

# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



February 2015  
Vol 15 No2

## MUST THE HEART BE TORN OUT OF BOXFORD?



At a time when our Parish and District Councils have approved an increase in the population of Boxford by 10% the infrastructure is collapsing, our school will be overcrowded and shops are disappearing.

Britain's and Boxfords oldest shop which first opened for business during the reign of Henry V is to finally close after 600 years. Boxford Stores and Post Office has been at the centre of the our village for centuries. Historians have discovered that the post office and stores was originally used as a warehouse for buying and selling wool and fabric as long ago as 1420. Over time it has been a butchers, greengrocers, ironmongers and drapers and since the start of the last century it has been a successful general store and post office. It is vital that the shop should stay open but the shop will close end of January future of the Post Office is unknown.

Hundreds of small businesses operate from Boxford and surrounding villages and they depend on the services of the Post Office for their survival. The nearest other full time post office is at Hadleigh with a part time post office in the Polstead Community Shop. The situation is of huge concern and worry to so many people, not just the prospect of losing the facilities and services themselves, but also the consequential effect on the community, with less places and opportunities for people to meet and bump into each other, which helps keep the heart of the village alive.

### Historical Notes:

As it is a Grade Two listed commercial premises any change of use will have to be approved by Babergh district council who are keen on preserving the character of old buildings. Let us hope they refuse a change of user.

The heavily-timbered building - which has changed little in appearance for several centuries, also contains a remarkable unaltered two-storey barn and there is a door in the shop that is covered in masses of signatures of the people who have worked there over the years.'

Bills from the 1870's show the shop, apart from selling general groceries such as biscuits, cheese from Holland, sugar, loose tea and shag tobacco, was also a thriving hardware business which stocked stoves, brushes, carpets, carriage varnish, shot and hair oil.

In the early 20th century Buck Riddleston - whose family also owned the village garage and the shop in Stone Street extended the range of goods

on offer to include clothes, dresses, shirts, stockings and suspenders.

Known as Bridge House it remains among the most fascinating and beguiling buildings in a county which is justly famed for them.

Riddlestons Garage is also Britain's oldest garage - once run by the same family The Garage opened in 1900 when it looked after steam-driven cars and mended farm carts.

### Thursday 15th January

Post Office Counters have reached an agreement with the present owners of the Post Office (not the shop) for it to remain open until such time as the sale of the premises has been completed. This will give the village and Post Office Counters time to determine it's future. They have however assured the village that whatever the eventual outcome is there will continue to be Post Office Services in the village.



## Box River News

Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR

Telephone: 01787 211507

e.mail: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

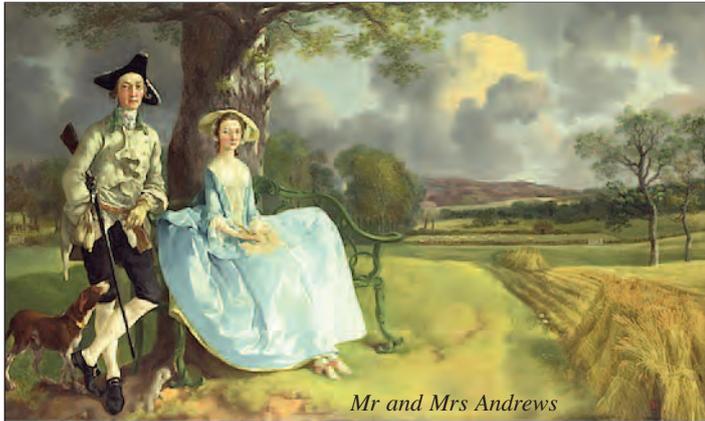
Final date for reserved copy for the March Issue is:

**February 15th at noon**

*Delivered Free* to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Stoke by Nayland, Nayland, Kersey, and parents of children at Boxford School.

## 300 YEARS OF COUNTRYSIDE HISTORY

A Talk by Ashley Cooper



*Mr and Mrs Andrews*

Little Waldingfield History Society was delighted to welcome Ashley Cooper, one of Suffolk's leading arboricultural historians, to the Parish Room on December 10th. On a cold winters evening, a packed house of nearly 60 people were enthralled by his astonishing knowledge of plants, farm machinery, farming methodology and the historical context in which they all sat.

Ashley began with Joseph Andrews, a Sudbury apothecary and botanist whose preserved plant and herbarium collection is the oldest in existence, in the Natural History Museum in London. Andrews was a colleague of John Ray of Braintree, the 'Father of botanic science' and son to Robert Andrews of Sudbury, who was a member of the landed gentry and who, with his new wife, famously figured in the painting by Thomas Gainsborough titled Mr and Mrs Andrews.

Ashley then showed us many images of rare local orchids and other plants, before discussing farming methods and how improved knowledge of horticulture, including different plant varieties and improved drainage, coupled with increased mechanization, dramatically enhanced yields to enable Britain to feed its ever increasing population.

The picture of the day was of an 18 horse team dragging a 'mole plough' through a field – quite an extraordinary site. The plough leg generates vertical fissures in the soil that extend from the surface layers downwards

into the mole channel; this removes water from the surface layers and rapidly transfer it into the drain created by the cylindrical foot at the bottom of the leg. Quite how the team of horses and following machinery was turned at each end of the field remains a bit of a mystery to modern day farmers.

Ashley's story then flowed seamlessly into all aspects of local life, including former brickyards, potteries and limekilns of the Sudbury-Halstead area, local hop-growing and 'straw-plaiting', the immigration of Scottish farmers, the growing resistance to paying 'Tithes' and the recollections of old horsemen, shepherds, threshing contractors and farmworkers.

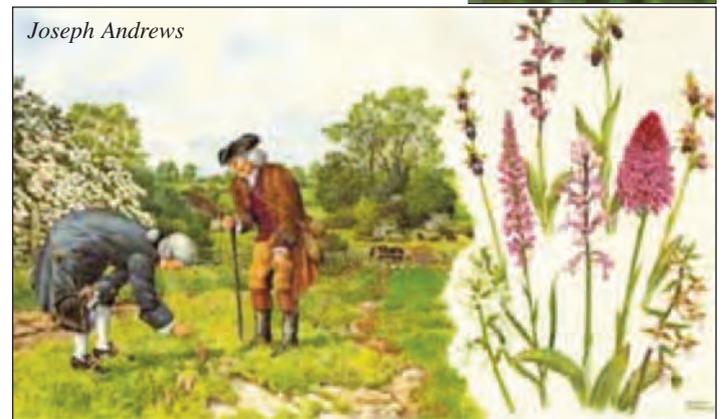
Throughout his talk, which included copious images of local views and other old photos, Ashley kept the audience fully involved and there was much discussion over tea / coffee and mince pies - it really was an incredible tour de force by a most accomplished and authoritative speaker.

Our next event is our annual thank you to members, when Len Manning is sure to enthral us with his war escapades as a rear gunner in that most iconic of WW2 bombers - The Lancaster - absolutely not to be missed.

*Andy Sheppard*



*Military Orchid*



*Joseph Andrews*

# FleeceJazz

at Stoke by Nayland Hotel

## Friday 30 January 8.00 £18 Simon Spillett Tubby's Anniversary

Described by Humphrey Lyttleton as formidable: here with his line up of Britain's finest. Simon Spillett sax, John Critchinson piano, Alec Dankworth bass, Clark Tracey drums. Simon wins awards all over the place, as do his very starry band. I would come to a gig with any one of these guys, but to have all four is magic. This gig celebrates one of the British (and world) greats, Tubby Hayes.

"Those of us who have caught him live...have been left blinking in disbelief. It's not just his mastery of the tenor saxophone, phenomenal though that is, but the absolute conviction of his playing that is so impressive" - Dave Gelly

## Friday, 6 February 8.00, Ticket £16 Tammy Weis

A Fine Canadian singer with a mix of classical jazz standards and beautifully crafted originals. Tammy Weis vocals, Tom Cawley piano, Julie Walkington bass, Dave Ohm drums What a pleasure to welcome back such a stunning singer/songwriter, equally at home with standards and with her own excellent compositions. Other people say..

"Isn't she great! Now there's a vocalist!" - Michael Bubl .

An evening of Canadian cool "with a luscious sound full of feeling" - Julian Joseph. "Not many people reduce me to tears, but Tammy's song about her mother was the most touching I've ever heard, and her voice is beautiful." - Jenni Murray, BBC.

"An engaging live performer with a Peggy Lee-like sense of cool" - Clive Davis, The Times.

## Friday, 13 February, 8.00, Ticket £15 Pete Oxley and Nicolas Meier

Sophisticated jazz demonstrating the qualities that make the guitar duo such a rewarding combination. Pete Oxley guitar, Nicolas Meier guitar. Pete is an Oxford club owner and guitarist. He regularly performs with some of the world's leading jazz artists including Chris Garrick, Gilad Atzmon, Tim Whitehead, Dave O'Higgins, Bobby Wellins, John Etheridge and his own band Curious Paradise. With his unique style that is a blend of Metheny-esque jazz and Turkish inspired world music, Nicolas Meier has toured extensively around the world with his band the Meier Group, sharing the bill with some of the biggest names in jazz including Bill Evans and Brad Mehldau.

The duo comes to the performance with what they hope are the audiences anticipations: to expect the unexpected!

## Friday, 20 February 8.00, £15 Robin Phillips Trio

One of London's top jazz entertainers: he is a singer and pianist of equal distinction. Robin Phillips vocals and piano, Jay Darwish bass, Alex Best drums. Emerging as one of the UK's leading jazz singer pianists, Robin Phillips' passionate performances are as informative as they are engaging and entertaining. With Jay Darwish on upright bass and Alex Best on drums, this young and energetic trio definitely hark back to a golden age of jazz, but their arrangements have a distinctly modern edge

## Friday 27 February 8.00 £15 Josh Kemp Quartet

An acclaimed jazz saxophonist and composer known for his inventiveness, warm tone and lyrical approach. Josh Kemp sax, Pete Whittaker organ, Dick Pearce trumpet, Chris Higginbottom drums.

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

**01787 211865**

All cheques (with S.A.E. please) to:  
Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

## THE FEBRUARY LETTER FROM REV JUDITH

*Dear Friends,*

### Putting their hand to the plough.....

Eddie has highlighted on the front page the closure of the Boxford Stores, the question mark hanging over the future of the post office, and the momentous event of Joy retiring from the Village Stores after so many years.

When the newsagents closed, I wrote in this magazine in praise of those whose hard work and cheerful presence in that shop had made buying our newspapers, magazines, sweets and stationery such a pleasure. Now I have to write again. At the funeral of dear Nick Athorne, who, along with another well-loved resident, Eileen Whymark, will be so sadly missed, we heard a fitting reading for him from Ecclesiasticus, well-known by its first line, "Let us now praise famous men".

In more modern translations, this becomes "Let us now praise famous people", and that is what is needed for my purposes here, because my praise needs to be inclusive of both men and women. The passage goes on, in fact, not just to praise those who are famous, but those whose contributions to life and society, in quieter ways, make them worthy of regard.

Joy, Rhona, Clary, Richard and Sally (but also remembering others working in Village Stores and elsewhere in Boxford) are people who have undoubtedly "put their hand to the plough". They have faithfully worked away, quietly getting on with their jobs day in day out, week in week out, year in year out, keeping us supplied with everything we need, sometimes buying things in especially for us, always with time to listen, and always going the extra mile. They have brought to our ordinary, daily transactions, the personal touch, the human warmth, which so exemplifies small village enterprises at their very best.

"Let us", now, then, not only "praise" them, but also thank them for all they have given us. And let us wish them all good things and all happiness in whatever lies ahead for them in the weeks, months and years to come.

In Newton Church, recently, we held the annual Plough Service, blessing the beautiful ancient plough, which had been duly decorated with ivy, greenery and wheat stalks. Traditionally, this celebration fell on



the next day, known as Plough Monday, and, as Gordon Kennett read to us, it marked the beginning of the

agricultural year. It was also an opportunity for hard-working agricultural workers to go round the parishes asking for money, which they probably sorely needed. There was a mischievous side to it too, though - perhaps an early forerunner of Trick or Treat? Because, if you didn't pay up - at least something - you might be threatened with having your garden ploughed up by the very plough being dragged through the village!

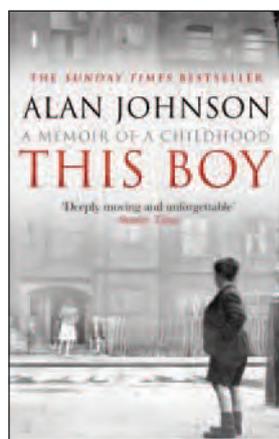
Our agricultural year starts, I suspect, much earlier nowadays, with the sowing of winter wheat, perhaps, or maybe there really is no start at all, just a continuous cycle of working the land to bring us the food we need, in the quantities we need.

But Plough Sunday continues to be relevant as an opportunity to say thank you to God for all the people who make our daily lives possible and comfortable by the work they do. It also reminds us, at any time of the year, to place into God's hands whatever work we do, wherever we do it, and to ask him to use it to benefit, and bring good things into, the lives of those around us.

Blessings, *Rev'd Judith*

## THIS MONTH'S GOOD READ BY JO MARCHANT

### This Boy – A Memoir of a Childhood by Alan Johnson



Alan Johnson entered Parliament as a Labour MP in 1997. He went on to hold several cabinet positions, culminating in Home Secretary, far removed from his long held ambition to become a rock star modelled on the Beatles. 'This Boy' is his memoir of growing up in a one-parent family in 1950's Notting Hill, long before the days of its gentrification.

The Johnson family lived in several condemned slums and he was hungry and cold most of the time, keeping warm under piles of coats where he devoured borrowed books - reading was an early passion. There was no bathroom at home and no running water. He recalls his mother scrubbing his face before he was allowed out. But the streets were no better. This was where he met violence and witnessed racial hatred for the first time, fearing the fate of his coloured friends. His depiction of the rough and squalid London of the 1950s is an important history lesson for us.

There is plenty of humour and wicked fun to enjoy in this autobiography without any evidence of self-pity, bitterness or shame. He is phlegmatic, accepting all that life presented him. There was plenty of love from Lily, his mother, and when she died young, Linda, his sister, still a child herself, took on the onerous mantle of an adult battling against the authorities so that they could stay together. These two ladies are the stars of this book, and it is a touching tribute to them.

In January 2011 when he resigned as shadow Chancellor of the Exchequer it seemed that his public and private life was in tatters. His wife had deserted him and he could no longer concentrate on his political responsibilities.

But this London orphan, former postman, who ended up as a triple Secretary of State has become a best-selling author. His first book 'This Boy' is hugely enjoyable and very readable. It was published in 2013 and went on to win the Royal Society of Literature Ondaatje Prize and the Orwell prize, Britain's top award for political writing. His second volume of memoirs, 'Please, Mr Postman', was published in September 2014. He may not be a pop star but his writing is bringing in plenty of new fans.

## Groton Calendar 2015



Available from

The Fox & Hounds, Groton  
Mary's House, Boxford

Pat Kennedy Scott (tel 210319)

Price : £6.50



- Stop making Excuses ✓
- Take Responsibility ✓
- Make the changes ✓

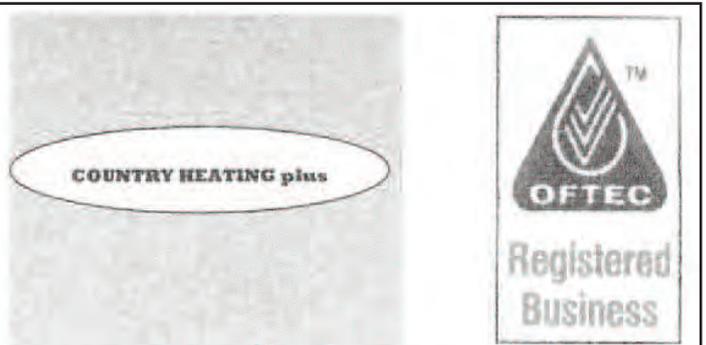
We're here to help, guide and support you every step of the way.

- Back pain and Holistic Healthcare specialist, program co-ordinator: Alexander Dent, B.Sc.(Hons)OST, MAO (manip), Registered Osteomyologist. Direct line 07800 542901
- Hypnotherapy CBT and Mindfulness: Elaine Carpenter. Direct line 07929 744072
- Massage, sports massage and Reflexology: Karen Ann Franklin. Direct line 07772 286106
- Optimum nutrition, metabolic balance program and food intolerance testing: Louisa McKnight, Clinical Nutritionist. Direct line 07772 781010
- Counselling: Pam Evans, B.Sc.(Hons) Integrative Counselling. Direct line 078350414429

Come and visit our new purpose built clinic rooms in the tranquil setting of Kersey Mill. A professional facility set in a historic watermill site just off the A1141 at Kersey.

Call now on **01473 826232** to book your appointment or e-mail enquiries at [holonhealth@gmail.com](mailto:holonhealth@gmail.com)

Natural Health Centre - *healthcare naturally*



**COUNTRY HEATING plus**  
**Oil-fired Boiler Servicing**  
**Maintenance**  
**Breakdowns & Installations**  
[www.countryheatingplus.co.uk](http://www.countryheatingplus.co.uk)

**Mick Dye Tel: 01787 211179**  
**Mob: 07891 867672**

Spend Mother's Day & Easter with *SbN!*

**Mother's Day Lunch**  
 Sunday 15th March,  
 12pm - 4pm  
 Delicious 3-course lunch  
 for just **£22.95pp**  
 Plus a gift for all mothers

**Easter Lunch**  
 Sunday 5th April,  
 12pm - 4pm  
 A delectable carvery lunch  
 for just **£19.95pp**

Call 01206 262836 or email [sales@stokebynayland.com](mailto:sales@stokebynayland.com) to book your table!

Visit [www.stokebynayland.com/news-events](http://www.stokebynayland.com/news-events) for more information!

**OLD BUCKENHAM HALL**  
 An independent day and boarding school for boys & girls aged 3-13

**Spring Events at OBH**

- **Baby & Toddler Group**  
 Tuesdays (term time): 10.30 am – 12.00 noon
- **Piano Recital: Marina Korneva**  
 Friday 6 February 7.30 pm
- **OBH BIG SING: 7 – 11 year olds**  
 Saturday 7 February 9.00 am
- **Combined School Choirs:**  
 OBH Choral Society & School Choir  
 with instrumentalists from Oakham School  
 Thursday 5 March 7.30pm

[www.obh.co.uk](http://www.obh.co.uk)

Tom O'Sullivan, Headmaster, very much looks forward to welcoming visitors to OBH. For further details for any of the above events please visit our website or call 01449 740252.



Left: It was not until February 1952 that mains drainage came to Boxford. The photo, courtesy the Sudbury Free Press, shows the awful mess and traffic chaos surrounding this work.

Below: The Bakers arms in White Street Green in the 1930's

Bottom Left: The Boxford Windmill in Boxford Lane in 1861



## HARE & HOUNDS LEAVENHEATH

why not come and join us on a  
wednesday night for our burger night  
homemade beef burger with bacon &  
cheese and chips  
with any pint for just £8

Happy Hour - Weekdays 5-6pm  
pints from £2.50

please check website or facebook for  
other upcoming events and quizzes

### OPENING HOURS

tuesday, wednesday, thursday 12 - 3pm & 5 - 11pm  
friday & saturday 12 - 11pm  
sunday 12 - 10pm  
closed all day monday

### FOOD IS AVAILABLE

tuesday - saturday 12 - 2pm & 6 - 9pm  
sunday 12 - 3pm



[www.hareandhoundsleavenheath.co.uk](http://www.hareandhoundsleavenheath.co.uk)



01787 212396

## LIVE MUSIC

in The Guild Room  
at  
The Fleece, Boxford

Info & tickets:

[www.boxfordfleece.com](http://www.boxfordfleece.com)

Join our mailing list:

[fleecefolk@gmail.com](mailto:fleecefolk@gmail.com)



SUFFOLK'S

Favourite music venue at the Fleece

HISTORIC MUSIC VENUE



Our medieval Guild Room venue  
with a stunning arched ceiling is  
upstairs at the Boxford Fleece.  
This C15 Coaching Inn sells  
plenty of local real ale and  
wonderful food. Book well in  
advance on FleeceFolk nights.

### KIMBER'S MEN

30th January - Music Starts  
8.30pm - Tickets £11

### KRIS DREVER & BOO HEWERDINE

Fantastic Folk duo of  
the highest standard!  
18th April. Music starts 8.30pm.  
Tickets £15



We also have regular folk nights -  
open to all to play, sing, listen, jig,  
dance and be merry.

See [www.boxfordfleece.com](http://www.boxfordfleece.com) for info.



Tel. 01787 211183

# Hair-free, Care-free...

Valentine's Day is right around the corner and am I right in saying there's a pair of unshaven legs or hairy armpits lurking beneath your clothes right now?

You're not alone. For most of us, there is little incentive to keep our bodies hair-free during the winter months when we keep covered up.

But Spring is on its way, romance is in the air and now is the time to get rid of that unwanted hair in time for summer.

Waxing lasts 3-6 weeks, far longer than shaving, and leaves skin silky smooth. Regular treatments will gradually make hair finer and softer, diminishing growth.

***This month, get 3 areas waxed for the price of 2 at Suffolk Medical Clinic.***

*Spring Waxing Special ...*

***3 for 2  
on all waxing\****

***Call: 01787 211 000 to book***

*\* Have 3 areas waxed for the price of 2 (cheapest area free)  
Offer valid until 28/02/2015.*



Caring for you and your skin

Suffolk Medical and Beauty Clinic

Clinic led by qualified medical professionals in our Care Quality Commission registered and approved Beauty and Aesthetics clinic

- Anti-wrinkle Injections and treatment for Excess Sweating
- 3D - LipoMed for fat reduction and body sculpting
- Dermal Fillers (Juvéderm® ULTRA, Radiesse®, Belotero, Teosyl, Restylane)
- Laser Skin Rejuvenation for leg and facial thread veins, rosacea, pigmentation, sun damage, acne scarring and age spots
- Medical Microdermabrasion, for skin brightening and treating open pores
- Chemical Medical Peels for skin resurfacing and treating pigmentation/sun damage
- EndyMedPro® Radio frequency Fractional Skin Resurfacing for skin lifting, firming and tightening
- IPL Permanent Laser Hair Reduction
- Beauty therapy treatments

Practising Partners: Dr Anthony O'Neill MB, BS & Jenny O'Neill RGN



Reg No. P040002145

For further information or to arrange a personal consultation please call **01787 211000** or email [info@suffolkmedicalclinic.co.uk](mailto:info@suffolkmedicalclinic.co.uk) Suffolk Medical Clinic, 6 Broad Street, Boxford, Suffolk, CO10 5DX

[www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)

# Boxford School News

May I begin this news by wishing all of the readers of The Box River News a very happy, prosperous and healthy new year from the staff and pupils of Boxford School.

The end of last term was, as always a very busy one for us all as we celebrated yet another Christmas. The festivities began with the annual FOBS Christmas Fair and as usual it was very well attended and much enjoyed by all. In total we raised over £2,000 which we will be using to support many different school projects and activities. I would like to say a big thankyou to everyone who supported the event and to FOBS for all their hard work in organising and running such a successful afternoon.

Many of you will be aware that following my shoulder operation I was off work for much of the Autumn Term so it was nice to be able to come along and enjoy the end of term concerts/shows without the pressure of being involved. It was a real pleasure to watch all of the children perform with such confidence and obvious pleasure. The nativity shows by our Foundation Class and our younger classes were delightful and the concert in the village hall simply stunning. Congratulations to all of the children and staff for putting on such enjoyable and polished performances. At the end of each production we held a collection for the SESAW animal welfare charity in Leavenheath and I am delighted to be able to report that we were able give them £300 to support the wonderful work they do.

This term is an important one for everyone as we begin the build-up for this year's end of year assessments and tests. Increasingly these tests are being used to judge our schools and the pressure on everyone to ensure that our children achieve certain externally set targets in a very narrow range of subjects is immense. Whilst we are doing everything we can to ensure our children are able to do their best we will also be working very hard to make sure that the children continue to receive a balanced and exciting education, something that is becoming increasingly difficult to do in the current educational climate.

Finally it is always good to receive news of ex-pupils and I was delighted to hear that Sebastian Marshall who attended Boxford has just been offered a place at Cambridge University, a huge achievement I am sure you will agree. My congratulations go to Sebastian for what is a fantastic achievement.



Above: Angels from the nativity play and below: Three Kings from 'The Bossy King' performed by the foundation year class at Boxford CEVC School. "Congratulations to all of the children and staff for putting on such enjoyable and polished performances".



## FEEDBACK FROM JAMES FINCH

Your Suffolk County Councillor for the Stour Valley

### > Young People Caught in Ipswich Truancy Sweep

49 young people were found truanting from school on one day in mid-December, during a community operation carried out by SCC's education welfare officers and Suffolk Police in Ipswich town centre and the surrounding areas. As a result, two young people were immediately returned to school and a further nine students will be issued with fixed penalty notices for being out of school without authorisation. This sweep was part of a series of on-going operations aimed at tackling truancy and ensuring children are in the safety of a school or learning environment during term time.

### > New gritters join Suffolk highways' winter response

Nine new Econ gritters have been purchased in the last few months to replace ageing ones in SCC's highways fleet. On top of this, a further 29 gritters have been upgraded since the contract between Kier MG and the county council began, significantly improving the winter service provided across the county. SCC's highways team has 39 gritters, each with an attachable snow plough and three mini-gritters which are designed for areas with weight restrictions, such as bridges. There are 112 operators ready to help keep the county moving when temperatures drop and when there is snowfall. Suffolk Highways know how important it is to keep Suffolk moving during the cold winter months. The purchase of these new gritters is a sign of our determination to do all we can to ensure this happens.

### > Parents urged to have their say on school admissions consultation

SCC is seeking views on its proposed admissions policy for the 2016/17 school year; ensuring school places are offered to children in a fair way. The consultation, which was launched at the end of December, will run until Friday 27 February 2015. There are a number of proposals for changes in admissions for the 2016/17 school year; including the introduction of a second round of admissions for the normal year of entry to a school. This will be for late applications made after the closing date and before the offer date, when no previous application has been made or where exceptional circumstances apply; and allowing a maximum of three live preferences for the normal year of entry at any one time. To view the consultation documents and to have your say on the proposals, please visit [www.suffolk.gov.uk/consultations](http://www.suffolk.gov.uk/consultations), alternatively you can write to Georgina Beard, Suffolk County Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX or email: [admissionsconsultation@suffolk.gov.uk](mailto:admissionsconsultation@suffolk.gov.uk)

### > Pioneering scheme will keep people warm this winter

Help is at hand to keep Suffolk people warm this winter thanks to the Warm Homes Healthy People scheme, which makes it cheaper for vulnerable people and families to stay warm over the colder months. Each winter, one older person in the UK dies needlessly every seven minutes from the cold – that's 200 deaths a day that could be prevented. Keeping warm in the colder weather is essential to prevent colds, flu and more serious health conditions such as heart attacks, strokes, pneumonia and the consequences of falls. To self-refer to the project, eligible Suffolk residents can contact 0845 037 686 for free advice and support. GPs and other health professionals can refer people by secure email [warmhomereferrals@suffolk.gcsx.gov.uk](mailto:warmhomereferrals@suffolk.gcsx.gov.uk)

### > Suffolk County Council leads calls for greater mobile phone network coverage

As part of its drive to support economic growth and improved infrastructure Councillors led calls at the Council meeting on 18th December for mobile network providers to deliver greater coverage across the county. A motion at the council meeting was unanimously agreed. I was particularly thinking of Boxford as I took part in this debate. A Suffolk-wide forum will be led by SCC representatives to push the campaign forward. The forum plans to approach the Secretary of State for Culture, Media and Sport to raise this issue and host meetings with businesses and members of the community to hear their views.

### My priorities for Suffolk

Education - Supporting Vulnerable People - Jobs and Growth  
Localism and the Stour Valley - Building on Suffolk's Strength – all underpinned by strong financial management and low council tax

## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## NANOOK's Christmas shop window display wins prize



Above: Mayor, Robert Spivey presenting the Art students with the certificate

### Sudbury's Mayor and Mayoress congratulate Thomas Gainsborough School on their stylish design for NANOOK's Christmas shop window display

November was a very busy time for a group of Year 11 and 12 Art students at TGS as they embarked on designing and creating the Christmas window display for NANOOK, the ladies boutique in Friars Street, Sudbury.

The students worked tirelessly for many days even dedicated time at the weekend to create the decorations and dress the windows, which also featured photography from TGS students.

The unveiling event was attended by the students and their families, the local press and Sudbury's Mayor, Robert Spivey, along with the Mayoress, who congratulated the students on their efforts.

Corinna Green, the owner of NANOOK, who had approached TGS with the community project, was absolutely delighted with the results.

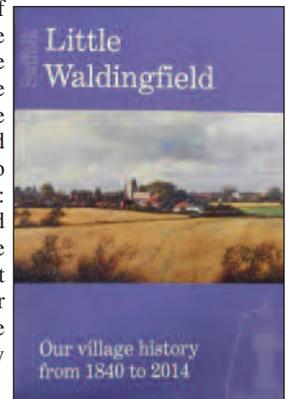
The display was entered into the Sudbury Christmas Window Display competition, as voted for by the public, and everyone was very proud to come second place! A very big thank you to everyone who voted and especially to the very talented students at TGS.

## £5,000 FOR ST LAWRENCE CHURCH



Above: the authors (from L to R), Dennis Duffy, Sue Sheppard, Andy Sheppard, Diana Langford and Susan Moore, presenting the cheque to Rev Judith

Sales of a book on the history of Little Waldingfield from 1840 to 2014 have already made more than £5,000 for the village's St Lawrence Church. Sales of a book on the history of Little Waldingfield from 1840 to 2014 have already made more than £5,000 for the village's St Lawrence Church. After the Little Waldingfield carol service the authors, members of Little Waldingfield History Society, presented a cheque to rector the Rev Judith Sweetman, who said: "We are thrilled to receive this and congratulate everyone involved. We have just had some essential repairs costed at about £10,000, so to have half of it paid for already is a real Christmas present." The book, priced £18, is available from Andy and Sue Sheppard on 01787 247980.



## Boxford Community Council

# BOXFORD TEA TOWELS



What would be a better gift or accompaniment to a gift than a Boxford Tea Towel.

These are nicely manufactured from top linen quality and printed with scenes from Boxford village together with the Boxford village sign.

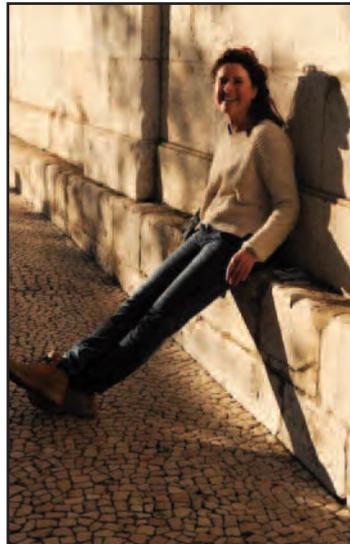
They sell at £3.50 each or 3 for £10 and are on sale at

**Boxford Post office.**

Proceeds from the sales go to Boxford Community Council and ultimately back into the local community via grants

## GIRL FRIDAY No job too trivial!

PERSONAL  
ADMINISTRATION  
DIARY MANAGEMENT  
EVENTS / TRAVEL  
PLANNING  
DOG WALKING / PET  
SITTING  
FREEZER FILLING FOR  
BUSY MUMS  
DRIVER / ERRAND  
RUNNING



Bex Morrison-Corley has worked for over ten years in London as PA / Production Coordinator in the television, film and theatre industry for Chairman's and Artistic Directors. She has recently returned to Suffolk to dedicate more time to writing children's books, the first of which is currently being considered by agents.

For references, a current CV or to talk through any professional / domestic way in which Bex might be able to help please email her on - [bexmc21@gmail.com](mailto:bexmc21@gmail.com)

Rate £12 per hour  
Available Thursday – Sunday

# IS THIS WHAT WE ARE VOTING FOR NEXT MAY!!

We elect Members of Parliament to represent our interests and concerns in the House of Commons. MPs are involved in considering and proposing new laws, and can use their position to ask government ministers questions about current issues.

They split their time between working in Parliament itself, working in the constituency that elected them and working for their political party.

When Parliament is sitting they generally spend their time working in the House of Commons. This can include raising issues affecting their constituents, joining in debates and voting on new laws.

OK, so where are they then. PMQ's is the only time you can expect to see your MP in the House so how is it possible to hold a proper and effective debate on important subjects and if they are not there how can they express theirs or their constituents views.

Surely MP's should be compelled to take part in debates and express the views of their constituents and not just do as the party whips tell them.



## The Boxford Study Centre Presents

A five-week Spring lecture course by Roger Cooke

# The Representative of the People

## The History of Parliament from 13<sup>th</sup> to 20<sup>th</sup> Century

On Tuesday afternoons this spring:

- 3<sup>rd</sup> March: Birth to Childhood – Medieval Origins
- 10<sup>th</sup> March: From Near Death to Certain Life
- 17<sup>th</sup> March: The Crisis of the Early Stuarts
- 24<sup>th</sup> March: The Glorious Revolution
- 31<sup>st</sup> March: Reform Acts from 1832 to 20<sup>th</sup> Century

Venue: Groton Village Hall, starting at 2.30pm  
Email: [jo.marchant@virgin.net](mailto:jo.marchant@virgin.net)  
Fees: £35 for the course, payable at the first lecture, or £8 for individual lectures



Roger Cooke was deputy head at Bishop Stortford High School. He has an MA in 18<sup>th</sup> century political history and has spent the last 10 years lecturing to WEA history groups.

New members welcome – just turn up for the lecture and enjoy a free cup of tea in the break!

# Computer Care

**"NEW" HOUSECALL REPAIR SERVICE**

**COMPUTER VIRUS REMOVED!!**

**BY V-EXTERMINATOR LTD SINCE 2007**

**NOW £45.00 WITH FIRST HOUR INCLUDED !!**

**TEL: 01787 370397**

ECO-FRIENDLY

## HARDWOOD BRIQUETTES

For multi-fuel & wood burning stoves, open fires, chimeneas etc.

PRESSED FROM 100% NATURAL WASTE CHIPPINGS WITH NO ADDITIVES. VERY HOT BURNING, LITTLE ASH, NO SPARKS OR SPITTING. LOW MOISTURE CONTENT & LOW TAR LEADING TO CLEANER CHIMNEYS. CONVENIENTLY PACKAGED IN BAGS OF approx. 10kg.

10kg bag - £2.50

100kg - £22.50

500kg - £100.00 with free delivery

within 6 mile radius of our workshop. Free sample bag available.



**Call 07825777887 or 07941129982**

Polstead Joinery

## The Red House

RESIDENTIAL HOME

A Beautiful Georgian House set in lovely mature walled gardens, in a quiet area near the centre of Sudbury.

- 34 Rooms some en suite
- Call Bell System
- 24 Hour Care
- All Diets catered for
- Non Smoking
- Respite Care Available



Meadow Lane, Sudbury, Suffolk CO10 2TD - Telephone: 01787372948  
www.theredhouseresidentialhome.co.uk Manager Carol Vaughan

## Todds Removals

& Todd Storage

a reliable local service you can trust

Removals  
Storage  
Packing materials

Packing service  
UK, Europe and beyond  
Home or Business

### Moving?

Call us on 01787 377489



# The Edwardstone White Horse

Cycle here : Walk here : Drink here : Eat here : Stay here

## Winter Beer Fest 13<sup>th</sup> – 22<sup>nd</sup> Feb

Loads of excellent real ales from far and wide, Belgian draft beers, Belgian bottled beers, Real Cider, Live Music, Great Food & Camping available!

**Fantastic golden ales available at some point late January/February!**

- **Dark Star:** Hophead & Hophead Vic Secret
- **Mill Green:** Massachusetts & Loveleys Fair
- **Crouch Vale:** Brewers Gold
- **Adnams:** American Pale Ale
- **Hawkshead Brewery:** Windermere Pale.

### Steak Night!

Every Friday For just £14.95 with a pint or glass of wine

### Live Music - Feb

**Acoustic Folk Night**

Weds 11<sup>th</sup> 8.30pm

**Electric Blues Night**

Weds 25<sup>th</sup> 8.30pm

## MILL GREEN BREWERY

Award winning beers brewed on-site. We always have a number of MGB ales. **Keep your eyes open for these this Feb:**

- Tornado Smith
- Obama Stout
- Loveleys Fair
- Massachusetts
- Suffolk Saison
- Mad Old John
- Green Goose



Buy from us direct for parties, weddings etc on 01787 211118.

## Bangers & Mash Night!

Every Wednesday evening our fantastic rare breed pork sausages & a pint for just £8.95.

**Normal Opening Times:**

Monday-Thursday  
12 - 3 & 5 - 11/12  
Friday, Saturday,  
Sunday: 12 - 11/12

**Food Serving Hours:**

Tuesdays to Friday:  
12 - 2.30 and 6 - 9  
Saturday all day 12 - 9,  
Sundays all day 12 - 8.

**The White Horse has a lot to offer:**

Private parties, weddings, walking groups... You name it we can cater for it.



www.edwardstonewhitehorse.co.uk - 01787 211211

## FATHER CHRISTMAS CAME TO BOXFORD



The Christmas 2014 Santa Run organised by the Boxford Community Council together with the Sunnies, the fundraising wing of the Sunflowers, collected £463 for distribution between the two organisations.

## NICK ATHORNE RIP



Nick Athorne, good friend and contributor to the Box River News sadly died in Colchester Hospital at 4.30pm on 2nd January following a third stroke.

"The world has lost a gentleman, who had a heart of gold, a determination to do as he pleases, the bluest of eyes, the strongest of will to get up when you've been knocked down, horrendous colour coordination and a slight sweet tooth." *Charlie Athorne*

His life was celebrated in a service held on Tuesday 13th January 2015 at 2.00 pm in St Mary's Church Boxford.

Hear Nicks Story at <https://www.youtube.com/watch?v=OdgoX1GBo44>

## Mill Kitchens Ltd.

A Family Company (Est. 1976)



We are a traditional family company, and we take pride in the quality of service we give to our customers.

We offer a wide range of kitchens, bedrooms and bathrooms, individually designed to suit your requirements.

From bespoke cabinets made to order in our own workshop, superior quality 'off the peg' ranges in a wide variety of styles, to our extensive made to measure replacement door selection.

We offer our customers a free design and estimate service and our 'Lifetime Customer Care Promise'.

### Our Workshop and Showroom are at:

Unit 4, Crestland Business Park, Bull Lane Ind. Est., Acton, Sudbury CO10 0BD

Office/Fax: 01787 310533 Workshop: 01787 315588

[www.MillKitchens.moonfruit.com](http://www.MillKitchens.moonfruit.com)

## Precision Admin

Do you need to outsource your business administration so that you can concentrate on more important tasks and focus on the things you do best?

With over 15 years experience working as a PA, I offer the following business services;

- Project management
- Expense Accounts
- Mail Merge/Mail Shot
- Data Entry
- Internet Research
- Travel Arrangements
- Email Management
- Copy Typing
- Audio Typing
- Word Processing
- Meeting Arrangements
- Diary Management

For further information please contact Laura at [lauraleeder.pa@gmail.com](mailto:lauraleeder.pa@gmail.com) or telephone 01787 210990.

## SISTERS TAKE OVER THE 'KERSEY BELL'



Janet Woollard and Wendy Green are 2 sisters who have recently taken over 'The Bell' at Kersey

This is a new venture for both of them as they have never had a pub before and said "We are extremely happy here and have been overwhelmed with the support of locals and visitors since we took over this beautiful 14th Century Pub on the 17th November last year."

Their new menu is now out and has lots of new dishes as well as a few classic pub favourites. They now have curry night on Tuesday's and pie and pudding day in Wednesday. For Sunday lunch there are three roasts Beef, Pork and Lamb. Our website is under construction and we are looking to introduce a quiz night very soon.

Valentine's menu will be out very soon and we are taking bookings now.



### Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## NICK COX

WEALTH MANAGEMENT CONSULTANT



A wealth of expertise on your doorstep

I provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact Nick Cox on

**Tel: 01787 210339**

Email: [nicholas.cox@sjpp.co.uk](mailto:nicholas.cox@sjpp.co.uk) Website: [www.nickdcox.co.uk](http://www.nickdcox.co.uk)

# NEWS FROM CLUBS AND ORGANISATIONS

## Little Waldingfield Distribution

I am looking for one or two people to deliver copies of the Box River News to the houses in the Street in Little Waldingfield. If you can help. Please get in touch with me. Betty Rattee, 2 Grove Avenue or telephone 01787 247528

## Boxford Allotments

A couple of months ago, Karen Coleman joined the Playing Fields Committee. A fairly new allotment holder herself, Karen has kindly agreed to be the Boxford Allotment representative on the committee, taking up a vacant position. This is very welcome.

Karen has updated the committee's plan of the allotments and the list of holders. She is maintaining a waiting list of those who wish to keep an allotment in the future. Generally, the standard of our allotments is very high indeed and it is in everybody's interest to support the majority of very keen gardeners by making sure that all the plots are used and regularly tended.

Give Karen a call on 01787211541 or send an email to her at [k.coleman105@btinternet.com](mailto:k.coleman105@btinternet.com) if you wish to join the waiting list or if you are an existing holder and wish to hand on your plot.

David Burden Chairman Playing Fields Committee

November 21st saw eighty Distributors and Contributors to the Box River News together with collectors of the Boxford Bounty, enjoy a social evening in Boxford Village Hall.

The evening was organised to say a big thank you to all those members of the Box River Benefice who contribute so much of their time to make the Box River News such a successful monthly Community News magazine

## Footpaths

Please will riders of horses and bikes refrain from using public footpaths in the area.

Footpaths are quickly deteriorating and showing holes and broken edges from the hooves of horses while bikes leave permanent ruts that are quickly filled with water.

This results in the walker being left to stumble and trip in the soggy ground for a long time after these people have left the scene.

## Sand Hill

The application by Suffolk Housing Society for 20 affordable homes and five open market homes built on the Sand Hill site has been approved by Babergh District Council

At a planning committee meeting at Babergh District Council planning permission was granted subject to a section 106 obligation and several conditions, including time limit, building materials and water drainage provisions.

The proposal was met with several objections because of claims it would cause harm to a designated heritage asset. Babergh District Council's corporate manager for heritage objected to the design on the grounds that it neither preserves the character of the conservation area or adds to the distinctiveness of the village.

There were further objection from Suffolk County Council because of the lack of available places at Boxford Primary School. A request for a contribution of £73,086 for improvements to the school has been made under the section 106 agreement.

Babergh District Council's corporate manager for strategic housing, Julie Abbey-Taylor, supported the plan, stating that the village desperately needed more affordable housing. Similarly, both Boxford and Edwardstone parish councils supported the application due to the lack of affordable housing in the area.

Boxford Parish Council chairman Julian Fincham-Jacques said the scheme was good news for the village. The parish council, was pleased to be notified of the decision and will look forward to working closely with the developers to ensure there is minimal disruption to neighbouring properties once work on the site commences."

## BOXFORD BOUNTY

The time of year is with us once again, for the Boxford Bounty collectors to come knocking at your door asking for your continued support.

The local lottery for Boxford Benefice, the Bounty provides financial support for many local groups and interests. The following groups have benefited from direct grants in the past few years:

1st Boxford Brownies	1st Boxford Guides
Boxford Netball Club	Carpet Bowls Club
Edwardstone Village Hall	Breast Cancer Care
Ladies Bowls Club	Over Sixties Club
Boxford Tennis Club	Boxford Spinney
Edwardstone Mill Green Trust	
Friends Of Boxford School	
Sunflower Playgroup	BoxRiver Club
Bowls Club	Boxford Playingfields
Boxford Village Hall	Boxford Rovers
Boxford United Charities	1st Boxford Scouts
Boxford Cycle Club	

Tickets are available at a cost of £10.00 per year, which guarantees entry to six draws.

The prizes for each draw are:

1st Prize £ 160

2nd Prize £ 75

3rd Prize £ 30

4th Prize £ 15

If you would like to buy a ticket for the Boxford Bounty and have not been visited by a collector please apply directly by sending a cheque made payable to BOXFORD COMMUNITY COUNCIL to the following address: Boxford Bounty, 39, Daking Ave, Boxford, Sudbury, Suffolk, CO10 5QA

Or ring Mark Miller on 01787 211596

e-mail [mark.miller@talktalk.net](mailto:mark.miller@talktalk.net)

and we will arrange a call from your local collector.

### COLLECTORS NEEDED

If you have an outgoing personality, love walking, enjoy meeting people and would like to do something to support the community please contact Mark for further details.

The Boxford Bounty is organised on behalf of Boxford Community Council registered charity No 304862

## Sunflower Child Care

We have enjoyed a busy autumn term and have welcomed a number of new children into our Pre-School and Breakfast & After School Clubs.

During the spring term the Pre-School children who are moving onto Boxford Primary School in September will be having weekly visits from the school's reception teacher and in the summer term they will start their transition visits to the reception class. Due to having lots of new starters in our Pre-School, we would urge you to register your interest with us if you would like your child to join us.

As with our Pre-School, our Breakfast & After School Clubs continue to be very popular. If your child attends Boxford Primary School and is registered with us you will be able to book them in with us on an adhoc basis if required. We will be running a movie themed Holiday Club during the February half term, Monday 16th-Thursdays 19th February from 9am-4pm each day. If you book your child in by 7th February, the cost will be £15 per child per day (£17.50 if booked after this date). We have already received a number of bookings for this so it's best to book early!

For further information about our holiday club, please contact us on:

Phone: 01787 211363 Email: [info@boxford-sunflower.co.uk](mailto:info@boxford-sunflower.co.uk)

## ARE YOU SOMEONE WHO IS LOOKING TO HELP YOUR COMMUNITY IN A PRACTICAL WAY? IF SO HERE IS AN OPPORTUNITY IN WHICH YOU CAN BECOME INVOLVED.

BOXFORD VILLAGE HALL MANAGEMENT COMMITTEE IS LOOKING FOR AN HONORARY TREASURER TO REPLACE THE CURRENT TREASURER WHO WISHES TO CEASE HIS DUTIES AT THE END OF AUGUST 2015. IF YOU WOULD LIKE TO KNOW MORE ABOUT WHAT IS INVOLVED THEN

PLEASE CONTACT:-

**DAVID HOUSE -**

**TELEPHONE NO. 01787 210918**

## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## Wot's On

### BOXFORD GARDENING SOCIETY

Unless otherwise stated, meetings take place on the FIRST Tuesday of the month at 7.30 pm in Boxford Village Hall and guests (£5 each) are very welcome. See this month's ad. Just turn up.

#### Monks Eleigh Whist Drives 2014-15

Come and join a group who play whist every third Monday of the month in Monks Eleigh Village Hall. We play 12 hands, refreshments are provided and we have a raffle.

We aim to have a social game of cards and a fun evening so beginners to experienced players are welcome.

Dates: 15th January 19th February 16th March 16th

#### LITTLE WALDINGFIELD VILLAGE WALKS

We meet at the Pavilion on the Playing Field at 10.00. a.m. on the first Sunday of each month. Walks usually take an hour to an hour and a half but there are opportunities at various points for people to return by shorter routes. Walks finish at the pavilion where light refreshments are provided. Anyone may make a donation to the Playing Field funds before, or after, the Walk.

#### Little Waldingfield Parish Room

Our next Quiz Night will be a bit special. It is on the 14th February, so perhaps Mary will think up few romantic questions. As numbers are limited, please book early to avoid disappointment.

After last year's success, on 11th April we will have another Themed Supper. The theme will be announced later.

#### Newton Village Hall Events REGULAR EVENTS:

Monday mornings (term time only) : Yoga class (phone Sophia on 313662 for details)

Monday and Thursday evenings : Highway 12 Western Partner Dance Club (phone Chris on 371006 for details)

Tuesday evenings: JT Steppers Line Dance Club (phone Jean on 377343 for details)

Friday afternoons: Art Club ( phone Anne on 312346 for details)

Friday evenings : Sudbury and District Wargames Club (phone Brian on 312160 for details)

#### The Tower of London -

##### A History of England with Roger Mannion

Stoke-by-Nayland WEA presents a series of 10 Lectures starting on Thursday 22nd January 2015, in Stoke-by-Nayland Village Hall at 7.30 pm

Following the 1066 Norman invasion William the Conqueror established the Tower in 1078 as his London stronghold. From then until the present time the Tower of London has been intimately involved with the story of English History, it has been a fortress, palace, prison, armoury, place of execution, zoo and mint. It has served successive monarchs from 1078 until the present time. The Tower has been at the epicentre of dramatic, bloody and frequently cruel events for almost a thousand years.

We shall examine the changes to the Tower and the famous inmates, from the Bishop of Durham in 1101 to the future Queen Elizabeth I, Thomas Moore, Anne Boleyn and Jane Grey, Samuel Pepys, Oliver Cromwell, Rudolf Hess and the Kray twins to name but a few. Also in the light of recent discoveries we will review the fate of the Princes in the Tower.

Roger Mannion has been a tutor for the WEA for nearly 11 years. He is a retired naval officer with a strong interest in history and has formally trained to teach adults. Roger's family has a tradition of observing the Ceremony of the Keys at the Tower, his grandfather, his father, he himself and now his son have all been part of this historic event which has continued at the same time nightly for the last 700 years.

Fees: Adult £48 (payable after the first lecture). Come to the first session or please contact Sue Whiteley for further information. Phone: 01787 210945 or email: whiteleysa@hotmail.co.uk

#### What's On in Sudbury

The New Year is an ideal time to try something new; if you have not been to Gainsborough's House recently then the current exhibition focuses on late 18th and early 19th century caricature. Although attitudes have changed, human nature has not and there are some wonderful parallels between then and now. Samuel William Fores, Satirist: Caricatures from the Reform Club exhibition is on until the 22nd February.

The Quay Theatre has something for everyone;

The Kingfisher Leisure Centre has a wide range of classes in the pool or in the gym and has something to fit everyone whatever their age or ability.

Sudbury has great walks and leaflets detailing what to look out for are

BOXFORD  
GARDENING SOCIETY

Harriet Holt

## GROWING FLOWERS FOR CUTTING



Tuesday 3rd February  
at 7.30pm

available in the Tourist Information Centre. Whether you want to walk round the water meadows on Gainsborough Trail which is just minutes from the town centre or stay in Sudbury town centre, there is a walk which will suit you. The Suffolk Threads Heritage Trail, which is a walk celebrating of Suffolk Wool Towns or The Talbot Trail which follows the sculptures depicting Sudbury's Heritage, these are a great way to find out more about this ancient market town.

To find out more and for a full list of all the events visit the Sudbury Tourist Information Centre located in the library or a list of events can be downloaded from [www.sudburytowncouncil.co.uk](http://www.sudburytowncouncil.co.uk)

Jane Hatton Sudbury Town Team

#### Milden Singers

It was a full house for both performances of 'Hits from the Blitz' at the recent nostalgic concerts. With songs, poems, sing-a-longs and memories both young and old enjoyed the music of Glenn Miller, The Andrews Sisters, Dame Vera Lynn to name a few and the memorable solo 'Under the Bed' which filled the hall with laughter A staggering £1011 was raised for Milden Pavilion with a donation of £308 to Help for Heroes from the raffle.

There will be a 'country feel' at their next concerts on Friday 8th and Saturday 9th May and you will be able to enjoy a duet from Milden's very own Dolly and Kenny! Milden Singers meet every Monday evening at Milden Pavilion, for more information please call Pearl on 01449 741876 and more men are always needed!

**Milden Pavilion and Playingfield Annual General meeting** Tuesday 17th February 7.30pm at Milden Pavilion. The position of Secretary is available, there are approximately 4 meetings a year should you be able to help.

#### Stoke by Nayland Hotel

##### Saturday 14th February – Mad Hatter Tea Party Ball

A zany alternative to your standard Valentine's night out. Come along to our Alice in Wonderland themed ball and enjoy a live band (Jukebox Fury) and a delicious 3-course dinner. Tickets cost £42.50pp! Call 01206 265837 to book.

##### Sunday 22nd February – Supper Club: 'The Spice Route' (North

Africa to Turkey). The second in our series of exclusive dining experiences hosted by the Lakes Restaurant. Tickets cost just £39.95pp. Call 01206 265837 to book.

# Wot's On

## Little Waldingfield History Society

### Programme of Events - 2015

**218th February** Pip Wright, The dissolution of the monasteries. Enjoy the economic jiggery-pokery of 16th century life & hear how Suffolk's up and coming young men made their fortunes Parish Room 7.30.

**18th March** - Ship of Dreams by James Hayward, The stories of Suffolk people connected to the Titanic.

**15th April** - Youth must have dalliance by Sarah Doig A romp through Henry the Eighth's life through the eyes of his wives and mistresses. All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.

Please book & pay in advance to guarantee your place, as seats are limited.

Booking Secretary: Diana Langford, Pitt Cottage 01787 248298

Tickets, Members £2.00 Non Members £4.00

Membership of LWHS costs £10.00 per person pa and entitles each member to the following benefits:

- Reduced price entry to LWHS events;
- Access to exclusive LWHS member events;
- Access to Suffolk Local history and other local events;
- and • Access to the Suffolk Review.

## Pancake Lunch

Tuesday February 17th 12.30 at Mary's House, Swan street, Boxford As usual, to mark Shrove Tuesday Groton PCC will be serving up pancakes at lunch time with a good variety of both savoury and sweet fillings, and all at a very reasonable price, so please do join us in Mary's House for your lunch on Shrove Tuesday, we will look forward to seeing you.

## Yoga classes

Running Thursday mornings 9.00-10.00am and evenings from 5.45-6.45pm at Boxford Village Hall.

Come and enjoy an hour of stretching and relaxation. All levels welcome. To book a place call Marianne Marshall (trained Alexander Technique teacher and British Wheel of Yoga) 01787 210323 or email [marianmarshall@fastmail.fm](mailto:marianmarshall@fastmail.fm).

## Boxford Drama Group

What malevolence prowls in the darkness of a cold winter's night? Imagine the horror if the night never ends.

This nightmare becomes a reality for two couples who gather at a cottage for a birthday celebration. Little do they know that they have awoken an evil that has waited over two hundred years for this night and that their revelry will soon be replaced by unnatural and terrifying events. The night's end can only come when evil brings it to a chilling and violent conclusion.

Haunted, by Michael Munn, is Boxford Drama Group's next production for March. It is designed to be terrifying and to shock. There are moments of strong violence and is not for the faint hearted or the squeamish, and is not suitable for children. The performances are on Thursday 12th, Friday 13th and Saturday 14th March at 7.30pm. Tickets are £13.00 with a meal and there will be a licensed bar.

Due to the recent developments with some of the retail shops in Boxford tickets will not be available through our usual outlet. Therefore to obtain your tickets please call in to 'Mary's House' Swan Street Boxford between 9.00am to 11.00am every Saturday from 31st January to 14th March. Alternatively call 01787 211951 or email [hauntedtickets@btinternet.com](mailto:hauntedtickets@btinternet.com)

## Nayland Church Fete,

**Monday 25th May 2-4.30pm Nayland Playing Field**

Traditional stalls and sideshows, Childrens' and Adults Sports, Tug of War, Jazz Band, Classic Vehicle Display. Admission: Adults £2 Concessions £1 Children 50p.

Proceeds to St. James Church Fabric Fund.

## Nayland Open Gardens:

**Sunday 14th June 2-6pm.** Tickets £5 from any garden. Teas and Car parking at the village hall. Proceeds to local conservation projects of the Nayland with Wissington Conservation Society. registered charity no. 268104

## Box River Knitstitch Group

We now meet at Mary's House in Swan Street from 2.30pm to 4.30pm every Monday 3pm to 4.30pm. Bring your own projects to work on and get inspiration and help from others. For further details phone 01787 211488 or 01206 263301

GROTON VILLAGE HALL MANAGEMENT COMMITTEE  
PRESENTS



# QUIZ AND CURRY EVENING

At

Groton Village Hall

On Friday 17 April 2015 7.30 for 7.45 Start

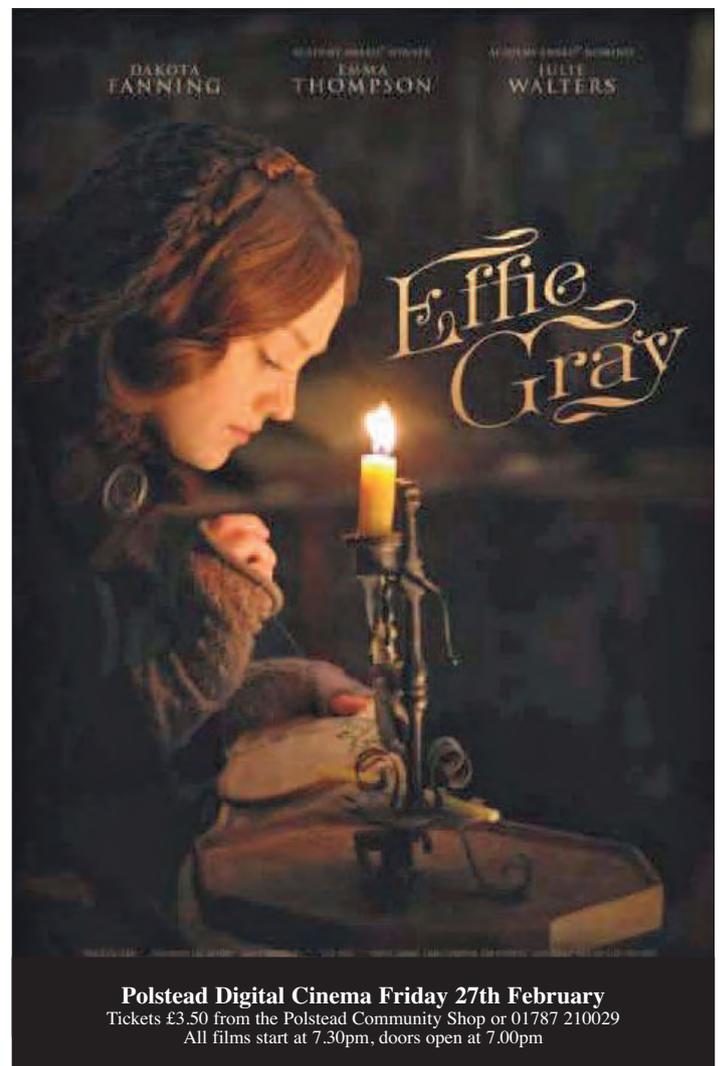
£10.00 per head (entry plus choice of curry & dessert)

Teams of four

B.Y.O. Bar

Raffle

Phone Joanna: 210619 or Jayne: 211360 to book your place



**Polstead Digital Cinema Friday 27th February**  
Tickets £3.50 from the Polstead Community Shop or 01787 210029  
All films start at 7.30pm, doors open at 7.00pm

She had waited over two centuries,  
and would now  
unleash hell



# Haunted

by  
Michael Munn

Presented by Boxford Drama Group

Boxford Village Hall  
March 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> at 7.30pm  
Tickets £13.00 with meal. Licensed bar.

Tickets available from 'Mary's House' Swan Street Boxford 9.00am to 11.00am  
every Saturday from 31<sup>st</sup> January to 14<sup>th</sup> March.

Alternatively call 01787 211951 or email [hauntedtickets@btinternet.com](mailto:hauntedtickets@btinternet.com)

Warning: this play contains tension, strong violence and is designed to shock and scare.  
It is not suitable for children.



## MOVIE THEMED HOLIDAY CLUB

FUN ACTIVITIES & CRAFTS TO MATCH YOUR  
FAVOURITE FILMS!

Monday 16<sup>th</sup> - Thursday 19<sup>th</sup>

February 2015

9am-4pm

£15 per child, per day

\*£17.50 if booked after 7<sup>th</sup> February



Sunflowers Childcare

The Cabin, Stone Street Road, Boxford, Sudbury, Suffolk CO10 5NP  
Tel: 01787 211363, Email: [info@boxford-sunflower.co.uk](mailto:info@boxford-sunflower.co.uk)

### Boxford Study Centre Literature Group

An 8 week course on Monday evenings 6.30-8.30pm  
Meeting in Groton Village Hall, CO10 5EL  
Starting on Monday 19<sup>th</sup> January 2015

Tutor: Hugh Black-Hawkins,  
Chairman of the T.S.Eliot Society

#### The Outsider

We shall explore the tension between the outsider and society in literature. These texts afford the chance to compare individuals alienated from the centre by ideology, gender, region and class.

Finally we shall be considering the writer as outsider.

Texts are:-

- January 19<sup>th</sup> A Camus: The Outsider
  - January 26<sup>th</sup> and February 2<sup>nd</sup>. Shakespeare: The Tempest
  - February 9<sup>th</sup> G Crabbe: Peter Grimes – and Britten's opera
  - February 23<sup>rd</sup> Kate Chopin: The Awakening
  - March 2<sup>nd</sup> P Larkin: Poems
  - March 16<sup>th</sup> H Pinter: The Homecoming
  - March 23<sup>rd</sup> P Fitzgerald: The Bookshop
- NB, No class on February 16<sup>th</sup> or March 9<sup>th</sup>

Course Fee: £70 for the complete course, payable on the first or second meeting. Newcomers to these classes are very welcome.

Further information from:

Mrs Etain Todds, Moat Farm Cottage, Edwardstone, Sudbury CO10 5PY,  
Telephone: 01787 210344

Please contact Etain as soon as possible if you are interested in attending.

Stowmarket

Conductor Leslie Olive

## Chorale



# Come and Sing the wonderful Rutter Requiem

10am 28th February 2015

£15 (including buffet lunch!)

Registration from 9.30am

Finish at 4pm

Combs Middle School

Lavenham Way, Stowmarket IP14 2BZ

Contact Sue Price for information and to book: 01787 210913

[facebook.com/stowmarketchorale](https://www.facebook.com/stowmarketchorale)

[www.stowmarketchorale.org.uk](http://www.stowmarketchorale.org.uk)

# Wot's On

## BOXFORD WI

Our speakers this month were James and Andrew from Mander Auctioneers. They brought along a number of Lots and set a fascinating quiz for us to value the items, identify the Country of origin and the year of manufacture. Amongst the Lots were a 19th Century table from Gillows valued at £400, a 1930's Clarice Cliff bowl valued at £150, a spoon made in 1798 valued at £200 and two pistols circa 1780 to 1800 at a value of £3,000. The winner of the quiz was Sue Kirby. James and Andrew had also kindly invited us to bring along items for valuations. These were many and varied and included an old map, books, vases, teacups, jewellery and watches. It was a fun afternoon enjoyed by all.

### FUTURE MEETINGS

February 4th	the history and benefits of massage Village hall 2pm
February 12th	corsage – Mary's house 2pm
March 4th	women of the western front – village hall 2pm
March 12th	Hadleigh sheep – Mary's house 2pm
April 1st	hearing dogs for the deaf – village hall 2pm
April 9th	walk in Groton and Boxford
May 6th	resolutions – village hall 2pm
May 14th	coasters – Mary's house 2pm

## THE FRIENDLY INVASION

Saturday, March 7th 7.30pm

Groton Village Hall

We are very lucky to have Clive Stevens coming to give us a talk about the American air bases in World War 2; he will concentrate on the air bases around this area, and he is an expert on this subject; there will be more details next month about the talk, but please put the date in your diary now; the tickets will be £7.50 each and there will be a break in the middle of the talk for light refreshments. All proceeds will be for Groton Church and tickets will be available soon from Pat Kennedy Scott [210319] Jayne Foster [211360] or any member of Groton PCC..

It's not too late to get yours



The Boxford St Mary's Calender can still be purchased at Mary's House or contact Ruth Kingsbury on 211236

£7.00 per copy. All proceeds to St.Mary's Parish Church

Spring Series of 10 Lectures  
at Stoke-by-Nayland Village Hall  
Starting Thursday 22nd January 2015, 7.30 pm



# The Tower of London - A History of England with Roger Mannion

Following the 1066 Norman invasion William the Conqueror established the Tower in 1078 as his London stronghold. From then until the present time the Tower of London has been intimately involved with the story of English History, it has been a fortress, palace, prison, armoury, place of execution, zoo and mint. It has served successive monarchs from 1078 until the present time. The Tower has been at the epicentre of dramatic, bloody and frequently cruel events for almost a thousand years.



We shall examine the changes to the Tower and the famous inmates, from the Bishop of Durham in 1101 to the future Queen Elizabeth I, Thomas Moore, Anne Boleyn and Jane Grey, Samuel Pepys, Oliver Cromwell, Rudolf Hess and the Kray twins to name but a few. Also in the light of recent discoveries we will review the fate of the Princes in the Tower.

Roger Mannion has been a tutor for the WEA for nearly 11 years. He is a retired naval officer with a strong interest in history and has formally trained to teach adults. Roger's family has a tradition of observing the Ceremony of the Keys at the Tower, his grandfather, his father, he himself and now his son have all been part of this historic event which has continued at the same time nightly for the last 700 years.

Fees: Adult £48 (payable after the first session)  
Come to the first session or please contact  
Sue Whiteley for further information  
Phone: 01787 210945 or email:  
whitelaysa@hotmail.co.uk

Future Dates  
AGM - Thursday 30th April 2015  
Day School - Saturday 18th July 2015

WEA is a company limited by guarantee registered in England number 2906910 and a registered charity number 112075. FNMG November 2015

"AN ENORMOUSLY ENTERTAINING HEART-WARMER"  
"THE MOST REFRESHING BRITISH COMEDY IN YEARS"

ROSAMUND PIKE DAVID TENNANT and BILLY CONNOLLY  
**WHAT WE DID ON OUR HOLIDAY**  
FROM THE CREATORS OF OUTNUMBERED

LEAVENHEATH CINEMA SATURDAY FEBRUARY 7TH  
Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)  
£3.50 per adult and £2.00 per young person



# The Box River Parishes Church News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton

**Priest in Charge:**

The Revd Judith Sweetman  
The Rectory, School Hill, Boxford CO10 5JT  
Tel: 01787 210091; e-mail: rvdjudithboxriver@btinternet.com  
*The Revd Judith's day off is normally Friday but this may vary according to circumstances*

**NSM:**

The Revd David Abel, 13 Church Street, Boxford CO10 5DU  
Tel: 211765; e-mail: davidabel19@hotmail.com

**Reader:**

Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD  
Tel: 211236; Fax: 211238; e-mail: ChrisKingsC@aol.com

**Lay Elders:**

David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU  
Tel: 210360; Fax: 329770; 07968 791135; e-mail: djlamming@hotmail.com  
Antony Dodd, Mill Green End, Edwardstone CO10 5EX  
Tel: 210397; e-mail: doddpanda@btinternet.com

*Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.*

**Benefice house:**

Mary's House, 5 Swan Street, Boxford CO10 5NZ.

Box River Benefice

## Café Church



An informal time of worship  
With fresh coffee and pastries!

Boxford Church  
Sunday February 1st  
11am

With activities for children  
focusing on Candlemas



## THE PARISH OF ST MARY, BOXFORD

**Churchwardens:**

Ruth Kingsbury, Rose Cottage,  
Sherbourne Street, Edwardstone tel.211236  
Peter Patrick, Amberley,  
White Street Green. tel 210346



What's it all about! Café church is a church with a difference. It happens usually on the 1st Sunday in the month at 11.00 am. We sit around café style tables instead of in rows of pews - We drink coffee - eat pastries etc. It's still a service, there are some songs, a talk, prayers but we're very relaxed about it all. Children can play in the children's corner or run around - that's fine too.

We do Café Church because we want to try & make church a place that's relaxed & accessible. We know people can find traditional services difficult, boring, or just plain confusing. Weekends are precious times for families to be together so we wanted to create a fun, engaging space where children & young people can feel welcome too.

It takes a lot of volunteers to make Cafe Church happen - if you'd like to get more involved please do let Revd Judith know.

**Fundraising in 2015.** It is becoming increasingly difficult to arrange fundraising events for the cost of running the church & we urgently need offers of help from anyone who is willing to run a fundraising event or help in any way possible. This might be publicity preparation - posters etc, or even organising a concert! If you can help in any way please let a churchwarden or Revd Judith know.

Do make a date for **Open Gardens 2015**. Please contact Angela Tolputt on 211264 if you can open your garden or help in any way.

## MARY'S HOUSE BOOKINGS

There is now a new 2015 diary in Mary's House for making bookings

When making a booking, please ensure that a contact name and telephone number is entered clearly in the diary in respect of every booking, as we need to know who to contact in the event of any query over, or the need to change, a booking.

Please note that the suggested donation is now £1.00 per head for a two-hour booking for all meetings. For inquiries about bookings, please contact Pauline or David Lamming: telephone 210360.

Copy Date for Church News in the March Box River News:

**Please, NO LATER THAN 13th February 2015**

**Failure to meet the date will mean your copy may not be included**

Thank you. Sue Knight. 01787 210785

email address: sedwards1946@btinternet.com



## THE PARISH OF ST BARTHOLOMEW, GROTON

**Churchwardens:** Jayne Foster:  
Ramblers, Bulmer Lane. 211360  
Sue Knight:  
Cotlee, The Street, Groton; tel 210785

**Pancake Lunch:** Tuesday February 17th 12.30 at Mary's House, Swan street, Boxford. As usual, to mark Shrove Tuesday Groton PCC will be serving up pancakes at lunch time with a good variety of both savoury and sweet fillings, and all at a very reasonable price, so please do join us in Mary's House for your lunch on Shrove Tuesday, we will look forward to seeing you.

**IPSWICH WINTER NIGHT SHELTER:** The collection at the Carol Service on 22nd December raised £240.00 for the Ipswich Winter Night Shelter project. This provides shelter in seven church halls in Ipswich for those sleeping rough in the town during the 15 coldest weeks of the winter. Many thanks to all who contributed.



**ELECTORAL ROLL REVISION:** The annual revision of the roll is shortly to take place prior to the Annual Parochial Church Meeting on 24th March 2015. The revision period will be from 22nd February to 7th March. If your name is not currently on the roll but you would like to be on the roll and think you qualify for enrolment, please get in touch and ask me for an application form. David Lamming (Tel: 210360).

**PCC MEETING:** Tuesday 24 February 2014, 7.00 pm at Mary's House. Items for the agenda should be notified to the secretary, David Lamming, by Sunday 15th February. [E-mail djlammings@hotmail.com]

**LENT LUNCH:** Lent, the period of 40 days before Holy Week, begins on Ash Wednesday, this year 18th February. During Lent, as in past years, we are hoping that there will be a Lent Lunch each week somewhere in the benefice. This is a simple meal (soup, bread and cheese), with each lunch supporting a nominated charity. If you would like to offer to host a lunch in Groton, please contact Pat Kennedy Scott (Tel 210319) or David Lamming (Tel 210360).

### Rota

**Sidesman:** Mrs Lamming  
**Flowers:** Mrs Foster  
**Cleaning:** Mrs Foster



## THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

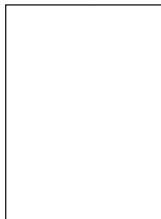
**Churchwarden:**  
Vacant

**Carol Service on Christmas Eve.** The Church was full with families and excited children. The service was led by the Reverend Judith Sweetman who read a story for the children, which they listened to, sitting at the front of the church. They could take part in the story, which they did wholeheartedly! The children sang Away in a Manger, and then received an orange with a candle and processed through the church back to their places. The congregation enjoyed singing the familiar carols. After the service we wished all our friends and visitors a very happy Christmas. A very enjoyable service for us all.

**Edwardstone Lent Lunch** will be held at Mill Green End on Tuesday 24th February from 12 noon. Do come and join us.

### Rota

**Feb. 15th** 9.30 Holy Communion  
**Sidesman** Jan Paul  
**Coffees** Marlene Clark  
**Flowers** Ann Suckling  
**Cleaning** Liz Henderson/ Anthea Tribe



## THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

**Churchwardens**

Vacant

Our lovely church is being floodlit September to May due to a gift of £250 from our Parish Council, to whom we are most grateful.

On 15th December we sang carols round the village. It was a great success, well supported, and we were helped on our way by mulled wine at Wade Crescent and generous hospitality from Margaret Rawles, and finally supper at the Swan Inn. We collected £200 for Crisis at Christmas. On the 18th, Reverend Judith took our Service of Nine Lessons and Rota

Our lovely church is being floodlit September to May due to a gift of £250 from our Parish Council, to whom we are most grateful.

On 15th December we sang carols round the village. It was a great success, well supported, and we were helped on our way by mulled wine at Wade Crescent and generous hospitality from Margaret Rawles, and finally supper at the Swan Inn. We collected £200 for Crisis at Christmas. On the 18th, Reverend Judith took our Service of Nine Lessons and Carols, helped by the lay team and readers from the village. It was very well attended, and we were able to donate £110 each to the Bridge Project and the Salvation Army.

The church had been decorated by the flower team, with a huge Christmas tree, an Advent ring and several pedestals in green and red and gold. The font had its own decoration with candles at its base. The porch was candlelit and more candles were placed along the floor of the darkened chancel.

The walls of the church are damp, the plaster falls, the paint peels, but we cherish it and it looked beautiful.

At the end of the Service the Little Waldingfield History Society handed Reverend Judith a cheque for £5178, proceeds from sales so far of Our Village History from 1840 to 2014. This gives us an amazing start towards raising the £10,000 needed for the most immediate repairs. A wonderful Christmas present. Thank you.

**Lent Lunch:** There will be a Lent Lunch on March 17th from 12:00 to 14:00, at Newman's Hall. All are welcome.

### Rota

	<b>Sidesman</b>	<b>Flowers</b>
<b>Feb 1</b>	Mrs Gardiner & Mr Powell	Mrs Duffy
<b>Feb 8</b>	Visiting	Mrs Ewen
<b>Feb 15</b>	Mr Bowden & Mrs Ridgeon	Mrs Squirrel
<b>Feb 22</b>	Visiting	No flowers - Lent



## THE PARISH OF ALL SAINTS, NEWTON

**Churchwarden:**

Christine Cornell,  
"Opus", Sudbury Road, Newton, Tel; 370331

Due to the early publication date of the January Newsletter there is quite a backlog of reports.

**7th December:** The Christingle Service at Boxford was attended by many families including children from our church. The oranges were decorated and Revd Judith and Reader Christopher Kingsbury explained the meaning of that. The children went up to the Altar, carrying their orange with the lit candle in it and then they sang Away in the Manger. Ester, who is working for her Bronze Duke of Edinburgh Award, read from the Bible. The collection went to The Children's Society.

**14th December:** Our Candle Lit Carol Service took place on a mild, bright, late afternoon to the sound of bells. A lantern lit our way through the lovely decorated porch to the Nave glowing with many candles and lanterns and traditional Christmas colours of red and green foliage. The stable scene reminded us of the true meaning of being there. Beyond, in the Chancel, a tall, beautiful Christmas tree was full of light and more candles and greenery completed the scene. Cushions and rugs were offered to people as they came in to give an extra feeling of warmth.

From the back of the church, a soloist from the Millwheel Singers sang "Once in Royal David's City" and the singers from Assington moved to the front. Revd Judith welcomed the singers and everyone for joining us. Traditional readings and two poems were read and a five year old helped Revd Judith to light the three Advent candles while his two year old brother lay down on the pew and slept through the service. Revd Judith thanked the singers, Michael Colleer for playing the organ and Chris Cornell and her team for preparing everything. After singing "We wish you a merry Christmas" we went into the chancel for mulled wine and mince pies.

24th December : Our Crib service was attended by many families. Revd Judith had prepared cut out scenes from old Christmas cards relating to the Christmas story which the children put together as the story was told. Home made biscuits for putting on Christmas trees were handed out to children and adults as they left church. Thank you to all who helped in any way to make this a special service for Christmas.

11th January : Revd. Judith led the Plough Sunday Service. She took as her theme the Bible reading from Micah which told of the swords being beaten into ploughshares and spears into pruning-hooks and nations not lifting up swords against nations. Revd Judith's address was given bearing in mind the dreadful events in France. We gathered by the decorated old plough in the Nave for the blessing of the plough and all involved in working the land. Thank you to Michael for playing the organ and to all our helpers.

## BENEFACTICE NEWS

**MINISTRY TEAM:** The next two meetings of the ministry team are on Wednesday 18th February and Wednesday 4th March 2015, both at 7.30 pm at Mary's House.

## GENERAL CHURCH NEWS

**GENERAL SYNOD:** The Church of England's General Synod meets in London from 10th to 12th February 2015. Details of the business to be transacted can be found on the Church of England website: [www.churchofengland.org](http://www.churchofengland.org).

## WEEK OF PRAYER FOR CHRISTIAN UNITY

The annual Week of Prayer each January offers opportunities to meet and pray with fellow Christians of different denominations.

The dates and venues of the services/events in Sudbury & District are:

Sunday 18 January, 6.30 pm: United Service at Suffolk Road Church, Sudbury.

Monday 19 January, 12.30 pm at Friends Meeting House, Friars Street, Sudbury

Tuesday 20 January, 12.30 pm at Cornard Christian Fellowship, Great Cornard.

Wednesday 21 January, 12.30 pm at Salvation Army, Sudbury.

Thursday 22 January, 12.30 pm at St Gregory's Church, Church.

Friday 23 January, 12.30 pm at Sudbury Roman Catholic Church, Sudbury.

Saturday 24 January, 8.00 am – 9.30 am: prayer breakfast at St Gregory's Church Hall, Prince Street, Sudbury.

Refreshments will be provided after most services

Please look at the Churches Together website for details of other forthcoming events: [www.churchestogetherinsudbury.org.uk](http://www.churchestogetherinsudbury.org.uk).

## Box River Benefice The Church At Worship February 2014

**Village Daily Prayers:** Each week,\*\* said in the five churches: an informal, friendly service, lasting between 30-40 minutes, with Revd Judith. We pray for those who are ill, concerns of the villages, and for the wider world. Do join us! Please let Revd Judith know the names or those you would like prayed for, or any situations for prayer: Confidential messages can be left on tel. 210091 or emailed: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com). The rota is: Tuesday 9.00 Edwardstone, 16.00 *Little Waldingfield at Newman's Hall, NB Changed time and place* Wednesday 9.00 Groton; Thursday 9.00 Newton, 17.00 Boxford. [\*\*Note: no Daily Prayer 23rd December to 1st January]

<b>Sunday 1st</b>	<b>Presentation of Christ in the Temple – Candlemas</b>		<b>(W)</b>
Boxford	8.00	Holy Communion	Revd Judith
Lt Waldingfield	9.30	Morning Worship	Lay Team
Boxford	11.00	Café Church (informal service for all; families welcome)	Revd Judith
Boxford	18.30	Evensong	Christopher Kingsbury

Wednesday 4th

Boxford 10.30 Holy Communion Mary's House Revd Judith

Thursday 5th 19.30 Holy Communion Newmans Hall Lay Team

(Reserved Sacrament)

<b>Sunday 8th</b>	<b>Second Sunday before Lent</b>		<b>(G)</b>
Newton	9.30	Holy Communion	Revd Judith
Boxford	11.00	Holy Communion	Revd Judith

Wednesday 11th

Boxford 10.30 Holy Communion Mary's House Revd David Abel

<b>Sunday 15th</b>	<b>Sunday next before Lent</b>		<b>(G)</b>
Edwardstone	09.30	Holy Communion	Revd Judith
Boxford	11.00	Holy Communion	Revd Judith
Little Waldingfield	16.00	Reflective service with prayers, readings, music	Revd Judith and Lay Team

Wednesday 18th

**Ash Wednesday**

Boxford 10.30 Holy Communion Mary's House Revd Judith

Boxford 19.30 Holy Communion with Imposition of Ashes Revd Judith

Lt Waldingfield 19.30 Compline Newmans Hall Lay Team

<b>Sunday 22nd</b>	<b>First Sunday of Lent</b>		<b>(P)</b>
Groton	09.30	Holy Communion	Revd Judith
Newton	11.00	Morning Worship	Revd Judith and Lay Team
Boxford	11.00	Matins	Christopher Kingsbury

Wednesday 25th

Boxford 10.30 Holy Communion Mary's House Revd David Abel

## Soap Box

Some of you who read this will be aware that several years ago I was diagnosed with cancer. This was not a simple and easily solved affair. Indeed, it cost me a year out of the usual daily grind, gave me my first (and I hope only) taste of life in an Intensive Care Unit and resulted in life changing surgery. Make no mistake, to be told you are suffering with the big "C" is not a pleasant experience. To then have confirmed that the condition had spread and was altogether more serious is a heart stopping moment.

I mention this for a number of reasons. Not so very long ago a leading cancer specialist said that he could not understand why so much fuss was made about the condition. There were many worse ailments with which to be afflicted, in his view. This reminded me of the conversation I had with my consultant when a biopsy following my initial operation confirmed the cancer had spread and the initial removal of a tumour was not to be sufficient. Cancer doesn't frighten me, he said. Strokes and dementia are far scarier, was his conclusion.

His words achieved a greater reality for me when I learned that Nick Athorne, who has stood in for me as Soap Box contributor when other commitments have kept me away from my keyboard, had died following a series of strokes. We were in Portugal when he suffered his second, and by all accounts quite devastating, stroke and were alerted to his condition by a mutual friend. Her description of his condition when she visited him in hospital made me understand much more clearly what my consultant had meant all those years ago. I had known Nick for many years and counted him as a friend and an amusing character. Still, I was well aware of what he had been through with his first stroke and his realization that, if he were to have a chance of making a half decent recovery, he needed to receive medical treatment swiftly. Even so, it took some time for him to regain his mobility and even towards the end he was still suffering from the damage that stroke had delivered. Sadly, the second stroke was not dealt with so swiftly.

Nick was unfailingly cheerful. An easily recognizable figure, with his hat and stick, he was quite prepared to share his experiences with those interested enough to listen. I well recall his delight at being able to tie his shoelaces again for the first time. And he was prepared to campaign for Success after Stroke, the local charity that does much to improve the wellbeing of stroke sufferers. At my request he gave a talk at a local

Rotary luncheon to highlight the need for support. Indeed, the last time I saw him was at the SaS Carol Concert in Long Melford.

Strokes, of course, vary in intensity and in the effect they have on the sufferer. It is the suddenness with which they strike and their lack of predictability that causes those that understand these things, like the surgeon who operated on me, to view them with such concern. Dementia is more of a creeping problem, but no less worrying in the way in which it robs people of their ability to enjoy life properly and even their very personality in some cases. Sadly we learned only recently that my mother-in-law has been diagnosed with this worrying disease.

As we lead longer lives, so we must expect either to suffer from one of these conditions ourselves or to have to cope with a close friend or relative so afflicted. As a leading actress remarked recently, when asked how she coped with a busy performance schedule at a time of advancing years, growing old is not for sissies. As my three score years and ten rushes towards me, I can only reflect on how lucky I have been.

RIP Nick. I know that you retained your sense of humour to the end and can only hope I find someone else with at least some of your talent prepared to share the burden of keeping our esteemed editor happy.

*Brian Tora is a local writer and broadcaster.*

THREE PARISHES RESPONSE  
**3PR**  
BOXFORD/EDWARDSTONE/GROTON

# NEEDS



If you are between  
18 and 70 plus  
we need you to join  
our dedicated team of  
**First Responders**  
Phone Vic on  
**01787 210504**

## MICROPLANT

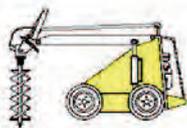
08703 210256 / 07850 210256

E-mail: [charles@microplant.net](mailto:charles@microplant.net)

Website: [www.microplant.net](http://www.microplant.net)

Fencing, Landscaping &  
Paddock Maintenance Machinery

Mini Tractors  
Mini Loaders  
Skidsters  
Mini Diggers  
Post Hole Borers  
Hyd' Post Drivers  
Trenchers  
Rotavators  
Stoneburiers  
Power Rakes  
Harrows  
Mowers  
Associated Equipment



Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader



## MATTOCK MOTORS LTD

CALAIS STREET FARM, CALAIS STREET, BOXFORD



- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP CAR REPAIRS

Has your Car lost  
it's Spark of Life?

Full Diagnostic Equipment, Laser Liner,  
Fault Code Reading Equipment.

(A.B.S., Airbag, Engine Management Lights etc)

- AIR CONDITIONING • REGASSING
- REPAIRS • ULTRA VIOLET LEAK DETECTION

OPENING TIMES MON-FRI 8.00am-6.00pm  
CLOSED ON SATURDAYS

ONE CALL AWAY  
TELEPHONE

**01787 211394**

# GARDENING IN FEBRUARY HARRY BUCKLEDEE

For brightening up a dull wall or fence the variety of our native ivy Hedra helix 'Goldenhart' is hard to beat. Like all ivies 'Goldenhart' will climb six to eight feet and requires no special support. The leaves have a bright green edge and a yellow middle - colours that remain true all the year round. A climber which combines well with Goldenhart is Tropaeolum Speciosum. It has scarlet flowers and small six lobed leaves borne on slender stems which will weave its way through the leaves of the ivy. Plant in spring in peaty moist soil with a thick mulch over the root area, keep this moist and well watered in summer. It is a deciduous perennial that dies down in Autumn. Many old trees and shrubs make suitable hosts for the creeper but one with dark green foliage is best to show off the brilliant red flowers.

Another climber which serves a similar purpose is the Chilean Glory Flower, Eccremorcarpus scaber, with its bright display of tubular orange flowers. It is not frost hardy and will succumb to the first severe frost, but it is a quick grower and will rapidly reach a height of six to eight feet. Sow seeds under glass in early spring and pot up when large enough, harden off and plant out when the danger of frost is past.

If you have a heated greenhouse a start can be made sowing summer bedding seeds - if no heat is available it is best to delay sowing until March. Most seeds germinate better with bottom, electric propagators are ideal but an oil heater under a bench will provide the necessary heat.

Begonia tubers should be started now for pot culture or for an outdoor display in tubs or borders. For a border display the variety 'Non Stop' is probably best - this is a multi flora type and as its name suggests will flower non stop until the first frost.

Fuchias in pots should be cut back to three joints and repotted, shake all the compost from the roots, prune back some of the strongest roots and repot down to a size smaller pot. By replacing the compost you will ensure the dormant plants get off to a good start and you will get rid of any dreaded grubs of the vine weevil that may be lurking there. Do not over water the compost, but spraying twice daily of the woody stems with tepid water will keep the wood soft and encourage new shoots to grow.

Repot old geranium plants but do not cut back too hard, keep the compost just moist and do not allow water to get on the plant itself. Cuttings of geraniums that were taken last summer can have their tops taken out to encourage them to bush out. The tops can be used for more cuttings.

Many plants are attacked at the seedling stage by 'Damping Off disease'. Control is by watering compost with 'Cheshunt Compound' at sowing time and again after germination. Avoid overwatering  
Spring is in sight

This month there are signs of the approaching spring, with bulbs appearing and wildlife waking up as light levels and temperatures increase. There's plenty to do indoors this month to prepare for the season ahead. Outdoors, as the garden comes to life again, it's time to prune shrubs and climbers, such as Wisteria as well as evergreen hedges.

Top 10 jobs this month

- 1 Prepare vegetable seed beds, and sow some vegetables under cover
- 2 Chit potato tubers
- 3 Protect blossom on apricots, nectarines and peaches
- 4 Net fruit and vegetable crops to keep the birds off
- 5 Prune winter-flowering shrubs that have finished flowering
- 6 Divide bulbs such as snowdrops, and plant those that need planting 'in the green'
- 7 Prune Wisteria
- 8 Prune hardy evergreen hedges and renovate overgrown deciduous hedges
- 9 Prune conservatory climbers
- 10 Cut back deciduous grasses left uncut over the winter

Continue to dig over existing beds and borders, again incorporating as much organic matter as you can. Forking over not only helps prepare the soil for spring, it helps reduce pests by exposing them to hungry birds. Although temperatures should start to rise this month, there is still a risk of frost and even snow. Protect vulnerable plants, pots and taps from frost by wrapping insulation such as garden fleece around them and check pots and containers are raised off the ground if possible. Tender trees and shrubs will thank you for a generous application of dry mulch to protect their roots from freezing conditions.

Once the ground isn't frozen, make new beds and borders - mark the shape with sand trickled from a bottle, remove the top layer of growing vegetation and dig the ground over, incorporating as much organic matter as possible. If you are making a bed in the lawn, remove the turf and stack it upside down somewhere out of the way - after a year or two it will rot down into fantastic compost.

## Making Your Will

Retired solicitor Trevor Dodwell's company is Polstead based and writes Wills and Lasting Powers of Attorney.

- Home visits at times to suit you (no loss of working time)
- Easy one-to-one advice (many years of practical experience)
- Wills witnessing service (to ensure legal acceptance)
- Very competitive prices.

Please call 01206 263420  
or email me at [trevordodwell@aol.com](mailto:trevordodwell@aol.com)  
[www.thewillbusiness.com](http://www.thewillbusiness.com)

## S B Electrical

For all your electrical work  
large or small

Free Estimates ✓ No Call Out Charge ✓  
A Member of the BSI® ✓ Electrical Certificates Issued ✓  
Part "P" Registered ✓ Insurance Backed Guarantee ✓

**Tel: 01787 247043**

e-mail: [Info@sbelectrical.biz](mailto:Info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)  
Church Road, Little Waldingfield, Sudbury, Suffolk

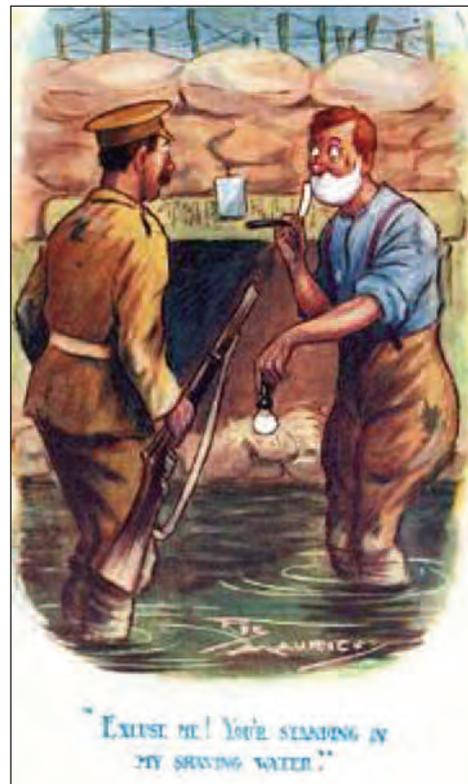
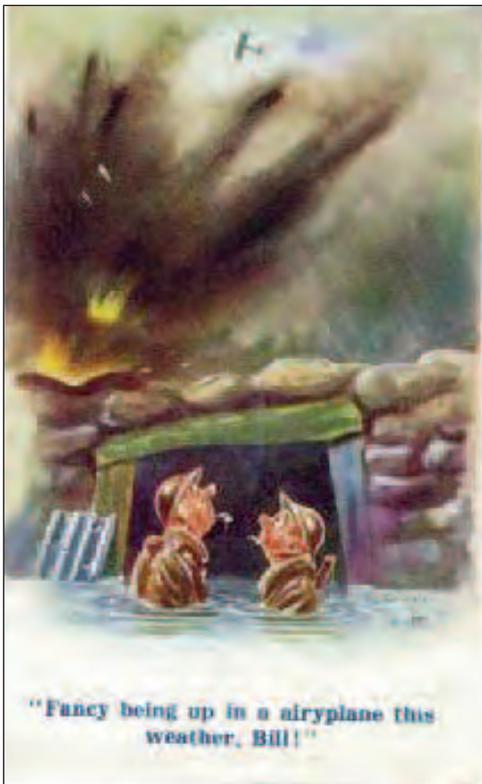
## Nayland Farmers' Market Saturday February 14<sup>th</sup> 9.30am – 1pm Nayland Village Hall



A wonderful variety of local produce including  
Freshly baked cakes & cheesecakes  
Stour Valley Smokehouse  
Local pork, beef, lamb & game  
And lots, lots more...  
Come along & be a part of *your* fantastic, local  
Farmers' Market.

Further info from Justine Paul on 07704 627973  
[www.suffolkmarketevents.co.uk](http://www.suffolkmarketevents.co.uk)  
[justine@suffolkmarketevents.co.uk](mailto:justine@suffolkmarketevents.co.uk)

## WW1 COMIC POSTCARDS



The Great War of 1914-18 was certainly not one of the funniest events to be recorded on picture postcards, especially for those men fighting in the mud-filled trenches of France and Belgian. However, there were artists - both military and civilian - who were willing to inject a little humour or satire into their postcard drawings and paintings - even when depicting the gloomiest of situations.

The sense of humour, often displayed by the British in the face of hardship

or adversity, played a major part in maintaining the moral of troops and civilians. It was a common bond and was usually good-natured and simple, while German or French humour was often vindictive. The British could laugh at themselves and at each other with sardonic sayings such as this one: "Dear Mother, this war's a bugger. Sell the pig and buy me out. John. Dear John, pig's gone. Soldier on."

# Parish Council Matters

## Meetings of Boxford Parish Council

1st December

Julian Fincham-Jacques was elected Chairman following the resignation of Michael Norman from the Parish Council.

**Public Forum:** Around 14 members of the public attended. The majority were there to show support to the changes to the Goodlands plans. Other matters raised included the letting of Local Needs Housing and the lack of feedback from the County Council to residents following the flooding survey.

**Police Report:** PCSO Jamie Fudge confirmed he was now back covering Boxford. He reported on one crime in the Parish which was an attempted garage break-in on Daking Avenue. He urged vigilance against shed break-ins and confirmed he was reviewing vehicle activity in the village following recent concerns. He agreed to investigate a report of an incident where an elderly resident was disturbed during the night by the Police who had called at the wrong address.

**County Council Report:** County Cllr James Finch provided details of an on-line survey where residents can rank spending priorities [www.suffolk.gov.uk/consultations](http://www.suffolk.gov.uk/consultations). Nine locations within the County Council's farm estate would soon be available and applicants were being sought. Faster broadband should be available in Boxford. People should contact their service provider. Discussions continue in relation to the use of the school minibus to transport children from outlying villages.

**District Council Report:** District Cllr Bryn Hurren confirmed the District Council is trying to ease fuel poverty. Cllr Hurren is part of the District Council Consultation Group dealing with the concerns of members of staff following the recent changes. He provided details from the Quay Theatre of forthcoming shows and films. Cllr Gates agreed to speak on behalf of the Parish Council at the Sand Hill Committee Meeting.

**Correspondence:** Cllr Balls agreed to meet the representative from the Spinney Management on the subject of flooding improvements. It was agreed to support the suggestion made by the developers of 21 new homes west of Swan Street and south of Daking Avenue. The development will be named "Goodlands".

**Finance:** In addition to the usual business, grants were paid to St Mary's Church of £1750, Boxford Village Hall of £271.64, 1st Boxford Scouts of £135.82 and 1st Boxford Guides of £135.82. A donation of £25 was paid to The Royal British Legion for the Remembrance wreath.

**Planning:** The Parish Council had No Objections to the Goodlands application subject to conditions. The Parish Council had No Objections to the replacement dwelling at The Rosery, Calais Street, tree work at Sideways Cott, 14 Stone Street and the Listed Building application at 2-4 Broad Street.

Meeting of the 5th January

**Public Forum:**

The future of the Boxford Post Office was discussed with the potential buyer. He offered to work with the village to support the operation of the Post Office and other business from the premises. He was seeking ideas from the community.

**County Council Report:** Cllr James Finch reported on the truancy sweep in Ipswich. The County Council has introduced a scheme to give free advice and support in keeping warm in colder weather. Details can be found on [warmhomereferrals@suffolk.gcsx.gov.uk](mailto:warmhomereferrals@suffolk.gcsx.gov.uk) or 0845 037686. The County is encouraging Mobile Network Providers to deliver greater coverage. Interviews are taking place in relation to the County Farms. He regretted that some areas in the Parish did not have faster broadband yet.

**District Council Report:** Cllr Bryn Hurren offered to organise a speaker on the subject of Neighbourhood Planning for the Annual Parish Meeting. The Sand Hill application went before the Planning Committee on 17th December and was unanimously passed. He confirmed the District Council would offer support towards retaining the Boxford Post Office.

**Reports:** Various on-going Highways matters were reported including the need to replenish grit supplies, a pot hole on the top of School Hill, surfacing & drainage in Stone Street. Members were sorry to hear that Cheryl Wilson had resigned from the Parish Council.

**Planning:** The Planning Authority had approved Listed Building Consent for external repairs and rendering at Cox Farm, Cox Hill and tree work at Sideways Cott, 14 Stone Street. Permission had been refused for screening and outbuilding alterations at 24 Stone Street. Amendments to this application had recently been received for information purposes. The Parish Council then went onto consider a revised footpath drawing for the Sand Hill development. They objected to the amendment on highway and pedestrian safety grounds together with concern for the loss of trees

in the vicinity. The Parish Council had No Objection to the tree application at The Cobblers, Stone Street and the proposed extension at 3 The Causeway.

**2015 Meeting dates for Boxford Parish Council:**

2nd Feb, 2nd March, 7th April, 11th May, 1st June, 6th July, 7th September, 5th October, 2nd November and 7th December.

*Debbie Hattrell*, Clerk to Boxford Parish Council

## Kenny's SESAW News

don't believe it! Mum says I'm on a diet after too many festive treats so to spread the pain, here is a reminder to all my tubby canine pals out there. A slim waistline means a longer life, less stress on the old knee joints and heart and lots of enjoyable walks without sounding like a puffing dragon.

If you like taking pictures of your pets when you are out and about, how about entering the SESAW Photographic Competition on Facebook? Simply join the group then submit up to three photos each month for a chance to feature in the SESAW 2016 Calendar. A public vote will select ten pictures per month to go forward to the grand final in September. You will find a link to the Competition at [www.sesaw.co.uk](http://www.sesaw.co.uk) or on the SESAW Facebook page. If you don't have Facebook or a computer, perhaps you could ask a friend to help you – that's what I do!

Among the animals awaiting homes are Pip and Snoopy who would suit an active retired couple as they like their walks. Pip especially likes a cuddle once he knows you. Like me, Snoopy needs to lose his Christmas bulge. Buster, a big hairy black cat, was living rough on a Sudbury industrial estate. Currently being fostered, he is now ready for a nice warm adult home. Mona, a pretty tabby and white cat, will be much happier when someone ends her long wait for a loving home.

Our fundraising events start with Barbara's Mad March Sale, 7th March in the Parish Room, Stratford St. Mary. Donations of items we can sell or use as raffle prizes may be left with us during our opening hours, Thurs-Sun between 10am and 1pm. I must close now because a packet of (low fat) doggy treats that someone donated is calling to me, Kenny (the Boss) Chihuahua.

Suffolk and Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888. Email [info@sesaw.co.uk](mailto:info@sesaw.co.uk) Reg. Charity No.1124029

## BOXFORD VILLAGE HALL AVAILABLE TO HIRE

FOR  
**WEDDING RECEPTIONS**  
**PRIVATE FUNCTIONS**  
**PARTIES OR MEETINGS**  
**FULLY LICENSED**  
**BAR NOW AVAILABLE**

**To book or for further information**  
**Please contact Veronica Hobbs 01787 211529**

GARDEN DESIGN  
BORDER DESIGN  
PLANT SOURCING  
GARDEN  
OVERHAUL  
GARDEN  
GIFT VOUCHERS



Call Angela for a consultation:  
**01787 212264**  
**07974 375254**

**Give your garden the  
makeover it deserves!**

We are a local garden design company and can offer a complete design, construction and maintenance package or just a planting plan for a single border.

[WWW.ZINNIADDESIGN.CO.UK](http://WWW.ZINNIADDESIGN.CO.UK)



# Indja Restaurant Takeaway

**Opening Hours**  
Lunch 7 days 12 – 2.30pm  
Sunday – Thursday 5.30 – 11pm  
Friday & Saturday 5.30 – Midnight

**Tapas Special Lunch**  
**£6.90**  
Every day between 12 – 2.30pm

**FREE HOME DELIVERY**

**CHRISTMAS  
BOOKING NOW  
BEING TAKEN**

★ ★ **CHRISTMAS MEAL FREE DRAW** ★ ★  
**WIN A MEAL FOR TWO WORTH UP TO £40!**  
To enter the draw simply email your name, address and phone number to  
**indjarestaurant@outlook.com**  
Closing entry is 10<sup>th</sup> December 2014

**Indja Restaurant Takeaway**

**BE ONE OF THE FIRST TO TRY THIS NEW RESTAURANT!**  
**BOOK NOW!**  
**01787 881880 / 374384**  
58 North Street, Sudbury  
Suffolk, CO10 1RE

Find us on  
**Facebook** indjarestaurant.sudbury



## AVAILABLE FOR HIRE EDWARDSTONE PARISH HALL

Edwardstone Parish Hall is a warm, inviting wooden building.

In addition to the usual facilities the Hall has:

- A toilet for the disabled, ramp-access and hearing loop.
  - A sound system, DVD players, microphone, projector and electrically operated screen.
  - Cooker, microwave, fridge, white crockery, cutlery, wine and beer glasses plus, for a large event, a wall-mounted hot water system for drinks.
- The hall can be hired for a half or whole day, a morning, afternoon or evening at a very reasonable cost by telephoning Fiona Raymond on 01787 210461.
- Large tables, plastic chairs, earthenware crockery, cutlery, wine and beer glasses, urn, hostess trolley and spare fridge can be hired for outside use.
- The Hall is ideal for family/children's parties or for any event that is too large to fit in your own home.
- Daphne Clark has plants for sale, from around Easter to the end of September, opposite Rose Cottage (by kind permission of James Powell). All proceeds go to Edwardstone Parish Hall.
- Please contact Daphne Clark on 210698 if you have any queries.



We are an established Automobile Engineering Company specialising in all Classic and performance cars but particularly

### Jaguar and Saab

25 years Saab Sales Tuning and Servicing Experience  
40 years Jaguar Experience especially E-types / Mk2  
Car Storage with Collection and delivery Arranged

Please visit our website for more details

Nr Manningtree

01255 870636

sales@abbottracing.com

www.abbottracing.com



## Why not hire GROTON VILLAGE HALL It's there to be used

- Fully equipped • Reasonable rates • Convenient
- Tables, chairs and crockery available 'for off-site' hire

**The ideal local venue**

For details please contact Joanna Roberts 01787 210619



## Brand New Feet

Enjoy having your feet treated in the comfort of your own home by a friendly professional fully qualified Chiropodist/ Podiatrist

**Emma Brand**  
HCPC Podiatrist

Tel: 07834 816 541

## Ready for Winter?

- you need Ernest Doe Power



Country Clothing from Barbour



Country Clothing from Musto

Provenca Stove

**CALOR**

**ernestDOE power**

Cornard Road, Sudbury CO10 2XB  
Tel 01787 375621  
sudbury@ernestdoe.com

Follow us on Facebook  
Ernest Doe Power - Sudbury

www.ernestdoepower.com

Where you can buy with confidence

## Readers Letters

*Sir*

It is with sadness that I hear that Michael Norman has decided to resign from Boxford Parish Council for what ever reason.

He will be greatly missed by the Parish Council, and many of us who know and respect him for all the work he has tirelessly done for the village. He has been a 'hands on' Councilor and was seen around the village, working on lots of projects, helping out in anyway, mostly with his coat off not afraid of getting dirty. For which many of us thank him. Don't lose that enthusiasm Michael !

I and many others wish you and Eileen well in the future.

*Vic Rice*

Boxford

*Sir*

It was with surprise and shock that I read of the resignation of the former chairman of Boxford Parish Council, Mr Mick Norman.

Has there ever been a more industrious chairman? Footpaths cleared and made safe for walking and if ever there were any problems one only had to speak to him for it to be addressed. His drive and enthusiasm in trying to get the Sand Hill development passed is a tribute to his passion to provide affordable homes for the young people of this parish. Make no mistake, Mick Norman will be missed. May I wish him well for the future and thanks for all the hard work he has put in for the people of Boxford.

Yours fatefully

*Derek Butler*

Boxford

*Sir*

A big thank you to all who helped us to raise funds for the orphanage in Entebbe, Uganda on the 22nd November

We had very successful sale of cakes, savouries and preserves etc. also the Ugandan Beads and gifts.

The total raised was £508.23

Many thanks to all

Joan Smith, Alison Brain and friends

Boxford

*Sir*

**Thank you to everyone!**

It's really amazing how loose change can make a difference!

I would like to thank everyone who put theirs in my bucket after watching the Boxford Panto

'King Arthur & The Philosophers Stone'.

You helped me raise a fantastic £121.00 for Asthma UK, my chosen charity for this years London Marathon. I am supporting this charity as both my children suffer with Asthma. My daughter Maya was hospitalised twice following severe asthma attacks during the past 6 years. Both times were extremely scary, something I would not wish upon anyone. Since it effects such a wide range of people both young & old, I feel it is a worthwhile charity to support.

I would also like to thank the director of the Boxford Pantomime Bill Horn for all his hard work writing & re- writing scripts, organizing rehearsals, having buckets of patience & enabling me to raise the money. If you would like to make a donation to help me reach my target of £1,800 please go to my site at virgin money giving:  
<http://uk.virginmoneygiving.com/ElizabethDeAlwis>

Thank you SO MUCH again

*Liz DeAlwis* Boxford

*Sir*

To all the neighbours and other friends who sent me Christmas cards and best wishes, thank you very much and a Happy New Year

*Jack Kingsbury*

Edwardstone

*Sir*

We would like to thank everyone very much who generously came to our assistance when we had a shed fire on Saturday 3 January. We were overwhelmed by the kind actions of our immediate neighbours and also others who came from further afield, some of whom we did not know. We hope you all have a peaceful and happy New Year for 2015.

*George & Pauline Barnes* Fen Street, Boxford.

## NEWTON VILLAGE HALL AVAILABLE FOR HIRE

FOR

**WEDDING RECEPTIONS  
PRIVATE FUNCTIONS**

**IDEAL FOR CHILDREN'S PARTYS ETC.**

Fitted Kitchen • China & Cutlery

Separate Function Room facility

Good parking with level access Comfortable furniture

To book and for further information

Contact Alan Vince on 01787 373963

**D & L Landscapes Ltd**  
All aspects of Groundwork and Gardening Services  
Including Landscaping, Tree Work, Fencing, Driveways, Turfing and Bespoke Projects

Low maintenance gravel, granite or slate gardens with a choice of colours

Garden re-design including lawn replacement, shrubbery shaping and reshaping lawn to accommodate new flower beds with top soil.

- Tree Surgery
- Hedge Cutting
- Tree Pruning
- Crown Reduction
- Tree Removal
- Garden Clearance

Pruning and shaping of overgrown holly hedge.

Driveway replacement with new hot bitumen tar surfacing and embedded gravel coating.

Hot rolled tarmac, choice of black or red, suitable for driveways, carparks, footpaths

**Experienced & Reliable Work  
Assured References Available**

Over 65% of our work comes through recommendation

Registered Waste Carrier  
Public Liability Insurance

01621 891431  
07903 136451  
[info@dandlandscapes.co.uk](mailto:info@dandlandscapes.co.uk)

Wayside, Plains Rd, Little Totham, Nr. Maldon, Essex

[www.dandlandscapes.co.uk](http://www.dandlandscapes.co.uk)

## Clean 'N' Gleam

Phone Mark on: 01787 880371

Mobile: 07904 594957



# Box River Benefice, directory of clubs & Organisations

## Boxford Clubs & Organisations

1st Boxford Beaver Scouts  
1st Boxford Brownies  
1st Boxford Cub Scouts  
1st Boxford Guides  
1st Boxford Rainbows  
1st Boxford Scout Group  
1st Boxford Scouts  
Vulpine Explorer Scout Unit  
3 Parishes Response  
Bellringers  
Boxford Art Group  
Boxford Bible Study Group  
Boxford Bike Club  
Boxford Bowls Club  
Boxford Bounty  
Boxford Car Community Scheme  
Boxford Carpet Bowls  
Boxford Community Council  
Boxford Conservative Assoc  
Boxford Drama Group  
Boxford Fleece Jazz Workshop  
Boxford Gardens Open  
Boxford Gardening Society  
Boxford Netball Club  
Boxford Over 60s Club  
Boxford Playing Fields  
Boxford Playing Fields Pavilion  
Boxford Rovers Football Club  
Boxford School  
Boxford Society  
Boxford Spinney  
Sunflower Child Care  
Boxford Study Centre  
Boxford Tennis Club  
Boxford United Charities  
Boxford Village Hall Bookings  
Boxford WI  
Boxford Youth Club  
Box River News  
CE Vol Con School & Nursery Unit  
Community Police Officer  
County Councillor  
District Councillor  
Edwardstone and Boxford CC  
Fleece Jazz Club  
Friends of Boxford School  
Green Team  
Local History Recorder  
Mill Surgery  
Babies and Toddlers Group  
Parish Council  
Parochial Church Council (Secretary)  
Poppy Appeal  
Primrose Wood  
SESAW  
Sponsored cycle ride  
Village Hall Draw Tickets

Diana Taylor 210239  
Moira Grant 211513  
Adam Marshall 210323  
Eloise Britcher 828710  
Janice MacMillan 210565  
Richard Gates 210432  
Mark Miller 211596  
Denzil Smith 210020  
Vic Rice 210504  
Richard Gates 210432  
Sue Beven 210021  
211077  
Matthew Shinn 211296  
Les Clark 210698  
Mark Miller 211596  
Sue Green 210603  
Jean Saunders 210725  
Ward Baker 210129  
Peter Patrick 210346  
Janice Macmillan 210565  
David Mayhew 248585  
Angela Tolputt 212264  
Elizabeth Wagener 210223  
Elaine Powling 211243  
Shirley Watling 210024  
Richard Gates 210432

Richard Robinson 211114  
Bob Giles 210332  
Tina Loose 210538  
Gordon Edgar 378983  
Moira Grant 211513  
Simon & Jo Marchant 210149  
Yvonne Woodfield 210151  
Guy Godfray (Clerk) 211378  
Veronica Hobbs 211529  
Annie Phillips 211729  
Pauls Hoare 211033  
EddieKench 211507  
Bob Giles 210332  
Babergh West 01473 613500  
James Finch 01206 263649  
Bryn Hurren 01787 210854  
Iain Young (01787 210048  
David Gasson 210796  
Tina Impett.  
Elaine Carpenter 210601  
Philip Rich 210605  
210558  
Caroline Williams 210836 or Nicola Coote 371788  
Debbie Hattrell 210943  
Ruth Kingsbury 211236  
Brian James 210814  
Ian Lindsley 210520  
Maggie 210888  
Ruth Kingsbury 211236  
210640

## Newton Clubs & Organisations

Art Club  
Line Dancing  
Local History Recorder  
Newton Fireside Club  
Newton Golf Club  
Newton Green Trust  
Newton Keep Fit Club  
Newton News Views & Coffee  
Newton Village Hall  
PCC  
Police Liason Officer  
Sponsored cycle ride  
Surgeries

Anne Gardner 312346  
Jean Tomkins 377343  
Alan Vince 373963  
Wendy Turner 372677  
377217  
Lee Parker 376073  
Alan Vince 373963  
Alan Vince 373963  
Christine Cornell 370331  
Chris Cornell 370331  
Boxford Mill 210558  
Meadow Lane 310000  
Hardwicke House 370011  
Siam 370444  
Brian Lawson 312160

## Edwardstone Clubs & Organisations

Edwardstone Millennium Green Trust  
Edwardstone Parish Hall booking Secretary  
Edwardstone Parish Hall chairman  
Edwardstone United Charities  
Edwardstone and Boxford CC  
Local History Recorder  
Parochial Church Council (Secretary)

Claire Mortime 210051  
Fiona Raymond 210461  
Daphne Clark 210698  
Les Clark (Clerk) 210698  
Tom Whymark 211375  
Daphne Clark 210698  
Ineke Morris 210761

Sponsored cycle ride

Edwardstone Parish Council

## Groton Clubs & Organisations

Groton Educational Foundation  
Groton Parish Council  
Groton United Charities  
Groton Village Hall Bookings  
Local History Recorder  
Sponsored cycle ride  
Groton Parochial Church Council (secretary)  
Groton Winthrop Mulberry trust

Mrs A Tribe 211526  
Anita Robinson 211673

Anthea Scriven 01787 210263  
Anita Robinson 211673  
Jeremy Osborne 211960  
Joanna Roberts 210619  
Jeremy Osborne 211960  
Colin Blackmore 211134  
David Lamming 210360  
R Bowdidge 01787-211553

## Ltl Waldingfield Clubs & Organisations

Gt Waldingfield WI  
Little Waldingfield History Society  
Ltl Waldingfield Parish Council  
Lt Waldingfield Parish Room  
Little Waldingfield Playingfield Committee (Chair)  
Little Waldingfield Charities  
Local History Recorder  
Sponsored cycle ride

Linda Lutz 378888  
Andy Sheppard 247980  
Mary Thorogood 247658  
Sue Mitchell 247173  
Charles Miller 249111  
Sue Mitchell 247173  
Sue Sheppard 247980  
Barry Squirrel 247705

## Milden Clubs & Organisations

Milden Cricket Club  
Milden Pavilion and Playingfield

Richard Robinson 211114  
Pearl 01449 741876

## Directory of Benefice Web Sites

### VILLAGE ORGANISATIONS

Boxford: [opsboxfordbures.com/](http://opsboxfordbures.com/)  
Boxford Bike Club: [boxfordbikeclub.co.uk](http://boxfordbikeclub.co.uk)  
Boxford Community Council: [boxford.me.uk](http://boxford.me.uk)  
Boxford Drama Group: [boxforddramagroup.com](http://boxforddramagroup.com)  
Boxford Gardening Society: [boxfordgardeningsociety.one.suffolk.net](http://boxfordgardeningsociety.one.suffolk.net)  
Boxford School: [boxford.suffolk.dbprimary.com/](http://boxford.suffolk.dbprimary.com/)  
Boxford Spinney(Scouts): [boxfordspinney.freeserve.co.uk/](http://boxfordspinney.freeserve.co.uk/)  
Boxford Sunflower: [boxfordsunflower.co.uk](http://boxfordsunflower.co.uk)  
Boxford Rovers Youth Football Club: [boxfordroversyfc.co.uk](http://boxfordroversyfc.co.uk)  
Boxford Rovers Youth: [boxfordrovers.intheteam.com](http://boxfordrovers.intheteam.com)  
Boxford Rovers FC (Men's teams) [www.boxfordrovers.co.uk](http://www.boxfordrovers.co.uk)  
Boxford Village Hall: [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk)  
Fleece Jazz: [dovbear.co.uk/fleece/](http://dovbear.co.uk/fleece/)  
Tornado Smith: [thewallofdeath.co.uk/Tornado.htm](http://thewallofdeath.co.uk/Tornado.htm)  
Edwardstone Cricket Club [edwardstonecricketclub.com](http://edwardstonecricketclub.com)  
Milden Cricket Club [www.mildencricketclub.com](http://www.mildencricketclub.com)

### DOCTORS

Boxford Mill: [hadleighhealth.co.uk/](http://hadleighhealth.co.uk/)

### PARISH COUNCILS

Newton Parish Council: [newton.onesuffolk.net/parish-council/](http://newton.onesuffolk.net/parish-council/)  
Little Waldingfield Parish Council: [littlwaldingfield.onesuffolk.net/](http://littlwaldingfield.onesuffolk.net/)  
Groton Parish Council [www.groton.suffolk.co.uk](http://www.groton.suffolk.co.uk)

### PUBS

The Boxford Fleece: [boxfordfleece.com/](http://boxfordfleece.com/)  
The Boxford White Hart [whitehartboxford.com](http://whitehartboxford.com)  
The Groton Fox: [thefoxandhounds.webeden.co.uk/](http://thefoxandhounds.webeden.co.uk/)  
The Edwardstone White Horse: [edwardstonewhitehorse.co.uk](http://edwardstonewhitehorse.co.uk)  
Please send details of your organisations web site to [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

**So Much More Than a Dance Class**  
No partners required  
Any age & ability very welcome

  
*shimmy, shake, Wiggle & Giggle*  
to Dance Fitness Fun

**"Strictly" style Dance-a-cise Classes**  
every Wednesday in  
**Nayland's Village Hall (mornings)**  
&  
**Hadleigh's St Marys School (evenings)**  
**Spaces are limited - to reserve yours**  
**Call Janet on 07506 350 455**

also held in:  
Brantham, Capel St Mary, East Bergholt & Stratford St Mary

[janet@fundancing.co.uk](mailto:janet@fundancing.co.uk)  
[www.fundancing.co.uk](http://www.fundancing.co.uk)

 FunDancing  FunDancing Suffolk

## Leavenheath Village Hall Available for Hire

Weddings • Receptions • Private Functions  
Fitted Kitchen • China & Cutlery  
Separate Committee Room up to 25 people  
To book and for info  
Contact: Malcolm Jones on 01206 263301

## Services Directory

### WINTHROP PLANNING

For Independent Town & Country Planning Advice from a fully qualified & experienced professional with both local authority and consultant experience  
contact Rona Kelsey MA (hons.) MBA MRTPI on 07967 139245 or Email [winthrop.planning@gmail.com](mailto:winthrop.planning@gmail.com)

### G. J. Halls & Co. Solid Fuels

All Coal Orders taken at competitive prices  
**01787 210900**

PART OF C P L DISTRIBUTION

### Sudbury Physiotherapy Centre

Musculoskeletal & Neuro-Physiotherapy including Paediatric & Women's Health  
Chiropody, Podiatry & Gait Analysis  
Sports Massage, Reflexology & Shiatsu  
Pilates, Clinical Hypnosis, Homeopathy & Counselling

Open: Mon-Fri daytime,  
Mon & Thurs eve & Sat am

Discount for the over 65's  
For more information:  
Tel: **01787 378178**  
8 Cornard Road, Sudbury,  
Suffolk CO10 2XA

### ALEXANDER M SMITH Chiropractor

*Professional & Effective Care*

- Low back pain and sciatica •
  - Neck pain and headaches •
  - Muscle spasm/tension •
  - Shoulder and neck pain • Postural problems •
- To Book 01787 207107**



### ML Partnership

Tree surgery & garden maintenance  
Tree felling/pruning, Grass/hedge cutting  
Garden clearance & weed control  
£5m public liability insurance  
Call Chris on : 07539216853  
[mail@mlpartnership.co.uk](mailto:mail@mlpartnership.co.uk)  
[www.mlpartnership.co.uk](http://www.mlpartnership.co.uk)

### Hadleigh Hairloom 78 - 80 High Street, Hadleigh 01473 822191 Walk-in Family Salon

Catering to the entire family's hairdressing needs  
\*Easy Access \*Family Friendly \* Free Wi-Fi \*  
Comfortable Waiting Area with Toys and TV.  
Monday Wednesday & Friday: 9 - 5.30  
Tuesday 9 - 7.00\* Thursday 9 - 8.00\*  
Saturday 8.30 - 4.00

### SNELL Builders Ltd

Extensions - Alterations  
Conservatories  
Garden walls and Fencing  
Driveway - Paths - Patios  
Gutters and Drainage  
Plastering and Rendering.  
Phone: Les **07817 974272**  
Barry: **07508 298213**

### KEN'S GARAGE

A well established business since 1985.  
Now relocated in Sudbury from London.  
Specialising in Classic Cars to the present day.  
Special work undertaken, fabrication, welding  
and all types of repairs.

Call us on **01787 371028**  
Or pop into Unit 6, Mills Road, Sudbury, CO10 2XX

Email us at: [contactkensgarage@gmail.com](mailto:contactkensgarage@gmail.com)



### CLAIRE'S DRIVING SCHOOL

£22  
Per hour

Recommended a friend got 5 star feedback.

Dual controlled car  
Friendly and patient instructor  
Fully qualified A1  
Pass plus courses available  
Discounts for block bookings

Call claire :  
**01787 210070**  
**07795065028**

### METAL FABRICATIONS Made to order

eg RAILINGS, GATES, BALCONIES,  
STAIRS, SECURITY GRILLES ETC.  
Over 30 years experience  
Contact Ged Fisher  
07989 418856  
[gedfish@hotmail.com](mailto:gedfish@hotmail.com)



### Food Glorious Food

Event catering for all occasions  
parties, weddings, funerals & family get-togethers  
over 20 years experience

We now also offer a hot meals at home service  
Providing delicious, healthy 2-course meals  
direct to your door

If you struggle to have a hot meal at home  
we can help

Telephone Dawn on  
**01787 372 222**  
[www.SudburyCatering.com](http://www.SudburyCatering.com)

### FITNESS FOR 50 +

Gain good posture, Improve stamina levels  
Maintain bone health, Enjoy better balance  
**Wednesdays 7 - 8 pm**  
at BOXFORD school  
**Fridays 9.15 - 10.15 am**  
at BOXFORD Spinney  
Call 01787 211822 For details

### SWEEP DREAMS CHIMNEY SWEEP

Boxford Based Chimney Sweep  
Fully Insured  
Certificates issued  
Flexible Bookings  
Clean and Tidy  
**01787 211922**  
**07871 195309**

# Services Directory

## A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties  
Small jobs to complete re-wires

For a free estimate call Adrian on  
01787 211576 Mobile 07968 856765  
e.mail Tennentsparky@aol.com  
1 Church Street, Boxford, Sudbury

## Home Improvements & Repairs

*For all jobs around the home*  
Inside and Outside

**Mark Rowland**  
Mob. 07811 949453

Tel. 01787 211687 Email mjrowland@uku.co.uk

Grove Cottage, Heath Rd, Polstead Heath Suffolk CO6 5BG

## P.D.Garner Plastering Services

Telephone: 01206 262207  
Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL



## S. J. HURRELL PLUMBING & HEATING

- Bathroom Design & Installation
- Gas & Oil Central Heating Systems
- Kitchen Supply & Installation

Telephone: 01787 249081 Mobile: 07970 163084

David Folkard

## BLOCKBUSTERS Drain Clearance

Sinks, Toilets, Drains  
Sewers etc.

Hadleigh 01473 827426



## ACE ELECTRICAL

### Fully Qualified Electrician

All types of work undertaken  
No job too small

Telephone 01787 281019  
Mobile 07766 516261

## Bradshaw Trenching Ltd

### Trenching & Groundwork Contractors

Drainage	Fencing
Water mains	Manage construction
Irrigation systems	Foundations / concreting
Cable ducting	Site clearance

Tel: 01787 210 499 Mob: 07810 801 021  
www.bradshawtrenching.co.uk

## T.O.P.L.I.N.E Pest Control Services

### ANDY TUFFS

6 Groton Street  
Edwardstone, Sudbury  
Suffolk CO10 5EE

Tel: 01787 211563  
Mob: 07944 115193



### B.P.C.A. QUALIFIED & ADVANCED CERTS

SERVICES

- |                  |                 |
|------------------|-----------------|
| ✓ RATS & MICE    | ✓ SILVER FISH   |
| ✓ MOLES          | ✓ COCKROACHES   |
| ✓ RABBIT CONTROL | ✓ BED BUGS      |
| ✓ BIRD CONTROL   | ✓ CARPET BEETLE |
| ✓ GREY SQUIRRELS | ✓ FLIES         |
| ✓ WASPS & BEES   | ✓ CLUSTER FLIES |
| ✓ ANTS           | ✓ FLEAS         |
| ✓ BEETLES        | ✓ MOTHS         |

U.V.F.K. Servicing - Timber Treatment - Proofing  
Fencing - Sales & Service - 12 Months Protection  
Power Washing - Paths, Patios etc.  
Private - Industrial - Farms  
Prompt Service Covering East Anglia  
Competitive Prices - Top Service

## G F Sweeping Services

### Traditional Chimney Sweep.

- Insurance certificates issued.
- Smoke testing.
- Advice on cowls and bird guards.

Contact Ged on 07989418856 or  
email: gedifish@hotmail.com

Member of the institute of chimney sweeps.

## FRENCH SPANISH GERMAN TUITION

Retiring abroad, going on holiday  
or interested in languages ?

Working towards GCSE exams

I have a first class degree in French & Spanish  
and am a native German speaker.

Experience with adult and teenage students.

Call Barbara Sherman on 07890 072163  
barbarasherman40@yahoo.com

Even the finest of

bodies  
need a little  
**paintwork**

Ask **Revive!** to take a look  
at your bodywork today.

Revive! is a leading provider of paintwork services for cars, vans and commercial vehicles. Our experienced technicians use the latest technology to ensure a long-lasting finish that will protect your investment and keep your vehicle looking like new.

07815 682 233 or 01787 372 058

revive@revive-uk.com

www.revive-uk.com



**revive!**

## BENSON School of Motoring

High Pass Rate  
Modern Manual & Automatic  
Tuition Cars  
Theory Training  
Intensive Courses

*Your Local Driving School*  
Friendly Professional  
Male & Female  
Instructors



Sally Miles  
Your Local Benson  
School of Motoring  
Instructor  
07740 958 219

or telephone us FREE OF CHARGE

**0800 019 0800**

www.bensonsom.com



## BOXSTORE

## The Local Self Storage Company

For all domestic and  
business needs

See website for details  
www.boxstore.co.uk  
or phone 01787 210350

= W. A. Deacon =

Funeral Services



*An Independent Family Company  
dedicated to your service.  
Established over fifty years.*

Golden Charter pre-paid arrangements available.  
Private Chapel of Rest

Norman Way, High Street, Lavenham,  
Sudbury CO10 9PY

24-Hour Telephone Service  
01787 248282 & 248147

## P D Rose

### Plumbing/Heating & General Building

- Plumbing and Heating Repairs
- Complete Bathrooms and Tiling
- Interior & External, Decorating
- Building Maintenance

Telephone 01787m 211042 Mobile 07974 290687  
Mobile 07967 399060  
3 Fen Street, Boxford, CO10 5HL

## DAWN DALE

BEAUTY RELAXATION THERAPY  
AUSSEER HOUSE, POLSTEAD ST, STOKE BY NAYLAND CO6 4SA  
MANICURE, PEDICURE, WAXING,  
AROMATHERAPY, BODY TREATMENTS,  
FACIALS, EYE TREATMENTS, MASSAGE  
LADIES ONLY

RELAXING TREATMENT ROOM IN  
BEAUTIFUL SURROUNDINGS  
OPEN MON-SAT, & UNTIL 9pm TUE, WED, THU.  
PLEASE PHONE DAWN: 01206 262118

# Services Directory

## Ken Grime & Son Ltd

Electrical Contractors

Fully Qualified and part P Registered  
All types of electrical works undertaken  
No job too small • Very competitive prices

Office Tel: 01787 373558  
Ken Mobile: 07702 358802  
Steve Mobile: 07759 535610

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

## Darren Howe - Qualified Carpenter & Joiner

All Aspects of Carpentry Undertaken

- Handmade Kitchens & Fitted Wardrobes
- Fitted Kitchens
- Doors Made and Hung
- Floors & Laminates

• Balustrading, Decking and much more  
Call me for a free No Obligation Quotation  
on 07795 345466 or email me at  
[howies@hotmail.co.uk](mailto:howies@hotmail.co.uk)



## polstead lodge

### Bed & Breakfast

Mill Street, Polstead

Proprietor: Mrs M. Howard

Tel: 01206 262196



Lakes, Moats and ponds,

Created, Lined & De-silted

All Excavation work undertaken

Ditching trenches & pipework laid

All types of Hard Landscaping, Driveways

Retaining walls, levelling ground clearance

Experienced professional service

[www.clacksonexcavations.com](http://www.clacksonexcavations.com)

07811 175533

## NEED HELP IN THE GARDEN

Digging, Hedges, Lawns,  
Pressure Washing  
and more.

£10  
Hourly



I have a trailer. call me for a quote  
to remove household waste and garden waste  
Tel. Alistair, Boxford 01787 210254

## CARPENTRY & JOINERY

Purpose made doors, windows,  
conservatories, fitted kitchens,  
bedroom furniture, etc.

No job too small M Hearnden

Tel: 01787 248285 / 07850 196891

## Spokes MOBILE CYCLE SERVICE



Brings a fully equipped cycle workshop  
to your door for:

• Repairs • Spares • Servicing • Wheel Building

Phone Phil Bedingfield 01473 658529

## ROGER MEEKINGS Plumbing and heating Engineer

Local established tradesman  
with 40 years experience

The Firs, 24 Stone Street, Boxford, Sudbury, Suffolk

Tel: 01787 210287

Mobile: 07866085355. e-mail:  
[stonemeek@btinternet.com](mailto:stonemeek@btinternet.com)

Polstead Based

## Country Cars Private Hire



Local and Long Distance  
Airports - theatres - Restaurants -  
Weddings

Contact: Dave Howard  
Telephone: 01206 262196  
Mobile: 07767 076976



WOODERSON  
FINANCIAL

Mortgage Adviser • Life Insurance  
Commercial Finance Advisers

01787 379000

[www.woodersonfinancial.co.uk](http://www.woodersonfinancial.co.uk) FSA

## The Village Stores

Shop locally for good value and service

Open Mon - Fri 8.30am - 6.00pm  
Sat 8.30am - 4.00pm Sun 8.00am - 12.00 noon

Support your Local Shops and Businesses

Now includes Daily and Sunday Papers

Tel: 01787 210371

## DOG WALKER/TRAINER

Experienced dog walker, good rate.  
References available.

I am used to a wide range of dogs.

Looking to take on new clients  
either permanent or occasional.

I am also an experienced trainer  
only using positive reinforcement methods

Mobile 07939563282

## B P LAMBERT R.S.S.

EST 1977

## BLACKSMITH

Hand Forged Ornamental  
and Structural Ironwork

Makers of Boxford Beacon

& Groton Sign

Telephone 01787 210634

Mobile: 07866 596121

## Marquee Hire

Important event planned?

Not really sure about the British summer?

Determined to carry on no matter what the  
weather?

1st Boxford  
Scout Group

Hire our Marquee

No need to collect it or erect it,

we will do that for you!

To book call:

Jane Kirkham 01787 211227

[kirkham2@btinternet.com](mailto:kirkham2@btinternet.com)

Size: 10m x 15m

£150 for 5 days

Proceeds go to support the  
Scout Group

## Local Piano Teacher



Highly qualified and experienced,  
offers lessons to all ages and abilities

Whether you wish to take grades

or play your favourite pieces

I can tailor lessons to suit you.

Call Sue on 01787 210913

## Antique Renovations



Expert restorers of fine antiques & interior woodwork

Lavenham Studios, Brent Leigh Road, Lavenham

Tel: 01787 248511

# Services Directory

## Bed and Breakfast Newmans Hall Farm

(Charles Miller) website: [www.newmanshall.co.uk](http://www.newmanshall.co.uk)

\*All Rooms En suite.\*  
\*Ample off-road parking.\*  
\*No Smoking Policy.\*

\*Heated Indoor Swimming Pool.\*  
\*Quiet rural setting.\*

Monks Eleigh Road,  
Little Walsingham,  
Sudbury, Suffolk.  
CO10 0SY

Telephone: 01787 249111  
Charlie mobile: 07850 210256  
Louise mobile: 07887 540532

e-mail: [louise@newmanshall.co.uk](mailto:louise@newmanshall.co.uk)

## Boxford Lane Joinery

With the benefit of over 35 Years experience.

Specialist Manufacturers and Installers of  
Bespoke:  
Kitchens

Wardrobes and Household Furniture  
Staircases • Architectural Joinery  
Windows, Doors and Conservatories.

All finished/Sprayed/Polished  
in House if required.

A full fitting and Carpentry service  
is also available.

Contact: Greg Deeks: 01206 263525  
or mobile: 07977 738649  
or Brett Deeks: 01206 626981  
or mobile: 07969 524124.

email: [boxfordlanejoinery@hotmail.co.uk](mailto:boxfordlanejoinery@hotmail.co.uk)



## COMMAND PEST CONTROL & HYGENE SERVICES

Complete Pest Control service  
including Premises Contracts.  
12 month Protection from Infestation.

All Pest control work undertaken

- Coverage of East Anglia •
- 24hr Emergency Service • Professional Back-up •
- Quality Control Manager and Field Biologist •



We supply most Pest Control, Timber  
Treatment, & Ind Cleaning  
Chemicals, Shotgun Cartridges &  
Pest Control Equipment



### COMMAND PEST CONTROL

Unit 4, College Farm, Church Lane,  
Preston St. Mary, Sudbury, Suffolk CO10 9NG  
Tel: (01787) 248049 Fax: (01787) 247113

## BJW Garden Services

Gardener/Handyman

Hedge cutting, grass cutting etc no job too  
small, competitive rates and reliable.

Phone Bernie: 01787 373327  
Mobile: 07761391925  
email [wildingb7@aol.com](mailto:wildingb7@aol.com)

## Sudbury Cab Company (S C C)

Incorporating Julian's Private Hire  
Airports, Seaports, Theatres etc.  
Up to 8 Seater People Movers

[bookataxi@sudburycabcompany.co.uk](mailto:bookataxi@sudburycabcompany.co.uk)

Tel: 01787 312222

## Box Rubbish MOBILE SKIP

## HOUSE CLEARANCE RUBBISH REMOVAL

WE LOAD FOR YOU

The Smart Alternative  
to Skip Hire

01787 211289

[www.boxrubbishremoval.co.uk](http://www.boxrubbishremoval.co.uk)

## C D Lawson

Building & Hard Landscaping

01787 211429 mobile: 07730885019

- All Building work •
- Maintenance •
- Alterations • Extensions •
- Driveways • Drainage •
- Patios • Fences etc. •

Professional and Reliable service at  
competitive rates

13 Boxford Lane, Boxford, CO10 5JU  
email: [lawsondian@btinternet.com](mailto:lawsondian@btinternet.com)

## K.E.Jones & Son

BUILDING SERVICES Ltd. Est 1970

01787 312345 mobile: 07932 618459

- New Build
- Extensions
- Specialising in period properties
- Renovations
- General Building
- Refurbishments

A family business looking after  
all your property needs!

Abbey House • Rectory Road • Newton Green  
Sudbury • Suffolk • CO10 0QZ  
[www.jones-builders.co.uk](http://www.jones-builders.co.uk)

## FLOWERS FOR EVERY OCCASION

Jayne Foster

Groton

Telephone: 01787 211360



## Jaycee Blinds

BLINDS AND AWNINGS  
A SHADE ABOVE THE REST

Reductions on ALL Blinds

Specialists in Conservatory Blinds, Velux  
Window Blinds, Venetians, Verticals,  
Rollers, Pleated and Awnings

For a free Quote: Tel: 01787 312464

FREE FITTING - FREE MEASURING

## Bespoke Catering for Weddings, Events & Private Dinner Parties

“The food  
was perfect and  
your staff  
attentive: the  
whole experience  
was first class.”



T: 01787 248031  
M: 07976 262997  
[enquiries@gemmahaining.com](mailto:enquiries@gemmahaining.com)

[www.gemmahaining.com](http://www.gemmahaining.com)

Experienced  
ELECTRICIAN  
Fully Qualified

DAVID LAVENDER

07853521333

01473 829753

email - [srairf@msn.com](mailto:srairf@msn.com)

City &  
Guilds  
Qualified

D.R.A. DECORATORS  
For a professional  
decorating service

David R Ardley

Mill Green  
Edwardstone  
07990 975850  
01787 211255

## Boxford Baby and Toddler Group

Every Wednesday morning (term time only)  
in Boxford Village Hall  
9 - 11.30am £2 per family

lots of toys for all ages  
biscuit and juice for the children  
tea/coffee and homemade cakes for the grown-ups!

come and make new friends and play



.....contact Laura 210990 for more info  
or find us on Facebook

# Services Directory

## PRYKE BROS. LTD

Natural rockery stone, Water features  
& Various composts

Parsonage Farm, The Street, Preston St. Mary,  
Sudbury  
Suffolk, CO10 9NQ  
01787 247696

Come and browse, deliveries can be arranged.  
OR visit our website [www.pbnaturalstone.co.uk](http://www.pbnaturalstone.co.uk)

## Water Works

(Darren May & Mark Jochan)

Plumbing & Heating Engineers

Plumbing emergencies

Bathrooms • Showers • Tiling

Central Heating Systems & Upgrades

20 Years Experience Corgi Registered

Free Estimates Friendly Efficient Service

No Call Out Fee

Phone: 01473 462965 01473 827690

Mobile: 07769696958 Mobile 07886389995

## M.K

Carpentry & Building Services

Extensions – Renovations –  
Carpentry – Plumbing – Electrics –  
Plastering – Tiling

All types of building works undertaken.



Please Contact Mike Kerr:  
Tel: 01473 822501 Mob: 07525 160330  
E-mail: [mkblders@hotmail.co.uk](mailto:mkblders@hotmail.co.uk)

## FIREWOOD

DRY SEASONED LOGS  
By the load or bag

Call Carol Abbott on 01473 829130 or  
07768 795961

Tree, Garden Work and Driveways also  
Undertaken



## Kirkham Sheidow Architects



Boxford 01787 211670

[design@kirkhamsheidow.co.uk](mailto:design@kirkhamsheidow.co.uk)

[www.kirkhamsheidow.co.uk](http://www.kirkhamsheidow.co.uk)

## Evolve LANDSCAPES

Landscape design & build

- Landscape Design
- Construction work
- Paving / driveways / patios / paths
- Fencing / decking / garden walls
- Pruning / hedge cutting
- Tree felling / clearance
- Regular garden maintenance

01206 263813 07841 625358  
[info@evolve-landscapes.co.uk](mailto:info@evolve-landscapes.co.uk)



PROFESSIONAL  
HOUSE AND  
PET SITTING  
SERVICE

Offering you complete  
peace of mind whilst you  
are away

- Exclusive service, tailor made just for you
- Comprehensive care of your property
- Experienced animal and pet care
- Integrity and discretion

A RELIABLE AND FRIENDLY SERVICE

Telephone: 07712 115970  
Email: [karen.benson@inbox.com](mailto:karen.benson@inbox.com)

## WHITWELL SERVICES

Established 1979

Oil Fired Heating Engineer

Service • Maintenance

Installation • Oil Tank

Replacement Service

24Hour Breakdown Service



Registered  
Technician

Call:

01787 210277  
07956 652264

## CYGNETS CHILD MINDING

Fully Qualified Child Minder  
Based in Boxford

Please call for all your present &  
Future Childcare Needs  
01787 211922 or 07956 653413  
[cygnets@outlook.com](mailto:cygnets@outlook.com)

## Frank Matthews

*Upholsterer*

All Upholstery work  
undertaken

Free Estimates

Telephone: 01787 311133

## HOMEFIELD

Sheds and Shelters  
Quality Leisure Buildings

Made to your requirements

Telephone: 01787 211485



Green-Lawns  
Bonsai

We now also sell Cacti

HADLEIGH ROAD, BOXFORD  
Nr. SUDBURY, SUFFOLK  
Tel: 01787 210501 (Dave Paget)  
[www.greenlawnsbonsai.co.uk](http://www.greenlawnsbonsai.co.uk)

## M.D.MILLS

(BUILDING CONTRACTORS) LTD

All types of building work undertaken including:

Extensions, Renovations  
Insurance Repair Works,  
Plumbing & Heating, Electrics,  
Roofing, Tiling, Decoration, etc

For a free no obligation estimate  
please call:

01787 373085  
[www.mdmills.co.uk](http://www.mdmills.co.uk)

## CARPETS & VINYL

Telephone:  
(01787)  
371486

Robert Harman's Complete  
Home Selection Service

Top class fitting • Free Measuring and Estimating  
No obligation • No job too small  
For first class & personal service call Robert Harman

## Guy Rule Building Services

All you need to create an exceptional home.

Home Extensions - Listed Building  
Restorations - Kitchens - Bathroom Design  
& Installation - Floor & Wall Tiling -  
Renovations & Alterations

[www.thesuffolkbuilder.co.uk](http://www.thesuffolkbuilder.co.uk)  
Tel: 07860 817980 or 01284827637  
Email [info@thesuffolkbuilder.co.uk](mailto:info@thesuffolkbuilder.co.uk)



A STUNNING VENUE IN THE HEART OF SOUTH SUFFOLK

Dove Barn

CONFERENCES  
EXHIBITIONS  
WEDDINGS  
BANQUETS

Check us out  
01787 210007

[www.dovebarn.com](http://www.dovebarn.com)

We look forward to hearing from you

DOVE BARN - CASTINGS HALL, GROTON, SUDBURY, SUFFOLK, CO10 5ET

# Services Directory

## A.H.S Timber Gardens

Fencing  
Landscaping  
Garden creations/makeovers  
Estate/Woodland management  
Tree care  
Garden maintenance

For a free quote or advice  
call Andrew Martin

01787 211671 07786434315

[www.ahstimgardens.co.uk](http://www.ahstimgardens.co.uk)

## SHERBOURNE LODGE COTTAGES



Two self-catering cottages former  
stable blocks offer fully equipped  
and well furnished accommodation.  
Each sleeps 2-4 people  
(one can accommodate 6).  
For further details please call:  
**01787 210885**

## Gary Jarvis

Professional Interior Decorator

*"The Art of Decoration  
is Preparation."*

01787 211471 - 07733 325669

## Beaumont Cars

LOCAL AND LONG DISTANCE TRAVEL

PROMPT AND RELIABLE SERVICE

HADLEIGH BASED

AIRPORT AND FERRY TRANSFERS

RAILWAY STATIONS, HOSPITALS



Call Les

**01473 827096**

**07850 318582**

## The Village Stores

Shop locally for good value and service

Open Mon - Fri 8.30am - 6.00pm  
Sat 8.30am - 4.00pm Sun 8.00am - 12.00 noon  
Support your Local Shops and Businesses

Now includes Daily and Sunday Papers

Tel: 01787 210371

## Qualified Foot Health Professional

Bridget Clifford RGN MCFHP MAFHP  
Foot Care in the comfort of your own home.

Tel: 01787 211345

If unavailable leave a message  
and your call will be returned.

## DEPRESSED? ANXIOUS? PROBLEMS WITH RELATIONSHIPS?

There are times when we can feel  
overwhelmed by life's problems  
I am a Relate trained counsellor  
and accredited relationship therapist  
with over 30 years experience working  
in private practice and the NHS  
If you would like to talk in confidence I  
may be able to help

Amanda Hollingworth  
(01473 824663)  
COSRT Accred UKCP Reg  
BUPA Reg  
([www.cosrt.org.uk](http://www.cosrt.org.uk))

It costs only £55 per year  
to advertise in this space.

Contact  
01787 211507

or

Email: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## Andy Morgan Painter & Decorator S.E.P. painters

Tel.: 01787 375824 • Mobile 07748 800701  
[andy@seppainters.co.uk](mailto:andy@seppainters.co.uk)

For all your interior and exterior decorating ...  
...from New Build to Period Properties  
Your satisfaction is my speciality!  
Detailed information on my website:  
[www.seppainters.co.uk](http://www.seppainters.co.uk)

## H Byham & Son Ltd Ballingdon Dairy, Sudbury

Deliveries of Dairy Produce and  
Goods to Boxford and  
Surrounding Villages

Tel: 01787 372526

## Tracy Poole

Alterations, curtains, cushions  
made to order.

Fleece hats and scarves

[tracy@head-for-heights.co.uk](mailto:tracy@head-for-heights.co.uk)

01787 376448

## AERIAL VIEW

- TV,FM & OAB aerials 'Freeview, Freesat & Sky
- Extra points & magic eyes -Motofised satellite
- Repairs & upgrades -CAI double guarantee

**01787 311057**

Make the switch to digital with confidence  
using a Registered Digital Installer & CAI+ member  
[www.aerial-installers.co.uk](http://www.aerial-installers.co.uk)

## BEAUTY THERAPY BY MEGAN

### MOBILE BEAUTY TREATMENTS

A fully qualified and insured Mobile therapist offering a  
professional and thorough approach to relaxing treatments  
in your own home.

Treatments with Megan Pryke VTCT, BABTAC  
07876717008

Dermologica facials/Jessica natural nails &  
Gels!/waxing/eye treatments/spray tanning/Make up  
Eyelash Extensions/Eyelash perming/Bridal Make-up

## S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓  
Part "P" Registered ✓ Electrical Certificates Issued ✓

**01787 247043**

e-mail: [Info@sbelectrical.biz](mailto:Info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)

## Suffolk Medical & Beauty Clinic

All Beauty Therapy Treatments  
Laser Permanent Hair Removal  
Anti - Wrinkle Injections  
Thread vein treatment  
Skin Rejuvenation  
Dermal Fillers  
Mole and Skin Checks  
Dermaroller/Pen  
Medical Microdermabrasion



[www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)

6 Broad Street, Boxford

**01787 211000**

**FOUR CORNERS**  
*The Picture Framers*  
*Cobwebs*  
*Bower House Tye*  
*Polstead CO6 5de*  
**01787 210710**

# Services Directory



**CUTLERY  
CROCKERY  
GLASSWARE**

07811 470956  
JAMES@HENRYEVENTS.CO.UK  
WWW.HENRYEVENTS.CO.UK

QUALITY CATERING EQUIPMENT HIRE  
FOR ALL YOUR SPECIAL EVENTS

**Paul Cooper  
CHIMNEY SWEEP**

- Solid Fuel • Wood Burners
- Inglehooks • Oil - Gas

Bird Guards & Cows supplied and fitted  
(Traditional Sweep for your wedding)

**Tel: 01473 787374**  
Member of the National Association  
of Chimney Sweeps & HETAS approved

**-PJH-**  
Property Maintenance

**Quality Painting and Decorating**

**Interior & Exterior,**

**Tiling and General Maintenance**

**Carpentry, General Building work**

**Alterations and Renovationsa**

6 HADLEIGH ROAD, BOXFORD, SUDBURY CO10 5JH  
**TELEPHONE: 01787 212366**

**AK SMITH  
PLASTERING (EST 1986)**

**CEILINGS, WALLS, FLOORS,  
PLASTERBOARDING.**

**NO JOB TOO SMALL.**

For references soo our website:  
[www.aksmithplastering.co.uk](http://www.aksmithplastering.co.uk)  
ASSINGTON 01787 212352  
Mobile: 07808027116

**IRONING SERVICE**  
DOOR TO DOOR 24 HOUR

**COMPLETE LAUNDRY SERVICE**  
COMMERCIAL & DOMESTIC WASH & IRON

**QUILT LAUNDRING**  
DOWN & SYNTHETIC

**PRESS**  
GANG

**07881 810710**

**JOANNE'S HOUSEKEEPING SERVICES**

For all your cleaning and housekeeping requirements. I can provide a friendly, reliable and personalised service with full insurance. This includes:-

- Dusting • Polishing • Vacuuming • Changing Beds
- Ironing • Shopping • Light Office Administration.

This is not a comprehensive list and I am happy to discuss your individual needs to suit you.

Tel: 01787 371486 or 07788 563062  
Email: [joleeks@rocketmail.com](mailto:joleeks@rocketmail.com)

**TOP CATZ**



**SKIP HIRE**

2, 3, 4, 6 & 8 YARD SKIPS  
SCREENED TOPSOIL DELIVERED  
FULLY LICENSED  
COTC CERTIFIED

OVER 25 YEARS EXPERIENCE  
PHONE FOR BEST PRICES  
OFFICE: 01787 210471 OR 01206 272751

RECYCLING FOR THE FUTURE



**Will Bishop  
Jewellery Design**

Beautiful jewellery made from  
silver, gold and platinum.  
Bespoke service.



Tel: 01787 210251  
e-mail: [info@willbishop.co.uk](mailto:info@willbishop.co.uk)  
[www.willbishop.co.uk](http://www.willbishop.co.uk)

**LAWNS FIELDS AND GARDENS**  
Established 1991



- All types of Grasscutting undertaken •
- Commercial and Domestic •
- Contract or otherwise •
- Grounds Maintenance •
- Hedges • Trees • Fencing • Patios •
- Drives • Pergodas •

FOR A FREE QUOTE RING MARTIN ON  
Tel: 01787 210675 Mobile: 07932 477152

It costs only £55 per year  
to advertise in this space.

Contact  
01787 211507  
or  
Email: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

**MTM**

**PLANT & TOOL HIRE**  
Phone: 01787 312007

**FOR PLANT & TOOL HIRE NEEDS**

**PORTABLE TOILETS** (site  
toilet/event for all occasions)

**MINI EXCAVATORS:-**  
0.8 ton – 5 ton

**GARDENING EQUIPMENT**

**Together with other  
equipment for the  
contractor or DIY**

**ACCESS TOWERS:-**  
850 wide – 1450 wide

**SCAFFOLDING** erected and  
hired (domestic, industrial or  
commercial)

**All types of power tool  
repairs/electrical testing  
& servicing carried out to  
your machines**

**CARPETS, VINYLs AND WOOD  
LIONEL HATCH FLOORS**  
YOUR LOCAL PROFESSIONAL FLOORING SPECIALIST

- Choose in the comfort  
of your own home or office
- Free quotes and insurance estimates
- 35 years' flooring experience
- Excellent fitting service

CONTACT LIONEL FOR AN APPOINTMENT  
(DAY OR EVENING)

THE ULTIMATE PERSONAL, PROFESSIONAL,  
COMPETITIVELY PRICED SERVICE

TEL: 01787 211039 MOBILE: 07766 026875  
EMAIL: [lionelhatchfloors@tiscali.co.uk](mailto:lionelhatchfloors@tiscali.co.uk)

**ONLY OIL**

**OIL BOILER ENGINEERS**

Why pay more for your servicing, breakdowns &  
commissioning?  
Call us now for a very competitive quote!

NO V.A.T.  
Tel: 01787 313250  
Or 01473 827792

**MARQUEE HIRE**

**Capri Marquee 28ftx38ft**

Seats approximately 60 to 70 people  
From £250  
(delivered and constructed)

Tel: 07970 559251  
[www.jp-services.info](http://www.jp-services.info)

## BOXFORD ROVER'S GIRLS FOOTBALL SQUAD 2014 - 2015.



Boxford Rover's girls team held a 4v4 Football FA tournament U9's - U12's ages at Homefields on the 13th Dec 2014.

11 teams from around Suffolk attended with around 60 girls all playing football.

The 4v4 tournaments allow for girls to have more time on the ball with a lot more participation. The FA run about one tournament a month

through the football season hosted by different clubs around the county.

On the 6th December the U11's Boxford Rover's girls team played Bury Town which ended in a 2-2 draw.

Boxford Rover's Girls squad train and play friendly matches at Homefields on Saturday mornings for further information contact René on 07538 405552.

## THE BBC



The Boxford Bike Club, has grown from humble beginnings to now having a very active and ever growing membership of local riders.

As a club they don't take themselves too seriously and hopefully come across as a friendly and approachable bunch, at the same time endorsing the benefits and enjoyment of cycling in all its forms.

Various members have taken part in a number of local and national cycling events, and regularly participate in twice weekly training rides. Over the last year members have taken part in events such as the Dunwich Dynamo, the Suffolk Sunrise 100 mile ride, and Essex 100 charity bike ride. Members have also attended local reliability rides, as well as mountain bike events and competitions.



As a new club they are keen to attract new members. In this age of social networks, making contact with the club couldn't be easier, the club has a Twitter account @BoxfordBikeClub.