWII? Then spend a morning walking in the steps of the Mighty Eighth's 487th Bomb Group on Lavenham Airfield, Suffolk. You will be accompanied by guides who will take you to areas not usually accessible to the public, whilst painting a picture of operational life on the base in WWII and how the airfield will forever be associated with the creation of the film 'Twelve O'Clock High'. The walks take place on the second Sunday of May, July and September from 10.00 – 1.30. Places are limited so booking is essential. Adult tickets cost £10, under 16s £5 (sorry no dogs) and can be booked in person at Lavenham Blue Vintage Tea Rooms in Lavenham or by telephone on 01787-248295.

All proceeds go towards the construction of a memorial to those 487th Bomb Group personnel who lost their lives whilst serving at Lavenham Airfield.

## Companion Planting for a Balanced Garden

by Dr. Ian Bedford

Many plants have properties that can either attract or repel bugs. This talk explains some of them and how they can be used in our gardens to create a natural balance system for attracting nature and keeping the pests under control. Members Free, non-members are welcome (£5, which includes a glass of wine and nibbles)

Note : there will be a repeat of the February talk by Frances Mount on Cedric Morris on 9th May at 6.30pm. Please contact us to book a place

## Nayland Horticultural Society

The AGM and quiz is on Tuesday 16th April at 7.30 in the Church Hall, Bear St, Nayland.

Please join us for a fun quiz! Refreshments and raffle.

## Nayland Horticultural Society

Visit to Pashley Manor, East Sussex on Wednesday 5th June leaving Nayland at 9.30am. £25 for travel and entry.

All the ingredients of the English Country Garden are present in these award winning gardens - sweeping herbaceous borders, ha ha, lawns, box hedges, historic walled garden, inspiring kitchen garden, wildlife, venerable trees and the Grade I listed house as a backdrop.

To book or for more information see the website, contact Trevor on 262022 or send an email to trevor.smy24@gmail.com.

### Date for your diary

Nayland Horticultural Society Flower Show. Saturday 3rd August. Why not have a go and enter this fun Flower Show! See online for the show classes at [www.naylandhortsoc.org.uk](http://www.naylandhortsoc.org.uk)

## Collectors Exhibition in Bulmer Village Hall

on Sunday 19th May 10:00AM until 4:00PM. Admission £2.00.

For more information please ring Alan Dixey on 01787 312915.

## LITTLE WALDINGFIELD SALE TRAIL

After the outstanding success of last year's event, there will be a sale trail around the village on Saturday 13th July, between 10 am and 1 pm; all are invited to come along and hunt out those bargains. Maps, refreshments, tombola and further stalls will be available in the Parish Room in Church Road.

If you wish to sell, either from your home or from the hall, please contact Sue Sheppard on 247980, at the School House or email [sheppard.susanm@gmail.com](mailto:sheppard.susanm@gmail.com). There is a £5.00 charge to cover advertising, signs, maps and a donation to Parish Room funds. Donations to the tombola will also be gratefully received.



## THE MILDEN SINGERS

## SPRING CONCERTS

Friday 17<sup>th</sup> & Saturday 18<sup>th</sup> May

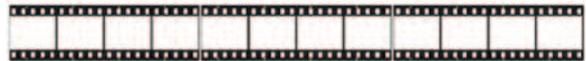
Performing hit songs from blockbuster films A Star is Born, Bohemian Rhapsody and The Greatest Showman plus enjoy a selection of songs from the 1960's

Friday 17<sup>th</sup> May from 7pm for 7.30pm

Saturday 18<sup>th</sup> May from 1.30pm for 2pm

Both performances with licensed bar, buffet and charity raffle.

Tickets are £6 in aid of Mildren Pavilion available from Pearl on 01449 741876



Friends of Boxford School

# QUIZ NIGHT

DOORS OPEN AT 7PM QUIZ STARTS AT 7:30 PM  
12.50 PER PERSON INCLUSIVE OF FISH & CHIP  
SUPPER / MAX 8 IN A TEAM

MAY 10 2019

Held at Boxford Primary School Hall, CO10 5NP  
Booking form available from school office or [talktofobs@gmail.com](mailto:talktofobs@gmail.com)  
Charity Number 1037332 Cash Bar / Grand prize trophy / Raffle

# Wot's On

## NEWTON VILLAGE HALL

### DIARY DATES

#### MAY 2019

Thursday 2nd	7.00 am – 10.00 pm	Local Elections
Wednesday 8th	7.30 pm	Parish Council
Tuesday 14th	12.30 for 1.00 pm	Fireside Club – Alan's Lunch
Friday 24th	10.00 am	Fireside Club outing – Hyde Hall
Tuesday 28th	2.00 pm	Fireside Club
Tuesday 28th	7.30 pm	Newton Neighbourhood Plan

#### JUNE 2019

Wednesday 5th	7.30 pm	Village Hall Committee
Saturday 8th	10.00 am	Church coffee morning and gift day
Tuesday 11th	2.00 pm	Fireside Club – Guide Dogs
Tuesday 11th	7.30 pm	Newton Green Trust
Wednesday 12th	7.30 pm	Parish Council
Saturday 15th	10.00 am	Seesaw – Table sale
Tuesday 25th	2.00 pm	Fireside Club
Friday 28th	9.30 am	Fireside Club outing – Palgrave music museum

### REGULAR EVENTS

Monday mornings (term time only): Yoga class (phone Sophia on 313662 for details). Monday and Thursday evenings: Western Partner Dance Club (call Chris 371006) Friday afternoons: Art and Craft club (call Anne on 312346) Friday evenings: Sudbury and District Wargames Club (call Brian on 312160)

## Polstead Gardening Club meeting

### Cedric Morris : Plantsman, Gardener and Artist

Thursday 9th May at 6.30pm at Polstead Village Hall, CO6 5AL. By popular demand, this is a repeat of the February meeting for those that missed it. Frances Mount, a retired gardener, worked and trained with Cedric Morris for 8 years. Coming from a gardening family and having worked in an art gallery, Frances appreciated his thoughts on form/shape in plants and gardens. She will share insights on his garden and what he liked to grow. Frances will have plants to sell that originated from Cedric's garden. Members free, non-members £5, which includes a glass of wine, soft drink and nibbles. To book a place please call Susie Weston on 01787 211130 gardeningclubpolstead@yahoo.com Please note that we do not meet again until September.

Come and enjoy delicious homemade cakes  
and good company at our

## COFFEE MORNING

Saturday 11 May  
10.30am – 12.30pm

in the Church,  
Little Waldingfield

Photo exhibition by Fran Gregor-Smith

Proceeds to Christian Aid



## The Red House

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Telephone: 01787 372948  
[www.redhousesudbury.co.uk](http://www.redhousesudbury.co.uk)



# THE 180th HADLEIGH SHOW *A Great Family Day Out!*

**SATURDAY 18th MAY 2019**  
**HOLBECKS PARK HADLEIGH IP7 1PE**

INFO AND TICKETS AVAILABLE ONLINE:  
[WWW.HADLEIGHSHOW.CO.UK](http://WWW.HADLEIGHSHOW.CO.UK)

**TICKET PRICES (EARLY BIRD DISCOUNT):**

ADULT £11, CHILD 5-15yrs £5.00  
SENIOR CITIZEN £9.00  
FAMILY (UP TO 3 CHILDREN) £27.00

**TICKET PRICES (ON THE GATE):**

ADULT £14, CHILD 5-15yrs £7.00  
SENIOR CITIZEN £12.00  
FAMILY (UP TO 3 CHILDREN) £32.00

**GATES OPEN 8am FREE PARKING**



Cheese and Wine

**0% LAUNCH OFFER**  
SELL YOUR HOME FOR FREE!\*

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**01787 326740**

[longmelford@humberts.com](mailto:longmelford@humberts.com)  
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Suffolk CO10 9JF

[humberts.com](http://humberts.com)



Mark Wilkins  
Managing Partner

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*\*Terms apply*



**33rd ANNUAL DAY SCHOOL**  
 Stoke-by-Nayland Village Hall  
 10am, Saturday, 6th July 2019

**Christchurch Mansion, Ipswich**  
**Talk and guided tour by Erica Burrows,**  
**Friends of the Ipswich Museums**



The main body of the talk will be about **Christchurch Mansion** and of the three families who lived in it from 1549 until it became a museum in 1894. We shall be shown a number of portraits and hear some fascinating stories. There will be brief accounts of the **Priory** that preceded Christchurch Mansion on this site and of the early origins of the **Ipswich Museum** and **Ipswich Art School**. Erica will end by showing us important items in the collections, many of which have been funded by the Friends, and picking out her favourites.

**Join us for what should be a fascinating day.** Total cost is £20 for coffee on arrival, morning lecture, buffet lunch and afternoon coach trip to Ipswich. The afternoon guided tour of Christchurch Mansion will cost £4 — please bring along your payment in cash.

There is also a cafe at the Mansion where people can buy their own tea and biscuits after the tour.

Places on the coach are limited so early booking is recommended.

For details of booking please contact Sue Whiteley on 01787 210945 or email [whiteleysa@hotmail.co.uk](mailto:whiteleysa@hotmail.co.uk).

The Autumn Term course will start on Thursday 19th September 2018.

The subject will be 'Revolutionary Britannia - Britain in the Age of the French Revolution 1788-1832' by Simon Doney

WEA is a company limited by guarantee registered in England number 2806910 and a registered charity number 1112775

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**Boxford**  
**CO10 5NR**

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[pippettes.co.uk](http://pippettes.co.uk)

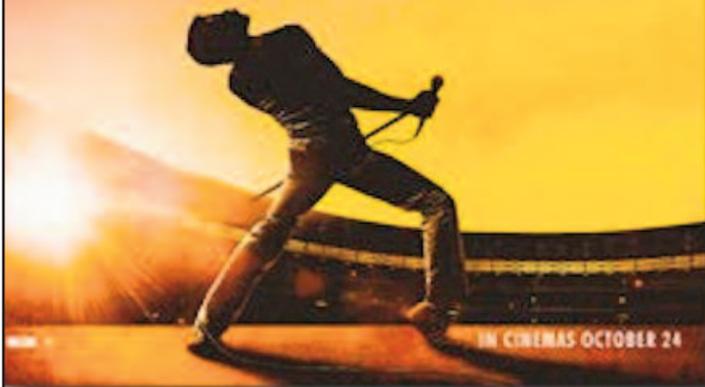


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**RHAPSODY**

THE ONLY THING MORE EXTRAORDINARY  
 THAN THEIR MUSIC IS HIS STORY

**LEAVENHEATH CINEMA SATURDAY 4TH MAY**

Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)  
 £3.50 per adult and £2.00 per young person doors open at 7.00pm for  
 7.30pm



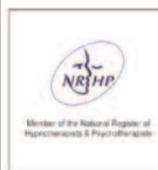
**Elaine Carpenter**

N.R.H.P., C.H.P., Dip Psychology  
 Phone: 01787 210601  
 Mobile: 07929 744072

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## Forthcoming Events Diary

### April

28 Boxford Tornado	Boxford Bike Club	Playing Fields	TBA
29 Boxford Community Council AGM		Pavilion	7 for 7.30pm

### May

1 Boxford WI	AGM and resolution meeting	BVH	2.00pm
7 Boxford Gardening Society	Unusual vegetables in an unusual garden	BVH	7.30pm
10 FOB's Quiz Night		Boxford School Hall	7.30pm
11 Quiz Night	Parish Rooms	Parish Rooms	7.30pm
11 Coffee Morning	Little Waldingfield PCC	Waldingfield Church	10.30am to 12.30pm
16 Boxford WI	Weave your own basket	Pavilion	8.00pm
17 /18 Milden Singers		Milden Pavilion	7.30pm to 12.30
18 Who Killed The Farmer	BDG	Boxford Village Hall	7.30pm
22 Ltl W Hist Soc David Wood	The History of Landguard Fort	The Parish Room	7.30pm

### June

2 Boxford Gardens Open	Boxford PCC		
5 Boxford WI	Whats that tune?	BVH	2.00pm
12 Senior Citizens Outing	Boxford Community Council		
19 Little W Hist Soc	Sudden deaths in 19th century Suffolk	The Parish Room	7.30pm
20 Boxford WI	Hearing dogs for the deaf	Pavilion	8.00pm
29 The Disraeli Band	Little Waldingfield Playing Fields		8.00 till late
29 Covent Garden Buskers	Edwardston PCC	Edwardstone St Mary's	7.30pm

### July

5 Boxford WI	Suffolk cheese tasting	Village Hall	2pm
13 Little Waldingfield Sale Trail			10am till 1.00pm
18 Boxford WI	All about Bees and honey	Pavilion	2pm

### October

26 Boxford Fireworks	Boxford Community Council		
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First and Third Monday each month Boxford Parish Council Meetings in Bell House, Stone Street St, Boxford 7.30pm

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*Kerseybell.com*

During the Table Trail on the 11th May folk singer **Jackie Ord and Double Take** will be playing at the Bell from 1 till 4pm  
Curry night Tuesday

Pudding and pie day Wednesday

Our new fish board Thursday to Saturday

with Fish and Fizz Friday

Sunday lunch 12 till 7pm

# The Box River Parishes Church News

**Boxford • Edwardstone • Groton • Little Waldingfield • Newton**

**Rector:** The benefice is currently vacant. During the vacancy please direct all initial inquiries about baptisms, weddings and funerals to the rural dean, the Revd Stephen Morley.

Tel: 01787 227407; e-mail: [steve.morley@btinternet.com](mailto:steve.morley@btinternet.com)

**Reader:** Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD

Tel: 211236; Fax: 211238; e-mail: [ChrisKingsC@aol.com](mailto:ChrisKingsC@aol.com)

**Lay Elder:** David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU

Tel: 210360; Fax: 329770; (Mobile) 07968 791135; e-mail: [djlamming@hotmail.com](mailto:djlamming@hotmail.com)

*Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.*

**Benefice house:** Mary's House, 5 Swan Street, Boxford CO10 5NZ.

For much more information about the five parishes in our Benefice please go to our Church Near You web site at [www.achurchnearyou.com](http://www.achurchnearyou.com).

Box River Benefice

## Café Church



An informal time of worship  
With fresh coffee and pastries!

Boxford Church  
Sunday 5th May  
11.00 am

Come and enjoy  
our comfortable new chairs !



## THE PARISH OF ST MARY, BOXFORD

**Churchwarden:**

*Peter Patrick*

*Amberley, White Street Green, Boxford,  
CO10 5JN Tel: 01787 210346*

*E-mail: [ppat@btinternet.com](mailto:ppat@btinternet.com)*

**Assistant Churchwarden:**

*Michael Gray 07931043926*

*[boxford.warden@btinternet.com](mailto:boxford.warden@btinternet.com)*



**Café Church Sunday May 5th: at 11.00-** An informal service with lots of good coffee & pastries. Craft activities for children & adults too! Everyone is welcome



**Christian Aid 2019 - 12th-18th May**

The **11.00 am Service on Sunday 12th May** will have a Christian Aid theme.

An event to raise funds for Christian Aid is being held at

Mary's House on **Saturday 18th May 9.00-16.00** with Coffee & teas, a cake stall, afternoon teas & lots more. Please do come & support us. Offers of cakes & help would be gladly received. Please contact Ruth on 211236 for detail.



The **Bible Study Group** meets at Russets, 47 Swan Street on 2nd & 4th Monday each month by kind invitation of Margaret & Peter Holden.. All are welcome to this hour of fellowship.

**Copy Date for Church News in the  
June Box River News:**

**Please, NO LATER THAN 12th May  
Failure to meet the date will mean your  
copy may not be included**

**Thank you. Eddie Kench 01787 211507  
email address: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)**



## THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

**Churchwarden:**

**Vacant**

**EDWARDSTONE CHURCH ROTA FOR MAY SERVICE**

**19 May, Holy Communion with the Reverend Gerald Drew, 9.30 am**

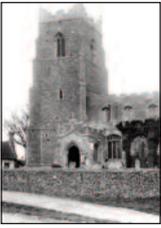
Sidesman, Bill Dastur

Coffee duties, Edwardstone resident (TBA)

Cleaning duties, Emma Driscoll

Flowers (TBA) \*\*

The APPM of the Edwardstone PCC will be held at Mary's House at **6.30pm on Tuesday 30 April** - all are welcome.



## THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

### Churchwardens

Sandra Harbord and Timothy Harbord  
2 Rivish Lane, Long Melford, CO10 9TH  
Tel: 01787 311707

E-mail: [t.harbord@btinternet.com](mailto:t.harbord@btinternet.com)

### Sidesmen

**5 May** Mr. and Mrs. Tora  
**12 May** No service  
**19 May** No service  
**26 May** No service

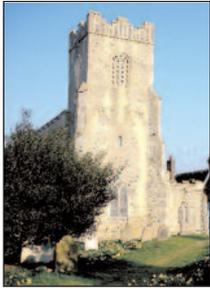
### Flowers

Mrs. Eddington  
Mrs. Duffy  
Mrs. Gregor-Smith  
Mrs. Squirrel

7 April The Dean of St. Edmundsbury Cathedral, Joe Hawes, came to our church to celebrate Holy Communion with us. We thoroughly enjoyed his visit and his inspirational sermon.

Our Lent Lunch was held this year in the Parish Room. We raised £130 in aid of Macmillan Nurses. Our thanks go to all those who helped us to make this occasion successful.

**11 May** We are holding a **Coffee Morning** from **10.30am to 12.30pm** in the church, for Christian Aid. Come and enjoy coffee and cakes, and a photographic exhibition by Fran Gregor-Smith.



## THE PARISH OF ST BARTHOLOMEW, GROTON

### Churchwarden:

Diana McCorkell

Primrose Cottage, Parliament Heath, Groton,  
CO10 5ER Tel: 01787 210927

E-mail: [dianah.mccorkell@btinternet.com](mailto:dianah.mccorkell@btinternet.com)

### ROTAS FOR MAY

#### Sidesman

Mr John Kent

#### Flowers

Mrs Valerie Riddleston

#### Cleaning

Mrs Valerie Riddleston

### ELECTION OF CHURCHWARDENS and ANNUAL PAROCHIAL

**CHURCH MEETING 2019:** At the annual meetings held on 9th April 2019 Mrs Diana McCorkell was elected as churchwarden for the year 2019-2020. Diana has been serving as acting churchwarden since October 2017 and we are delighted that she has now agreed to take on the rôle officially. As churchwarden Diana becomes an ex officio member of the parochial church council. At the APCM the following were re elected to the PCC: Sheila Gooderham, Pat Kennedy Scott and Howard Knight. David Lamming continues as an ex-officio member of the PCC as a member of General Synod, as does Jayne Foster as an elected member of the deanery synod. David remains PCC secretary and Jayne PCC treasurer. There are 38 names on the new electoral roll (five more than were on the old roll), of whom nine are resident outside the parish.

### TOILET AND KITCHEN: UPDATE

By the time this issue of the BRN is published (or very shortly thereafter), the kitchen facilities under the tower should be operational. New bookcases are in place either side of the tower arch (now clear of unsightly electrical equipment) and new cupboards for the altar frontals and flower arranging/cleaning equipment are to be fitted shortly. A new ladder is to be installed to give access to the tower. The concrete base for the toilet building in the churchyard was laid on 10th April and construction should proceed rapidly after Easter. A new path will connect this to the church porch. Areas of the churchyard that have been churned up during the building works will be levelled and grass seeded. The revised completion date for the project is 31 May 2019.

### MARY'S HOUSE BOOKINGS

There is now a new 2019 diary in Mary's House for making bookings.

When making a booking, please ensure that a contact name and telephone number is entered clearly in the diary in respect of EVERY booking (including regular church and PCC bookings), as we need to know who to contact in the event of any query over, or the need to change, a booking. (Not everyone is complying with this requirement.)

Please note that the suggested donation is £1.00 per head for a two-hour booking for all meetings.

For inquiries about new bookings, please contact Pauline or David Lamming: telephone 01787 210360. Please contact one of them before making any booking



## THE PARISH OF ALL SAINTS, NEWTON

### Churchwarden:

Vacant

4th March : Our Service of Holy Communion was conducted by Revd. Richard Titford. We were very pleased to welcome him as one of our visiting clergy during this time of Vacation. The Chancel although bare without flowers seemed to offer us a clear time to reflect on the great message of the coming Easter. After the service during refreshments, the congregation had the opportunity to chat and reminisce with Richard. Thank you all who helped in many different ways to make the service a success and to our organist Nancy Roser.

### Deanery news

**SIMON GILL'S LICENSING:** Our former rural dean, the Revd Dr Simon Gill, is to be licensed as Team Rector Designate of the new benefice of Over, Willingham, Longstanton and Swavesey (the 'OWLS' benefice) by the Bishop of Ely, the Rt Revd Stephen Conway, at a service at St Andrew's Church, Swavesey, at **4.00 pm on Sunday 19 May 2019**. All welcome to attend.

### General Church News

**DIOCESAN SYNOD:** The recently-elected new chairs of the houses of clergy and laity, the Revd Sharon Potter and Canon Tony Allwood, chaired the spring meeting of the synod, held at the well-appointed Salvation Army Hall in Stowmarket. Instead of a formal 'presidential address', Bishops Martin and Mike engaged in a conversation, telling synod members about their 2019 10 day Lent Pilgrimage that started with an Ash Wednesday Eucharist on Southwold Pier and ended in Stowmarket the day before the synod meeting. The bishops had seen a 'huge amount' to encourage them, but also a realisation of the need to do things differently. They had been overwhelmed again by the beauty of the Suffolk countryside and the hospitality of its people. Teams (clergy and laity) were the hallmark where things were working well, with the clergy identifying their main rôle as enablers and encouragers.

Mark Pendleton, DBF chairman, introduced a 'break-out' item (when synod members, working in small groups, sought to identify a number of priorities for the triennium) by telling synod that the church was the largest voluntary organisation in the county with a unique role to reach out. He asked: What do we want to reflect on in 3 years' time as having done? His encouragement was to "bring the outside in", talking less about ourselves, adding: "If not us, who?" and "If not now, when?" A number of 'focus groups' are being set up to take forward the priorities that were identified.

Among the many notices, synod heard that 32 people had used the Ipswich winter night shelter run by the Seelig charity in St Nicholas's church, of whom 14 were now in secure housing. Other statistics: there were 723 'man/nights' and 234 volunteers. The Revd Sandie Barton told synod that the diocese had just received the bronze award as an eco-diocese, with 57 churches now registered of which 24 had received an eco-award.

The synod meets next at the Cathedral on 8 June 2019.

wavesey, at 4.00 pm on Sunday 19 May 2019. All welcome to attend.

### CELEBRATING AND LIVING THE RESURRECTION -

### BISHOPS' TEACHING MORNING

**Saturday 4 May, 9.00am - 12.30pm**

Salvation Army Hall, Violet Hill, Stowmarket IP14 1NE

The forty days after Easter have traditionally been a time of great rejoicing in the Church as we delight in the knowledge of Jesus' resurrection and its implication for us. This morning is led by Bishops Martin and Mike and will look at both the resurrection of Jesus and the invitation to participate in his risen life here and now. Registration and refreshments from 9.00am, the sessions begin with worship at 9.30am and close at 12.30pm.

To register for a free place please go to <https://bishops-teaching-morning-may-2019.eventbrite.co.uk>.

### Diocesan eNews

Don't forget that you can sign up to receive (free) the weekly diocesan eNews, which gives details of forthcoming events in the diocese, as well as other news. Go to [www.cofesuffolk.org/publications/e-news](http://www.cofesuffolk.org/publications/e-news) and click where it says "Click here to sign up."

## May 2019

## Church Services in the Box River Benefice

Saturday 4<sup>th</sup>  
Boxford

16.00 Wedding of James Catling and Kelly Stiff

Revd Stephen Morley

**Sunday 5<sup>th</sup>**  
Lt Waldingfield  
Boxford  
Boxford

**Third Sunday of Easter**  
09.30 Holy Communion  
11.00 Café Church  
16.00 Evensong

**(W)**  
Revd Stephen Morley  
Revd Tricia Box  
Christopher Kingsbury

Wednesday 8<sup>th</sup>  
Boxford

10.30 Informal Holy Communion at Mary's House

Rev Stephen Morley

**Sunday 12<sup>th</sup>**  
Groton  
Boxford

**Fourth Sunday of Easter**  
09.30 Morning Worship  
11.00 Holy Communion

**(W)**  
Revd Henry Heath  
Revd Henry Heath

**Sunday 19<sup>th</sup>**  
Edwardstone  
Boxford

**Fifth Sunday of Easter**  
09.30 Holy Communion  
11.00 Morning Worship

**(W)**  
Revd Gerald Drew  
Christopher Kingsbury

Wednesday 22<sup>nd</sup>  
Boxford

10.30 Informal Holy Communion at Mary's House

Revd Stephen Morley

**Sunday 26<sup>th</sup>**  
Boxford  
Newton

**Sixth Sunday of Easter: Rogation Sunday**  
11.00 Matins  
11.00 Holy Communion

**(W)**  
Christopher Kingsbury  
Revd Liz Law



*The Bishop of Dunwich, Dr Mike Harrison, led the Five Villages Service at Edwardstone on Palm Sunday,  
Above: pictured with the bellringers before the service* Photo's David Lamming



## Soap Box

One of the features of growing older is the number of reunions I find myself attending. Perhaps it is a factor of many of us having more time at our disposal, having retired, coupled with a growing realisation that the age clock is ticking when it comes to catching up with old friends. I have mentioned before that I attended a sixty years on reunion at my old school some two years ago, when some thirty out of an intake of sixty plus back in 1957 gathered together at our alma mater and assured each other that we were really little changed over the more than half century since last we met.

A more unusual reunion took place just before Easter when, in response to an emailed request, my wife and I travelled to Leicestershire to meet with two retired business men who I hadn't seen in a decade or more. They lived near Manchester, so our chosen venue was reckoned to be half way between our respective homes. Friendships can be born out of the strangest set of circumstances and the best ones can endure over long distances.

Back in 1974 the bank for which I then worked had been instrumental in selling a timber business based in Salford to a German multi-national. My very minor role was to advise the vendors of the business how best to invest the not inconsiderable fortune that had fallen into their hands. Somehow I hit it off with the directors of this business, perhaps aided by a mutual liking and respect for locally brewed beer, and an association with all concerned developed that managed to survive several job changes on my part.

The main players in this little drama are now sadly no longer with us (well, it was 45 years ago that this saga started), though I learned that the widow of one of the principal beneficiaries was still going strong at an impressive 98. The two with whom we met in April had only been bit players when the main action took place, but had advanced as their older colleagues left the stage – one of them eventually becoming chief executive of the German corporate giant's UK business. Back in the mid 1970s we used to meet to play snooker in the Press Club in Manchester, after my serious work with the directors had finished. And so we continued to meet until I retired (sort of) twelve years ago, though we managed the odd meal for a couple of years after that.

Two days later yet another reunion took place – this time in Chelmsford.

Again it was work related, but this time based on my wife's City career. Four of her fellow workers in the insurance world – all girls - had started to meet several years ago as they had been scattered around the working environment and no longer had the option of a mutually convenient City pub in which to foregather and reminisce over times past. As retirement beckoned, husbands were invited to join their throng. Then time took its toll and two are now widows, so now eight of us meet, three men and five ladies, probably three times a year, in as mutually convenient hostelry as we can find. The laughter on these occasions is positively heart warming. Ten or so years ago I revived a gathering that had its origins in the mid 1960s in the City of London. Six like minded individuals formed a dining club. Three were school friends and the other three articulated clerks in an accountancy practice where one of my fellow school chums was also learning the financial ropes. We met regularly – six times a year – for several years until the lure of posts overseas depleted our numbers. One went to Australia, another to South Africa. A third articulated clerk (now a fully fledged accountant) left for East Africa and my school friend who had provided the catalyst for this group, travelled to Canada, where he still lives.

Such was our friendship that we all remained in touch – all, that is, apart from the one that went to Australia where, to be fair, he had come from originally. The African contingent did return home after a decade or so of mind expanding foreign experience, though it took a few years to assemble us all together again. We've probably met for lunch in London on twenty or more occasions since that first reunion and another get together is planned for this month. True, the Canadian resident has managed just one lunch, but the rest of us do live in South East England. However, one of our depleted gathering lives on the Isle of Wight and never misses a lunch. That's what I call reunion dedication.

A number of Box River News readers have kindly asked how our son's wedding went in March. So far as I was concerned, it was all a family wedding should be with one comparatively minor exception – the weather. Getting married in March is bound to put you at some risk from the elements, but aside from it being windy and not a little damp, the day passed off very well. Thanks to all who have taken the trouble to ask. We now have our first daughter in law and are mightily pleased with the change in our son's status.

*Brian Tora*

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## April Cottage Cattery

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- Facilities to cater for the elderly, very young or cats with special needs.
- Daily grooming and administering of medicines free of charge.
- Pick up and delivery service free up to 5 miles, (50p per mile thereafter capped at £10)
- Quiet areas for shy cats or busy window views for those needing entertainment.
- All diets catered for.
- Prices start from £7.50 a day. Special rates for long stays.

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Call Anne or Kevin on 01787 247302 or 07985 404813

Email: [info@april-cottage-cattery.co.uk](mailto:info@april-cottage-cattery.co.uk)  
Website: [www.april-cottage-cattery.co.uk](http://www.april-cottage-cattery.co.uk)

# GARDENING IN MAY INSPIRED BY THE LATE HARRY BUCKLEDEE

Late winter greens such as broccoli, savoys will now be coming to an end and should be lifted and the land prepared for re-cropping. Now is also the time to be making fresh sowings of these greens for use next spring. Not the same site though. The brassic family is the one plant that should not be grown more than once every three years on the same ground. Club root is a serious disease which attacks all of the brassica family and is most troublesome where crop rotation is not practised.

Leeks should be planted now for those who are growing them for exhibition or for those who like to have them early. They like rich soil which should be well prepared in advance of planting using fertilizer and well rotted manure. There are two ways of growing them, one is by sowing seed early in the greenhouse or outside in a seed bed. When the plants are large enough they can be planted in holes six inches deep made with a blunt ended dibbler. Drop the plants in holes with a little water to settle the roots. Do not fill the hole with soil, it will fill naturally as the leek grows. The other way, the way the exhibitors grow them, is to plant them on level ground and slip a piece of piping over the plants to draw them up. Plastic pipe is suitable, cut into lengths of nine to twelve inches, three inches in diameter. This is a good way to grow them and with quite ordinary culture you can have good thick clean specimens six to twelve inches long. If you are feeling ambitious it is possible by September, to have blanched stems from sixteen to eighteen inches in length.

Although it is not considered an ideal area for growing rhododendrons or any other ericaceous subjects, with a little special treatment they can often be grown successfully. New plants should not be buried too deeply and the planting hole should be large enough so that an area of eighteen inches surrounding can have a fifty per cent ericaceous compost mixed in with the top six inches of soil. The whole area should be watered with sequestrene once a year, this, will provide iron in the form that can readily be taken up by the rhododendrons.

Don't be too early with bedding plants, we can't be really sure that the risk of frost is over until the last week in the month. There are few more rewarding flowers than the dahlia for garden decoration or for cutting. The giant and large flowering decorative and cactus varieties are only suitable for very large gardens or for exhibiting at shows. For use in floral arrangements and for a garden display it is best to stick to the medium

small and miniature decoratives and cactus and the ball and pom pom varieties. If the faded blooms are removed regularly, they will flower continually from June until the first frosts. Most varieties grow from four to five feet tall and will require suitable stakes for support Dahlias are not a lot of trouble to grow, about the only disease they get is mildew, but this should not be a problem if they are not allowed to become short of water.

Plant up hanging baskets and containers to get them established for moving to their positions outside at the end of the month. Mix some controlled release fertilizer granules in the compost. Moisture unlocks the fertilizer in the granules and nutrients are released into the compost over the whole season.

After all risk of frost has passed this month, plant out tomatoes, courgettes and pumpkins that were previously sown under cover. Other young plants can be planted out once conditions are suitable, and once they've been hardened off.

## Top 10 jobs this month

- 1 Watch out for late frosts. Protect tender plants
- 2 Earth up potatoes, and promptly plant any still remaining
- 3 Plant out summer bedding at the end of the month (except in cold areas)
- 4 Water early and late to get the most out of your water, recycle water when possible
- 5 Regularly hoe off weeds
- 6 Open greenhouse vents and doors on warm days
- 7 Mow lawns weekly
- 8 Check for nesting birds before clipping hedges
- 9 Lift and divide overcrowded clumps of daffodils and other spring-flowering bulbs
- 10 Watch out for viburnum beetle and lily beetle grubs

## Keep on top of lawn weeds

Mow regularly and continue adding clippings to the compost heap. Keep the lawn edges trimmed. Use the half-moon edging iron, or a spade, to create a 7.5cm (3in) gutter around the lawn edge. This will prevent grass from creeping into the border from the main lawn. Apply a high nitrogen summer lawn fertiliser to encourage a healthy-looking lawn, taking care to avoid any runoff as this may cause pollution. Always follow the manufacturer's instructions carefully.



**Suffolk Fostering & Adoption**

**Suffolk County Council**

Here at Suffolk's Fostering & Adoption Service we are always looking for additional ways to boost the work we do to recruit new Foster Carers and Prospective Adopters for Suffolk's Children. We attend sessions around the County throughout the year either holding informal Information Events, or attending events such as County Shows. We are working with Councillor James Finch, to highlight this opportunity to the residents of his division in the Stour Valley.

As such we have arranged the following "one to one drop in sessions" during February & March and will be planning further ones throughout the coming year. The initial sessions have been booked for early evenings, but if you would like to attend at a different time, then please email [Jade.Cuckow@suffolk.gov.uk](mailto:Jade.Cuckow@suffolk.gov.uk) or [Emma.Whitten@suffolk.gov.uk](mailto:Emma.Whitten@suffolk.gov.uk)

**EVERY TEENAGER HAS A PAST, I GIVE THEM A FUTURE**

Sammy, Foster Carer from Lowestoft

We need foster carers like Sammy in Suffolk

**FOSTER NOW**

[www.fosterandadopt.suffolk.gov.uk](http://www.fosterandadopt.suffolk.gov.uk)

Cartoon children spelling 'ADOPT': a boy with 'a', a girl in a wheelchair with 'd', a boy with glasses with 'o', a girl with 'p', and a girl with 't'.

# Parish Council Matters

## MINUTES of the MEETING of BOXFORD PARISH COUNCIL

held on Monday 4th March 2019 at 7.30 p.m. in Bell House, Stone Street Road, Boxford.

**PRESENT:** J Fincham-Jacques (Chairman), V Strafford, R Balls, A Sargeant, H Phillips, P Wallis, S Mattocks, D Hattrell (Clerk), B Hurren (District Cllr), J Finch (County Cllr) and 6 members of the public.

**APOLOGIES:** Apologies were received from M Wooderson.

**DECLARATION OF INTEREST BY COUNCILLORS:** Nothing was declared.

**MINUTES OF 4th FEBRUARY 2019:** Accepted as correct subject to a minor amendment under District Councils report confirming parking enforcement is moving to the District Council.

**MATTERS ARISING FROM THE MINUTES:** Nothing was raised.

**QUESTIONS FROM THE PUBLIC:** Items raised by the public included:- A representative from the PCC reported on progress towards the memorial tree request and confirmed they continue to liaise with the family. A progress report was requested regarding the maintenance to the Churchyard wall.

It was confirmed that a productive site meeting happened recently and County Highways were working on ideas to protect the wall. V Strafford agreed to chase them for proposals. Inappropriate parking was raised along Swan Street obstructing visibility making exiting onto the street difficult. Similarly a vehicle has been regularly parked on Cox Hill causing obstruction. V Strafford agreed to follow these up and residents were encouraged to share details.

In relation to Wash Lane, B Hurren agreed to arrange a sweep.

J Finch agreed to follow up the blocked drains at the Stone Street/ A1071 junction.

The Parish Council were thanked for taking early steps to remove the graffiti in the Bus Shelter. The Babergh Council Magazine sent to all households was criticised as inappropriate and a waste of much needed funds.

The potential new developments were raised and it was confirmed that plans were yet to be received.

Nick Bristow, the new footpath warden introduced himself to the meeting and reported on his initial findings and actions. It was suggested that he makes contact with County Council Right of Way Officer, K Verlander to work with him to improve the areas identified. All welcomed Nick to the role.

**REVIEW OF ITEMS RAISED BY THE PUBLIC:** All actions agreed were recorded above.

**COUNTY COUNCIL REPORT:** County Cllr James Finch attended and reported that the County Council budget had been approved increasing the basic Council Tax by 2.99%. A further 1% is being taken for Adult Care. Funding had been agreed for Suffolk Citizens Advice Bureau for next year. A Consultation in relation to Suffolk Fire and Rescue Service is taking place. Changes to the School Travel arrangements will be starting this September. The Information sessions for potential Foster Carers had been arranged in the vicinity.

**DISTRICT COUNCIL REPORT:** District Cllr Bryn Hurren attended and confirmed he has reported the Broad Street sign in need of repair. He has emailed about Goodlands and will forward the email to the Parish Council for information. He is arranging a meeting regarding the vehicle being driven along the Croft to decide what can be done. Planning at the former Bonsai site is likely to be withdrawn. He was concerned that the Boxwood Hall plans were passed. The new Local Plan has been delayed until after the Elections. The Konings application was decided by Committee and was approved. The football parking at the Playing Fields was being followed up with the club.

**NEIGHBOURHOOD PLAN:** The next meeting is scheduled for 8th April. M Wooderson and H Phillips agreed to run the meeting. The Neighbourhood Plan would enable the Village to have a say in how the village is to develop in the future. Now we are on the Neighbourhood Planning route, the onus will be for developers to discuss their proposals with the Village.

**CORRESPONDENCE:** The correspondence report had been circulated ahead of the meeting and members had noted the on-going progress of each item.

**FINANCE:** The Bank balances as at 4th March 2019 were £31736.70 in the Community Account, £13364.04 in the Deposit Account and £49382.71 in the Reserve Account making a total of £94483.45.

**Village Hall Project:** R Balls and H Phillips agreed to follow up and provide contacts to the village hall representative in respect of grants. It was mentioned that the original repair has not lasted long and the project is in very early stages.

**Standing Orders:** These were agreed to meet our needs presently, however, a comprehensive review was recommended during the next Financial Year by the newly elected Council.

**Asset Register:** This was discussed and updated.

**Appointment of Internal Auditors:** It was agreed to appoint SALC as the

Internal Auditors again this coming year.

**CEMETERY:** A Sargeant had carried out the fence repair.

**ANNUAL PARISH MEETING:** S Mattocks sent apologies for the Annual Parish Meeting. R Balls agreed to collect the keys and open the hall. The Clerk agreed to arrange refreshments and circulate the poster to members to enable display around the village.

**REPORTS AND QUESTIONS FROM CHAIRMAN AND MEMBERS:**

A street light attached to a property in Ellis Street is not working and details were to be provided to the Clerk to enable her to follow up - Action S Mattocks and Clerk. H Phillips updated everyone on the progress of the Pavillion works. V Strafford updated on progress towards Superfast Broadband.

Meeting closed at 10.04 p.m.

## Planning Meeting Held by Boxford Parish Council at Bell House, Boxford on Monday 4th March 2019

The following Decisions were advised from the Planning Authorities: -

A) Boxwood Hall, Butchers Lane DC/18/04316 - Planning Permission was granted for a detached replacement dwelling and outbuildings following demolition of existing. It was agreed to challenge why the views of the Heritage Team and the Parish Council were not considered - Action V Strafford.

B) Clayfields, Hadleigh Road DC/19/00135 - Discharge of Conditions 7 (Refuse and Recycling) and 8 (Parking and Turning) had been approved.

C) Chequers, 7 Church Street DC/18/05584 - Discharge of Condition 4 (Requirement for Inspection) had been approved.

The following were discussed: -

1) The Bereley, Cox Hill DC/19/00808 - Planning Application for replacement dwelling following demolition of existing. It was agreed to Object to this application on similar grounds to the neighbouring residents - Action Clerk.

2) Boxford House, Stone Street DC/19/01038 - Notification of work to trees in Conservation Area. There were No Objections.

3) Other Planning matters - An update had been received from Hopkins Homes regarding the various challenges they are encountering leading to delays.



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## BY THE WAY

As we saw in the walk to Assington it is possible to connect with a distant village by footpath and we shall explore other such routes in later editions. In this article we focus on Boxford and explore circular routes around the village. Previous footpath wardens worked hard to establish or retain and maintain a footpath network which is actively used today. It's continuance into the future is only assured if we value and use these footpaths.

For this walk, OS Explorer 196 covers the area and a notice board practically opposite The Fleece provides a large scale map of Boxford and vicinity, including paths, if you wish to see the route, or plan your own.

We are going to begin by leaving Boxford, as we did before, by climbing School Hill to the A1071, turning right and then crossing the A1071 almost immediately to the path opposite on the left. Climb up the steps, turn left and then left again at the field end. Walk on down the valley ignoring the path on the right and the path lower down at the field edge bearing left. Continue instead straight down to Stone Street Road where you turn right (you can also turn left here back to Boxford if you wish) then walk along to a footpath on your left. By the way, you may wish to pause a moment in Stone Street, once a self contained hamlet with shop and public house, and see if you can spot where they were.

Afterwards, join the foot path and continue through a gate, over a bridge(the River Box) to a stile in the meadow corner. This meadow may be soggy and if so, you will have to pick your way. Cross this stile, then climb the valley following the path to right and left until, at the top, the path bears to the right beside a track which becomes a driveway. Ensure you keep on the footpath with the track to your right and continue until steps which take you to the A1071. Cross the road, turn left and walk along to a footpath on your right where you go down and across a field.

You can turn left to return to Boxford along the bottom of the field but we continue right along the path, through a copse which can be wet and difficult to negotiate, until we reach a field where we turn left and then right around its edge. Walk 150-200 meters and a path is signposted by a bridge pointing up a wide field edge path with a hedge on it's right. At present this post is awaiting replacement and, if missing, be assured, the path leads up the field. The path joins a road to the right of a house and on the road you turn right to join a footpath on the left going down between a dense hedge on your left and Cox Barn on your right to cross a field, an active yard with agricultural implements and then two meadows. This stretch of the walk has both delights and difficulties: it has one of the most pleasant views of Boxford and evokes an unspoilt and undeveloped landscape which, with it's stiles, is a reminder of when livestock, particularly sheep, were a commonplace. Along the way there are five stiles to cross. The top stile, at Cox Barn, necessitates the removal of the top three bars to cross. After replacing the bars, walk down to a garden gate and across a field to a stile. Cross the stile and then across the yard to a stile which, at present, has a broken rail and, more seriously, a broken step. Be aware, cattle are sometimes grazing here. The next stile down also has a broken step and is difficult to cross. The final stile is fine and gives access to the footpath which, if one continues straight ahead, leads to Clubs Lane where, at the end, you turn right into Ellis Street and then Broad Street. Completing this circular walk, you have completed the most challenging walk around Boxford at present.

This second circular walk takes in part of Groton parish. Well defined and used paths link the two. Inevitably really, resulting from the proximity of Boxford and Groton and that from as early as the Eighteenth Century they shared the same Priest: as communities they were bound together, even then.

After the rigours of the previous walk this second part is more relaxing. There are no stiles and to the North and West of Boxford the roads and paths climbing out of the valley are gentler. You can continue with this walk or walk this section separately another time.

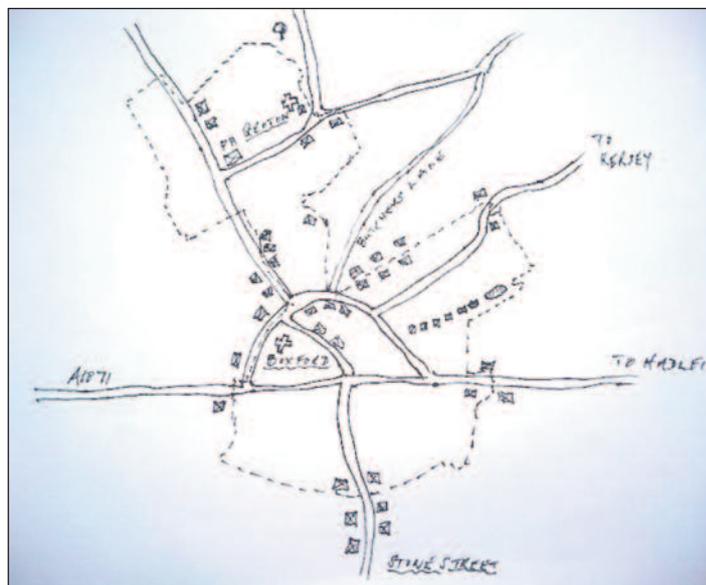
On your return to Broadstreet, before you reach The Fleece, there is a Bridleway, nearly opposite the lockup, which you can take up to the playing fields. Beyond the playing field pavilion, which the footpath crosses in front of, is a hedge. Pass through the gap in the corner and then turn right immediately on the path to take you beside the playing field hedge up the top corner. The hedge is the Parish Boundary. Turn left and continue to the road along a grassy and then concrete path. At the road turn left and then up to the junction where you turn right and then bear left to enter the church yard ahead. There is much of interest in those last few steps- remains of the village cattle pound on your left before the junction, the war memorial in the center of the junction and a mounting block meters away from the churchgate.

Keeping the church on your left, walk to a gate on the far side of the churchyard to pass through to a footpath where you turn right and then left along a path with bushes and trees. Reaching another gate you enter a meadow, Groton Croft, which

has in its center an ancient and significant Mulberry tree. Read the information about it if you have time. Leave the Croft by the path between a hedgerow and a paddock to join a road where you turn right and walk for 150m or so to a footpath on your left.

Continue along the footpath into a field where you turn left along a path, with the hedge on your left, walk down through hedges until you meet another path forming a T junction. Turn left here, walk to, and cross, a road into a field, where you can turn right along a fieldside path which takes you back to Boxford. At the edge of the village the path becomes paved and you can continue down the road- Swan Street -until you reach the starting point of Broadstreet at the bottom.

Nicholas Bristow



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# Parish Council Matters

*An extract from the Report given at the Boxford Annual Meeting on 26th March 2019 by James Finch – County Councillor for the Stour Valley “A Year of Working in Partnership”.*

This is a selection of 2018/19 news items from Suffolk County Council in month order that featured over the last 12 months. For further details on any of these items, and more, visit:

<https://www.suffolk.gov.uk/council-and-democracy/council-news/>.

• **Council to deliver 51 new affordable homes for low income families from county farms estate.** On 22 May, it was announced that Suffolk County Council is looking to develop a 4.5-acre site which is owned as part of its County Farms estate in Cockfield village near Lavenham. The plan is for 51 affordable homes to be built to offer local people on low incomes the opportunity to get on the housing ladder.

• **Suffolk’s tourist trade booming.** Suffolk’s tourism trade has seen its biggest boom for a decade, with the visitor economy reaching the £2 billion mark for the first time. Interim figures released on 8 August 2018 by Visit Suffolk showed that tourism grew by at least five per cent in 2017, more than double the year before. Overnight visits and lengths of stay for tourists were also up by more than 4 per cent. Figures show visitors now spend more money on each trip to the county than ever before, with the value of the day market up more than seven per cent. The number of jobs in the county’s tourism sector rose by 6 per cent to 42,428. This means 13.6 per cent of all employment in Suffolk is in the tourism sector.

Amanda Bond, Visit Suffolk’s brand manager, said these results would not have been achieved without the continued backing for the county-wide offer from all the district authorities, Suffolk County Council, New Anglia Local Enterprise Partnership and the Local Destination Marketing / Management Organisations .

• **Suffolk wins praise at national Community Energy Awards 2018** On 5 November, the Suffolk Climate Change Partnership - a collaboration of Suffolk County Council, all Suffolk’s borough and district councils and The Environment Agency - received a national award for supporting local communities to be more energy efficient. An expert panel of judges awarded the Local Authority Award to the Partnership for its close working with local organisations. This includes exploring how organisations can be more energy efficient, helping to source funding, producing a community energy toolkit, providing technical support and investing in energy efficiency installations. In addition, over 120 community buildings have received in-depth advice and support to be more energy efficient.

• **Construction of the new home for Suffolk’s unique archival collection is underway.** By November 2018, the construction of this building - to be called “The Hold” - was well underway. This building will deliver a new home for the majority of Suffolk’s unique archival collections, as well as state-of-the-art public facilities including seminar rooms and a 200-seat auditorium. It will be situated near the junction of Fore Street and Grimwade Street in Ipswich. It will be part of the University of Suffolk campus and be run by the county and the university together. It will be formally open to the public in Spring 2020. Once finished, more than 100 direct and indirect full-time jobs will be created as well as training and apprenticeships.

• **Sport and Physical Activity worth £270m a year to the Suffolk economy** A report published on 18 December 2018 revealed the importance of the Sport and Physical Activity sector to the Suffolk economy. Undertaken by specialist economic development and regeneration consultancy Hatch Regeneris, the report shows that the sector contributes £270m a year to the Suffolk economy. This accounts for over 10,000 jobs or 3% of all employment in Suffolk and is almost double the proportion seen at national levels.

• **Suffolk’s roads warming to £300,000 thermal patching technology.** January 2019 saw Suffolk Highways celebrating road repair success following a £300,000 investment in Nu-phalt Thermal Patching technology.

The investment, which has been funded from the extra £9.67 million received from central government in the autumn, has aided the county’s Highways teams to carry out more effective, longer-lasting repairs to Suffolk’s road surface. Over the month of January, Suffolk Highways deployed three thermal road repair machines which repaired approximately 1,700 potholes county-wide. Following its success, Suffolk Highways is now looking to accommodate this technology by adapting some of its own fleet to self-deliver this repair technique from March 2019.

• **Department for Education recognises outstanding performance by Suffolk students.** On 24 January 2019, the Department for Education published revised GCSE and A Level results. Suffolk has risen in national GCSE league tables confirming that 1% more students in Suffolk are achieving the expected standards in English and Maths at GCSE compared with last year.

Since 2015 there has been a change to the way that English and Maths GCSEs are graded. Results are now graded from 9 to 1, (previously A to G) with 9 being the highest and 1 being the lowest. The expected standard for pupils to achieve is now a grade 4 (a standard pass) and above (previously a C grade and above), with grade 5 considered a ‘strong pass’. These changes will be phased in to cover all subjects by 2020. 64% of students in Suffolk are now achieving the expected standard in English and Maths, putting Suffolk in the top half of authorities achieving this

standard. The percentage of disadvantaged pupils in the county achieving the standard pass in English and Maths is in line with national figures. The Progress 8 figure for disadvantaged pupils is also above the national level and is in the top half of authorities, ranked 42nd out of 151 (up from 67th in 2016). The validated A Level figures confirm that Suffolk pupils have once again performed well with the number of A\*- E grades remaining above the national average figures.

The figures show that 98.1% of A Levels taken in the county have been awarded an A\*-E grade, compared to 97.6% nationally. A Level attainment is measured by the Department for Education using a points system. Points are given based on the type of A Level and the grade achieved. For example, an A Level at grade A is worth 50 points, whereas an AS Level would be worth half of this. Suffolk’s A Level average points per entry this year has risen by 0.3 to 30.3 compared with this time last year.

• **Green light to develop more specialist education placements in Suffolk**

On 29 January 2019, Suffolk County Council’s Cabinet agreed recommendations to move forward with creating more specialist education places in Suffolk. Suffolk will need between 300 to 400 places for children with additional needs between now and 2020, and this figure is likely to continue to increase. The demand for specialist education places in Suffolk is rising rapidly due to the county’s population growth, advances in medicine, and the increasing complexity of specialist needs. The recommendations include three new special schools and 36 specialist units attached to existing mainstream schools, which combined will create over 800 new specialist education places in the county. Following the approval of the recommendations, the proposal to borrow up to £45.1 million to fund the new places will now go to the county council’s Capital Strategy Group to be reviewed. If agreed, the decision will go back to Cabinet in the Spring for final sign-off so the recommendations can be rolled out.

• **Suffolk wins £4.4 million for “smart” streetlighting** A highlight of January was the announcement that Suffolk has won a grant of £4.4 million from the Government for a pioneering project to develop “smart” streetlighting. The project will see streetlights adapted in a range of innovative ways, including being equipped with wind vanes and solar panels to generate rather than consume energy. Highways’ electricity bill is currently £2.3 million a year and set to rise, so anything that reduces the bill is very welcome. The street lights will be equipped with sensors to undertake a range of tasks such as measuring traffic speed and volume; measuring road temperatures – so gritting runs can be better targeted; and indicating whether nearby grit bins need filling or gullies need emptying. The street lights can also be adapted to act as Wi-Fi and 5G transmitters.

James Finch, County Councillor for the Stour Valley Division

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# Readers Letters

Sir

I was most disappointed at the attendance of the public at the Boxford Parish Council, Annual Meeting held at Boxford Village on Tuesday 26th. March. There were only eight members of the public and two of them were representatives of Village organisations.

Do residents of Boxford not wish to show an interest in the Village and more directly where the precept is spent, after all it is your money the Parish Council is or is not spending wisely or otherwise.

I know that it takes a little effort to attend meetings such as the Parish Council but people should.

I suspect by the time this issue of the Box River News goes out the local elections will have been and gone ( 2nd May if you are interested) lets hope there is some interest.

Yours sincerely, David House

Sir

**Bill Horne**

Elaine, Darren, Alistair and family wish to thank everyone who shared in our loss.

For all the support and love you gave to Bill and indeed all of us during his illness.

For those wonderful people who continue to support us now.

For the cards, letters, messages of sympathy, flowers and gifts.

For the donations to St Elizabeth Hospice and Prostate Cancer UK.

For The Reverend Steven Morley for his kindness and compassion and who conducted the service so perfectly.

For the members of St Mary's Church who ensured the church was polished and gleaming and that the congregation were taken good care of, the organist and the bell ringer.

For the friends who stood up and paid such wonderful tributes.

For the members of Boxford Drama Group who sang so beautifully.

For Hunnaball for their absolute professionalism in ensuring the funeral was carried out with dignity and precision.

For organisers of the village hall for all their help and support.

For those of you who attended Bill's funeral and joined us in Boxford for our final farewell.

*We thank you from the bottom of our hearts.*

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**MAKE UP OF PARISH COUNCILS 2015 – 2019**

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Shirley Flack	Mill Cottage, Mill Green	211050
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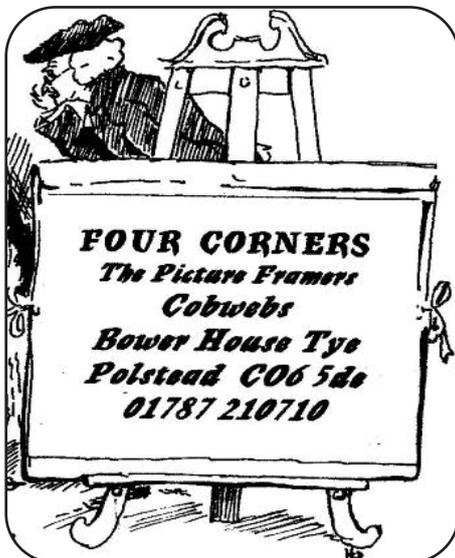
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## A DEVELOPMENT TOO FAR PART 2



As we were about to go to press we received the following:

**Sir** as publisher of the Box River News, we just wanted to make you aware the outline planning application for Weavers Green has been formally submitted to Babergh District Council

The Council will now check the application is valid, which generally takes 2 weeks. After which we will receive an application reference number and the application will be uploaded to the Council website. Neighbours and statutory consultees will be formally consulted by the Council directly in due course.

Further details of the proposals can be found at [www.catesby-weaversgreen.co.uk](http://www.catesby-weaversgreen.co.uk) and I have attached a copy of the updated Illustrative Masterplan.

**APPLICATION SUBMITTED** - Update 15th April 2019

An Outline Planning Application has been submitted to Babergh District Council for determination. Once registered you will be able to view the application at: <https://planning.baberghmidsuffolk.gov.uk/online-applications/>

We are **not** intending to hold a further public exhibition on the revised proposals, however we would be happy to receive any comments you may have or answer any questions.

Babergh District Council will carry out a formal consultation on the proposals with local residents. We will respond to any comments made during the application determination period.

### PROPOSED DEVELOPMENT

Catesby Estates plc are promoting 14 acres of land off Sand Hill, Boxford in Suffolk, which has potential for up to 80 new homes incorporating a mix of 2, 3, 4 and 5 bedroom homes of various types (bungalows, maisonettes, semi-detached and detached houses), including 35% affordable housing. The site lies within the administrative area of Babergh District Council.

The site is located to the East of Boxford village, off Sand Hill approximately 70m north of the Hadleigh Road (A1071). The site is in a sustainable location, with a range of facilities within walking distance, including a primary school, pub and village shop.

### YOU SPOKE, WE LISTENED

Following on from our public consultation in January 2019, we have carefully reviewed all the comments received from local residents and councillors and have revised our indicative proposals for the site in response:

#### Design Changes

- Extended the Public Right Of Way through the village square
- Greened-up the 'village square' by removing a lot of the hard-standing

- Reduced the size of some of the parking courtyards and turned one of them into a minor street
- Amended the access layout off Sand Hill
- Removed garages along the western boundary so as not to be overbearing on the existing neighbours
- Revisited the indicative housing mix forming the basis of the masterplan so that 60% of the properties are either 2 or 3 bedroom homes including bungalows

#### Highways Changes

We are proposing a new footway leading from the new site access north along Sand Hill to connect to the existing provision by Station Fields. We will extend the hardstanding area by the existing bus stop near the junction of Sand Hill and Cox Hill to reduce the potential for school children to wait along the existing footway and at times within the carriageway. From there a new 1.2m footway will continue north along the western side of Ellis Street for approximately 70m to meet the existing footway on the eastern side of Ellis Street.

On-street car parking will be formalised by introduction of white lining. The speed limit is proposed to be reduced to 20mph. This may extend throughout the centre of the village and discussions will be held with the Parish Council in due course to ensure all appropriate areas are included in any initial study. The implementation of the 20mph limit will be secured through a S106 agreement with all costs paid for by Catesby Estates PLC.

Additional minor footway widening works are proposed on Broad Street on the northern side opposite the existing bus stop by the old Fleece Hotel. This will widen the existing footway where it is narrow due to the protrusion of the current building line.

The existing public rights of way adjacent to and through the site will be incorporated into the future scheme and enhanced to improve their usability by potentially using alternative surface materials; increasing widths and reducing any gradient issues. The precise details will be agreed with the highway authority through a S278 highway works agreement. The existing connection onto Cox Hill will be improved to remove the unsurfaced section up to the edge of the carriageway.

#### Editors comments

*I cannot remember anything other than a massive rejection for this proposed development at their sales meeting in January but it seems that Catesby homes do not listen and cannot be expected to cooperate with Boxford residents. Let us hope that new Babergh administration will listen to the electorate.*