

# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



June 2018  
Vol 18 No 6

## FOB'S SALE TRAIL



photo David Lamming

Friends of Boxford School (FoBS) would like to thank everyone who supported our second Sale Trail over the bank holiday weekend. We were delighted to have 48 separate stalls take part across Boxford, Edwardstone and Groton selling a wide range of items from pre-loved clothes/ household items, cakes, craft creations and artwork, books, media and garden kits/plants and included access to a local art studio. We hosted small retailers such as Pickles and Lillies, LC's Accessories and gifts and Kooky crafts, jewellery and homewares and even had an ice cream van and face painting on offer. Thanks to the CoffeeBox for providing takeaway refreshments and for the Fleece who not only provided a sell out BBQ but also vital extra stall space as the school hall was bursting at the seams. Although it was felt the weather may have been too hot and deterred masses to wander the entire length of the trail, our map sales were up on the previous year as we welcomed those not only locally but from far and wide and our advertising even attracted someone from Kent. We hope all stalls involved enjoyed the day and made their own profits. It was fabulous to organise a fun community event and be able to showcase the beautiful villages we are part of whilst raising much needed funds for Boxford Primary School that enrich the educational experience of all children who attend it. The stall fees plus the numerous FoBS stalls on the day generated a combined increased profit compared to last year totalling approximately £550 which has already been put towards the latest funding requests we have received from the school. Please like our Facebook page Friends of Boxford School and get in touch via [talktofobs@gmail.com](mailto:talktofobs@gmail.com) if you have any time to be able to assist us in future as we are always looking for extra hands. Thank you for your support.

Emmy and Kate, Co Chairs of FoBS



Hopkins Homes plans of site at the consultation/exhibition held at Boxford Village Hall re the proposed housing at Sand Hill.

## Box River News

Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR

Telephone: 01787 211507 e.mail:  
[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

Final date for reserved copy for the  
July Issue is:

**June 15th at noon**

**Delivered Free** to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green Milden and Kersey and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Shelley Stoke by Nayland, Nayland, and parents of children at Boxford School.

## MILDEN SINGERS SPRING CONCERT



On a glorious weekend the Milden Singers provided enjoyable and entertaining Concerts to their loyal audiences. Their concerts are always well supported and there was something for everyone as they sang a mix of songs from 60's pop, High Society and Cabaret along with some all-time classics.

They raised a staggering £749 for Milden Pavilion and £360 for the new Cardiac Unit at Bury Hospital.

They will be back at the end of the year with their Winter Concerts. If you would like to join this fun singing group please contact Pearl on 01449 741876 the ability to read music is not essential and more sopranos are needed.

Milden Pavilion is a modern facility which is available for Hire and is ideal for fundraising events, family gatherings, children's parties, it can seat 50-60 people or more standing. Situated in an idyllic location with stunning views with the added attraction of a playingfield which can be hired for cricket.

Please contact Pearl or find/follow us on Facebook.



Mark Mitchels lecture on 'Mozart - a life in music' at Groton Village Hall



photos David Lamming

Replacing the lead on the north aisle roof of Groton Church

# FleeceJazz

at Stoke by Nayland Hotel

**Friday 1 June 8.00 £20**

### QCBA: Quentin and Brandon

Their latest album is a melting pot of Jazz, Brazilian and Funk, always soulful and, crucially, always swinging!  
Brandon Allen Tenor Sax, Quentin Collins Trumpet, Ross Stanley Organ, Lloyd Haines Drums.

**Friday 8 June 8.00 £18**

### Sirkis/Bialas International Quartet

With an emphasis on band interaction and sheer joy of playing, this band celebrates music from a wide range of genres.  
Asaf Sirkis ~ Drums/Compositions/Konnakol, Sylwia Bialas ~ Vocals/Compositions, Frank Harrison ~ Piano/Keys, Kevin Glasgow ~ Electric Bass

**Friday 15 June 8.00 £16**

### Roger Beaujolais Quartet

Of Roger's 19th album, Ian Mann the Jazz Man says, "A very classy piece of work that will help to consolidate Beaujolais' reputation as one of the best loved musicians on the UK jazz scene."

Roger Beaujolais ~ Vibraphone, Robin Aspland ~ Piano, Simon Thorpe ~ Bass, Winston Clifford ~ Drums

**Sunday 24th June 8.00 £21**

### Jacqui Dankworth at the Ipswich Jazz Festival

Jacqui Dankworth is one of the most highly regarded vocalists in the UK. Her concert appearances and her stylistically diverse recordings showcase her virtuosic and effortless mastery of a wide

spectrum of genres.

St Peters by the Waterfront, College Street, Ipswich IP1 1XF  
Tickets from the New Wolsey Theatre, 01473 295900

Jacqui Dankworth ~ Vocals, Charlie Wood ~ Piano, Chris Allard ~ Guitar

Jacqui Dankworth is one of the most highly regarded vocalists in the UK. Her concert appearances and her stylistically diverse recordings showcase her virtuosic and effortless mastery of a wide spectrum of genres. Known primarily as a jazz singer, Jacqui also draws on folk, soul and blues influences. Her voice has been described as "multi-faceted" and "incomparable", "one of our finest singers, regardless of category." Sunday Times

Charlie Wood is a singer/songwriter and keyboardist whose eclectic musical style incorporates elements of jazz, blues, traditional R&B and popular music. Wood is an accomplished and prolific singer/songwriter and has received stellar reviews for his original music. "Remember the first time you heard Dylan, or Springsteen, or Costello, or Waits? Charlie Wood delivers that same jolt." Jazz Times

Chris Allard (right) has performed at many prestigious venues and festivals and he has performed/recorded with numerous big names. Chris also leads his own band, which has played all over the UK and in Europe, including the International Guitar Festival and Ronnie Scott's, and performed and had radio-play as far afield as Los Angeles. His last album received critical acclaim including four stars in Guitarist Magazine.

"One of the great guitarists in this country." Jamie Cullum

**Friday 29 8.00 £16**

### Freddie Gavita Quartet

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

**01787 211865**

All cheques (with S.A.E. please) to:

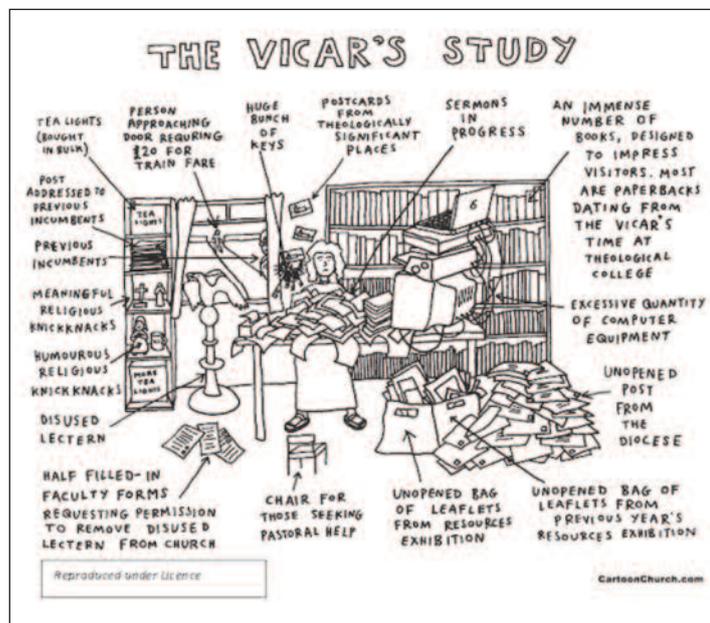
Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

## THIS MONTHS LETTER FROM REV JUDITH

Dear friends,

### Clearing the clutter....

Knowing that we have to vacate the Rectory in just under three months, prior to our retiring to Norfolk, certainly concentrates the mind! How is it, I keep asking myself, that, having moved from a modest bungalow in Great Maplestead, we have managed, in just under eight years, to fill a large house like this? There is a partial explanation, at least for one room in the house, my study. And the cartoon below is actually not far from the truth at times!



Every time I come back from a Café Church Service, a school assembly, or a school Craft Church club session, in particular, I seem to end up surrounded by an array of carrier bags overflowing with strange things like cardboard tubes, glowsticks, beads, messy tubes of PVA glue, felt-tips with their tops missing, crumpled and torn coloured tissue paper, sticker sheets with only two stickers left and so on. Then of course, as at the moment, there is a large robes bag taking up most of what is supposed to be a welcoming, clear settee for any unexpected visitor in pastoral need, and the holdall blocking the door containing my BOSE machines, which, like a snail, I have to carry round with me to almost any wedding, funeral or christening which requires a CD track playing!

In “the smallest room in the house”, for those moments of peace and contemplation...I keep two books, one on How to simplify your life and one, effectively on, How to simplify your spiritual life. I wonder if you, like me, find these two things are far from unrelated? The effort of clearing away physical clutter (three large bags of clothes sit in my car at this moment, heading for a charity shop) can be mentally very freeing too. It clears a space in the mind, but also in the heart. In paring down to the material things that we really do need to hold onto, it is almost as if we are shedding a weight from our souls and spirits too.

It's a process we can sometimes experience too, when there are other great upheavals in our life. A complete, perhaps unexpected, change in our circumstances, in our job, our relationships, our health, can prompt us, or even force us, to look more carefully and deliberately at what we are surrounding ourselves and filling our time and our lives with, whether in terms of objects in a home, activities we normally engage with, or even the people we usually associate with.

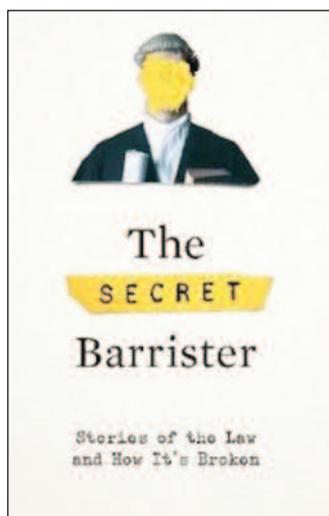
Jesus spoke memorably about this on more than one occasion. One day, he challenged a, virtuous but rich young man, to go a step further in his pursuit of goodness, giving away his wealth to the poor. Jesus sensed, that, for this particular person, being freed from his worldly goods would overcome the last barrier to him becoming all that he could be, all that God wanted him to be. We will all have our own barriers to overcome, our own clutter to be cleared.

Clearing that clutter – whether it is material, mental or spiritual – can make a much-needed space in our lives. Space to breathe, to reflect, to consider more attentively which things really matter. Space and peace to experience and respond to the presence of the God who loves us, and who by his Spirit, can enable us to become the best that we can be.

Blessings,  
Rev'd Judith

## THIS MONTH'S GOOD READ, JUNE 2018

“Stories of the Law and How It's Broken” by The Secret Barrister



Over the winter months hardly a day has gone by without a television news or newspaper report highlighting the problems in the National Health Service and telling us that the NHS is seriously under-funded and not fit for purpose. What has not hit the headlines in the same way—at least, not until the recent series of high-profile trials aborted for want of proper disclosure by the prosecution of evidence undermining its case—is the fact that our criminal justice system is also seriously under-funded and creaking at every joint.

‘The Secret Barrister’ is a junior barrister specialising in criminal law, who (like most criminal

barristers—as was the case when I was in practice) both prosecutes and defends. By writing anonymously, as he (or, it could be she) explains, it “buys the freedom to be candid; to call upon my own personal experiences, and those of others, to illustrate the first-hand tales of justice and injustice that play out every day in courts throughout the land.” His (I’ll assume it’s he for the purpose of this review) first-hand experience ‘at the coal face’ of the criminal justice system enables him to lift the lid on all that is wrong with the system in 2018. Whether it is defendants escaping justice because of inept prosecution by an under-funded and under-staffed Crown Prosecution Service, or others at risk of wrongful conviction due to cuts in defence legal aid fees (40% since 2010) and ridiculously low fixed fees for solicitors, which mean that often much of the work they do is unpaid or economically unviable, the author shows how a system close to breaking point should concern us all. Much of this is never reported but, as the author says, “If the criminal justice system were the NHS, it would never be off the front pages.”

You may well ask, why does this matter? Most of us (hopefully) will never be a defendant in a criminal case. But, as the author states, criminal justice doesn't discriminate and “anyone can be reeled in,” perhaps as witness or juror, if not as an accused. Or, if not us, then a relative or friend. We shall then want the system to work. As our secret barrister says in his ‘opening speech’, “a working criminal justice system, properly resourced and staffed by dedicated professionals performing their invaluable civic functions, for the prosecution and defence, serves to protect the innocent, protect the public and protect the integrity, decency and humanity of our society. That should be a societal baseline. Not a luxury.”

The book is extremely readable. After a chapter describing (with appropriate historical explanation) the ‘dramatis personae’ in a criminal trial, the author takes us through the various stages of a criminal case, from the initial bail application in a magistrates’ court, through to a jury trial in the Crown Court and the workings of the Court of Appeal (Criminal Division). He critiques each aspect of the system, including the ‘innocence tax’ whereby, since 2012, someone wrongly accused of a crime and acquitted, can only recover a fraction of his costs, even though the State is not limited in what it spends in bringing the case, and the impenetrable sentencing system, largely brought about by politicians continuously tinkering with the law without regard to unintended consequences.

This is a book that anyone who cares about our criminal justice system (and that should be everyone) ought to read. A L Kennedy, in a ‘blurb’ on the back cover, says: “The Secret Barrister is mordantly clear, chillingly well-observed and terrifyingly funny. I have rarely read a book that filled me with greater fury. Read this, give it to friends, share the Secret Barrister’s testimony with strangers – it’s a rare and righteous thing.” The Criminal Bar Association has ‘crowd-funded’ to provide a copy to every Member of Parliament. Read it, and judge for yourself.

The Secret Barrister: Stories of the Law and How It's Broken was published by Macmillan on 22nd March 2018, price £16.99 (obtainable from Amazon, price £10.94.)

David Lamming

# *Half-Price Beauty is BACK!!*

Your Beauty budget will stretch a lot further this June with our AMAZING Beauty Bonanza.

When it comes to looking our best we all have different Beauty needs.

So here at Suffolk Medical & Beauty Clinic, we thought you might appreciate a little something to help you get ready for summer.

How does this sound...?

*Any Beauty Treatment*  
***HALF PRICE!!***



Call the clinic or visit our website [www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk) for more information on treatments.

## *Beauty Bonanza*

*Choose ANY Beauty treatment at the  
Suffolk Medical & Beauty Clinic  
this June for **HALF PRICE\*!!***

***Call 01787 211 000 to book.***

*Suffolk Medical & Beauty Clinic, 6 Broad Street, Boxford*

*\*Offer valid until 30.06.2018 for one treatment per person.*

## FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

### ➤ More than 94% of Suffolk children offered first choice of primary school.

Further to my March report, Suffolk's primary school admission figures released on 16 April show that 94.6% or 7,435 children have been offered a reception place for September 2018 at their parents' preferred school, with 99% offered one of their three preferences. 0.6% more children received their first preference this year than last year.

Suffolk County Council received a total of 7,544 applications for a place in the Reception year from parents giving the preferences for their children to be educated at from September 2018. 98% of pupils moving to a junior school have secured their first preference place with very nearly all (99.7%) being offered one of their three choices. [www.suffolk.gov.uk/children-families-and-learning/schools/school-places/school-admissions-faqs](http://www.suffolk.gov.uk/children-families-and-learning/schools/school-places/school-admissions-faqs)

### ➤ Proposal to change home to school travel policy.

Further to my report last month, I have been asked to join a panel to review the feedback from this consultation which ended on 28th February. I will be reflecting the local feedback I have had from my parishes. The main requests are that youngsters do not have to change their existing schools where the choice of school was made and implemented before any change in policy. I am also concerned to ensure that those who do have financial challenges as a result of any revised school travel policy, there will be an opportunity for this cohort to apply for some financial support.

All of the feedback gathered will be carefully and thoroughly considered by Suffolk County Council's Cabinet in June 2018 which I plan to attend. [www.suffolk.gov.uk/schooltravel](http://www.suffolk.gov.uk/schooltravel).

### ➤ Over 7,000 potholes repaired in Suffolk since January

Following the worst winter weather for many years, Suffolk has now seen over 7,000 potholes repaired since 1 January 2018 when the weather permitted, with a further 950 scheduled over coming weeks as the county council continues its war on potholes.

Since the start of 2018, Suffolk Highways has received approximately 9,500 pothole reports from members of the public, some of which were duplicates for which we are most grateful. This is double the number received during the same period last year; demonstrating the impact that the severe winter had on the county's road surfaces.

Suffolk Highways has made some significant steps forward to deal with the high volume of reports. Additional gangs have been brought in to undertake pothole and road repairs across the county, different materials are being used and existing resources are being diverted to help deal with the backlog of reports. Also, a new approach is being trialled where areas with particularly high volumes of reports are 'blitzed'. On 5th March, Suffolk Highways also begun trialling a new approach using a machine called a 'Roadmender' which is a vehicle with an asphalt mixer on the back. It works by keeping the material at a consistent and ideal temperature for compaction and only uses the quantities needed, limiting any waste material. This is an alternative treatment technique and the results are currently being analysed.

In addition to this, on 19 April 2018 Suffolk Highways' surface dressing programme began with the first of 360 sites. The first step of the programme is to undertake road repairs and preparation work which will include repairing potholes. Once the 2018/19 surface dressing programme is complete, approximately 250 miles of road will have been treated. Surface dressing involves laying stone onto a binding substance and is carried out between April and September only. Suffolk Highways will continue to routinely inspect the county's roads, from once a month for mains roads, through to once a year for more rural, less used roads. Suffolk Highways are grateful to the public for their understanding and patience.

### My Priorities:

Education - Supporting Vulnerable People - Jobs and Growth - Localism and the Stour Valley -

Building on Suffolk's Strength all underpinned by strong financial management and low council tax

James Finch County, Councillor Stour Valley Division

Tel: 01206 263649 Mobile 07545 423796

Email: [james.finch@suffolk.gov.uk](mailto:james.finch@suffolk.gov.uk)

## FEEDBACK FROM BRYN HURREN

Your Babergh District Councillor

By the time you read this I will have done the rounds of Annual Parish Meetings and thank you to all who have attended to hear the reports, regrettably in the main these Parish meetings were not well attended which can indicate that all is well and residents are happy with matters as they are and they realise that the Councillors are doing a good job but it is worrying that the population as a whole seem to be reluctant to engage within the village in which they live. Since time began the elders of the villages and settlements have held meetings and councils to bring together residents of settlements whether it be in igloos or wigwams. If residents do not engage or take part in projects and ideas it is not good practice to moan afterwards about what has been decided by hardworking and dedicated people.

It has been brilliant to see the hard work of those involved with the Playing field, Community Council and Boxford School bear fruition and I am thrilled that these mainstays of our community are in such capable hands.

I wish that I could say the same for our District Council which has nosedived to an all time low, the complaints that I am receiving from residents regarding lack of service, unanswered calls, lack of an access point and the general waste of money have been numerous and quite vociferous. I have always been proud to serve as your Councillor but the last two years have been embarrassing and the dip in service has been dramatic. Maybe it is time to take the politics out of this level of local Government, we now have a failing District Council trying to form a unitary with a failed County Council. We have elections in May 19 and it is time for every single voter to question the candidates about their real intent for standing and to elect a Council that works for them not for National Politics.

Enjoy the summer now that it has arrived and I will catch up with as many of you as I can at various events or maybe in one of the five Pubs in our Ward. I am contactable as usual on 01787 210854 or [bryn.hurren@babergh.gov.uk](mailto:bryn.hurren@babergh.gov.uk) All Best Regards Bryn.

## THERAPEUTIC MASSAGE AROMATHERAPY THE BOWEN TECHNIQUE

THE BOWEN TECHNIQUE IS A GENTLE, NON-INTRUSIVE THERAPY WHICH HELPS TO BALANCE AND HEAL THE BODY.

IT CAN BE USEFUL IN TREATING A VARIETY OF DIFFERENT CONDITIONS INCLUDING: BACK AND SHOULDER PAIN, MIGRAINES, ASTHMA, TENNIS ELBOW and KNEE PROBLEMS.

For a professional, caring treatment with a therapist who has over 20 years post qualification experience contact:

Linda Rice on Boxford (01787) 210850

GIFT VOUCHERS AVAILABLE!

### CPH Property Services

Painting & Decorating (Interior & Exterior)  
Fencing  
Patios, Pathways & Shed Bases  
Plaster Boarding & Tiling  
And much more.....

Fully Insured & Free Quotations Provided

Telephone Chris: 01787 210536 or 07717059370  
Telephone Paul: 01449 740020 or 07880727630  
Email: [chris.harman1990@gmail.com](mailto:chris.harman1990@gmail.com)



## Gary Jarvis

*Paper Hanger and Interior Decorator*

01787 211471 or 07733 325669

[garydj Jarvis@gmail.com](mailto:garydj Jarvis@gmail.com)

## HARE & HOUNDS LEAVENHEATH

traditional country freehouse with 3 real ales  
pool table - open fire - beer garden & patio - play area

### Summer Beer Festival

Thursday 2<sup>nd</sup> - Sunday 5<sup>th</sup> August 2018  
10+ real ales, real ciders and craft beer  
Live music and BBQ on Saturday 4<sup>th</sup>

### SUNDAY ROASTS

(every week 12 - 3pm)

a choice of 3 meats or a veggie option starting at £10  
Family platter £27.50 (enough meat and trimmings to  
feed 2 adults and 2 children)

### BURGER WEDNESDAYS (6 - 9PM)

A pint of your choice plus a choice of homemade burger  
with all the trimmings for just £8

#### OPENING HOURS

TUESDAY, WEDNESDAY, THURSDAY 12 - 3PM & 5 - 11PM  
FRIDAY & SATURDAY 12 - 11PM  
SUNDAY 12 - 10PM  
CLOSED ALL DAY MONDAY

#### FOOD IS AVAILABLE

TUESDAY - SATURDAY 12 - 2PM & 6 - 9PM  
SUNDAY 12 - 3PM

[www.hareandhoundsleavenheath.co.uk](http://www.hareandhoundsleavenheath.co.uk)

01787 212396



## Elaine Carpenter

N.R.H.P., C.H.P., Dip Psychology  
Phone: 01787 210601  
Mobile: 07929 744072

## HYPNOTHERAPY

Negative emotions such as anxiety and depression, can overwhelm us by rippling out and affecting our whole lives. Hypnotherapy can help you discover how to use the power of your mind to free yourself from fear and gain control back of your life.

I HAVE OVER 28 YEARS OF EXPERIENCE AS A HYPNOTHERAPIST, HELPING PEOPLE TO OVERCOME A WIDE RANGE OF EMOTIONAL, MENTAL AND PHYSICAL PROBLEMS.



Call me for an informal chat to see how Hypnotherapy can help you.  
Now available at KERSEY MILL and BOXFORD

## All Seasons marquees

*Let us help you to make yours an event to remember*

Modern Marquees in a range of sizes  
Free no obligation site visit

Heating • Lighting • Furniture • Flooring  
Dance Floors • Staging • Linings  
Generators • Toilets

Tel Ipswich: 01473 559978  
[www.allseasonsmarquees.co.uk](http://www.allseasonsmarquees.co.uk)  
[info@allseasonsmarquees.co.uk](mailto:info@allseasonsmarquees.co.uk)



### Cater Hire

Crockery  
Tableware

Kitchen Equipment  
Glassware

Cutlery  
Fridge Trailer

Contact Emma: 07587 196496  
Email: [info@thefoodstation.co.uk](mailto:info@thefoodstation.co.uk)  
[www.thefoodstation.co.uk](http://www.thefoodstation.co.uk)

## SISTERS IN ADVERSITY - A TALK BY LINDA SEXTON

Little Waldingfield History Society was delighted to welcome Linda Sexton, the Suffolk East Federation of Women's Institutes archivist, to the Parish Room to tell us of the role the Women's Institute played after the devastating coastal floods of late January 1953.

We were told that the storm surge, which struck the east coast of England during the night of Saturday 31st January 1953, caused the worst natural disaster in northern Europe for 200 years, and from the figures, there is no doubt that it was. The flood was generated by an intense, rapidly moving low-pressure weather system, which travelled southeast across the North Sea and produced very high winds (a gust of 126 mph was observed at Costa Hill in Orkney) over an offshore region from northeast Scotland to the Netherlands. In combination with a high tide, the surge, which locally exceeded 18 ft. above mean sea levels, swept southwards, overwhelming flood defences in both countries.

The scale of this flooding was unprecedented. In England alone there were 1,200 breaches of sea defenses with 150,000 acres (234 square miles) of land flooded, 40,000 people left homeless, 46,000 livestock killed and 307 deaths. In the Netherlands, 100,000 people were evacuated, 340,000 acres flooded, 47,300 buildings damaged, 30,000 livestock killed and 1,836 lives lost. In addition, there were 17 deaths in Scotland, 22 in Belgium, and 230 deaths in vessels out at sea (including 133 lost on the MV Princess Victoria).

Three events combined to cause the overwhelming tidal surge: a full moon, a deep trough of low-pressure that sucked up the sea by an extra foot, and strong gales which lasted for many hours. Linda told us that the tide earlier that day had not receded as it should, so that when the second high tide came down the North Sea, as a giant standing wave, it came on top of this additional water to devastate the low-lying housing of England's East coast.

A complete lack of emergency preparedness was responsible for the tremendous scale of the disaster in human terms; as Linda noted, there were very few telephone lines in place, virtually no TV's and an almost total reliance upon radio and newspapers for information. The latter were clearly of no use before the flood, whilst the timing of the tidal surge, in the cold dark evening and night, was when most affected people were in bed. The exceptional weather conditions, coupled with an inability to warn people, meant that communities were unaware of the imminent threat, which saw many low lying areas of East Anglia and the Thames Estuary suffer extreme flooding.

Linda then told us of the storm's progress down the country. By 5 p.m. seawater crashed through the dunes in Lincolnshire, crushing every automatic tide gauge in the Wash. The evening train from Hunstanton ran headlong into a wall of water a mile inland, and was then stranded for six hours. Forty bungalows, home mainly to American servicemen and their Norfolk wives, were swept away and 65 people died.

Sea defences were brushed aside by the wall of water which swept into King's Lynn at 6.30pm, had reached Hunstanton by 7pm and was powering towards Great Yarmouth by 9pm. Exactly 100 people were drowned in Norfolk alone that night. Thousands more spent a terrifying winter night cowering on roofs, in trees and on improvised rafts, soaked to the skin and lashed by salt-spray and hurricane-force winds. Tens of thousands more lost almost everything they owned and became homeless overnight. We were also told that many people died slowly by subsequent exposure to the harsh elements, when clinging onto the roofs of houses, rather than by drowning.

In King's Lynn, the river was at the top of its banks long before high tide, the effect of the non receding previous tide, so when the tidal wave of sea water hit, it overwhelmed one fifth of the town. Roads turned to rivers, nine people drowned and more than 3,000 homes were swamped.

In Salthouse, 30 houses were destroyed in 30 minutes. In one house, water burst through the front door with such force it broke a woman's leg; her husband carried her to the kitchen table, but when the next wave smashed through, it swept her away to her death.

In Sheringham the storm pushed sea water right over seafront hotels to flood down chimneys into people's homes; almost 100ft of promenade was swept away. A local policeman had to put a rescued baby into a suitcase to shield it from the pebbles flying from the beach, and from tiles crashing down from house roofs.

18 foot waves burst through Sea Palling, twenty miles SE from Cromer, and rushed inland; Yarmouth was engulfed and Southwold cut off. By late evening, all down the Essex coast the sea had covered the saltings and undermined sea walls, loosened cracks in the clay and destroyed their foundations. People were sleeping behind these 1,000 year-old sea walls trusting to history, but the walled fortress of Essex was under siege and would soon surrender.

Lowestoft was cut in two by the surging floodwater, though there were no deaths that terrible night. At first it was dubbed the luckiest town on

the coast; however, Lowestoft fishing trawler Guava had left Lowestoft on January 30 with a crew of 11 to fish for herring. It was never seen again – one of eight ships which disappeared without trace in the hurricane.

The greatest loss of life was on Canvey Island, which was once grazing marshland reclaimed from the sea. Most residents lived in bungalows and chalets, enclosed by miles of feeble earthen sea walls. At midnight, a river board man went up for his last check, and in the hard silver moonlight saw a fleet of water where there should be islands across to mainland Leigh, with the sea lapping at his feet. Along with a colleague, all they could do was to bang on doors shouting "The tide is coming". Sea walls crumpled with shocking speed and, with the wind roaring and icy North Sea inside, the electricity shorted out; the river board man was overtaken, so he grabbed a post and stayed up to his chest in winter water all night - how did he survive? Across the road, an elderly couple he had warned climbed up on to a wardrobe in their tiny bedroom, but it later gave way in the pitch dark, the woman tumbling down to drown. Like so many others, the husband was quite helpless, even though so very close.

In another bungalow, a family with nine children under 16 year tried to climb into the roof space when the water burst in. The table collapsed and the mother was left standing in the water, holding on to the two youngest boys; during the endless night both died in her arms - there was simply nothing she could do. All clocks stopped between 1.42 and 1.47 a.m. as the rising water engulfed mantelpieces. Reports differ, but some 58 or 59 people died on Canvey Island that night. Many remember the millions of earthworms drifting and swaying in the water, killed by the salt. Canvey was closed to prevent looting, and large S's chalked onto door fronts after houses and shops had been searched. "The sea's triumph," wrote county archivist Hilda Grieve, had been stunning.

Because many were worried about a repeat surge over the next night, which thankfully didn't happen, the services were called upon to fill sandbags and repair breaches in many sea walls. They supplied 1,500 vehicles, 50 amphibious vehicles and 65 heavy earth-moving machines; they additionally issued large stocks of blankets, sandbags and other stores to the civilian authorities. The Royal Air Force and Royal Canadian Air Force made aircraft available for photographic survey and air supply work, and provided men and vehicles, while the Royal Air Force Transport Command arranged a special airlift to bring in sandbags from other countries.

Being soon after the war (NB: food rationing didn't finally end until 1954), thousands of homes were substandard, resulting in many people living in temporary shacks or converted sheds / various types of boat. In consequence, these homes were less able to resist the surge, with many simply falling to pieces or floating away in the flood. In addition, many people either had no house insurance, or if they did, they were usually woefully underinsured, which had dire financial consequences in the long aftermath to the flood.

The Lord Mayor of London set up his National Flood and Tempest Distress Fund, which was very well supported, but couldn't reach everyone in need; Linda advised that insured residents generally didn't qualify, even when most received only small insurance payments because they were underinsured. In addition, it seems that many insurance claims were made too soon, and therefore settled before the full extent of longer term water damage had shown itself - affected people therefore continued to suffer a long time after the flood, with possessions lost and often a reduced ability to support themselves.

It was into this breach that the women of the W.I. stepped in, on a massive scale. Many Federations (of Women's Institutes) started collections of produce and other foodstuffs, along with clothes and furniture; as Linda said, some 80 parcels weighing a ton were collected for W.I. members on the coast who had lost everything. With fellow members they organised storage, collection and distribution points around East Anglia, and were a lifeline to many, whilst in May 1953, more food parcels arrived by ship from New South Wales that also required distribution.

The W.I. was also involved in distributing money from their own cash collections to those still short after payments had been made from the Lord Mayor's fund; this was also something that became even more welcome as the year progressed, because people not directly affected by the flood gradually forgot all about it.

In June 1953, local W.I. Federations received a letter from the London W.I., who had received a shipment of honey from Queensland, some 50 drums each containing 55 gallons, and were looking for assistance in distributing it. The records don't show quite how this was achieved, but in August another 50 drums turned up - the Australian bees had certainly been busy. Money from many countries around the world was also coming in, including from Russia, South Africa, Australia, New Zealand

and Canada; this all took time to coordinate and distribute - something else the various W.I. local Federations were heavily involved with. From the W.I. papers in the South East Federation, Linda recalled the following payments being made:

- Replacement of rabbits (an on-going food source - remember rationing);
- Replacement of furniture;
- Motorcycle repairs (almost certainly a means of getting to work);
- Cash to replace that lost in the flood (money was often kept in tins, jars or under mattresses;
- Replacement of specialist shoes, already replaced by the L.M. Fund, but subsequently completely destroyed by the muck and debris lying everywhere around;
- Contributions to the RSPCA (many pets and farm animals were killed or injured);
- Replacement carpets - it seems that lugworms were nesting in people's homes under their carpets - yuck).

The W.I.'s own flood relief fund unbelievably continued until 1967, when it was finally closed by sending the remaining money to the Lynton and Lynmouth flood relief fund - what goes around comes around!

The catastrophe led to in-depth government reviews in both the Netherlands and the UK, which resulted in significant improvements in coastal defenses, in warning systems and in flood management policy. In the UK, the Storm Tide Warning Service was developed (now part of the National Severe Weather Warning System), and eventually the Thames Barrier was completed in 1984 to protect London from future surges. In the Netherlands, the Delta Commission's study into the cause and effect of the floods led to the Delta Works, a series of dams, locks, sluices, levees and storm surge barriers that now protect the country from coastal flooding.

The final tally of UK deaths was 307, with the following areas most affected:

- |                        |                           |
|------------------------|---------------------------|
| • Canvey Island, Essex | 58 or 59 (records differ) |
| • Felixstowe, Suffolk  | 40 or 41 (records differ) |
| • Jaywick, Essex       | 37                        |
| • Hunstanton, Norfolk  | 31                        |
| • Snettisham, Norfolk  | 25                        |
| • Skegness area, Lincs | 20                        |
| • Mablethorpe, Lincs   | 16                        |
| • King's Lynn, Norfolk | 15                        |
| • Yarmouth, Norfolk    | 10                        |
| • Heacham, Norfolk     | 9                         |
| • Harwich, Suffolk     | 8                         |
| • Sea Palling, Norfolk | 7                         |
| • Southwold, Suffolk   | 5                         |

To conclude, attendees were shocked by the scale of the impacts arising from the great flood, but were much heartened by the human interest stories and by the great role of the women of the Women's Institute, as unearthed and told to us by Linda.

Our next events will be at 7.30 in The Parish Room on: 16th May:

**A Picture History of Margaret Catchpole** Pip Wright, our favourite speaker, will tell us the tale of a Suffolk adventuress and chronicler transported for stealing a horse, accompanied by paintings by Reverend Cobbold. Margaret Catchpole is described in the Australian Dictionary of Biography as one of the few convicts with an excellent memory and a gift for recording events, so this event will be a rare treat - a fascinating tale from a gifted source presented by a brilliant speaker.

**13th June: The Battle of Waterloo**

Allan Manning, who is also a member of the society, will re-create the stages of the battle on a large map for all to see and really appreciate the many events that happened on the day - the interaction between forward and reserve units, between British and Prussian armies, and of course between Napoleon and his generals, along with commentaries on why the parties took the actions they did.

Both events are going to be great, and we very much look forward to welcoming guests both new and old to the Parish Room.

*Andy Sheppard*



**GARDEN DESIGN**

**BORDER DESIGN**

**PLANT SOURCING**

**GARDEN OVERHAUL**

**GARDEN GIFT VOUCHERS**

**Give your garden the makeover it deserves!**

We are a local garden design company and can offer a complete design, construction and maintenance package or just a planting plan for a single border.

[WWW.ZINNIADDESIGN.CO.UK](http://WWW.ZINNIADDESIGN.CO.UK)



Call Angela for a consultation:

**01787 212264**

**07974 375254**

**Remember**

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg

[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## AN ENGLISHMAN'S HOME IS HIS HASSLE



For probably the first time in the history of the Boxford Drama Group tickets for the three performances were sold out well in advance. Such was the demand that an extra performance (ultimate dress rehearsal) was made available to the punters on wednesday 25th April.

The production 'An Englishman's home is his Hassle' written by Elaine Horne with original music by Mike Keith was yet another triumph for the BDG. This tale of dysfunctional family life, mistaken identity, bizarre behavior and comings and goings was a comedy, a farce and a musical with a twist all rolled into one. This was a unique and quite brilliant Horne/Keith production with many of our old favorites in the cast.

The cast were well chosen for their parts and all gave excellent performances but I would like to mention two in particular.

Elaine Carpenter who played Bridie O'Toole was the Irish Housekeeper who undoubtedly had many of the best lines, but best lines are only any good if they are put across meaningfully and this is where Elaine scored. The moment she was on stage you knew you were in for those belly laughs that one expects from a good farce and Elaine did not let us down. I suppose having her husband as the straight man (Conrad played by Will Carpenter ) helped.

The other was not one but six being the ingenious chorus together with the musical director, Monica Murphy, Frances Karabik, Emily Barlow, Angela Tolputt, Steve Clayden and of course Mike Keith. What an incredibly good Idea to have such a well rehearsed team helping us to understand what was going on in this fast moving farce.

As always the meal at Half time was of a good standard and well served and last but not least, I always regret that we do not applaud the set, must set a new fashion in future.



*Top: The Cast*

*Above: The Carpenters, Birdie O'Toole (Elaine Carpenter) and Conrad Bigley-Withers (Will Carpenter)*

*Below: LtoR Chantelle Peabody (Georgina Waterson), Kranth-in-the-Moor (Nick Elliott), Griselda Campbell-Doone (Jane Elliott), Bridie O Toole (Elaine Carpenter), Hubert Bigley-Withers (Joe Barrett), Meredith Batwright (Margaret Clapp).*



Photo's TrudiWild

## SESAW



Ollie (the Black) Cat has been a right grump over the Winter but I suppose it's no wonder after such rotten weather. Everyone was fed up with the cold, the rain and the squelchy, sticky mud but at last the sun is shining and we hope for a great summer.

Whatever the weather, we always have cats, dogs and sometimes rabbits and guinea pigs awaiting new homes. Some (like me) are in their prime, others are getting on like Lily, an elderly dog that is enjoying life since moving into foster care. If you are looking for a pet to complete your family please consider an older dog, and contrary to popular belief, they CAN learn new tricks!

Our talented crafters are always grateful for any materials they can use to sew, knit or create beautiful toys, gifts and garments to sell at our fundraising events. We would also be glad to receive items suitable for raffle or tombola prizes and can pick up if it is difficult for you to visit the Sanctuary. Please leave a message on the office answerphone or call/text 07881 785535 to arrange a collection.

Our next event is an afternoon sale at Newton Green Village Hall on 2nd June. Lots of quality "pre loved" clothes and accessories, bric a brac, books, refreshments etc. Looking ahead, don't forget to visit the SESA Open Day and Fun Dog Show, 12-4pm on Sunday 29th July at the Sanctuary. Please join us on this, our happiest day of the year, you might even see me, Kenny (the Boss) Chihuahua. Suffolk & Essex Small Animal Welfare, Reg.Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP, tel: 01787 210888 sesaw - Suffolk & Essex Small Animal Welfare



## The Bell Inn

The Sreet, Kersey, Suffolk, IP7 6DY

Tel: 01473 823229

*Kerseybell.com*

Come and visit The Bell on Saturday 9th June -  
**Kersey Open Gardens.**

Bacon or sausage rolls with tea or coffee - £5.00 served from 10 til 12, lunch 12 til 2.30 and BBQ from 3 till 5. The lovely Millie Fitzpatrick singing in the garden from 1.30 to 3.30. Looking forward to a wonderful day in Kersey!



## SUDBURY CURTAIN WORKROOM

We are an established curtain making company in Acton with over 35years experience.

We make quality bespoke curtains and blinds.

We hand sew with careful attention to detail ensuring a beautifully finished result.

Measuring service available.

Please phone Jane on 01787 374457.  
*info@sudburycurtainworkroom.co.uk*

## S B Electrical

For all your electrical work large or small

Free Estimates ✓ No Call Out Charge ✓  
A Member of the BSI® ✓ Electrical Certificates Issued ✓  
Part "P" Registered ✓ Insurance Backed Guarantee ✓

**Tel: 01787 247043**

e-mail: [Info@sbelectrical.biz](mailto:Info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)

Church Road, Little Waldingfield, Sudbury, Suffolk

# NEWS FROM CLUBS AND ORGANISATIONS

## 3PR Stats for April 2018

The groups First Responders covered 216hrs and had 6 call outs.

## Boxford Open Gardens 21st Anniversary Year

Sunday 3rd Jun 2018

**Calling all Gardeners, allotment owners, artists and craftspeople** - please open your gardens and studios for one day to the public this June.

• Whatever the type of garden, wild or tamed, large or small, vegetable patch or kids garden

• Whatever art you create in your studios, paintings, sculptures or crafts We ask you to share it with your community and take part in an enjoyable and rewarding day. All proceeds to St Marys Church, Boxford. Please do get in touch with me for further details

Sarah : 01787 210276 M: 07879 997640

Sarah.williams@rmcurtis.co.uk

## JOB VACANCIES

Groton Parish Council and Edwardstone Parish Council are both seeking a Parish Clerk. Each position is for 16 hours per month at current NJC salary scales dependent on qualifications and experience. The Councils each meet 6 times a year, Groton usually on the first Wednesday evening of the month and Edwardstone on the third Monday. The Clerk would be required to work from home and a laptop will be provided. CiLCA qualification would be an advantage but the Council would be prepared to fund training if required. A full handover will be given. Applications should be made by sending a CV and covering letter, setting out evidence of relevant skills and experience to the current Clerk, Anita Robinson by email at [clerkgrotonpc@gmail.com](mailto:clerkgrotonpc@gmail.com) or [clerkedwardstone@gmail.com](mailto:clerkedwardstone@gmail.com) (01787 211673). Please contact the Clerk if further information is required.

## Boxford Community Council

### Senior Citizens Outing Tuesday 12th June 2018

Once again this year we will be holding our Senior Citizens Mystery Outing on Tuesday 12th June. We will be setting off from the village centre at 5.30 and having a leisurely drive to our destination.

We will be providing refreshments this year, so would ask you not to have your meal before you arrive in the village.

If you would like to join us please put your name and address down on the list which will be put up in the Post Office, or telephone Ward on 210129 or Stephanie on 210444 to reserve your place. If you need picking up please indicate or tell us that also.

For any of you who are willing to drive would you please let Ward know on 210129; if you have driven in previous years please still let us know if you are available this year.

We look forward to seeing everyone again this year plus any new faces. The Community Council Committee plus volunteer drivers are running this event, so please come along and meet them plus some familiar faces from previous years.

Ward Baker

Chairman Community Council

S

## Boxford WI



Here are some of our Ladies together with Annie's dog Bertie enjoying the first of our walks this Season in and around the beautiful village of Stoke by Nayland. The village sits on a hill overlooking the Stour and Box river valleys and has some excellent timber framed buildings including the village hall and the old Guildhall. One of the highlights of Stoke By Nayland is the 15th century church of St Mary's which appeared in several of Constable's paintings. The church tower dominates the landscape of Dedham vale and can be seen for miles around. Its outstanding treasure is the 15th century carved oak doors in the South porch, unique to Suffolk. After an exhilarating walk there was a stop for coffee at the Crown, which was most welcome.

**FUTURE MEETINGS See Diary**

## Hadleigh & Boxford Patient Participation Group

Get hay fever help and advice from the pharmacist

As the hay fever season begins people who suffer from the allergy are being encouraged to visit their local pharmacy – rather than their GP - for help and advice.

You don't need a prescription for hay fever tablets, eye drops or nasal sprays as these items can all be easily purchased from your local pharmacy or supermarket.

The NHS in east and west Suffolk spends around £450,000 annually on hay fever and allergy prescriptions and more than £3 million each year on prescription medicine that could be more cheaply purchased at the pharmacy.

Dr Mark Shenton, a GP in Stowmarket and Chairman of NHS Ipswich and East Suffolk Clinical Commissioning Group, said: "With an estimated one in five people suffering from hay fever, the next few months could be an uncomfortable time for them, with symptoms including a runny, itchy or blocked nose, sneezing and itchy, red and watery eyes.

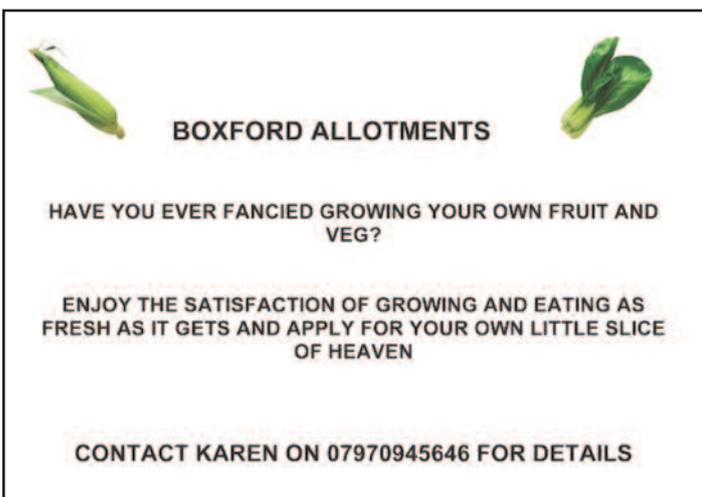
"As a GP I would advise most people that the pharmacy is the place to go for advice and treatment. One of the best ways to control hay fever is with antihistamines, which you can buy without prescription from the pharmacy. Start taking them now so they can get into your system. Taking antihistamines regularly is much more effective than taking them only when your symptoms are bad.

"Some people think they need to see their GP for a prescription for hay fever medicine, but that's not the case. By going to the pharmacy you'll be saving yourself time, freeing up GP appointments for people with more urgent needs as well as doing your bit to help the NHS save money on unnecessary prescription costs."

Dr Christopher Browning, a GP in Long Melford and Chairman of NHS West Suffolk Clinical Commissioning Group, said: "Make your pharmacy the first place you go for help and advice with hay fever. Many pharmacies are open long hours including evenings and weekends and you don't need an appointment to speak with the pharmacist.

"You can help protect yourself from hay fever symptoms by wearing wraparound sunglasses to protect your eyes. Taking showers and changing your clothes after being outdoors helps prevent pollen spreading around your home. Staying indoors when the pollen count is high and smearing a small amount of Vaseline inside your nose helps to prevent pollen settling on the inside of your nose."

For any further information about the PPG please contact: Lindsay Panton, PPG Chair [hadleighboxfordPPG@gmail.com](mailto:hadleighboxfordPPG@gmail.com) or Tracey Squirrell, Practice Manager [tracey.squirrell@nhs.net](mailto:tracey.squirrell@nhs.net) 01473 820127



**BOXFORD ALLOTMENTS**

HAVE YOU EVER FANCIED GROWING YOUR OWN FRUIT AND VEG?

ENJOY THE SATISFACTION OF GROWING AND EATING AS FRESH AS IT GETS AND APPLY FOR YOUR OWN LITTLE SLICE OF HEAVEN

CONTACT KAREN ON 07970945646 FOR DETAILS

# Wot's On

## LANDERMASON Concert,

Little Waldingfield

Friday 13 July 2018 at 7.30pm

We are delighted that LANDERMASON, the very talented folk/jazz duo, will be returning to Little Waldingfield to give us another concert in the Church. Fiona Lander (vocals, piano, whistles, saxophones, clarinet and recorder) and Paul Mason (guitar and vocals) gave us an unforgettable evening, and we very much look forward to their return. They will also be launching their new CD. A concert not to be missed! Reserve the date in your diaries.

## Little Waldingfield Open Gardens

Sunday 17 June, 11am - 5pm

We are looking forward to opening our lovely gardens again, and welcoming you to our friendly village. Admission is £5 which includes a programme with map, available from the Parish Room in Church Road. We will be serving refreshments there, including delicious home-made cakes. There will also be plant and produce stalls. Plenty of parking on our Playing Field, about 150 yards from the Swan Inn. Proceeds will benefit our beautiful St. Lawrence Church. For more information see [www.opengardens.co.uk](http://www.opengardens.co.uk).

## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date. You can also drag any pics you might like onto your desktop but these will be of low resolution. If you would like a high res pic just email the address below and we will send you a PDF or Jpeg [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

# LITTLE WALDINGFIELD OPEN GARDENS

(On B1115 Sudbury to Stowmarket Road)

**Sunday 17 June 2018**

11am to 5pm

**Admission £5 per Adult**  
Includes programme with map  
from Parish Rooms, Church Road

**Children under 16 Free**

**Refreshments**  
**Plant and Produce Stalls**  
**Parking on Playing Fields**

**Proceeds go to our St. Lawrence  
Church**



## Nayland - with - Wissington Conservation Society

Registered Charity No. 268104

# NAYLAND OPEN GARDENS

**SUNDAY  
10th JUNE  
2018**

**2pm-6pm**

**Tickets from  
Gardens & Hall**

**£5 - children free**

**TEAS  
in the Village Hall**

[www.naylandconservation.org.uk](http://www.naylandconservation.org.uk)



## Visit artists' studios in and around Sudbury

# ART TRAIL

**Saturday 9th June - Sunday 10th June 2018**  
Studios open from 11am to 5pm



Discover eight amazing Artists in and around Sudbury who are opening their Studios for one weekend in June. A good opportunity to see the Artists at work in their own environment. For more details on the artists and their work visit: [www.suffolkopenstudios.org](http://www.suffolkopenstudios.org)



# Wot's On

## LWHS Programme of Events - 2017 / 2018

### 13th June Allan Manning The battle of Waterloo

This finally broke the dominance of Emperor Napoleon over Europe and was truly the end of an epoch. Allan has created a very large and detailed map of the battlefield and will take us through the incredible events of that fateful day on 18th June 1815.

All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.

Please book & pay in advance to guarantee your place, as seats are limited.

Booking Secretary: Diana Langford, Pitt Cottage 01787 248298

Tickets Members £2.00 Non Members £4.00

### “UPBEAT” heart support for West Suffolk

A fun Barn dance will be held at The Delphi Centre in Sudbury on Saturday 23rd June, a live 5 piece band from Stowmarket “Pluck ‘N’ Squeeze” will be playing from 7:30 till 11:00. This is a mid-summer event and the centre will be themed to all things country. A ploughman’s supper will be served in one of the intervals with produce from Suffolk. There will be all the usual barn dance sets with the caller and sections for line dancing included. A DJ will play during the intervals. Licenced bar at competitive prices with Aspoll cider on tap. Tickets only entrance at £11.50 each. Free parking at this great local facility.

### Stowmarket Chorale

Stowmarket Chorale and Dorian Singers combine for a pair of concerts in aid of Alzheimer’s Research UK - Captain Noah and his Floating Zoo (by Michael Flanders and Joseph Horowitz), and Songs of the Fleet (by Charles Villiers Stanford)

Saturday 23rd June - 7.30pm at Trinity Methodist Church, Hamilton Road, Felixstowe, IP11 7AN. Tickets £12 including refreshments.

Saturday 7th July - 7.30pm at the United Reformed Church, Ipswich Street, Stowmarket, IP14 1AD. Tickets £12 including refreshments.

Sunday 1st July - Stowmarket Chorale take part in the Ipswich Music Look out for further details of all forthcoming events on our website [www.stowmarketchorale.org.uk](http://www.stowmarketchorale.org.uk)

## THE FOX & HOUNDS GROTON



**LUNCHTIMES 12PM TILL 2.30PM  
EVENINGS 5PM TILL 8.30PM**

**FRESHLY COOKED HOMEMADE MEALS**

**FATHERS DAY  
SUNDAY 17<sup>TH</sup> JUNE  
3 COURSE SPECIAL £19.95**

**BUILD YOUR OWN BURGER NIGHT  
FOLLOWED BY KARAOKE @ 9PM  
SATURDAY 23<sup>RD</sup> JUNE**

**ALL FOOTBALL WORLD CUP GAMES SHOWN LIVE  
BASKET MEALS £5.95 DURING ALL GAMES.**

**BOOK A TABLE NOW ON 01787210474**



## Train in style this Summer!

Experience our state-of-the-art Technogym gymnasium, featuring the premium Artis Cardio & Strength range.

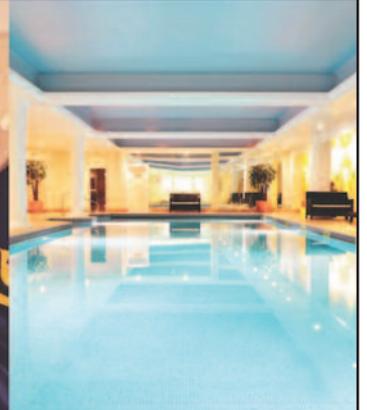
Members also enjoy:

- A choice of over 50 of the BEST fitness classes, including Les Mills programmes, Spinn, HIIT, Boxercise, Yoga and Pilates.
- Fantastic member benefits and discounts across the resort
- No annual contract to tie you down
- Wide range of Personal Training packages

All for less than £15.50 per week!

And save £100 off the joining fee if you join before 31st July!

[www.stokebynayland.com](http://www.stokebynayland.com)



For more information please call 01206 265841/265820 or email [mary.saward@stokegolfandleisure.com](mailto:mary.saward@stokegolfandleisure.com).

Peake Fitness at Stoke by Nayland Hotel, Keepers Lane, Leavenheath, Colchester CO6 4PZ | Tel: 01206 262836

# Wot's On

Stoke-by-Nayland WEA presents its Annual Day School at Stoke-by-Nayland Village Hall Saturday, 21st July 2018 at 10 am  
**'THEATRE ROYAL, BURY ST EDMUNDS'**

**Talk and Tour with Rory O'Brien**

Rory O'Brien is a Heritage Tour Guide and joint front of house manager at the Theatre Royal. Born in Dublin and educated in England, he became an accountant and obtained a Diploma in Drama. He was a headmaster in North West England for 30 years before moving to East Anglia. A freelance writer and proof reader, Rory is also a prison visitor and involved with Special Needs Children.

Join us for what should be a fascinating day.

Total cost is just £15.50 for National Trust members, to include coffee on arrival, morning lecture, buffet lunch, afternoon coach trip to Bury with tip for driver and guided tour of the theatre (please bring NT membership card to ensure a free place on the tour).

Non - National Trust members should bring an additional £7.50 in cash to pay for the guided tour. Tea and biscuits may be purchased at the theatre after the tour for £3.50 (not included in cost).

Places on the coach are limited so early booking is recommended.

To book please contact Sue Whiteley on 01787 210945 or email: whiteleysa@hotmail.co.uk.

**BOXFORD VILLAGE HALL  
AVAILABLE TO HIRE  
FOR WEDDING RECEPTIONS, PRIVATE  
FUNCTIONS, PARTIES OR MEETINGS  
FULLY LICENSED, BAR NOW AVAILABLE**

**To book or for further information  
Please contact Veronica Hobbs 01787 211529**



**BOXFORD  
COMMUNITY  
COUNCIL**

**SENIOR CITIZENS'  
MYSTERY OUTING  
2018**

**TUESDAY 12<sup>th</sup> JUNE**

LEAVE THE VILLAGE CENTRE  
from **5.30pm** FOR A MYSTERY DRIVE TO A  
MYSTERY DESTINATION  
WITH A MEAL  
SIGN UP ON THE LIST IN THE  
POST OFFICE NOW  
or TELEPHONE 210129 or 210444



**32nd ANNUAL DAY SCHOOL  
Stoke-by-Nayland Village Hall  
10am, Saturday, 21st July 2018**

**Theatre Royal, Bury St Edmunds  
Talk and Tour with Rory O'Brien**

Rory O'Brien is a Heritage Tour Guide and joint front of house manager at the Theatre Royal. Born in Dublin and educated in England, he became an accountant and obtained a Diploma in Drama. He was a headmaster in North West England for 30 years before moving to East Anglia. A freelance writer and proof reader, Rory is also a prison visitor and involved with Special Needs Children.



**Join us for what should be a fascinating day.** Total cost is just £15.50 for National Trust members, to include coffee on arrival, morning lecture, buffet lunch, afternoon coach trip to Bury with tip for driver and guided tour of the theatre (please bring NT membership card to ensure a free place on the tour).

**Non - National Trust** members should bring an additional £7.50 in cash to pay for the guided tour.

Tea and biscuits may be purchased at the theatre after the tour for £3.50 (not included in cost).

Places on the coach are limited so early booking is recommended.

To book please contact Sue Whiteley on 01787 210945 or email whiteleysa@hotmail.co.uk.

The Autumn Term course will start on Thursday 27th September 2018.  
The subject will be 'Aviation's Glory Days' by Ian McLachlan

WEA is a company limited by guarantee registered in England number 2806310 and a registered charity number 1112775

**MILDEN SUMMER FETE**

**Saturday 7th July**

**12-4pm**

**The Old Rectory**

**Church Road, Milden**

**Hot Meats & Salads**

**Licensed Bar, Fete Games, Auction, Stalls, Raffle, Tombola**



**In aid of St Peters Church Milden Fabric Fund**



# Wot's On

## NEWTON VILLAGE HALL

### DIARY DATES

#### REGULAR EVENTS

Monday mornings (term time only): Yoga class (phone Sophia on 313662 for details)

Monday and Thursday evenings: Western Partner Dance Club (call Chris 371006)

Friday afternoons: Art and Craft club (call Carole on 373548)

Friday evenings: Sudbury and District Wargames Club (call Brian on 312160)

## KERSEY OPEN GARDENS

SATURDAY 9 JUNE 2018 11 - 4

Rare chance to see the private gardens of this iconic Suffolk Village. There will be over 15 gardens of all types open. Covering many types of woodland, formal, traditional cottage to modern courtyards. Make it a full day out with events, stalls, village architecture quiz, teas in the village hall, or lunch at The Bell Inn. Tickets are £5 per person, available from all participating gardens (accompanied under 16s free). Parking and transport will be available starting at Kersey Mill.

## Acton open Gardens

Acton open Gardens. June 9th & 10th. Enjoy two days of village gardens for £5! Approximately 15 gardens will be open, from a 16th Century thatched cottage to a new build. Refreshments and plants sales. In aid of All Saints Church, Acton. For more information: [www.opengardens.co.uk](http://www.opengardens.co.uk) or email: [actonlink@gmail.com](mailto:actonlink@gmail.com).

## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date.  
[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## POLSTEAD WI

If you would like to join us for a taster session during the year please come along to Polstead Village Hall, the second Tuesday of each month at 7.30pm.

### 2018 PROGRAMME FOR POLSTEAD WI

June 12th	Escape the Rat Race
July 10th	Silk Weaving in Sudbury
August	No Meeting
September 11th	The Trinity House Story
October 9th	Town Pastors
November 13th	Hair Care

## BOXFORD GALLERY & STUDIO

featuring work of Suffolk born artist

ELIZABETH MARTLAND DEALWIS, Swan Street, Boxford.

I have always had a passion for art & creating. Now at last I have realised a dream & have my own studio gallery. I love working with all ages, especially children, as they have such wonderful ideas and bring a spontaneity and freshness to each project we do.

The following information is a list of events I have run in the past and hope to continue doing in the future!

### STARTING NEW THIS MONTH IN BOXFORD, SUFFOLK:

'Lines in the landscape with lemons'

A Thursday evening drawing class with a twist' Come along & have some fun discovering the artist within you, I will help you build your confidence in drawing using methods I have developed through my many years of teaching art. 8-9pm @ my Boxford Studio in Swan Street.

£12 per session or £60 for a 6 week block.

Spaces are limited, booking necessary. Please contact me for availability & further details. You will require a sketch book & if you have any drawing materials you'd like to use bring those too.

btw feel free to bring Gin. There'll be plenty of lemons!

I also offer private tuition for both children & adults - £20 per hour.

If you are interested in any of the above I would love to hear from you.

### CONTACT DETAILS:

07846849451 01787211618

[emartart@hotmail.com](mailto:emartart@hotmail.com) fb Elizabeth Martland DeAlwis Art

[www.elizabethmartland.co.uk](http://www.elizabethmartland.co.uk)

## A CONCERT BY LANDERMASON

Launching their NEW CD

Friday 13<sup>th</sup> July  
at 7.30pm

St. Lawrence Church  
Little Waldingfield

Northumbrian based song-writing duo LANDERMASON are Fiona Lander (vocals, piano, whistles, saxophones, clarinet, recorder) and Paul Mason (guitar, vocals). Together they have developed a unique sound which combines both traditional and contemporary folk with jazz and other styles.

TICKETS £10 from Nancy Roser  
T (01787) 882897  
M 07792 299618  
or at the door

Bar and Raffle

"Lander showed impressive command of multiple instruments, whilst Mason's jazz-tinged folk guitar playing was exceptional."  
Edinburgh Fringe



## BOXFORD Gardens Open

Sunday 3<sup>rd</sup> June 2018 11.00am-4.00pm

- Gardens open in Boxford, Groton & Edwardstone
- Featuring new gardens
- Refreshments, light lunches and cream teas in Boxford Village Hall
- Church tower open (TBC) breathtaking views
- Free shuttle bus from village centre

Tickets £6 (children under 16 FREE)

Main ticket desk at the Church or look out for the 'Garden Open' signs and pay at the first garden you come to

For more details contact:

Sarah Williams

01787 210276

[Sarah.williams@rmcortis.co.uk](mailto:Sarah.williams@rmcortis.co.uk)

All funds raised benefit

St Mary's Church Boxford



THE BOXFORD



WHITE HART



NOW OFFERING DELIVERY

7 DAYS A WEEK 5-9PM

**Order online @ [whitehartboxford.com](http://whitehartboxford.com)**

### HOMEMADE PIZZA

MARGHERITA (v) £7.95

Tomato, cheese

HAWAIIAN £8.95

Topped with cheese, ham and pineapple

PEPPERONI £9.00

VEGGIE (v) £9.50

Topped with mushroom, onion and peppers

5-CHEESE (v) £9.50

Topped with blue cheese, mozzarella, parmesan, pecorino  
and goat cheese

MEAT FEAST £9.95

Topped with pepperoni, ham and bacon

SPICY £9.95

Topped with cheese, pepperoni, jalapeño peppers

Extra topping £1.00

### DRINKS £1.00

Pepsi, Diet Pepsi, Sprite, Tango

### PASTA & CURRIES

Penne Pomodoro (v) £7.00

Tomato sauce, cherry tomato, fresh basil

Creamy Chicken Alfredo Linguine £8.50

Chicken Korma with rice and nan £9.95

Chicken tikka masala with rice and nan £9.95

### BURGERS, CHICKEN & SALADS

Vegan Burger (v) £4.50

Chicken Burger £5.50

Hamburger £5.50

Bacon £0.50 Cheddar £0.50 Fresh mozzarella £1.00

Chicken Wings (10 pcs) Spicy or BBQ £7.50

Caesar Salad Chicken £5.50

Caesar Salad King Prawn (v) £7.50

### KIDS, SIDES & DESSERTS

- 4 chickens nuggets & chips £5.00
- Fish fingers & chips £5.00
- Onion Rings £2.50
- Chocolate cheesecake £3.50
- Garlic Bread £2.50
- Chips £2.50
- Sweet Potato Fries £4.00
- Apple pie £3.50

### BEER & WINE

Can of Beer £1.50 or 4 for £5.00

Bottle of VIno Italiano white/red wine £13.00

FREE DELIVERY ON ALL ORDERS OVER £12

Tuesday & Wednesday special ...buy any 2 items and get the 2<sup>nd</sup> at ½ price (cheapest item ½ price) (excludes drinks)

CALL 01787 211071 TO ORDER OR ONLINE  
[@whitehartboxford.com](http://whitehartboxford.com)

ALL MAJOR CREDIT CARDS ACCEPTED

BOXFORD  
GARDENING SOCIETY

TRICIA HOLMAN  
DYEING WITH PLANTS



Tuesday 5th June at 7.30pm  
at Boxford Village Hall

Little Waldingfield Playingfield  
Charity MidSummer Dance

Saturday 30th June 2018

**The Disraeli Band**

8pm till late

Bar / Food

The Playingfield Little Waldingfield

£10 per person

Contact: Sarah Kossick: 01787 248010  
Trevor/Sarah Hurrell: 01787 247509

Charity No. 304913

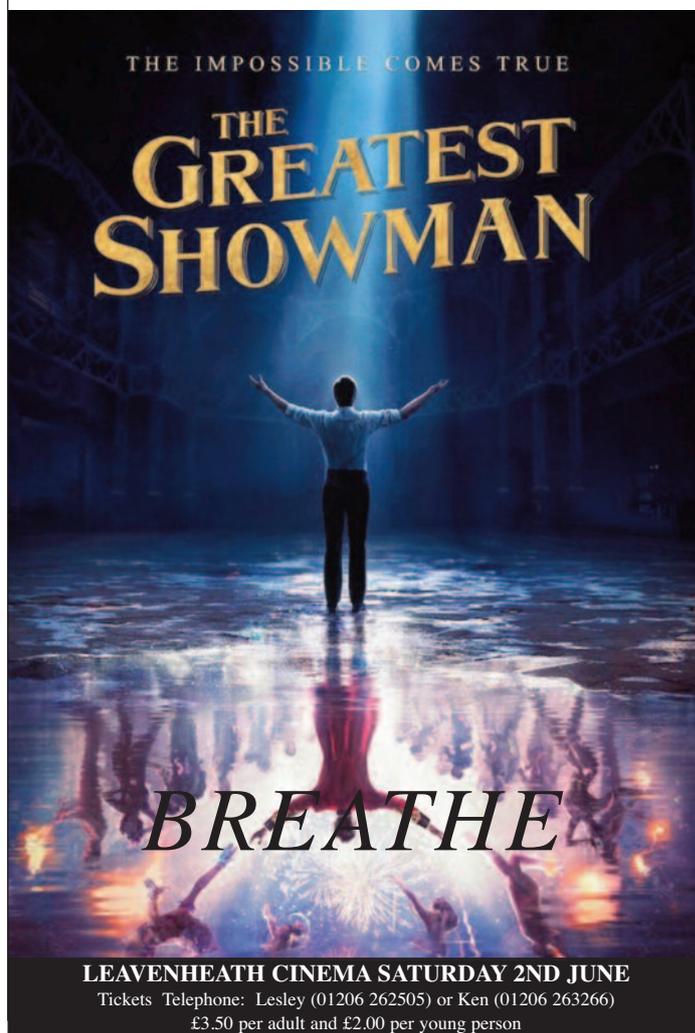


Meryl Streep  
Tom Hanks

A Steven Spielberg Film

**The Post**

Polstead Digital Cinema Friday 1st June  
Tickets £3.50 from the Polstead Community Shop or 01787 210029  
All films start at 7.30pm, doors open at 7.00pm



THE IMPOSSIBLE COMES TRUE

**THE  
GREATEST  
SHOWMAN**

**BREATHE**

LEAVENHEATH CINEMA SATURDAY 2ND JUNE

Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)  
£3.50 per adult and £2.00 per young person

## Forthcoming Events Diary

### June

3	Boxford Gardens Open	Boxford St Mary's		
5	Dyeing with plants	Boxford Gardening Society	Boxford Village Hall	7.30pm
6	Pretty Corsets	Boxford WI	Village Hall	2pm
12	Senior Citizens Outing	Boxford Community Council	Broad Street	5.30pm
13	The Battle of Waterloo	Little Waldingfield Historical society	Parish Room	7.30pm
17	Little Waldingfield Open Gardens			11am to 5pm
21	Garden Games	Boxford WI	Sports Pavilion	8pm

### July

4	A brief history of fans, Joan Smith	Boxford WI	Village Hall	2pm
7	Milden Fete		Playing Field	
13	Landermason Concert	Little Waldingfield PCC	St Lawrences Church	7.30pm
19	Sunset Tai Chi	Boxford WI	Sports Pavilion	8pm
29	The Revd Judith's final service at	Boxford Church, followed by tea in the	village hall	3.00 pm
30	Charity Midsummer Dance	Little Waldingfield PlayingField		

### September

1	Village Sale Trail	Little Waldingfield Parish Room	Little Waldingfield	10.00 till 1.00pm
5	Bee Keeping	Boxford WI	Village Hall	2pm

### October

27 Boxford Fireworks

### November

11 National Beacon Lighting Scheme The Beacon 7.pm

First and Third Monday each month Boxford Parish Council Meetings in Bell House, Stone Street St, Boxford 7.30pm

# MATTOCK MOTORS LTD

**CALAIS STREET FARM, CALAIS STREET, BOXFORD**



- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP CAR REPAIRS

**Has your Car lost  
it's Spark of Life?**

**Full Diagnostic Equipment, Laser Liner,  
Fault Code Reading Equipment.**  
(A.B.S., Airbag, Engine Management Lights etc)

• AIR CONDITIONING • REGASSING  
• REPAIRS • ULTRA VIOLET LEAK DETECTION

**OPENING TIMES MON-FRI 8.00am-6.00pm  
SATURDAY BY APPOINTMENT ONLY**

**ONE CALL AWAY  
TELEPHONE**

## 01787 211394



## KERSEY OPEN GARDENS

**SATURDAY 9<sup>TH</sup> JUNE 2018**

**11.00 - 4.00**

**£5.00 PER ADULT  
CHILDREN UNDER 16 FREE**

*Tickets available from participating gardens  
Refreshments at Village Hall  
Parking at Kersey Mill with free shuttle service to gardens  
Plants and produce stalls*

*For more information search for Kersey on [opengardens.co.uk](http://opengardens.co.uk)*

## MEDITERRANEAN-INSPIRED DINING WITH A VIEW....



Offering one of the most stunning dining locations in the region, the new first floor Gallery Restaurant at Stoke by Nayland Hotel features 270 degree panoramic views over the lake and glorious Constable Country. There is floor to ceiling glazing inside, and adjoining roof terraces outside, for great al fresco drinking and dining!

The Gallery Restaurant is open for lunch 7 days a week. From Monday to Saturday there is a fabulous, Mediterranean-style "Medana" buffet lunch from 12 noon until 2pm, offering delicious fresh soup, a sumptuous array of colourful salads, mezze, antipasti, seafood, cheeses, pastas, daily hot specials and amazing desserts. There is also a great selection of wines, cocktails and soft drinks.

On Sundays from 12.30 until 4pm the restaurant is open for traditional Carvery Sunday Lunches – and is the perfect place to bring friends and family to for a long, lazy lunch in fantastic surroundings!

"We are receiving fantastic feedback from visitors to the Gallery – especially about the amazing views, and the great variety and quality of the food." said Managing Director, Susanna Rendall "Mediterranean food

is popular, healthy and delicious, so we decided to make this the theme for our lunches and it seems to be drawing people here from all over the area. There's no need to book - unless you'd like to be sure of getting a coveted window table!"

A range of Afternoon Teas to suit your mood are also a speciality of the hotel. These include "Sparkling" and "Gin and Tonic" Afternoon Tea options - and can be enjoyed in the Gallery Restaurant, Hotel Lounge or outside on the terrace from 12.30 until 5pm every day of the week.

For dinner, the Hotel's AA 2 Rosette Lakes Restaurant is open every night from 6.30 until 10pm – also offering al fresco dining on the terrace! For bookings please call 01206 265835 or 262836 or email [reservations@stokebynayland.com](mailto:reservations@stokebynayland.com) [www.stokebynayland.com](http://www.stokebynayland.com)



*The colourful Mediterranean-style buffet lunch in The Gallery*



## *The Red House*

— RESIDENTIAL HOME —

A fine Georgian building set within a beautiful garden, offering a sanctuary of peace and security within the centre of Sudbury, offering all the necessary care and attention for those who wish to spend their retirement and later years in a warm and caring atmosphere.

*Contact Us*

Meadow Lane, Sudbury, Suffolk, CO10 2TD

Telephone: 01787 372948

[www.redhousesudbury.co.uk](http://www.redhousesudbury.co.uk)

## POSTMAN KEVIN

### POSTMAN KEVIN' CAMPAIGN: ROYAL MAIL LOOK SET TO IGNORE WISHES OF BOXFORD RESIDENTS

A petition signed by over 500 residents from Boxford and surrounding villages, calling on Royal Mail to reverse a decision whereby Boxford's popular postman, Kevin Pike, who has served the village for the past eight years, is being forced to move to another delivery round, looks set to be ignored by the company's management.

Over a third of Boxford's population signed the petition, and those signing represent every road in the village. The petition noted that a 'spokeswoman' for Royal Mail (quoted in the Suffolk Free Press on 22 March 2018) was "delighted to hear that Kevin is such a valued member of the community", and called on the company to reverse its "senseless" decision.

The petition, organised by Boxford resident, David Lamming, was sent to Elliot Mullish, the manager at Sudbury Delivery Office, on 19 April, with a copy to Moya Greene, Royal Mail's chief executive officer in London. Mr Mullish has not deigned to reply, and a reply dated 30 April 2018, described by Mr Lamming as 'weasel-worded', from Andrew Smout on behalf of Ms Greene, has failed to address the points raised.

Royal Mail seek to justify the decision on the basis that necessary changes are being made to delivery rounds in the Sudbury area, but those changes do not affect the Boxford round nor, it is understood, about half the other rounds based at the Sudbury Delivery Office. Mr Smout says that Royal Mail "are pleased that our customers in Boxford have had such excellent service from one of our postmen," but his letter fails to meet the point that while "service revisions are necessary to safeguard the reliability and efficiency of our Delivery Office network," if the Boxford round is not affected there is no need for Kevin to move. Mr Smout states that all Royal Mail staff are trained in the same way and are committed to delivering a first class service, and claims that "You shouldn't notice any change." This is patent nonsense, as Mr Lamming has pointed out in a response (not yet replied to as at the date the BRN went to press.)

Mr Smout's letter added: "When these vital changes to our operation become necessary, we have a process agreed between Royal Mail and the Communication Workers Union who represent our staff." That, perhaps,

is the nub of it: Royal Mail are putting an agreement with the trades union ahead of the best interests of their customers. Even then, though, the argument fails: as there is to be no change to the Boxford round, no 'vital change' is taking place to which the agreement should apply.

Mr Lamming awaits a reply to his response to Mr Smout, which concluded: "Not only does your letter demonstrate that any 'commitment' by Royal Mail to its staff is a matter of empty words, but, plainly, if you had a real commitment to your 'dedicated staff' you would now take the necessary steps to ensure that one such dedicated staff member is able to continue to serve the customers in Boxford to which he is dedicated and whom he wishes to be able to continue to serve."

## GOODLANDS APPEAL

### DATE FIXED FOR GOODLANDS 2 APPEAL

A date has now been set for the public inquiry into the appeal by Landex Ltd against the refusal last November by Babergh District Council's planning committee (by a 7 to 6 vote) of Landex's application for planning permission to build up to 24 further houses on the Goodlands Farm site behind Swan Street (accessed off Daking Avenue). The 3-day inquiry will start at 10.00 am on Tuesday 21 August 2018. The present arrangement is for the inquiry (which will be open to any Boxford resident to attend) to be held in the Suffolk Suite of the Best Western Ipswich Hotel, Old London Road, Copdock, Ipswich IP8 3JD. Parking is available at the hotel. Representations may be made for the venue to be moved nearer to Boxford, but at least it is not at the council's new offices in Endeavour House, Ipswich.

The appeal will be opposed by Babergh DC, who have appointed outside planning consultants to prepare the evidence in support of their case. At the inquiry, the council's case will be presented by a planning barrister. Boxford Parish Council will be attending the inquiry in support of Babergh's opposition to the appeal."

. Members of the public may be able to speak as well at the discretion of the inspector. Meanwhile, as access to the site via Swan Street will be a major issue, residents can help by taking photographs of the traffic problems that occur presently in this narrow road. These can be sent to Matt Wooderson: contact him on 07920 495111.



## Lance Bowering

Quality professional bathroom  
and kitchen fitting

**Specialist disabled  
wet rooms**

**Disabled adaptations  
throughout the home**

**General plumbing, tiling,  
wetroom flooring  
and maintenance**

**Friendly and courtesy  
service**

**Excellent references  
available**

Please call 07810 140 806  
or email  
lance.kandi@gmail.com



# The Box River Parishes Church News

**Boxford • Edwardstone • Groton • Little Waldingfield • Newton**

**Priest in Charge:**

The Revd Judith Sweetman

The Rectory, School Hill, Boxford CO10 5JT

Tel: 01787 210091; e-mail: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com)

*The Revd Judith's day off is normally Friday but this may vary according to circumstances*

**Reader:**

Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD

Tel: 211236; Fax: 211238; e-mail: [ChrisKingsC@aol.com](mailto:ChrisKingsC@aol.com)

**Lay Elder:**

David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU

Tel: 210360; Fax: 329770; 07968 791135; e-mail: [djlamming@hotmail.com](mailto:djlamming@hotmail.com)

*Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.*

**Benefice house:**

Mary's House, 5 Swan Street, Boxford CO10 5NZ.

For much more information about the five parishes in our Benefice please go to our Church Near You web site at [www.achurchnearyou.com](http://www.achurchnearyou.com).



**Churches Together Prayer Breakfasts Saturdays 8.00 am to 9.30 am**  
CTiS&D prayer breakfasts in June, to which all are welcome, will be held at the following venues:

- 2nd** All Saints' Church, Little Cornard  
**9th** The Church of St Peter and St Paul, Lavenham  
**16th** St Mary's Church, Bures  
**23rd** New Life Church, Thomas Gainsborough School, Great Cornard  
**30th** TBA

Please look at the Churches Together website for details of other forthcoming events: [www.churchestogetherinsudbury.org.uk](http://www.churchestogetherinsudbury.org.uk).



## THE PARISH OF ST MARY, BOXFORD

**Churchwarden:**

*Peter Dilnot*

**Assistant Churchwarden:**

*Michael Gray*

*Mobile: 07931 043926*

*Email: [boxford.warden@btinternet.com](mailto:boxford.warden@btinternet.com)*



**The next Cafe Church Service is on Sunday 3rd June at 11.00 am** in St.Mary's Church Boxford. All are most welcome to this informal service, with good coffee, pastries and children's craft activities.

(Please do bring along your pet as well, if you wish).

**Boxford Open Gardens 2018 is on Sunday 3rd June.** Pick up a garden entry ticket at the ticket desk by the church or at any "Open Garden". Gardens are open from **11.00 am to 4.00 pm** with stalls, refreshments, light lunches and cream teas in the village hall. The church tower is also open with breathtaking views from the top between **1.00 pm and 3.00 pm**. Tickets £6.00 (under 16's free). Gardening is a wonderful, peaceful occupation and there can be nothing better than exploring and admiring other people's gardens. See posters for full details.

Our Lord described Heaven as "the paradise of God," a figurative description of heaven (Revelation 2:7). The word "paradise" means a park, a place of pleasure and surely our gardens are in some way like that. That the translators of the Bible used the best possible word is borne out by the fact that Jesus used the same word in describing heaven: "To him who overcomes, to him I will give to eat of the tree of life in the Paradise of God" (Revelation 2:7).

**St.Mary's Parish Church** needs churchwardens, or at the very least people who can help. At the Annual Meeting on April 8th no churchwardens were elected. It is vital, during the coming interregnum, that there are people who can care for our church and deal with the day to day arrangements for worship. If you feel able to assist in any way, please do let the Revd Judith know.

**Safeguarding** The care and protection of children, young people and vulnerable adults involved in church activities is the responsibility of the whole church. Everyone who participates in the life of the church has a role to play in promoting a Safer Church for all. It is an integral part of the mission and ministry of the church in this Diocese and is in line with our Growing in God strategy. Safeguarding is everyone's responsibility.

**Foundation Training (C0)** is a minimum requirement for all those carrying out duties both voluntary and remunerated on behalf of the church. Training can be carried out online at the Diocesan Safeguarding website or, for those who prefer face to face training in a group or without access to a computer, a session is being arranged locally.

The training is for PCC members, sidespeople, verger, pastoral visitors, youth and children's leaders and choir leaders or anyone expressing an interest. It is also the foundation of further levels of training for those undertaking youth leadership roles and more direct roles with vulnerable groups of people.

During the interregnum it is likely that more members of the church family will be taking on extended roles, which will make this session most useful.

Please contact our Safeguarding Officer, Audrey Johnson, 01787 211393, to discuss what is needed and when the session is being run.

Box River Benefice

## café church



*An informal time of worship  
With fresh coffee and pastries!*

*Boxford Church  
Sunday 3rd June  
11.00 am*

*Come and enjoy  
our comfortable new chairs !*

Copy Date for Church News in the July Box River News:

**Please, NO LATER THAN 12th June**

**Failure to meet the date will mean your copy may not be included**

Thank you. Rev'd Judith. 01787 210091

email address: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com)



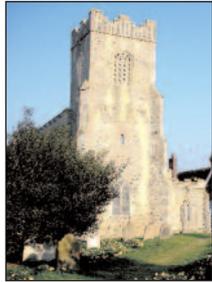
## THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

**Churchwarden:**  
Vacant

**Rotas for June**  
**Flowers**  
**Cleaning**

Pam Dodd  
Ineke Morris and Marlene Clarke

**Sunday June 17th at 9:30 am** Holy Communion  
**Sidesmen/Coffees** Bill Dastur / Marlene Clarke



## THE PARISH OF ST BARTHOLOMEW, GROTON

**Churchwardens:**  
Vacant

**Acting Churchwarden:**  
Diana McCorkell

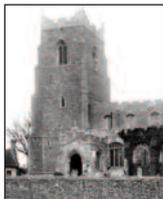
Primrose Cottage, Parliament Heath, Groton,  
CO10 5ER Tel: 01787 210927  
E-mail: dianah.mccorkell@btinternet.com

**Rotas for June**

**Sidesman**  
**Flowers**  
**Cleaning**  
**Roof Repair Update**

Mrs. Pat Kennedy Scott  
Mrs. Jayne Foster  
Mrs. Yvonne Skinner

By the time you read this, the repairs to the roof of St Bartholomew's Church should be complete. As well as replacing the lead stolen in October 2015, the opportunity has been taken to re-roof the vestry. The old Welsh slates have been re-used where possible, with new ones replacing those that were broken. Hopefully, the leak that has bedevilled the vestry for several years will have been cured. Two interesting discoveries were made during the work: first that there used to be a chimney in the north-west corner of the roof – and thus a fire/wood burner in the vestry to keep the rector warm in winter! Second, on the north wall of the chancel, but concealed in the vestry roof void, is a memorial plaque, written in Latin, commemorating a former rector of Groton, John Flasby, who died in 1724. This serves to remind us for how many centuries there has been a Christian presence and witness in the village.



## THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

**Churchwardens**  
Vacant

**LITTLE WALDINGFIELD**

**Rotas**

**3rd June**  
**10th June**  
**17th June**  
**24th June**

**Sidesmen**  
Mrs. Martin and Mrs. Eddington  
No service  
No service  
No service

**Flowers**  
Mrs. Roser  
Mrs. Squirrel  
Mrs. Duffy  
Mrs. Eddington

Sunday 29th April Those of us who attended the Five Villages Service at Newton enjoyed Reverend Judith's address followed by Holy Communion. People from all five parishes were there, which gave a great feeling of friendliness and fellowship.

On 9th May we gathered to bid farewell to Winnie Hamblett. Ninety-five people attended her funeral service given by Reverend Judith, who told us of her life and her work in our village. She was held in great love and esteem. We wish her family all the help and support they need in their bereavement.

When the mediaeval chests were moved in April, attention was drawn to damage to the chancel roof. This probably happened during the very high winds we suffered in March. We are hoping that work will begin shortly to repair this damage. It will be paid for out of the Fabric Fund to which many of you have contributed. Thank you.

Our **Open Gardens** will take place on **17th June**. We hope for good weather and many visitors to the village.

**13th July Lander Mason**, the folk/jazz group, will be returning to give us a concert and to launch their new CD.



## THE PARISH OF ALL SAINTS, NEWTON

**Churchwarden:**  
Christine Cornell,  
"Opus", Sudbury Road, Newton, Tel: 370331

29th April The Five Villages Service was conducted by Revd. Judith. The service was very well attended and Revd. Judith welcomed all especially the late Harry Buckledee's daughter and son in law. Thank you to all who helped to make the service welcoming and for the refreshments which gives a valuable time for Revd. Judith to chat with people instead of having to rush off to the next service. Thank you to Nancy Roser for playing the organ for us.

30th April The funeral took place of Harry Buckledee. The Chancel and Nave were filled with family and friends and various representatives of the many organisations that Harry was involved in. The service included The Collect of the 11th Hussars (Prince Albert's Own) read by Major Steve Penkethman (retired). At the end of the service the Cavalry Last Post and Reveille were played in the Nave enhanced by the amazing acoustics there. The service was very moving and a great tribute to Harry.

**Notices**

**24th June at 11.00 am Holy Communion**

### DEANERY NEWS

**Deanery Synod**

The summer meeting of the synod is on **Wednesday 13th June, 7.30 pm** at St Lawrence's Church, Great Waldingfield. Refreshments from **7.00 pm**. The main focus of the meeting will be youth work. Phil Bailie, the Diocesan Youth and Young Adults Officer, will address the synod and answer questions, and there will be short reports to encourage us of the youth work currently going on in Bures and in the Chadbrook benefice. All are welcome to this meeting – not just synod members.

### DIOCESE NEWS

**Diocesan Synod**

The Synod will be meeting on **Saturday 9th June at 9.00 am** at the St Nicholas Centre, Ipswich. Details of the agenda will be in The New Wine nearer the date.

**Synod Elections**

Elections to the Diocesan Synod, to serve for a three-year term from 1 August 2018, are taking place this summer. To be a candidate for election to the House of Laity the qualifications are to be aged 16 or over, a communicant member of the Church of England, and on an electoral roll in a parish in the deanery. You do NOT have to be an existing member of a PCC or the deanery synod to stand. In line with the diocesan aim of 'growing younger', it would be great to see some younger people standing for election. If you are interested, or would like more information, please contact David Lamming on 01787 210360 or e-mail [djlamming@hotmail.com](mailto:djlamming@hotmail.com). The closing date for receipt of nominations is **5th June 2018**.

### GENERAL CHURCH NEWS

**'Growing in God'**

*I planted, Apollos watered, but God gave the growth.* (1 Corinthians 3, v. 6)

Dave Gardner, the Diocesan Director of Mission and Ministry, has written a new prayer that we might all use as we seek to pray 'Thy Kingdom Come' in our part of Suffolk:

*"O God, our God, giver of life and growth, grow in us a longing for you, that we might deepen our faith; grow in us a passion for your world, that we might serve our neighbours; grow in us a vision for your kingdom, that we might proclaim your love. By the power of your Spirit, and in Jesus' name. Amen."*

**The Church of England at the Suffolk Show 30th and 31st May 2018**

Bishop Mike says: *"The Suffolk Show is a fabulous event at which to celebrate and showcase all that Suffolk has to offer. One of the wonderful treasures of Suffolk is its churches - and just a taste of the creativity, energy and diversity of our church engagement and connections can be sampled at the Church of England stand. You'll find a very warm welcome, delicious free refreshments and activities of interest for all ages so do put this stand on your list of must sees!"* Do come! You will also be able to join in with us via our Facebook and Twitter feeds where we hope to post live videostreams, questions and polls throughout the days. Follow us at [#suffolkconnect](#) [#cofecconnect](#)

**June 2018**

**Church Services in the Box River Benefice**

**Village Daily Prayers *\*\*NB No prayers week beginning 11<sup>th</sup> June\*\****

Each week, in the five churches: informal, friendly service, 30-40 minutes, with Revd Judith. We pray for those who are ill, concerns of the villages, and for the wider world. Please let Revd Judith know of any people or situations for prayer: Confidential messages can be left on tel. 210091 or emailed: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com). *Tuesday* 9.00 Edwardstone, *Wednesday* 9.00 Groton; 16.00 Little Waldingfield; *Thursday* 9.00 Newton, 17.00 Boxford (at Mary's House).

*Special services this month*

**CAFÉ CHURCH 3<sup>RD</sup> JUNE**

<b>Sunday 3<sup>rd</sup></b>	<b>First Sunday after Trinity</b>	<b>(G)</b>
Boxford	08.00 Holy Communion	Revd Judith
Lt. Waldingfield	09.30 Holy Communion	Revd Judith
Boxford	11.00 <i>Cafe Church (Informal worship)</i>	Revd Judith
Boxford	18.30 Evensong	Christopher Kingsbury

Wednesday 6 <sup>th</sup>			
Boxford	10.30	Holy Communion (Mary's House)	Revd Judith
Thursday 7 <sup>th</sup>	15.00	Holy Communion ( reserved sacrament) (Newmans Hall)	Lay Team

<b>Sunday 10<sup>th</sup></b>	<b>Second Sunday after Trinity</b>	<b>(G)</b>
Groton	09.30 Morning Worship	Revd Judith
Boxford	11.00 Holy Communion	Revd Judith

Wednesday 13 <sup>th</sup>			
Boxford		<b><i>**NB No Holy Communion (Mary's House) today**</i></b>	
Saturday 16 <sup>th</sup>			
Little Waldingfield	12.00	Christening of Martin Sheppard	Revd Judith

<b>Sunday 17<sup>th</sup></b>	<b>Third Sunday after Trinity</b>	<b>(G)</b>
Edwardstone	09.30 Holy Communion	Revd Judith
Boxford	11.00 Holy Communion	Revd Judith

Wednesday 20 <sup>th</sup>			
Boxford	10.30	Holy Communion Mary's House	Revd Judith
Thursday 21 <sup>st</sup>			
Lt Waldingfield	15.00	Compline (Newmans Hall)	Lay Team

<b>Sunday 24<sup>th</sup></b>	<b>Fourth Sunday after Trinity</b>	<b>(G)</b>
Lt Waldingfield	08.00 Holy Communion	Revd Judith
Boxford	11.00 Morning Worship	Christopher Kingsbury
Newton	11.00 Holy Communion	Revd Judith
Boxford	13.30 Christening of Aiken Hicks	Revd Judith

Wednesday 27 <sup>th</sup>			
Boxford	10.30	Holy Communion Mary's House	Revd Judith
Saturday 30 <sup>th</sup>			
Boxford	tbc	Christening of Felix Wagener	Revd Judith

## Soap Box

When, prompted by feedback in our local pub, I moved away from commenting on financial and investment matters to cover a more general set of issues, I confess I found identifying those aggravating aspects of personal life a little challenging. The whole idea of a set of articles named "Soap Box" should surely be to highlight areas where, in my view at least, things are not as they should be. In practice I found my lot in life to be relatively calm and untroubled, but just recently there has been much for me to wish to clamber aboard my soap box and shout out to the world.

Last month potholes clearly struck a chord. For this edition I wish to concentrate on the vexed question of nuisance calls. I know I am not alone in receiving a positive torrent of unsolicited phone calls and messages and topics wide and varied, but with one all-embracing similarity. They are not relevant to me and are, in my view, an unwarranted intrusion into my private space.

Here's an example. For more than two decades we have enjoyed owning a timeshare apartment in the island of Madeira. Last month we visited it for what is probably the last time as our lease expires at the end of the current year. For us, owning and using a timeshare facility has been a wholly rewarding and enjoyable experience, yet amongst the many time wasting calls we receive on a far too regular basis has been those asking us to sign up for action against timeshare companies that may have sold us our holiday option inappropriately.

Timeshare compensation is far from being the most prevalent of these pesky call centre generated invasions into the Tora household. Mis-sold PPI (Payment Protection Insurance for those still unaware of what our banks conned us into taking out all those years ago) remains a popular topic, as does boiler replacement if you are on the benefit system, solar panels (though these are declining in popularity as government subsidies are fading away) and the ever present phone survey (we're not trying to sell you anything – honest).

Then there are the ambulance chasing claims firms seeking to gain advantage from an accident of some description. Regular readers will

know that about a year ago my car was written off in the Sudbury railway station car park. I was in London at the time, so the many calls to me suggesting I might have a claim for whiplash injuries could only be based on the caller's belief that they could find a victim whose greed was greater than their honesty. Perhaps the greatest display of cynicism came from the caller who, when learning that I had not been in the car at the time of the accident, then asked if I had ever suffered an injury at work.

What can we do about this positive plague of unsolicited calls? I've tried the so-called protection service offered by BT, to no avail whatsoever. We've asked to be taken off the list for any number of calling companies, only to find someone new phoning from the same organisation – sometimes later in the same day. Little wonder some people are abandoning fixed line phone contracts to rely on their mobile supplier, though I regret to say I am receiving an increasing number of calls on my mobile phone which I have no wish to receive.

If you have a successful method of dissuading these callers, do share it. There must be many who, like me, dread answering the landline because the chances are that it will be a call you do not want and have never requested. Some of these calls are positively malicious, like those that threaten to terminate your broadband connection or claim your computer software warranty has expired. Vulnerable people might well act on such telephone prompts, only to find they have paid large sums unnecessarily to fraudsters. It is time we found a way of outlawing such practices.

*Brian Tora*

### Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to <http://www.boxfordsuffolk.com/box-river-news> and scroll down to the latest BRN icon. The Newsletter is usually available about one day after the published press date.  
[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

# L.S. EAVES LIMITED

STOKE BY NAYLAND, COLCHESTER

Car Sales

Petrol & Diesel Fuel Sales

Diagnostics & Testing

M.O.T. Testing

Air Con Service

Service & Repairs

Free Local Collection or Courtesy Car



For full list of cars in stock please call or visit our website:

**01206 262123**

**RMI** [www.lseaves.co.uk](http://www.lseaves.co.uk)



The Angel therapy rooms

## Get Blissed out this summer

### Summer special offer at the Angel Therapy rooms

Book two blissed out pamper package with mini cream tea for two people £119.00

[email.enquiries@theangeltherapyrooms.co.uk](mailto:email.enquiries@theangeltherapyrooms.co.uk)

## ST GEORGE AT THE GROTON FOX



George aka Steve the landlord, slaying customers at Fox and hounds on St Georges day. Great food Great laugh .Well done Steve Kerry & George

## SUFFOLK TREE SERVICES LTD

### For All Aspects of Tree Works Including:

- Planting • Reducing • Pollarding • Felling •
- Stump Grinding •
- Hedging Works •

### We offer a complete and professional service

Established over 25 years

We are a local, friendly and experienced company

• Free Estimates • 24 Hour Storm Damage Cover •

• Fully Insured • Tree Reports and Consultancy \*

Woodchip and Firewood for Sale

Tel: 01787 319200

[info@suffolktreeservices.co.uk](mailto:info@suffolktreeservices.co.uk) [www.suffolktreeservices.co.uk](http://www.suffolktreeservices.co.uk)



## April Cottage Cattery

April Cottage, Powney Street, Milden, Ipswich. IP7 7AL

Purpose built Licenced boarding cattery for cats only, located in rural Milden, 3 miles from Lavenham. Set in a quiet secluded position behind our house and benefiting from 24 hour supervision.

- Fully insulated and heated chalets with large bright airy exercise areas.
- Facilities to cater for the elderly, very young or cats with special needs.
- Daily grooming and administering of medicines free of charge.
- Pick up and delivery service free up to 5 miles, (50p per mile thereafter capped at £10)
- Quiet areas for shy cats or busy window views for those needing entertainment.
- All diets catered for.
- Prices start from £7.50 a day. Special rates for long stays.

Please come and see us for yourselves; just ring or email to make an appointment.

Call Anne or Kevin on 01787 247302 or 07985 404813

Email: [info@april-cottage-cattery.co.uk](mailto:info@april-cottage-cattery.co.uk)

Website: [www.april-cottage-cattery.co.uk](http://www.april-cottage-cattery.co.uk)



## ITworx

Technology Tamed

Based in Boxford, Suffolk, ITworx provide computer support, repair and tuition to domestic customers.



[itworxnow@hotmail.com](mailto:itworxnow@hotmail.com)

Phone: 01787 210031

Mobile: 07866 015953

[www.itworxnow.co.uk](http://www.itworxnow.co.uk)

- Computer and Printer Setup
- Friendly and Helpful Advice
- Wireless Networks
- Help to get 'online'
- Virus Removal
- Upgrades and Repair
- TV's and Smartphones
- Support and Tuition

## Chimney Matters

Town and Country



### Professional Chimney Sweeping & Stove Installation

- Open fires, Wood burners swept and serviced for maximum efficiency.
- Wood and Multi-fuel Stoves installed.
- Sweeping and Installation Certificates issued.

- Cowsls & Bird Guards fitted.

- Fully Insured.

Mobile : 07767 864127

Phone: 01284 789663

[www.chimneymatters.co.uk](http://www.chimneymatters.co.uk)

Shimmy, Shake, Wiggle & Giggle  
Dance Fitness Fun



### FunDancing Classes

every Wednesday

at 10:00 in Nayland Village Hall

&

at 19:00 in Boxford Village Hall

Spaces are limited - to reserve yours

Call Janet on 07506 350 455

[janet@fundancing.co.uk](mailto:janet@fundancing.co.uk)

[www.fundancing.co.uk](http://www.fundancing.co.uk)

FunDancing.Suffolk

FunDancing

FunDancing classes are also held in:

Capel St Mary & Stratford St Mary

FunDancing has been operating since October 2010

COUNTRY HEATING plus



## COUNTRY HEATING plus

Oil-fired Boiler Servicing  
Maintenance  
Breakdowns & Installations

[www.countryheatingplus.co.uk](http://www.countryheatingplus.co.uk)

Mick Dye Tel: 01787 211179  
Mob: 07891 867672

Nails by  
Grace



I'm Grace Crimmin, a fully qualified Beauty Therapist, who will provide you an excellent service with nails for any occasion.

I offer quality manicures and pedicures using OPI and Gelish Nail products with luxury versions which include hand and foot massages. I also offer facial waxing, eyebrow and lash tinting. Please look at my Facebook page Nails by Grace.

I offer a mobile service or you can come to my home in Newton or to The Hair Gallery in Sudbury.

To book an appointment call 07484 648932 or send an email to [nailsbygrace@btinternet.com](mailto:nailsbygrace@btinternet.com)

I look forward to hearing from you.



Teaching core elements in  
**DANCE**  
**DRAMA**  
**SINGING**  
**MUSICAL THEATRE**



With a strong emphasis on  
confidence building and fun!



For more information please contact us:

Call: 07957 351941

Email: [lesley@misslesleysperformingarts.co.uk](mailto:lesley@misslesleysperformingarts.co.uk)  
Visit: [www.misslesleyschoolofperformingarts.tel](http://www.misslesleyschoolofperformingarts.tel)



## R M D Upholstery

All upholstery work undertaken

Modern & Antique

Also loose covers

Curtains

FREE Estimates

30 Years experience

No VAT.

For a reliable & friendly service

Please contact:

Mob: 07806 505916

Work: 01787 580272

Sudbury, Suffolk



## Churchill Brothers

**BUILDING CONTRACTORS  
AND  
SPECIALIST JOINERS**

**Restoration**

**Refurbishments**

**Extensions**

For free estimates and advice please contact Will Churchill on  
01787 211528 or e-mail: [info@churchillbrothers.co.uk](mailto:info@churchillbrothers.co.uk)  
[www.churchillbrothers.co.uk](http://www.churchillbrothers.co.uk)

# GARDENING IN JUNE INSPIRED BY THE LATE HARRY BUCKLEDEE

Broad Beans are often attacked by an aphid called black fly, which can cause havoc to a crop in a bad year. The growing tip is where the attack starts and can be controlled by dusting with derris dust, or as soon as the petals have fallen from the lower flowers and tiny beans are showing the growing tips can be pinched out. Another troublesome pest is the turnip flea beetle, these tiny beetles attack turnip and brassica seedlings, by biting holes in the seed leaves and can completely destroy a crop almost as soon as the seed germinates before it has a chance to produce true leaves. It is most destructive in hot dry weather so keep the soil well watered and dust with derris. Autumn sown onions and those grown from sets often tend to run to seed especially after a dry spell. As soon as a flower head is seen it should be snapped off, it will still produce an onion of sorts and can be pulled early and used in the kitchen.

It is safe to plant out all non-hardy plants. Outdoor tomatoes with a good strong stake to support the plant when laden with fruit. Aubergines and peppers can be grown outside in pots or gro bags in a sunny sheltered place on a patio. Finish the cutting of asparagus about the 21st of the month, to go on cutting longer only exhausts the plants resulting in a reduce crop next year.

Carry on with the feeding of all plants. As a supplement to root feeding, use a foliar feed, these contain all the necessary plant foods and minerals and are quickly taken up through the leaves - any liquid which runs off into the soil will be taken up by the roots.

Tall bearded irises are at their best this month. When flowering has finished, stems should be cut down and a dressing of general fertilizer given to build up sturdy growth for the following year. As soon as brooms have finished flowering they should be cut back to prevent them seeding, but be careful not to cut back to old wood. The silver grey foliage senecio grown mainly for its foliage will keep its colour and the plant will be bushier and in better shape by removing the flower buds as soon as they appear.

A useful group of plants for the hardy herbaceous border is euphorbia with mounds of sulphur yellow bracts from April until June, as flowers fade the bracts remain an attractive green until autumn. It is followed by myrsinites in May and June. These varieties mentioned make a good combination doricum the earliest perennial to flower with a mass of bright yellow single daisy like blooms during April and May.

Keep feeding, watering and Hoeing. The best weed killer you can get is the dutch hoe.

June 21 is the longest day of the year, and the extra light and warmth encourages the garden to put on an exuberant burst of growth. But this extra light and warmth also means weeds will sprout up from seemingly nowhere. Keep on top of them by hoeing regularly in dry conditions.

## Top 10 jobs this month

- 1 Hoe borders regularly to keep down weeds
- 2 Be water-wise, especially in drought-affected areas
- 3 Pinch out sideshoots on tomatoes
- 4 Harvest lettuce, radish, other salads and early potatoes
- 5 Position summer hanging baskets and containers outside
- 6 Mow lawns at least once a week
- 7 Plant out summer bedding
- 8 Stake tall or floppy plants
- 9 Prune many spring-flowering shrubs
- 10 Shade greenhouses to keep them cool and prevent scorch

Gaps in herbaceous borders are best filled with annual bedding at this stage in the season. One exception is anemones (e.g. Anemone coronaria), which take about three months to flower after planting. The rhizomes are best planted now, after an overnight soaking, 5cm (2in) deep in a suitably moist but free-draining soil or compost with lots of added leaf mould or organic matter.

It is not too late to direct sow a few fast growing, late-flowering hardy annuals such as Calendula, Godetia and Clarkia.

Perennials such as hollyhock, delphiniums (D. 'Fenella', left) and lupins can be sown directly into drills outside once the seed heads have ripened and started to split naturally. If garden space is limited you can sow them into pots and place them in a cold frame or by the base of a sheltered wall in filtered sunlight.

Thin out direct sowings of hardy annuals. This is best done in two or three stages at fortnightly intervals. Final spacings should be between 10-20cm (4-8in), using the upper limit for tall or spreading plants, and the lower limit for smaller plants.

Prick out indoor sowings when they are large enough to handle without damage, potting them on and then planting them out once they are robust.

## Making Your Will

Retired solicitor Trevor Dodwell's company is Polstead based and writes Wills and Lasting Powers of Attorney.

- Home visits at times to suit you (no loss of working time)
- Easy one-to-one advice (many years of practical experience)
- Wills witnessing service (to ensure legal acceptance)
- Very competitive prices.

Please call 01206 263420  
or email me at [trevordodwell@aol.com](mailto:trevordodwell@aol.com)  
[www.thewillbusiness.com](http://www.thewillbusiness.com)

## COMPUTER CARE V-EXTERMINATOR LTD

**CALL NOW: 01787 370397**

- Free Call Out Service
- Virus Removal and Internet Security
- Home and Home Office Support
- Networks / Wireless / Printing
- Microsoft Windows 7/8/10
- Very Reasonable Rates

23 Brandeston Close - Great Waldingfield - Sudbury

[www.v-exterminator.co.uk](http://www.v-exterminator.co.uk)

**Microsoft  
CERTIFIED  
IT Professional**

## Mill Kitchens Ltd.

*Kitchens, Bedrooms and Bathrooms  
Tailor Made at Factory Prices since 1976*



We are a traditional family company, and we take pride in the quality of service and value for money we give to our customers.

Choose from our wide range of kitchens, bedrooms, bathrooms and study furniture, each individually designed to suit your requirements. We can make bespoke cabinets for you in our own workshop, or choose from one of the many, quality 'off the peg' ranges available. We also have an extensive selection of made to measure replacement doors, worktops in a variety of materials, along with quality brand sinks, taps and appliances.

We offer our customers a  
Free Design and Estimate Service and our  
'Lifetime Customer Care Promise'.

**Our Workshop and Showroom are at:**  
Unit 14, Crestland Business Park,  
Bull Lane Ind. Est., Acton, Sudbury CO10 0BD

☎ 01787 310533 email: [millkitchens@btconnect.com](mailto:millkitchens@btconnect.com)  
See our new website - [www.mill-kitchens.com](http://www.mill-kitchens.com)

## THE NAMES ON OUR WAR MEMORIALS - JUNE 2018



At the end of last month's article I mentioned that we only have one soldier to remember who actually died in June 1918 but that I would include an account of the life of Frederick Granger, whose name appears on the Edwardstone War Memorial, because I had only recently identified

him after months of searching the records.

Thus, this month we start with **Private Walter John Joslin**, 41631, 7th Battalion Leicestershire Regiment, of Boxford, and conclude with **Second Lieutenant Frederick Collins Granger**, MC, Mentioned in Despatches, 1st Battalion Gloucestershire Regiment, of Edwardstone.

We have encountered **Walter Joslin's** family before when we recorded the death of one of his older brothers, Temple, who died in September 1916. Since writing the brief biography of Temple, further research has enabled me to learn more about the Joslin family. So, whilst some of what appears below is unchanged from my earlier piece, there is much that is new.

Walter was born in early 1899 in the parish of Boxford, probably at White Street Green, where his family are recorded as living in the 1901 Census. He was the son of Frederick Joslin, born in Boxford in 1861, and Rowythen Pattle, born in Wickham Market near Woodbridge in 1864. They had married in Boxford in 1888. Rowythen is sometimes recorded as Withan in the various official records.

Frederick was the son of Walter and Elizabeth, nee Baker, Walter being born in Boxford and Elizabeth nearby in Kersey. Walter senior started his married life as a farm labourer, but by 1881 he was a farmer living in School Hill, and then in 1901 a farmer and dealer living in Boxford Lane. Rowythen was the daughter of William and Caroline Pattle, nee Gaskin. Her father, born in Wymondham, Norfolk, was at first a hawker in the Ipswich area and then a horse dealer. Her mother came from near Maldon in Essex and was presumably in service when she met William. Rowythen was one of eleven children and her next elder sibling, her brother Lazarus, was the father of the two Pattle brothers from Boxford, who died in the War, Leonard and William. We heard Leonard's story back in October 1916 and we shall meet William in August this year as we recount the circumstances of his death. Thus, we know that Rowythen lost two sons and two nephews to the carnage of the Western Front.

By 1911, Frederick and Rowythen were living in Stone Street, and Walter had four brothers and three sisters, though the Census records that there was one child of the marriage no longer living. Frederick was a farm bailiff and in 1911 Walter was still at school.

Walter enlisted in Sudbury probably in 1917 when he reached the age of 18. He was posted to the 7th Battalion Leicestershire Regiment. The Battalion was formed as part of the 21st Division arriving on the Western Front in 1915, where it remained for the duration of the War. As such the troops saw action in all of the major offensives of 1916, 1917, and 1918. Walter would probably have joined them in mid-1917 as a relatively raw recruit helping to make up for the many losses suffered in the various battles.

We know that Walter died on 4th June 1918 from wounds sustained in battle, at which time he was just 19 years old. This would place his death around the time of the first attempt General Ludendorff made to renew his push towards Paris after he failed to break through in the Battle of the Lys to the north near Ypres. This action was centred on the Front between Reims and Soissons. However, uncertainty arises in the fact that he is recorded as dying as a prisoner of war. Presumably he was wounded on the battle field and then taken prisoner by the German troops. We do know that he was first buried in Asfeld la Ville German Cemetery, which lay well inside the German lines some miles to the north of Reims. His date of death is known because it was recorded on the cross erected by the Germans above his grave. The position of this cemetery accords with Walter having been fighting during the action to defend the route to Paris, which lasted from the 27th May to the 6th June.

When the concentration parties worked through this area some years later Walter's body was removed from the Asfeld cemetery, along with those of eight other British soldiers, the majority of them serving in the Leicester Regiment, and reburied in the Sissone British Cemetery in the village of the same name some 5 miles to the east of Laon. On his new headstone Rowythen had engraved the words "Sleep on, Sleep on and Take thy Rest".

Until very recently **Frederick Grainger**, whose name appears thus on the War Memorial at Edwardstone, was an enigma. As I have related in previous articles, extensive searches failed to find any serviceman of that name, including other spellings of the surname, who could be identified confidently as the man in question. However, a chance discovery in the Governments 'Find a Will' web service listed a Frederick Collins Granger (sic) of Edwardstone Lodge as a Second Lieutenant in the 1st Battalion of the Gloucestershire Regiment, who died

of wounds in France on the 30th March 1917. We had our man!

I had already come across this soldier, but his origins were in Scotland and nothing suggested any connection with Edwardstone, so I had passed over the records. His story is an interesting one and it goes like this.

He was born on August 14th 1880 in Dennistoun right in the centre of Glasgow, a few hundred yards east of the Cathedral. He was a twin, his brother Robert, being born about 25 minutes earlier. Frederick's father, John, born in Glasgow in 1854, the son of a master cotton yarn warper, is recorded on the Census forms of 1881 and 1891 as a 'Teacher of Drawing and Painting', though that of 1871 shows him employed as a warehouseman. Frederick's mother was Christina McCorquodale Collins, who was born in 1852, also in Glasgow. She was the daughter of a master baker, Frederick, and worked for him in his shop, as did her siblings, as a member of what was obviously a family business.

John and Christina married in 1878 in the Blackfriars area of the City, in which they were both living at the time. This location, and all the other addresses for the family appearing in the various records, are never far from the Glasgow School of Art, which was then located in the McLellan Galleries in Sauchiehall Street before the famous John Rennie Mackintosh buildings were constructed. To me this suggests that John was a teacher at the School.

As well as his twin brother, Frederick had two sisters, one older and one younger, and another younger brother. In 1894, Frederick's father died when only 40 years old. According to his death certificate the cause of death was 'Apoplexy. 3 years and 5 months. Left hemiplegia', which I think can be interpreted as Frederick suffering a stroke in the past, the effects of which finally proved fatal. Christina was left with five children aged between about 7 and 14. The family were still in Glasgow but had moved a little to the west of the Cathedral in the district of Kelvin. Christina appears as a widow with three of her children in the 1901 Census at the same house in which they were living at the time of her husband's death, including Frederick's twin brother Robert, but not Frederick. I lose track of Christina at this point, but Frederick's story continues although now in London.

On the 16th November 1900 one Jessie Markland Wilson was born in Forest Gate, East London. Her mother was Agnes Richmond Markland Wilson, and her father was Frederick Collins Granger. On Jessie's birth certificate, her mother describes herself as Agnes Granger and yet in the 1901 Census Agnes is listed living with her family as Wilson and employed as a typist. In the same household is a boarder recorded as Fred Granger employed as a 'Coachbuilder's draftsman', which is also the profession recorded on his daughter's birth certificate. Agnes's parents were Andrew and Jessie, nee Markland. They had married in 1875. Andrew was a provisions salesman and both he and Jessie came from Stewarston in Ayrshire, a town about 10 miles south west of Glasgow, which is where Agnes was born in 1879. In Scotland Andrew was a grain and provision merchant.

What brought the Wilsons and Frederick Granger hundreds of miles south from their home country is not known, and how Frederick and Agnes came to meet would be intriguing to know. Frederick and Agnes married on April 13th 1902, which perhaps explains the ambiguity of Agnes's status on her daughter's birth certificate. By that time the family were in Manor Park, but in 1905, when their second child, Christina, was born, they were back in Forest Gate. On the birth certificate, Fredrick was recorded as an 'Artist (Designer)'. 1906 saw their third child, Frederick, into the world, the family now in Ilford and Frederick employed as an 'Artist (Black and White)'. Come 1909, the family have moved to Creeksea just outside Burnham on Crouch in Essex, which is where their fourth child, Agnes was born, with Frederick employed as a 'Stockbroker', though whether this is accurate is uncertain, because the 1911 Census records him as a 'Stockbroker's Clerk'. Whatever the case, I think it likely that Frederick was working in the City of London in the stockbroking business. Burnham on Crouch afforded a train service into Fenchurch Street, so I presume he commuted to work, which suggests he was moderately well paid.

That entry in the 1911 Census is the last we have of the family until the record of Agnes obtaining letters of administration for her husband's estate, which gives the address of Edwardstone Lodge. What brought them to Edwardstone, a small village hardly offering easy access to London at the time? Equally puzzling is that Frederick's estate amounted to £15 in total. Did they fall on hard times and have to go into service? Despite all that we do now know about Frederick, there is much still to unravel.

Frederick's army service record does not tell us when and where he enlisted, but the Medal Rolls Index Cards gives his date of entry into the War as October 3rd 1916 serving in the 1st Battalion, Gloucestershire Regiment, which would be the date on which he was posted to the Front. Prior to that there is a record of him as a Temporary 2nd Lieutenant on 22nd June 1915 in the 15th (Reserve) Battalion of the same Regiment. On the basis of those dates, his active service on the Western Front would have seen him involved in the closing stages of the Somme Offensive of 1916.

1917 found his battalion as part of the 1st Division, which became a key component of the pursuit of the German forces as they made their tactical retreat to the Hindenburg Line in the late winter. The Division were faced with the difficult task of traversing the countryside after the scorched earth policy had been enacted whilst the German troops withdrew. During this time Frederick is mentioned in dispatches for his actions, though the citation is not specific as to their nature.

More specific is the citation for the award to him of the Military Cross. In March the 1st Division had advanced across the wasteland and at the end of the month were brought up short facing the German Army now dug in and very well defended in their new, tactically superior trench positions. For the 25th March there is a medical record of the 73rd trip of 31st Ambulance Train, which states that Frederick was entrained at Bray and detrained at Rouen. Bray is a small town near the north bank of the Somme, just east of the centre of the operations associated with the Hindenburg Line. From here, in the Rear Organisation of the Front, railways ran east to the towns and cities providing the supply and support services for the war effort. On this record Frederick's injuries are described as 'gunshot wound to the chest, arm left, foot left, amputated', which few words convey some of the awful nature of the commonplace consequences of trench warfare. Five days later Frederick died of his injuries. The citation for his medal is as follows; "For conspicuous gallantry and devotion to duty when in command of three patrols. He personally reconnoitred the position, and, in spite of very heavy hostile fire, succeeded in leading one patrol through a gap in the enemy's wire. He was severely wounded. He had previously done fine work."

Frederick is buried in the St. Sever Cemetery in Rouen, which was the principal civilian cemetery for the town at the time. The city of Rouen was a supply base for the whole of the War and had located around it no fewer than 15 hospitals and one convalescent depot. In the early 1920s, when the headstones were being erected in the war cemeteries, Agnes paid for these words to be placed on Frederick's memorial; "He died as he lived for those he loved." There is no gloss the writer can add to this sentence, which is so clearly written straight from the heart.

Frederick was 36 years old when he died, and Agnes was left a widow with four children aged between 7 and 16. However, Agnes did not stay in Edwardstone for long, because she appears as a householder on the Electoral Register of 1918 at a property in Hastings in Sussex, where she remained until 1924. By 1939 she had moved to Woolwich and was living with her youngest daughter Agnes, who was still single, though she married later in that year. Her other two daughters had, by then, already married. Of the son, Frederick, I can find no positive records. Interestingly, in the 1939 Register, Agnes senior is listed as of 'Private Means', though the source of her income is unlikely ever to be known. She died in the second quarter of 1945 and so may have witnessed the end of the second great war in Europe.

Walter will be remembered during the 11:00 Café Church Service at Boxford on Sunday 3rd June. As mentioned last month, Frederick was remembered at the Palm Sunday Service at Edwardstone on 25th March.

There were no fatal casualties associated with our five villages during the month of July 1918. However, that month saw the tide of the war on the Western Front turn in favour of the Allied and Commonwealth forces, so I will try and provide some background to the events that set in train what became known as the hundred days to victory. I hope, also, to bring you the story of another soldier who had remained unidentified in respect of his war service, although I was sure I knew who he was. He is Lionel Harwood Smith, who appears in census records in Boxford, but of whom I had no certain knowledge of his service record. I am still piecing together some aspects of his life and his family, which I hope to have complete for the July article. His story is an interesting one, but I think the circumstances of his birth will remain enigmatic, though I am now confident he was Private Lionel Harwood Smith, 444593, 'B' Company, 55th Reserve Battalion, Canadian Expeditionary Force, later Corporal, of the 2nd Battalion, Canadian Pioneers.

I am now left with one soldier, who, until recently, I was confident about his identity, although, like Lionel, I did not know his service record. However, further work has called into question my previous identification of the man himself, but has revealed that, as a soldier, he was probably Rifleman Charles Smith of the King's Royal Rifle Corps, from Boxford, though his service number presently eludes me. If there are any readers who can identify this man in his Boxford context or provide his service number, I would be most grateful to hear from them.

Rufus Sweetman



**Suffolk Cruse Bereavement Care**

We are a charity set up to help bereaved people to understand their grief and cope with their loss. We provide information, one to one support and offer advice, education and training services. We also have a specialist Children & Young People Team.

If you would like to volunteer to support bereaved people, help on our Area Committee or with publicity and fundraising please contact us.

For help or information please telephone your local Branch:

<b>Ipswich</b> 01473 230888	<b>North Suffolk &amp; Great Yarmouth</b> 01502 722234
<b>Suffolk Coastal</b> 01394 670770	<b>West Suffolk</b> 01284 767674

Further information can be found at [www.cruse.org.uk](http://www.cruse.org.uk), [www.suffolkruse.co.uk](http://www.suffolkruse.co.uk) or email [suffolk@cruse.org.uk](mailto:suffolk@cruse.org.uk)

*"I felt my counselling with my volunteer was very helpful indeed, at a time when I felt isolated and at times desperate".*

THE DORIAN SINGERS & STOWMARKET CHORALE PRESENT

## Captain Noah and His Floating Zoo

by Michael Flanders & Joseph Horovitz

SONGS OF THE FLEET by Charles Villiers Stanford

*Two Suffolk choirs combine for a pair of joint concerts  
in aid of Alzheimer's Research UK*



**Saturday 23 June 2018 at 7.30pm**  
Trinity Methodist Church, Hamilton Road, Felixstowe IP11 7AN

**Saturday 7 July 2018 at 7.30pm**  
Stowmarket United Reformed Church, Ipswich Street,  
Stowmarket IP14 1AD

Tickets £12 (under-18s free) including refreshments, available from The Card Centre, 6 Hamilton Road, Felixstowe IP11 7AU (01394 283170), [tickets@stowmarketchorale.org.uk](mailto:tickets@stowmarketchorale.org.uk), choir members, or at the door

[www.thedoriansingers.org.uk](http://www.thedoriansingers.org.uk)    [www.stowmarketchorale.org.uk](http://www.stowmarketchorale.org.uk)

# MICROPLANT

08703 210256 / 07850 210256

E-mail: [charles@microplant.net](mailto:charles@microplant.net)  
Website: [www.microplant.net](http://www.microplant.net)

**Hire, Sales, Servicing & Repairs of  
Compact Tractors, Mini Loaders  
Fencing, Landscaping &  
Paddock Maintenance Machinery**

**Mini Tractors**  
**Loaders**  
**Rough terrain forklift**  
**Skidsters**  
**Mini Diggers**  
**Post Hole Borers**  
**Hyd' Post Drivers**  
**Trenchers**  
**Rotavators**  
**Stoneburiers**  
**Power Rakes**  
**Harrows**  
**Mowers**  
**Associated equipment**




Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader




# Parish Council Matters

## BOXFORD PARISH COUNCIL

**MINUTES of the MEETING of BOXFORD PARISH COUNCIL held on Tuesday 3rd April 2018 at 7.30 p.m. in Bell House, Stone Street Road, Boxford.**

**PRESENT:** J Fincham-Jacques (Chairman), R Balls, A Sargeant, M Wooderson, D Waspe, D Hattrell (Clerk), B Hurren (District Cllr) and 3 members of the public.

**APOLOGIES:** D Talbot Clarke, S Impett, C Hughes, V Strafford and J Finch.

**DECLARATION OF INTEREST BY COUNCILLORS:** Nothing was declared

**MINUTES OF 5th MARCH 2018:** Accepted as correct.

**MATTERS ARISING FROM THE MINUTES:** Nothing was raised.

**QUESTIONS FROM THE PUBLIC:** A resident was taking up the drainage issue at the bottom of the Croft with the County Council. He had been following events in relation to the District Council move to Endeavour House. Finally he confirmed Revd. Judith was due to retire soon.

**REVIEW OF ITEMS RAISED BY THE PUBLIC:** The resident agreed to keep the Clerk informed in relation to the retirement of Revd. Judith.

**COUNTY COUNCIL REPORT:** County Cllr J Finch had sent his apologies.

**DISTRICT COUNCIL REPORT:** District Cllr Bryn Hurren attended and confirmed his talks with Flagship Housing has led to them confirming they will improve the upkeep of their properties in the Village. The address issues in relation to the relatively new property on the corner of Sherbourne Street/ Swan Street leading to misdirected deliveries is close to resolution. There are various planning issues in the village including the proposed development on Sand Hill and now the Goodlands Appeal has started. Discussions continue at the District Council in relation to a potential merger and a public meeting was scheduled to be held in Sudbury on the subject. Cllr Hurren was questioned on the 30 mph stickers on bins through Assington - where could Boxford get similar stickers? Cllr Hurren agreed to investigate.

**CORRESPONDENCE:** The correspondence report had been circulated

ahead of the meeting and members had noted the on-going progress of each item. The MP has invited a representative from the Parish Council to attend a meeting in Hadleigh on the subject of Neighbourhood Planning. R Balls and M Wooderson agreed to check their diaries and confirm to the Clerk - Action RB and MW. In view of the lack of Heritage Advice in respect of the Churchyard wall, it was agreed for members to research local surveyors who may be able to assist - Action All. Meanwhile, the Clerk is to chase Highways for the requested meeting on traffic calming in the vicinity - Action Clerk.

**FINANCE:** The Bank balances as at 3rd April 2018 were £21096.59 in the Community Account, £13344.07 in the Deposit Account and £45979.51 in the Reserve Account making a total of £80420.17. In preparation for GDPR, the Clerk attended the Clerks information session at SALC. The key thing is to make progress towards compliance. The data the Parish Council holds on individuals is low risk. Steps have already been taken not to quote names in the Minutes. Emails from residents in future should only be circulated with identifiable information removed. Consent forms will be required from purchasers of grave spaces in the future. It was agreed for the Clerk to contact the DPO Centre to check the cost of their basic level of service as a DPO - Action Clerk. It is a legal requirement to appoint an Independent Data Protection Officer.

**CEMETERY:** A Memorial application was considered and approved.

**ANNUAL PARISH MEETING:** There will be a further meeting ahead of the Annual Parish Meeting on 22nd May to make the final arrangements. The Clerk will send the notice to Box River News and arrange refreshments for the evening - Action Clerk.

**REPORTS AND QUESTIONS FROM CHAIRMAN AND MEMBERS:** It was agreed to ask V Strafford for details of the meeting with our MP. A Sargeant confirmed his phone number was incorrectly stated in Box River News and needs to be corrected - Action Clerk.

The meeting closed at 9.20 p.m.

## Planning Meeting Held by Boxford Parish Council at Bell House, Boxford on Tuesday 3rd April 2018

The following Decisions were advised from the Planning Authorities: - Old School House, School Hill for materials, driveway surface and illumination were all approved.

Retrospective application to vary condition 5 to retain modular building for a further year at Boxford Primary School was approved provided the

## EDWARDSTONE PARISH HALL



### AVAILABLE FOR HIRE

The Hall has a fitted kitchen plus:

Chairs, Tables, China, Cutlery

Wine & Beer Glasses

Hot Water Heater for Drinks

Facilities for the Disabled

Screen, Projector

Full Sound System

Please contact Daphne Clark for bookings and enquiries..

01787 210698, Mob: 07896414587 email:  
daphne.clark@btopenworld.com

## NEWTON VILLAGE HALL AVAILABLE FOR HIRE

FOR

WEDDING RECEPTIONS

PRIVATE FUNCTIONS

IDEAL FOR CHILDREN'S PARTYS ETC.

Fitted Kitchen • China & Cutlery

Separate Function Room facility

Good parking with level access Comfortable furniture

To book and for further information  
Contact Alan Vince on 01787 373963



### Suffolk Cruse Bereavement Care

We are a charity set up to help bereaved people to understand their grief and cope with their loss. We provide information, one to one support and offer advice, education and training services. We also have a specialist Children & Young People Team.

If you would like to volunteer to support bereaved people, help on our Area Committee or with publicity and fundraising please contact us.

For help or information please telephone your local Branch

Ipswich 01473 230888

Suffolk Coastal 01394 670770

North Suffolk & Great Yarmouth 01502 722234

West Suffolk 01284 767674

Further information can be found at [www.cruse.org.uk](http://www.cruse.org.uk), [www.suffolkruse.co.uk](http://www.suffolkruse.co.uk) or email [suffolk@cruse.org.uk](mailto:suffolk@cruse.org.uk)

*"I felt my counselling with my volunteer was very helpful indeed, at a time when I felt isolated and at times desperate"*

# Parish Council Matters

classroom is removed by 31st March 2019

Proposed single storey rear extension at 34 Daking Avenue - this item was not discussed as the floor plan was missing. The floor plan was not received from the Planning Authority between meetings despite being requested.

**The following were discussed:** -

1) *The (Goodlands) Appeal* made by Landex to the refusal to grant Planning Permission for up to 24 dwellings on land to the South of, Daking Avenue the deadline for representations is 9th May 2018.

M Wooderson agreed to investigate further the Highways aspect and then circulate a draft response. Cllr B Hurren anticipated there would be a public meeting to consider the Appeal. This Parish Council would be given the opportunity to speak again.

2) *Update from Hopkins Homes* in respect of their proposals - the Public Display of the Plans was scheduled for Monday 30th April between 4 and 8 p.m. This was to be advertised widely by Hopkins Homes. It was agreed for M Wooderson to chase them for the Parish Council to see the plans ahead of the Meeting - Action M Wooderson. M Wooderson had passed on details of the Owner of land adjacent to Stone Street Road. This was at the request of Hopkins Homes to see how access could be established from the proposed development to the centre of the village.

On a separate matter, it was noted a Public Meeting was due to be held on 4th April in Groton in relation to their Affordable Homes Scheme.

## SERENITY COUNSELLING

Dealing with emotional stress is often difficult and sometimes overwhelming. Taking the decision to enter therapy can be a big step towards the healing process. It is important to recognise that good emotional health is as essential to us as good physical health

Counselling can be life changing. It can help to regain, sustain or strengthen our emotional well being.

If you think that you are depressed or struggling with your self esteem, dealing with relationships

Issues or anxiety, wondering about aims

in your life, struggling with an inner critic in a grief or bereavement process, or facing addictions, then I am ready to meet you.

I offer a warm and accepting environment which is a safe place within which you will be seen and heard without judgement.

We can explore your needs and find ways to facilitate your own growth and development.

I am a registered integrative therapist with the British Association of Counselling and Psychotherapy (BACP) and abide by their code of ethics. I have a Diploma in Integrative Therapeutic Counselling, which is a BACP accredited course.

Integrative Counselling is a combined approach that brings together elements of a range of different therapies. Everyone is unique and because we are all different there is no single approach that fits anyone of us. I work with you to find and provide the best approach for you, giving you space to explore your concerns and have a better understanding of yourself.

I have worked for over thirty years in the public sector and have experience within the NHS, employment and housing issues. I enjoy working with people and enabling them to achieve their full potential.

I work face to face or on the telephone, with people who are seeking either short term or long term counselling.

I can offer day, evening or weekend sessions and I am based in Boxford

Please contact me for an initial consultation

*Daniele Chatten* 07935151911



# Readers Letters

*Sir*

I would like to thank the residents of Sandhill, Roylands Lane, Calais Street and Hadleigh Road for the kind donations in the Scope door to door collection on the 19th April. A total of £36.50 was raised for the charity.

Many Thanks

*Gail Skinner.*

*Sir*

To all the kind people who sent me cards, gifts and good wishes for my special birthday. Thank you so much.

To my family, many thanks for the lovely parties and gifts  
It was a wonderful day and much enjoyed

Thank you all

*Joan Smith*

*Sir,*

I write to apologise for a mistake I made in the recent report on Mr Geoffrey Winter's model of Boxford Village. I stated that Mr Richard Keens who built the support and cover for the model village lived in Kersey. I am pleased to report that he lives in Semer. The Boxford Society has now donated £100 to the Air Ambulance in recognition of the considerable work carried out by Mr Keens on the project.

Yours sincerely,

*Tina Loose* (Chairman of The Boxford Society).

*Sir*

"Heather and Julian Worricker would like to extend a very sincere thank you to all the kind friends and villagers who have sent their lovely cards and messages of sympathy following the death of Keith, a wonderful husband and father. He was 91, and after months of indifferent health, he died very peacefully...for which we are truly grateful."

Julian Worricker

*Sir*

Be wary when choosing a builder for your next home improvement project!

Having just been stung by a local unscrupulous bodger-builder, I can't tell you how much we wish we'd thought harder about selecting the right builder for our recent building project.

Our problem was mostly being impatient and not wanting to wait a year for the building firm with the best recommendations. If we'd have waited at the beginning, we'd definitely have saved time, money and stress in the long run.

I wish we had chosen a company with an accreditation to a Trade association.

If you are looking to have some building work done, do ask neighbours if they recommend a builder they have used in the past. I'm sure they won't mind!

Make sure you select a builder that can provide a proper written contract at the beginning. Be wary of contractors who won't put anything in writing - it's a sign they could be dishonest.

Don't rely on nicely designed websites, smart vans and 'gift of the gab'.

Name and address withheld.

## BOX RIVER BENEFICE

MAKE UP OF PARISH COUNCILS 2015 – 2019

following the elections on Thursday 7 May 2015

[All members elected unopposed, except in Newton]

### BOXFORD PARISH COUNCIL

Roger Balls	19 Daking Avenue	210136
Julian Fincham-Jacques	42 Homefield	210376
Cecil Hughes	Kiln Place, Cox Hill	210685
Vince Stafford	The Old Schoolhouse	211026
Andrew Sargeant	The Annexe 18 Stone St	210661
David Waspe	22 Stone Street	828953
Suzanne Impett.	Amberly, The Causeway.	210035.
David Talbot Clarke.	18-22 Broad Street.	211976
Mathew Wooderson	Birdsong 16 Goodlands	211204
Clerk	Debbie Hattrell	210943
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

### EDWARDSTONE PARISH COUNCIL

Clare Britcher	Tudor Cottage, Mill Green	211234
Melanie Childs	Edwardstone Lodge	07952 956417
Paul Clarke	Hazel Cottage, Mill Green	210689
Phil Baker	Mulberry Farm, Round Maple	211452
Shirley Flack	Mill Cottage, Mill Green	210050
Sharron Norman	Dormers, Sherbourne Street	210386
David Williams	Lodge Farm House	07447403041
Clerk	Anita Robinson	211673
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

### GROTON PARISH COUNCIL

Carey Fraulo	Groton Manor Farm	210391
Nick Cox	3 Groton Place, Groton Street	210339
Adam Dixon-Smith	Castlings Hall, Castlings Heath	210007
Jeremy Osborne (Chairman)	Waterside Barn, Groton Street	211960
Piers Roberts	Brook House	210619
Roland Cheeseman	1 Rose Cottage Daisy Grn	07770 237921
Debbie Wills	Doggetts Groton Street	210484
Clerk	Anita Robinson	211673
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

### LITTLE WALDINGFIELD PARISH COUNCIL

Stewart Braybrook	Cypress House, Church Road	247043
Barbara Campbell	Vice Chairman Appleton House, Church Road	
Matt Foster	Surprise Cottage, Church Road	07779 003635
Tim Sheppard		
Alan Wells		
Chris White		
Clerk. Simon Ashton		
District Councillors	Frank Lawrenson	
	Margaret Maybury	
County Councillor	Colin Spence	

### NEWTON PARISH COUNCIL

Russell Bower	4 Nicholsons Court	
Sue Crawte	South Hill, Church Road	
Jonathan Parker	2 Hall Cottages, Church Road	
Colin Poole	Stow Cottage, Sudbury Road	
Paul Presland	Redwoods, Church Road	379204
Rita Schwenk	1 Assington Road	210838
Philip Taylor	Trotts Cottage, Boxford	211265
Clerk. Adrian Beckham		373725
District Councillor	Lee Parker	
County Councillor	James Finch	01206 263649

### South Suffolk Member of Parliament

James Cartlidge MP

House of Commons, London, SW1A 0AA

Tel: 020 7219 3000

james.cartlidge.mp@parliament.uk

## GROTON VILLAGE HALL

### ANNUAL GENERAL MEETING

Wednesday 20th June 2018 at 7.30pm

The Annual General Meeting of Groton Village Hall will be held in the Hall (formerly the WI Hall) at 7.30pm on Wednesday 20th June 2018 for the following purposes:

1. To receive the Report & Accounts for the period to 31 March 2018
2. To elect members of the Management Committee
3. To conduct any other relevant business.

All residents of the Parish of Groton, aged 18 or over, are entitled to attend and vote at the meeting.

By order of Groton Village Hall Management Committee  
10<sup>th</sup> May 2018

**Bates Wells  
& Braithwaite**

#### Expert legal help for business and for individuals...

Accident claims - Commercial and company law  
Commercial property - Commercial German legal services  
Employment - Environmental Law -  
Estates, trusts and wills - Family and children  
Farming and rural business affairs  
Health and safety - Licensing - Litigation/mediation  
Residential property - Rural business affairs

#### Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury CO102AD  
T: 01787 880440 E: solicitors@bwblegal.com

## POLARIS POWER & DATA LTD

LOCALLY BASED ELECTRICAL CONTRACTORS



Tel: 01787 211914



ALL GENERAL & COMMERCIAL ELECTRICAL WORKS UNDERTAKEN

- Domestic/Residential
- Landlord Certification
- Rewires
- NICEIC Certification
- Emergency Lighting
- PAT Testing
- Commercial
- Church Installations
- Listed Buildings Installations
- Data Network Installations
- Security/Door Access Systems
- Fire Alarms



Email: [info@polarispd.com](mailto:info@polarispd.com)

[www.polarispoweranddata.co.uk](http://www.polarispoweranddata.co.uk)





**Moving?**  
Call us on **01787 377489**

**Todds Removals**  
B. Todd Storage  
a reliable local service you can trust

- Removals
- Packing materials
- Storage
- Packing service
- Home or Business
- UK, Europe and beyond

www.todds-removals.co.uk

MEMORIALS

**LUXSTONE**

WE HAND CARVE  
ANYTHING IN STONE

Memorials, standard and bespoke  
Carving ≈ Stone Signs ≈ Nameplates  
Letter Cutting and Carving Courses



Stour Valley Business Centre, Brunton Lane, Sudbury, Suffolk CO10 7GB  
Telephone 01787 371570 / 07920 101 440 E mail info@neilluxton.co.uk

www.neilluxton.co.uk

## Services Directory

### Orwell Removals & Storage

PACKING, MOVING, STORAGE  
PIANO MOVES  
HOUSE CLEARANCE  
SINGLE ITEMS  
INTERNAL MOVES  
TEL 01206 671681  
OR 01473411531

### Helen Kempson Nutritional Therapist

1:1 Consultations & Food Intolerance Testing  
Colchester & Kersey  
For more information, please contact Helen:  
07766702363/ 01787 212394  
Email: helen@hknutrition.co.uk  
www.hknutrition.co.uk

### Practical Careers Advice

Qualified Careers Adviser with experience of working with all age groups from school and university students to long term unemployed and career professionals.  
One to one guidance appointments, help with CV's and cover letters, job application forms, interview preparation etc.  
Natalie Lusted – 01787 211290 / 07703 724553  
or email natalielusted@gmail.com  
Free 15 minute consultation to identify your needs



We offer all aspects of garden maintenance as well as garden clearance and landscaping.

Fencing

Turfing

Patios/ Brick Walls

Garden maintenance

Garden clearance

Hedge cutting

Fully insured

For a free no obligation quote contact Steve on:

01787 583210 / 07885728973

Email: steve.wilding283@googlemail.com

### ALTERATIONS, CLOTHING & CURTAINS

Need your curtains shortened  
or relined?  
Most clothing alterations possible  
No job too small  
Local reliable & experienced service.  
Call Shirley  
for more information and prices  
**Phone: 01787 211880**

### SANDRA HANSCOMB DipFH MCFP MAFHP

Qualified Foot Health Professional & Registered Nurse  
**FOOT CARE SERVICE IN YOUR OWN HOME**  
Corns, Callus, Fungal and Painful Nails, Nail Cutting & Filing and care of the diabetic foot.  
Phone for details: Mobile: 07941 127501  
Tel 01787310872  
feetleg.stoes@gmail.com  
messages will be returned.

### Flowers by Paula

Arrangements for all occasions  
and more.

Boxford 01787 827931/0757 2129672



### RDP PROPERTY SERVICES

Plumbing & Heating  
Painting & Decorating

General Repairs  
& Maintenance

Tel/ 01787827931

Mobile/ 07572130029

### HOWARD WATTS Automotive



Sales and Service at  
Riddelsdell Bros Ltd (Est 1900)  
ELLIS SREET, BOXFORD, CO10 5HH

01787 210318  
07836 353537

www.howardwatts.co.uk info @howardwatts.co.uk

### PADDOCK AND MEADOW CUTTING SERVICE

Small Tractor & 6' Topper  
Competitive Rates  
Tel 01787 210842

### Colne Valley Windows Your local double glazing company

Windows • Doors • Conservatories,  
Bi-Folding Doors • Soffits • Facias and  
Guttering • uPVC and Aluminium • Shop  
Fronts • Manual and Automatic Entrances  
and much more!!

Transferable 10 Year Insurance  
Backed Guarantee  
Over 30 Years Experience  
Free Quotation  
Local Family Run Business



To arrange a free quotation  
please call us on 01787 827382

Website: www.colnevalleywindows.co.uk  
Email: info@colnevalleywindows.co.uk  
Certified Company 36650

# Services Directory

## A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties  
Small jobs to complete re-wires

For a free estimate call Adrian on  
01787 211576 Mobile 07968 856765  
e.mail adrian.tennent@btinternet.com  
1 Church Street, Boxford, Sudbury

## T.O.P.L.I.N.E Pest Control Services

### ANDY TUFFS

6 Groton Street  
Edwardstone, Sudbury  
Suffolk CO10 5EE

Tel: 01787 211563  
Mob: 07944 115193



**B.P.C.A. QUALIFIED & ADVANCED CERTS**

**SERVICES**

- ✓ RATS & MICE
- ✓ MOLES
- ✓ RABBIT CONTROL
- ✓ BIRD CONTROL
- ✓ GREY SQUIRRELS
- ✓ WASPS & BEES
- ✓ ANTS
- ✓ BEETLES
- ✓ SILVER FISH
- ✓ COCKROACHES
- ✓ BED BUGS
- ✓ CARPET BEETLE
- ✓ FLIES
- ✓ CLUSTER FLIES
- ✓ FLEAS
- ✓ MOTHS

U.V.F.K. Servicing · Timber Treatment · Proofing  
Fencing · Sales & Service · 12 Months Protection  
Power Washing · Paths, Patios etc.  
Private · Industrial · Farms  
Prompt Service Covering East Anglia  
Competitive Prices · Top Service

Locally produced Lamb

Top quality, grass fed  
Norfolk Horn Lamb



Available and packaged to suit requirements

Contact Abbi - 07951652674

## Home Improvements & Repairs

*For all jobs around the home*

Inside and Outside

**Mark Rowland**  
Mob. 07811 949453

Tel. 01787 211687 Email mjrowland@uku.co.uk

Grove Cottage, Heath Rd, Polstead Heath Suffolk CO6 5BG

## FIREWOOD

DRY SEASONED LOGS

BY THE LOAD OR BAG

CALL CAROL ABBOTT ON  
01473 849150 OR 07758 795881

Tree, Garden Work and Driveways also  
Undertaken



## P.D.Garner Plastering Services

Telephone: 01206 262207

Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL



Cass White

Traditional & Modern Upholstery

07759924209

casswhite@live.com

## M.D SERVICES WINDOW CLEANING

Grass/Hedge cutting

General maintenance

call Mark

01787 211426

07803 169647

m.dservices1@yahoo.com



## S. J. HURRELL PLUMBING & HEATING

- Bathroom Design & Installation
- Gas & Oil Central Heating Systems
- Kitchen Supply & Installation

Telephone: 01787 249081 Mobile: 07970 163084

## Seasoned Firewood & Woodchip For Sale

01787 319200



We carry out all aspects  
of tree works

**SUFFOLK TREE SERVICES**

www.suffolktreeservices.co.uk

## PRESSURE WASHING

Drives, Paths, Patio's  
(All jobs considered)

No job too small! Call for a quotation

Reasonable Prices

Phone Alistair 01787 210254

## David Folkard BLOCKBUSTERS Drain Clearance

Sinks, Toilets, Drains  
Sewers etc.

Hadleigh 01473 827426



## BOXSTORE

## The Local Self Storage Company

For all domestic and  
business needs

See website for details  
[www.boxstore.co.uk](http://www.boxstore.co.uk)  
or phone 01787 210350

W. A. Deacon

Funeral Services



*An Independent Family Company  
dedicated to your service.  
Established over fifty years.*

Golden Charter pre-paid arrangements available.  
Private Chapel of Rest

Norman Way, High Street, Lavenham,  
Sudbury CO10 9PY

24-Hour Telephone Service  
01787 248282 & 248147



## BC WELDING & FABRICATION

Mobile & General Welding,  
Fabrication, Repair Work, Gates,  
Fencing & Bespoke Items

Gary & Lee

Gary: 07810 801021

Office: 01787 211775

Lee: 07747 804579 e.mail: bcweldingfabrication@gmail.com

## Bradshaw Trenching Ltd

Trenching & Groundwork Contractors

- |                    |                          |
|--------------------|--------------------------|
| Drainage           | Fencing                  |
| Water mains        | Manage construction      |
| Irrigation systems | Foundations / concreting |
| Cable ducting      | Site clearance           |

Tel: 01787 210 499 Mob: 07810 801 021  
[www.bradshawtrenching.co.uk](http://www.bradshawtrenching.co.uk)

## N D Rose

Int/Ext Decorating

- Plumbing and Heating Repairs
- Gutters Cleaned/Repaired/Replaced
  - Wall/Floor Tiling
- General Building Maintenance

Telephone 01787 211042

Mobile 07518 040465

3 Fen Street, Boxford, CO10 5HL

It costs only  
£55 a year to advertise  
in this space  
01787 211507  
[ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

# Services Directory

## Ken Grime & Son Ltd Electrical Contractors

Fully Qualified and part P Registered  
All types of electrical works undertaken  
Nojob too small • Very competitive prices

Office Tel: 01787 373558  
Ken Mobile: 07702 358802

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

## Darren Howe - Qualified Carpenter & Joiner

All Aspects of Carpentry Undertaken

- Handmade Kitchens & Fitted Wardrobes
- Fitted Kitchens
- Doors Made and Hung
- Floors & Laminates

• Balustrading, Decking and much more  
Call me for a free No Obligation Quotation  
on 07795 345466 or email me at  
[howies@hotmail.co.uk](mailto:howies@hotmail.co.uk)

## polstead lodge



### Bed & Breakfast

Mill Street, Polstead

Proprietor: Mrs M. Howard

Tel: 01206 262196



## Boxford Baby and Toddler Group

Every Wednesday morning (term time only)  
in Boxford Village Hall  
9-11.00am £2.50 per family

lots of toys for all ages  
biscuit and juice for the children  
Tea/Coffee and Cakes for the grown ups



Find us on Facebook

## HELPING HANDS

Weeding - Shrub Shaping  
Borders - Hedges and Lawns  
Re-Planting Pots Etc.

Contact Daniele, Boxford 01787

Years of experience  
Pressure Washing  
Paths - Patios - Drives



## LUXURY BOARDING CATTERY

Visit our website for more information  
[www.clayhillcattery.co.uk](http://www.clayhillcattery.co.uk)

'Woodside' Clay Hill Lane, Wattisham, IP7 7JS  
01449 744966 [info@clayhillcattery.co.uk](mailto:info@clayhillcattery.co.uk)

## CARPENTRY & JOINERY

Purpose made doors, windows,  
conservatories, fitted kitchens,  
bedroom furniture, etc.

No job too small M Hearnden

Tel: 01787 248285 / 07850 196891

## ROGER MEEKINGS

Plumbing and heating Engineer

Local established tradesman  
with 40 years experience

The Firs, 24 Stone Street, Boxford, Sudbury, Suffolk

Tel: 01787 210287

Mobile: 07866085355. e-mail:  
[stonemeek@btinternet.com](mailto:stonemeek@btinternet.com)

Polstead Based

## Country Cars Private Hire



Local and Long Distance  
Airports - theatres - Restaurants -  
Weddings

Contact: Dave Howard  
Telephone: 01206 262196  
Mobile: 07767 076976



WOODERSON  
FINANCIAL

Mortgage Adviser • Life Insurance  
Private Medical Insurance

01787 379000

[www.woodersonfinancial.co.uk](http://www.woodersonfinancial.co.uk)



## STIRLING PAINTERS & DECORATORS

THIS FATHER AND SON TEAM BETWEEN  
THEM HAVE 60 YEARS EXPERIENCE IN THE  
TRADE, WOULD LIKE TO GIVE YOU A FREE  
ESTIMATE FOR EXTERNAL AND INTERNAL  
REDECORATION OF YOUR PROPERTY  
WE DO NOT USE SUB-CONTRACT LABOUR  
WE ONLY USE THE BEST MATERIALS  
WETREAT YOUR PROPERTY  
AS IF IT WAS OUR OWN  
WE ARE PROFESSIONALS  
TEL: 01255 688104 MOBILE: 07866 734519

## B P LAMBERT R.S.S.

EST 1977

### BLACKSMITH

Makers of Boxford Beacon & Groton Sign

Telephone 01787 210634  
Mobile: 07866 596121

## Hadleigh Hairloom

78 - 80 High Street, Hadleigh  
01473 822191

Walk-in Family Salon

Catering to the entire family's hairdressing needs

\*Easy Access \*Family Friendly \* Free Wi-Fi \*

Comfortable Waiting Area with Toys and TV.

Monday Wednesday & Friday: 9 - 5.30

Tuesday 9 - 7.00\* Thursday 9 - 8.00\*

Saturday 8.30 - 4.00



Richard Kossick  
Electrician

07921 167 650  
01787 247 276

[richard@rdkelectrics.co.uk](mailto:richard@rdkelectrics.co.uk)  
like my page rdk electrics

## Local Piano Teacher



Highly qualified and experienced,  
offers lessons to all ages and abilities  
Whether you wish to take grades  
or play your favourite pieces  
I can tailor lessons to suit you.

Call Sue on 01787 210913

## POLARIS POWER & DATA LTD

LOCALLY BASED ELECTRICAL CONTRACTORS

Tel: 01787 211914

- Domestic Residential
- Electrical Certification
- Hobbies
- NICEIC Certification
- Emergency Lighting
- PAT Testing
- Commercial
- Church Installations
- Listed Buildings Installations
- Data Network Installations
- Security/Door Access Systems
- Fire Alarms

email: [info@polariskid.com](mailto:info@polariskid.com)  
[www.polariskid.com](http://www.polariskid.com)

## Antique Renovations



Expert restorers of fine antiques & interior woodwork

Lavenham Studios, Brent Eleigh Road, Lavenham

Tel: 01787 248511

# Services Directory

## Bed and Breakfast Newmans Hall Farm

(Charles Miller) website: [www.newmanshall.co.uk](http://www.newmanshall.co.uk)

"All En-suite facilities"  
"Ample off road parking"  
"No Smoking Policy."

"Heated Indoor Swimming Pool"  
"Quiet rural setting."

Edenks Eligh Road,  
Little Walsingham,  
Sudbury, Suffolk  
CO10 9NY

Telephone: 01787 249111  
Charlie mobile: 07850 210256  
Louise mobile: 07887 540553

e-mail: [louise@newmanshall.co.uk](mailto:louise@newmanshall.co.uk)

## Boxford Lane Joinery

With the benefit of over 35 Years experience.

Specialist Manufacturers and Installers of  
Bespoke:  
Kitchens

Wardrobes and Household Furniture  
Staircases • Architectural Joinery  
Windows, Doors and Conservatories.

All finished/Sprayed/Polished  
in House if required.

A full fitting and Carpentry service  
is also available.

Contact: Greg Deeks: 01206 263525  
or mobile: 07977 738649  
or Brett Deeks: 01206 626981  
or mobile: 07969 524124.

email: [boxfordlanejoinery@hotmail.co.uk](mailto:boxfordlanejoinery@hotmail.co.uk)



## COMMAND PEST CONTROL & HYGENE SERVICES

Complete Pest Control service  
including Premises Contracts.  
12 month Protection from Infestation.

All Pest control work undertaken

• Coverage of East Anglia •

- 24hr Emergency Service • Professional Back-up •
- Quality Control Manager and Field Biologist •



We supply most Pest Control, Timber  
Treatment, & In Cleaning  
Chemicals, Shotgun Cartridges &  
Pest Control Equipment



### COMMAND PEST CONTROL

Unit 4. College Farm, Church Lane,  
Preston St. Mary, Sudbury, Suffolk CO10 9NG  
Tel: (01787) 248049 Fax: (01787) 247113

## A.H.S

### Timber Gardens

Fencing  
Landscaping  
Garden creations/makeovers  
Estate/Woodland management  
Tree care

Garden maintenance

For a free quote or advice  
call Andrew Martin

01787 211671 07786434315

[www.ahstimgardens.co.uk](http://www.ahstimgardens.co.uk)

## Box Rubbish Mobile Skip Rubbish Clearance With Labour Mini Skip Service Waste Bags 2,3,4 Yard Skips 01787 211289

[www.boxrubbishremoval.co.uk](http://www.boxrubbishremoval.co.uk)

## C D Lawson

Building & Hard Landscaping

01787 211429 mobile: 07730885019

• All Building work •

• Maintenance •

• Alterations • Extensions •

• Driveways • Drainage •

• Patios • Fences etc. •

Professional and Reliable service at  
competitive rates

13 Boxford Lane, Boxford, CO10 5JU  
email: [lawsondian@btinternet.com](mailto:lawsondian@btinternet.com)

## K.E.Jones & Son

BUILDING SERVICES Ltd. Est 1970

01787 312345 mobile: 07932 618459

- New Build
- Extensions
- Specialising in period properties
- Renovations
- General Building
- Refurbishments

A family business looking after  
all your property needs!

Abbey House • Rectory Road • Newton Green  
Sudbury • Suffolk • CO10 0QZ  
[www.jones-builders.co.uk](http://www.jones-builders.co.uk)

## FLOWERS FOR EVERY OCCASION

Jayne Foster

Groton

Telephone: 01787 211360

Evolve  
LANDSCAPES  
Landscape design & build

- Landscape Design
- Construction work
- Paving / driveways / patios / paths
- Fencing / decking / garden walls
- Pruning / hedge cutting
- Tree felling / clearance
- Regular garden maintenance

01206 263813 • 07841 625358  
info@evolve-landscapes.co.uk  
[www.evolve-landscapes.co.uk](http://www.evolve-landscapes.co.uk)

## ALEXANDER M SMITH Chiropractor

Professional & Effective Care

- Low back pain and sciatica •
- Neck pain and headaches •
- Muscle spasm/tension •
- Shoulder and neck pain • Postural problems •

To Book 01787 207107

## S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓  
Part "P" Registered ✓ Electrical Certificates Issued ✓

01787 247043

e-mail: [Info@sbelectrical.biz](mailto:Info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)

## LOWER DAIRY FARM

28 day aged, grass fed beef  
Direct from the farm

[www.lowerdairyfarm.co.uk](http://www.lowerdairyfarm.co.uk)

Lower Dairy Farm Shop • Nayland  
CO6 4JS • 01206 262314



- Domestic Painting Services
- Garden maintenance and clearances • General DIY •
- **competitive prices and a friendly and efficient service**

Please contact Richard

07800 657286

[rjsmaintenance@outlook.com](mailto:rjsmaintenance@outlook.com)

RJSPaintingandMaintenance

## ELIZABETH MARTLAND DE ALWIS ART

WEEKLY ART  
CLUB

PRIVATE  
TUITION

ART  
WORKSHOPS

PAINTINGS . PRINTS

BOXFORD STUDIO . 07846849451

# Services Directory



**LIL CATERING LTD**  
Office  
01787 211183

Ben Wise 07759729404 | Adrian Banks 07958178260

**Water Works**  
(Darren May & Mark Jochan)  
**Plumbing & Heating Engineers**  
**Plumbing emergencies**  
Bathrooms • Showers • Tiling  
Central Heating Systems & Upgrades  
20 Years Experience  
**Free Estimates Friendly Efficient Service**  
**No Call Out Fee**  
Phone: 01473 827690, or 01394 410175  
Mobile: 07769696958 Mobile 07886389995

**M.K**  
**Carpentry & Building Services**

Extensions – Renovations –  
Carpentry – Plumbing – Electrics –  
Plastering – Tiling

All types of building works undertaken.



Please Contact Mike Kerr:  
Tel: 01473 822501 Mob: 07525 160330  
E-mail: mkbuilders@hotmail.co.uk

**Tree Surgeon** Tel: 01787 228341  
07515 288736



info@blaketreecare.co.uk  
www.blaketreecare.co.uk

Blake Tree Care

Providing excellence in;  
Tree Felling - Canopy Reduction - Hedge  
Cutting  
Tree Shaping and pruning - Stump Grinding  
Pollarding - Emergency Storm Damage  
Free Consultation for Small and Large Jobs  
Public Liability Insurance

**Kirkham Sheidow Architects**

Boxford 01787 211670  
design@kirkhamsheidow.co.uk  
www.kirkhamsheidow.co.uk

**Food Glorious Food** 

Event catering for all occasions  
parties, weddings, funerals & family get-togethers  
over 20 years experience

Crockery For Hire  
Telephone Dawn on 01787 210 469

 **WHITWELL SERVICES**  
**Established 1979**

Oil Fired Heating Engineer  
Service • Maintenance  
Installation • Oil Tank  
Replacement Service

24Hour Breakdown Service

 **Call:**  
01787 210277  
07956 652264

Registered Technician

 **ACE ELECTRICAL**

**Fully Qualified Electrician  
and Carpentry**  
All aspects of Electrical and Carpentry work  
undertaken. No job too small  
Telephone 01787 581672  
Mobile 07766 516261

**HOMEFIELD**

**Sheds and Shelters**  
**Quality Leisure Buildings**  
**Made to your requirements**  
**Telephone: 01787 211485**

**Frank Matthews**  
*Upholsterer*

All Upholstery work  
undertaken  
Free Estimates  
**Telephone: 01787 311133**

**The Dogroom at Boxford**  
Professional Dog Grooming Services

thedogroomatboxford.com 

07712 687701   
01787 211874 

 **Green-Lawns  
Bonsai**

Closed Tuesday and Wednesday

HADLEIGH ROAD, BOXFORD  
Nr. SUDBURY, SUFFOLK  
Tel: 01787 210501 (Dave Paget)  
www.greenlawnsbonsai.co.uk

**M.D.MILLS**  
(BUILDING CONTRACTORS) LTD

All types of building work undertaken including:

Extensions, Renovations  
Insurance Repair Works,  
Plumbing & Heating, Electrics,  
Roofing, Tiling, Decoration, etc

For a free no obligation estimate  
please call:

**01787 373085**  
www.mdmills.co.uk

**COMPLETE  
PROPERTY SERVICES**

Established since 1993

**Plumbing & Heating  
Electrical  
Painting & Decorating  
Kitchens & Bathrooms  
Tiling & Flooring**

**Tel: 01787 210856**  
**Mobile: 07538 067868**



A STUNNING VENUE IN THE HEART OF SOUTH SUFFOLK

**Dove Barn**  
**CONFERENCES  
EXHIBITIONS  
WEDDINGS  
BANQUETS**

Check us out  
01787 210007  
www.dovebarn.com

We look forward to hearing from you

DOVE BARN - CASTLINGS HALL, GROTON, SUDBURY, SUFFOLK, CO10 5ET

# Services Directory

**BUCKLEYS**  
**DRIVEWAYS • PATHS • PATIOS**  
**Tarmacadam**  
**Hot Tar-and Pea Shingle**  
**WE CAN ALSO SUPPLY**  
**Garden Sheds •**  
**Fencing and Gates**  
**Painted or creosoted**  
**and General Garden Work**  
**All enquiries to Mr Buckley**  
**Tel 01621 892294**  
**Mobile 07754 705968**

**SHERBOURNE LODGE COTTAGES**  
  
 Two self-catering cottages former stable blocks offer fully equipped and well furnished accommodation. Each sleeps 2-4 people (one can accommodate 6).  
 For further details please call:  
**01787 210885**

**Beaumont Cars**  
**LOCAL AND LONG DISTANCE TRAVEL**  
**PROMPT AND RELIABLE SERVICE**  
**HADLEIGH BASED**  
**AIRPORT AND FERRY TRANSFERS**  
**RAILWAY STATIONS, HOSPITALS**



Call Les  
**07850 318582**

**UPHOLSTERER**  
**FURNITURE RESTORER**  
**Armchairs, Sofas Dining Chairs etc**  
**Fabric book available**  
**No job too small**  
**Phone Alan 07706840060 Boxford**  
**ah7walsh@gmail.com**

## Qualified Foot Health Professional

**Bridget Clifford MCFHP MAFHP**  
 Foot Care in the comfort of your own home.  
**Tel: 01787 211345**  
 If unavailable leave a message and your call will be returned.

## DEPRESSED? ANXIOUS? PROBLEMS WITH RELATIONSHIPS?

There are times when we can feel overwhelmed by life's problems I am a Relate trained counsellor and accredited relationship therapist with over 30 years experience working in private practice and the NHS If you would like to talk in confidence I may be able to help

**Amanda Hollingworth**  
 (01473 824663)  
**COSRT Accred UKCP Reg**  
**BUPA Reg**  
 (www.cosrt.org.uk)

 **Sudbury Physiotherapy Centre**  
 & Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Women's Health
- Sports Massage
- Chiropody
- Podiatry
- Pilates
- Shiatsu & Clinical Hypnosis
- Nutritional Therapy
- Counselling
- Paediatric Physiotherapy

Appointments available Monday - Saturday

Tel: 01787 378178  
 Email: sudburyphysio@hotmail.co.uk  
 www.sudburyphysio.co.uk  
 8 Cornard Road - Sudbury - CO10 2XA

## Andy Morgan Painter & Decorator S.E.P. painters

Tel.: 01787 375824 • Mobile 07748 800701  
**andy@seppainters.co.uk**  
 For all your interior and exterior decorating ...  
 ...from New Build to Period Properties  
 Your satisfaction is my speciality!  
 Detailed information on my website:  
[www.seppainters.co.uk](http://www.seppainters.co.uk)

**H Byham & Son Ltd**  
**Ballingdon Dairy, Sudbury**  
 Deliveries of Dairy Produce and Goods to Boxford and Surrounding Villages  
**Tel: 01787 372526**



**J R Fencing**  
**TIMBER FENCING AT ITS BEST!**

**FREE QUOTES**  
 \*Fence Repairs \*Gutter Cleaning \*Soakaways\*  
 Jason Folkard  
 Mob 07901 845793 Email jrfencing@btinternet.com

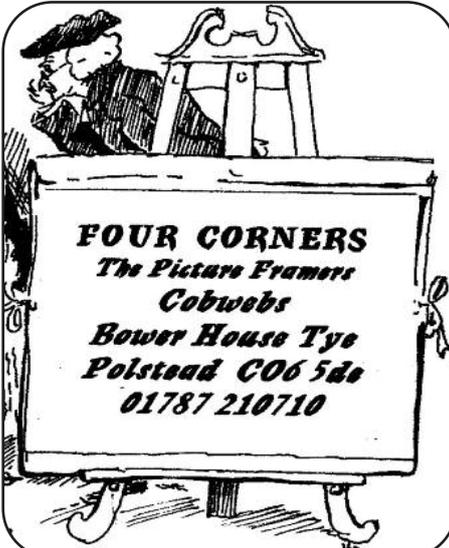
## AERIAL VIEW

- TV, FM & DAB aerials 'Freeview, Freesat & Sky
- Motorised satellite Satellite Broadband
- Repairs & upgrades Extra points and magic eyes
- TV wall mounting

Please call for other services

**01787 311057**

**Make the switch to digital with confidence**  
 Or visit [www.aerial-installers.co.uk](http://www.aerial-installers.co.uk)



**FOUR CORNERS**  
*The Picture Framers*  
**Cobwebs**  
**Bower House Tye**  
**Polstead CO6 5de**  
**01787 210710**



**M; 07515 288736**  
**O; 01787 228341**  
**E; info@blaketreecare.com**

Providing excellence in;  
 Tree Felling - Canopy Reduction  
 Hedge Cutting  
 Tree Shaping and pruning - Stump Grinding  
 Pollarding - Emergency Storm Damage  
 Free Consultation for Small and Large Jobs  
 Public Liability Insurance

## Suffolk Medical & Beauty Clinic

All Beauty Therapy Treatments  
 Laser Permanent Hair Removal  
 Anti - Wrinkle Injections  
 Thread vein treatment  
 Skin Rejuvenation  
 Dermal Fillers  
 Mole and Skin Checks  
 Dermalroller/Pen  
 Medical Microdermabrasion



[www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)  
 6 Broad Street, Boxford  
**01787 211000**

# Services Directory

## FIREWOOD

DRY SEASONED LOGS  
BY THE LOAD OR BAG

Call Carol Abbott on 01473 829130 or  
07768 795981

Tree, Garden Work and Driveways also  
Undertaken



## Paul Cooper CHIMNEY SWEEP

• Solid Fuel • Wood Burners  
• Inglenooks • Oil - Gas

Bird Guards & Cows supplied and fitted  
(Traditional Sweep for your wedding)

**Tel: 01473 787374**

Member of the National Association  
of Chimney Sweeps & HETAS approved

## -PJH-

Property Maintenance

Quality Painting and Decorating

Interior & Exterior,

Tiling and General Maintenance

Carpentry, General Building work

Alterations and Renovations

[www.pjhpropertymaintenance.co.uk](http://www.pjhpropertymaintenance.co.uk)

6 HADLEIGH ROAD, BOXFORD, SUDBURY CO10 5JH

TELEPHONE: 01787 212366

## AK SMITH

PLASTERING (EST 1986)  
CEILINGS, WALLS, FLOORS,  
PLASTERBOARDING.

NO JOB TOO SMALL.

For references see our website:

[www.aksmithplastering.co.uk](http://www.aksmithplastering.co.uk)

ASSINGTON 01787 212352

Mobile: 07808027116

## CARPET CLEANING

Super Clean Carpet Cleaners

Your local professional  
carpet cleaning service

Call Mark Today

07376 800 111



[www.superclearcarpetcleaners.co.uk](http://www.superclearcarpetcleaners.co.uk)

## JOANNE'S HOUSEKEEPING SERVICES



For all your cleaning and housekeeping  
requirements.

I can provide a friendly, reliable and  
personalised service with full insurance.

I am happy to discuss your individual needs  
to suit you.

Tel: 01787 371486 or 07788 563062

Email: [joleeks@rocketmail.com](mailto:joleeks@rocketmail.com)

Advertise here for  
only £110.00  
per year

## Will Bishop

Jewellery Design

Beautiful jewellery made from  
silver, gold and platinum.  
Bespoke service.



Tel: 01787 210251

e-mail: [info@willbishop.co.uk](mailto:info@willbishop.co.uk)

[www.willbishop.co.uk](http://www.willbishop.co.uk)

## LAWNS FIELDS AND GARDENS

Established 1991



- All types of Grasscutting undertaken •
- Commercial and Domestic •
- Contract or otherwise •
- Grounds Maintenance •
- Hedges • Trees • Fencing • Patios •
- Drives • Pergolas •

FOR A FREE QUOTE RING MARTIN ON

Tel: 01787 210675 Mobile: 07932 477152

## MTM

PLANT & TOOL HIRE

Phone: 01787 312007

FOR PLANT & TOOL HIRE NEEDS

PORTABLE TOILETS (site  
toilet/event for all occasions)

MINI EXCAVATORS:-

0.8 ton – 5 ton

GARDENING EQUIPMENT

Together with other  
equipment for the

contractor or DIY

ACCESS TOWERS:-

850 wide – 1450 wide

SCAFFOLDING erected and  
hired (domestic, industrial or  
commercial)

All types of power tool  
repairs/electrical testing  
& servicing carried out to  
your machines

## T.O.P.L.I.N.E Pest Control Services



ANDY TUFFS  
Tel: 01787 211563  
Mob: 07944 115193

B.P.C.A. QUALIFIED & ADVANCED CERTS

## CARPETS, VINYL AND WOOD LIONEL HATCH FLOORS

YOUR LOCAL PROFESSIONAL FLOORING SPECIALIST

- Choose in the comfort  
of your own home or office
- Free quotes and insurance estimates
- 35 years' flooring experience
- Excellent fitting service

CONTACT LIONEL FOR AN APPOINTMENT  
(DAY OR EVENING)

THE ULTIMATE PERSONAL, PROFESSIONAL,  
COMPETITIVELY PRICED SERVICE

TEL: 01787 374163 MOBILE: 07766 026875

EMAIL: [lionelhatchfloors@tiscali.co.uk](mailto:lionelhatchfloors@tiscali.co.uk)

## SAM'S K9 Services

Experienced dog walker and trainer, good rate, fully  
insured, qualified and have my first aid for dogs.

Not only am I a dog walker but I'm also a qualified dog trainer. I'm  
able to help with a wide range of behavioural and training issues.

My methods of training are up to date and force free. whether you  
need help as a first time puppy owner, or your dog is showing signs

of aggression or you need help with training problems such as

lead pulling

please call me on 07939563282.

## ONLY OIL

OIL BOILER ENGINEERS

Why pay more for your servicing, breakdowns &  
commissioning?

Call us now for a very competitive quote!

NO V.A.T.

Tel: 01787 313250

Or 01473 827792

## Tallulah Tamberine's Treats

Cakes for all occasions designed  
and handmade to order

Nicky Cooley

[www.facebook.com/tallulahatamberinestreats](http://www.facebook.com/tallulahatamberinestreats)  
Edwardstone - 01787 211676 / 07787 124837



## FREE TASTER DAY FOR LADIES AT NEWTON GREEN

Newton Green will be one of the golf clubs across Suffolk promoting a special free taster day aimed at bringing ladies of all ages into the activity.

Promoted via the Suffolk Ladies' County Golf Association, the day is aimed at offering fresh air, friendship, fitness and fun.

More than a dozen clubs across the county are taking part in the event on Wednesday, May 16, with sessions throughout the day and early evening to give both working and non-working ladies the chance to attend.

The tasting experience will include meeting and greeting by playing members, and receiving basic tips from the club's professional staff.

Every participant will have the chance of playing at least one hole, whether it be on the club's short course or at least one of the main holes. All equipment will be provided.

Once players have had a chance to try their hands at swinging a club and being assessed for their skills, they will take refreshments with members able to offer guidance and support on their journey into golf.

After taking part in a session, participants will be offered exclusive coaching and other packages to help get them started in the sport.

Lizzie Johnson, women's captain, commented: "Our ladies' section has been exceptionally successful in recent years. We have managed to achieve this with an inclusive and happy atmosphere across the whole section.

"At the same time, we welcome the involvement of Suffolk so we can move forward in tandem to bring even more ladies of all ages into the sport."

Sessions will commence at 10.30 am, 1.30 pm and 6.30 pm, and bookings should be made through the professional's shop on 01787-313215.

## THE UNDER ELEVENS RED TEAM SPONSOR JACKETS



new shirt sponsor and jacket sponsor for our Under 11 Reds team . The shirt sponsor is 4 Life Landscapes



The back of new jackets sponsor is Anglia Commercial a local company

## BOXFORD ROVER PLAYER SIGNS FOR IPSWICH TOWN SCHOLAR'S PROGRAMME



Local teenager, Alex Henderson, 16, who played for Boxford Rovers in the U8-U10s, has recently been signed to ITFC as one of 12 scholars for the 2018 intake. Alex joined the ITFC academy aged 11, after spending three formative years playing football at school and for Boxford Rovers as centre half. At the official contract signing on April 20th, Alex and the other scholars met current captain Luke Chambers and interim manager Bryan Klug, and the following day were introduced to the fans when they went onto the pitch before the Aston Villa game. Alex has already played several games for the U18s, and was also on the bench for the U23s in their recent match against Barnsley.



On Saturday June 9th at Home fields Mr John Dunne newly appointed manager of Cambridge United Football club who lives in the village will present the boys trophies plus the Suffolk FA Girls development officer Rebecca Bolton will be presenting the girls team trophies